

4-5 Chapter Test



Complete the following test to demonstrate understanding of risks that apply specifically to pregnant women. Risk information sheets may be used for reference just as in a typical clinic setting.



After you have completed the test, talk it over with your training supervisor.

Use the information provided about each participant and the risks discussed in this chapter to complete the table following each example:

1. Beth:

- ◆ Her pre-pregnancy BMI was 29.
- ◆ Her baby is due 2 months from today and she has gained 44 pounds.
- ◆ She is breastfeeding her older child who is 22 months old.

What risks would be assigned?	Risk #s:	
Additional documentation required?	Yes	No
Referral to the RD required?	Yes	No

2. Mary:

- ◆ Her pre-pregnancy BMI was 25.
- ◆ She has lost 4 pounds since her pregnancy began.
- ◆ At 14 weeks into this pregnancy, she saw a health care provider for the first time and she was diagnosed with severe hyperemesis gravidarum.

What risks would be assigned?	Risk #s:	
Additional documentation required?	Yes	No
Referral to the RD required?	Yes	No

3. Wendy:

- ◆ Her prenatal weight gain grid shows that she has not gained the recommended amount of weight during this pregnancy.
- ◆ She recently saw a new health care provider who diagnosed her with IUGR.

What risks would be assigned?	Risk #s:	
Additional documentation required?	Yes	No
Referral to the RD required?	Yes	No

4. Susanna:

- ◆ Her pre-pregnancy BMI was 32.
- ◆ She typically drinks raw, unpasteurized milk as she believes it is healthier for her.

What risks would be assigned?	Risk #s:	
Additional documentation required?	Yes	No
Referral to the RD required?	Yes	No