

Nutrition Practice Care Guidelines for Preterm Infants in the Community 2013 Revision



Oregon Appendix

Oregon Appendix to the Nutrition Practice Care Guidelines for Preterm Infants in the Community, 2013 Revision

Providing optimal care for premature infants in the community and their families requires care coordination. Care coordination takes an understanding of what services are available in the community and how to qualify and access these services. The purpose of the Oregon appendix is to connect health care providers, advocates and families with contact names of individuals and organizations.

Change is constant. We recognize that information is likely to change as soon as the document is published. But it is a start and we hope it is a useful and dynamic resource. Please submit suggestions for additions, changes to the attention of the Oregon Pediatric Nutrition Practice Group at oda@guidnunc.net

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Developmental, Feeding and NICU Follow-up Clinics and Level III Neonatal Intensive Care Units in Oregon and Southwest Washington

City, Oregon	Medical Center	Clinic	Phone Number	Specialists
Bend	St. Charles Medical Center	NICU follow-up Clinic	541-706-2994	Neonatal MD, OT, PT, SLP, RD
Bend	St. Charles Medical Center	Program for the Evaluation of Development and Learning (PEDAL) Feeding Clinic	541-706-5889	Developmental MD, OT, PT, SLP, RD
Gresham	Providence Gresham Medical Group	Neurodevelopmental Center for Children— Providence Rehabilitation Services	503-215-2233	SLP only
Newberg	Providence Newberg Medical Plaza	Neurodevelopmental Center for Children	503-537-3546	RD, PT, OT, SLP & audiology
Portland	Oregon Health & Sciences University—Doernbecher Children’s Hospital	Child Development & Rehabilitation Center (CDRC)—Feeding & Swallowing Disorders Clinic	503-346-0640	Developmental MD, PT, OT, SLP, RD
Portland	Oregon Health & Sciences University—Doernbecher Children’s Hospital	Child Development & Rehabilitation Center (CDRC)—NICU Follow-Up Clinic	503-346-0640	Developmental MD, OT, PT

Developmental, Feeding and NICU Follow-up Clinics and Level III Neonatal Intensive Care Units in Oregon and Southwest Washington

City, Oregon	Medical Center	Clinic	Phone Number	Specialists
Portland	Oregon Health & Sciences University—Doernbecher Children's Hospital	Child Developmental & Rehabilitation Center (CDRC)—Neurodevelopmental Clinic	503-346-0640	Developmental MD, PT, SLP, OT
Portland	Providence Portland Medical Center	Neurodevelopmental Center for Children—East Portland	503-215-2233	Developmental MD, PT, OT, SLP, RD and Audiologists
Portland	Providence St. Vincent Medical Center	Providence Neurodevelopmental Center for Children—Gerry Frank Center for Children's Care—West Portland	503-216-2339	Developmental MD, PT, OT, SLP, RD and Audiologists
Portland	Legacy Emanuel Medical Center—Randall Children's Hospital	Pediatric Development and Rehabilitation	503-413-4505	Developmental MD, PT, OT, SLP, RD (Separate appts.)
Portland	Legacy Emanuel Medical Center—Randall Children's Hospital	Feeding Clinic	503-413-4505	Developmental MD, PT, OT, SLP, RD
Tualatin	Legacy Meridian Park Medical Center	Pediatric Rehabilitation	503-692-1670	OT, PT, SLP, Podiatrist (Separate appts.)

Developmental, Feeding and NICU Follow-up Clinics and Level III Neonatal Intensive Care Units in Oregon and Southwest Washington

SW Washington	Medical Center	Clinic	Phone Number	Specialists
Vancouver	Legacy Salmon Creek Medical Center—Legacy Children's Center	Salmon Creek Pediatric Rehabilitation	360-487-1777	Developmental MD, PT, OT, SLP, RD,
Vancouver	PeaceHeath Southwest Medical Center	Diabetes, Endocrine & Nutrition Center	(360) 514-2500 option 2	RD

Level III Neonatal Intensive Care Unit

Oregon	Medical Center	NICU Phone Number
Bend	St. Charles Medical Center	541-706-6930
Medford	Rogue Valley Medical Center	541-789-4233
Portland	Legacy Emanuel Medical Center	503-276-9200
Portland	Providence St. Vincent's Medical Center	503-216-7383
Salem	Salem Hospital	503-814-3556
Springfield	Sacred Heart Medical Center at Riverbend	541-222-6916
SW Washington		
Vancouver	Southwest Medical Center	360-514-4022

