

# Child 13-23 months Food Package (C1)

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## Who qualifies for this package?

Children ages 13-23 months are eligible to receive this food package. Children 13-23 month receive whole milk and whole milk yogurt as the standard.

## What needs to happen:

- Discuss food package with participant.
- Provide participant with information about:
  - Food category maximums,
  - Tailoring options.
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

## Food Category Name Changes for all Participant Categories

There are food category name changes for every food package:

- **Peanut Butter** becomes **Peanut, Nut, and Seed Butters**.
- **Soy Beverage** becomes **Soy and Plant Beverages**.

The TWIST abbreviations will be shared in the Food Package #2 materials.

## Child 13 – 23 Months (C2)

Food Category	Standard	Partial	Changes	Tailoring (done by staff)	Maximums
<b>Fruits &amp; Vegetables (FVB)</b>	\$29	\$29	Increased from \$26 to \$29	Swap \$3 FVB for Juice 1 Juice = 64 oz or 11.5-12 oz frozen juice	\$29 FVB 1 Juice
<b>Whole Grains</b>	24 oz	16 oz	Reduced from 32 oz to 24 oz		
<b>Whole Milk</b>	2 gal (8 qt)	1 gal (4 qt)	Reduced from 3 gal to 2 gal	<ul style="list-style-type: none"> <li>Lactose-free milk</li> <li>Goat milk</li> <li>Soy and Plant Beverage</li> <li>Evaporated or dry milk</li> <li>Tofu: 1 qt Milk = 1 lb tofu</li> <li>Yogurt: 1 qt Milk = 1 ctr yogurt</li> </ul>	12 qt, if no yogurt or cheese  All milk can be replaced by tofu, up to the milk maximum if no other dairy is selected
<b>Cheese</b>	1 lb	1 lb		Milk: 1 lb cheese for 3 qts milk	1 lb

## Child 13 – 23 Months (C2)

Food Category	Standard	Partial	Changes	Tailoring (done by staff)	Maximums
<b>Whole Milk Yogurt</b> 32 oz = 1 ctr	1 ctr	1 ctr		Low fat-yogurt Milk: 1 ctr yogurt for 1 qt milk	2 ctr
<b>Eggs</b>	1 doz	1 doz		1 dozen eggs can be replaced for 1 ctr Peanut, Nut, and Seed Butter or Beans	1 doz
<b>Peanut, Nut, and Seed Butters or Bean</b> 1 ctr is one of the below: <ul style="list-style-type: none"> <li>• 18 oz Peanut, Nut and Seed butters</li> <li>• 16 oz dry Beans</li> <li>• 4 cans beans (15-16 oz)</li> </ul>	1 ctr	1 ctr			1 ctr 2 ctr <b>if</b> swapping Eggs for Peanut, Nut, and Seed Butters or Beans

Child 13 – 23 Months (C2)

Food Category	Standard	Partial	Changes	Tailoring (done by staff)	Maximums
Fish	6 oz	3 oz	Added 6 oz		
Hot or Cold Cereal	36 oz	18 oz			