

HIV testing during pregnancy

Many people who have HIV don't know they are infected. If you have HIV, you could give the virus to your unborn baby as well as other loved ones.

Why should I get an HIV test?

Women with HIV can get treated during pregnancy and lower the chances of giving HIV to their babies.

Where can I get an HIV test?

- An HIV test should be ordered with your other prenatal lab tests.
- Ask your prenatal care provider to make sure the HIV test is done.
- Most local health departments offer free or low-cost HIV tests.
- Other health clinics, such as Planned Parenthood, also do HIV tests.

What if the test is positive for HIV?

- If you have HIV, your health care provider will help you get treatment. Treatment will nearly eliminate the chance of giving HIV to your baby. It may also help you live a longer, healthier life.
- DO NOT breastfeed your baby. HIV is found in breast milk and can infect your baby after he or she is born.
- Your sex partner(s) should be tested for HIV. If you use drugs and share equipment with others they should be tested, too.

For more information

HIV Program

971-673-0153

Oregon AIDS/STD Hotline

1-800-777-2437

Northwest Mothers Milk Bank

www.nwmmb.org

**Human Milk Banking Association
of North America**

www.hmbana.org