Lactation Clinics and Equipment Rentals in Oregon and Southwest Washington

Oregon	Medical Center	Lactation Clinic Phone Number	Breast pump or baby scale rentals
Albany	Mid-Valley Breastfeeding Center at Samaritan Albany General Hospital	541-812-5116	no
Ashland	Ashland Community Hospital	541-201-4220	no
Astoria	Colombia Memorial Hospital	503-325-4321, ext. 3430	no
Beaverton	Kaiser Beaverton Medical Clinic	503-626-5502 (clinic) 503-571-6605 (help line)	Breast pump rentals possible via Apria Home Health based on medical need
Bend	St. Charles Medical Center	541-382-4321, ext. 5670	no
Clackamas	Kaiser Mt. Scott Medical Clinic	503-571-4636 (clinic) 503-571-6605 (help line)	Breast pump rentals possible via Apria Home Health based on medical need
Coos Bay	Bay Area Hospital	541-269-8258	no
Corvallis	Good Samaritan Regional Medical Center	541-768-5244	no
Grants Pass	Three Rivers Community Hospital	541-472-7223	no
Gresham	Legacy Mount Hood Medical Center	503-674-1719	Breast Pump Rentals
Hermiston	Good Shepherd Healthcare System	541-667-3508	no
Hillsboro	Tuality Community Hospital	503-681-1336	no
Hood River	Providence Hood River Memorial Hospital	541-387-6344	Breast Pump Rentals
Klamath Falls	Sky Lakes Medical Center	541-274-6621	no
Lebanon	Samaritan Lebanon Community Hospital	541-451-7588	no
Lincoln City	Samaritan North Lincoln Hospital	541-994-7179	no
Newberg	Providence Newberg Medical Plaza	503-537-1400	Breast Pump Rentals Baby Scale Rentals
Newport	Samaritan Pacific Communities Hospital	541-265-2244	no
McMinnville	Willamette Valley Medical Center	503-435-6400	no
Medford	Providence BirthPlace Medical Center	541-732-5494	Breast Pump Rentals
Medford	Rogue Valley Medical Center	541-789-5984	no
Portland	Legacy Good Samaritan Medical Center	503-413-7533	Breast Pump Rentals

Lactation Clinics and Equipment Rentals in Oregon and Southwest Washington

Oregon	Medical Center	Lactation Clinic Phone Number	Breast pump or baby scale rentals
Portland	Oregon Health & Sciences University—Doernbecher Children's Hospital	503-494-9397	no
Portland - East	Providence Portland Medical Center	503-215-6085 (retail) 503-215-6255 (lactation)	Breast Pump Rentals Baby Scale Rentals
Portland - East	Adventist Medical Center	503-251-6262 (lactation ?s) 503-251-6137 (appt line)	Breast Pump Rentals
Portland - North	Kaiser Interstate Medical Center	503-331-6479 (clinic) 503-571-6605 (help line)	Breast pump rentals possible via Apria Home Health based on medical need
Portland - North	Legacy Emanuel—Randall Children's Hospital	503-413-2800 503-413-2800	Breast Pump Rentals Baby Scale Rentals NICU Graduate Clinic (for infants receiving <u>only</u> fortified breastmilk)
Portland - West	Providence St. Vincent Medical Center	503-216-4033	Breast Pump Rentals Baby Scale Rentals NICU graduate appt.
Redmond	St. Charles Medical Center	541-382-4321, ext. 5580	no
Salem	Salem Hospital	503-814-3637	no
Seaside	Providence Seaside Hospital	503-717-7531	no
Springfield	McKenzie-Willamette Medical Center	541-726-4471	no
Springfield	Sacred Heart Medical Center at Riverbend	541-222-3922	no
Tualatin	Legacy Meridian Park Medical Center	503-692-7509	Breast Pump Rentals

SW Washington	Medical Center	Lactation Clinic Phone Number	Rentals Available?
Vancouver, WA	Legacy Salmon Creek Medical Center—Legacy Children's Center	360-487-4050 or 5050	Breast Pump Rentals

Lactation Clinics and Equipment Rentals in Oregon and Southwest Washington

Oregon	Company	Phone Number	Rentals Available
Albany	Samaritan Health Srvs. Medical Equip.	541-812-5460	Breast Pumps
Astoria	NW Coast Home Care	503-325-9906	Breast Pumps
Astoria	Pacific Coast Medical Supply	503-338-0349	Breast Pumps
Beaverton	Beaverton Pharmacy	503-644-2101	Breast Pumps
Coos Bay	Tiny Toes	541-808-0079	Breast Pumps
Corvallis	Samaritan Health Srvs. Medical Equip.	541-768-7500	Breast Pumps
Eugene	Pacific Women's Center	541-342-8616	Breast Pumps
Eugene	Women's Care Associates	541-686-2922	Breast Pumps
Hillsboro	Tuality Medical Supply	503-681-1658	Breast Pumps
Lebanon	Samaritan Health Srvs. Medical Equip.	541-451-6364	Breast Pumps
McMinnville	Physicians Medical Center	503-472-6161	Breast Pumps
Medford	Black Oak Pharmacy	541-608-0766	Breast Pumps
Newport	Samaritan Health Srvs. Medical Equip.	541-574-4797	Breast Pumps
Portland	Nursing Mother's Council	971-678-5846	Breast Pumps
Portland	Northwest Medical Home Care	503-234-6219	Breast Pumps
Portland - East	Babies R Us	503-777-3006	Breast Pumps
Portland - North	Babies R Us	503-286-7579	Breast Pumps
Portland - Northwest	Luna Lactation	360-830-6455	Breast Pumps Baby Scales
Portland - Southeast	Zenana Spa & Wellness Center	503-238-6262	Breast Pumps Baby Scales
Springfield	Northwest Medical Supply	541-485-4395	Breast Pumps
Springfield	Walgreens	541-736-9895	Breast Pumps
Tigard	Babies R Us	503-670-7539	Breast Pumps
Tillamook	North Coast Home Care	503-842-8755	Breast Pumps
SW Washington	Company	Phone Number	Rentals Available
Vancouver, WA	Cotton Babies	360-258-0644	Breast Pumps
Vancouver, WA	Mother Nurture	360-695-6916	Breast Pumps
Vancouver, WA	Sante' Mama	360-253-2229	Breast Pumps Baby Scales

