



ISSUE DATE: 10/01/2025

TO: WIC Coordinators

FROM: Konrad Bruszcak

OHA - Oregon WIC Program

SUBJECT: WIC Policy Update 2025-10

Major Revisions

Policies with content changes that impact local agency functions. Please review all policies with major revisions.

Policy 820 – Quarterly Nutrition Education Contacts

- Requires local agencies to offer online nutrition education through WICHealth.org.
- Allows high-risk participants to complete an alternate or low risk nutrition education when they have already seen the WIC Nutritionist for the required two visits in a one year certification.
- Retired old self-paced lessons and replaced with [Brush Art website](#).
- Added wording that requires two-way communication with the participant when self-paced lessons are completed.
- Removed SNAP-ed references.
- Removed need for local agencies to have a written policy when using online and self-paced nutrition education lessons.
- Decreased lesson review for staff offering WIC Health to 3 lessons.
- Added exception for high-risk participants to take WIC Health lessons in certain situations.
- Clarified one-on-one nutrition education provided by a partner, such as a dental hygienist, can have nutrition education topics provided listed in the MOU rather than creating a session guide.
- Updated references to [Policy 661](#) to match updates.
- Clarified only one online or self-paced nutrition education lesson needs to be completed per family, but the lesson must be documented in all family members records.

- **Action needed: Review with all certifying staff.**

Minor Revisions

Minor edits, grammatical updates, clarifications, and/or formatting changes have occurred in these policies

Policy 595 – Program Integrity: Separation of Duties

- Section 2.1, added clarification as to who would count as someone in a “supervisory role.”
- Updated the title of a policy referenced.
- **Action needed: Review and share with staff as needed.**

Policy 675 - Risk Revision

- Updated Nutrition Risk Criteria table
 - [Risk Code 141](#) Low Birth Weight separated into risk code 141A and 141B.
 - [Risk Code 201](#) Low Hemoglobin_or Hematocrit separated into risk code 201A and 201B.
- **Action needed: Review and share Training Memos (sent [8/13/25](#) & [9/10/25](#)) outlining changes to Risk 201A/B and Risk 141A/B with certifying staff.**

Policy 661- High Risk Management

- Simplified and clarified language for documentation of individual care plans to allow nutrition education topics to be listed in the chart note or in the NE drop-down list.
- **Action needed: Review policy and share with WIC Nutritionists.**

Retired Policy

Policy 830 – Nutrition Counseling and Services for High-Risk Participants

- All components of this policy are now covered in Policy 661.

WIC policies can be viewed online at:

oregon.gov/OHA/PH/HEALTHYPEOPLEFAMILIES/WIC/Pages/wicpolicy.aspx

Call the state WIC office at 971-673-0040 if you have questions about this release.