School-Based Health Center Orientation

September 2019
SBHC State Program Office
www.healthoregon.org/ah
Objectives

• Provide an overview of Oregon’s SBHC model
• Review SBHC certification requirements
• Outline data and reporting requirements
• Show examples of how SBHCs can be youth focused
• Identify SPO resources
Adolescent and School Health Unit
Adolescent and School Health Programs

- Adolescent Health Policy and Assessment
- School-Based Health Centers
- School Nursing
- Youth Sexual Health
Our **Vision**: Oregon is the very best place for all youth to learn, grow, and thrive.

Our **Mission**: To support the health of all youth in Oregon through evidence-based and data driven policies, practices, and programs.
SBHC State Program Office (SPO)

Our roles:

• Certification
• Technical assistance
• Policy and program development
• Data collection and analysis

• Funding
  – Base funding
  – Mental Health Expansion Grant
  – Special projects/grants

9 employees

1 Program Lead
1 Epidemiologist/Health Economist
2 Public Health Nurses
1 School MH Specialist
2 Research Analyst
1 Program Analyst
1 Administrative Support

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit
Oregon SBHC Model
SBHCs are...

- Integrated in the school
- Built on partnerships
- Youth-centered
- Convenient for parents
- Convenient for students
- Accessible – no one shall be denied access due to insurance status or ability to pay
- Effective and lead to better health and educational outcomes
SBHCs improve health outcomes...

• increased use of vaccination and preventive services

• reduced asthma morbidity

• fewer emergency department visits and hospital admissions

• higher contraceptive use among females

• improved prenatal care and higher birth weights

• lower illegal substance use and alcohol consumption

• reduced violence.


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Adolescent and School Health Unit
SBHCs improve educational outcomes…

• Reduction in rates of school suspension

• Higher high school completion

• Increases in grade point averages

• Increases in grade promotion


OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit
Certified SBHCs in Oregon

- 78 certified SBHCs in 26 counties
  - 46 high schools
  - 6 middle schools
  - 11 elementary schools
  - 15 combined-grade campuses
Certified SBHCs in Oregon

- 73% sponsored by Federally Qualified Health Centers
- 50% are state recognized as patient-centered primary care homes. [www.primarycarehome.Oregon.gov](http://www.primarycarehome.Oregon.gov)
- 68% are located in primary care health professional shortage areas.
- 19% SBHCs have a dental provider onsite.
- 100% of SBHCs have a mental health provider onsite
Certified SBHCs in Oregon

During 2017-18 service year:

SBHCs serve the whole child. Reasons for SBHC visit, 5–21 years old:

- **59%** primary care
- **39%** behavioral health
- **2%** dental health
- **31%** acute care
- **12%** well visit
- **9%** reproductive health
- **7%** immunizations
SBHC Base Funds

- **SBHC Base Funding Formula:**
  - Certified SBHCs receive $60,000/year

- SBHC funds under Program Element 44 shall only be used to support activities related to planning, oversight, maintenance, administration, operation, and delivery of services within one or more SBHCs as required by OHA’s SBHC funding formula.
New First Right of Refusal

• As of July 1, 2019

– Each biennium Local Public Health Authorities (LPHAs) are given the “right of first refusal” for SBHC contracts with the state
State SBHC Program Funding

New

SPO

LP HA

SPO

LP HA

SBHC Medical Sponsor

Mental Health Agency

SBHC Medical Sponsor

Mental Health Agency

SPO

SBHC Medical Sponsor

Mental Health Agency
Mental Health Expansion Grant Funds

- 2013: Initial legislative investment - $4.6 million
- 2019 Legislature dedicated $7.5 million, which supports:
  - 48 MH FTE in 62 SBHCs (27 counties)
  - 16 SBHCs supported with MH Youth-Led Projects grants

100% of SBHCs now have a MH provider onsite!!!
Mental Health Expansion Grant Funds

- Awarded in 2-year grant cycles
  - Currently 2019-2021 biennium
- Next funding cycle will begin spring 2021
- “Funding Formula” for existing grantees

- “Pooled Funding” for:
  - Existing grantees
  - New/previousy unfunded SBHCs
QUESTIONS???
Standards for Certification
SBHC Standards

- In Oregon Administrative Rules
- Clearly defined model
- Standardizes SBHCs in Oregon
- Increases evidenced-based best practice and quality improvement
- Voluntary process
- Only certified sites are eligible for SPO funding


OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit
Role: Sponsoring Agency

• A sponsoring agency is an entity that provides an SBHC or contracts with another entity to provide one or more of the following:
  – Funding
  – Staffing
  – Medical oversight
  – Liability insurance
  – Billing support and
  – Space

• Medical sponsorship requirements shall include:
  – Medical liability coverage
  – Ownership of medical records and
  – Medical oversight
Role: SBHC Site Coordinator

Primary contact between SBHC & SPO

- Help keep SBHC in compliance
- Notify SPO when out of compliance
- Prepare for and attend SPO site visits
- Submit required information to SPO
- Keep Operational Profile up to date
- Attend meetings with SPO
- Forward communications to others within the SBHC
Standards for Certification

- Section A: Certification process
- Section B: Sponsoring agency
- Section C: Facility
- Section D: Operations/staffing
- Section E: Comprehensive pediatric health care
- Section F: Data collection/reporting
- Section G: Billing
- Section H: Terminology
Standards for Certification: Operations/staffing

- SBHCs must be open and offering clinical services (medical, behavioral and/or oral health) a minimum of three days/week when school is in session.

- SBHCs must be open for services at least 15 hours/week, with availability for same-day and scheduled appointments.

- At least one licensed medical professional must be available on-site each day the SBHC is open. (e.g., MD, DO, NP, ND, PA, DMD, EFDA, RDH, RN, LPN and/or QMHP)
Standards for Certification: Operations/staffing

### Table 1: SBHC minimum staffing requirements

<table>
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<tr>
<th>SBHC staffing type</th>
<th>Minimum hours per week</th>
<th>Minimum days per week</th>
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<td>Office/health/medical assistant</td>
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<td>Primary care provider</td>
<td>10 hours</td>
<td>2 days</td>
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<tr>
<td>Additional health professional (medical/behavioral/oral health)</td>
<td>10 hours</td>
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</table>
Standards for Certification: Comprehensive pediatric health care

- SBHCs provide pediatric health care in line with nationally recognized standards of care, including recommendations from the American Academy of Pediatrics Bright Futures guidelines. SBHC providers should refer to Bright Futures to determine age appropriate levels of service.

- [https://brightfutures.aap.org](https://brightfutures.aap.org)
Standards for Certification: Comprehensive pediatric health care

Table 2: Comprehensive pediatric health care minimum requirements

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<tr>
<th>Comprehensive pediatric health care</th>
<th>Minimum level of service required</th>
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<tr>
<td>History</td>
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<td>Comprehensive medical histories</td>
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<td>Weight and height</td>
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<td>Health assessment**</td>
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<td>Assessment of educational, achievement and attendance issues</td>
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<tr>
<td>Developmental assessments</td>
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<td>Psychosocial/behavioral assessment</td>
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<td>Depression screening</td>
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<td>Alcohol and other drug screening</td>
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<tr>
<td>Alcohol and other drug assessments**</td>
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<td>Prescriptions for mental health conditions</td>
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<td>Individual, group and family counseling and treatment</td>
<td>Referral</td>
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<tr>
<td>Social services assessment and referral</td>
<td>Referral</td>
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</table>

Notes:
* Environmental/behavioral services include mental health and substance abuse.
** Health assessments may be completed through a health assessment tool or through documented assessment of health risk and strengths (e.g., physical growth and development, emotional well-being, resilience and injury prevention, etc.).
*** If not available on-site, a written agreement with the outside provider or agency must be in place to provide services and for sharing information necessary to provide coordinated care.
**** SPO recommends on-site access to contraceptives and condoms. Providing access to contraceptives is a clinical best practice recognized by the American Academy of Pediatrics, the Centers for Disease Control and Prevention, and other national and international organizations. However, communities may choose to offer contraceptives by referral.
***** Rapid urinary human chorionic gonadotropin (HCG) and Chlamydia, gonorrhea, syphilis.