Oregon Public Health Nurse Services

Babies First!

Babies First! is a nurse home visiting program for families with babies and young children up to age 5. The goal of Babies First! is to help families make sure that their babies are healthy as they grow and learn.

Nurses visit you and your baby at home and can:

- Weigh your baby
- Help with breastfeeding
- Check to make sure your child is learning and growing, as they should
- Help you keep your child's teeth and smile healthy
- Offer information about what to expect as your child grows and develops
- Help you build a happy, loving, and fun relationship between you and your child
- Answer questions about keeping yourself and your child healthy and help you know when to see the doctor
- Help you recognize what your child is telling you before he/she can talk
- Help you make your home safe for your child
- Work with you to solve problems that affect your family's health
- Help you get health care and/or apply for the Oregon Health Plan
- Refer you to other services you might need

For more information, contact your local health department or visit the Oregon Babies First! page, at <http://public.health.oregon.gov/HEALTHYPEOPLEFAMILIES/BABIES/HEALTHSCREENING/BABIESFIRST/Pages/index.aspx>

CaCoon

The CaCoon is a (**CA**re **CO**ordinati**ON**) service for families with children from birth to age 21 who have (or are at risk or having) a chronic health condition or disability. CaCoon care coordination services are offered by public health nurses who are specially trained to care for children and youth with special health needs. Since family members have a central role in the care of their child, all services are planned around the desires and concerns of the family. Eligibility is not tied to family income or insurance status. There is no cost to families for CaCoon services.

A CaCoon nurse works with your family and your child's health care providers to do some or all of the following things:

- Help you find information about your child's condition
- Screen your child for any concerns regarding development, nutrition, hearing, vision, or other health issues
- Partner with you to advocate for your child and family
- Help you family locate financial assistance to help pay for your child's care
- Refer you to parent or family support organizations
- Refer you to local resources for early intervention - physical, occupational, speech, and preschool
- Work with any other service providers to address your concerns

For more information, contact your local health department or visit Oregon Health & Sciences University website, at: http://www.ohsu.edu/xd/outreach/occyshn/programs-projects/cacoon.cfm?WT_rank=1

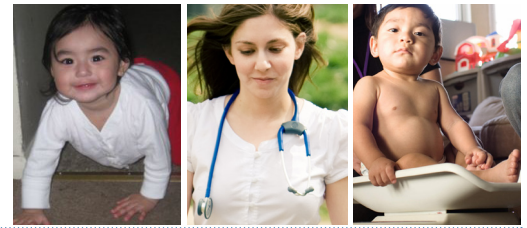
Oregon Health Department Contact Information

County	Phone #	Website
Baker	541-523-8211	http://www.bakercounty.org/health/babies_first.html http://www.bakercounty.org/health/cacoon.html
Benton	541-766-6835	http://www.co.benton.or.us/health/public_health/babies_first.php http://www.co.benton.or.us/health/public_health/cacoon.php
Clackamas	503-742-5370	http://www.clackamas.us/publichealth/publichealthnurses.html
Clatsop	503-325-8500	http://www.co.clatsop.or.us/page/321?deptid=10
Columbia	503-397-4651	http://www.tphfcc.org/home/public-health-services/babies-first-cacoon
Coos	541-751-2438	http://www.co.coos.or.us/Departments/PublicHealth/ParentingResources/BabiesFirst.aspx http://www.co.coos.or.us/Departments/PublicHealth/ParentingResources/CaCoon.aspx
Crook	541-447-5165	http://co.crook.or.us/Home/HealthTest/HealthCare/ParentChildHealth/tabid/1800/Default.aspx
Curry	541-247-3300 888-811-1513	http://www.co.curry.or.us/publichealth/myweb/publichealth.htm
Deschutes	541-322-7400	http://www.deschutes.org/Health-Services/Public-Health/Maternal-Child-Health/CaCoon.aspx
Douglas	541-440-3539 541-440-3685 800-234-0985	http://www.co.douglas.or.us/health/PH/Babies1st.asp http://www.co.douglas.or.us/health/PH/Cacoon.asp
Gilliam	541-506-2600	http://www.wshd.org/wshd/family_home_visits.htm
Grant	541-575-0429	http://www.gcOregonlive2.com/svc_display.php/7
Harney	541-573-2271	http://www.co.harney.or.us/healthdepartmentservicebabiesfirstcacoon.html
Hood River	503-386-1115	http://www.co.hood-river.or.us/index.asp?Type=B_BASIC&SEC={89E3208F-C0D8-491F-8463-10E70E489597}
Jackson	541-774-8209	http://www.co.jackson.or.us/sectionindex.asp?sectionid=81
Jefferson	541-475-4456 x 4224 (Babies First) x 4223 (CaCoon)	http://www.co.jefferson.or.us/PublicMentalHealth/HealthDepartment/HealthCareServices/tabid/5336/language/en-US/Default.aspx
Josephine	541-474-5325	http://www.co.josephine.or.us/Page.asp?NavID=252
Klamath	541-882-8846	http://klamathcounty.org/depts/publichealth/Maternal/
Lake	541-947-6045	http://www.lakecountyor.org/government/public_health.php
Lane	541-682-4041	http://lanecounty.org/Departments/HHS/PubHlth/Pages/babies_first.aspx http://www.lanecounty.org/Departments/HHS/PubHlth/Pages/lcph_cacoon.aspx#contact

