

RENEW counseling: Skilled staff; Nutrition-focused

Try the activity on your own or with others from your agency.

RENEW Review Activity:

1. Watch a video about bias. Here are several good options:
 - a. [We all have implicit biases](#). So what can we do about it? | Dushaw Hockett | TEDxMidAtlanticSalon
 - b. [Are you biased? I am](#) | Kristen Pressner | TEDxBasel
 - c. [Implicit Bias](#) -- how it effects us and how we push through | Melanie Funchess | TEDxFlourCity

2. Implicit biases are pervasive—we all have them. Our brain creates stereotypes in order to establish patterns which create shortcuts for our brain. These stereotypes can be positive towards certain groups and negative about others. What are some stereotypes that might exist within the WIC world?

3. How might bias impact interactions with participants in these situations?
 - Caregiver who uses marijuana
 - Overweight child
 - Overweight pregnant woman
 - Caregiver who puts soda in bottle
 - Mom who is breastfeeding after age 2
 - Interacting with a person who isn't your race
 - Caregiver who ignores child during appointment. The child is screaming and making a mess in the clinic.