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit
Standards for Certification: Verification Site Visit

- SBHCs **attest** they meet Oregon’s Standards for Certification
  - Initial certification application
  - Operational Profile

- SPO conducts a **verification** site visit of each SBHC
  - within one year of application approval
  - every two years for a representative sample of certified SBHCs in each SBHC system.
Verification Review Tool

Certification Verification Review Tool
Reference: Oregon School-Based Health Centers Standards for Certification, Version 4

Section A: Certification Process
Certification Standard | Complaint | Comments
--- | --- | ---
A.2.e. At least 1 person from an SBHC must attend SBHC orientation, provided by the program, within 1 year of approval of certification application | NO |

Section B: Sponsoring Agency
Certification Standard | Complaint | Comments
--- | --- | ---
B.1.a. SBHC sponsoring agency/ies provides: | | Sponsoring agency:
- Funding
- Staffing
- Medical oversight
- Liability insurance
- Billing support
- space

As of July 2019


OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit
Certification Binder

• Organization of a variety of documents required for the certification process;
  – MOUs
  – required SBHC-specific policies

• Review by SPO site reviewer during certification verification visits

• Training of new SBHC staff on basic policies and procedures
Site Visit Report

- Who attended site visit
- Who we met with during visit
- Who attended debrief
- Strengths of staff
- Impression of SBHC model
- Items corrected at visit
- Waivers in place
- Key findings
- Areas for improvement
Site Visit Report

- Action Item
- Plan
- Deadline
- Date Completed
Certification Plaque

THIS IS A CERTIFIED SCHOOL-BASED HEALTH CENTER

Oregon Health Authority
Public Health Division
School-Based Health Center Program

2019-21

SBHC
School-Based Health Centers

Oregon Health Authority
Standards for Certification: Waivers

- SBHCs must notify the program **within 20 calendar days** of any change that brings the SBHC out of compliance.

- Waiver must include:
  - an explanation of the non-compliance
  - a plan for corrective action
  - date for meeting compliance.

- SPO will approve or deny the waiver within two weeks of submission.
Standards for Certification: Other

- New Site Coordinator
- Medical sponsor change
- Transfer of location on school grounds
- Transfer of location off of school grounds (to another school)
- Closure of a SBHC
- Opening a new SBHC
Mental Health Expansion Grant Requirements

• Support behavioral health capacity (FTE) within SBHC
• May use grant dollars for:
  – Billable services
  – Direct services without reimbursement
  – Prevention, education and outreach activities
• Meet data requirements outlined in Standards
• Notify SPO of extended vacancies in grant-funded positions within 20 days
• Participate in SBHC Orientation webinar
• Participate in SPO check-ins and site visits
Mental Health Expansion Grant Requirements

• Provide **inclusive, welcoming services** for youth from diverse backgrounds

• Prioritize **school-aged youth**

• Strategy to ensure access, **regardless of ability to pay**

• Work with medical sponsor to **coordinate SBHC services** (integration)

• Work with medical sponsor to support relationship with **SBHC host school**

• Report known suicides to OHA Suicide Prevention and Intervention Coordinator
QUESTIONS???
SBHC Data & Reporting Requirements
SBHC Data Related Requirements

• Operational Profile
• Annual Operating Revenue Information
• Key Performance Measures (KPMs)
• Visit/Encounter Data
• Student Satisfaction Survey
• Mental Health Expansion Grant Report
## Operational Profile

### SBHC Detail - Web

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<thead>
<tr>
<th>Details</th>
<th>Operations</th>
<th>Staff</th>
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</table>
Operational Profile

• When is the information required to be updated and confirmed?

  • Initial site certification
  • By October 1st of each year
  • Prior to your certification site visit
  • As changes occur during the year

Email sbhc.program@dhsoha.state.or.us with questions on the Operational Profile.
Operational Profile User’s Guide

Oregon School-Based Health Centers

Operational Profile User’s Guide 2019-20


OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit
Annual Operating Revenue Information

- Submission
  - October 1st of every year
  - Retrospective data report for the previous service year of July 1st through June 30th
Key Performance Measures

• Well visit

• Comprehensive Health Assessment

• Optional Measure for 2019-2021
  – Adolescent Immunization
  – Chlamydia Screening
  – Depression Screening
  – Nutrition Screening
  – Substance Use Screening
Key Performance Measures

• SBHCs are required annually to perform a random chart audit on a subset of their charts for clients ages 5-21
  ➢ Submitted by October 1st
  ➢ Enter into the Operational Profile

• On our website you’ll find Guidance documents that outline the definitions and requirements, including criteria for the eligible population for each Core and Optional measure.

