

New Foods, More Choice, TWIST Practice

Contents

Introduction.....	1
Using TWIST Practice.....	2
New Food Package Dates in TWIST Practice.....	2
Logging into TWIST Practice	3
Agency log-in information	3
Finding Participants in TWIST Practice.....	5
Middle initial prefixes for each agency in TWIST Practice.....	6
Practice Database Participants	8
Practice Scenarios	10
Answer Key	14

Introduction

It's time to test the information you have been learning about the new food packages for participants and documenting them in TWIST. On March 10, 2025, TWIST Practice (FamilyNet Practice) mirrors what you see in TWIST Production. The environment is refreshed every month and will be kept up to date with changes to TWIST Production.

TWIST practice has some participants already entered for you to use. However, you are welcome to create your own participants and scenarios. TWIST Practice is the place to learn now and any time. We hope you will continue to use the practice environment for your agency's training needs.

A note about using templates

Using a template is the easiest and most efficient way to assign and forecast food packages. However, a modified template may not forecast with the changes you made. For example, increasing the amount of yogurt in a food package from 1 to 2 containers using a template.

The Answer Key for the Practice Scenarios assumes the forecast feature is not working. If you use the forecast feature with a template that has a modification, check the assigned food package for accuracy before saving.

Using TWIST Practice



TWIST Practice is found in Citrix as "FamilyNet Practice." This is where TWIST training is done every month. It is always available to you to use for agency training or individual practice.

New Food Package Dates in TWIST Practice

The dates for the new food package are different in TWIST Practice so you have some time to learn them. Here is how it works

- Food package assignments and issuances for March and April follow the current food packages and templates, and rules in TWIST.
- Food package assignments and issuances for May 1 and beyond use the new food packages, templates, and rules in TWIST.

This provides you the ability to see how the new food package and templates work and how you will be assigning and issuing benefits during the transition. These changes will not be available in TWIST Practice until **March 10, 2025**.

Logging into TWIST Practice



Step 1: Log in to Citrix

Step 2: Select "FamilyNet Practice"

Step 3: Log in using your [Local Agency's login credentials \(see below\)](#)

Agency log-in information

These were created long ago. "Newer" agencies have been assigned the log-in for agencies that have closed. Some names may be out of date as well. However, we did find a log-in for everyone! There is one log-in for each agency. More than one person can be logged in using this information. As always, usernames and passwords are all lowercase.

Agency	Username	Password
Baker	bakerstaff	healthy
Benton	benton	healthy
Clackamas	clackamas	healthy
Clatsop	clatsop	healthy
Columbia	columbia	healthy
Coos	coos	healthy
Crook	crookstaff	healthy
CT Warm Springs	ctwarmsprings	healthy
Deschutes	deschutes	healthy
Douglas	douglas	healthy
Gilliam	currystaff	healthy
Grant	grantstaff	healthy
Harney	harney	healthy
Hood River	hoodriver	healthy
Jackson	jackson	healthy

Agency	Username	Password
Jefferson	jefferson	healthy
Josephine	josephine	healthy
Klamath	klamath	healthy
Lake	lakestaff	healthy
Lane	lanestaff	healthy
Lincoln	lincoln	healthy
Linn	linnstaff	healthy
Malheur	malheur	healthy
Marion	marion	healthy
Multhomah NE	multnomahn	healthy
Multnomah Gateway	multnomahm	healthy
Multnomah East	multnomahe	healthy
Multnomah Call Center	multnomahe	healthy
North Central	wascosherm	healthy
Polk	polkstaff	healthy
Salud	saludstaff	healthy
Tillamook	tillamook	healthy
UMHS	umheadstar	healthy
Union	unionstaff	healthy
Winding Waters	wallowa	healthy
Washington	washington	healthy
Yellowhawk	ctumatilla	healthy

Finding Participants in TWIST Practice

Practice participants are set up for you to use in TWIST Practice. The first and last names are the same – except for the middle name. A list of names and participant category is below.

To find the participants associated with your agency in TWIST Practice, you will use the middle initial field.

