

Child 24 – 60 Month Food Package (C2)

Who qualifies for this package?

Children ages 24-60 months are eligible to receive this food package. Children 24-60 month receive fat free or 1% milk and low fat or nonfat yogurt as the standard.

What needs to happen:

- Discuss food package with participant.
- Provide participant with information about:
 - Food category maximums,
 - Tailoring vs Swap options.
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

Food Category Name Changes for all Participant Categories

There are food category name changes for every food package:

- **Peanut Butter** becomes **Peanut, Nut, and Seed Butters.**
- **Soy Beverage** becomes **Soy and Plant Beverages.**

The TWIST abbreviations will be shared in the Food Package #2 materials.

Child 24-60 Months (C2)

Food Category	Standard	Partial	Changes	Tailoring (done by staff)	Maximum
Fruits & Vegetables (FVB)	\$29	\$29	Increased from \$26 to \$29	Swap \$3 FVB for Juice 1 Juice = 64 oz or 11.5-12 oz frozen juice	\$29 FVB 1 Juice
Whole Grains	24 oz	16 oz	Reduced from 32 oz to 24 oz		
Fat Free or 1% Milk	2.5 gal (10 qt)	1.25 gal (5 qt)	Reduced from 3 gal to 2.5 gal	<ul style="list-style-type: none"> Lactose-free milk Goat milk Soy and Plant Beverage Evaporated or dry milk Tofu: 1 qt Milk = 1 lb tofu Yogurt: 1 qt Milk = 1 ctr yogurt 	14 qt, if no yogurt or cheese All milk can be replaced by tofu up to the milk max if no other dairy is selected
Cheese	1 lb	1 lb		Milk: 1 lb cheese for 3 qts Milk	1 lb

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Food Category	Standard	Partial	Changes	Tailoring (done by staff)	Maximum
Low or nonfat Yogurt 32 oz = 1 ctr	1 ctr	1 ctr		Milk: 1 ctr yogurt for 1 qt milk	2 ctr
Eggs	1 doz	1 doz		1 dozen eggs can be replaced with 1 ctr Peanut, Nut, and Seed Butter or Beans	1 doz
Peanut, Nut, and Seed Butters or Bean 1 ctr is one of the below: <ul style="list-style-type: none"> 18 oz Peanut, Nut and Seed butters 16 oz dry beans 4 cans beans (15-16 oz) 	1 ctr	1 ctr			1 ctr 2 ctr if swapping Eggs for Peanut, Nut, and Seed Butters or Beans

Child 24-60 Months (C2)

Food Category	Standard	Partial	Changes	Tailoring (done by staff)	Maximum
Fish	6 oz	3 oz	Added 6 oz		
Hot or Cold Cereal	36 oz	18 oz			