

# Postpartum Non-Breastfeeding (WN) and Some Breastfeeding Food Package (WBN)

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## Who qualifies for this package?

1. A participant
  - who meets the definition for “some breastfeeding” breastfeeding participant for the infant’s first six months,
  - who is (up to 6 months postpartum),
  - whose infant is receiving formula in the amounts that meet the definition for “some breastfeeding”  
0-3 mo = 5-8 cans of formula, 4-6 mo = 6-9 cans (see [Policy 769: Assigning WIC Food Packages](#))
2. A participant who is not breastfeeding and is less than 6 months postpartum.

## What needs to happen:

- Discuss food package with participant
- Provide participant with information about:
  - Food category maximums
  - Tailoring vs Swap options
- Document discussions as Food Package Nutrition Education
- Offer shopper education for a new participant or offer assistance with shopping if a returning participant (policy 635)

## Food Category Name Changes for all Participant Categories

There are food category name changes for every food package:

- **Peanut Butter** becomes **Peanut, Nut, and Seed Butters**
- **Soy Beverage** becomes **Soy and Plant Beverages**

## Postpartum Non-Breastfeeding and Some Breastfeeding (WN/WBN)

Food Category	Standard	Partial	Changes	Tailoring (done by staff)	Maximum
<b>Fruits &amp; Vegetables (FVB)</b>	\$50	\$50	Increased from \$47 to \$50	Swap \$3 FVB for Juice. 1 Juice = 64 oz or 11.5-12 oz frozen juice	\$50 FVB 1 Juice
<b>Whole Grains</b>	48 oz	24 oz	Added 48oz		
<b>Fat Free or 1% Milk</b>	3 gal (12 qt)	1.5 gal (6 qt)		<ul style="list-style-type: none"> <li>Lactose-free milk</li> <li>Goat milk</li> <li>Soy and Plant Beverage</li> <li>Evaporated or dry milk</li> <li>Tofu: 1 qt Milk = 1 lb tofu</li> <li>Yogurt: 1 qt Milk = 1 ctr yogurt</li> </ul>	16 qt, if no yogurt or cheese  All milk can be replaced by tofu, up to the milk max if no other dairy is selected
<b>Cheese</b>	1 lb	1 lb		Milk: 1 lb cheese for 3 qts milk	1 lb

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Food Category	Standard	Partial	Changes	Tailoring (done by staff)	Maximum
Low or nonfat Yogurt 32 oz = 1 ctr	1 ctr	1 ctr		Milk: 1 ctr yogurt for 1 qt milk	2 ctr
Eggs	1 doz	1 doz		1 dozen eggs can be swapped for 1 ctr Peanut, Nut, and Seed Butter or Beans	1 doz
Peanut, Nut, or Seed Butters and Bean 1 ctr is one of the below: <ul style="list-style-type: none"> <li>18 oz Peanut, Nut and Seed Butter</li> <li>16 oz dry Beans</li> <li>4 cans beans (15-16 oz)</li> </ul>	1 ctr	1 ctr			1 ctr 2 ctr <b>if</b> swapping Eggs for Peanut, Nut, and Seed Butters or Beans
Fish	10 oz	5 oz	Added 10oz		

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Food Category	Standard	Partial	Changes	Tailoring (done by staff)	Maximum
Hot or Cold Cereal	36 oz	18 oz			