Here's how that works:

- Choose the participant you would like to use from the [list below](#).
- Type the first three letters of the participants first and last name in the search field. Don't hit return yet!
For example, to search for Darla Dayton type, "day" in last name and "dar" in first name.
- Type the first three letters of your agency into the middle initial section. Hit return or search. (see screenshot below)
 - For example, for Baker County, type "bak"
- Each participant is in each county with more than one middle initial.
Middle initial options are A-M and Z for each practice participant in each agency.

Screenshot: Search results for Darla Dayton in Baker County

The screenshot shows the 'Client Search' window in TWIST Practice. The 'Last Name' field contains 'day' and the 'First' field contains 'dar'. The 'Middle' field contains 'bak', which is highlighted in yellow. Below the search fields is a table of results. The first row is highlighted in blue, showing State ID 911532, Last Name Dayton, First Name Darla, Middle Baker CHD-Baker-A, Suffix, DOB 01/01/2024, and Name Type Real. The table lists 14 results in total, with middle initials A through L.

State ID	Last	First	Middle	Suffix	DOB	Name Type
911532	Dayton	Darla	Baker CHD-Baker-A		01/01/2024	Real
1075163	Dayton	Darla	Baker CHD-Baker-B		01/02/2024	Real
198448	Dayton	Darla	Baker CHD-Baker-C		01/03/2024	Real
596115	Dayton	Darla	Baker CHD-Baker-D		01/04/2024	Real
853346	Dayton	Darla	Baker CHD-Baker-E		01/05/2024	Real
241124	Dayton	Darla	Baker CHD-Baker-F		01/06/2024	Real
700784	Dayton	Darla	Baker CHD-Baker-G		01/07/2024	Real
181246	Dayton	Darla	Baker CHD-Baker-H		01/08/2024	Real
811375	Dayton	Darla	Baker CHD-Baker-I		01/09/2024	Real
333714	Dayton	Darla	Baker CHD-Baker-J		01/10/2024	Real
35593	Dayton	Darla	Baker CHD-Baker-K		01/11/2024	Real
230972	Dayton	Darla	Baker CHD-Baker-L		01/12/2024	Real

Middle initial prefixes for each agency in TWIST Practice

Agency	Middle Initial Prefix	
Baker	Baker CHD-Baker-	
Benton	Benton CHD-Main-	
Clackamas	Clackamas-OC-	Clackamas-Sandy-
Clatsop	Clatsop CHD-Main-	
Columbia	Columbia-Main-	
Coos	Coos CHD-Coos-	
Crook	Crook-Main-	
Yellowhawk (CT Umatilla)	CT Umatilla-Main-	
Warm Springs	CT Warm Springs-WS- (Tip: You will not see the middle initial on the lookup screen because the last two characters are cut off from view)	
Deschutes	Deschutes-Main-	
UCAN/Douglas	Douglas CHD-Main-	
Gilliam	Curry-Main-	
Grant	Grant-Main-	
Harney	Harney-Main-	
Hood River	Hood River-Main-	
Jackson	Jackson CHD-Med-	Jackson CHD-WC-
Jefferson	Jefferson-Main-	
Josephine	Josephine-Main-	
Klamath	Klamath CHD-Main-	
Lake	Lake CHD-Lake-	
Lane	Lane CHD-Lane-	

Agency	Middle Initial Prefix		
Lincoln	Lincoln CHD-Lincoln-		
Linn	Linn-Main-		
Malheur	Malheur CHD-Main-		
Marion	Marion CHD-Marion-		
Multnomah	Multnomah-Call-	Multnomah-East-	
	Multnomah-Mid-	Multnomah-NE-	
North Central PHD	Wasco/Sherm-Main- (Tip: You will not see the middle initial on the lookup screen, as the last two characters are cut off from view)		
Polk	Polk CHD-Polk-		
Salud	Salud-McMinn-	Salem-Salem-	Salud-Woodburn-
	Salud-Newburg- (note: Newberg is misspelled in TWIST Practice)		
Tillamook	Tillamook CHD-Main-		
UMHS	U-M Headstart-Her-	U-M Headstart-Um-	
Union	Union CHD-Union-		
Winding Waters	Wallowa-CHD-Main-		

Practice Database Participants

See the [naming convention above](#) for the middle initials specific to your local agency.

Participant Category	Last Name	First Name
WP	Albany	Anna
C 1	Allegany	Anthony
WE	Ashland	Amy
IE 6-11	Ashland	Andrew
C 1	Bates	Brittany
WB	Billings	Belinda
IB 4-5	Billings	Billy
WE	Cheyenne	Christina
IE 6-11	Cheyenne	Christopher
WP	Creswell	Serena
C 1	Dayton	Darla
WP	Drain	Dorena
WP	Dundee	Desiree
WE	Fields	Fiona
C 2-5	Fields	Francine
IE 0-3	Fields	Freddie
C 2-5	Fossil	Fred
C 2-5	Foster	Frannie
IN 4-5	Grove	Forest
WP	Hines	Artrina
C 2-5	Jackson	John

Participant Category	Last Name	First Name
C 1	Keizer	Karina
C 2-5	Lexington	Levi
WP	Lexington	Lexi
WP	Mikkalo	Maria
C 1	Nehalem	Negril
WP	Noti	Becky
WP	Rainier	Rae Ann
WP	Redding	Maria
WP	Sandy	Samantha
C 2-5	Sandy	Serena
WP	Seaside	Samantha
C 2-5	Seaside	Sasha
WB	Spokane	Sondra
IB 4-5	Spokane	Sparky
C 2-5	Texas	Toby
IN 4-5	Tidewater	Julie
WP	Vancouver	Barbara
C 2-5	Vida	Veronica

Practice Scenarios

Below are some practice scenarios for the new food packages. You're not limited to these! Feel free to go in and poke around – see what happens when you apply different templates!

Scenario 1

You have a remote appointment with Amy Ashland and her son, Andrew. Andrew is showing great interest in eating what Mom eats and they're not using as much jarred baby food. Amy isn't ready to not use it at all, but is interested in swapping some of Andy's jarred baby food for fresh fruits and vegetables.

- What modifications can you offer this participant?
- What do you need to share with the participant about this modification?
- What choices can the family make at the store?
- Is there a template you can use? If yes, Which one? Try it out!
- How would you do this modification without a template? Try it out!

Scenario 2

You are meeting with a participant who wants bottled juice added to the benefit package for every family member.

- What modifications can you offer this participant?
- What do you need to share with the participant about this modification?
- What choices can be made at the store?
- Is there a template you can use? If yes, Which one? Try it out!
- How would you do this modification without a template? Try it out!

Scenario 3

You are meeting with a participant who would like frozen juice added to their 2-year-old's benefits.

- What modifications can you offer this participant?
- What do you need to share with the participant about this modification?
- What choices can be made at the store?

- Is there a template you can use? If yes, Which one? Try it out!
- How would you do this modification without a template? Try it out!

Scenario 4

You have a remote appointment with Christina Cheyenne and her son, Christopher. Christina wants to make her own baby food. She does not want Christopher to have manufactured baby food if possible.

- What modifications can you offer this participant?
- What do you need to share with the participant about this modification?
- What choices can be made at the store?
- Is there a template you can use? If yes, Which one? Try it out!
- How would you do this modification without a template? Try it out!

Scenario 5

Negril Nehalem is a happy and healthy 1-year-old. His caregiver would like to use low-fat yogurt for Negril.

- What modifications can you offer this participant?
- What do you need to share with the participant about this modification?
- What choices can be made at the store?
- Is there a template you can use? If yes, Which one? Try it out!
- How would you do this modification without a template? Try it out!

Scenario 6

Maria Redding is 25 weeks pregnant and reports that she has found she feels better after she started using gluten free products instead of her usual whole wheat bread.

- What modifications can you offer this participant?
- What do you need to share with the participant about this modification?
- What choices can be made at the store?

- Is there a template you can use? If yes, Which one? Try it out!
- How would you do this modification without a template? Try it out!

Scenario 7

Fiona Fields is in the office today. She is exclusively breastfeeding her twins and states that she can't eat all the eggs she gets from WIC.

- What modifications can you offer this participant?
- What do you need to share with the participant about this modification?
- What choices can be made at the store?
- Is there a template you can use? If yes, Which one? Try it out!
- How would you do this modification without a template? Try it out!

Scenario 8

Toby Texas is in for his mid-certification today. His mom says that he really liked the tofu she prepared the other night. She would like 4 containers of tofu to be added to his benefits.

- What modifications can you offer this participant?
- What do you need to share with the participant about this modification?
- What choices can be made at the store?
- Is there a template you can use? If yes, Which one? Try it out!
- How would you do this modification without a template? Try it out!

Scenario 9

Sasha Seaside and her dad are in your office for a recertification. He comments how much she loves to eat yogurt and fruit at her snack time.

- What modifications can you offer this participant?
- What do you need to share with the participant about this modification?

- What choices can be made at the store?
- Is there a template you can use? If yes, Which one? Try it out!
- How would you do this modification without a template? Try it out!

Scenario 10

Darla Dayton is in with her mom, Clair, for her mid-certification. Clair reports Darla was just diagnosed with a peanut allergy.

- What modifications can you offer this participant?
- What do you need to share with the participant about this modification?
- What choices can be made at the store?
- Is there a template you can use? If yes, Which one? Try it out!
- How would you do this modification without a template? Try it out!

Answer Key

The Answer Key for the Practice Scenarios assumes the forecast feature is not working. If you use the forecast feature with a template that has a modification, check the assigned food package for accuracy before saving.

Scenario 1

You have a remote appointment with Amy Ashland and her son, Andrew. Andrew is fully breastfeeding and showing great interest in eating what Mom eats and they're not using as much jarred baby food. Amy isn't ready to not use it at all, but is interested in swapping some of Andy's jarred baby food for fresh fruits and vegetables.

- What modifications can you offer this participant?
Andrew can swap 64 ounces of jarred fruit and vegetables for \$11 fresh fruits and vegetable benefit.
- What do you need to share with the participant about this modification?
 - ✓ Provide anticipatory nutrition education on the safe and appropriate use of fresh fruits and vegetables: Safe food preparation, storage techniques, and feeding practices.
 - ✓ Offer appropriate nutrition education materials
 - ✓ Document NE provided in one of the following places in TWIST
 - ✓ NE Topic: select "Infant FVB ed" or a combination of two topics that cover progression of textures and food safety
 - ✓ Next Steps if appropriate
 - ✓ Progress notes. If not selecting Infant FVB as an NE topic, further narrative is needed to describe the required education.
- What choices can be made at the store?
Fresh fruits and vegetables that can be prepared appropriately.
- Is there a template you can use? If yes, Which one? Try it out!
 - ✓ I-FVCM-\$
 - ✓ Reduces "Baby food – fruit/vegetables" to 64 oz
 - ✓ Adds "Fruit and vegetables – fresh/frozen/canned" amount of \$11.00
 - ✓ Forecast Module B through the end of the certification
- How would you do this modification without a template? Try it out!

Note: this is not the preferred way to make this change as there is a template available

- ✓ Reduce "Baby food - fruit/vegetables" to 64 ounces
- ✓ Add "Fruit and vegetables – fresh/frozen/canned"
- ✓ Add maximum amount available of "Fruit and vegetables – fresh/frozen/canned" which will be \$11.00
- ✓ Manually modify each month through the end of the certification

Scenario 2

You are meeting with a participant who wants bottled juice added to the benefit package for every family member.

- What modifications can you offer this participant?
Use \$3 of the fruit and vegetable benefit to add 1 ctr bottled juice.
- What do you need to share with the participant about this modification?
 - ✓ This will reduce the fruit and vegetable benefit by \$3 each month.
 - ✓ Only 1 ctr (64 ounces) of bottled juice may be added.
 - ✓ This swap can only be done one time per participant each month. The maximum juice is one ctr frozen **or** bottled juice per participant each month.
- What choices can be made at the store?
Choose a bottled juice approved on the WIC Food List. The WICShopper App scanner feature can help.
- Is there a template you can use? If yes, Which one? Try it out!
 - ✓ Yes. The J64 template automatically reduces FVB \$3 and adds 1 ctr bottled juice automatically.
 - ✓ Forecast Module B through the end of the certification.
- How would you do this modification without a template? Try it out!
Note: this is not the preferred way to make this change as there is a template available
 - ✓ Reduce "Fruit and vegetables – fresh/frozen/canned" by \$3
 - ✓ Insert Row: "64 oz bottle juice"

- ✓ Increase to 1 ctr
- ✓ Manually modify each month through the end of the certification

Scenario 3

You are meeting with a participant who would like frozen juice added to their 2-year-old's benefits.

