Chapter 3: Client Processes
Section 4: First Nutrition Education Contact
Lesson: Interventions

Objectives:

Upon completion of this lesson the user will be able to:

• utilize “Last Visit Summary” and “Risks/Interventions” screens; and
• explain and utilize nutrition education interventions.

Oregon Policies:

♦ 800 Nutrition Education: Introduction and Overview
♦ 810 Nutrition Education: Making Education Available
♦ 820 Nutrition Education: Participant Contacts
♦ 830 Nutrition Education: Documentation

Overview:

TWIST provides you with a variety of screens to document client’s information. The “Last Visit Summary” and “Risks/Interventions” screens consolidate information and are a useful starting point for providing nutrition education.

Instruction:

Accessing the “Last Visit Summary” Screen

This screen can be used to view nutrition education information from the client’s last visit.

The starting point for this lesson is:

Client Processes ⇒ Certification ⇒ Woman ⇒ Nutrition Education Plan

♫ NOTE: At an initial certification visit all sections will be blank.

♫ NOTE: This screen will be covered in Chapter 3 Lesson 900 Individual Follow-up and Chapter 3 Lesson 700 Recertification.

Accessing the “Risks/Interventions” Screen

The starting point for this section is:

Client Processes ⇒ Certification ⇒ Woman ⇒ Nutrition Education Plan
1. **Click the “Risks/Interventions” tab to view the screen.**
   - The client’s **“Risks/Interventions”** are displayed.
   - The combined **“Risk Factors”** from the **“Health History”** screen and **“Diet Assessment”** screen are displayed.
   - System assigned risks will be displayed in bold.
   - Intervention recommendations assigned to the risk can be viewed here.

2. **To add additional risks, click the “Insert” icon.**
   - The **“Visit Date”** field defaults to the current date, but may be modified.

3. **Tab to the “Risk Code” field and use the drop down arrow to select the risk you wish to add.**
   - If an intervention is associated with the risk it will be displayed.

4. **Double click on an “Intervention” to view the complete information about the recommended intervention.**
   - The complete intervention will be displayed in the **“Intervention Text”** pop-up.
5. **Click “OK” or “Cancel” to close the pop-up.**

6. **Tab to the “Risk Level” field.**

   This field defaults to a system generated risk level based on the client’s risks, but it may be modified using the drop down menu.

   ♫ **NOTE:** The “**Priority**” field defaults to the appropriate priority and may not be changed.

7. **Save.**

### Adding a Local Intervention

The starting point for this section is:

Client Processes ⇒ Certification ⇒ Woman ⇒ Nutrition Education Plan

1. **Double click on the Intervention Text line for the risk code for which you are adding text.**

   - The upper box is display only and may contain the state intervention text.
   - The lower box is for the local intervention text. The cursor will appear in the lower box for you to begin typing.

2. **Type your intervention text in the lower box.**

3. **Click “OK.”**

   **Save.**

### Tips and Shortcuts:

- Risks may be added in this screen but can be deleted only in the “Health History - Risk Factors” and “Diet Assessment - Risk Factors” screens.
- To remove a blank row before a risk is assigned use the “Remove” icon.

### Practice Activities:

Use the client from the ✏ Activity Sheet for this practice.

The starting point for this activity is:

Client Processes ⇒ Certification ⇒ Woman ⇒ Nutrition Education Plan

1. **Click the “Risk/Interventions” tab at the bottom of the screen.**
2. Click on the “Open” icon to access “Client Search” and select the client from your Activity Sheet.
3. Click the “Return with Client” button.
4. Review the information displayed.
5. Double click on a risk to view the “Intervention” pop-up.
6. Click “OK” to close the pop-up.
7. Click on the “Visit Date” field and click the “Insert” icon to add a blank row.
8. Tab to “Risk Code” and select a risk from the drop down list.
9. Tab to the “Risk Level” field and select the change the risk level.
10. Save and exit.

**Skill Check:**

Retrieve a client for client primary.

Find a partner for this activity. You and your partner will take turns counseling each other on a nutrition education topic. Be sure to use the client name listed on the Activity Sheet.

1. Access the complete “Intervention” for help with the counseling topic you choose.

2. *Print the “Intervention Text” pop-up that you use.* Write your name on the print out and turn it in to the instructor.

**Notes:**