

Infant – Mostly Breastfeeding Food Package (IB)

Who qualifies for this package?

A breastfeeding infant less than one year of age that also receives formula from WIC, up to the maximum amount by age:

- 0-3 months – 1 can up to 4 cans
- 4-6 months – 1 can up to 5 cans
- 7-12 months – 1 can up to 4 cans

What needs to happen:

- Discuss food package with the participant's caregiver.
- Provide participant with information about:
 - Food category maximums,
 - Tailoring vs Swap options,
- Document discussions as Food Package Nutrition Education.
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635).

What's changed in the Infant Mostly Breastfeeding food package?

- The infant fruit and vegetable benefit (FVB) may now be issued at 7 months.
- Baby cereal was reduced to 8 oz.
- Infants in the birth month can receive 1-4 cans of formula as needed.

Infants – Mostly Breastfeeding 0-12 Months (IB)

Age	Standard	Partial	Changes	Tailoring (done by staff)	Maximum
0-3 months	1-4 cans	* CPA assigns	Month 0: 1-4 cans available as needed		
4-6 months	1-5 cans	* CPA assigns			
7-12 months	1-4 cans	* CPA assign			
	128 oz Jarred Fruits and Vegetables	64 oz	New: FVB may be issued at 7 months	Jarred fruit and vegetable baby food benefit can be: <ul style="list-style-type: none"> • 128 oz of jarred fruit and vegetable baby food • 64 oz of jarred fruit and vegetable baby food and \$11 FBV for fresh, frozen or canned fruits and vegetables. 	128 oz jarred food or \$22 FVB

Infants – Mostly Breastfeeding 0-12 Months (IB)

Age	Standard	Partial	Changes	Tailoring (done by staff)	Maximum
7-12 months				<ul style="list-style-type: none"> 0 oz of jarred fruit & vegetable baby food and \$22 FVB for fresh, frozen or canned fruits and vegetables 	
	8 oz Cereal	8 oz	Reduced from 24 to 8oz		8 oz

* There are no standard food template amounts for infant formula in the “Mostly Breastfeeding” category. The amount of formula each infant receives will vary based on the breastfeeding assessment and must be assigned by the CPA.