

Level 3 Certifier Academy Application



3/14/2019

We will begin accepting applications for certifiers to attend the Level 3 Certifier Academy in May. The Academy is a chance for up to 20 Oregon WIC certifiers to build more advanced nutrition-focused counseling skills, such as critical thinking, application of nutrition information to specific counseling situations, and reflective practice – similar to what was presented at the 2 RENEW trainings offered in 2018.

The Level 3 Certifier Academy consists of 2 parts:

1. A 7-month learning cohort conducted via Skype; followed by,
2. A one-day face-to-face training held at the State WIC Office in Portland.

Who can apply?

To be eligible for the Certifier Academy, you must:

- Be working as a WIC certifier (CPA);
- Have completed all the required Level 1 and 2 training modules, online courses, and the Certifier's Guide;
- Have been working as a certifier for 6 months or more;
 - We highly recommend that any certifier that did not attend both RENEW trainings participate.
 - Priority will be given to certifiers with less than 2 years of WIC counseling experience.
- Have permission from their WIC coordinator and training supervisor to participate;
- Be able to commit to participating in the conference calls via Skype (for the learning cohort);
- Be able to complete the reflective practice activities that are part of the cohort;
- Be able to attend a 1-day training;
- Applicants will not need to participate in the learning cohort in order to attend the face-to-face training, but it is highly recommended. Priority to attend the April 2020 face-to-face training will be given to members of the Learning Cohort.

What is the time commitment to participate in the Certifier Academy?

Learning Cohort

- Skype kick-off meeting on 9/10/2019 from 8:30 a.m. to 12:30 p.m.
 - At this meeting, you will:
 - Meet your fellow cohort members and develop group agreements;
 - Discuss using critical thinking as a WIC certifier;
 - Review elements of advanced nutrition-focused counseling;
 - Learn how to incorporate reflective practice and observations into your continuous learning plan;
 - Select conference call topics and case studies ideas.
- 6 one-hour monthly conference calls from 8:30 a.m. to 9:30 a.m. on the 2nd Tuesday of the month
 - October 8, 2019
 - November 12, 2019
 - December 10, 2019
 - January 14, 2020
 - February 11, 2020
 - March 10, 2020
- Each conference call will have a facilitated discussion topic with a subject matter expert, a case study review, and possible short follow-up activities or practice to do in the clinic.



Face-to-face Level 3 counseling training.

- The 1-day (9 a.m. to 4 p.m.) face-to-face training will be in April 2020 (date to be determined) at the State WIC Office in Portland, so additional travel time may be required to attend.
- Attending in person will provide the best learning experience for staff, but we are hoping to provide a way to participate remotely if it is needed.
- Priority for attendance will be given to staff who participate in the Learning Cohort.



After attending this training, staff will:

- Recognize change talk, ambivalence, resistance and use motivational interviewing techniques to address them during counseling;

- Use brain science concepts to recognize signs of activation and resistance in themselves and others;
- Analyze trauma and resilience informed strategies that can be used to navigate difficult counseling situations.

What financial support will there be for participation?

- The State WIC office will provide a computer headset that can be used to participate in the Skype calls.
- Standard state travel reimbursement will be provided to attend the face-to-face training (mileage, per diem, lodging depending on distance traveled.)
- After staff participate in the 4-hour kick-off Skype call, your agency will receive a grant adjustment of \$120.00 to help offset the cost of staff time.

To apply:

Follow the SurveyMonkey Link to submit your application by 5/31/2019.

We will accept later applications if space allows.

Level 3 Certifier Academy Application

Follow the SurveyMonkey link to complete this application by 5/31/2019.
(We will accept later applications if space allows.)



Name:

Agency:

Email address:

Phone number:

Date you were hired as a certifier (must be prior to 3/1/2019):

Date you successfully completed all Level 1 and 2 required certifier training (must be prior to 8/31/2019):

Name of your supervisor:

Supervisor email address:

Indicate which parts of the academy you would like to attend:

- Both the Learning Cohort and the Face-to-face training
- The Learning Cohort only
- The Face-to-face training only

Answer the following questions. (Free form)

What has been your biggest challenge as a WIC Certifier?

How do you hope attending the Certifier Academy will help you meet that challenge?

What would be one thing you would most like to talk with other certifiers about while attending the Certifier Academy?