

Motivational Interviewing

Practice responding to client statements. For each statement, respond with one reflection and one open question.

1. My child only eats three foods and won't try anything new.

Reflection:

Open Question:

2. I'm really scared of her choking so I'm going to wait on offering her solid foods.

Reflection:

Open Question:

3. My oldest used a bottle until she was three and her teeth are fine.

Reflection:

Open Question:

4. Why don't I have benefits this month? I went to the store and couldn't use my card.
Very FRUSTRATING.

Reflection:

Open Question:

5. My 4-year-old won't eat any vegetables, so I give him those pouches.

Reflection:

Open Question: