YOU GOT THIS, MOM!

WIC WOMEN, INFANT & CHILDREN

- We provide fruits, veggies, milk and more
- We offer nutrition education and breastfeeding support
- We connect you to the services you need

Call your local WIC office:

To check eligibility, call 211 or visit healthoregon.org/wic

If you need this information in large print or an alternate format, please call 971-673-0040 or TTY 800-735-2900.

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Oregon Health Authority

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