Oregon Health Department Contact Information

County	Phone #	Website
Lincoln	541-265-0412	http://www.lincolncountyhealth.com/PH/BABIESFIRSTpage.htm http://www.lincolncountyhealth.com/PH/CACOONpage.htm
Linn	541-967-3888 Ext. 6910 800-304-7468 Ext 6910	http://www.co.linn.or.us/health/public_health/ph-babys-first.htm http://www.co.linn.or.us/health/public_health/ph-cacoon.htm
Malheur	541-889-7279 Ext. 127	http://health.malheurco.org/maternalcare
Marion	503-373-3781	http://www.co.marion.or.us/HLT/PH/ECT/default.htm
Morrow	541-675-5421	http://morrowcountyoregon.com/public-health/services/#Maternal
Multnomah	503-988-3520	http://web.multco.us/health/pregnancy
Polk	503-623-8175	http://www.co.polk.or.us/ph/home-visitation-programs
Sherman	541-503-2600	http://www.wshd.org/wshd/family_home_visits.htm
Tillamook	503-842-3900 Ext. 3941	http://www.co.tillamook.or.us/gov/Health/PublicHealth/BabiesFirst.htm http://www.co.tillamook.or.us/gov/Health/PublicHealth/CaCoon.htm
Umatilla	541-278-5432	http://www.co.umatilla.or.us/health.htm
Union	541-962-8858	http://www.union-county.org/ http://www.chdinc.org/docs/services/babiesfirst.pdf
Wallowa	541-524-4848	http://www.co.wallowa.or.us/public_health/health_department/babies_first!.html http://www.co.wallowa.or.us/public_health/health_department/cacoon.html
Wasco	541-506-2600	http://www.wshd.org/wshd/family_home_visits.htm
Washington	503-846-3712 503-846-4872	http://www.co.washington.or.us/HHS/PublicHealth/field-team-maternal-child-health-home-visiting.cfm
Wheeler	541-763-2725	http://www.asherhealth.info/wheelercountypublichealth.html
Yamhill	503-434-7525 503-554-7842	http://hhs.co.yamhill.or.us/hhs-ph/babies-first http://hhs.co.yamhill.or.us/hhs-ph/cacoon

CaCoon State office is located at the Oregon Center for Children and Youth with Special Health Needs/OHSU:
707 SW Gaines Road Portland, OR 97239/877-307-7070/ occyshn@ohsu.edu
<http://www.ohsu.edu/xd/outreach/occyshn/programs-projects/cacoon.cfm>



STATE PROFILE 2012



NURSE-FAMILY PARTNERSHIP IN OREGON

Nurse-Family Partnership (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield up to five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work

Positive Outcomes for Clients Served by Oregon's Nurse-Family Partnership

93% of babies were born at a healthy weight - at or above 2500 g (5.5 lbs)

91% of babies were born full term

93% of mothers initiated breast-feeding and 49% continue to breastfeed at child age 6 months

42% of mothers who entered the program without a diploma/GED have since earned one, and another 15% are working toward obtaining one

CLIENT DEMOGRAPHICS

At intake

Median age: 19

83% Unmarried

47% Medicaid recipients

Cumulative data as of Sept. 30, 2011

Race

45% White

33% Declined to self-identify/No response

10% Black or African American

6% Multi-racial

3% Asian

2% American Indian/Alaska Native

1% Native Hawaiian/Pacific Islander

Ethnicity

52% Hispanic/Latina

46% Non-Hispanic/Latina

2% Declined to self-identify/
No response

Data Oct. 1, 2010 - Sept. 30, 2011.

All data is client self-identified.



