



SBHC Coordinators Meeting

October 11, 2018



“The school based health center has been an amazing resource that helped me get back on track. It has been helpful to have an easy access health center at the school when life is so hectic.”

“I love all of the people that work inside my school based health center and have a great relationship with all of them. This is a safe and caring environment and I'm happy to have it.”

“They are like my second mom. They always take care of me and make sure I'm not missing any classes.”

“I feel safe and loved for the first time ever when I step in the health center, because I'm scared of my home and school life.”

“I don't know what I would do without the health center. Very thankful.”

“This health center is a place for me to go, so I don't miss as many classes, and where I can feel confident about the care I'm going to receive. If this wasn't here and I had gone into the ER, I would have missed third period to maybe even the end of the day. I was able to get a shot which is very unsettling for me to do, without much pain, and or fear, I feel these kind of health centers should be in every school, so that way kids like me have a place to go when their parents work so many hours.”

WELCOME SBHC Fall Coordinators Meeting



Introductions



Adolescent and School Health Programs

- Adolescent Health Policy and Assessment
- School-Based Health Centers
- School Nursing
- Youth Sexual Health



Our Goals

- Improve access to quality health services and health education for all youth in Oregon.
- Provide partners with opportunities to build capacity, learn new information, and improve practice in order to better meet the needs of all youth in Oregon.
- Illuminate the strengths and needs of all youth in Oregon through collection, analysis and dissemination of accurate and timely data.

SBHC State Program Office Team



Jessica- Adolescent &
School Health Manager



Rosalyn – Team Lead
Kate -School MH Specialist
Vacant - *Systems Development Specialist*



Karen – Public Health Nurse
Rebecca– Public Health Nurse



Derek –Administrative
Specialist



Sarah – Epidemiologist/ Health
Economist
Loretta – Research Analyst
Kavita – Research Analyst

SBHC State Program Update



Budget/Legislative



- Biennial 2017-2019 Budget is stable.
- OHA Agency Request Budget includes an ask to replace OMMP dollars with general fund dollars.
- The OHA Agency Request Budget has youth-focused Policy Option Packages.

OHA Youth-Focused Policy Option Packages

- **Expand Behavioral Health Services for Children and Youth in Schools and for Suicide Intervention & Prevention; Develop Adult Suicide Prevention Plan (\$13 million):**
 - Prevention & early intervention
 - Access **Increasing mental health providers in a school setting;**
 - Infrastructure

OHA Youth-Focused Policy Option Packages

- **Establish Office of Child Health (\$800,000):** Improving prenatal and early childhood health is Governor's priority, as exemplified through the Governor's formation of the Children's Cabinet
- **Universal Family Linkages and Home Visiting (\$9 million):** Creates a preventive system of care for families and delivers a universal, short-term, postnatal nurse home-visiting program for all Medicaid covered/eligible infants.
- **Intensive In-Home Behavioral Health Services (\$20 million):** Institute and expand an intensive community-based level of care within Oregon's Intensive Treatment Services. Fund a level of care for youth with high needs in a more integrated setting.



SPO-LPHA Contracting

Background: SPO is exploring a potential policy change regarding how funding for SBHCs is dispersed by OHA's Public Health Division, specifically contracting agreements. Currently, only local public health authorities (LPHAs) may receive state SBHC funding through the county Financial Assistance Agreements ([Program Element 44](#)).

Progress-to-date:

- Survey sent to all LPHA Administrators
- Survey results shared with CLHO subcommittee
- Stakeholders workgroup convened and developed a policy recommendation
- Survey sent to all SBHC partners closed on November 1.

SPO-LPHA Contracting

SBHC Contracts Workgroup

- Three meetings with representatives from LPHAs that are and are not current medical sponsors, non-LPHA medical sponsors, local mental health agencies, school districts, the Oregon School-Based Health Alliance, and the Public Health Division Policy and Partnerships Office.
- Reviewed impact and considerations:
 - **Administrative Burden:** LPHA, Medical Sponsors, SPO
 - Fairness across jurisdictions **1st Right of Refusal**
 - **Role of LPHA**
 - **Impact on care: access, quality, cost**
 - Impact on school district partnerships
 - Alignment with other state programs and PH Modernization
 - **MH Expansion Grant**

SPO-LPHA Contracting

Proposed Policy Recommendation

- LPHAs would be given the “first right of refusal” for SBHC contracts with the state.
 - LPHAs would choose to either manage SPO contracts and receive state SBHC funding (operate similar to current policy) or have the SPO contract directly with non-LPHA medical sponsors, and therefore directly fund the medical sponsor.
 - If the LPHA is not the direct recipient of the SBHC funding, the LPHA would not be accountable for contract requirements, including contract monitoring and oversight.

SPO-LPHA Contracting

Proposed Policy Recommendation

- LPHA would determine the contract relationship with the SPO for each medical sponsor in their county.
- Contract agreements would be reviewed with LPHAs each biennium when contracts are renewed, when there is medical sponsor change and when new SBHCs open.
- Funding awards and contracts to LPHAs and non-LPHAs will include all state funding for that SBHC. That include SBHC base funding, Mental Health Expansion Grant awards and any additional SBHC grants or funding opportunities.
- Contract agreements regarding SBHC Planning Grant awards will be considered separately with the LPHAs.

SPO-LPHA Contracting

Additional Implementation Activities

- SPO will create a “first right of refusal” process.
- SPO will revise SBHC Standards for Certification to include a new requirement for to have an SBHC Advisory Committee, which would include representation from medical sponsors, school(s)/school district, LPHA, other health or community partners.

NEXT STEPS

- **Survey sent to SBHC field (medical sponsors and LPHAs) on recommendation. → Closes November 1st**
- Present to CLHO- subcommittee for feedback and/or approval.
- Work through suggestions and CLHO committees
- No changes before July 1, 2019



Data Updates

- Public Health Surveillance
- New SBHC Research
- SBHC Data Updates
 - 2018-19 Satisfaction Survey
 - 2016-17 SBHC Primary Care Revenue Information
 - SBHC Utilization Snapshot: 2016-18
 - Well Care Visits
 - Immunizations



Youth Public Health Surveys

- Starting in 2020, new Oregon Student Health Survey to assess health needs, behaviors, attitudes of Oregon youth
- Combines Oregon Healthy Teens (8th/11th, odd years) and Student Wellness Survey (6th/8th/11th, even years)
- Will survey 6th, 8th and 11th graders (online & paper)
- Hope to survey more kids
- SPO sent out survey a few weeks ago on how you use OHT/SWS data
- SBHC schools are important to this effort!
- Starts Spring 2020

New Research! SBHCs, LGBT Youth & Mental Health

Zhang, L., Finan, L.J., Bersamin, M. & Fisher, D.A. (2018). Sexual orientation-based depression and suicidality health disparities: The protective role of School-Based Health Centers. *J of Research on Adolescence*, in press, 1-9.

- 2015 Oregon Healthy Teens 11th grade survey: Do SBHCs support mental health indicators among sexual minority youth?
- 11% of 11th graders identified as lesbian/gay, bisexual, “something else” or unsure in both SBHC and non-SBHC schools
- Attending an SBHC school was related to reduced mental health risks for sexual minority youth
 - Past year depression (30% lower)
 - Suicidal ideation (34% lower)
 - Suicide attempt (43% lower)
- Controlled for sex, race/ethnicity, free/reduced lunch, school type, school size

But First! Using Your Data...



- We LOVE it when you use your data
- Advocacy, QI, school boards, community meetings, etc.
- Context really matters!
- If you share any of the data we give you, we'd love to know!
- Email us: sbhc.program@state.or.us

2018-19 Satisfaction Survey

- Paper packets and iPad survey files were sent out
- Complete at least 10 surveys to receive a detailed, individual SBHC report
- PCPCH sites – complete 30 surveys for each primary care provider over 2 years
- Mid-year deadline is January 15th 2019 – sites must submit/sync a subset of their required surveys
- Loretta will send out monthly updates with counts of completed surveys

2016-17 SBHC Primary Care Revenue

- What's new this year: separated mental health/behavioral health revenue from physical & dental health
- BH funding is really really complicated!
- 2016-17 reports only reflect primary care/dental revenue



2016-17 SBHC Primary Care/Dental Revenue Overview*

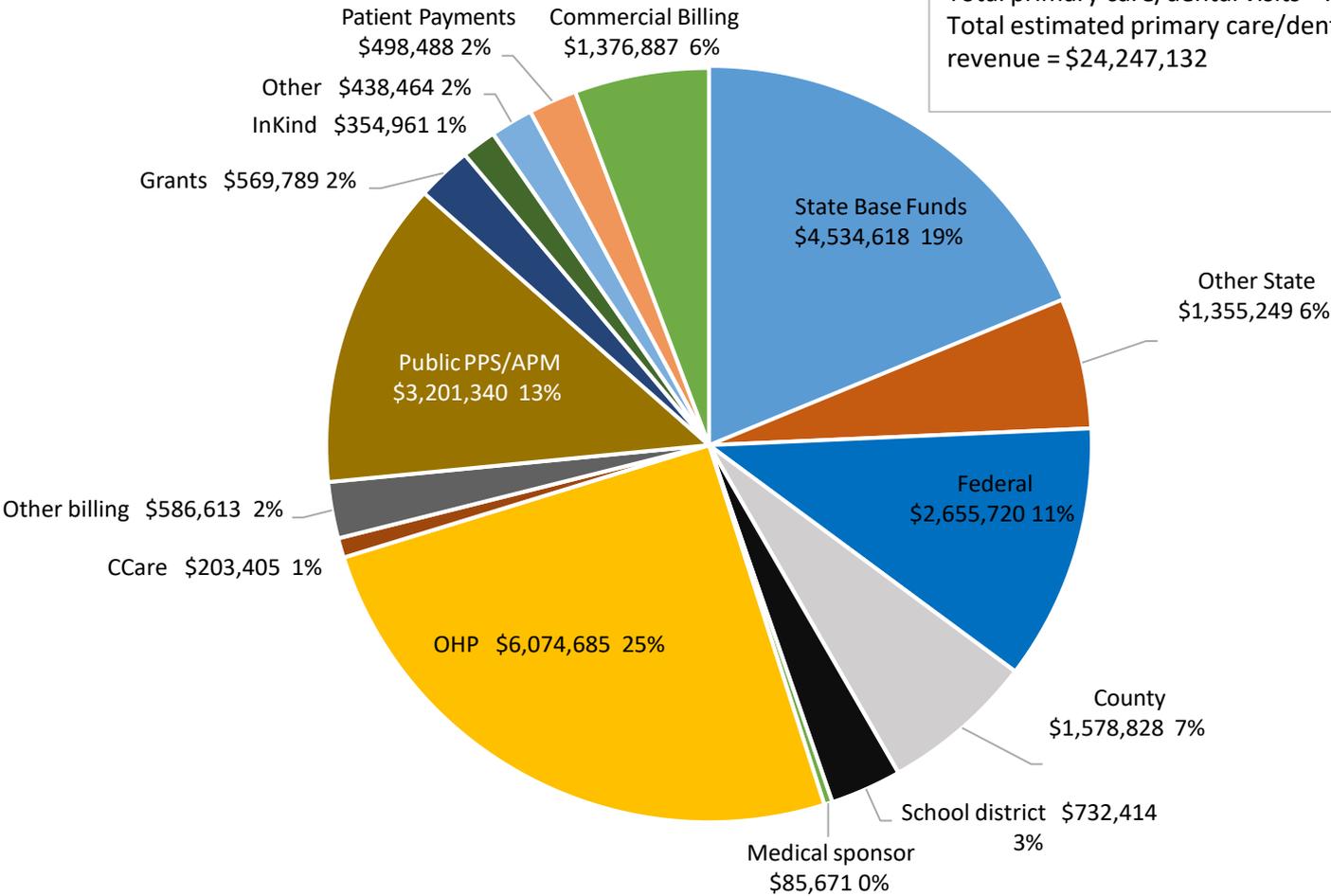
- # of SBHCs in analysis: 75
- Total primary care/dental visits: 78,940
- Total primary care/dental clients: 32,754
- Total estimated revenue: \$24,247,132
- Average revenue per SBHC: \$323,295
- For every \$1 in State public health revenue, SBHC medical sponsors brought in \$3.12 in other sources to support primary care and dental SBHC services.

*1 system (2 SBHCs) has BH revenue included because all BH visits are billed with primary care

2016-17 SBHC Primary Care/Dental Revenue

All SBHC Primary Care/Dental Revenue Sources
2016-17

Total primary care/dental visits = 78,940
Total estimated primary care/dental revenue = \$24,247,132



FQHC Affiliation Matters!

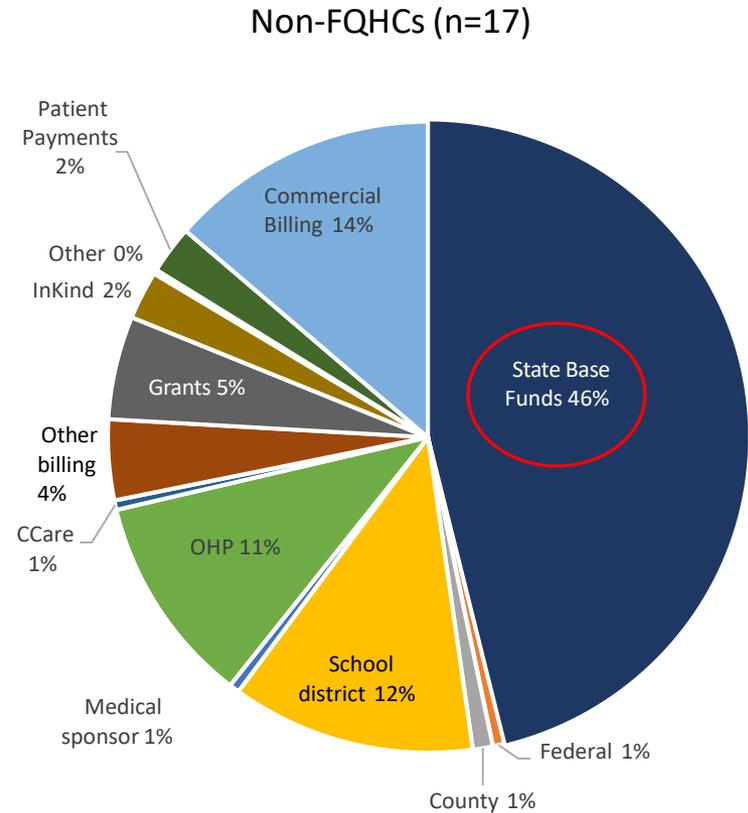
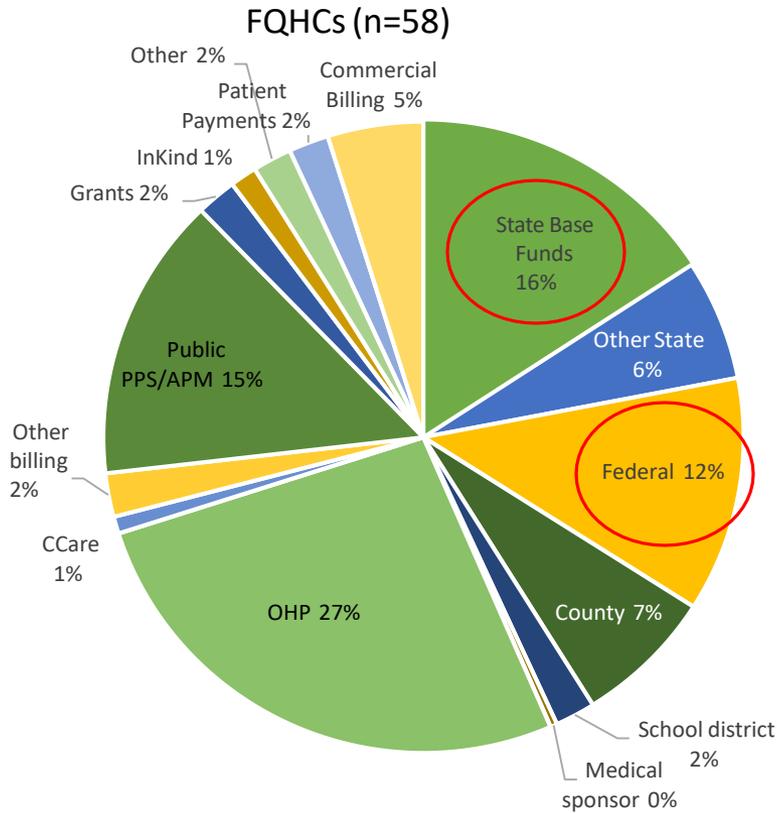
FQHCs (Primary care/dental)

- # SBHCS: 58
- # Sponsors: 18
- # Visits: 66,210
- Total rev: \$21,930,350
- Avg revenue: \$378,109
- Brought in \$3.55 for every \$1 of OHA funds
- SPO funds make up 16% of revenue

Non-FQHCs (Primary care/dental)

- # SBHCS: 17
- # Sponsors: 12
- # Visits: 12,730
- Total rev: \$2,316,782
- Avg revenue: \$136,281
- Brought in \$1.17 for every \$1 of OHA funds
- SPO funds make up 46% of revenue

FQHC Affiliation Matters



Uses for Financial Data

SPO

- Identify places of opportunity for sustainability growth
- Target TA efforts
- Demonstrate efficient investment of state funds

SBHCs

- Gain general picture of revenue sources/proportions
- Identify places of opportunity for sustainability growth
- Communicate SBHC effort & needs to stakeholders

SBHC Utilization Snapshot: 2016-18

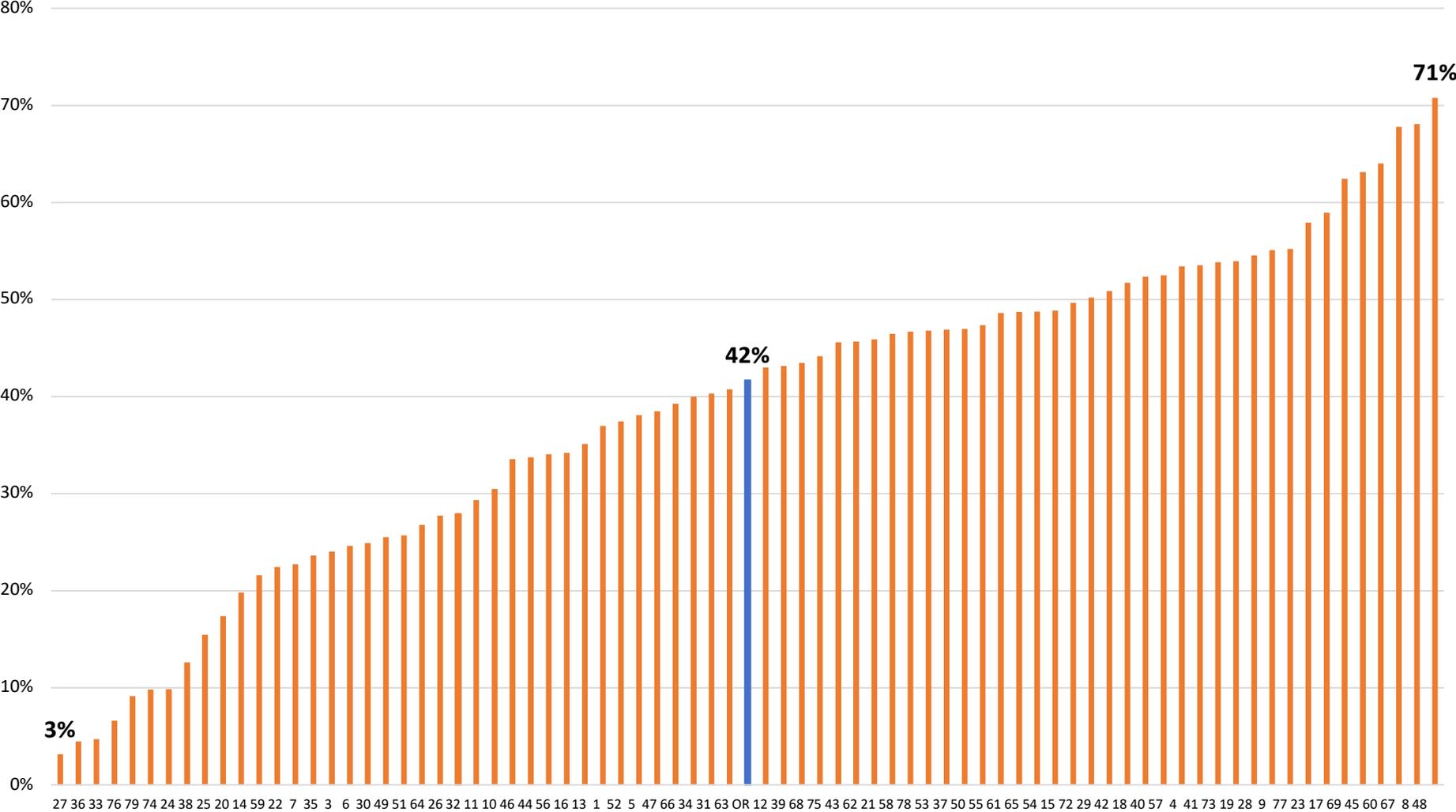


- Packet Handouts
- Two year changes in:
 - Total well care visits
 - Well care visits (OHP)
 - Immunizations
- Lots of changes at SBHC level, but statewide rates are flat

