

Feeding Tips



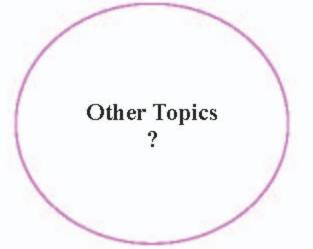
Introducing Family Foods



Starting a Cup



Foods and Drinks to Avoid



Happy Mealtimes

Infants 6-12 Months