- What modifications can you offer this participant?

Use \$3 fruit and vegetable benefit to add 1 ctr frozen juice

- What do you need to share with the participant about this modification?
 - ✓ This will reduce the fruit and vegetable benefit by \$3 each month.
 - ✓ This swap can only be done one time per participant each month. The maximum juice is one ctr frozen **or** bottled juice per participant each month.

What choices can be made at the store?

Choose an approved frozen juice from the food list.

- Is there a template you can use? If yes, Which one? Try it out!
 - ✓ Yes. The J48 template automatically reduces "Fruit and vegetables – fresh/frozen/canned" by \$3 and adds 1 container 11.5-12 oz frozen juice.
 - ✓ This swap can only be done one time per participant each month. The maximum juice is 1 ctr frozen or bottled juice per participant each month.
 - ✓ Forecast Module B through the end of the certification.

- How would you do this modification without a template? Try it out!

Note: this is not the preferred way to make this change as there is a template available

- ✓ Reduce "Fruit and vegetables – fresh/frozen/canned" by \$3
- ✓ Insert Row: "11.5 – 12 oz frozen juice"
- ✓ Increase to 1 ctr
- ✓ Manually modify each month through the end of the certification

Scenario 4

You have a remote appointment with Christina Cheyenne and her son, Christopher, who is fully breastfeeding. Christina wants to make her own baby food. She does not want Christopher to have manufactured baby food if possible.

- What modifications can you offer this participant?

Christopher can swap 128 ounces of jarred fruit and vegetables for \$22 fresh fruits and vegetable benefit.

- What do you need to share with the participant about this modification?
 - ✓ Provide anticipatory nutrition education on the safe and appropriate use of fresh fruits and vegetables: Safe food preparation, storage techniques, and feeding practices.
 - ✓ Offer appropriate nutrition education materials
 - ✓ Document NE provided in one of the following places in TWIST
 - ✓ NE Topic: select "Infant FVB ed" or a combination of two topics that cover progression of textures and food safety
 - ✓ Next Steps (if applicable)
 - ✓ Progress notes (if not selecting Infant FVB as an NE topic, further narrative is needed to describe the required education)
- What choices can be made at the store?

Fresh fruits and vegetables that can be prepared appropriately.

- Is there a template you can use? If yes, Which one? Try it out!
 - ✓ I-CM-\$
 - ✓ Reduces "baby food – fruit/vegetables" to 0
 - ✓ Adds "Fruit and vegetables – fresh/frozen/canned" amount of \$22.00
 - ✓ Forecast Module B through the end of the certification.
- How would you do this modification without a template? Try it out!
 - ✓ Reduce "Baby food – fruit/vegetables" to 0
 - ✓ Insert row: "Fruit and vegetables – fresh/frozen/canned"
 - ✓ Add maximum amount available of "Fruit and vegetables – fresh/frozen/canned" which will be \$22.00
 - ✓ Manually modify each month through the end of the certification

Scenario 5

Negril Nehalem is a happy and healthy 1-year-old. His caregiver would like to use low-fat yogurt for Negril.

- What modifications can you offer this participant?
- Children 13-23 months (C1) may have low-fat yogurt on request.
- What do you need to share with the participant about this modification?
- Negril may have low-fat yogurt. 1 quart of milk can be swapped for 1 container of yogurt. There is a new option to increase the yogurt amount to 2 ctrs.
- What choices can be made at the store?

Choose from any WIC-approved low-fat yogurt.

- Is there a template you can use? If yes, Which one? Try it out!

