

# 😊 Job Aid: Growth Charts

## Chapter 3: Client Processes

### Section 3: Assessment

#### Lesson: Anthropometric/Biochemical for an Infant/ Child

Growth charts are an important resource for assessing the growth and weight gain of infants and children. A variety of chart options are available for viewing in TWIST when the “View Graphs” button is selected on the Medical Data tab in the Infant/Child certification section.

| Participant Age         | Charts  | When would these charts be plotted by TWIST?  |
|-------------------------|---|---|
| Birth through 23 months | Head Circumference (0-36 months)<br>WHO Length for age (0-23 months)<br>WHO Weight for age (0-23 months)<br>WHO Weight for length (0-23 months)   | <ul style="list-style-type: none"> <li>• WHO graphs for everyone</li> <li>• WHO adjusted age for preterm infants</li> <li>• Head circumference when measurement taken</li> </ul>  |
| 24 to 36 months         | BMI for age (2-6 years)<br>Head circumference (0-36 months)<br>Height for Age (2-6 years)<br>Length for Age (0-36 months)<br>Weight for Age (0-36 months)<br>Weight for Age (2-6 years)<br>Weight for Length (0-36 months)<br>WHO Weight for Age (0-23 months)<br>WHO Length for Age (0-23 months)<br>WHO Weight for Length (0-23 months) | <ul style="list-style-type: none"> <li>• BMI and CDC height for age with standing heights</li> <li>• CDC length for age and weight for length with recumbent lengths</li> <li>• CDC weight for age for everyone</li> <li>• WHO graphs when data from birth through 23 months is available</li> <li>• Head circumference when measurement taken</li> </ul> |
| 36 to 60 months         | BMI for age (2-6 years)<br>Height for Age (2-6 years)<br>Weight for Age (2-6 years)<br>Weight for Height (2-6 years)<br>WHO Length for age (0-23 months)<br>WHO Weight for age (0-23 months)<br>WHO Weight for length (0-23 months)   | <ul style="list-style-type: none"> <li>• BMI with standing height</li> <li>• CDC height for age with standing or recumbent lengths</li> <li>• CDC weight for age and weight for height for everyone</li> <li>• WHO graphs when data from birth through 23 months is available</li> </ul>  |