In Oregon, Nurse-Family Partnership currently serves clients in Crook, Deschutes, Jefferson and Multnomah Counties.

IMPLEMENTING AGENCY CONTEXT

The Multnomah Nurse-Family Partnership is implemented by the Multnomah County Health Department. It began in 1999 with four nurses and has continued to grow and expand over the years to 18 nurses today. In Deschutes, Jefferson and Cook counties, the program is operated under a tri-county partnership between the three county Health Departments. For all NFP agencies in Oregon, NFP operates side-by-side with the other home visiting programs provided by the Health Department, creating a continuum of care for families in the community.

FUNDING AND POLITICAL CONTEXT

Varied funding sources support Nurse-Family Partnership in Oregon, including: Oregon Healthy Start, Juvenile Justice Prevention funding, Medicaid maternity case management, targeted case management and general county funds and the federal Maternal, Infant and Early Childhood Home Visiting Program funds.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community health programs that is based on evidence from randomized, controlled trials – more than 30 years of research proves that it works.

This evidence shows our clients – eligible first-

time mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize up to five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- The Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.
- The Partnership for America's Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger



investments than state business subsidies when viewed from a long-term, national perspective.

- The non-profit, non-partisan Coalition for Evidence-Based Policy finds “strong evidence of effects on life outcomes of children and mothers” by Nurse-Family Partnership.

ESTABLISHED: 1999
FAMILIES SERVED: 1,874



Lauren Platt
Program Developer
303.813.4318
NFP National Service Office
1900 Grant Street, Suite 400
Denver, CO 80203-4304
www.nursefamilypartnership.org

Oregon WIC Contact List May 2013

Agency	WIC Coordinator	WIC Nutritionist*	Breastfeeding Coordinator	Assigned State Nutrition Consultant
Baker County WIC 3330 Pocahontas Rd Baker City, OR 97814 Phone: 541-523-8212 Fax: 541-523-8242	Anna Clark	Lindsay Grosvenor, RD (also contracts with Malheur & Harney county)	Allyson Howarth, MA, RN	Karen Bettin, MS, RD 971-673-0044 Karen.bettin@state.or.us
Benton County WIC 530 NW 27 th St. Corvallis, OR 97339 Phone: 541-766-6835 Fax: 541-766-6142	Kelly Volkmann, RN, MPH	Deborah Pyke RD	Maryam Hourmanesh-Jones	Cheryl Alto, MS, RD 971-673-0057 Cheryl.I.alto@state.or.us
Clackamas County WIC 999 Library Court Oregon City, OR 97045 Phone: 503-655-8405 Fax: 503-655-8387	Julie Aalbers, Interim Coordinator	Julie Aalbers, RD Mari Brooker, RD Annmarie Geary, RD	Aria Baker, IBCLC Annmarie Geary, RD	Beth Lanham, RD 971-673-0041 Elizabeth.I.lanham@state.or.us
Clatsop County WIC 820 Exchange St., Suite 100 Astoria, OR 97103 Phone: 503-325-8500 Fax: 503-325-8678	Margo Lulich, RN	Celine McEwan MS, RD	Trina Robinson, RN, IBCLC Patsy Lee Horecny, RN, IBCLC	Sara Sloan, MS, RD 971-673-0043 Sara.e.sloan@state.or.us
The Public Health Foundation of Columbia County WIC 2370 Gable Rd St. Helens, OR 97051 Phone: 503-397-4149 Fax: 503-397-1424	Jana Mann	RanDee Anshutz, RD RD services are provided by Skype (also contracts with Curry, Lake, Wallowa and Crook County)	Sheri Duren	Sara Sloan, MS, RD 971-673-0043 Sara.e.sloan@state.or.us

Oregon WIC Contact List May 2013

Agency	WIC Coordinator	WIC Nutritionist*	Breastfeeding Coordinator	Assigned State Nutrition Consultant
Coos County WIC 1975 McPherson #1 North Bend, OR 97459 Phone: 541-751-2402 Fax: 541-751-2654	Phyllis Olson, RDE	Phyllis Olson, RD-Eligible	Phyllis Olson, RDE	Mary Rhode, RD 971-673-0045 Mary.rhode@state.or.us
Crook County WIC 375 NW Beaver St. Ste 100 Prineville, OR 97754 Phone: 541-447-5165 Fax: 541-447-3093	Jennifer Chaney	RanDee Anshutz, RD (also contracts with Curry, Lake, Wallowa and Crook County)	Emma Reynolds	Mary Rhode, RD 971-673-0045 Mary.rhode@state.or.us
Curry County WIC 94235 Moore St. Suite 121 Gold Beach, OR 97444 Phone: 541-247-3377 Fax: 541-247-5601	Kathie Wills, RN	RanDee Anshutz, RD RD services are provided by Skype (also contracts with Lake, Wallowa and Crook and Columbia County)	Kathie Wills, RN	Vernita Reyna, RD 971-673-0047 Vernita.d.reyna@state.or.us
Deschutes County WIC 2577 NE Courtney Bend, OR 97701 Phone: 541-322-7450 Fax: 541-322-7465	Laura Spaulding, RD	Janet Harris, MS, RD Laura Spaulding, RD Sherri Tobin, MS, RD, IBCLC	Jean Clinton, RN, IBCLC Sherri Tobin, MS, RD, IBCLC Maria O'Neill IBCLC Shannon Robles, IBCLC	Karen Bettin, MS, RD 971-673-0044 Karen.bettin@state.or.us
Douglas County WIC 621 W. Madrone St. Roseburg, OR 97470 Phone: 541-440-3546 Fax: 541-957-3704	Dale Erickson, RD	Dale Erickson, RD	Aimee Wilhite	Mary Rhode, RD 971-673-0045 Mary.rhode@state.or.us