There is no template for this modification.

- How would you do this modification without a template? Try it out!
 - ✓ Reduce "Whole milk yogurt" to 0
 - ✓ Insert row: Add "Low-Fat yogurt"
 - ✓ Increase "Low-fat yogurt" to 1 ctr
 - ✓ If the participant requests 2 ctr yogurt:
 - ✓ Decrease milk by 1 qt using the down arrow on the keyboard
 - ✓ Increase "Low-fat yogurt" to 2 ctr.
 - ✓ Manually modify each month through the end of the certification

Scenario 6

Maria Redding is 25 weeks pregnant and reports that she has found she feels better after she started using gluten free products instead of her usual wholewheat bread.

- What modifications can you offer this participant?

There is no need to modify her food package as gluten-free whole grain products are automatically included in the whole grain benefit of WIC food packages.

- What do you need to share with the participant about this modification?
Beginning July 1, 2025, gluten-free products will be available on the WIC approved food list.
 - ✓ Share tools on the WICShopper app to help learn which foods are approved
 - ✓ Bar Scanner
 - ✓ WIC approved foods list
- What choices can be made at the store?
On July 1, 2025, any approved gluten-free products may be purchased using the whole grain benefit.
- Is there a template you can use? If yes, Which one? Try it out!
No
- How would you do this modification without a template? Try it out!
There is nothing to do in this scenario.

Scenario 7

Fiona Fields is in the office today. She is exclusively breastfeeding her twins and states that she can't eat all the eggs she gets from WIC.

- What modifications can you offer this participant?
She can swap 1 dozen eggs for 1 additional container of peanut, nut, or seed butters - or 16 ounces of dry or canned beans.
- What do you need to share with the participant about this modification?
 - ✓ This swap can be done for as many eggs are available in her food package. This is the same for any food package that contains eggs (children and adults).
 - ✓ Share the new nut and seed butter options available July 1, 2025.
 - ✓ Share how to check if new nut or seed butters are on the food list.
- What choices can be made at the store?
 - ✓ Choose any of the approved nut and seed butters or dry or canned beans in the amount issued at the store.

- ✓ Use the barcode scanner to help learn which ones are approved.
- Is there a template you can use? If yes, Which one? Try it out!
 - Yes! The “w/o Egg” template does the following:
 - ✓ Reduces eggs to 0
 - ✓ Adds 1 Peanut, Nut, Seed butters or beans, dry or canned for each dozen eggs
 - ✓ Forecast Module B through the end of the certification.
- How would you do this modification without a template? Try it out!

Note: this is not preferred if all eggs are being replaced as there is a template, though could be helpful if only 1 dozen eggs is being replaced in a food package with more than 1 dozen eggs

- ✓ Reduce eggs by desired amount
- ✓ Insert row: “Peanut, Nut, Seed butters, Beans dry/canned”
- ✓ Ensure the desired increase of nut/seed butter or beans has been added
- ✓ Manually modify each month through the end of the certification

Scenario 8

Toby Texas is in for his mid-certification today. His mom says that he really liked the tofu she prepared the other night. She would like 4 containers of tofu to be added to his benefits.

- What modifications can you offer this participant?

Tofu can be added to the food package
- What do you need to share with the participant about this modification?
 - ✓ Tofu can be added by swapping 1 quart of Milk for 1 container of tofu up to the maximum for milk.
 - ✓ Tofu can be purchased in 14–16-ounce containers. Buying 14-ounce containers is below the maximum amount allowed, but may be the best option in the store.
- What choices can be made at the store?

Choose the tofu brand you prefer, up to 4 containers. If choosing 14-ounce containers, the overall benefit received will be lower as this benefit is in quantities of containers vs ounces.

