

# RENEW *Review*

January 2018

Renew counseling: Skilled staff; Nutrition-focused

The goal for the Renew initiative in 2018 is to support WIC staff in providing nutrition-focused services that acknowledge and accommodate the unique circumstances of individual families. We will re-focus on participant centered services (PCS). This year we plan to send out a short Renew Review activity each month, that will give you a chance to reflect on PCS skills that help us in our work. Try the activity on your own or with others from your agency.

## Participant Centered Services Resources on Our Webpage

What PCS skill would you like to improve? Reflections, Summaries?  
Something else? There are lots of resources on the PCS webpage that might remind you of something to try with participants.

### Review Activity:

1. Check out the resources on the [PCS webpage](#).
2. Which resource would you like to review?
3. How will you practice that skill for the next week?
4. Share with a co-worker how that went. What went well? What would you do differently?