Oregon WIC Contact List May 2013

Agency	WIC Coordinator	WIC Nutritionist*	Breastfeeding Coordinator	Assigned State Nutrition Consultant
Grant County WIC 528 E. Main Suite E John Day, OR 97845 Phone: 541-575-0429 Fax: 541-575-3604	Wendy Ballou, RN	Kim Jacobs, RD	Wendy Ballou, RN	Beth Lanham, RD 971-673-0041 Elizabeth.I.lanham@state.or.us
Harney County WIC 420 N. Fairview Burns, OR 97720 Phone: 541-573-2271 Fax: 541-573-8388	Mary Gregg	Lindsay Grosvenor, RD (also contracts with Malheur & Baker county)	Marilynn Scheen, RN	Mary Rhode, RD 971-673-0045 Mary.rhode@state.or.us
Hood River County WIC 1109 June St. Hood River, OR 97031 Phone: 541-387-6882 Fax: 541-386-9181	Trish Elliott, RN	Melody Acosta, RD	Ellen Mallon, RN, IBCLC	Mary Rhode, RD 971-673-0045 Mary.rhode@state.or.us
Jackson County WIC 1005 E. Main St Building A Medford, OR 97504 Phone: 541-774-8020 Fax: 541-774-7986	Debbie Watson, RD	Judy Harvey, RD Debbie Watson, RD Candy Butler, RD	Korina Skaff, IBCLC Silvia Figueroa, IBCLC	Beth Lanham, RD 971-673-0041 Elizabeth.I.lanham@state.or.us
Jefferson County 715 SW Fourth St. Suite C Madras, OR 97741 Phone: 541-475-4456 Fax: 541-475-0132	Patty Barker, RN, IBCLC	Juli Huddleston, RD	Patty Barker, RN, IBCLC Barb Ibrahim, RN, IBCLC	Mary Rhode, RD 971-673-0045 Mary.rhode@state.or.us

Oregon WIC Contact List May 2013

Agency	WIC Coordinator	WIC Nutritionist*	Breastfeeding Coordinator	Assigned State Nutrition Consultant
Josephine County WIC 715 NW Dimmick Grants Pass, OR 97526 Phone: 541-474-5334 Fax: 541-474-5353	Rebecca Robinson	open	Glenda Taylor, IBCLC	Karen Bettin, MS, RD 971-673-0044 Karen.bettin@state.or.us
Klamath County WIC 403 Pine Street Klamath Falls, OR 97601 Phone: 541-883-4276 Fax: 541-850-5382	Sue Schiess, RD	Sue Schiess, RD	Dora Hoffmeister	Sara Sloan, MS, RD 971-673-0043 Sara.e.sloan@state.or.us
Lake County WIC 100 N. "D" St. Suite 100 Lakeview, OR 97630 Phone: 541-947-6045 Fax: 541-947-4563	Jill Harlon, RN	RanDee Anshutz, RD RD services are provided by Skype (also contracts with Curry, Wallowa and Crook and Columbia County)	Jill Harlon, RN	Sara Sloan, MS, RD 971-673-0043 Sara.e.sloan@state.or.us
Lane County WIC 151 W. 7 th Ave Room 210 Eugene, OR 97401 Phone: 541-682-4699 Fax: 541-682-4248	Connie Sullivan, RD	Katey Bosworth, RD Heather Rush, RD	Tammy Johnson, IBCLC	Vernita Reyna, RD 971-673-0047 Vernita.d.reyna@state.or.us
Lincoln County WIC 36 SW Nye Street Newport, OR 97365 Phone: 541-265-0402 Fax: 541-265-4194	Amanda Claxton, RD	Amanda Claxton, RD	Crystal Beard	Vernita Reyna, RD 971-673-0047 Vernita.d.reyna@state.or.us

