

## Job Aid

# One-year certifications and the Mid-Certification Health Assessment

[TWIST User Manual](#): Chapter 3, Section 8, Lesson 803: [Updating Client Information Mid-Certification](#)

### Certification periods – [Policy 600](#)

- Breastfeeding adults can be certified up to one year from their baby's date of birth.
- Infants enrolled from 0 to 6 months of age are certified until the month of their first birthday.
- Infants enrolled from 7 to 12 months of age will be certified for six months.
- Children will be certified for twelve months until the month of their fifth birthday.
- Nutrition Education (NE) must be provided quarterly during these certification periods.

### Mid-Certification Health Assessment (MCHA) – [Policy 646](#)

- Breastfeeding adults and infants will be scheduled for a MCHA between five and eight months after delivery.
- Children will be scheduled for a MCHA six months after the certification start date.
- TWIST automatically generates mid-certification appointment requests for an **MW** (mid-cert for adults), **MI** (mid-cert for infants), or an **MC** (mid-cert for children).
- Do not withhold benefits if the MCHA is not completed on time or participant refuses appointment.

Category or age at initial certification	Schedule Quarterly NE	Timing for MCHA generated by TWIST	Schedule Quarterly NE	Timing for recertification
Breastfeeding adult	2 to 3 months after initial certification	5 to 7 months postpartum	2 to 3 months after MCHA	None. Graduates from WIC one year postpartum
Infant 0 to 2 months	3 to 4 months of age	6 months of age	2 to 3 months after MCHA	12 months of age
Infant 3 to 4 months	4 to 6 months of age	8 months of age	2 to 3 months after MCHA	12 months of age
Infant 5 to 6 months	8 to 9 months of age	None	None	12 months of age
Infant 7 to 12 months	3 to 4 months after initial certification	None	None	6 months after initial certification
Child 13 to 60 months	2 to 3 months after initial certification	6 months after initial certification	2 to 3 months after MCHA	12 months after initial certification

## Sample NE and multiple month benefit issuance for low-risk infant, breastfeeding adult, and child

**Scenario:** Adult was on WIC while pregnant. They fully breastfeed until infant starts supplemental formula at 3 months of age. Adult continues to mostly breastfeed to 1 year postpartum. Adult enrolls 2-year-old child the same month that infant was born.

	January	February	April	July	October	January
Infant age in months	0	1	3	6	9	12
Appointment types and actions	<p>Infant is born</p> <p>Adult already enrolled as WP and has benefits issued</p>	<p><b>NI:</b> Enroll infant</p> <p><b>RP:</b> Recert adult as WE</p> <p><b>NC:</b> Enroll child</p> <p>Benefits issued for February-April</p>	<p><b>IE:</b> Quarterly NE</p> <p>Infant starts supplemental formula</p> <p>Change adult to WB and infant to IB</p> <p>Benefits issued for May-July</p>	<p><b>MI:</b> Infant MCHA</p> <p><b>MW:</b> Adult MCHA</p> <p><b>MC:</b> Child MCHA</p> <p>Benefits issued for August-October</p>	<p><b>IE:</b> Quarterly NE</p> <p>Benefits issued for November-January</p>	<p><b>RC:</b> Recert child</p> <p><b>RI:</b> Recert infant</p> <p>Adult certification ends</p> <p>Benefits issued for February-April</p>