2-8 Chapter Test



Complete the following test to demonstrate understanding of risks that apply to all participants. Risk information sheets may be used for reference just as in a typical clinic setting.



After you have completed the test, talk it over with your training supervisor.

Use the information provided about each participant and the risks discussed in this chapter to complete the table following each example:

1. Samuel:

- He is 2 years old with numerous health problems.
- He is being treated by his physician for a cancerous brain tumor.
- The cancer treatment causes chronic high blood pressure.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

2. Tina:

- She is a postpartum woman with hyperthyroidism who is having gallbladder surgery next month.
- She also has a bladder infection treated with antibiotics.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

3. Beatriz:

- She is a pregnant woman who was born with a cleft lip that was repaired when she was a child.
- She reports that her doctor found out that her blood pressure is regularly going too low.
- She also requires daily breathing treatment for asthma.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

4. Alexis:

- She is a breastfeeding woman who has had Type 1 diabetes since she was 5 years old.
- She is also being treated for tuberculosis.
- ◆ Her baby is 5 weeks old.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

5. Brian:

- ◆ He is 3 years old and recently moved into a transitional shelter with his family while waiting for an apartment to become available.
- He was born with cerebral palsy.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

6. Betty:

- She recently immigrated to the United States.
- She is 4 years old and her doctor has diagnosed her with vitamin A deficiency and gluten sensitive enteropathy.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

7. Maria

- She was in a car accident last year that left her with minor brain damage.
- She has difficulty chewing foods and uses a nutritional supplement drink three times a day.
- She is 6 weeks postpartum.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

8. Martina:

- She is a pregnant 20-year-old woman with PKU.
- ◆ Her husband works in seasonal agriculture and they are staying at a farm workers camp.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

9. Justin:

- He is 4 weeks old and just went into foster care.
- His foster mother is requesting a soy formula because he spits up when he drinks milk-based formula.
- Mom reports that he frequently has gas, but he does not have diarrhea.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

10. Camille:

- She is being recertified as a non-breastfeeding postpartum woman.
- She is taking a medication for ADHD that makes her not feel hungry.
- She tells you that she gets a rash around her mouth when she eats bread or crackers and wonders if she is allergic to wheat.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

11. Aidan:

- He is 3 years old and his Mom reports that he has trouble eating hard foods.
- ◆ He has been diagnosed with baby bottle tooth decay but not treated because the family does not have access to a dentist.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

12. Katrina:

- She is pregnant.
- She was living with her boyfriend, but just moved out because he was physically abusive.
- She is now living in a foster home.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

13. Shereen:

- She is 4 years old.
- ◆ Her hemoglobin is 9.0 and her blood lead level is 10.3.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

14. Jacquie:

- She has not been on WIC before.
- She is breastfeeding her 3-month-old baby.
- She tells you that her doctor diagnosed her with lupus 2 months ago.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No