WIC Health Resources

- Website address for participants:  [https://www.wichealth.org/](https://www.wichealth.org/)

- Website address for staff:  [https://www.wichealth.org/support](https://www.wichealth.org/support)

  - wichealth Academy – Available on the wichealthsupport website; includes 30 training videos on how to successfully implement and use both wichealth and wichealthsupport.

  - wichealth Help Desk – There are 3 ways to request assistance for any issues that arise.
    - Click the Help button available on the website
    - Email help@wichealth.org
    - Call 855-411-0233

    For each method, leave a message and someone will get back to you within 24 hours.

- Frequently Asked Questions
  A list of frequently encountered problems (and solutions!) is available on the wichealthsupport website.

- To view one or more WIC Health lessons, log in to the wichealthsupport website, scroll to the bottom of the page and click on one of these selections:
  - Log In as Client - English
  - Log In as Client - Spanish

- Health eKitchen
  A variety of recipes using WIC foods, preparation videos and lovely food photographs are available on the Health eKitchen website. Access it through the wichealth home page – it is just below the button for lessons. Check it out!