• Any physical, mental or oral health visit should be included in the chart audit, unless stated otherwise.
Visit/Encounter data

- All visits – physical health, behavioral health, oral health
- All clients – clients of any age (not just school-age)
- Usefulness of visit data
  - Types of visits, types of diagnoses, client demographics
  - Create reports, brochures, marketing materials
  - Apply for grants
  - Present data to legislature, school board, community partners, potential funders
Visit/Encounter data deadlines

- **Mid-year reporting**
  - January 15\(^\text{th}\) of every year
  - Covers all visits from 7/1 through 12/31

- **Year-end reporting**
  - July 15\(^\text{th}\) of every year
  - Covers all visits from 7/1 through 6/30

Data must be submitted to the State Program Office in a secure manner to be HIPAA compliant.
Student Satisfaction Survey

• Administered on iPad
• Client ages 12 to 19
• Administer it one time to a client
• Each SBHC is given a number of surveys to complete each year
Student Satisfaction Survey deadlines

- **Mid-year reporting**
  - January 15th of every year
  - Surveys completed since the beginning of school year
- **Year-end reporting**
  - June 30th of every year
  - Remainder of surveys completed since mid-year
Students between the ages of 12 and 19 who visit the SBHC may be asked to complete an anonymous survey after their visit. The survey asks about the student’s satisfaction and experience at the SBHC, as well as some general questions about their physical and mental health status. Students can refuse to take the survey and this will not affect their ability to get care at the SBHC. A copy of the survey is available below. If you have questions about the survey, please contact the SBHC State Program Office at sbhc.program@dhsoha.state.or.us.

https://www.oregon.gov/oha/PH/HEALTHYPEOPLEFAMILIES/YOUTH/HEALTHSCHOOL/SCHOOLBASEDHEALTHCENTERS/Pages/data-requirements.aspx
Mental Health Expansion Grant Report

- Biannual narrative reports:
  - January 2020
  - July 2020
  - January 2021
  - July 2021

- Biannual mental health encounter data:
  - January 15, 2020
  - July 15, 2020
  - January 15, 2020
  - July 15, 2020
QUESTIONS???
Have You Heard About The School Based Health Center?

As you become more independent, there is a lot to think about - school, friends, family, body images, self-esteem. All of these issues are important to us, and our trained staff at the School Based Health Center (SBHC) are here for you! At the School Based Health Center you can get the same kinds of health services that you get at a regular primary care clinic, conveniently located here at school! Our health providers are specifically trained to work with teens and are available to help you with whatever you need.

Common Topics You Can Have Addressed:
- Your health questions - our priority is to partner with you
- Emotional health and wellness
- Substance of healthy relationships
- Bullying
- Health issues and sports physicals
- Weight, diet and overall physical health
- Drug or alcohol use or experimentation
- Sexual Health
- Treatment for illness and infections
- Vision exams and hearing screenings
- Immunizations and vaccines

You Privacy is Important
At the School Based Health Center we have strict policies around confidentiality. For the most part, talk about will stay between you and your health provider and will not be shared with your parents or others. If something needs to be shared, we will always talk with you about it first, and work with you on how to do that.

Billing & Insurance
No student will be turned away due to ability to pay. We welcome ALL students, and accept most insurance including the Oregon Health Plan. If you don’t have insurance, don’t worry - we will still see you.

Location and Hours:
We are located in the orange building just past the high school. See our sign Orchid Health Wade Creek Clinic:

MON 7-9, TUE 8-9, WED 8-5, THU 8-9, FRI 7-9
Trustworthy Convenient Confidential

Stop by or call us: 905-360-0150
We want to partner with you to provide the best care possible. Make your appointment today!

Find us on Facebook: OrchidHealthWadeCreekClinic

Estacada SBHC Affordability
Milwaukie SBHC Integration
Vaccinations are required for school. The Vaccine For Children (VFC) program allows all children without insurance and money to be vaccinated. Below are the Lincoln County Walk-in-Clinic schedules for August 2019 (no appointment needed). English Spanish After September 5th, please call your School-Based Health Center (SBHC) to get school vaccines. Newport SBHC 541-265-0472 Taft SBHC 541-265-0474 Toledo SBHC 541-265-0473 Waldport SBHC 541-265-0471

https://nhs.lincoln.k12.or.us/.../august-2019-lincoln-county.../
You are invited to participate in:
Sandy High School

Yoga and Mindfulness for Mental Health

Join other students in this confidential weekly group where we will learn the fundamentals of yoga, mindfulness techniques, and develop strategies to cope with the stressors of daily life. Contact Batinah at the School-Based Health Center with questions at x7902, or stop by to inquire. This group may be for you if you experience anxiety, panic, depression, low self-esteem, difficulty focusing, test or performance anxiety, and/or many other common daily challenges. Free to SHS students. All body types and genders welcome. No prior experience required.