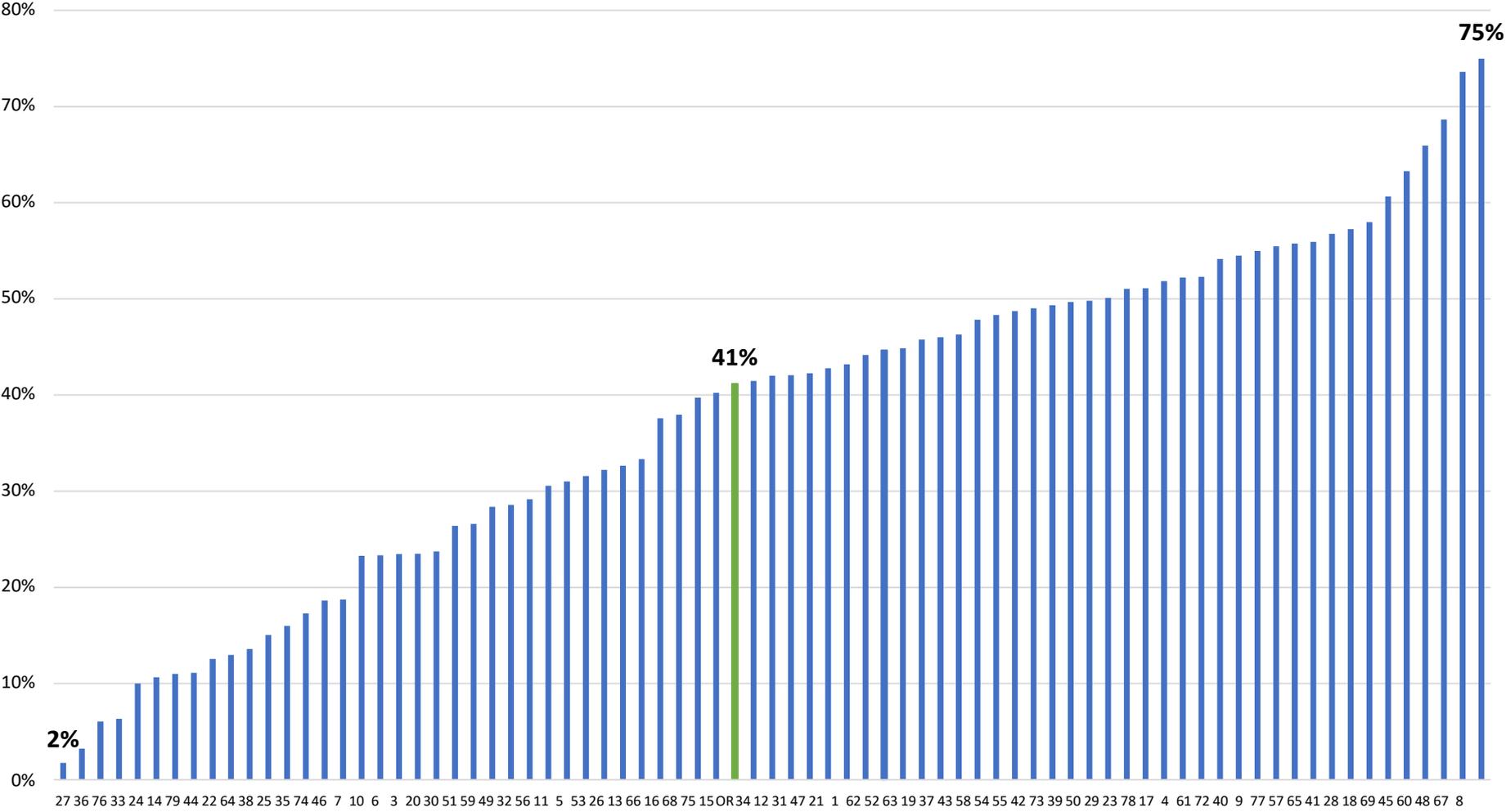
SBHC Utilization: What Is It?

- Site-Level Data
 - Packet contains unblinded data from 2016-18
 - Ages 5-21
 - Raw data in the table with your SBHC ID
 - Slight change in methodology from last year
- Why does my data look so different from my KPMs?
 - Used CCO metric definition
 - Chart audit sample vs. full encounter data review
 - Only counts well visits/immies at SBHCs

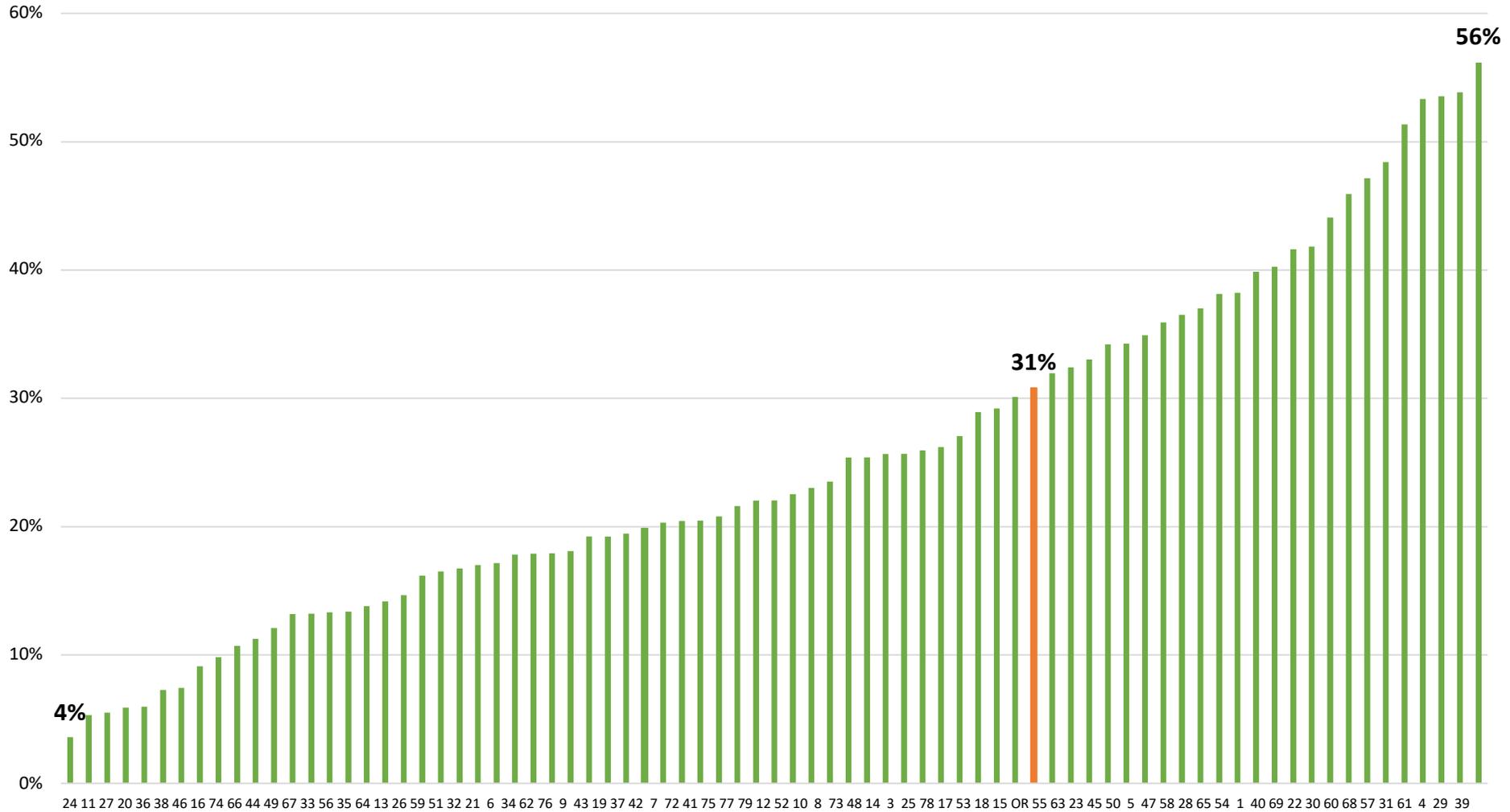
% of 5-21 year-old SBHC Clients Receiving a Comprehensive Well Visit, by SBHC: 2017-18



% of 5-21 year-old SBHC OHP Clients Receiving a Comprehensive Well Visit, by SBHC: 2017-18

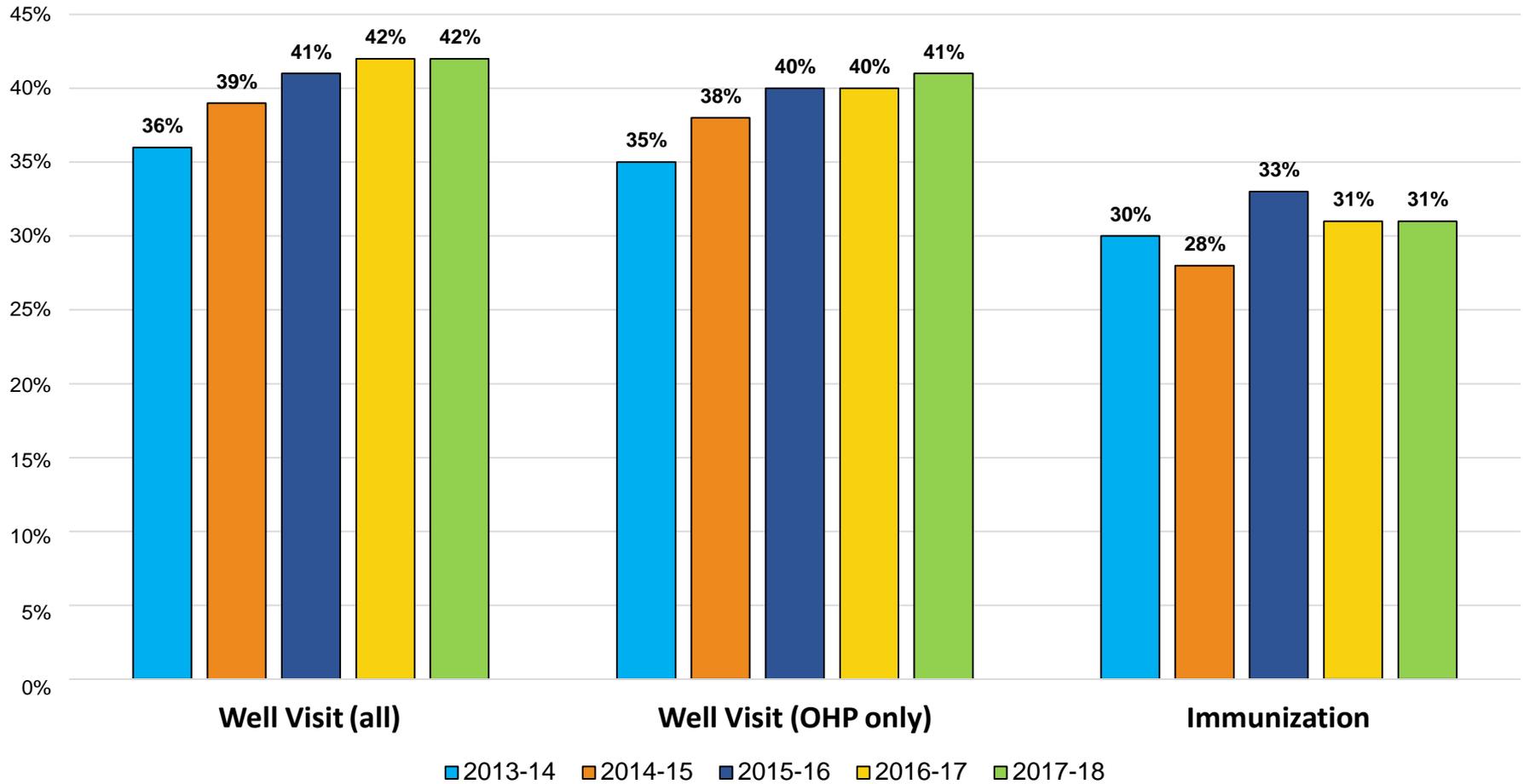


% of 5-21 year-old SBHC Clients Receiving an Immunization, by SBHC: 2017-18



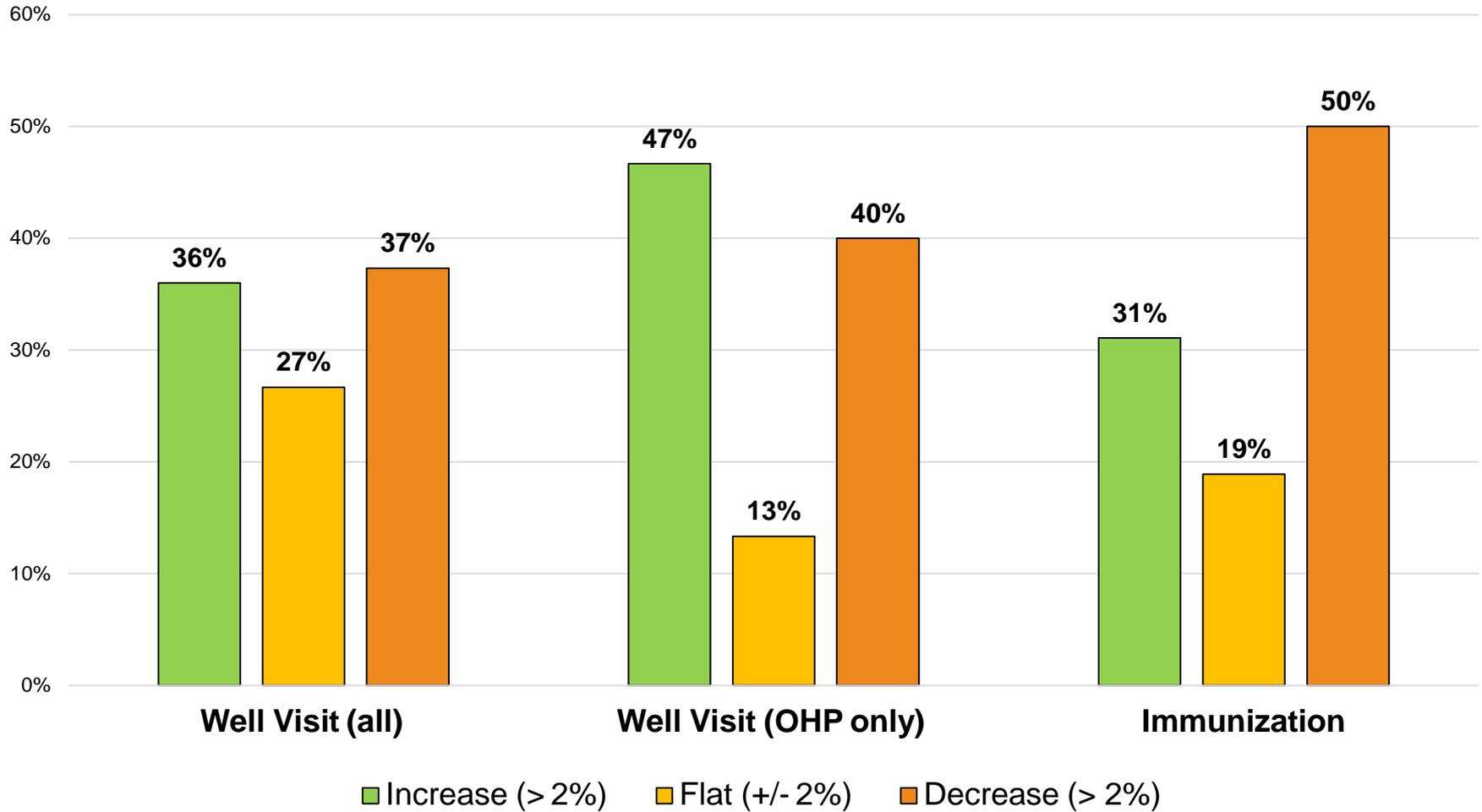
Statewide Trends in Utilization

SBHC Utilization Trends (ages 5-21): 2013-2018



Site-level Trends

SBHC Utilization Changes: 2016-17 to 2017-18







OREGON
SCHOOL-BASED
HEALTH ALLIANCE

OREGON SCHOOL-BASED HEALTH ALLIANCE

SBHC Coordinator's Meeting
October 11, 2018



The OSBHA Team



Laurie Huffman
Executive Director



Antonia Rangel-Caril
Program and Advocacy
Coordinator



Maureen Hinman
Director of Policy and
Strategic Initiatives



Jessica Chambers
Administrative Coordinator



Ashley McAllister
Program Manager



OREGON SCHOOL-BASED HEALTH ALLIANCE

OSBHA is dedicated to:

- Providing resources for SBHCs, trauma-informed schools and school health initiatives
- Guiding health and education partnerships to help both sectors navigate cohesively
- Amplifying the student voice to engage locally and throughout the state
- Elevating the importance, relevance and **understanding** of school-based health services
- Seeking out national best practices that strengthen **Oregon's SBHC** system

SCHOOL-BASED HEALTH

SBHC HOST SCHOOL(S)

SCHOOL COMMUNITY

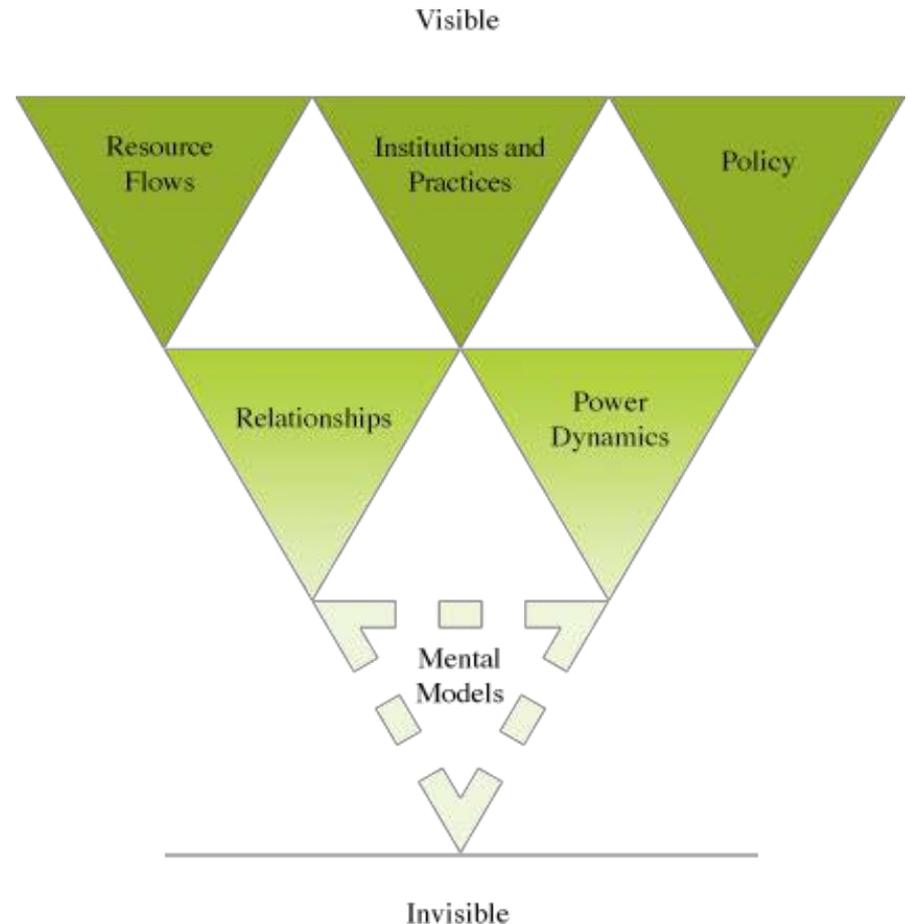
REGIONAL/STATE HEALTH AND EDUCATION LEADERS

NATIONAL SCHOOL-BASED HEALTH ALLIANCE COMMUNITY

Grounding our work in equity

Organizational Goal:

By July 2020, OSBHA will actively engage in practices that redistribute, share and build power to change systems of inequity.