Oregon WIC Contact List May 2013

Agency	WIC Coordinator	WIC Nutritionist*	Breastfeeding Coordinator	Assigned State Nutrition Consultant
Linn County WIC 315 4 th Ave. SW Albany, OR 97321 Phone: 541-967-3888 Fax: 541-926-2102	Cindy Cole, RD, LD	Cindy Cole, RD, LD	Leah Brunson, IBCLC	Vernita Reyna, RD 971-673-0047 Vernita.d.reyna@state.or.us
Malheur County WIC 1108 SW 4 th St. Ontario, OR 97914 Phone: 541-889-7897 Fax: 541-823-9400	Sandy Ackley, RN, IBCLC	Lindsay Grosvenor, RD (also contracts with Harney & Baker county)	Sandy Ackley, RN, IBCLC	Cheryl Alto, MS, RD 971-673-0057 Cheryl.I.alto@state.or.us
Marion County WIC 3180 Center St. NE Room 2360 Salem, OR 97301 Phone: 503-566-2995 Fax: 503-566-2971	Diane Quiring, MS, RD	Ai-Lan Whitson, RD Diane Quiring, MS, RD	Wendy Oliver, IBCLC Ann Ortiz-Crow	Vernita Reyna, RD 971-673-0047 Vernita.d.reyna@state.or.us
Multnomah Gateway WIC 131 NE 102 nd Ave Bldg 1 Portland, OR 97220 Phone: 503-988-3663 x24679 Fax: 503-988-6070	David Brown, RD Joy McNeal, MS, RD, Nutrition Supervisor	Sarah Hise, RD, CDE Ulrica Donato, MS, RD Tosh Seeman, RD Althea Gill, RD	Mary Wachsmuth, IBCLC Joy McNeal, MS, RD	Beth Lanham, RD 971-673-0041 Elizabeth.I.lanham@state.or.us

Oregon WIC Contact List May 2013

Agency	WIC Coordinator	WIC Nutritionist*	Breastfeeding Coordinator	Assigned State Nutrition Consultant
Multnomah East County WIC 600 NE 8 th St. Room 230 Bldg 437/230 Gresham, OR 97030 Phone: 503-988-3663 x29884 Fax: 503-988-6065	David Brown, RD Elizabeth Berol-Rinder, MPH, RD, Nutrition Supervisor	Heidi Suess, RD Sarah Hise, RD, CDE Ulrica Donato, MS, RD Althea Gill, RD	Mary Wachsmuth, IBCLC Elizabeth Berol-Rinder, MPH, RD	Beth Lanham, RD 971-673-0041 Elizabeth.I.lanham@state.or.us
Multnomah NE Health Center WIC 5329 NE Martin Luther King Jr. Bldg 322 Portland, OR 97211 Phone: 503-988-3663 x24351 Fax: 503-988-6984	David Brown, RD Mary Kay DiLoreto, MS, RD, Nutrition Supervisor	Heidi Suess, RD Ulrica Donato, MS, RD	Mary Wachsmuth, IBCLC Mary Kay DiLoreto, MS, RD	Beth Lanham, RD 971-673-0041 Elizabeth.I.lanham@state.or.us
North Central Public Health District WIC (AKA Wasco-Sherman) 419 E 7 th St. The Dalles, OR 97058 Phone: 541-506-2627 Fax: 541-506-2601	Lori Treichel, MSN, RN	Kjersti Johnson, RD	Lori Treichel, MSN, RN	Vernita Reyna, RD 971-673-0047 Vernita.d.reyna@state.or.us
Polk County WIC 182 SW Academy St, Suite 302 Dallas, OR 97338 Phone: 503-623-8175 x2297 Fax: 503-831-3499	Patty Perez/ Randi Phillips	Inge Daeschel, MS, RD, LD	Alma Chavez	Vernita Reyna, RD 971-673-0047 Vernita.d.reyna@state.or.us

Oregon WIC Contact List May 2013

Agency	WIC Coordinator	WIC Nutritionist*	Breastfeeding Coordinator	Assigned State Nutrition Consultant
Salud Medical Center WIC – McMinnville Clinic 435 NE Evans St, Suite 314 McMinnville, OR 97128 Phone: 503-434-6740 Fax: 503-434-1362	Terri Trisler, MS RD Coordinator Lynnetta Doellefeld, RD Regional supervisor	Emily Covey, RD Supervisor	Elizabeth Still, RD	Sara Sloan, MS, RD 971-673-0043 Sara.e.sloan@state.or.us
Salud Medical Center WIC –Newberg Clinic 2251 E. Hancock St, Suite 107 Newberg, OR 97132 Phone: 503-538-8779 Fax: 503-982-6970	Terri Trisler, MS, RD Coordinator Lynnetta Doellefeld, RD Regional supervisor	Elizabeth Still, RD, Supervisor	Elizabeth Still, RD	Sara Sloan, MS, RD 971-673-0043 Sara.e.sloan@state.or.us
Salud Medical Center WIC –Woodburn Clinic 1175 Mt Hood Ave Woodburn, OR 97071 Phone: 503-982-2006 Fax: 503-982-0667	Terri Trisler, MS RD Coordinator Lynnetta Doellefeld, RD Regional supervisor	Nicole Grigorieff, RD Supervisor	Elizabeth Still, RD	Sara Sloan, MS, RD 971-673-0043 Sara.e.sloan@state.or.us
Salud Medical Center WIC – Salem Clinic 3886 Beverly Ave NE, Suite 6 Salem, OR 97305 Phone: 503-391-7872 Fax: 503-391-7591	Terri Trisler, MS RD Coordinator Lynnetta Doellefeld, RD Regional supervisor	Vacant RD Supervisor	Elizabeth Still, RD	Sara Sloan, MS, RD 971-673-0043 Sara.e.sloan@state.or.us

