

Mental Health Expansion Grant (MHEG): Youth-Led Projects

Grant Requirements 2025 – 2027:

- Awardees must be a sponsoring agency of a certified SBHC at time of award
- Awardees must implement at least two youth-led projects:
 - At least one SBHC focused project
 - At least one mental health focused project
- Grant funding must be used to support Youth-Led Projects at the SBHC host school(s).
- Awardees must implement programs that are inclusive and welcoming for youth from diverse backgrounds.
- Awardees must demonstrate a plan to promote health equity with a focus on mental health prevention through their projects (e.g., culturally specific suicide prevention programming, youth led education / media projects focused on BIPOC and LGBTQ2SIA+ students, community health summits in rural communities, coordination with SBHC staff to improve language access, etc.)
- Awardees must identify at least one entity to partner with outside of their organization. (e.g., a culturally specific or regionally appropriate community-based organization, a school-based club / group, etc.). This partnership can be determined over time to ensure the focus is determined by youth input.
- Awardees must demonstrate a plan for building and sustaining youth engagement over time.
- Awardees must participate in check-in calls with the State Program Office
- Awardees must submit two narrative reports, due July 15th, 2026, and July 15th, 2027. The State Program Office will provide a template for reports.
- Awardees must identify a primary contact for communications regarding project implementation, grant spending, year-end reports and check-in calls.

Eligible use of funds:

- Grant funding may be used for staff salary and associated costs for staff directly supporting grant including benefits, travel, training or conference attendance.
- Grant funding may be used for supplies necessary to implement projects or host events.
- Grant funding may be used for meeting supplies, including food.
- Grant funding may be used to provide stipends for youth participants (ongoing or one-time)
- Grant funding may be used to hire interns
- Grant funding may be used to contract with youth serving agencies, including community-based organizations
- Grant funding shall not be used for advocacy, such as attendance or transportation to lobbying events in Salem.