Time and specific location TBD. Group is run by SBHC therapist Batinah Dawdy White, MS, LPC, RYT-200, and YogaCalm Certified Youth Instructor at Sandy High School.
Sandy SBHC Accessibility
Franklin SBHC Visibility
Centennial SBHC Welcoming
Baker SBHC Furniture
Jackson SBHC Environment
Milwaukie SBHC Mural
Marshfield SBHC Mural
Madras SBHC Availability

Madras High SBHC Hours
For after hour access call 541-383-3005.
Lunch from 1pm-2pm

MONDAY: 8am-5pm
TUESDAY: 8am-5pm
WEDNESDAY: 8am-5pm
THURSDAY: 8am-5pm
FRIDAY: 10am-12pm

Horario de Madras High SBHC
Para acceso fuera del horario laboral, llame al 541-383-3005.
Almuerzo de 1pm-2pm

LUNES: 8am-5pm
MARTES: 8am-5pm
MIÉRCOLES: 8am-5pm
JUEVES: 8am-5pm
VIERNES: 10am-12pm
Your privacy and confidentiality is important to us. If you would prefer not to say aloud your purpose of our visit today, you may choose from the cards provided and hand it to the front desk staff.

Thank you.
tis the Season of Self care

During winter, our mood can be affected by the lack of sun, making us feel less energized and less joyful.

Try these tips to beat the winter blues and stay bright this season:

- Go solo!
- Do something you love
- Breathe.
- Check out these resources:
  - Free Self Care Apps!
  - Relaxation Technique

Want to learn more? Come talk to me at the Roosevelt School Social Health Center.
La Grande SBHC Student Artwork
Benson SBHC Safe Space for All

This is a safe and inclusive space for lesbian, gay, bisexual and transgender students and their allies.

All students deserve a safe and welcoming school environment.

Yet, according to GLSEN’s National School Climate Survey:

- 9 out of 10 LGBT youth are harassed at school because of their sexual orientation.
- Two-thirds of LGBT youth are harassed at school because of their gender expression.
- Nearly a third of LGBT youth miss at least one full day of school a month because they feel unsafe.
Roosevelt SBHC Surveys

YOUR OPINION MATTERS
TAKE OUR SURVEY AND MAKE IT COUNT

YOUR SBHC TEAM
La Pine SBHC Best Practices

Youth Annual Wellness Exams

For Ages 12 - 21 Years Old

The Youth & Guardian will each receive their choice of a $25 Gift Card for:

Offered at Our Following Locations
- Main Clinic
- Sunriver
- LaPine & Gilchrist School Based Health Centers

Call 541-536-3435

Wellness Exams are only covered by insurance companies once per year.
Multnomah SBHCs Flexibility

Sign up for text messages!
Receive appointment reminders, account or care-related information on your cell phone.

It’s easy to get these helpful texts!

1. Give us your cell phone #
2. Text _______ MCHD _______ to 622622

Message and data rates may apply. Text HELP to 622622 to receive help, STOP to 622622 to opt-out.
Visit txt.teen.com for more info.
You can have checkups, physicals, get your prescriptions, or even talk to a counselor if you're feeling down.

Let's take a listen to that heart.
Beaverton SBHC Accessibility
Franklin SBHC Youth Engagement

FRANKLIN STUDENT HEALTH CENTER
YOUTH ACTION COUNCIL

WHAT WE DO:
- Raise awareness and educate peers about health issues.
- Advocate to make our school & community a healthier place.
- Advise the health center on student health issues.

TO JOIN stop by the health center for more information or come to a meeting and check it out.

MEETINGS MONDAYS @ LUNCH IN ROOM S153

ALL STUDENTS ARE WELCOME!

SNACKS PROVIDED!
Benson SBHC Social Media

14 likes
benson_wellness_center “It’s almost finals!!! You’ve CAT to be KITTEN me!”.
SPO Resources
Oregon School-Based Health Centers

The SBHC Model

Healthy kids learn better. School-Based Health Centers (SBHCs) ensure that kids can get the care they need, without missing class time.

SBHCs are a unique health care model for comprehensive physical, mental and preventive health services provided to youth and adolescents either within a school or on school property. With easy access to health care in a school setting, SBHCs reduce barriers such as cost, transportation, and concerns surrounding confidentiality that often keep children and youth from seeking the health services they need. SBHCs provide a range of physical, mental and preventative health services to all students, regardless of their ability to pay.

SBHCs are staffed by a primary care professional who may be a doctor, nurse practitioner or physician’s assistant, other medical or mental health professionals and support staff, such as a receptionist. The centers are comfortable and accessible to encourage kids to either make an appointment to come in or to drop by when they need medical attention and/or want to learn more about health issues.

SBHCs have existed in Oregon since 1988 and succeeded through unique public-private partnerships between the Oregon Public Health Division, school districts, county public health departments, public and private practitioners, parents, students, and community members.

Goals of SBHCs

- Improve access to affordable quality primary care and mental health services for school-aged youth
- Provide patient-centered care services for all students, regardless of insurance status
- Reduce costs related to unnecessary hospital stays and use of emergency rooms
- Improve educational outcomes because healthy kids learn better
- Save parents time by reducing missed work hours

SBHC Clients

Services are available to students regardless of their ability to pay. Insurance status, race, color, national origin, religion, immigration status, sexual orientation, handicap, or gender. Discriminatory preferences, or acts to provide unequal access to services are prohibited.
Re-Certification Checklist

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit

Suggested Practices

School-Based Health Centers
Suggested Practices
Updated October 2018

This document is meant to provide some basic guidance for existing certified school-based health centers (SBHCs), and may be useful to sites planning for an SBHC. It is not a comprehensive guide, nor does it address all clinical best practices. The intent of the document is to provide a foundation on which to build a successful, sustainable center. This document is not a prescribed checklist of items or ideas; rather, this document refers to other documents, websites and resources to help support your efforts. This document is also intended to help persons new to the SBHC model have some array of resources at hand.

This document is a companion to the Oregon School-Based Health Centers Standards for Certification, Version 4. The majority of this document is structured so that it follows the outline format of the certification standards. For example, if you have a question about Table 2 in the standards and what “Provision of age-appropriate anticipatory guidance” means, then you would look in this document for any explanation or resource available. Not all elements of the certification standards have a listed resource.


OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit
Annual Status Report or Update

Oregon School-Based Health Centers
2019 Status Report

SBHC Fact Sheets

- Individual SBHC reports are created annually and sent to the Coordinator by the end of the calendar year.

- The fact sheet includes:
  - Statewide data on Oregon SBHCs
  - Site-specific data
  - School indicators

<table>
<thead>
<tr>
<th>STATE-LEVEL DATA</th>
<th>Service Year: July 1, 2017 to June 30, 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>General SBHC Information</td>
<td>Number of certified SBHCs in Oregon: 15,815</td>
</tr>
<tr>
<td></td>
<td>Total number of clients served: 61,384</td>
</tr>
<tr>
<td></td>
<td># of Oregon school-aged children (5-21) with access to an SBHC: 198,077</td>
</tr>
<tr>
<td>Health System Transformation</td>
<td>% of SBHCs with IPCH recognition: 15%</td>
</tr>
<tr>
<td></td>
<td>Tier 1 / Tier 2 / Tier 3 / Tier 4 / Tier 5: 14% / 28% / 18% / 7% / 9%</td>
</tr>
<tr>
<td>Sponsorship</td>
<td>% of SBHCs sponsored by POMs: 75%</td>
</tr>
<tr>
<td></td>
<td>% of SBHCs sponsored by UPHAs (or other DHCS): 10% (3%)</td>
</tr>
<tr>
<td>Billing/ Sustainability</td>
<td>% of SBHC clients billing private insurance: 100%</td>
</tr>
<tr>
<td></td>
<td>Insurance status of SBHC clients: OHP/Medicaid: 52%</td>
</tr>
<tr>
<td></td>
<td>Other Public: 3%</td>
</tr>
<tr>
<td>State-level Patient Data</td>
<td>Average number of visits per client: 3.3</td>
</tr>
<tr>
<td></td>
<td>Male % clients, % visits: 43% clients, 43% visits</td>
</tr>
<tr>
<td></td>
<td>Female % clients, % visits: 57% clients, 57% visits</td>
</tr>
<tr>
<td></td>
<td>School-aged youth: % clients, % visits: 10% clients, 78% visits</td>
</tr>
<tr>
<td></td>
<td>Most common reasons for SBHC visits: Mental health, well visit, immunization, reproductive health</td>
</tr>
<tr>
<td>SBHC Services</td>
<td>% of visits with oral health component: 4%</td>
</tr>
<tr>
<td></td>
<td>% of clients who received immunizations: 31%</td>
</tr>
<tr>
<td></td>
<td>% of clients who received Adolescent Well Visit (ages 12 to 21): 44%</td>
</tr>
<tr>
<td>SBHC Staffing</td>
<td>% of SBHCs with Dental Providers: 41%</td>
</tr>
<tr>
<td></td>
<td>% of SBHCs with Mental Health Providers: 100%</td>
</tr>
<tr>
<td></td>
<td>% of visits provided by Nurse Practitioners (NP): 14%</td>
</tr>
<tr>
<td></td>
<td>% of visits provided by Physician Assistants (PA): 1%</td>
</tr>
<tr>
<td></td>
<td>% of visits provided by Medical Doctors (MD): 9%</td>
</tr>
<tr>
<td></td>
<td>% of visits provided by Behavioral Health Providers: 32%</td>
</tr>
<tr>
<td></td>
<td>% of visits provided by Registered Nurses/Licensed Practical Nurses (RN./LPN): 10%</td>
</tr>
</tbody>
</table>

OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit
Brochures

Oregon School-Based Health Centers
Health care a few steps away

What's an SBHC?
SBHCs are medical clinics that offer children and youth health care on school or school grounds. They help children and youth get the care they need when they need it.

How can an SBHC help?
- Physical exams
- Skill training
- Minor injury treatment
- Dental care and other health screenings
- Immunizations

Who can go?
SBHCs serve children and youth who attend the school. Some SBHCs serve students within the district or county, teachers and staff at the school, and other community members.

Why go?
- SBHCs are convenient.
- No wait to be seen or register for an appointment.
- No delays to see the doctor.
- Students can be seen when they need care.
- Care in youth centers.
- Services are affordable.

What about payment?
SBHCs serve children and youth with limited health insurance or no health insurance. Some SBHCs can bill Oregon Health Plan and other billed insurers.

Need more info?
www.oregon.gov/oha/AHBC


OREGON PUBLIC HEALTH DIVISION
Adolescent and School Health Unit
Coordinator Meetings & SBHC Trainings

• Coordinator Meetings
  – October in-person
  – Winter webinar
  – Spring webinar

• Trainings and presentations
Youth Advisory Councils (YACs)

- Youth-driven groups that focus on advising, supporting and advocating for SBHCs and their services.

- During the 2017-2018 school year, 37 certified SBHCs had a YAC.
# Important Dates

| JULY 15:          | Visit/encounter data submission from prior school year*  |
|                  | Mental Health Expansion Grant final report (covers January-June), if applicable |

| OCTOBER 1:       | Update the Online SBHC Operational Profile for the current school year. More info in the Operational Profile Users Guide** |
|                  | - Includes entire profile (Details, Operations, Staff, Shift Hours, Services) |
|                  | - Includes Key Performance Measures* |
|                  | - Includes Annual Operating Revenue Information* |

| OCTOBER:         | In-person Coordinator meeting (usually in Portland)*** |
|                  | SBHC Coordinators receive new Satisfaction Surveys (paper or electronic)* |

| WINTER:          | Coordinator Meeting via webinar*** |

| JANUARY 15:      | Visit/encounter data mid-year submission for current school year* |
|                  | Satisfaction Surveys mid-year submission* |
|                  | Mental Health Expansion Grant mid-year report (covers July-December), if applicable |

| SPRING:          | Coordinator meeting via webinar*** |
|                  | Each biennium, existing contracting agreements are reviewed by SPO with LPHA when contracts are renewed e.g. Spring 2021, Spring 2023 |

| JUNE 30:         | Satisfaction Surveys end-of-year submission* |

| ONGOING:         | Update Operational Profile as changes occur (e.g., staffing, operating hours, contact information or other updates). More info in the Operational Profile Users Guide** |
Contact Us

School-Based Health Center Program
Oregon Public Health Division
800 NE Oregon St., Ste. 805
Portland, OR 97232
P: 971-673-0871
F: 971-673-0250
sbhc.program@dhsoha.state.or.us
www.healthoregon.org/sbhc
QUESTIONS???
Thank You

www.healthoregon.org/ah