Oregon WIC Contact List May 2013

Agency	WIC Coordinator	WIC Nutritionist*	Breastfeeding Coordinator	Assigned State Nutrition Consultant
Tillamook County WIC 801 Pacific Avenue Tillamook, OR 97141 Phone: 503-842-3913 Fax: 503-842-3903	Dawna Roesener	Nancy Ludwig, MS, RD, LD	Dawna Roesener	Cheryl Alto, MS, RD 971-673-0057 Cheryl.I.alto@state.or.us
Yellowhawk Tribal Health Center/ Confederated Tribes of Umatilla WIC PO Box 160 Pendleton, OR 97801 Phone: 541-278-7562 Fax: 541-278-7570	Jean Farmer, RD	Jean Farmer, RD	Jean Farmer, RD	Karen Bettin, MS, RD 971-673-0044 Karen.bettin@state.or.us
Umatilla/ Morrow Head Start WIC 110 NE 4 th Hermiston, OR 97838 Phone: 1-800-559-5878 Fax: 541-564-6879	MaryAnn McCune	Angie Treadwell, RD Diane Benfield, RD	Angie Treadwell, RD	Beth Lanham, RD 971-673-0041 Elizabeth.I.lanham@state.or.us
Union County Health Dept/ Center for Human Development WIC 2301 Cove Ave. La Grande, OR 97850 Phone: 541-962-8829 Fax: 541-963-0520	Patty Rudd	Jean Farmer, RD (works at Yellowhawk clinic, contracts with Union County)	Linda Buckingham	Sara Sloan, MS, RD 971-673-0043 Sara.e.sloan@state.or.us

Oregon WIC Contact List May 2013

Agency	WIC Coordinator	WIC Nutritionist*	Breastfeeding Coordinator	Assigned State Nutrition Consultant
Wallowa County WIC 758 NW First Enterprise, OR 97828 Phone: 541-426-4848 Fax: 541-426-3627	Laina Fisher, RN	RanDee Anshutz, RD RD services are provided by Skype (also contracts with Curry, Lake, Crook and Columbia County)	Laina Fisher, RN	Karen Bettin, MS, RD 971-673-0044 Karen.bettin@state.or.us
Confederated Tribes of Warm Springs WIC 1270 Kot Num Road Warm Springs, OR 97761 Phone: 541-553-2460 Fax: 541-553-2457	Roopa Puri, RD	Roopa Puri, RD	Janet Bissell, RN, IBCLC	Karen Bettin, MS, RD 971-673-0044 Karen.bettin@state.or.us
Washington County WIC 155 N. First Ave. MS 4 Hillsboro, OR 97124 Phone: 503-846-4913 Fax: 503-846-4522	Tiare Sanna, MS, RD	Jan Apland-Curtis, MS, RD Marjorie Dreiseszun, MS, RD Lisa Beck, RD Stephanie Kohler, RD Becca Ypma, RD Annie Southworth, RD Roxanne McKeen, RD	Jan Apland-Curtis, MS, RD, IBCLC Jeanette Howard, IBCLC Christine Shepherd, IBCLC	Cheryl Alto, MS, RD 971-673-0057 Cheryl.I.alto@state.or.us



DONOR DROP-OFF SITES

A handy list for Moms wishing to donate breastmilk.

OREGON

PORTLAND - SW

NWMMB Future Headquarters @ Sunset Medical Plaza * 503-216-MILK

PORTLAND - SE

Adventist Medical Center ^ 503-251-MAMA

Zenana Spa & Wellness Center ^ 503-238-6262

PORTLAND - N

Legacy Emanuel Medical Center ^ 503-413-2800

BEAVERTON

Oregon Health & Science University Bethany Clinic ^ 503-418-2000

BEND

St. Charles Health System ^ 541-706-2900 x 2641

NEWBERG

Providence Newberg Medical Center * 503-537-1400

REDMOND

St. Charles Health System ^ 541-516-3819

WASHINGTON

EVERETT

Providence Regional Medical Center Everett * 425-258-7140

VANCOUVER

PeaceHealth Southwest Medical Center ^ 360-514-4027

Legacy Salmon Creek Medical Center ^ 360-487-4050

**For information on becoming a Donor Drop Off-Site in the Northwest Region,
contact NWMMB at info@nwmmb.org**

* These Drop Off-Sites ship their donor milk to the Denver, CO Mothers' Milk Bank.

^ These Drop Off-Sites ship their donor milk to the San Jose, CA Mothers' Milk Bank.