Services We Offer

- SBHC and School Health Policy and Advocacy Representation
- SBHC Pass-Through Funding
- Community Engagement & Convening
- Positive Youth Development Training and Support
- Technical Assistance and Training



SBHC Pass-Through Funding

2017-2019 ACTION Grants:

- Multnomah County: Centennial and Roosevelt SBHCs
- Washington County: Forest Grove and Tigard SBHCs
- Umatilla County: Pendleton SBHC
- Columbia County: Rainier, Vernonia, and Sacagawea SBHCs



Centennial YAC (ACTION grantee) with their new mural at the SBHC entrance



Tigard SHAC (ACTION grantee) with their Back to School Float!

Community Engagement & Convening



Positive Youth Development

Training & Support



Technical Assistance and Training





Upcoming News & Events

- School Health Advocacy Day- February 28, 2019
- Statewide Survey for YAC students
Sent to Coordinators in October 2018
- YAC Summit - Spring 2019
- Mental Health Summit- April 2019
- ACTION Grant 2019-2021 Request for
Applications Opening in January 2019, due March
15, 2019
- Action Alerts- Legislative Session January-July

Membership



Keep in Touch with OSBHA

- Email our staff:
 - Laurie Huffman: Laurie@osbha.org
 - Maureen Hinman: Maureen@osbha.org
 - Ashley McAllister: Ashley@osbha.org
 - Antonia Rangel-Caril: Antonia@osbha.org
 - Jessica Chambers: Jessica@osbha.org
- Sign up to receive our new bimonthly newsletter
- Connect with us on Facebook, Instagram, and Twitter
@OregonSBHA

We Want to Learn From You!



Oregon Immunization Program

Sara Kiely
October 11, 2018

The logo for the Oregon Health Authority, featuring the word "Oregon" in orange, "Health" in blue, and "Authority" in orange below it.

Oregon
Health
Authority



Vaccine Accountability



GOLD - 95% or higher of all vaccine inventory accounted for in ALERT IIS

SILVER – 85% to 95% or higher of all vaccine inventory accounted for in ALERT IIS

- Having fewer than 5% of accounted-for doses reported as expired, spoiled, or wasted during the quarter,
- Having recorded the receipt of vaccine in the ALERT IIS inventory module during the quarter.
- Having had no compliance issues that would lead to suspension from the VFC program at the time the accountability report is run.

Accounting Excellence

Most accountable over the last 3 quarters (Q4 2017, Q1 2018, Q2 2018)

- BCHD - BAKER SBHC
- BETHEL HEALTH CENTER - SBHC
- CENTRAL HEALTH & WELLNESS CENTER - SBHC
- GRANT COUNTY SBHC
- IONE COMMUNITY CLINIC - SBHC
- LA CLINICA - SCENIC SBHC
- LA GRANDE SBHC
- LA PINE CHC LA PINE SBHC
- LINCOLN HEALTH CLINIC - SBHC
- LORNA BYRNE SBHC - SISKIYOU
- MOSAIC - BEND HIGH SBHC
- MOSAIC - CROOK KIDS CLINIC SBHC
- MOSAIC - ENSWORTH SBHC
- MOSAIC - LYNCH SBHC
- MOSAIC MEDICAL - REDMOND SBHC
- MOSAIC MEDICAL MADRAS HIGH - SBHC
- MULTCO SBHC CESAR CHAVEZ
- MULTCO SBHC CLEVELAND
- MULTCO SBHC GEORGE
- MULTCO SBHC PARKROSE
- NEWPORT SBHC
- ROGUE COMMUNITY HEALTH - TABLE ROCK SBHC
- ROGUE COMMUNITY HEALTH - PROSPECT/PROSP SBHC
- ROGUE COMMUNITY HEALTH - WHITE MOUNTAIN SBHC
- SANDY SBHC - CLACKAMAS CHD
- SPENCER HEALTH & WELLNESS - SBHC
- ST CHARLES - SISTERS SBHC
- SUNRIDGE MIDDLE SCHOOL SBHC
- TAFT SBHC
- TOLEDO SBHC
- UMPQUA COMM HLTH CTR - ROSEBURG SBHC
- UNION SBHC
- VIRGINIA GARCIA - BEAVERTON SBHC
- WALDPOR SBHC

VFC Site Visit

SBHCs with no findings during their last site visit

- Central health and Wellness Center SBHC
- Evergreen SBHC – Siskiyou Community
- Illinois Valley SBHC – Siskiyou Community
- La Clinica – Central Point SBHC
- La Clinica – Crater SBHC
- La Clinica – Oak Grove SBHC
- La Clinica – Phoenix SBHC
- La Clinica – Washington SBHC
- La Pine SBHC
- Lorna Byrne Middle School SBHC
- Marshfield High School – SBHC
- Mirasol Family Health Center – YVFWC
- Mosaic Medical Redmond SBHC
- Mosaic Medical Madras High – SBHC
- Multnomah County – Davis Douglas
- Multnomah County – Lane
- Sunridge Middle School SBHC
- SBHC of Clatskanie - YVFWC

AFIX – Quality Improvement



AFIX – Quality Improvement

- Do you have a reminder/recall process in place for pediatric/adolescent patients?
- Do you offer walk-in or immunization only visits?
- Do you contact patients/parents within 3-5 days when a “well-child” or “immunization only” visit is a “no show” and reschedule it for as soon as possible?
- Do you have a system in place to schedule wellness visits for patients at 11-12 years old?
- Do you schedule the next vaccine visits before the parent/patient leaves the office?

AFIX – Quality Improvement

- Does your immunization staff educate parents about immunizations and the diseases they prevent, even when the parents refuse to immunize?
- Do you have immunization information resources to help answer questions from patients/parents?
- Do you train front desk/scheduling staff so they know when it's appropriate to schedule immunization appointments?
- Is your immunization staff knowledgeable and comfortable with administering all recommended vaccinations to patients at every visit?
- Do you regularly document vaccine refusals and the reason for the refusal?

SBHCs engaged in AFIX

- Curry Community Health – Brookings SBHC
- Evergreen SBHC – Siskiyou Community Health
- Illinois Valley – Siskiyou Community Health
- Lorna Byrne – Siskiyou Community Health
- Family Health and Wellness SBHC
- Lincoln Health Clinic – SBHC
- Newport SBHC
- Oregon City High School – SBHC
- Sandy SBHC – Clackamas Co.
- Taft SBHC
- Toledo SBHC
- UCHC – Roseburg SBHC
- Waldport SBHC
- Springfield School Health Center



Flu Vaccine in ALERT IIS

- First allocations arrived in mid – August
- VFC-active clinics that pre-booked now control when and how much of the vaccine they want shipped. You do not have to accept the full amount all at once
- “Draw Down” from “manage flu” menu item

TIPS

- Drawing down vaccine is like placing an order. Verify that shipping days and hours are correct. Your flu vaccine will arrive in about the same time a normal order arrives
- You must reconcile your inventory before ALERT will submit your draw-down request.

Public Health Division | Immunization Program

“Draw Down” Flu Vaccine in ALERT IIS

Users in VFC-active clinics that prebooked VFC flu vaccine in ALERT IIS can control when and how much of the vaccine that has been allocated to them is shipped. This is done with a feature called “Draw Down” from the Vaccine Request Status screen.

There are two menu items, “request flu” and “manage flu,” in the left-hand blue menu bar under the “Inventory” section. Use these menu items to request vaccine doses during annual prebook, see what has already been prebooked for your clinic, and check whether doses have been allocated to you during flu season.

The screenshot shows the ALERT IIS interface. On the left is a blue navigation menu with various options. Under the 'Inventory' section, 'request flu' and 'manage flu' are circled in red. The main content area shows a user profile for 'Erin's Test Clinic' and a table of vaccine orders. The table has columns for 'Type', 'Shipped', 'Awaiting Return Shipment', and 'Rejected'. Below the table, there are sections for 'Active Inventory that is Going to Expire or Expired Loss with a Quantity...', 'Inventory that is Running Low by Vaccine Group...', and 'Inventory that is Running Low by Trade Name...'.

Last updated August 16, 2018

Step 1. To check and see if we have allocated doses to you, click the “manage flu” menu item. ALERT IIS will automatically show you the most recent flu season (in the “Event” window), with any doses that were previously requested for your clinic. You can also see where you are in the queue.

Step 2. If doses are available for you, you will see that in the “Amt Available Now” column. Keep checking this screen so that when you have doses, you can “Draw Down” to have them shipped.

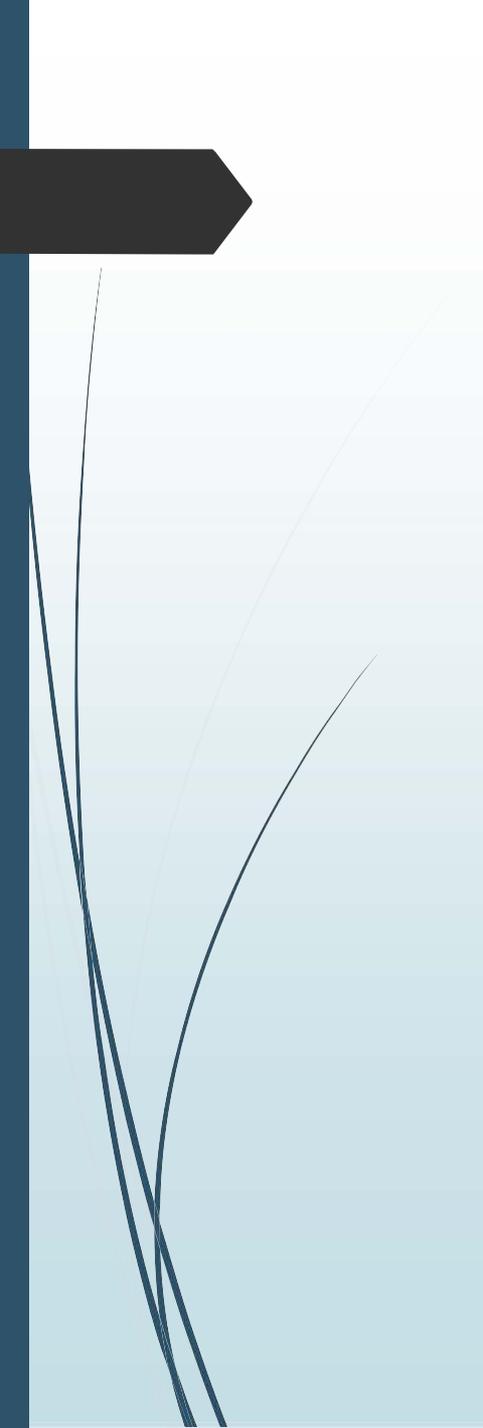
When you have doses available and are ready to have vaccine shipped, check the “Select” box next to any vaccine that is available now, and click the “Draw Down” button.

The screenshot shows the 'Vaccine Request Status' screen. At the top, it says 'organization: ERIN'S NEW CLINIC • user: Erin Corrigan • role: Standard User'. Below this is a 'Vaccine Request Status' section with a 'Draw Down' button highlighted by a red arrow. Underneath is a 'Vaccine Request List' table. The table has columns: 'Event', 'Trade Name', 'Packaging', 'Manufacturer', 'Type', 'Initiated User', 'Request Date', 'Request Status', 'Place in Queue', 'Total Amt Requested', 'Total Amt Allocated', and 'Total Amt Available Now'. The 'Total Amt Available Now' column is circled in red. Two rows are visible: 'AFLURIA Quad PP 10X1 SYRINGES' and 'Fluzone Quad PF 0.25mL SYRINGES'. The 'AFLURIA' row has a checked 'Select' box and a value of '50' in the 'Total Amt Available Now' column.

Step 3. From the “Vaccine Draw Down” screen, enter the amount you want shipped and click the Submit button to place your order. Or, you can hold them for later or return them to the VFC pool.

The screenshot shows the 'Vaccine Draw Down' screen. It displays 'VFC PIN: 0900N', 'Initiating Organization: ERIN'S NEW CLINIC', 'Initiating User: Erin Corrigan', and 'Org Phone: (541) 967-1235'. It also shows 'Delivery Contact: ERIN CORRIGAN', 'Delivery Address: 4212 SW 11TH, MANZANITA, OR 97031', and 'Delivery Days/Hours: Tuesday 8 AM TO 3 PM, Wednesday 8 AM TO 11 AM, Thursday 9 AM TO 3 PM'. Below this is a 'Ship # Doses from current vaccine allocation...' section with a 'Submit' button highlighted by a red arrow. There is also an 'Accept All' button. At the bottom, there is a table with columns: '# Doses', 'Trade Name', 'Packaging', 'Manufacturer', 'Type', 'Doses Requested', 'Current Doses Allocated', 'Min Order Qty', and 'Outstanding Doses'. The 'AFLURIA Quad PP' row has a value of '50' in the '# Doses' column, which is circled in red.

Last updated August 16, 2018



Thank You

Sara Kiely

Sara.e.kiely@state.or.us

971-673-0305

Oregon
Health
Authority





Health Care Provider Incentives Program

Joseph Sullivan

Provider Incentives Coordinator
OHA



HEALTH POLICY AND ANALYTICS
DIVISION

Primary Care Office

What's the Problem?

- It is understood that much of the state is underserved by primary care, oral health and behavioral health providers and lacks the health care capacity necessary to provide adequate care to all its community members
- The majority of the State has identified Healthcare Shortages of one type or another

(Enter) DEPARTMENT (ALL CAPS)
(Enter) Division or Office (Mixed Case)

So What Can the State do for You?

- HB3261 is the result of consolidation of multiple state programs into a single program effective 1/2/2018, with different incentives available to support rural and underserved areas in Oregon:
 - *Loan Forgiveness/Scholarships (\$7.1m)*
 - *Loan Repayment (\$4.3m)*
 - *Insurance Subsidies (\$4.0m)*
 - *Other (\$1m)*
- Likely, the incentive of most use to you all will be Loan Repayment

What is Loan Repayment?

- Loan Repayment:
 - Loan repayment is an incentive for qualifying clinicians already in the workforce. Providers must be working (or contracted to begin working) for an eligible site before they can apply to receive this funding to repay existing loans in exchange for a service commitment
- Developed to attract and retain health care providers in underserved areas by providing loan repayment assistance to qualified health care providers serving Medicaid/Medicare recipients in both rural and non-rural underserved areas
- Eligible Providers: Dentists, Expanded Practice Dental Hygienists, Physicians (MD, DO or ND), Nurse Practitioners, Physicians Assistants, Pharmacists, Psychiatrists, Clinical Psychologists, Licensed Clinical Social Workers, Licensed Marriage or Family Therapists

Initial Steps (for Site Administrators)

- Site needs to be certified through the Oregon Office of Rural Health as a “Qualified Practice Site”
- Qualified Practice Site means:
 - *Clinic must be seeing Medicaid/Medicare at same percentage as is present in community **AND***
 - *Clinic must be in a Health Professional Shortage Area (HPSA)*
 - ***OR** Clinic must be below median on Unmet Needs report*

*Contact ORH for full list of requirements (contact information on last slide)

Application Process

- Once approved by Office of Rural Health, clinicians from your SBHC's would be able to apply for awards
- Award selections happen every quarter; next group of awardees will be chosen October 26th, 2018
- Applications being accepted EVERY DAY, so get your clinics approved and clinicians to apply as soon as possible
- Approximately 50% of clinicians who apply have received awards this year

Follow Up/Questions

Joe Sullivan

Health Care Provider Incentives Coordinator
Primary Care Office
Health Policy Division
503-559-0340
joseph.a.sullivan@dhsosha.state.or.us

Bill Pfunder

Oregon Office of Rural Health
503-494-8685
pfunder@ohsu.edu



Collaboration with School Based Health Centers

Melissa Trombetta,MSW YouthLine Statewide Outreach Strategist

Why talk about Suicide Prevention?

- Lets look at the Data

But First....

What are you noticing?

What are YOU hoping to change?



Figure 1. Suicide rates among youth aged 10 to 24 years, U.S. and Oregon, 2003-2016.(2)



*From the Nat'l Center for Health Statistics, Center for Disease Control and Prevention

In Oregon:



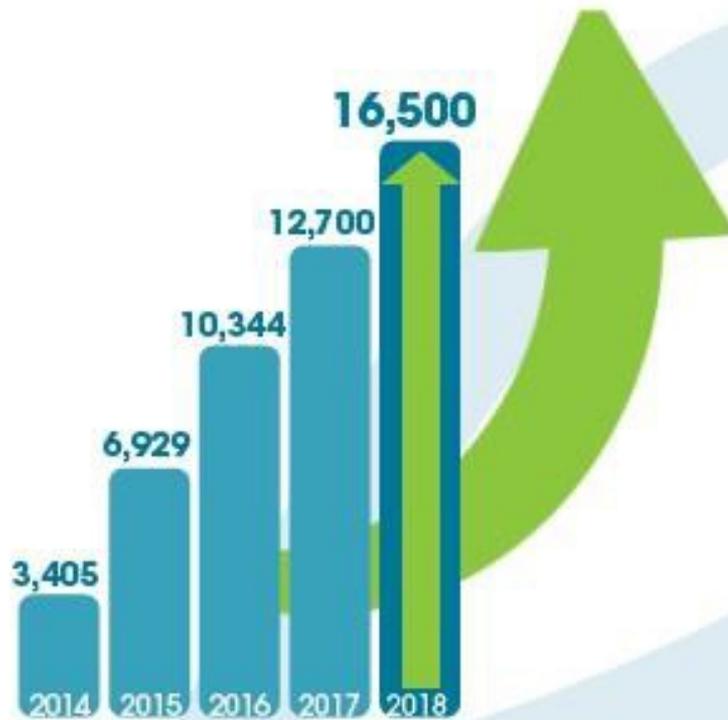
Oregon Health Authority

Based on Hospital data. Self disclosure on Oregon Healthy Teens shows a higher number

Who is



Call Volume



Oregon YouthLine is experiencing exponential growth of callers reaching out for help.

