

3-7 Chapter Test

Complete the following test to demonstrate understanding of risks that apply to all women. Risk information sheets may be used for reference just as in a typical clinic setting.



After you have completed the test, talk it over with your training supervisor.

Use the information provided about each participant and the risks discussed in this chapter to complete the table following each example:

1. Brooke:

- ◆ She is a pregnant woman who is expecting twins.
- ◆ Her 3-year-old was born five weeks early and weighed 3 pounds 3 ounces at birth.
- ◆ She smokes about five cigarettes a day and is trying to quit. Sometimes she eats the cigarette butts to help control her craving for tobacco.

What risks would be assigned?	Risk #s:	
Additional documentation required?	Yes	No
Referral to the RD required?	Yes	No

2. Janet:

- ◆ She is 16 years old and just delivered her first child 3 weeks ago.
- ◆ She is not breastfeeding.
- ◆ She tells you during her appointment that she was diagnosed with anorexia when she was 14 and hasn't been eating since she had the baby because she doesn't want to be fat anymore.
- ◆ She is not taking vitamins but has been taking amphetamines to help her lose weight.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

3. May:

- ◆ She is a pregnant woman taking prenatal vitamins.
- ◆ The child born from her last pregnancy had anencephaly and died when he was just 5 days old.
- ◆ She conceived this current pregnancy three months later.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No

4. Sydney:

- ◆ She is 19 years old.
- ◆ She has 3 children and is pregnant with her fourth.
- ◆ Sydney's last baby weighed 9 pounds 3 ounces and she is concerned that this baby will be big also.
- ◆ She had gestational diabetes during her last pregnancy.

What risks would be assigned?	Risk #s:
Additional documentation required?	Yes No
Referral to the RD required?	Yes No