2023 WIC Nutrition Services Plan (NSP) Form

**County/Agency:**

**Date:**

**Person Completing Form:**

**Phone Number:**

**Email Address:**

See guidance for instructions on how to complete this form. Once completed, save it as a Word document (not a PDF). Send the completed NSP form *and* the Breastfeeding Assessment by email to your Nutrition Consultant **on or before Friday, 12/16/2022.** Contact your Nutrition Consultant with any questions.

|  |
| --- |
| **Goal 1 – Breastfeeding: Participants will be prepared and supported during the early weeks of breastfeeding.** |

Note:  This goal is a continuation of the 2022 NSP. Year 1 activities focused on breastfeeding education provided in the late prenatal time frame. The focus for Year 2 is on the early postpartum period.

**Year 2 Objective:** During the early postpartum period, local agency staff will check in with participants who arebreastfeeding to ensure parents have the information and support needed for this challenging period. The contact will be documented in the participant’s record. 

**Year 2 Activities:**

1. Local agency Breastfeeding Coordinator will complete the new 2023 Breastfeeding Assessment (attached to email) with input from the certifying staff.
2. Using assessment results, local agency will implement at least one strategy to strengthen or expand the breastfeeding education, services or support provided to parents during the early postpartum period.

**Record the planned Activity in the box below. Include *what* action will be completed, *which* staff will be involved, *when* the activity will occur or the expected timeline, and *how* you will evaluate whether the activity was completed or not.**

|  |
| --- |
| Goal 2 – The new data system (OTIS) will be used to strengthen counseling skills, nutrition education, and documentation of participant contacts. |

**Objectives:**

1. To prepare local agency WIC staff for the data system change that will occur in 2023.
2. To increase staff knowledge of the operational differences between TWIST and OTIS, including some new elements and features.
3. To identify local agency training needs pertinent to the preparation and rollout of OTIS.
4. To successfully implement OTIS in each local agency.

**Activities:**

1. Complete the OTIS Readiness Guide which the state agency will release prior to rollout. Include all staff in communications and preparations for OTIS.
2. Discuss as a staff the most effective ways to streamline clinic flow and processes in preparation for the changes that will occur with OTIS, like electronic signatures, and the saving of forms within the OTIS system.
3. The state agency will provide information on specific policy changes that will occur with the implementation of OTIS. Share with all local agency staff and discuss the impact on operations in your agency.
4. When available, familiarize certifiers with the new diet, health, and breastfeeding questionnaires, as well as the nutrition care plan for high risk and professional discretion high risk (PDHR) participants in OTIS. Discuss how these new elements will assist with assessment, nutrition-focused counseling, and documentation.
5. Identify any resources needed to enhance the training and rollout process in your agency.

|  |
| --- |
| **Goal 3 – Optional**  **Your agency may choose to develop a new goal/objective/activity, to continue one from the 2022 NSP, or to leave this blank. Contact your Nutrition Consultant if you have questions, or if you want to talk through ideas.**  Areas to consider: Revisions to your referral data base, ideas for reaching out to high risk populations in your area, connecting with community partners to share information about WIC, improving the clinic environment, or ways to enhance WIC services with improved clinic flow, procedures, or technology. |

**Goal:**

**Objective(s):**

1.

2.

**Activity or activities:**

1.

2.