Over the past five years, texts and calls from youth in crisis has risen **85%**.

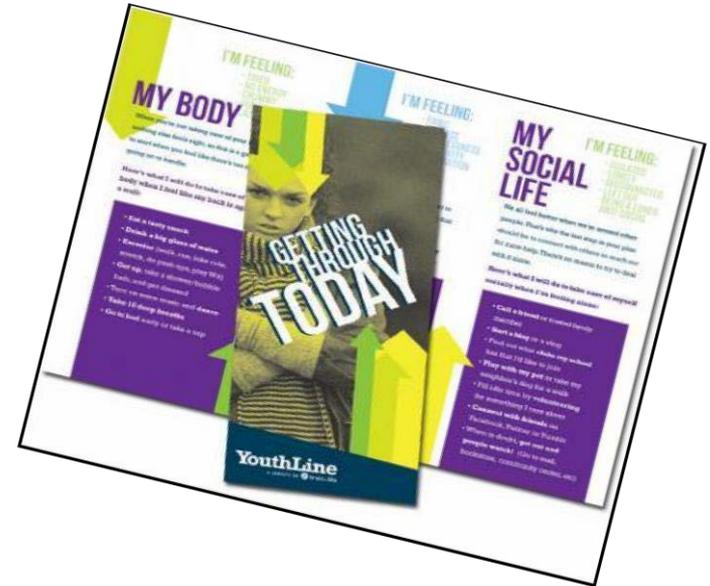
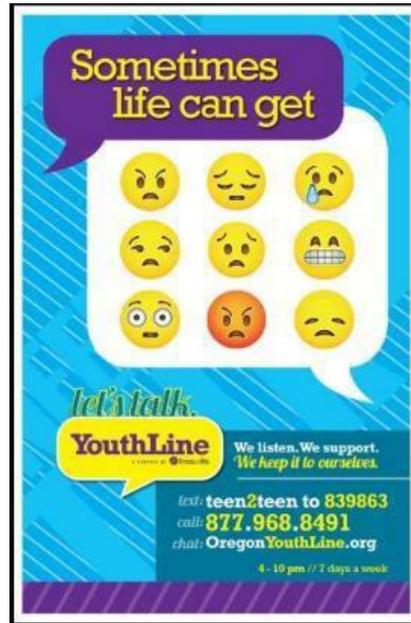
High risk callers has almost doubled over the last year from 2891 in 2016 to 4654 in 2017.

Our Volunteers

- 15-19 years old
- Work one shift per week (3.5 hours)
- Supervised by Masters Level Clinician
- Complete over **50 hours of training** before answering Calls, Texts, Chats



Materials for your Clinics:



More Information:

- www.oregonyouthline.org
- MelissaT@linesforlife.org

Community Suicide Response Panel

Facilitator:

Meghan Crane, MPH

Zero Suicide Program Coordinator, OHA – Public Health Division

Panelists:

Claire Catt

Prevention Coordinator, Public Health Foundation of Columbia County

Brooke Cottle

Director, Bethel Health Center (Lane)

Tamarra Harris

System Clinic Manager, Mosaic Medical (Crook/Deschutes/Jefferson)





Affirming Care for Trans & Gender Diverse Youth

Presenters:

- Jess Guerriero, OHSU
- Christopher Hamann, Legacy
- Neola Young, Legacy

Understanding Concepts

- **Sex** – usually determined by physiological & anatomical characteristics; assigned at birth (male, female, intersex)
- **Gender** – innate sense of who you are (man, woman, genderqueer, another gender)
- **Gender expression** – how you present your gender through clothing, hairstyles, accessories, body language, etc.
- **Sexual/romantic orientation** – who you're attracted to

Understanding Concepts

- **Orientation identities**
 - Gay
 - Lesbian
 - Same Gender Loving (SGL)
 - Bisexual
 - Pansexual
 - Queer
 - Asexual
 - Straight/heterosexual

Understanding Concepts

- **Gender**

- Cisgender
- Transgender
- Trans
 - Trans woman, trans man, trans person
- Genderqueer, non-binary

For more info:

<https://transequality.org/issues/resources/frequently-asked-questions-about-transgender-people>

**Cis* = stay on the same side

**Trans* = to cross over

Understanding Concepts

- "**Gender dysphoria**" is the medical diagnosis used to describe transgender identities. Healthcare providers use this as a tool to access medical transition care.
 - **Medical transition/transition related care** is understood as, but not limited to: puberty suppression, hormone therapy, surgical procedures
- "Gender identity disorder" was added to the DSM (Diagnostic and Statistical Manual of Mental Disorders) in 1980 and replaced with "**gender dysphoria**" in 2013.

Understanding Concepts



Male



Men

Masculine



Attracted only to women



A culturally defined code of accepted identities & behaviors that assumes **males are men who are masculine** and **females are women who are feminine** and nothing exists outside of this system.



Female



Woman

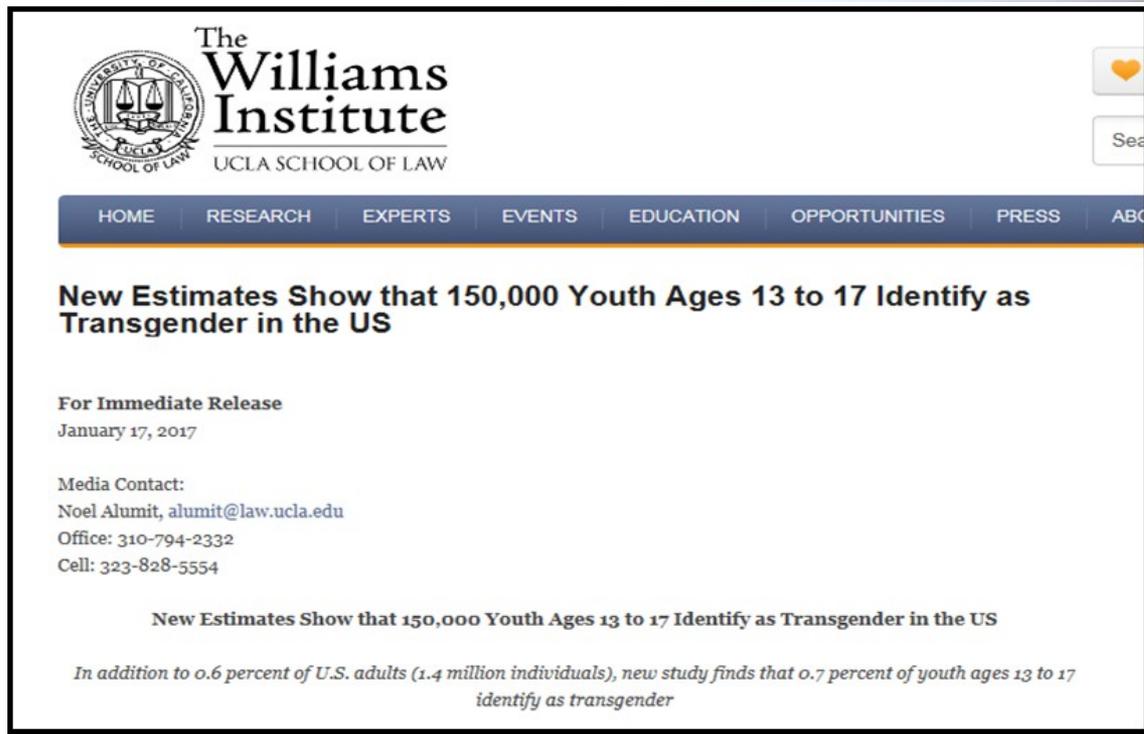
Feminine



Attracted only to men



Prevalence – youth



The Williams Institute
UCLA SCHOOL OF LAW

HOME RESEARCH EXPERTS EVENTS EDUCATION OPPORTUNITIES PRESS ABC

New Estimates Show that 150,000 Youth Ages 13 to 17 Identify as Transgender in the US

For Immediate Release
January 17, 2017

Media Contact:
Noel Alunit, alunit@law.ucla.edu
Office: 310-794-2332
Cell: 323-828-5554

New Estimates Show that 150,000 Youth Ages 13 to 17 Identify as Transgender in the US

In addition to 0.6 percent of U.S. adults (1.4 million individuals), new study finds that 0.7 percent of youth ages 13 to 17 identify as transgender

Experiences of K-12 students



Experiences of people who were out as transgender in K–12 or believed classmates, teachers, or school staff thought they were transgender

EXPERIENCES	% OF THOSE WHO WERE OUT OR PERCEIVED AS TRANSGENDER
Verbally harassed because people thought they were transgender	54%
Not allowed to dress in a way that fit their gender identity or expression	52%
Disciplined for fighting back against bullies	36%
Physically attacked because people thought they were transgender	24%
Believe they were disciplined more harshly because teachers or staff thought they were transgender	20%
Left a school because the mistreatment was so bad	17%
Sexually assaulted because people thought they were transgender	13%
Expelled from school	6%
One or more experiences listed	77%

Risk Profile of TGNC Youth

As compared to cisgender counterparts, TGNC are **2-3x more likely** to experience:

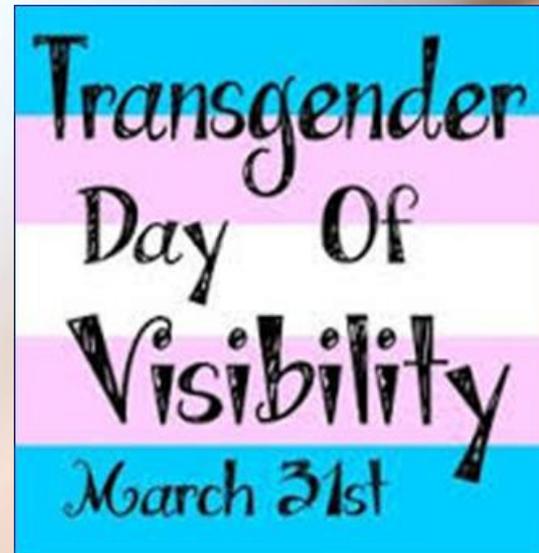
- Symptoms of depression and anxiety
- Social isolation and rejection
- Low self-esteem/self-worth
- Self-harming behaviors
- Suicidal ideation
- Perception of being completely misunderstood and alone



Protective Factors

Creating an environment of inclusion:

- Transgender Visibility and celebration
- Inclusive Language
- Family Support
- Social Support
- Early Intervention
- Community resources
- Educated health care providers
- Access to health care and insurance inclusion



Considerations for Youth

- Age of consent and parental support
- Fertility implications
- Bullying/School and social support
- Insurance exclusions
- Limitations in legal transition
- DHS/OYA - out of home care and consent
- Fluidity in identity and expression



Adolescent health brief

Chosen Name Use Is Linked to Reduced Depressive Symptoms, Suicidal Ideation, and Suicidal Behavior Among Transgender Youth

Stephen T. Russell, Ph.D.^{a,*}, Amanda M. Pollitt, Ph.D.^a, Gu Li, Ph.D.^b, and Arnold H. Grossman, Ph.D.^c

^a University of Texas at Austin, Austin, Texas

^b University of British Columbia, Vancouver, British Columbia, Canada

^c New York University, New York, New York

Article history: Received November 17, 2017; Accepted February 1, 2018

Keywords: Transgender; Youth; Depression; Suicidality

ABSTRACT

Purpose: This study aimed to examine the relation between chosen name use, as a proxy for youths' gender affirmation in various contexts, and mental health among transgender youth.

Methods: Data come from a community cohort sample of 129 transgender and gender nonconforming youth from three U.S. cities. We assessed chosen name use across multiple contexts and examined its association with depression, suicidal ideation, and suicidal behavior.

Results: After adjusting for personal characteristics and social support, chosen name use in more contexts was associated with lower depression, suicidal ideation, and suicidal behavior. Depression, suicidal ideation, and suicidal behavior were lowest when chosen names could be used in all four contexts.

Conclusion: For transgender youth who choose a name different from the one given at birth, use of their chosen name in multiple contexts affirms their gender identity and reduces mental health risks known to be high in this group.

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JOURNAL OF ADOLESCENT HEALTH

www.jahonline.org

IMPLICATIONS AND CONTRIBUTION

It is critical to public health and policy to understand chosen name use among transgender youth, and whether use of a chosen name influences mental health. This study found mental health benefits associated with chosen name use among transgender youth who choose a name different from the one given at birth.

N = 129, 74 had chosen name
29% decrease in suicidal ideation
56% decrease in suicidal behavior

Role of Care Providers

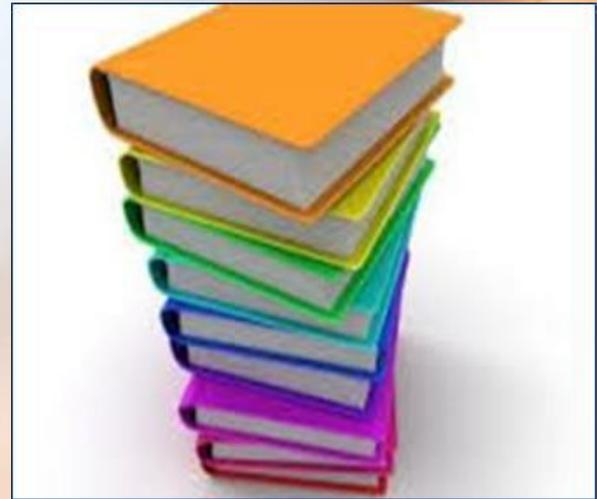
- Addressing parental and other caregiver concerns/reassurance
 - Gender fluidity & questioning common at young age
 - Give young person freedom to express gender
 - Gender dysphoria should be taken seriously
- Creating an affirming environment
 - Using correct name/pronouns; ensuring staff do the same
 - Being sensitive with physical exams
 - **Affirming the young person**
- Support during transition
 - Knowledgeable of local resources and appropriate referrals
 - Sounding board for young person to explore changes taking place

Supporting Autonomy

- Pathways for transition may look different from person to person
- Recognize flexibility for customization/individual plans
- Timing and pacing: social, physical, medical, and legal transition are individualized and not always a linear process

Opportunities for Advocacy

- Name & pronoun use
 - Official school records
 - School rosters
- Restroom accessibility
- Locker room accessibility
- Sports & gym classes
- Dress codes
- Gender segregated activities



Support Resources

Information, resources, referral, navigation, accompaniment, consultation, and education available in local health systems through:

- **OHSU Transgender Health Program: 503.494.7970**
- **Legacy Gender & Sexual Health Program: 503.413.5600**
 - **Kaiser Gender Pathways: 503.249.6748**

Support Resources

Portland: <ul style="list-style-type: none">• SMYRC downtown• SMYRC East• Transactive Gender Center• PFLAG Portland• Momentum Alliance• Bridges Voices choir	Clackamas County: <ul style="list-style-type: none">• The Living Room• PFLAG East County
Salem/Corvallis: <p>Salem Rainbow Youth PFLAG Corvallis</p>	Bend/Central OR: <p>Human Dignity Coalition</p>
Medford/Ashland: <p>Lotus Rising Project</p>	Oregon Coast: <p>OR Central Coast PFLAG</p>
Pendleton: <p>PFLAG Pendleton</p>	

Questions?

Neola H. Young

Legacy Gender & Sexual Health
Program Coordinator

nhyoung@lhs.org or 503.413.6912

Christopher Hamann, LCSW

Legacy Gender & Sexual Health
Social Worker

Transhealth@lhs.org or 503.413.5600

Jess Guerriero, MSW, MA

OHSU Trans Health Program
Intake & Referral Specialist

guerrier@ohsu.edu or 503.494.7984

And the award goes to....





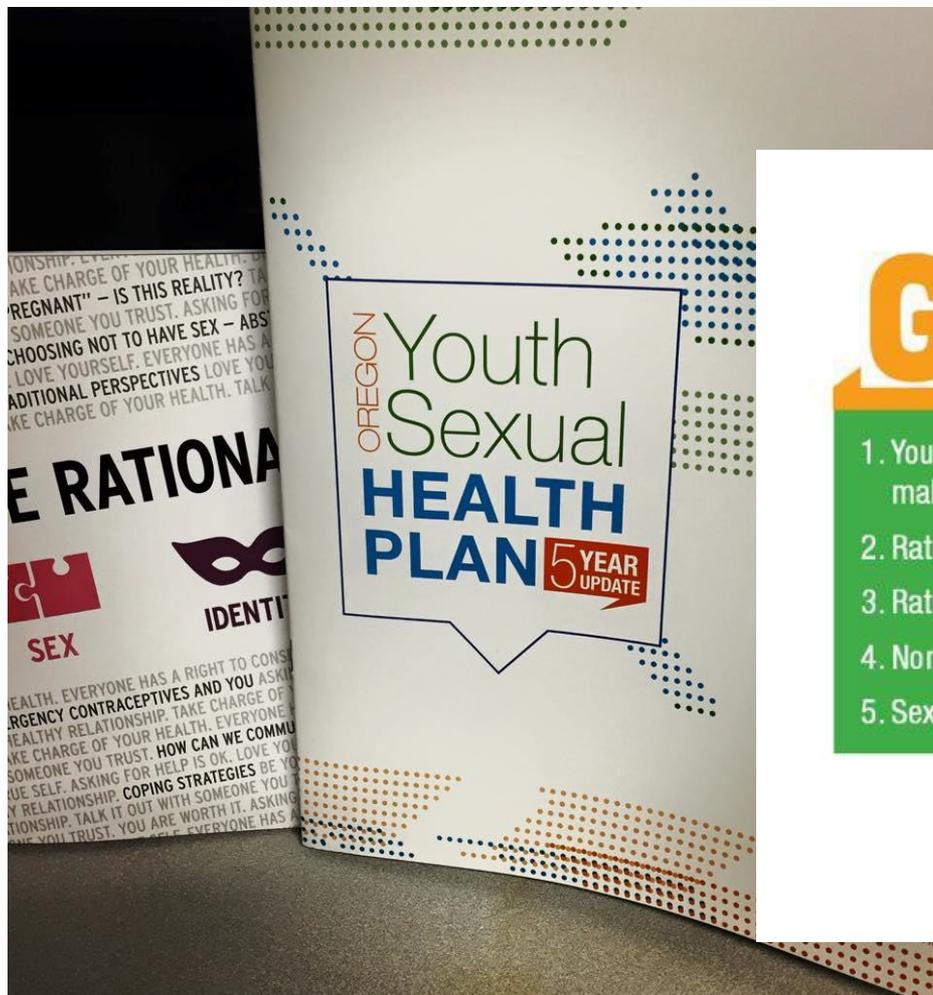
30 Minutes is Not Enough

Shelagh Johnson
Youth Sexual Health Coordinator

SBHC Coordinators Meeting
October 11, 2018



Oregon's Youth Sexual Health Plan



GOALS

OREGON
YOUTH SEXUAL
HEALTH PLAN

1. Youth use accurate information and well-developed skills to make thoughtful choices about relationships and sexual health.
2. Rates of unintended pregnancy are reduced.
3. Rates of sexually-transmitted infections are reduced.
4. Non-consensual sexual behaviors are reduced.
5. Sexual health inequities are eliminated.