- Is there a template you can use? If yes, Which one? Try it out!
 - ✓ Yes, if Toby also has yogurt and or cheese, there is a Module A template. Options are:
 - ✓ ML-C-Y-T: Low-fat milk, cheese, yogurt, and tofu
 - ✓ ML-O-Y-T: Low-fat milk, yogurt, and tofu
 - ✓ ML-C-T: Low-fat milk, cheese, and tofu
 - ✓ Choose the appropriate template from the list above. Remember: The initial template only decreases milk by 1 quart and adds 1 container Tofu. To assign Toby 4 ctrs, complete the next two steps:
 - ✓ Decrease the milk by 3 quarts (using keyboard down arrow to decrease by the quart).
 - ✓ Increase the tofu to 4 ctrs.
 - ✓ Modify the template in this way each month through the remainder of the certification.
- How would you do this modification without a template? Try it out!

Note: this is not the preferred method.

 - ✓ Decrease low-fat Milk by 4 qts using the down arrow button on the keyboard.
 - ✓ Insert row: Tofu
 - ✓ Increase Tofu to 4 ctrs.
 - ✓ Manually modify each month through the end of the certification.

Scenario 9

Sasha Seaside and her dad are in your office for a recertification. He comments how much she loves to eat yogurt and fruit at her snack time.

- What modifications can you offer this participant?

Sasha can have up to 2 containers of low-fat or non-fat yogurt in her food package.
- What do you need to share with the participant about this modification?
 - ✓ Sasha can increase to 2 containers of yogurt in her food package by decreasing milk 1 quart and increasing the yogurt by 1 ctr.
 - ✓ The most yogurt Sasha can have is 2 containers.

- What choices can be made at the store?
 - ✓ Choose from any of the yogurts on the WIC approved food list in the low-fat/nonfat section.
 - ✓ Offer shopper education related to using the barcode scanner to see which yogurts are approved.
 - ✓ July 1, 2025 many new yogurt flavors and brands will be added.
- July 1, 2025, some yogurts that no longer meet the nutrition requirements will be removed from the approved food list.
- Is there a template you can use? If yes, Which one? Try it out!
 - ✓ The template to choose will depend on options for cheese or tofu. They all offer 1 ctr yogurt. Here are the options:
 - ✓ ML-O-Y: Low-fat milk, yogurt
 - ✓ ML-O-Y-T: Low-fat milk, yogurt, tofu
 - ✓ ML-C-Y: (the standard package) Low-fat milk, Cheese, yogurt

Remember: the template reduces milk by 1 qt and adds 1 ctr of yogurt.

- ✓ If Sasha wants 2 ctrs yogurt:
 - ✓ Decrease low-fat milk by 1 qt using the down arrow on your keyboard
 - ✓ Increase low-fat/nonfat yogurt by 1 ctr.
 - ✓ Increase the yogurt to 2 ctrs each month through the remainder of the certification.
- How would you do this modification without a template? Try it out!

Note: It is ideal to use a template for this change. The standard food package in Module A includes yogurt.

- ✓ If Sasha wants 2 ctrs yogurt:
 - ✓ Decrease low-fat milk by 1 qt using the down arrow on your keyboard.
 - ✓ Increase low-fat/nonfat yogurt by 1 ctr.
 - ✓ Manually modify each month through the end of the certification

Scenario 10

Darla Dayton is in with her mom, Clair, for her mid-certification. Clair reports Darla was just diagnosed with a peanut allergy.

- What modifications can you offer this participant?

Darla may choose a different nut butter or dry or canned beans instead of peanut butter. (this category expands July 1, 2025)

- What do you need to share with the participant about this modification?
 - ✓ Before July 1, offer the w/o Peanut butter option. This removes peanut butter and leaves canned/dry beans.
 - ✓ Share the expanded nut and seed butter options beginning July 1, 2025.

- What choices can be made at the store?

After July 1, she can choose different nut or seed butters.

- Is there a template you can use? If yes, Which one? Try it out!
 - ✓ Before July 1, use the w/o PB template to remove peanut butter from the food package.
 - ✓ Starting with the July Food package, there is no need to make a modification. The w/o PB template is no longer available. Darla will receive the standard package for Module B and the choices at the store expanded.
- How would you do this modification without a template? Try it out!
 - ✓ Before July 1, reduce Peanut Butter to 0.
 - ✓ Starting with the July Food package, there is no need to make a modification. The w/o PB template is no longer available. Darla will receive the standard package for Module B and the choices at the store expanded.