

# Oregon WIC Program

## Approved 100% Whole Wheat Bread

Effective February 1, 2021

- 16 to 32 oz. loaf of bread, any brand
- Must say “100% whole wheat” on the label

### Not allowed

- No light or “lite” bread
- No organic

### Choose from these brands:

- Abiqua Farms
- Country Oven
- Franz
- Fred Meyer
- Great Value
- Kroger
- Nature’s Own
- Open Nature
- Oroweat
- Portland French Bakery
- Private Selections
- QFC
- Safeway
- Sara Lee
- Standish Farms
- Western Family
- Wheat Montana Farms
- WinCo Foods