OREGON YOUTH SEXUAL HEALTH REPORT
FIVE YEAR UPDATE

3

PUBLIC HEALTH DIVISION Photo credit: Shelagh Johnson
Adolescent & School Health Program

Oregon
Health
Authority

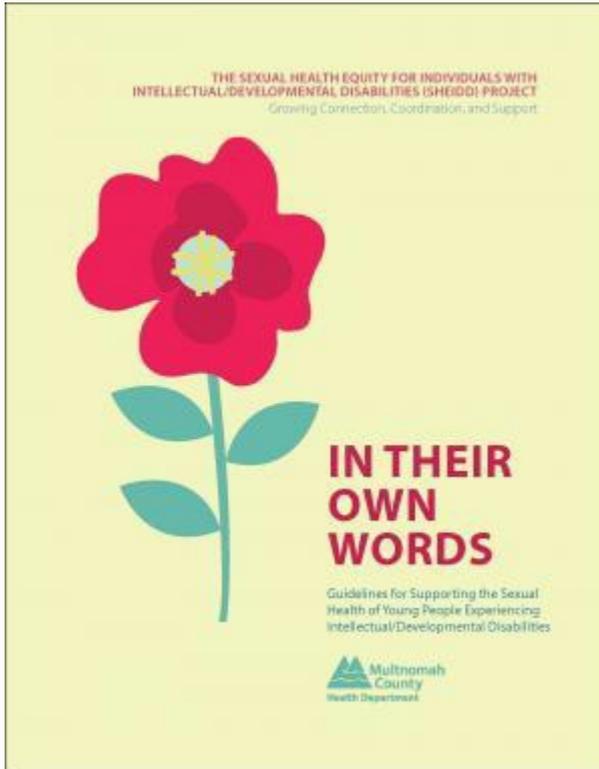
What is happening?



What I want you to know, #1:



What I want you to know, #2:



What I want you to know, #3:

Sexual Violence Prevention Resource Map

Injury Community Implementation Group

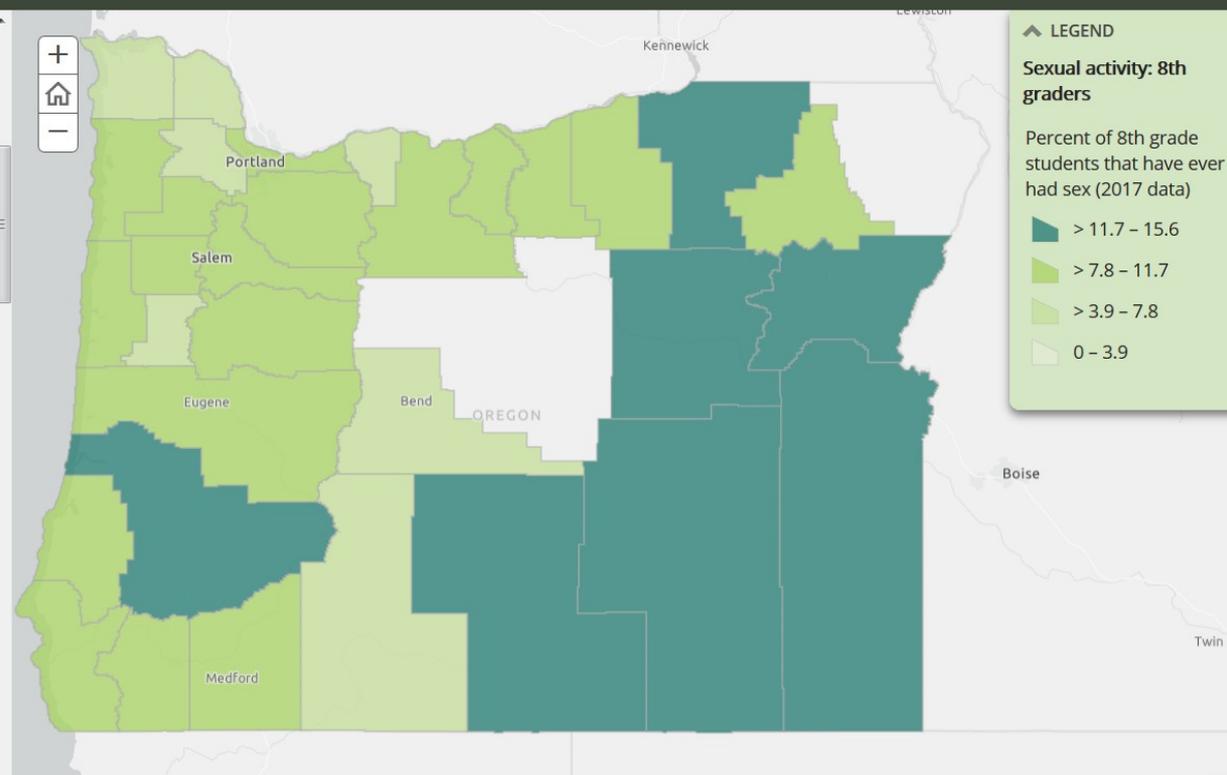
Teen Dating Violence

Sexual Behavior among Oregon Teens: 8th Grade Students

Data Source: 2013-2017 Oregon Healthy Teens Survey, a survey of 8th and 11th grade students. The map shows the results of one question from the survey: "Have you ever had sexual intercourse?". The results are reported as a percent.

Some caution should be used when interpreting these numbers:

- Districts and schools from every county, Crook, Jefferson, and Wallowa (2017), participated in the survey.
- Caution should be used when interpreting the results from some counties (2017: Marion, Multnomah, Yamhill, Josephine, Lane) for specific years. The percentage of students that participated in these counties was low. See the website below for more information on the effects of small sample sizes for some counties.
- Some county results have been combined: Grant/Harney, Klamath/Lake, Morrow/Umatilla, Sherman/Gilliam/Wasco, 2013; Sherman/Gilliam/Wasco into North Central Health District (11th grade) and



What I want you to know, #3 cont.:

The screenshot shows an interactive map of Oregon school districts. On the left, there is a sidebar with filter buttons: "Bullying: unwanted sexual comments or attention, 8th grade", "Bullying: unwanted sexual comments or attention, 11th grade", "Bullying: for any reason, 8th grade", "Bullying: for any reason, 11th grade", and "Oregon Comprehensive Sexual Education". Below the filters is a text box with the following text:

In 2009, Oregon Revised Statute 336.455 was established to require each school district in Oregon to provide age-appropriate human sexuality education courses in all public elementary and secondary schools as an integral part of the health education curriculum (<https://www.oregonlaws.org/ors/336.455>). Oregon Administrative Rule 581-022-1440 was subsequently established, requiring a comprehensive plan of skills-based instruction that is evidence-based/best practice. OAR 581-022-1440 (<http://www.ode.state.or.us/search/page/?=1452>) incorporates sexual violence prevention and sexual abuse prevention education into comprehensive sexuality education.

Zoom in on any map location, or click on a school district or school for more information.

The map itself shows various school districts across Oregon, with blue dots indicating the locations of schools. Districts labeled include SEASIDE SD, JEWELL SD, VERNONIA SD, SAINT HELENS SD, SCAPPOOSE SD, NEAH-KAH-NIE SD, BANKS SD, FOREST GROVE SD, HILLSBORO SD, PORTLAND SD, REYNOLDS SD, TILLAMOOK SD, GASTON SD, YAMHILL-CARLTON SD, MCMINNVILLE SD, DAYTON SD, NORTH MARION SD, SHERIDAN SD, WILLAMINA SD, AMITY SD, GERVAIS SD, MT ANNELE SD, MOLALLA RIVER SD, and OREGON CITY SD. Individual schools like "Nestucca Valley Middle School" and "Gaston Union Jr/Sr High School" are also labeled.

The Map

PUBLIC HEALTH DIVISION
Adolescent & School Health Program

What else do we need to know?

What?

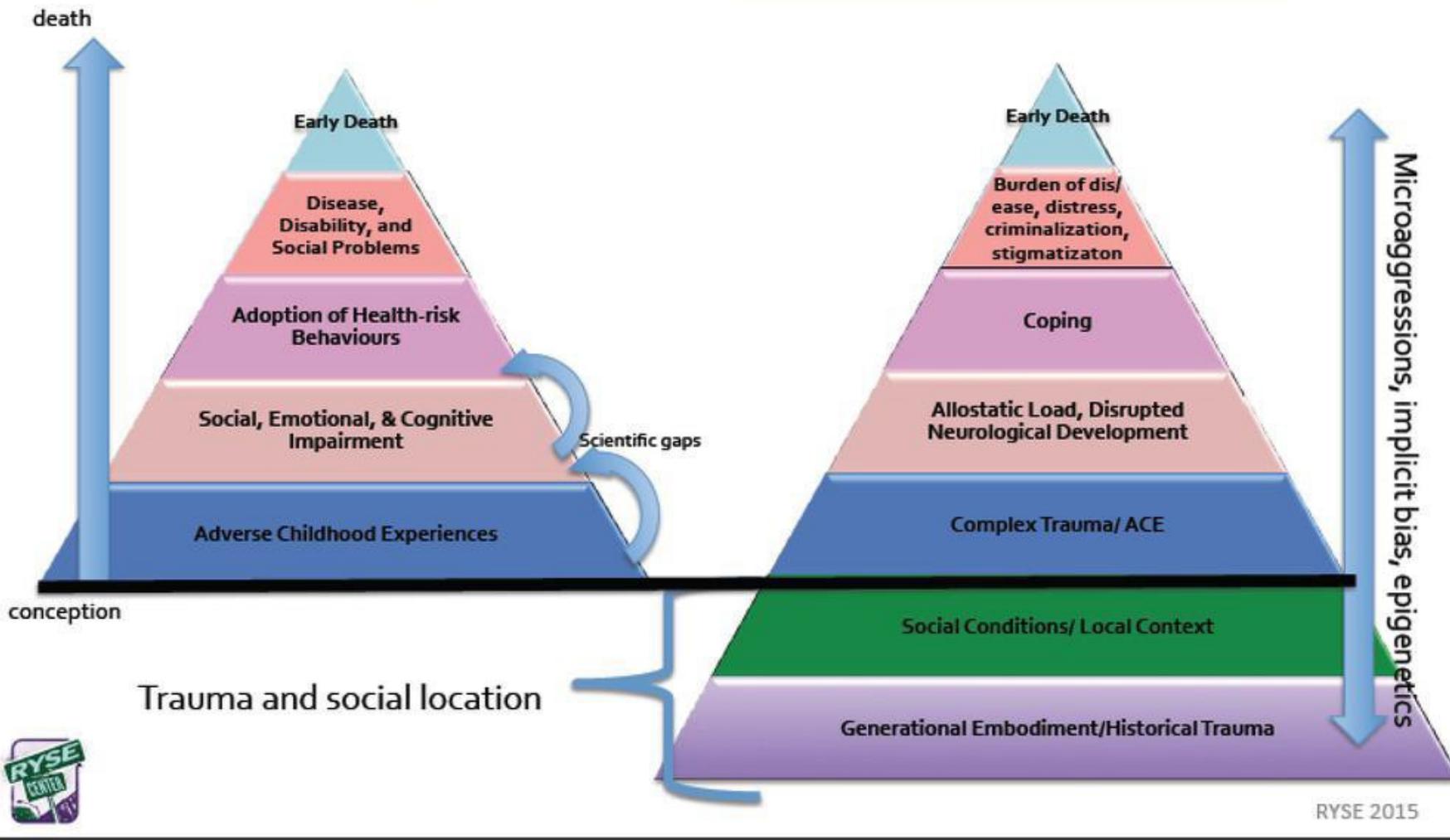
So What?

Now What?

Trauma and Social Location

Adverse Childhood Experiences

Historical Trauma/Embodiment





Parents' Rights in Education

1 hr · *

SEXUALLY TRANSMITTED DISEASES



HOMEWORK ASSIGNMENTS



BEDSIDER birth control methods where to get it reminders feature

METHOD EXPLORER /

most effective party-ready STI proven



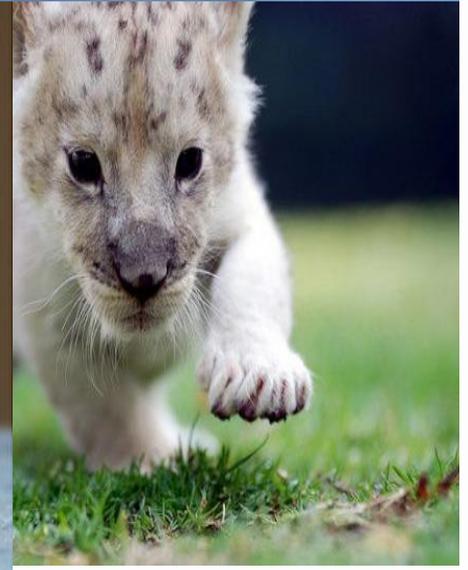
What is all this stuff?

The explorer is a place to learn about all of the different methods of birth control. Click on any method for more details. Want a more apples-to-apples way to compare? View a side-by-side comparison.



PUBLIC HEALTH DIVISION Adolescent & School Health Program





<http://abduzeedo.com/50-incredibly-cute-baby-animal-pictures-around-world>

PUBLIC HEALTH DIVISION
Adolescent & School Health Program

Oregon
Health
Authority

Contact information:

Shelagh M. Johnson, Youth Sexual Health Program Coordinator
Oregon Health Authority, Public Health Division

Adolescent & School Health Program

shelagh.m.johnson@state.or.us

971-673-2016



Panel: SBHC Financial Sustainability

Featuring...

- Brooke Cottle (Bethel Health Center)
- Alexandra Lowell (Multnomah County)
- Alisha Southwick (Umatilla County)

Moderated by...

- Sarah Knipper (SPO)





MULTNOMAH COUNTY
student
HEALTH CENTER

Financial Sustainability

Place Your Logo Here - Align Center

State SBHC Coordinators Meeting
Oct 11, 2018

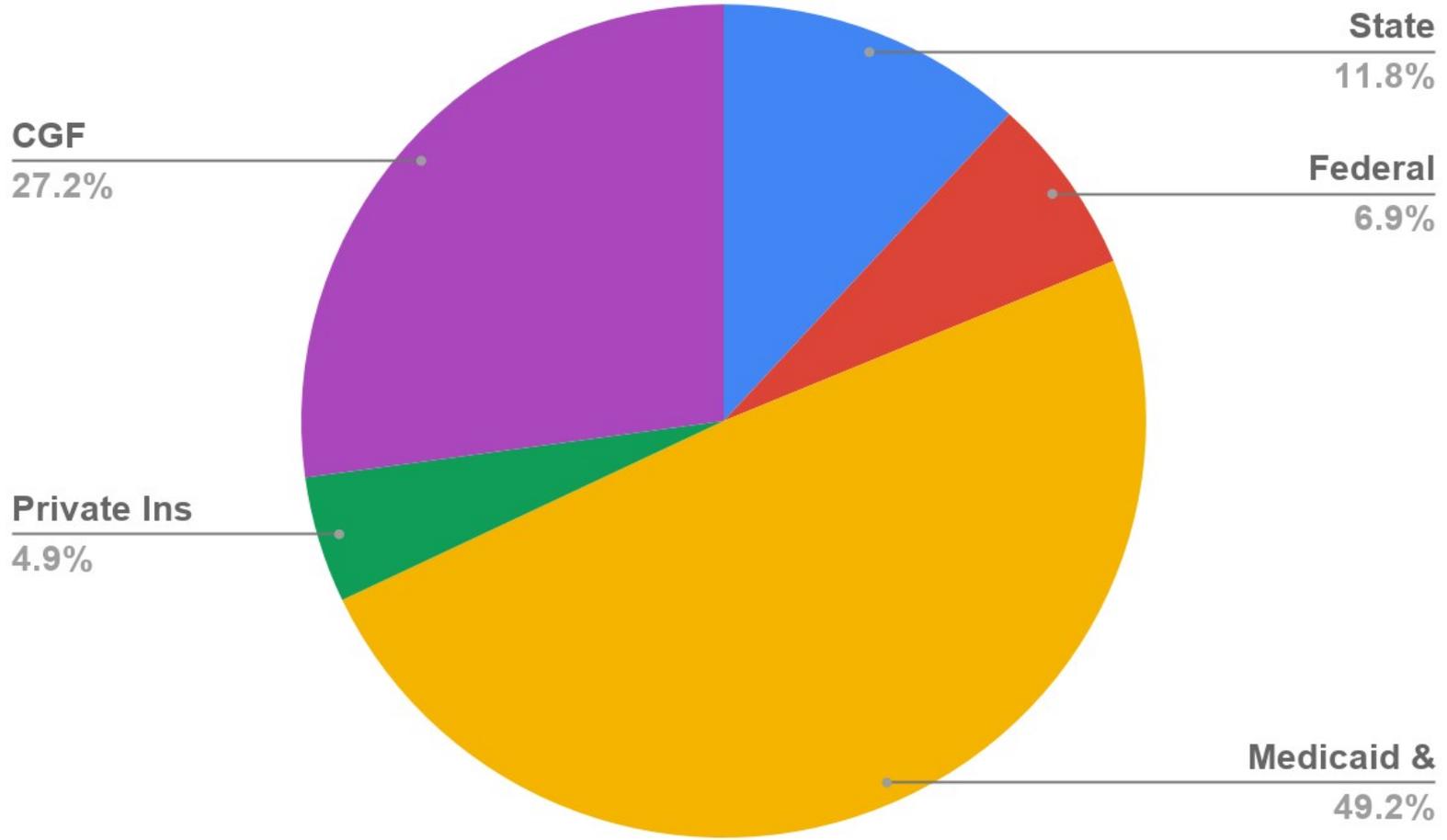
Oregon
Health
Authority



- 10 SHCs & 8 large PC centers
- FQHC
- County is medical sponsor - Commissioner & Community Health Council support

- Serve K-12
- MH 4 days/wk
- BHP at only 3 sites (16-24 hrs/wk)

FY18 Revenue mix



Medicaid &
49.2%

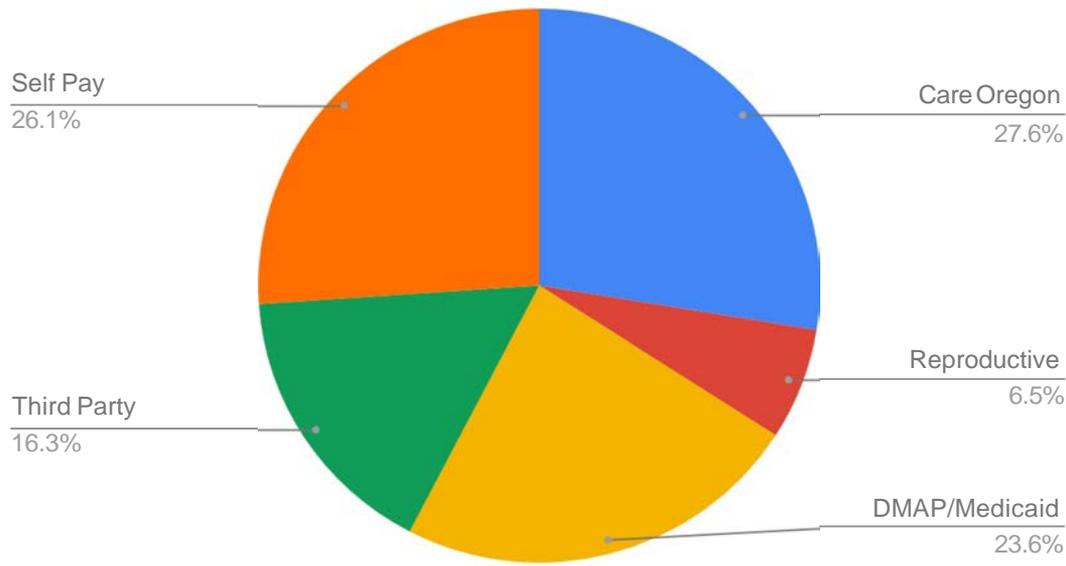
CGF
27.2%

Private Ins
4.9%

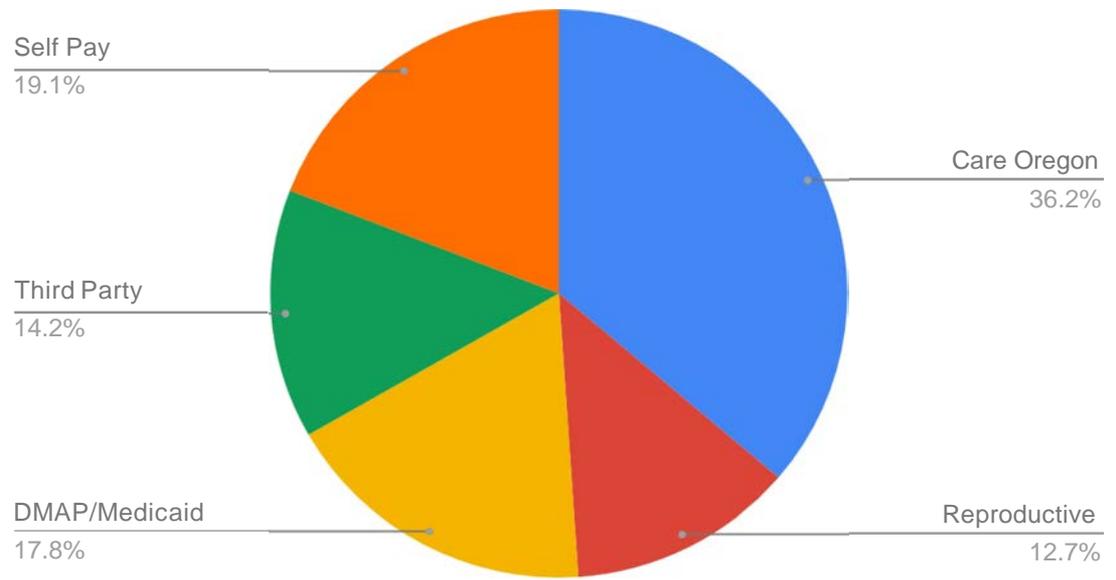
State
11.8%

Federal
6.9%

Payer Mix FY18 Average



May 2018 - RH Affect







- EASA supports youth statewide, ages 15-25, who have had their first experience of psychosis in the last year.
- Offers early intervention services to individuals for 2 years.
- Services include Case Management, Counseling, Medication, Supported Employment, Occupational Therapy, and Peer Support.
- Families receive support such as contact with team members, multi-family group, and psychoeducation.
- There is an EASA program in every county in Oregon.

Psychosis in Focus

Psychosis Education for School Based Health Centers



EASA Center for Excellence



- EASA supports youth statewide, ages 15-25, who have had their first experience of psychosis in the last year.
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- Families receive support such as contact with team members, multi-family group, and psychoeducation.
- There is an EASA program in every county in Oregon.

Young Adult Leadership Council (YALC)

“Uniting the voices and strengths of young adults and their allies to create a thriving community and revolution of hope”

YALC seeks to:

- Create an outlet for expression
- Educate and supporting EASA participants and graduates
- Respond to/ gathering and using feedback
- Advocate for change

Made up of current EASA participants and graduates



YALC Accomplishments

- Collaborated with the West Linn/Clackamas County School District on mental health and psychosis education
- Produced a statewide conference in conjunction with the Oregon Counseling Association (ORCA).
- Provides feedback and influence on the fidelity guidelines for how EASA is run across the state.
- Created an official housing policy which provided recommendations for policy makers and state/local program developers on how best to support young adults transitioning into independent housing. This policy influenced how a recent housing grant was implemented. Young adults on the panel chose which organizations would receive the funding.

Accomplishments Continued...

- In 2016 we released an official national policy platform that delineates our recommendations for the future of early psychosis intervention program development at the nation level.
- We embarked on a letter writing campaign to members of the senate (HELP) Committee, advocating for early intervention programs like EASA and support services for youth experiencing mental health challenges.

Individual Council Member Accomplishments

- Law school student
- Occupational Therapy Doctorate student
- Passed MCATS: Applying to Med Schools
- Applying to Social Work Schools
- Peer Support Specialists
- Graduates of High School and College
- Business Owners

Council Member Accomplishments

Continued...

- Parents
- Volunteer Work
- Published Authors of Research Articles
- Writing Textbook Chapters
- Community Based Researchers
- Artists and Musicians of all Kinds!

What is psychosis?



Psychosis is...

- A break from a person's past perceptions of reality.
- Seeing or hearing things that other people do not hear or see.
- Believing things that others say aren't real or possible.
- Difficulty communicating or staying on topic.
- Psychosis is a symptom, not an illness.
- Psychosis can be caused by a mental illness, drug abuse, trauma or extreme stress.

Psychosis is an agreed upon term but not everyone identifies with it.

Myths about Psychosis

“People who have psychosis will never get better.”

RECOVERY IS POSSIBLE AND LIKELY with EARLY INTERVENTION.

“People need to go to the hospital immediately.”

There are other options.

“Psychosis is inherently negative.”

Some cultures see it as a positive experience or a gift.

“People who have gone through psychosis need to get disability or quit work/school.”

It is possible to live a full, independent life after having gone through psychosis.

Statistics

5% - 8% of the population experiences psychosis at some point. **For an average high school of 1,500 students, that's roughly four classrooms full of teens or 120 students.**

Almost everyone encounters someone who has gone through psychosis.

1 in 3 homeless people have some form of mental illness and have experienced psychosis.

Homelessness is a consequence of untreated mental health issues.

Early Intervention Can Prevent hospitalization

- “Hospitals are not healing they are just harming” -C.
- “Hospitals should be a last resort.” -S.
- “Hospitals are like holding cells.” -E.
- “When I got out of the hospital, I thought that I was alone, but the people at EASA were there for me, and they will be there for you.” -N. EASA Graduate & Young Leadership Council member
- *“I remember being in a dark and confusing place after my diagnosis. Your diagnosis does not define who you are. EASA changed my life and they will help you too!”*-N. EASA Graduate & Young Adult Leadership Council member



Personal Experiences and How EASA Helped

Tips for supporting someone experiencing psychosis

- Don't make jokes about what they are going through from a place of discomfort
- Humor can be comforting if used right - Laugh with don't laugh at
- Allow the person to speak - don't cut them off
- Encourage them
- Don't discourage them from trying things that may seem hard.
- Remember: Even if you haven't had the same experience, you can still empathize
- Be understanding if they can't accomplish the same things as before
- And never give up!

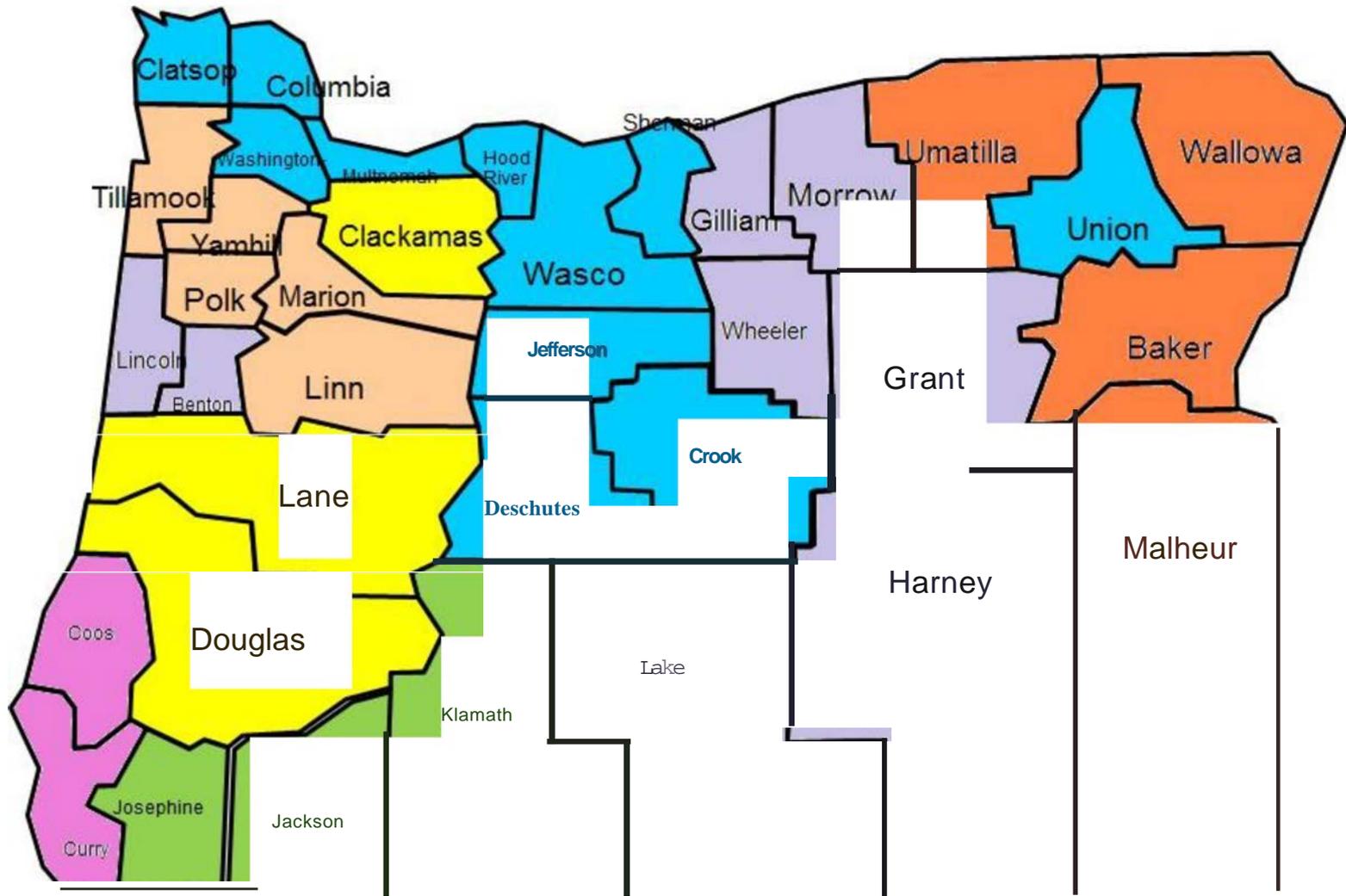
What do we want you to do?

- Educate teachers and students about psychosis
- Help bust stigma!



How to Connect with EASA

- Check out our **Resource table** here for more information
- Each county has an EASA program you can find your's here <http://www.easacommunity.org/easa-programs.php>
- Even if you are unsure you can refer students to EASA for an assessment
- EASA can refer to other programs if needed
- We strive to provide resources for students in all academic settings
- Connect with YALC at wallch@OHSU.edu



Student Health Advocate Panel: Providing Youth-Friendly Services



Haylee Williams
Student Health
Advocate Coach



Melissa Muñoz
Student Health
Advocate



Megan Feely
Student Health
Advocate



Morgan Gallardo
Student Health
Advocate

Moderator: Ashley McAllister, OSBHA Program Manager
ashley@osbha.org



Contact Us

School-Based Health Center Program

Oregon Public Health Division

800 NE Oregon St., Ste. 805

Portland, OR 97232

P: 971-673-0249

F: 971-673-0250

sbhc.program@state.or.us

www.healthoregon.org/sbhc



Oregon
Health
Authority



SBHCs Across Oregon





SBHCs are Serving Oregon's
Youth!



Ashland High School





Ashland High School

AHS
2017-18



Just like a snowflake,
You are One of a Kind



When like a snowflake,
All differences are One
Thank You



Think on the snowflake,
By each tiny twig,
are they like you



Ashland High School



Beaverton High School



Beaverton High School



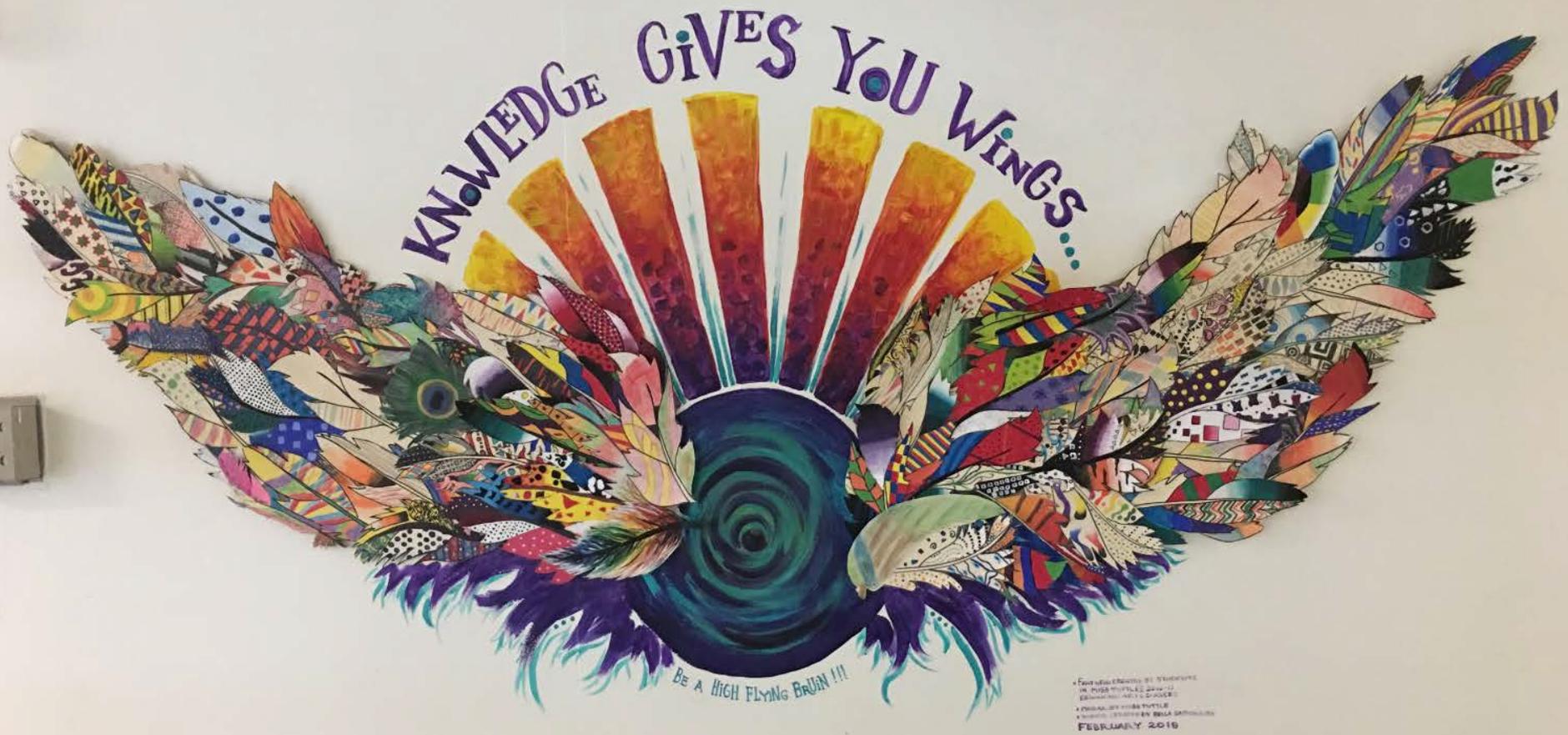
Beaverton High School



Beaverton High School



Brookings Harbor High School



Brookings Harbor High School

SBHC

CONTACT:

Text "teen2teen"
to 839863

Call
877-968-8491

March is:

Suicide Prevention

Awareness
Month



Brookings Harbor High School



Centennial High School



Centennial High School

**To avoid eating poop, sing the
alphabet song while you wash
your hands.**

Centennial High School

**WHEN DID
YOU LAST
HAVE YOUR
TEETH
CLEANED**

Centennial High School

Your opinion matters!



Take our survey for a chance to win a

SUBWAY gift card

Centennial High School

CENTENNIAL
HEALTH
CENTER

YOUTH ADVISORY COUNCIL



JOIN Y.A.C. MAKE A DIFFERENCE.

- Raise awareness & educate peers about health issues
- Advocate to make our school & community a healthier place
- Advise the Health Center on issues that matter to you

ALL STUDENTS
ARE WELCOME!!!

Leadership &
Communication Skills.
Health Knowledge & Skills.
Presentation & Job Skills
Volunteer Experience. Activity to
include in Scholarship & College Apps

Centennial High School



Churchill High School



Churchill High School



Churchill High School Bell Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Period 1	8:00-8:45	8:00-8:45	8:00-8:45	8:00-8:45	8:00-8:45
Period 2	8:45-9:30	8:45-9:30	8:45-9:30	8:45-9:30	8:45-9:30
Period 3	9:30-10:15	9:30-10:15	9:30-10:15	9:30-10:15	9:30-10:15
Period 4	10:15-11:00	10:15-11:00	10:15-11:00	10:15-11:00	10:15-11:00
Period 5	11:00-11:45	11:00-11:45	11:00-11:45	11:00-11:45	11:00-11:45
Period 6	11:45-12:30	11:45-12:30	11:45-12:30	11:45-12:30	11:45-12:30
Period 7	12:30-1:15	12:30-1:15	12:30-1:15	12:30-1:15	12:30-1:15
Period 8	1:15-2:00	1:15-2:00	1:15-2:00	1:15-2:00	1:15-2:00
Period 9	2:00-2:45	2:00-2:45	2:00-2:45	2:00-2:45	2:00-2:45
Period 10	2:45-3:30	2:45-3:30	2:45-3:30	2:45-3:30	2:45-3:30
Period 11	3:30-4:15	3:30-4:15	3:30-4:15	3:30-4:15	3:30-4:15
Period 12	4:15-5:00	4:15-5:00	4:15-5:00	4:15-5:00	4:15-5:00

Acetaminophen
Do not exceed the dose on the label.
Do not take more than 4,000 mg in 24 hours.
Do not take with alcohol.
Do not take if you are pregnant or breastfeeding.
Do not take if you have liver disease.
Do not take if you are taking other medicines that contain acetaminophen.
Do not take if you are taking other medicines that contain aspirin.

Acute
Remember that if an animal that is working there there is a public health impact.

Go Veterinary!
It's a responsibility.
It's a matter of safety in your pocket. And you'll be

HEALTHY RELATIONS

Churchill High School

CHURCHILL GSA PRESENTS

DRAG NIGHT

7:00 TO 8:00 PM

FRIDAY,
JANUARY 12TH

\$5 ADMISSION

Churchill High School



David Douglas High School

David Douglas School-Based Health Center



DAVID DOUGLAS
SCHOOL-BASED HEALTH CENTER
1024 SE 120th AVENUE
PORTLAND, OR 97203
503-980-3554
In Case of Emergency Dial 911
Public Health logo



David Douglas High School

**1 in 8 people
with HIV
don't know
they have it.**



**Everyone
16 - 18 years old
should be tested
at least one time.**

Test results
available
during your
visit!

**You can get
tested at your
School-Based
Health Center!**

David Douglas High School

Ask us about a Telephone Appointment today!

TELEPHONE VISITS ARE A CONVENIENT WAY TO GET THE CARE YOU NEED FOR THINGS LIKE:



- Sore Throat
- Stress
- Pinkeye
- Seasonal Allergies
- Contraception
- Medication Refills
- Sleep Problems
 - Nausea/vomiting
- Bladder Infection
- Referral Management
- Laboratory Test Results along with next steps of Care
- Follow up after Emergency Room Visit or Hospitalization

Lab needs to be done in the clinic | Prescription can be picked up at your convenience!

David Douglas High School

myth #1



everyone is having sex

FACT

Not everyone is having sex.

59% of students graduate having never had sex-- that's most of us!

Teens today are actually far less likely to have sex than their parents were.



myth #2



hooking up is no big deal

FACT

Hooking up has lasting consequences.

Most people end up regretting it (78% of women and 72% of men). Studies show that it can lower your self-esteem and mess with other relationships. It puts you at risk of getting a sexually transmitted infection and/or pregnant, especially when alcohol is involved.

Plan to

NETFLIX & CHILL ?

GET YES

myth #3



only one type of body is lovable

FACT

Body shaming is out. **Body positivity is in.** Media will have you believe that you have to look one specific way, but the average American female is a size 14 and American male has a size 39 waist. Don't allow the media's definition of beauty to get in the way of you doing do. #bodyposi



myth #4



I'm not at risk for STI's

FACT

Are you between the age of 15-24 years old? Then you are at a *higher risk* for getting a sexually transmitted disease (STI). Even though fewer of us are having sex, we account for **over half** of the 20 million new STI's that occur in the U.S each year.

Always use dual protection*, even if you aren't going all the way.



David Douglas High School

HUMAN PAPILLOMA VIRUS (HPV)



Eagle Point High School

School-Based Health Center

Health Center

Eagle Point High School

Winterspring

Grief Group

Starting This Month - FEB

Here at EPHS - TALK TO

MS. FLETCHER at Eagle Center

Eagle Point High School



Evergreen Elementary School

HOW MUCH SUGAR?

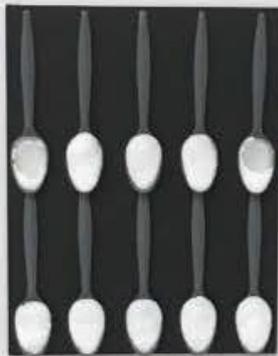
HOW WOULD YOU LIKE TO HAVE \$350 TO \$500 GIVEN TO YOU EVERY YEAR?



THAT'S HOW MUCH YOU (OR YOUR PARENTS) SPEND ON SODA YEARLY.



A 12 OUNCE CAN OF SODA CONTAINS TEN TEASPOONS OF SUGAR.



A SUPERSIZED (42 OUNCE) SODA CONTAINS 35 TEASPOONS OR ALMOST A CUP OF SUGAR.



THIS MEANS YOU GET MORE THAN 62 POUNDS OF SUGAR A YEAR FROM SODAS ALONE!!!

THE AVERAGE MIDDLE SCHOOL STUDENT DRINKS MORE THAN 500 CANS OF SODA A YEAR.

THAT'S OVER 94 GALLONS FOR EACH OF YOU!!!



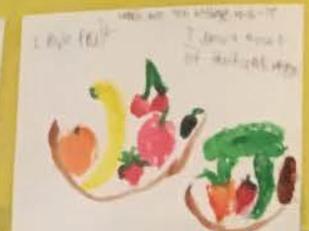
STACK ALL OF THE CANS ON TOP OF EACH OTHER AND IT WOULD BE OVER 200 FEET TALL!!!



SOAK-IN-THE-COKE EXPERIMENT

This nail and chicken bone have been soaking in a Coca-Cola bath for 24 hours. Check out the damage!!!

Evergreen Elementary School



Evergreen Elementary School



Forest Grove High School

will **shape** all of **tomorrow**

We Are the Future

TOTAL POTENTIAL

Let's be **Strong**

Thoughtful

CONFIDENT



TOGETHER



Forest Grove High School



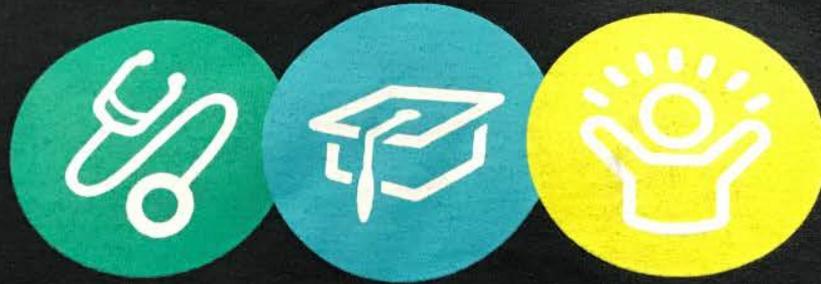
Franklin High School



MULTNOMAH COUNTY
student
HEALTH CENTER



Franklin High School



MULTNOMAH COUNTY
student
HEALTH CENTER

Franklin High School



Sign up for text messages!

Receive appointment reminders, account or care-related information on your cell phone.

It's easy to get these helpful texts!

- ① Give us your cell phone #
- ② Text MCHD to 622622

Message and data rates may apply. Text HELP to 622622 to receive help, STOP to 622622 to opt-out. Visit txt.tvox.com for more info.

Franklin High School

You can have checkups, physicals, get your prescriptions, or even talk to a counselor if you're feeling down.



LED DVI-IT HDMI

MAGNAVOX

Franklin High School

TURN YOUR STRESS INTO STRENGTH

GROWING UP CAN BE TOUGH. AND THE EXPERIENCES WE HAVE GROWING UP CAN IMPACT OUR HEALTH THROUGHOUT OUR LIVES. DIFFICULT AND NEGATIVE EXPERIENCES, OR ADVERSE CHILDHOOD EXPERIENCES (ACEs), CAUSE STRESS IN THE BODY THAT CAN MAKE US MORE LIKELY TO HAVE HEALTH ISSUES WHEN WE'RE OLDER. BUT THEY DON'T HAVE TO DEFEAT US. WE HAVE THE POWER TO RISE ABOVE. AND THE CLINIC STAFF CAN HELP! LEARNING TO CARE FOR OUR BODIES AND MINDS CAN HELP US TURN STRESS AND TRAUMA INTO OUR STRENGTH!

ASK YOUR PROVIDER ABOUT YOUR ACEs SCORE AND RESILIENCE

YOUR MIND
 MANAGED DIFFICULTY, ENJOYED LIFE, AND PRODUCE HEALTHY GUT BACTERIA. MIND MATTERS!

YOUR PEOPLE
 CONNECT WITH A PEOPLE WHO CAN GIVE YOU A HAND. USE HELP WHEN YOU NEED IT. MAKE IT A HABIT.

YOUR BODY
 TAKE UP STRESS. MOVE YOUR BODY. GET OUT OF YOUR HEAD. GET A GOOD NIGHT'S REST.

WANT TO LEARN MORE? CHECK OUT THESE RESOURCES:

YOUR PEOPLE

YOUR BODY

YOUR MIND

ADVERSE CHILDHOOD EXPERIENCES (ACEs)

Quick Tip for Kids to Manage Resilience

Want to feel better?

Franklin High School

*all a well



Hanby Middle School



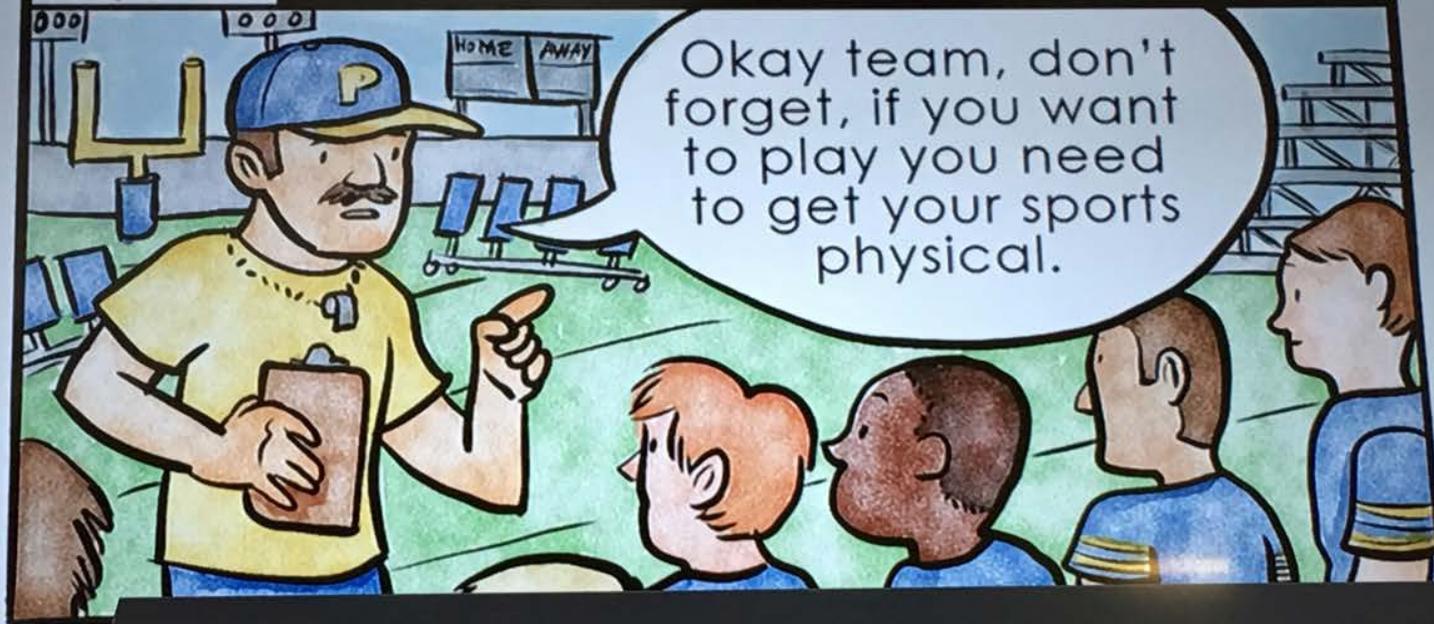
Harrison Park K-8



Harrison Park K-8

HEALTHY
COMIX
№2

Getting Your Game On With Sports Physicals!



KEEPING YOU HEALTHY AND READY TO PLAY

LED DOLBY DIGITAL DTS HDMI

MAGNAVOX

Harrison Park K-8

Eat Smart
Play Hard

Win a New
Energized YOU



Drink water

Drinking water helps you feel more awake and gives you more energy.

Sodas don't quench your thirst; they take water from your body.

Drink eight glasses of water a day.

Be Active

Working out can help you relax and reduce stress.

Keeping fit helps prevent injuries and makes you feel & look better.

You need 30-60 minutes of physical activity every day.

Harrison Park K-8

WTFIP
is Smart
9's to Increase
Age and Improve
Your Health
ing. These great foods
maintain the
energy
to increase after





JOSEPH LANE
SCHOOL

7200

CE 6th Ave

STOP

Ⓡ

Lane Middle School

 MULTNOMAH COUNTY
HEALTH DEPARTMENT

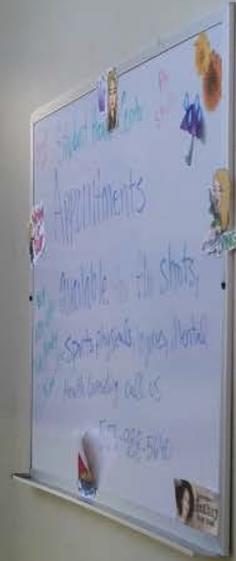
Welcome to Lane
School-Based Health Center



TEEN CLINIC
ПОДРОСТКОВАЯ
КЛИНИКА
CLINICA DE
ADOLESCENTES
PHÒNG
Y TẾ HỌC SINH
少年醫務所
XARUNTA
CAAHIRMAADKA
EE KURAYADDA

LANE
MIDDLE
SCHOOL-BASED
HEALTH CLINIC
PHONE
(503) 988-5640

 24
HOURS



Lane Middle School



5 *fruits and veggies*

4 *glasses water*

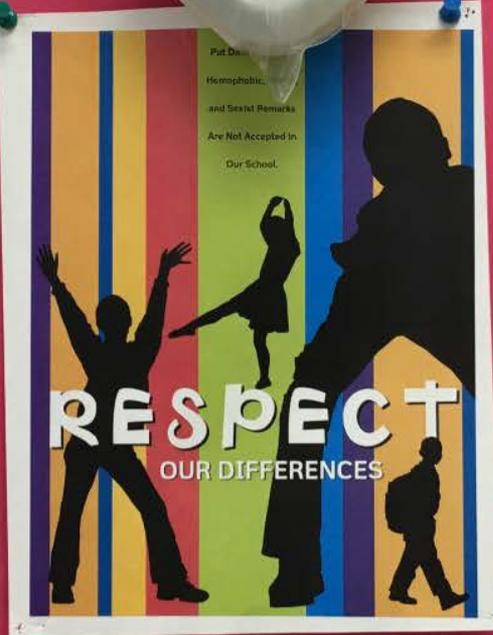
3 *good laughs*

2 *hours or less screen time*

1 *hour physical activity*

+8 *hours sleep*

EVERY DAY FOR GOOD HEALTH



Flavored tobacco is JUST AS TOXIC

- ✓ TOXIC chemicals
- ✓ Heart and lung disease
- ✓ Cancers

DON'T BE FOOLED
multco-itstartshere.org

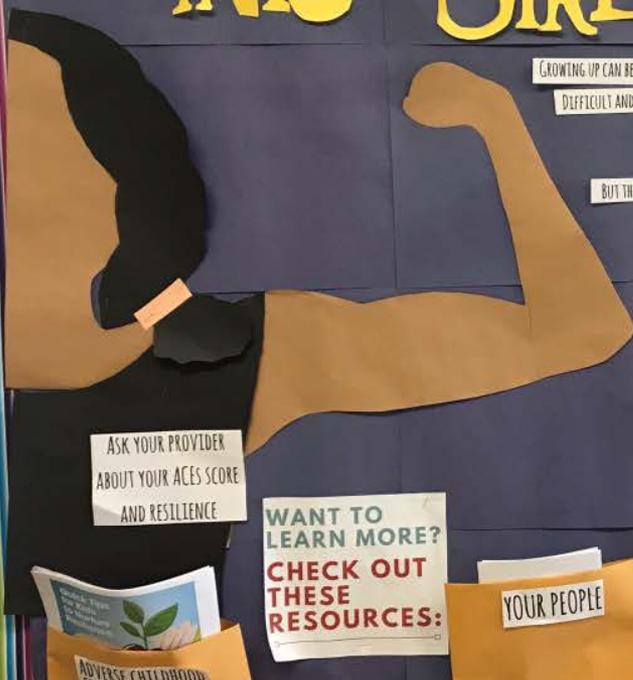
Multnomah County Health Department
Want to quit? - Quitnow.net or 1-800-QUIT-NOW

Lane Middle School



Madison High School

TURN YOUR STRESS INTO STRENGTH



GROWING UP CAN BE TOUGH, AND THE EXPERIENCES WE HAVE GROWING UP CAN IMPACT OUR HEALTH THROUGHOUT OUR LIVES. DIFFICULT AND NEGATIVE EXPERIENCES, OR ADVERSE CHILDHOOD EXPERIENCES (ACEs), CAN CAUSE STRESS IN THE BODY THAT CAN MAKE US MORE LIKELY TO HAVE HEALTH ISSUES WHEN WE'RE OLDER.

BUT THEY DON'T HAVE TO DEFINE US. WE HAVE THE POWER TO RISE ABOVE, AND THE CLINIC STAFF CAN HELP!

LEARNING TO CARE FOR OUR BODIES AND MINDS CAN HELP US TURN STRESS AND TRAUMA INTO OUR STRENGTH!



YOUR MIND

MANAGE DIFFICULT EMOTIONS OR THOUGHTS THROUGH:
• DEEP BREATHING
• YOGA
• MEDITATION



YOUR BODY

SHAKE OFF STRESS, MOVE YOUR BODY, AND GET A GOOD NIGHT'S REST.



YOUR PEOPLE

CONNECT WITH AN ADULT YOU CAN TRUST OR ASKING FOR HELP MAKES ALL THE DIFFERENCE. REACH OUT!

ASK YOUR PROVIDER ABOUT YOUR ACEs SCORE AND RESILIENCE

WANT TO LEARN MORE? CHECK OUT THESE RESOURCES:

YOUR PEOPLE

YOUR MIND



Top Doctors + Nurses
Sharon Anagnostis, MD, PhD
Tanya Nelson, MD, PhD
Congratulatory message for a doctor's achievement.

SEHC
Student Health Center

CONNECTION FOR EVOLUTION
Lowell's Road
Join Lowell's Road community!

Available at SEH Full-time Center
October 27th - November 1st, 2023
Madison, Wisconsin, U.S.A.

Madison High School

Have YOU been tested?

1 in 8 people with HIV don't know they have it.

Everyone 16 - 18 years old should be tested at least one time.

Test results available during your visit!

You can get tested at your School-Based Health Center!

Multnomah County Health Department
 School-Based Health Centers
www.multco.us/SBHC
infoSBHC@multco.us

social smoking is smoking

Heart and lung disease
 TOXIC Chemicals
 Cancers

DON'T BE FOOLED
multco-itstartshere.org
 Want to quit? - Quitnow.net or 1-800-QUIT-NOW

QUE NO TE ENGAÑEN

1 hora de HOOKAH = 100 CIGARROS

Condado de Multnomah
 Multnomah County Health Department

multco-itstartshere.org
 Déjelo ya - Quitnow.net o 1-855-DEJALO YA

DOWNLOAD OUR FREE APP!

MyChart

Anytime Anywhere

- POLY TOWEL
- BASINS
- TOWEL
- CUPS
- EAR SPECULUM
- CULTURE SWAB

Madison High School

TURN YOUR STRESS INTO STRENGTH!

Growing up can be tough. And the experiences we have growing up can impact our health throughout our lives. Difficult and negative experiences, or Adverse Childhood Experiences (ACEs), can make us more likely to get sick when we're older. But they don't have to define us. You have the power to rise above. And clinic staff can help you do it! Learning to care for our bodies and minds can help us turn stress and trauma into our strength!

Try these 5 tips for a less stressed, healthy life

Madison High School



Marshfield High School



Marshfield High School

80%

Let's close the gap!

40%

Over the course of a year, more than 80% of adults with physical ailments sought the care of a physician, but only 40% with mental illnesses sought the help of a mental health professional.

Make sure you treat your mental health with the same gravity as your physical health. Start now with a self-assessment.

SMH Screening for Mental Health™

Oregon School-Based Health Centers

Health care a few steps away

Be a mental health warrior at school!

What's an SBHC?

SBHCs are medical clinics that offer children and youth health care either in a school or on school grounds. They help children and youth get the care they need when they need it.

SBHCs have primary care providers such as doctors, nurse practitioners and physician assistants. Some have dental and mental health providers. They work with school nurses to help youth stay healthy and in school.

Community partnerships that include schools, school boards, parents, students and medical professionals create and support SBHCs.

How can an SBHC help?

- Well-child exams
- Sick visits
- Minor injury treatment
- Vision, dental and other health screenings
- Immunizations
- Alcohol and drug counseling
- Mental health counseling
- Reproductive health services
- Classroom presentations

Who can go?

SBHCs serve children and youth who attend the school. Some SBHCs serve students within the district or nearby partners and staff at the school, and other community members.

Why go?

- SBHCs are convenient
- It's easy to drop by or make an appointment
- Parents spend less time away from work
- Students spend less time away from school
- Care is youth-centered
- Services are affordable

Need more info?

www.healthoregon.org/sbhc

What about payment?

SBHCs serve children and youth even if they don't have insurance or can't pay. SBHCs can bill Oregon Health Plan and often bill other insurance.

IS IT CONFIDENTIAL?

Details about your visit could be sent to the person who pays for your health insurance...

UNLESS YOU TAKE ACTION.

Talk to clinic staff. They can tell you your options. For more information: <http://tinyurl.com/ORPatientPrivacy>

Why does this matter? Your insurance company may send information about where and when you got health care and what services you had to the person who pays for your insurance, like a parent or spouse.

Health PUBLIC HEALTH DIVISION Behavioral, Genetic and Reproductive Health

Marshfield High School



Mitchell School



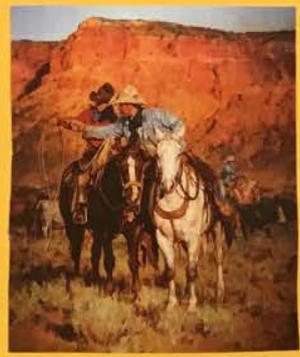
Mitchell School



BE A HERO



TALK



I love my...
life!



NO HUNTING
NO FISHING

Pretty

Ms. Alisha

Mitchell School

Be smart enough to know yourself
Strong enough to use your strengths
Wise enough ask for what you need

Today I need.....

(take what you need)

Patience
Hope
Courage
peace
Strength
Love
Underst
Faith
Patience
Hope

Mitchell School



North Eugene High School



**Why Don't They Just
Call Them What They Are?**

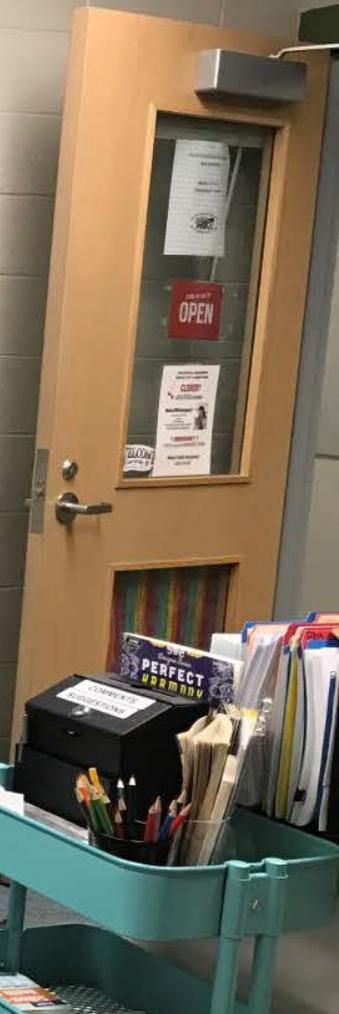
North Eugene High School



North Eugene High School



Pendleton High School



Pendleton High School

HAVE YOU HEARD ABOUT THE HEALTH CENTER AT PHS?



As you become more independent, there is a lot to think about. What's on your mind matters to us, and our trained staff at **Pendleton High School Health Center** are here to work with you! At the Health Center you can get the same kinds of health services that you get at a regular primary care clinic, and we are conveniently **located here at school!**

Pendleton High School

priority is partnering with you
✓ Emotional health and feelings

the counseling office and the cafeteria.

odule An
-3857.

MR
p
icella

FOLLOW US ON TWITTER

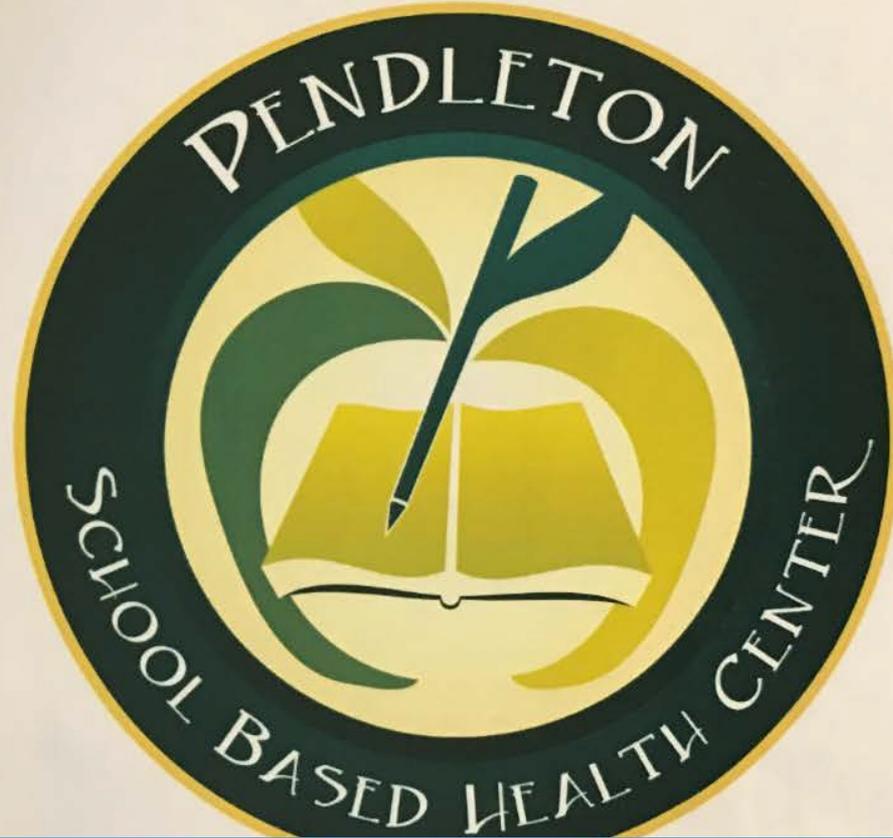


@PHShealth

- Current Events at the School-Based Health Center
- Health Reminders
- Nurse Availability

Pendleton High School

Follow us on !



Pendleton High School



Redmond High School



welcome

Redmond High
School-Based
Health Center

Redmond High School



Redmond High School

Well Care Visits FOR TEENS



Take Care of Your WHOLE Health

A Well Care Visit ONCE A YEAR will address all of your health needs, including forms if you play sports!

Redmond High School

covered for anyone

- Dental health
- Need for preventive immunizations

RHS

Youth Action Council

Are you passionate about the mental health of you and your peers? Do you want to be a part of creating positive change? This club is all about advocating for health while also learning strategies for managing stress and improving your own mental health!

what:

Youth Action Council is a club that runs throughout the year. Students will be investigating current mental health topics and advocating for change. Students will also learn and practice strategies for managing their own stress. Trainings and certifications such as safeTALK and OPR may also be

Redmond High School



Springfield High School

IS IT CONFIDENTIAL?

Details about your visit could be sent to the person who pays for your health insurance...



UNLESS YOU TAKE ACTION.

Talk to clinic staff.
They can tell you your options.
For more information:
www.patientprivacy.oregon.gov

Why does this matter?
Your insurance company may send information about where and when you got health care and what services you had to the person who pays for your insurance, like a parent or spouse.



Oregon Health
PUBLIC HEALTH DIVISION
Advocacy, Contracting and
Reproductive Health

¿ES CONFIDENTIAL?

La persona que paga su seguro de salud puede recibir detalles sobre su visita...



A MENOS QUE USTED TOMA LAS MEDIDAS NECESARIAS.

Platique con los empleados de la clínica.
Ellos le pueden explicar sus opciones.
Para más información:
www.patientprivacy.oregon.gov

¿Por qué es importante esto?
Su compañía de seguros puede enviar información sobre dónde y cuándo usted recibió cuidado de la salud y sobre los servicios que recibió a la persona que paga por su seguro, como por ejemplo su padre o cónyuge.



Oregon Health
PUBLIC HEALTH DIVISION
Advocacy, Contracting and
Reproductive Health

OREGON DEPARTMENT OF HUMAN SERVICES PUBLIC HEALTH DIVISION

TURN MISCONCEPTION INTO CONTRACEPTION

Get free birth control that works for you at ccare.oregon.gov

DHS | Independent. Healthy. Safe. oregoncontraceptivecare.org

Kids are too small for adult wide-body belts.

The A-B-C of Adult Safety Seats: Never let kids ride in the back seat of a car. Buckle seats right for the seat. Children under the age of 2 must always use a car seat. Children 2-5 must use a booster seat.

Kids take a back seat for safety. Children under the age of 2 must always use a car seat. Children 2-5 must use a booster seat.

¡Latinos Saludables!

¡Serie de clase gratis! Aprender como hacer sus recetas culturales favoritas mas saludables. La clase es por...



DIABETES NUTRITION PLACEMAT

MILK
1 serving = 2 gms of carbs, 8 gms protein

FRUIT
1 serving = 15 gms of carbs, 50 calories

Springfield High School

11 y/o: the HPV (Human Papilloma Virus) vaccine is recommended for boys and girls starting at the age of 11, and up to the age of 26, to prevent infections that can cause cancers of the cervix, vagina, vulva, anus, penis, and mouth/throat area. It can also prevent genital warts.

21+ y/o: Pap smears are recommended for women between 21-65 y/o to prevent cervical cancer.

50 y/o female: Women between the ages of 50-74 y/o are recommended a mammogram to screen for breast cancer, every 1-2 years. A colonoscopy is recommended between the ages of 50-75 to screen for colon cancer.

50 y/o male: A colonoscopy is recommended between the ages of 50-75 to screen for colon cancer.

55 y/o: If you are between the ages of 55-80 who is currently smoking or have quit smoking within the past 15 years, a CT scan of your lungs is recommended to screen for lung cancer.

65 y/o female: If you are 65 and above, a DEXA scan is recommended to screen for osteoporosis. A pneumonia vaccine is also recommended to prevent a lung infection.

Health Screenings on the TRAIL TO WELLNESS

Ask your Care Team about Health Screenings Today!



11 años: la vacuna VPH (virus del papiloma humano) es recomendable para niños y niñas a partir de los 11 años, y hasta los 26 años, para prevenir infecciones que pueden causar cáncer del cérvix, vagina, vulva, ano, y área de la boca/garganta. También puede prevenir las verrugas genitales.

21+ años: La prueba de Papanicolaou es recomendable para mujeres entre 21-65 años para prevenir el cáncer cervical.

50 años -mujer: Se recomienda un mamograma entre las edades de 50-74 para detectar el cáncer de mama cada 1-2 años. Se recomienda la colonoscopia entre las edades de 50-75 para detectar el cáncer de colon.

50 años -hombre: Se recomienda la colonoscopia entre las edades de 50-75 para detectar el cáncer de colon.

55 años: Si usted tiene entre 55 y 80 años de edad y fuma o dejó de fumar dentro de los últimos 15 años, se recomienda una tomografía computarizada de sus pulmones para detectar cáncer de los pulmones.

65 años -mujer: Si tiene 65 años o más, se recomienda un examen de la densidad mineral ósea llamada DEXA scan para detectar osteoporosis. También se recomienda la vacuna contra la neumonía para prevenir la infección de los pulmones.

65 años -hombre: Si se fuma o se recomienda un ultrasonido entre los 65-75 años para detectar el cáncer de colon. También se recomienda la vacuna contra la neumonía para prevenir la infección de los pulmones.

Springfield High School



Taft High School



Taft High School

you are

Amazing!

you are

Important!

you are

Special!

you are

Unique

you are

Kind!

Taft High School



Toledo High School



Toledo High School



Tualatin High School

The sign features a logo on the left with a stylized figure in red and yellow. To its right, the letters 'SBHC' are displayed in large, colorful, outlined font: 'S' is red, 'B' is teal, 'H' is orange, and 'C' is green. Below this, the text 'School-Based Health Center' is written in black, followed by 'at Tualatin High School' in red script. At the bottom, it says 'in partnership with Virginia Garcia Memorial Health Center' with a large black arrow pointing to the right. A smaller sign is attached to the top left, titled 'Tualatin Immunization Clinic' and listing services like 'Flu Shots & Shots'.

Tualatin Immunization Clinic

Tualatin High School
HEALTH CENTER

SBHC

School-Based Health Center
at Tualatin High School

in partnership with Virginia Garcia Memorial Health Center

Tualatin High School

Tualatin Immunization Clinic

*Bring any known immunization records and/or any related vaccine documents and letters

Tuesday February 13th

8:30am - 4:00pm



**Tualatin
High School**

School-Based
HEALTH

- Students that DO NOT have the required vaccines by February 21st will be EXCLUDED from school until they have received the appropriate vaccines.
- Students 14 and under need to have legal guardian present.
- Students over 15 can come in on their own, but ID and insurance

Tualatin High School

- *No patient will be turned away for their inability to pay. Please ask front desk staff for more information.



Tualatin High School





Tualatin High School



The Power Of Intention

*"You are what your deepest desire is.
As your desire is, so is your intention.
As your intention is, so is your will.
As your will is, so is your deed.
As your deed is, so is your destiny."*

- Upanishads

Tualatin High School



Union School District



Union School District



Union School District

SBHC stands for School Based Health Center

What does it mean to you?



S Smiles

B andaids

H elp

C are



Union School District



White Mountain Middle School



White Mountain Middle School

**SMOKE FREE
IS THE COOL
WAY TO BE**

**4 reasons not to
smoke:**

- LUNG CANCER!
- HEART DISEASE
- HIGH BLOOD PRESSURE
- COPD (CHRONIC OBSTRUCTIVE PULMONARY DISEASE)

ARE JUST A FEW OF THE REASON
WHY SMOKING IS UNHEALTHY
FOR YOU.



**EAT THIS
NOT THAT.....**



**LET'S TALK ABOUT
STRESS.....**

WHAT HAPPENS TO YOUR BODY?

HEART RATE SPEEDS UP
BLOOD PRESSURE RISES
PUPILS DILATE
LIVER RELEASES GLUCOSE

THEREFORE: ENERGY INCREASES/MUSCLES ARE ON ALERT TO ACT
WEAKER IMMUNE SYSTEM (GET SICK EASIER)

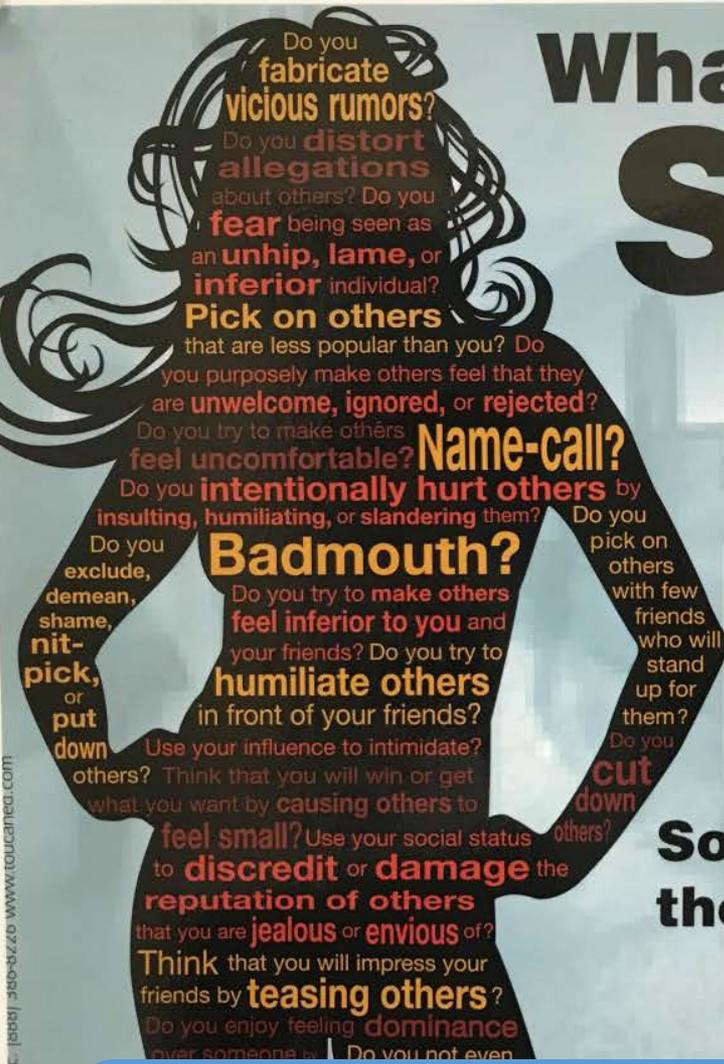


Help
← Yourself →



White Mountain Middle School

What is Social Bullying?



Verbal or nonverbal harm to someone's group acceptance by: gossiping, starting or spreading rumors; teasing publicly about clothes, looks, relationships with boys/girls, etc.; ignoring someone and excluding them from a group; ostracizing using notes, instant messaging, e-mail, etc.; posting slander in public places (such as writing derogatory comments about someone in the school bathroom), playing mean tricks to embarrass someone; enforcing total group exclusion against someone by threatening others if they don't comply, and/or arranging public humiliation.

Some of these behaviors are against the law. All of them are mean, so just

STOP BULLY IT!

White Mountain Middle School



YOU'RE ALMOST ALL GROWN-UP.

**BUT YOUR BRAIN
IS STILL GROWING.**

Oregon
Health
Authority

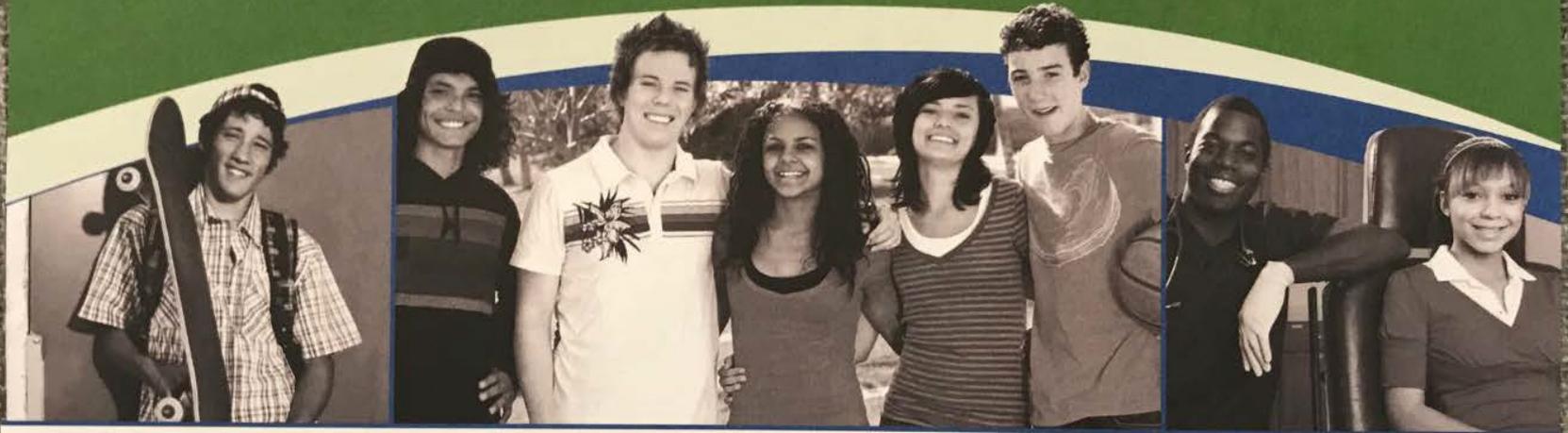
Your brain is still developing and it won't be complete until your twenties. Using weed while you're young can keep you from reaching your full potential. And if you're under 21, recreational pot use is still illegal.



More about how pot use affects young people:
healthoregon.org/marijuana

White Mountain Middle School

We cover all uninsured Oregon kids and teens.



No-cost or low-cost health coverage

- Healthy Kids covers all the care teens need, including annual physicals, school-based health center visits, prescriptions, dental, vision, preventive services, mental and behavioral health care, and more.
- Youth up to age 19 qualify, and coverage lasts for one full year.
- Once enrolled, stay enrolled. Don't let your coverage lapse.

White Mountain Middle School

If you'd like help filling out the Healthy Kids application, there are local organizations in



Yamhill Carlton High School



Yamhill Carlton High School

Yamhill Carlton

HEALTH CENTER

YCSBHC.ORG • 503.852.6960

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Yamhill Carlton High School



THANK YOU FOR ALL YOU DO!