



# Training Memo

August 18, 2025

## In this issue:

- Changes to Risk 141 – Low Birth Weight
- Changes to Risk 201 – Low Hemoglobin or Hematocrit

## Resources:

- [Risk 201 Information Sheet](#)
- [Risk 141 Information Sheet](#)

The following changes take effect with the August 18, 2025 TWIST Release. Please share this information with certifying staff.

## Changes to Risk 141– Low Birth Weight

Risk 141 applies to participants who are 0-23 months of age and have a low birth weight. It is now two sub-categories: **Risk 141A** and **Risk 141B**.

TWIST assigns the correct risk based on participant age and the birth weight entered into the Anthropometry section of the Medical Data tab (see below).

Medical Data													
Health History		Diet Assessment		NE Plan		Progress Notes		Food Package Assignment					
Anthropometry													
Collection Date	Weight			Weight For Age	Length/Height			Length/Ht For Age	Wt For Length	BMI	BMI %	Birth Data	Medical Notes
	E/M	LBS	OZ		E/M	Inch	1/8						
07/18/2025	ENGLISH	24	0	81.00	ENGLISH	32	0	RECUMB	96.00	58.00		<input type="checkbox"/>	
06/15/2024	ENGLISH	4	3	0	ENGLISH	19	0	RECUMB	19.00	0		<input checked="" type="checkbox"/>	

- **Risk 141A**
  - TWIST assigns Risk 141A to infants 0-11 months with a low birth weight.

- Risk 141A has High Risk level and must be referred to the WIC Nutritionist.
- **Risk 141B**
  - TWIST assigns Risk 141B to participants certified at 12-23 months with a low birth weight.
  - Risk 141B has a medium risk level.

## Changes to Risk 201– Low Hemoglobin or Hematocrit

Risk 201 applies when a low or very low hemoglobin or hematocrit value is entered into TWIST for participants 9 months and older. It is now two sub-categories in TWIST: **Risk 201A** and **Risk 201B**.

TWIST assigns the appropriate risk based on the hemoglobin or hematocrit value entered in the Biochemical Info section of the Medical Data tab.

Biochemical Info			
Collection Date	Hemoglobin	Hematocrit	Blood Lead Level
▶ 04/23/2025	11.10	.00	0.0

- **Risk 201A**
  - TWIST assigns Risk 201A when the hemoglobin or hematocrit entered is in the low range for the participant’s category.
  - Risk 201A has a medium risk level.
  - TWIST will automatically assign Risk 201A to participants assigned Risk 201 before August 18, 2025.
- **Risk 201B**
  - TWIST assigns Risk 201B when the hemoglobin or hematocrit entered is in the very low range for the participant’s category.
  - Risk 201B has a high risk level. No manual risk level change is required.

### Hemoglobin values – Normal and Low ranges

Participant Category	Hemoglobin value (g/dL)		
	Very Low (High Risk)	Low (Medium Risk)	Normal
Infants 9–12 months	Below 10.0	10.0–10.9	11.0 and higher
Children 12–24 months	Below 10.0	10.0–10.9	11.0 and higher
Children 2–5 years	Below 10.1	10.1–11.0	11.1 and higher
Pregnant women 0–13 weeks gestation	Below 10.0	10.0–10.9	11.0 and higher
Pregnant women 14–26 weeks gestation	Below 9.5	9.5–10.4	10.5 and higher
Pregnant women 27–40 weeks gestation	Below 10.0	10.0–10.9	11.0 and higher
Postpartum women	Below 11.0	11.0–11.9	12.0 and higher

<sup>a</sup> Adjust for altitude and smoking per Policy 675 Risk Criteria Codes and Descriptions and use Medium Risk < 1 point below and High Risk is > 1 point below normal value.

Refer to the [Risk 201 Information Sheet](#) for hematocrit levels.

## Manual Risk level changes by CPAs discontinued

Starting August 18, 2025, no risks in the data system require manual risk level changes. CPAs should no longer change a participant's risk level manually.

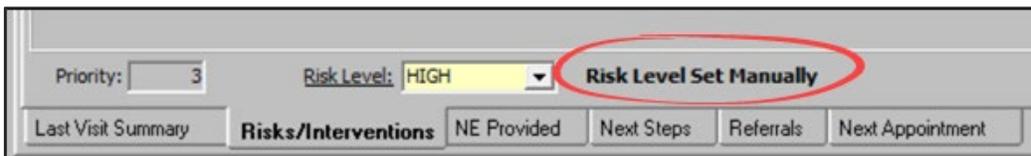
If a situation arises requiring a manual risk level change, write down the record number and contact your Training Supervisor, assigned Nutrition Consultant, or App Support. This is a system error and needs to be investigated.

The indicator in the screen shots below appears on risk assignment screens when a risk level has been set manually.

Refresh the tab before saving to avoid this error:



Manual risk assignment indicator at the bottom of the Risks/Interventions subtab of NE Plan tab:



Manual risk assignment indicator at the bottom of the Risk Factors subtab of the Health History and Diet Assessment tabs:

