



# SBHC Coordinators Meeting

October 6<sup>th</sup>, 2017



# WELCOME

## SBHC Fall Coordinators Meeting



# SBHC experience

*How long have you been attending SBHC Coordinators Meetings.....?*

—————→ 15+ years?

—————→ 10-14 years?

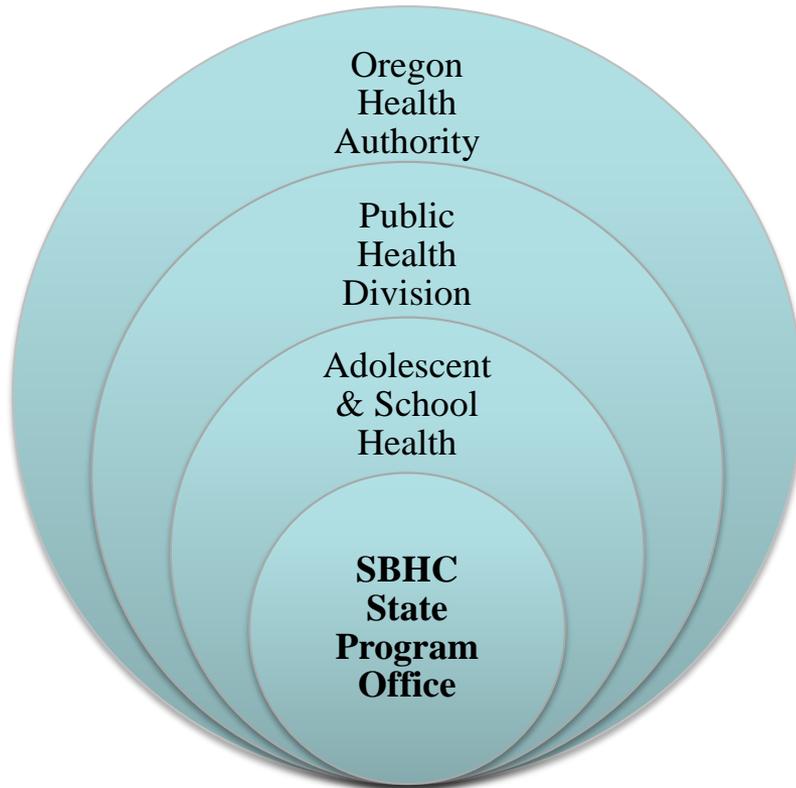
—————→ 5-9 years?

—————→ 1-4 years?

—————→ This is your first Coordinators meeting.



# A little about us



## **Adolescent and School Health**

**Vision:** Oregon is the very best place for all youth to learn, grow, and thrive.

**Mission:** To support the health of all youth in Oregon through evidence-based and data-driven policies, practices, and programs.

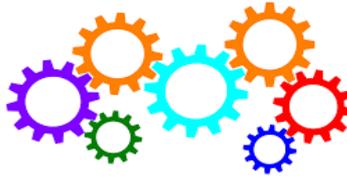
### **Goals:**

- Improve the quality of health services and health education provided to Oregon youth.
- Provide partners with opportunities to build capacity, learn new information, and improve practice in order to better meet the needs all youth in Oregon.
- Illuminate the strengths and needs of all youth in Oregon through the collection, analysis and dissemination of accurate and timely data.

# SBHC State Program Office Team



**Jessica**- Adolescent &  
School Health Manager



**Rosalyn** – Team Lead  
**Kate** -School MH Specialist  
*Vacant* - *Systems Development Specialist*



**Karen** – Public Health Nurse  
**Rebecca**– Public Health Nurse



**Samantha** –Administrative  
Specialist (temp)



**Sarah** – Epidemiologist/ Health Economist  
**Loretta** – Research Analyst  
*Vacant* – *Research Analyst*

# SBHC State Program Office Update



Oregon  
**SBHC**  
School-Based Health Centers

Oregon  
**Health**  
Authority



# 2017-2019 Priority Projects

- **Reproductive health:** supporting the expansion of comprehensive RH services on site (SPO)
- **YAC development:** providing TA to SBHC and YAC Coordinators to expand their YACs (OSBHA contract)
- **Build regional partnerships:** support partnership meetings between SBHC/CCOs/LPHA focused on youth engagement (OSBHA contract)
- **Mental Health:** support integration of MH in SBHCs and in schools (SPO and OSBHA contract)
- **Maximizing revenue:** evaluating and improving revenue sources (SPO and OSBHA contract)



Oregon  
**SBHC**  
School-Based Health Centers

Oregon  
**Health**  
Authority

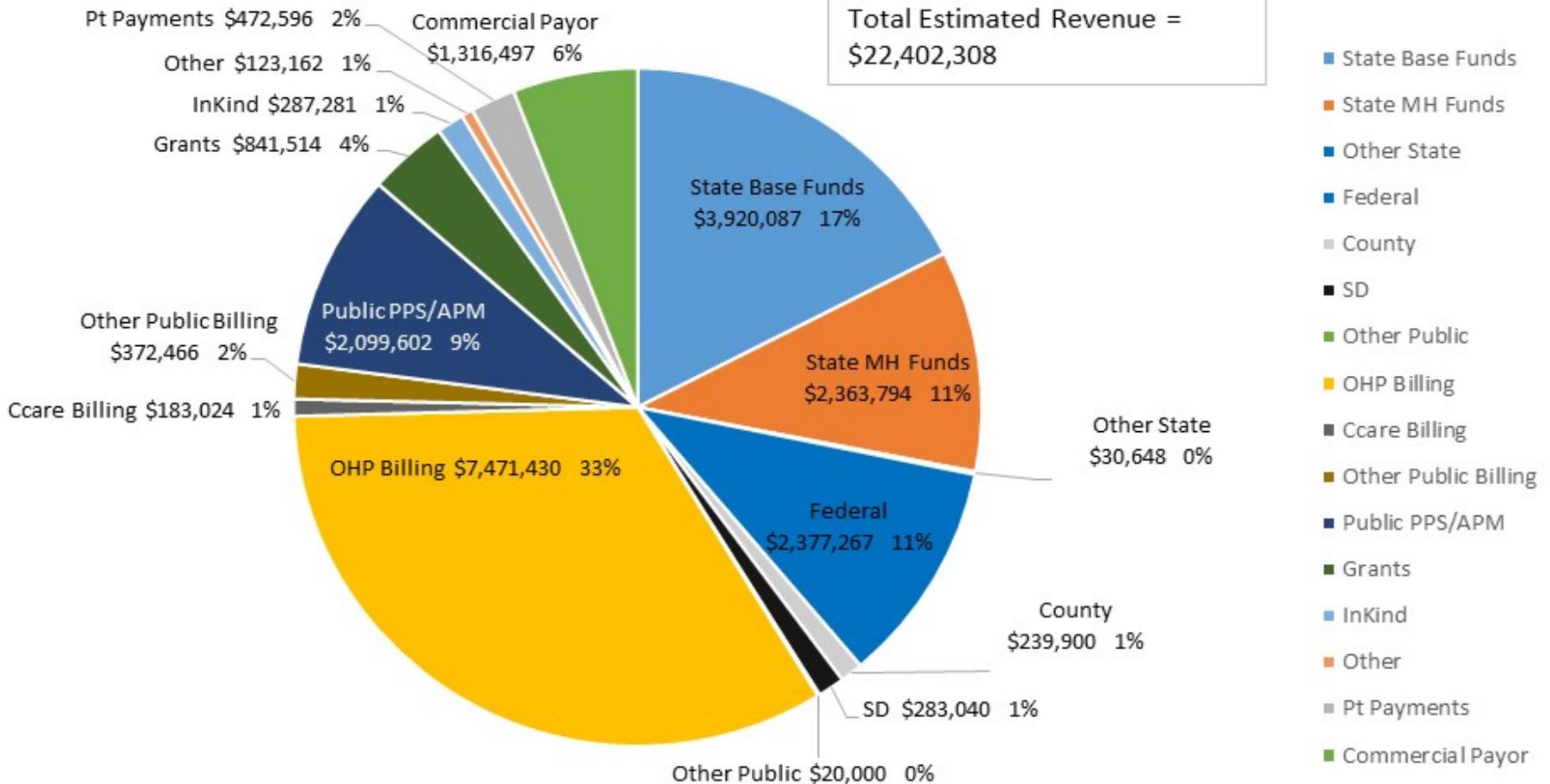
# SBHC Data Updates

- 2015-16 SBHC Revenue Information
- SBHC Utilization Snapshot: 2015-17
  - Well Care Visits
  - Immunizations
- 2017-18 Satisfaction Survey

# 2015-16 SBHC Revenue

All SBHC Revenue Sources  
2015-16

Total Visits = 105,630  
Total Estimated Revenue = \$22,402,308



# 2015-16 SBHC Revenue Overview

- # of SBHCs in analysis: 71
- Total visits: 105,630
- Total clients: 33,000
- Total estimated revenue: \$22,402,308
- Average revenue per SBHC: \$315,525
- For every \$1 in State public health revenue, SBHC medical sponsors brought in \$2.55 in other sources

# SBHC Utilization Snapshot: 2015-17

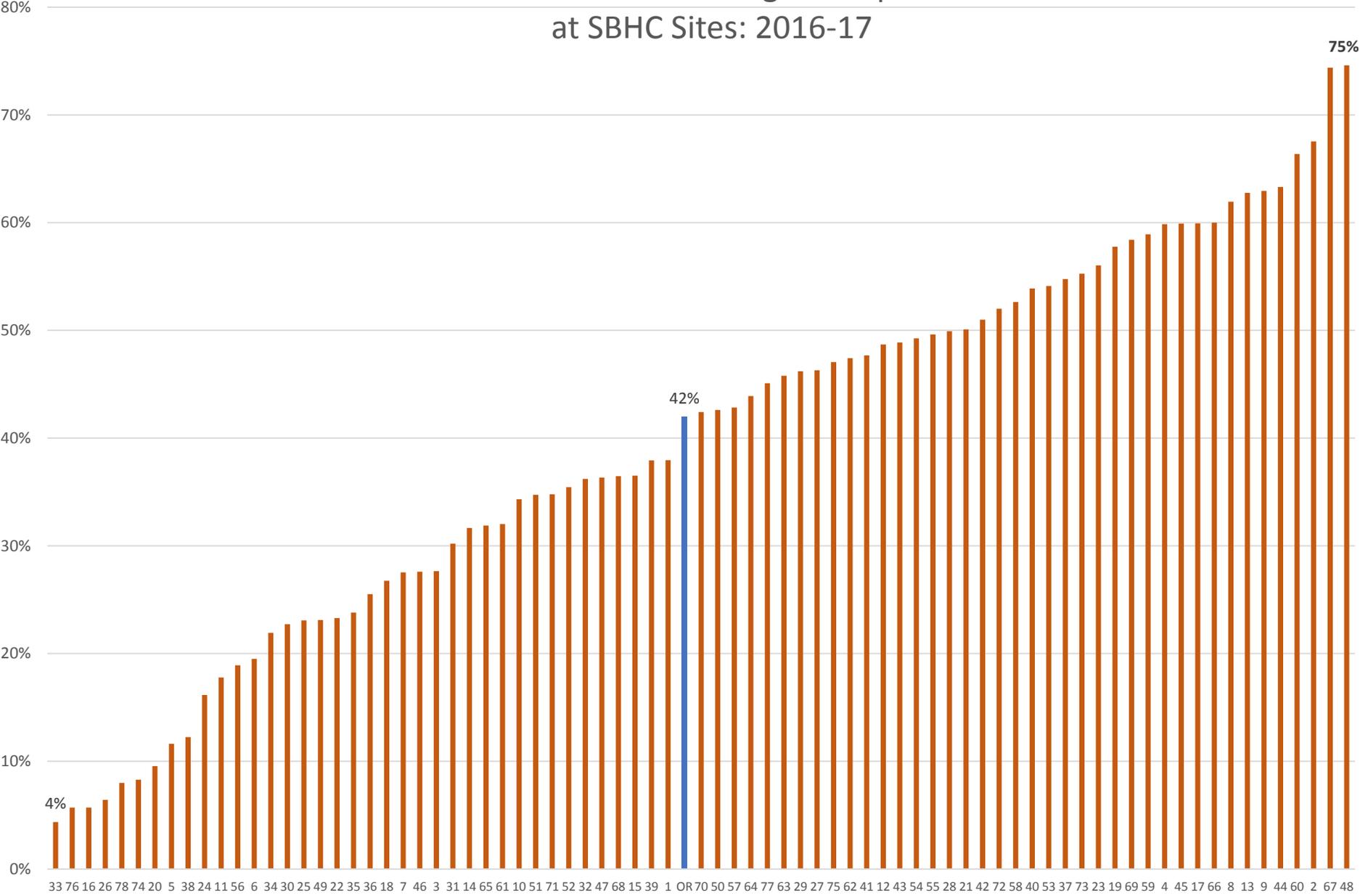


- Packet Handouts
- Two year changes in:
  - Total well care visits
  - Well care visits (OHP)
  - Immunizations
- Lots of changes at SBHC level, but statewide rates are flat

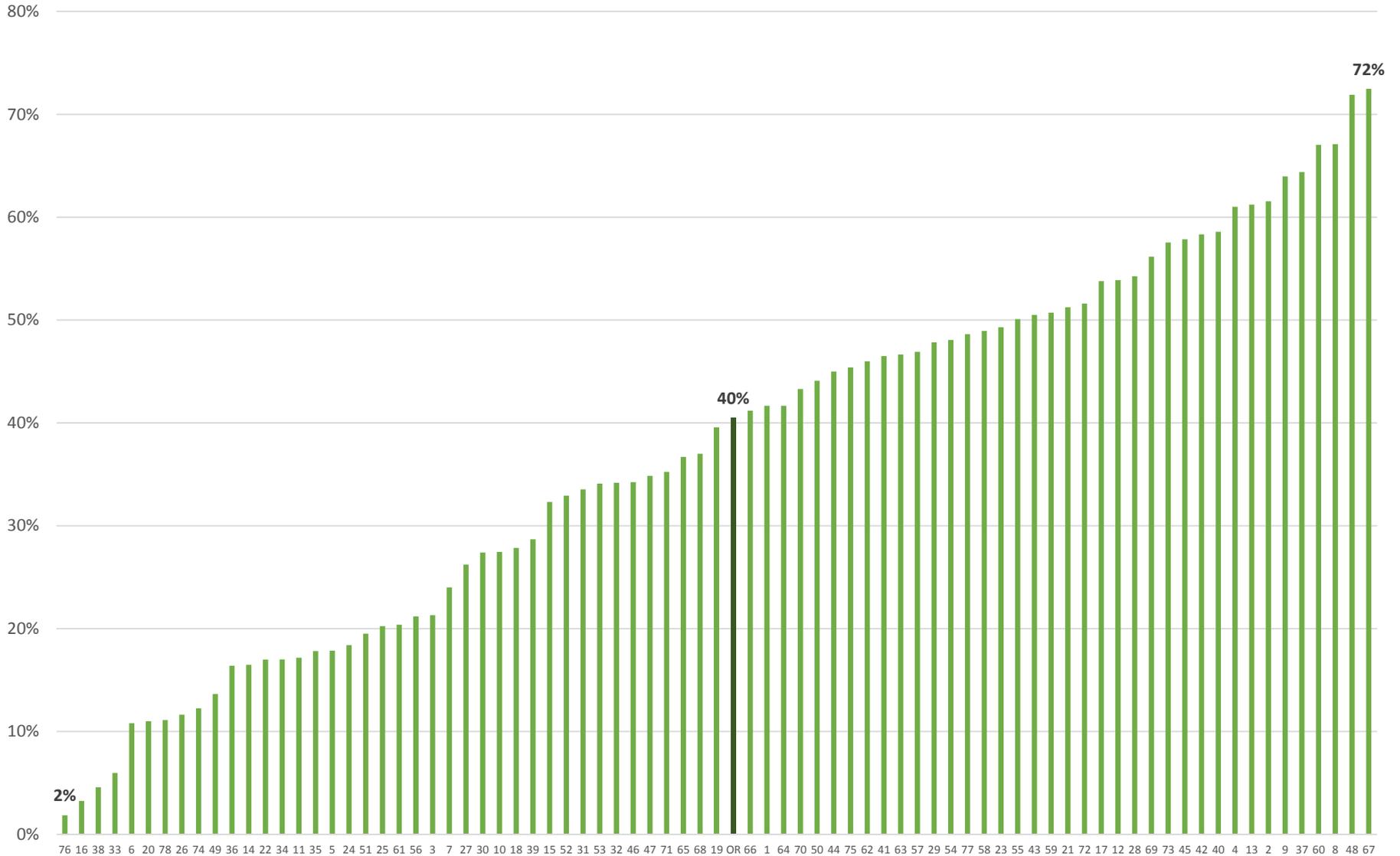
# SBHC Utilization: What Is It?

- Blinded Site-Level Data
  - Packet contains unblinded data
  - Graphs of:
    - 2015-16 Data
    - 2016-17 Data
    - Change between 2 years
  - Ages 5-21
  - Raw data in the table with your SBHC ID

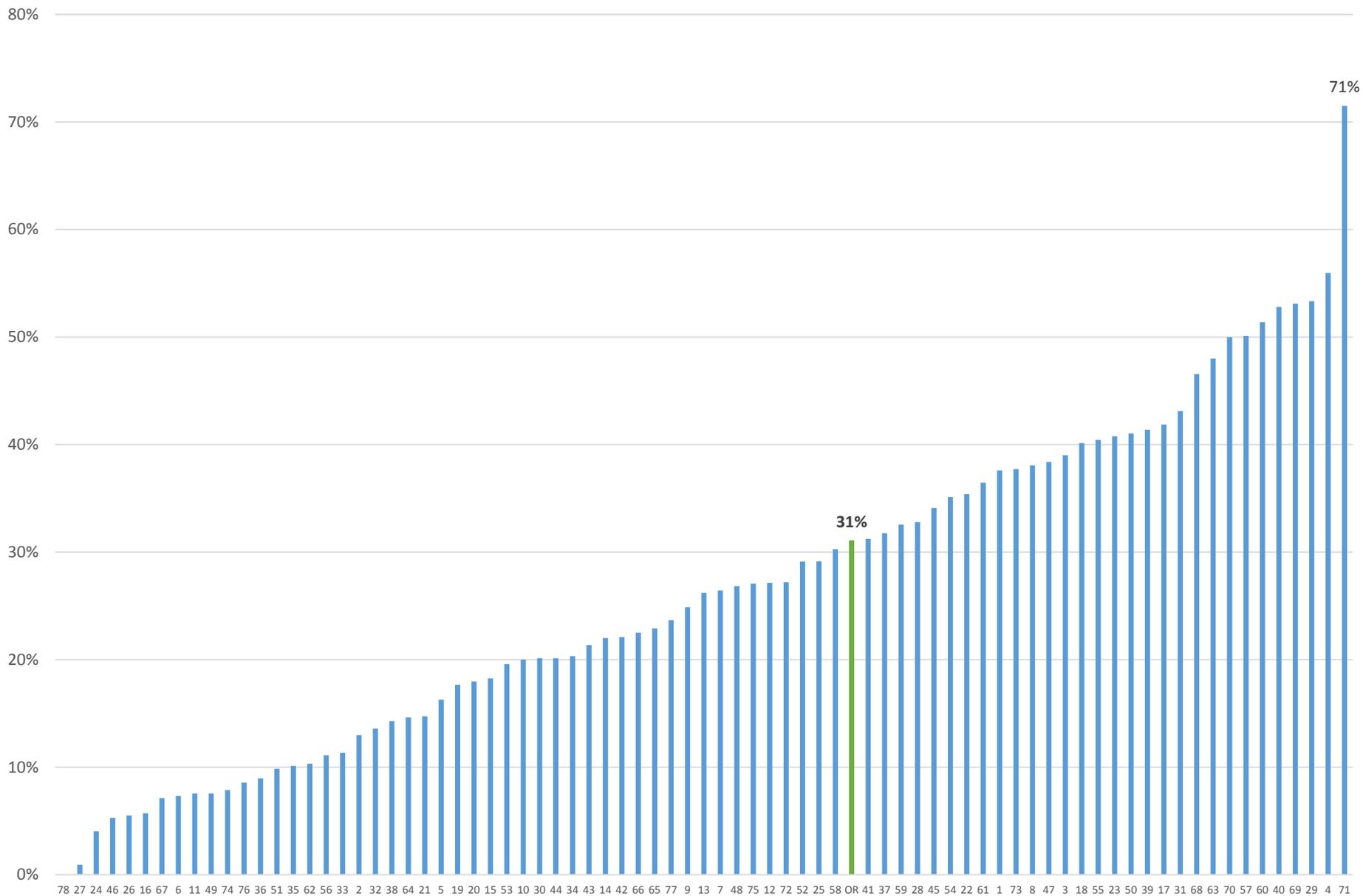
# % of 5-21 Year-Old Patients Receiving a Comprehensive Well Visit at SBHC Sites: 2016-17



# % of 5-21 Year-Old Medicaid Patients Receiving a Comprehensive Well Visit at SBHC Sites: 2016-17

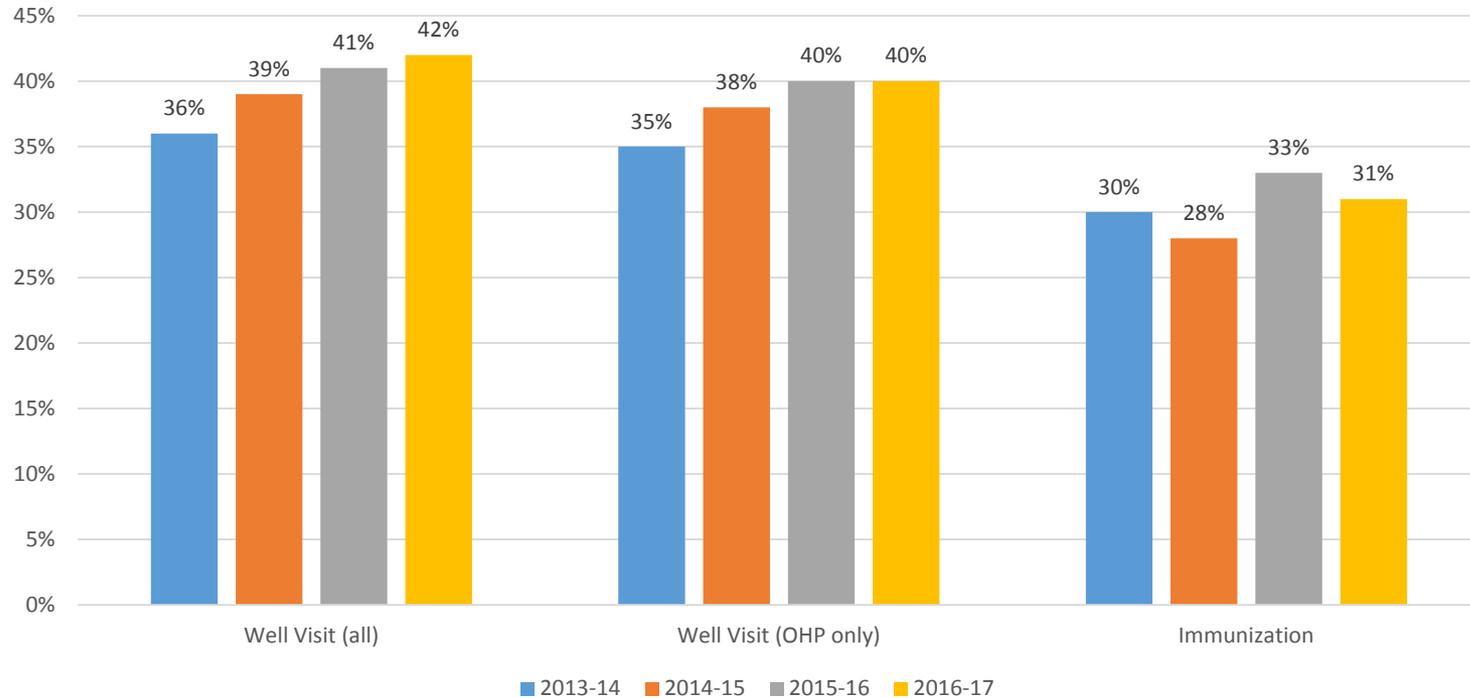


# % of 5-21 Year-Old Patients Receiving an Immunization at SBHC Sites: 2016-17

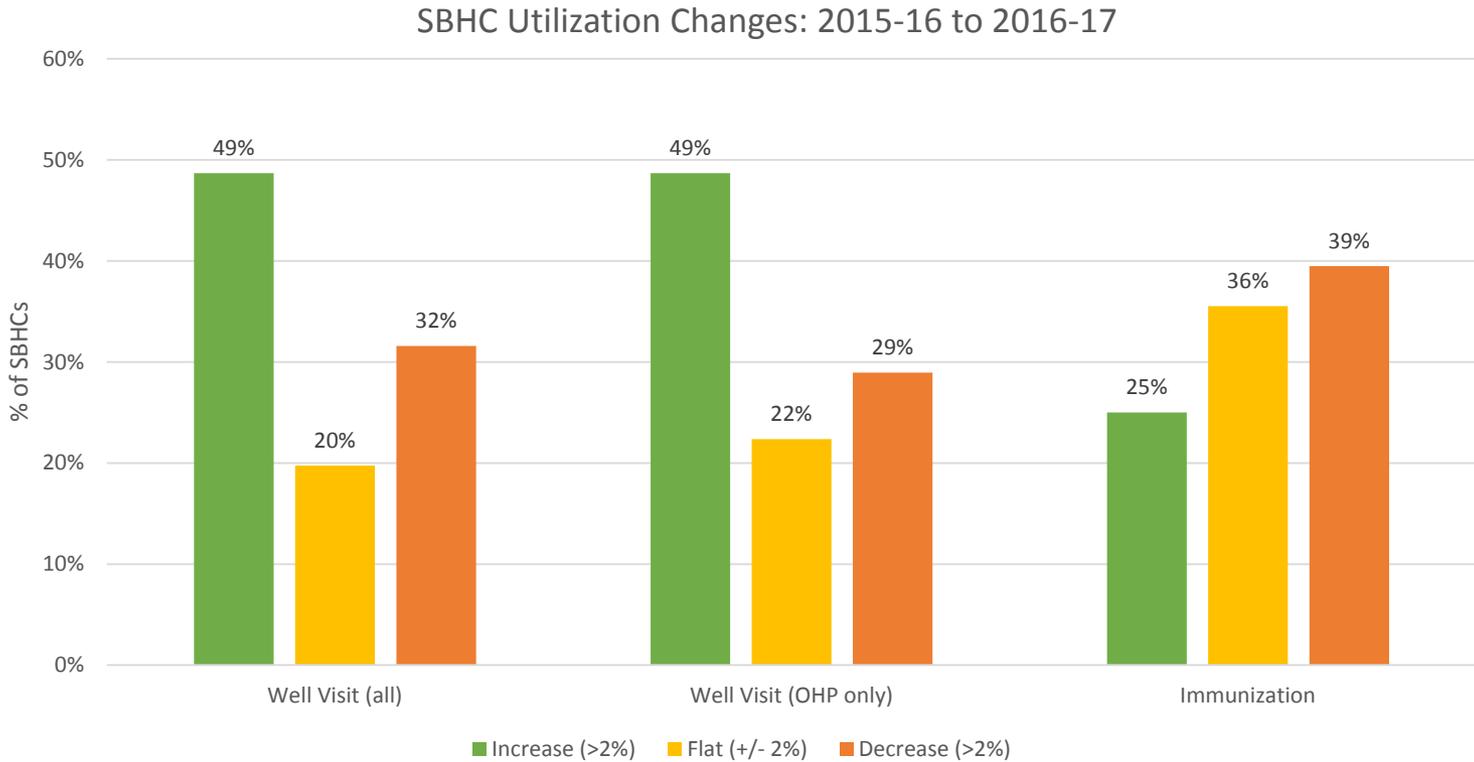


# Statewide Trends in Utilization

SBHC Utilization Trends (ages 5-21): 2013-2017



# Site-level Trends



# 2017-18 Satisfaction Survey

- Paper packets and iPad survey files were sent out
- Complete at least 10 surveys to receive a detailed, individual SBHC report
- PCPCH sites – complete 30 surveys for each primary care provider
- Mid-year deadline is January 15<sup>th</sup> 2018 – sites must submit/sync a subset of their required surveys
- Loretta will send out monthly updates with counts of completed surveys



Oregon  
**SBHC**  
School-Based Health Centers

Oregon  
**Health**  
Authority



# OREGON SCHOOL-BASED HEALTH ALLIANCE

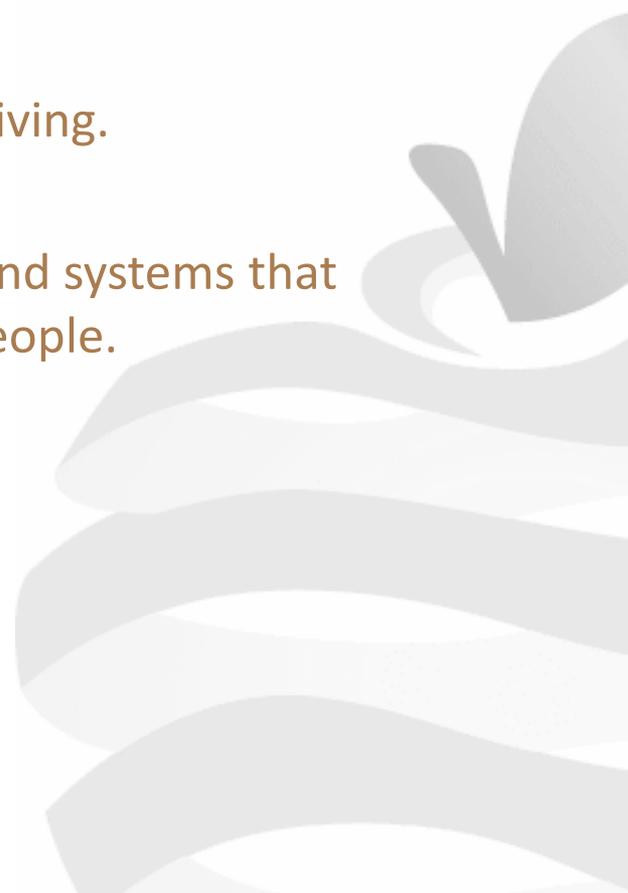
SBHC Coordinator's Meeting  
October 5, 2017





# ABOUT OSBHA:

- **Oregon School-Based Health Alliance (OSBHA)** is a statewide 501(c)(3) **nonprofit** organization
- **Vision:** All young people are healthy, learning, and thriving.
- **Mission:** To strengthen school based health services and systems that promote the health and academic success of young people.



## Guiding Principles (criteria for our work):

- Sustaining, strengthening and expanding school based health centers
- Promoting diversity and equity that engages community and youth voices
- Advocating for and facilitating the integration of health, wellness and education

# CHANGES AT OSBHA

- Gabrielle Kornharens has joined our team as Youth Equity & Engagement Coordinator!
- Megan Kovacs has moved to Girls Inc.
- Our new Program Manager Ashley McAllister started this week!

# CURRENT STAFF



Laurie Huffman  
Executive Director



Maureen Hinman  
Policy Director



Ashley McAllister  
Program Manager



Jessica Chambers  
Administrative  
Coordinator



Gabrielle Kornahrens  
Youth Equity & Engagement  
Coordinator



## Accomplishments in the past year

- **Legislative Advocacy**
  - **Successful Strategies**
    - Hosted nearly 150 youth at the Capitol for SBHC Awareness Day
    - Frequent meetings with legislators; testimony
    - Postcard Campaign – 5 Reasons to Support School Health
  - **Accomplishments**
    - Reversed a 25% cut for SBHCs
    - Maintained level capacity funding for school-based mental health
    - Secured \$1 million for two additional years of the trauma informed pilot schools project

## Accomplishments in the past year

### Trauma-informed schools pilot

- Tigard High School, and Central High School in Independence/Monmouth
- Think through what it means for a whole school to be trauma informed and create a culture shift
  - Realize->Recognize->Respond->Resist re-traumatization
- Includes process and outcome evaluation
- Create a replicable model and tools and strategies that can be used in other schools.

# Accomplishments in the Past Year

## SBHCs and CCOs: Partnership Development

- Facilitated regional partnership meetings between SBHCs, local public health authorities, CCO's, and other key partners.
- Highlighted the key role that SBHCs play in local health system transformation, and set action plan priorities among partners.
  - Central Oregon
  - Eastern Oregon
  - South Coast
  - Metro Area

# Accomplishments in the Past Year

## Youth Voice

- Conducted youth listening sessions in Clatsop & Deschutes Counties
- Partnered with Momentum Alliance Youth Education Advocates to host a Multnomah Co. listening session with diverse & intersectional youth

## Accomplishments in the Past Year

- Learned about how young people experience health care
- This information will help shape care delivery and services
- State Youth Action Council (SYAC) facilitated 4 Eye to Eye trainings in collaboration with the OHA Transformation Center

## Accomplishments in the Past Year

- These trainings were designed to give health care providers education on how to effectively communicate with young people
- Held in Portland, Bend, Grant's Pass and Corvallis

## Accomplishments in the Past Year

### Promoting Healthy Relationships

- In 2016-2017, CORE grants were provided to Jackson, Columbia, Washington and Grant Counties, along with one mentorship grant.
- At our May 2017 Superheroes of Health event, we announced the new name for these grants. They are now known as ACTION grants: Advocating Consent, Teaching Inclusion, and Organizing for Nonviolence

## Accomplishments in the Past Year

- These grants are now known as ACTION grants: Advocating Consent, Teaching Inclusion, and Organizing for Nonviolence



# Accomplishments in the Past Year

## Promoting Healthy Relationships

### 2017-2019 ACTION Grantees

- Multnomah County: Centennial & Roosevelt SBHCs
- Washington County: Forest Grove & Tigard SBHCs
- Umatilla County: Pendleton SBHC
- Columbia County: Rainer, Vernonia & Sacagawea SBHCs

## Accomplishments in the Past Year

### HTRA (Healthy Teen Relationship Act) Implementation Project

- Partnering with Raphael House, VOA Home Free, PPS's Cleveland & Franklin high schools, their SBHCs, community partners & youth to support healthy teen relationships

## Accomplishments in the Past Year

Project focus: create and evaluate a model for HTRA implementation by

- Deepening and broadening prevention and education services
- Policy implementation
- Standardizing practices & procedures

# Accomplishments in the Past Year

## Collaborative Trainings

- Sexual Health Promotion and Sexual Violence Prevention Summit
- Improving Care in School-Based Health Centers for Transgender Youth
- Racial Justice Training and Sex Ed Boot Camp

# Accomplishments in the Past Year

## Hallways to Health

- 4-year national School Based Health Alliance Project
- OSBHA provided oversight for the NW Region, including Merlo Station, Milwaukie and Washington Middle School in Seattle

## Accomplishments in the Past Year

Goal: Empower SBHC leaders to be agents of change in their schools & communities, creating policy & system change in 3 areas

- Healthy eating/active living
- Social-emotional health
- School employee wellness



## Accomplishments in the Past Year

Initial H2H evaluation results in June showed:

- Increased engagement by school stakeholders (teachers, counselors, administrators) in SBHC clinic & population health efforts
- Increased integration of SBHCs with the school and broader community
- Schools successfully implemented sustainable policies, protocols & programs in school population health

# Accomplishments in the Past Year

## SBHC Sustainability

- OSBHA & TCA have continued Lane County SBHC sustainability work with a focus on developing a Collaborative Network
- The Lane Co. SBHC Collaborative Network is designed to leverage limited resources & create opportunities to better serve students and community partners
- Our first meeting was in early June
- A plan with priorities has been designed for the next year

## Accomplishments in the Past Year

### OSBHA SBHC Advisory Committee

Purpose: help guide and inform the OSBHA work focus and priorities. We want to connect with and better understand the needs and wants of SBHCs in Oregon.

- The Committee launched and met before summer break
- Working on scheduling meetings for this year



# OSBHA Youth Voice: Expanding Reach

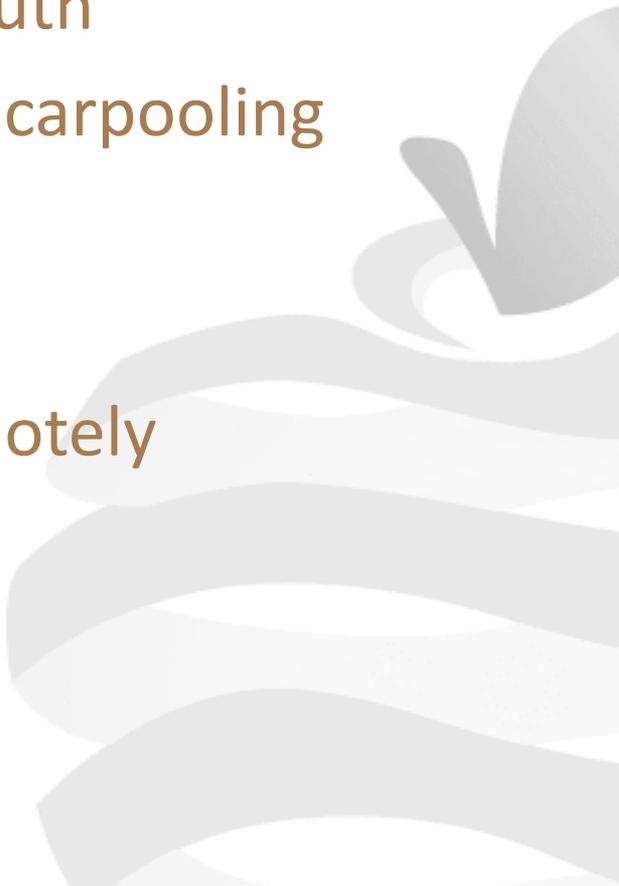


## Barriers to Youth Work

- Time commitment
- Transportation
- Child Care
- Geographic barriers
- Compensation



## OSBHA Solutions

- Paid leadership opportunities for youth
  - Transportation support; bus passes, carpooling
  - Child care subsidies
  - Youth lead cohorts
  - Meetings in the metro area and remotely
- 
- A large, faint, light gray graphic of a stylized apple with a stem and leaf is positioned on the right side of the slide, partially overlapping the text area.



## Introducing- Student Health Advocates

SHA is a group of 10 students ages 14-24 in the metro area advocating and mobilizing for health inequities and supporting all School Based Health Centers.

This is a 9 month youth lead cohort with compensation for all participants. This cohort focuses on community building and political advocacy. Youth will walk away with a deepened relationship to social justice, leadership skills, and increased political literacy.

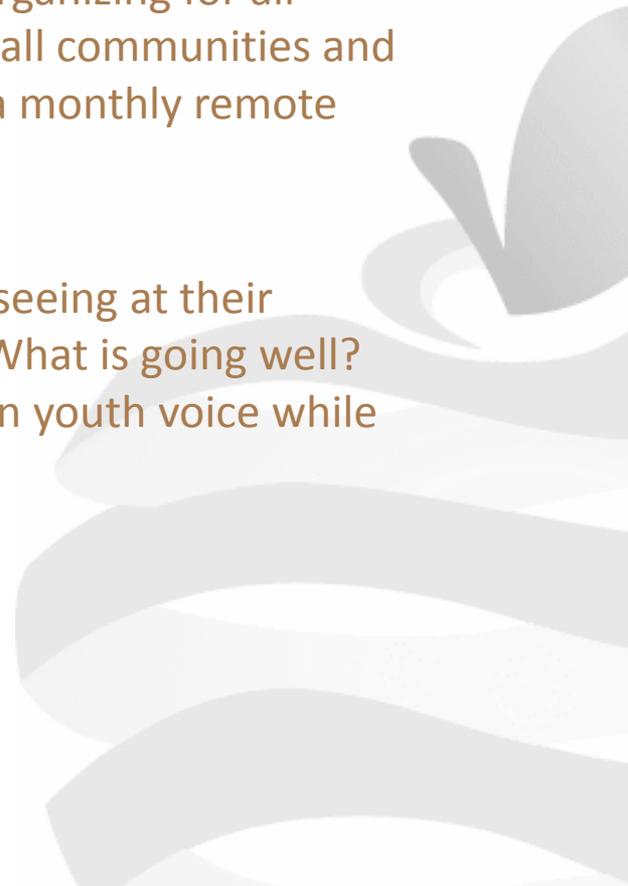




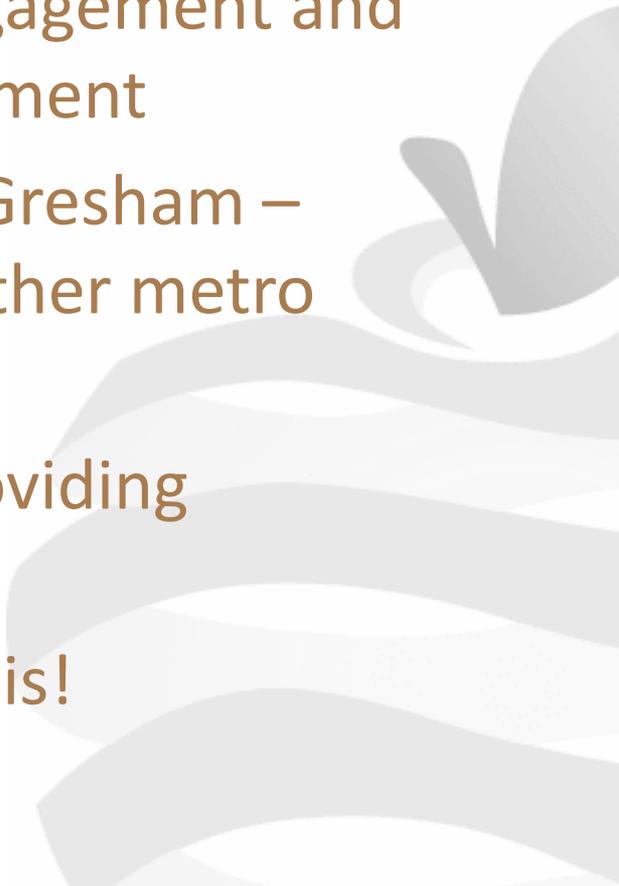
# Statewide Youth Action Council

In the past SYAC was a group of students in the metro area organizing for all SBHC. To make sure we are giving advocacy opportunities to all communities and are truly reaching across the state, we have changed this to a monthly remote meeting with student ambassadors selected by YAC's.

This meeting will be youth lead, focusing on what youth are seeing at their schools. What is the climate like? What are youth needing? What is going well? With this model we will hopefully more effectively strengthen youth voice while including more rural communities.



## New work

- OSBHA is facilitating community engagement and business planning for SBHC development
  - We are beginning this Fall with the Gresham – Barlow School District and with another metro area district
  - Our board member Jill Daniels is providing mentorship
  - We're excited about being part of this!
- 
- A decorative graphic on the right side of the slide, consisting of several overlapping, wavy, light gray bands that resemble stylized waves or a ribbon, with a small leaf-like shape at the top.



## Upcoming events

February 6: Youth Legislative SBHC Awareness Day,  
Salem

May 17: 6-8 pm OSBHA Superheroes of Health  
Celebration and Fundraiser, Portland



## CONTACT US:

Laurie Huffman, Executive Director  
[laurie@osbha.org](mailto:laurie@osbha.org)

Maureen Hinman, Policy Director  
[maureen@osbha.org](mailto:maureen@osbha.org)

Ashley McAllister, Program Manager  
[ashley@osbha.org](mailto:ashley@osbha.org)

Gabrielle Kornahrens, Youth Equity & Engagement Coordinator  
[gabrielle@osbha.org](mailto:gabrielle@osbha.org)



# Oregon Immunization Program

*Jody Anderson, Public Health Educator*

2 to 3 million

**lives**



**per year are saved by immunization**



oregon

**immunization**

program

Research

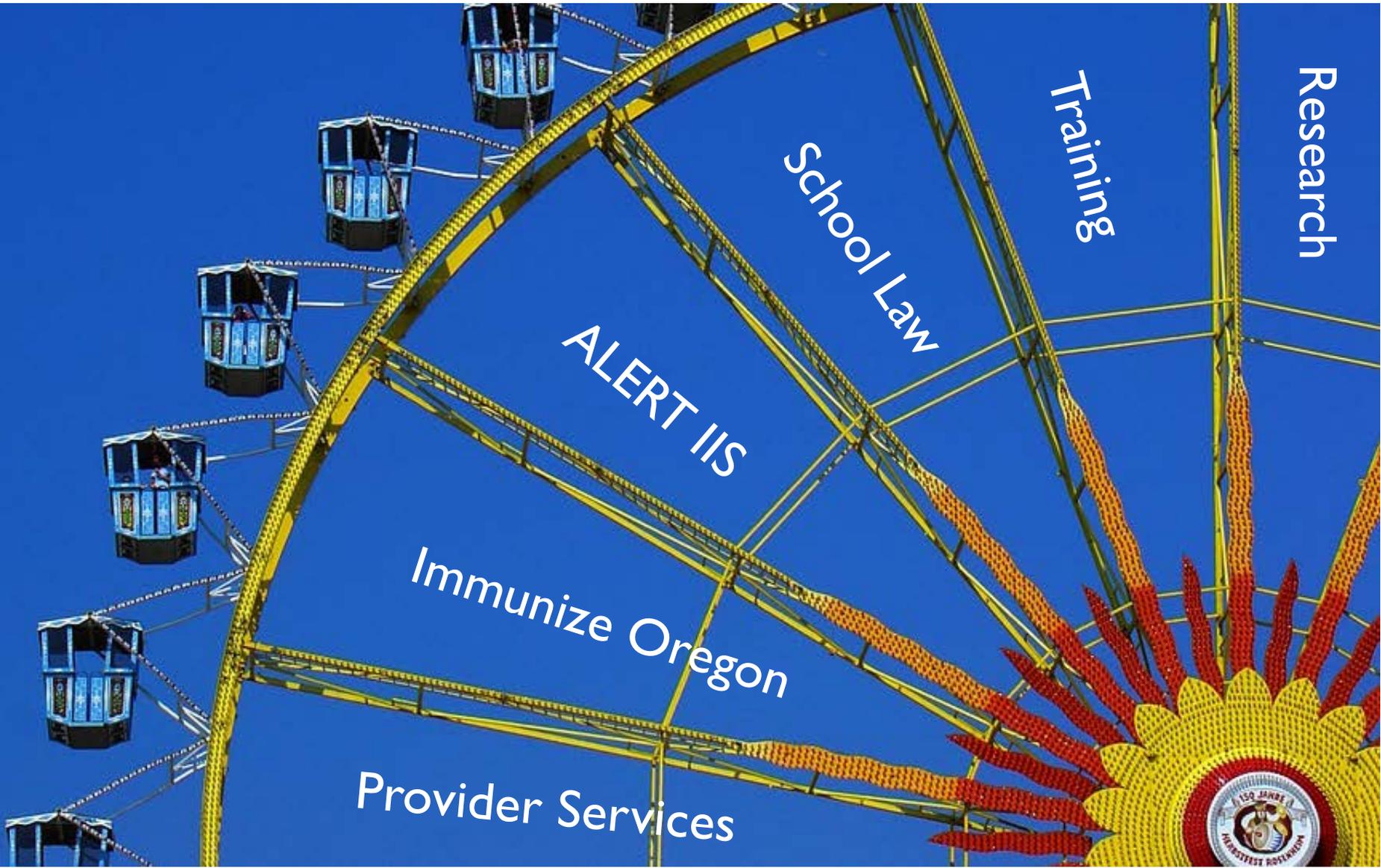
Training

School Law

ALERT IIS

Immunize Oregon

Provider Services



6000+



# Restructuring



New VFC Help Desk  
971-673-4VFC



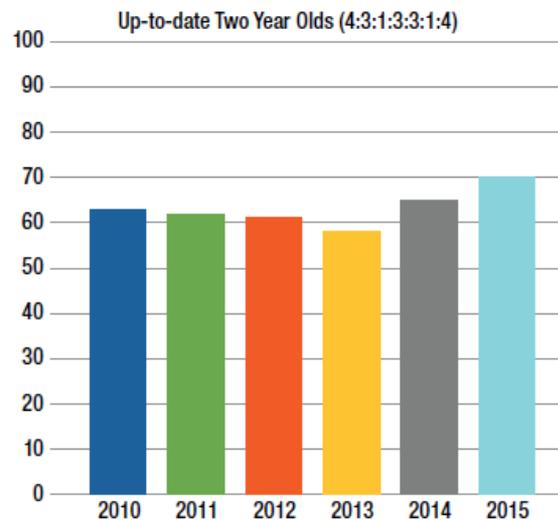
*We're here to help!*

# Oregon AFIX

Use data to improve immunization practices through Assessment, Feedback, Incentives and eXchange (AFIX)

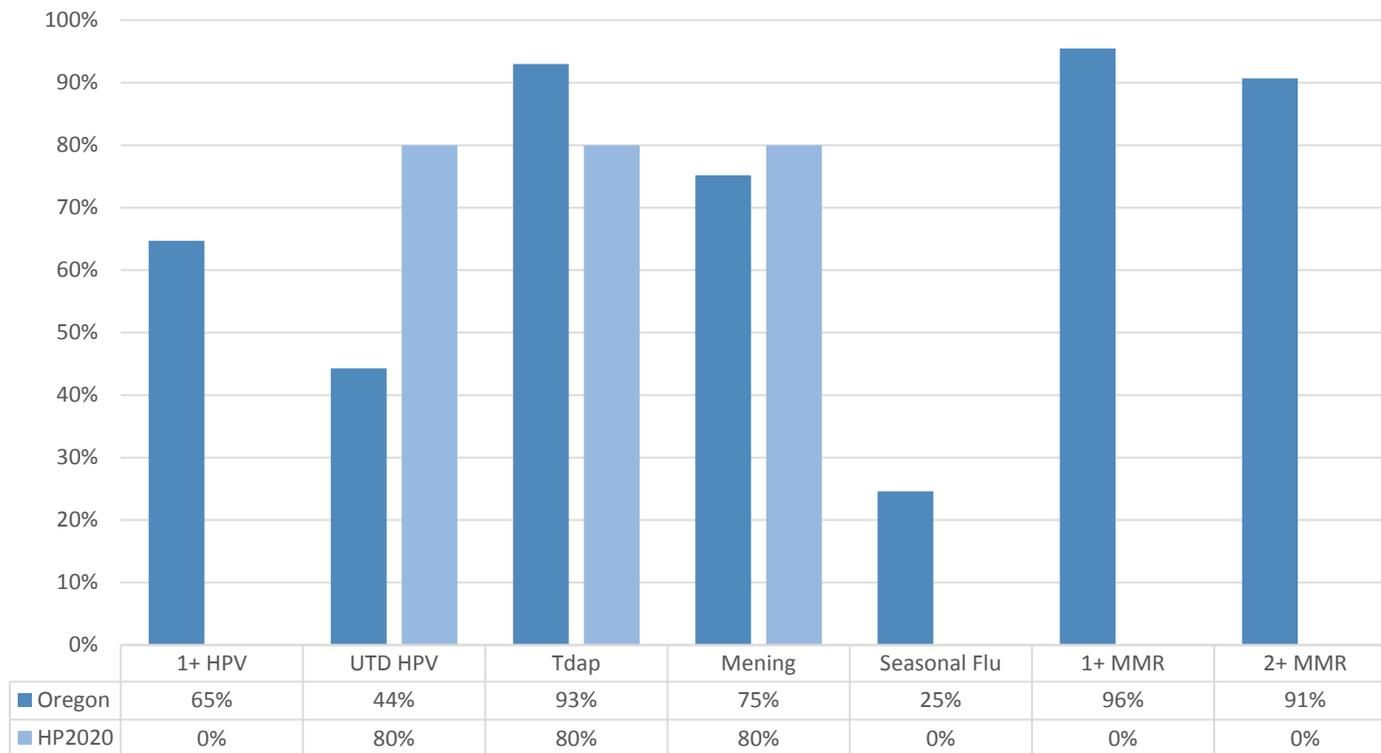
## What is AFIX?

A collaborative approach to improving your clinic's immunization program.

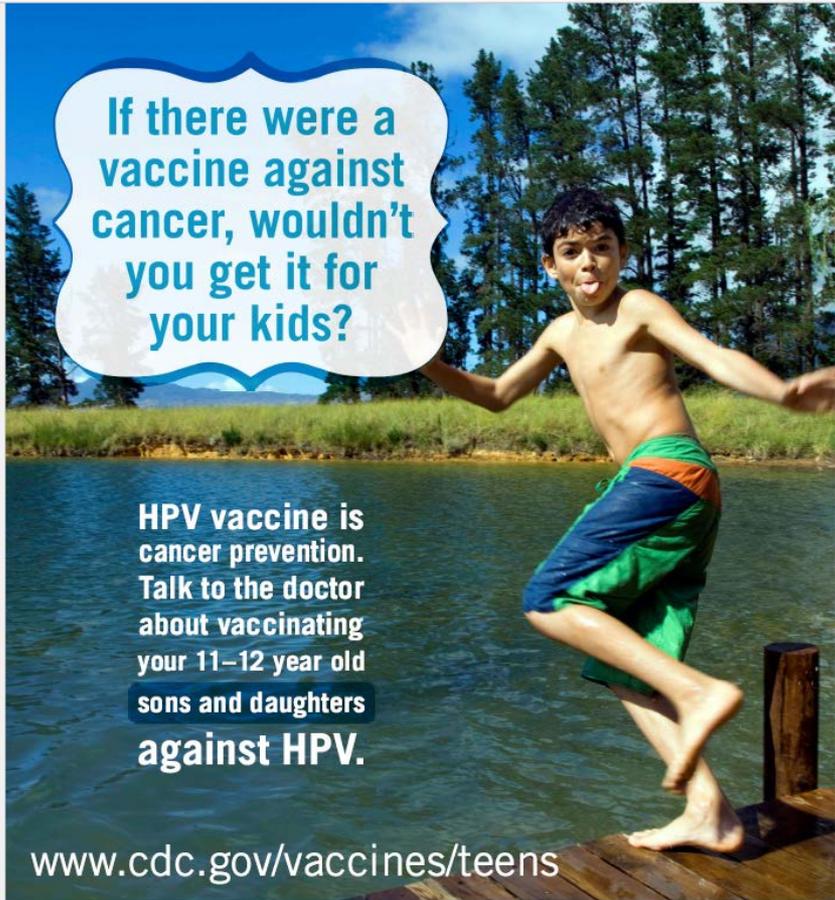


- Assessment of immunization rates and practices
- Feedback with recommended strategies for improvement
- Incentives to recognize and reward performance
- eXchange of information to support implementing quality improvement strategies

## Immunization Rates at 13-17 Years and Healthy People 2020 Goals



236,679 Active patients in ALERT IIS that were at least 13 and no older than 17 years old as of 5/1/2017



If there were a vaccine against cancer, wouldn't you get it for your kids?

HPV vaccine is cancer prevention. Talk to the doctor about vaccinating your 11–12 year old sons and daughters against HPV.

[www.cdc.gov/vaccines/teens](http://www.cdc.gov/vaccines/teens)



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

**YOU** ARE THE KEY TO HPV  
CANCER PREVENTION

Distributed by:



# Oregon Vaccines for Children: Vaccine Management Guide



QUESTIONS? CALL 971-673-4VFC (4832) or  
VFC.HELP@DHSOHA.STATE.OR.US

## CLINIC INFORMATION

Clinic name:	VFC PIN:	ALERT IIS number:
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## KEY STAFF

Responsible provider:
Primary VFC contact:
Back-up VFC contact:



DH.0015 Rev 7/2017

**HELM**



# 2018 Requirements





# Youth Friendly Clinic Grant

- La Clinica
- Multnomah County





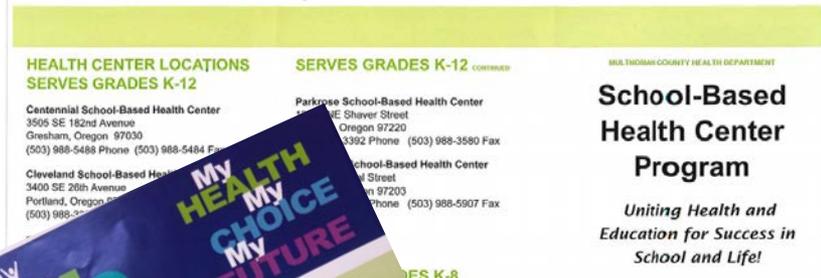
MULTNOMAH COUNTY  
**student**  
HEALTH CENTER

# Engaging Youth in Program Rebranding and Marketing

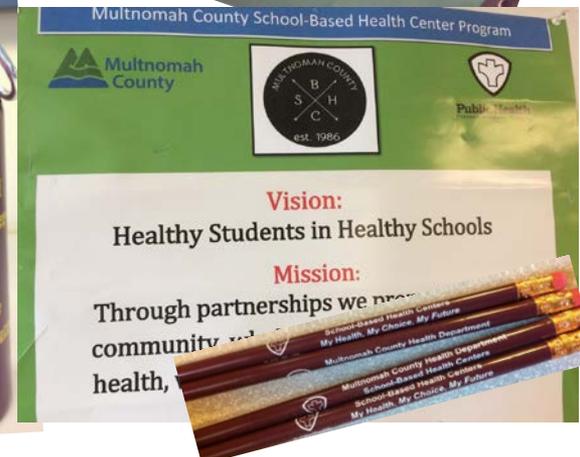
SBHC Coordinators Meeting | October 6, 2017

**Goal: Create a youth-friendly brand to increase SBHC appeal and visibility**

Before...



**School-Based Health Center Program**  
*Uniting Health and Education for Success in School and Life!*



# Youth Friendly Grant plus other funding

- **\$10k Youth Friendly Grant** for youth engagement and materials production
- **\$20k Other Grant and General Funds** for contracted design services
- **\$18k In-Kind** from contracted design firm, Sticky
- **\$5k RH Collaborative Mini-Grant** for video
- **\$8k Additional Youth Friendly Funds** for additional signage, printing
- **Staff time** was contributed in-kind



**Engaged  
youth  
through YAC  
structure at  
six high  
school sites**

# Phase 1: Initial Design Concepts & Youth Input

- Sticky worked with staff to develop 12 initial rough concepts
- Lesson on branding & initial feedback at fall YAC retreat



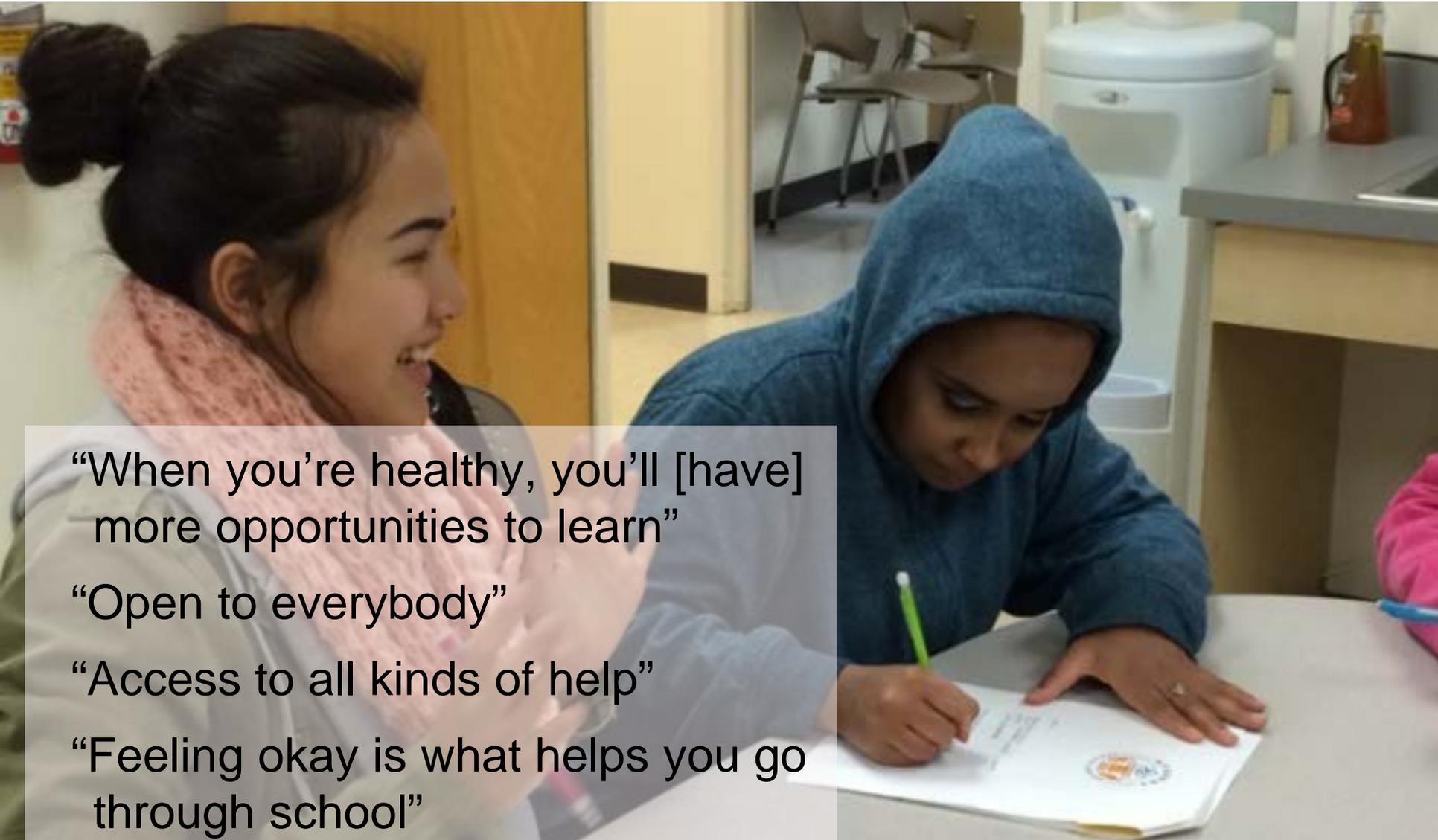
# Phase 2: Pre-testing four final concepts with 120 youth



- Peer interviews led by YAC members
- \$5 Fred Meyer gift card for participation



# Final logo selected for popularity and communication of key messages



“When you’re healthy, you’ll [have] more opportunities to learn”

“Open to everybody”

“Access to all kinds of help”

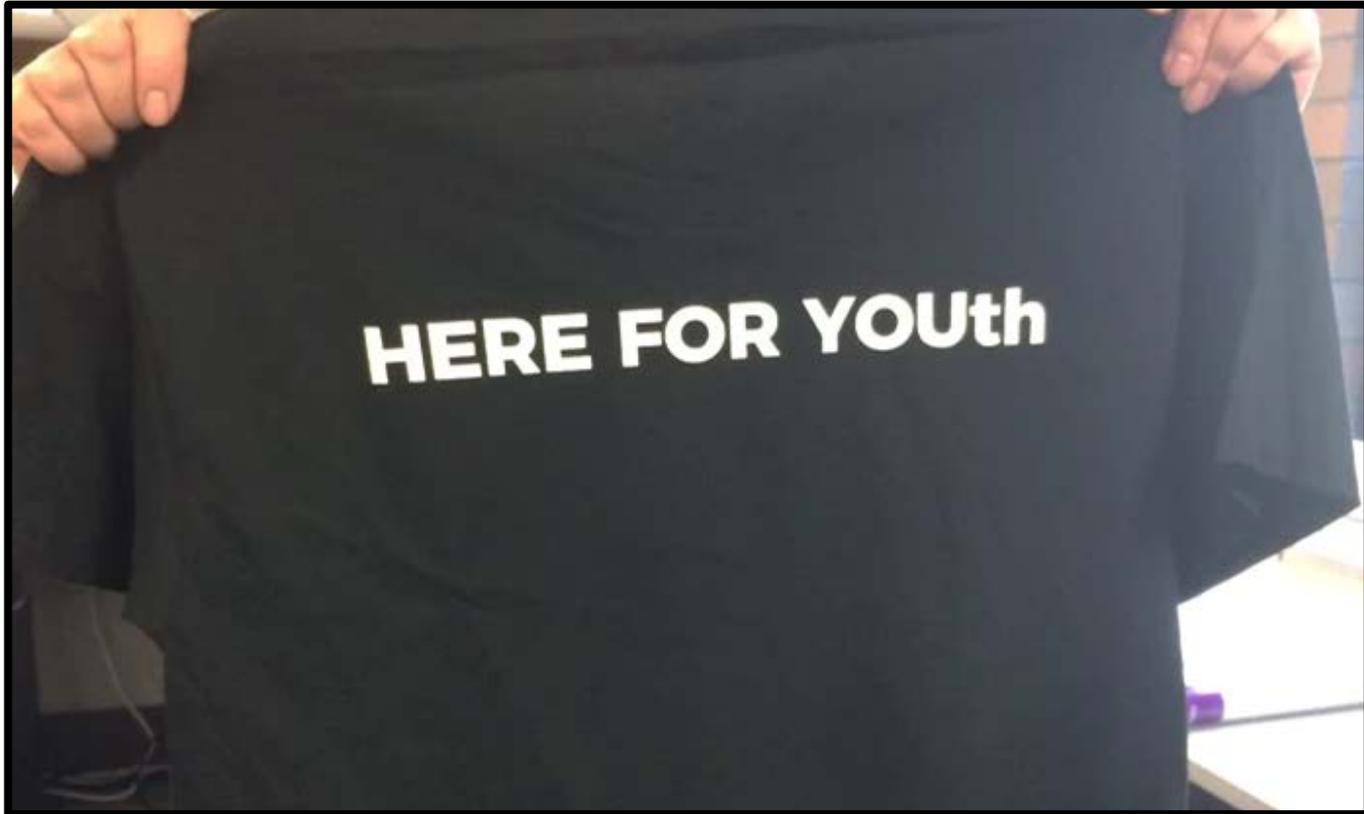
“Feeling okay is what helps you go through school”

# Logo, naming, & color palette



MULTNOMAH COUNTY  
**student**  
HEALTH CENTER

# Tagline



# Promotional materials



**HERE FOR YOUTH**

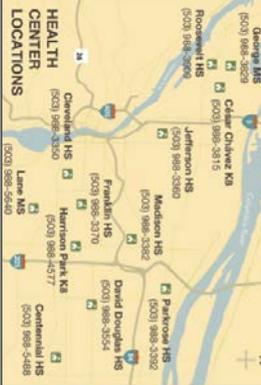
**ABOUT US**

- We are health centers in your school providing convenient high-quality health care.
- We welcome all school-age kids, K-12.
- We're here to keep you healthy so that you can focus on thriving in school and beyond.

**OUR SERVICES**

- Regular exams
- Sports physicals
- Illness and injuries
- Immunizations
- Mental Health Services
- Age-appropriate reproductive health
- Routine lab tests
- Prescription medications
- Vision, dental, and blood pressure screenings
- Health education, counseling, and wellness promotion

You or your family will not be charged for services. We take any insurance and we'll serve you if you don't have any.



**HEALTH CENTER LOCATIONS**

- George HS (503) 988-3253
- Roosevelt HS (503) 988-3909
- Clatsop HS (503) 988-3815
- Jefferson HS (503) 988-3300
- Mason HS (503) 988-3382
- Pratt HS (503) 988-3392
- Chenoweth HS (503) 988-3900
- Luna HS (503) 988-5610
- Franklin HS (503) 988-3370
- Harrison Park HS (503) 988-3577
- David Douglas HS (503) 988-3504
- Condon HS (503) 988-5488



[www.multco.us/health/sbhc](http://www.multco.us/health/sbhc)



**WE'RE HERE FOR YOUTH!**

**ROOSEVELT STUDENT HEALTH CENTER**

**HOURS**

- Monday: 7:45am-3:45pm
- Tuesday: 9:45am-3:45pm
- Wednesday: 7:45am-3:45pm
- Thursday: 7:45am-3:45pm
- Friday: 7:45am-3:45pm

**APPOINTMENTS**

- Call 503-988-3909 to schedule.
- Same day appointments available.
- Walk-ins welcome. We're located on Roosevelt campus next to the counseling office and across from the SUN office.

Serving all Multnomah County youth ages 5-18, regardless of their ability to pay.

[www.multco.us/health/sbhc](http://www.multco.us/health/sbhc)




**MULTNOMAH COUNTY student HEALTH CENTER**



- Regular Checkups
- Sports Physicals
- Care for Illness & Injuries
- Prescription Medications
- Immunizations
- Counseling

There is no out-of-pocket cost to you for services

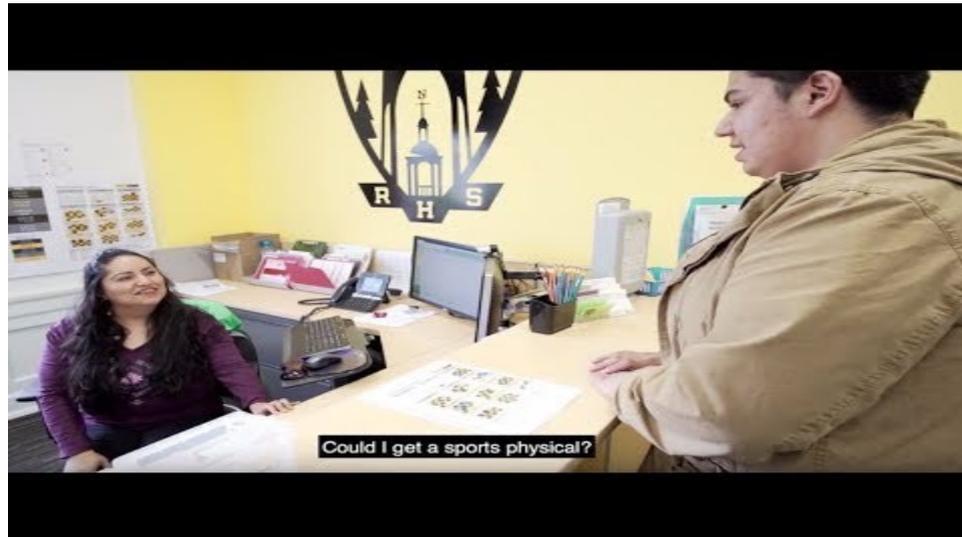
**HERE FOR YOUTH**

[www.multco.us/sbhc](http://www.multco.us/sbhc)





<https://www.youtube.com/watch?v=AATmphunzFM>



# Strategies to Integrate the Pre-participation Sports Physical into the Adolescent Well Visit





Oregon  
**SBHC**  
School-Based Health Centers

Oregon  
**Health**  
Authority

Michael Ralls, MA, MS

*Director of Social Services*

*North Clackamas School District*



And the award goes to....

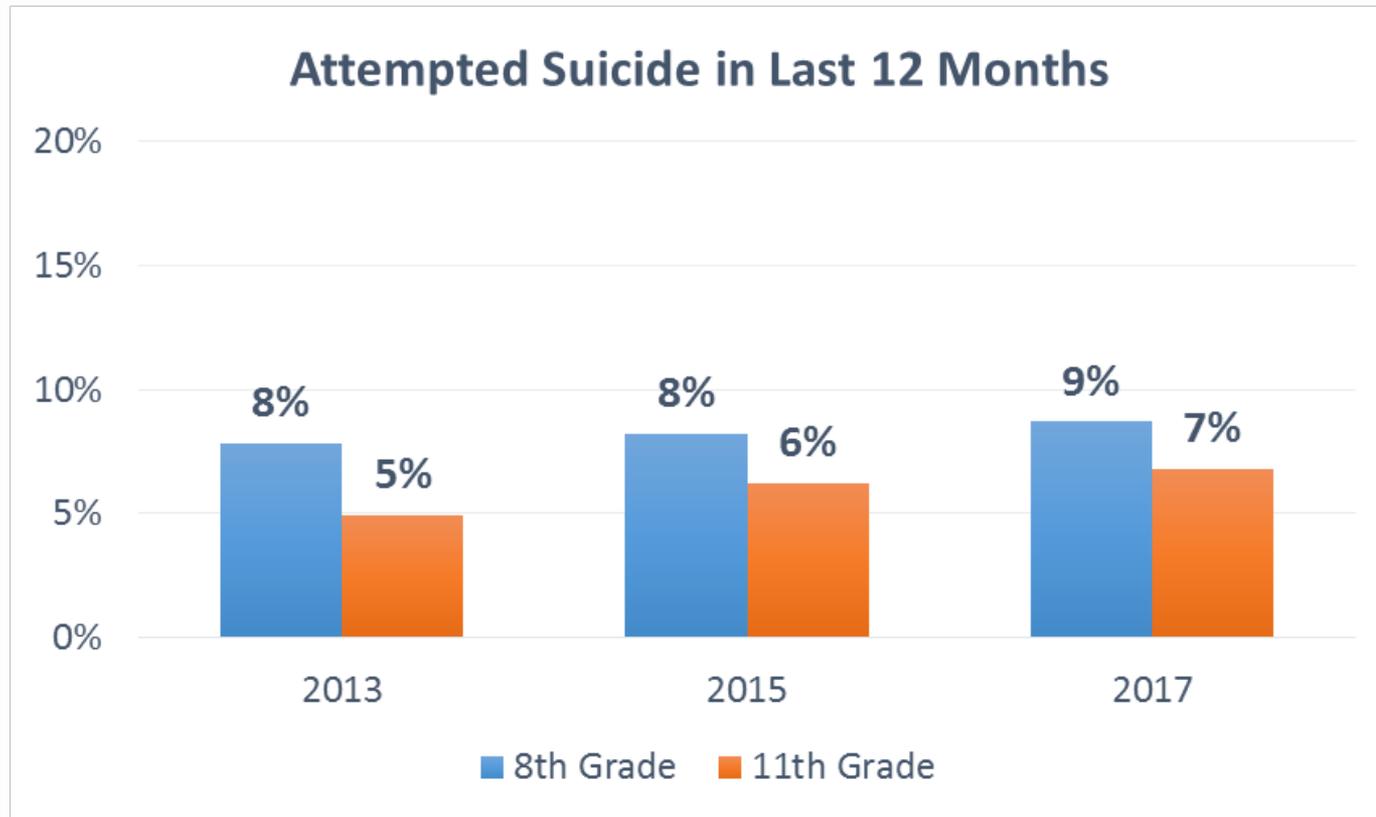




# The Role of SBHCs in Suicide Prevention/Intervention/Postvention

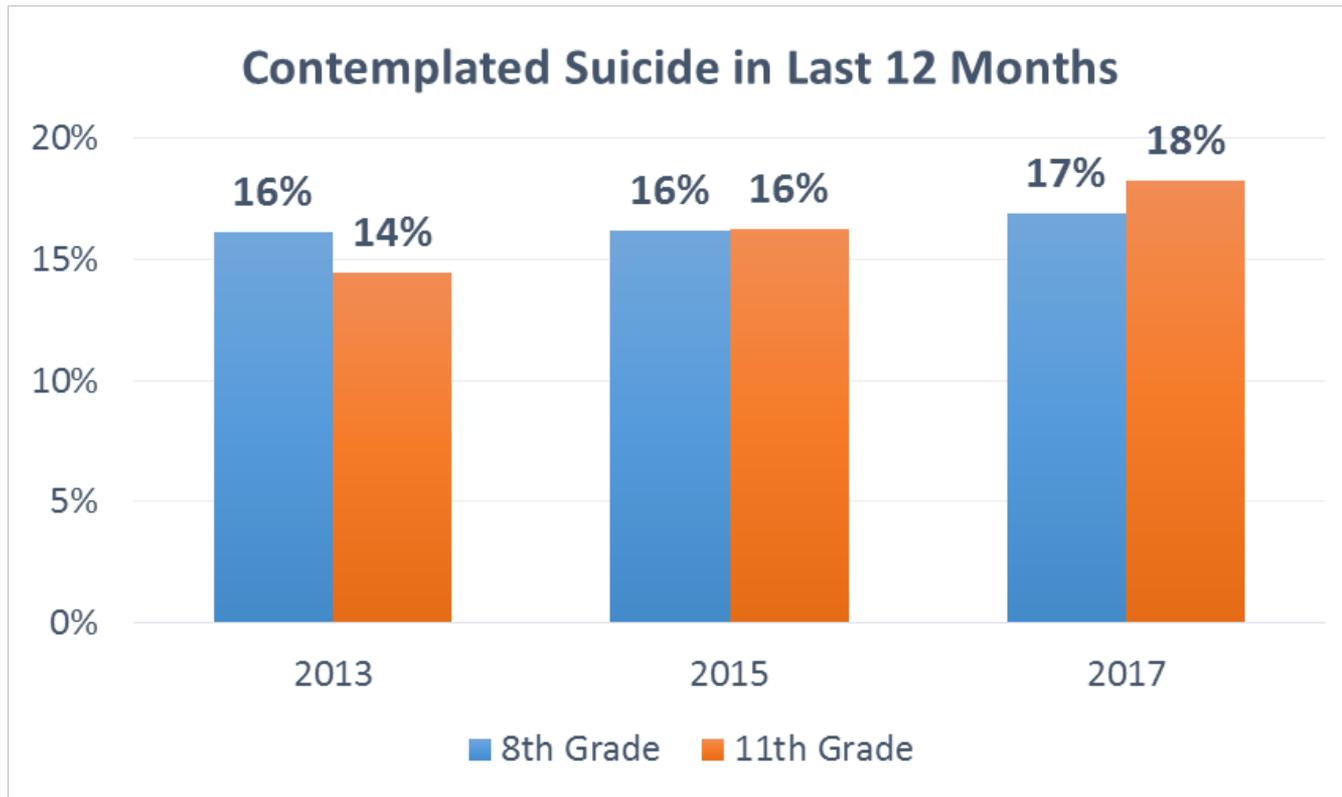


# Adolescent Suicide



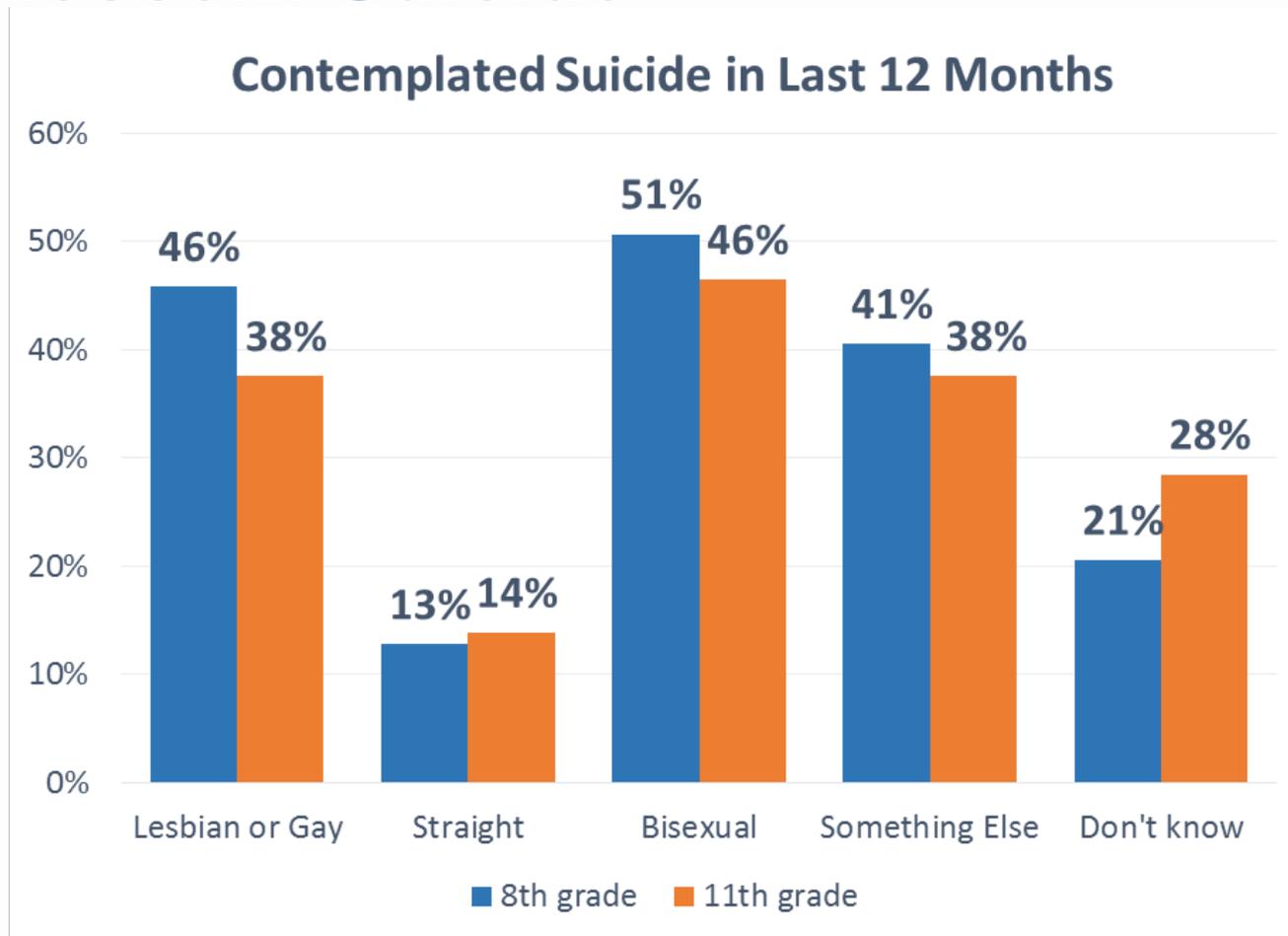
*Source: 2013, 2015, 2017 Oregon Healthy Teens Survey*

# Adolescent Suicide



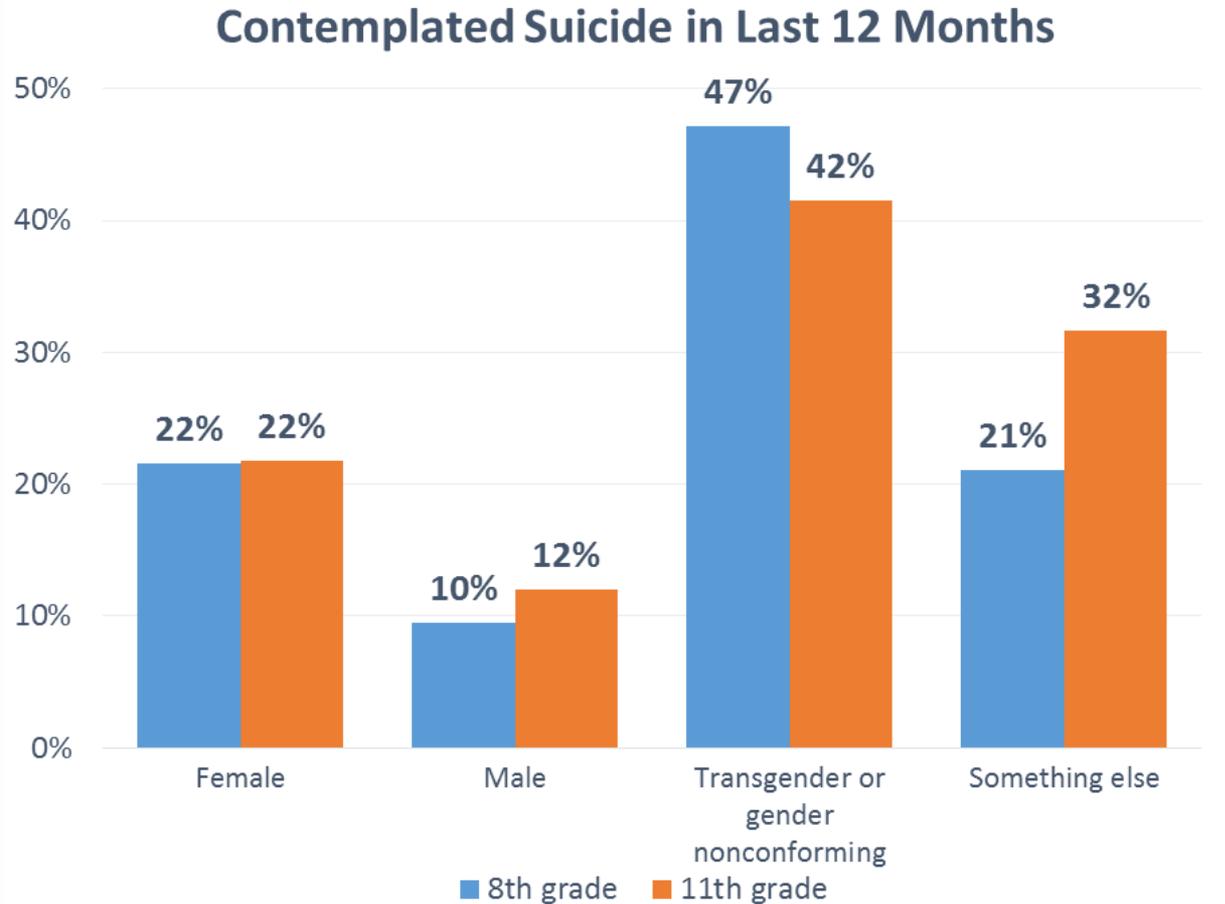
Source: 2013, 2015, 2017 Oregon Healthy Teens Survey

# Adolescent Suicide



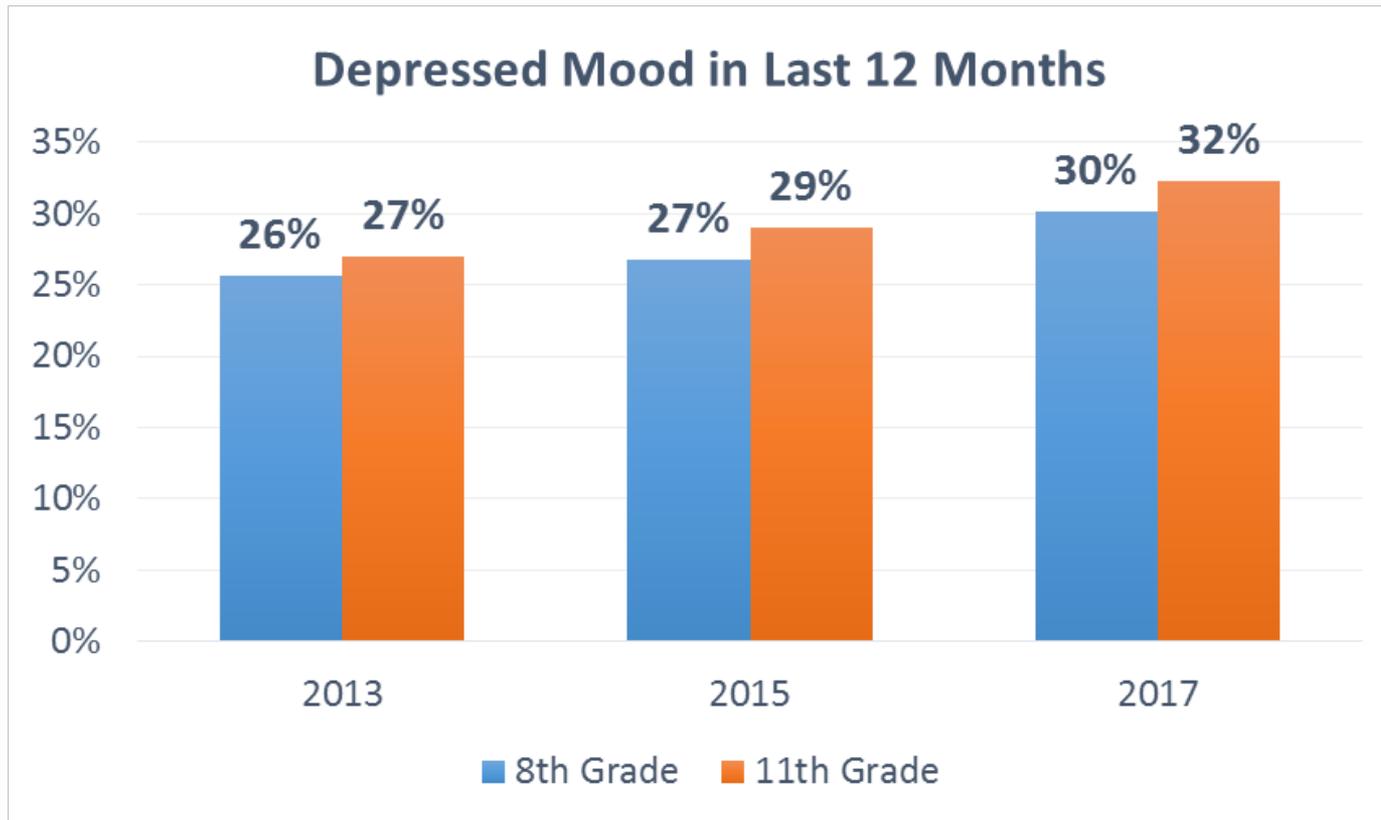
Source: 2017 Oregon Healthy Teens Survey

# Adolescent Suicide



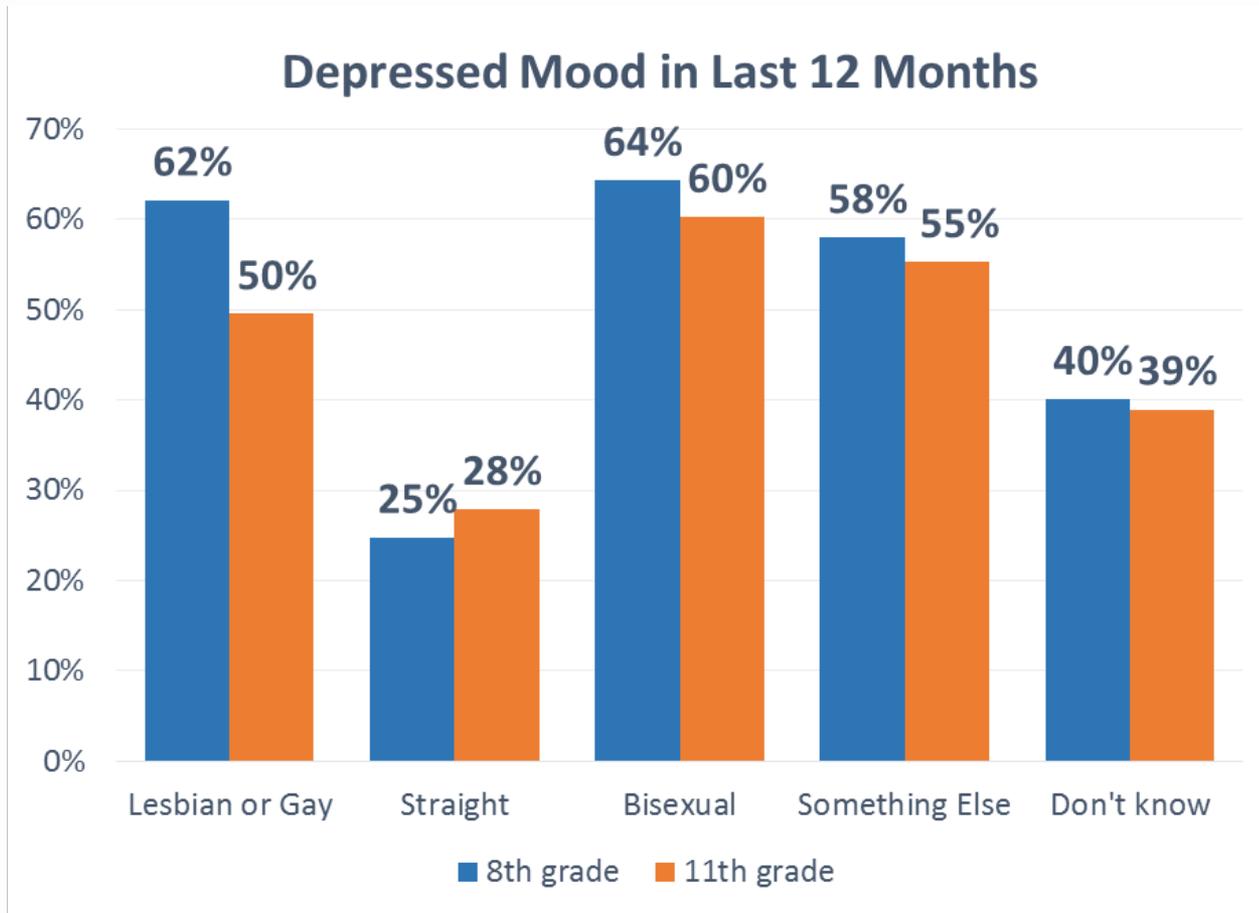
Source: 2017 Oregon Healthy Teens Survey

# Adolescent Mental Health



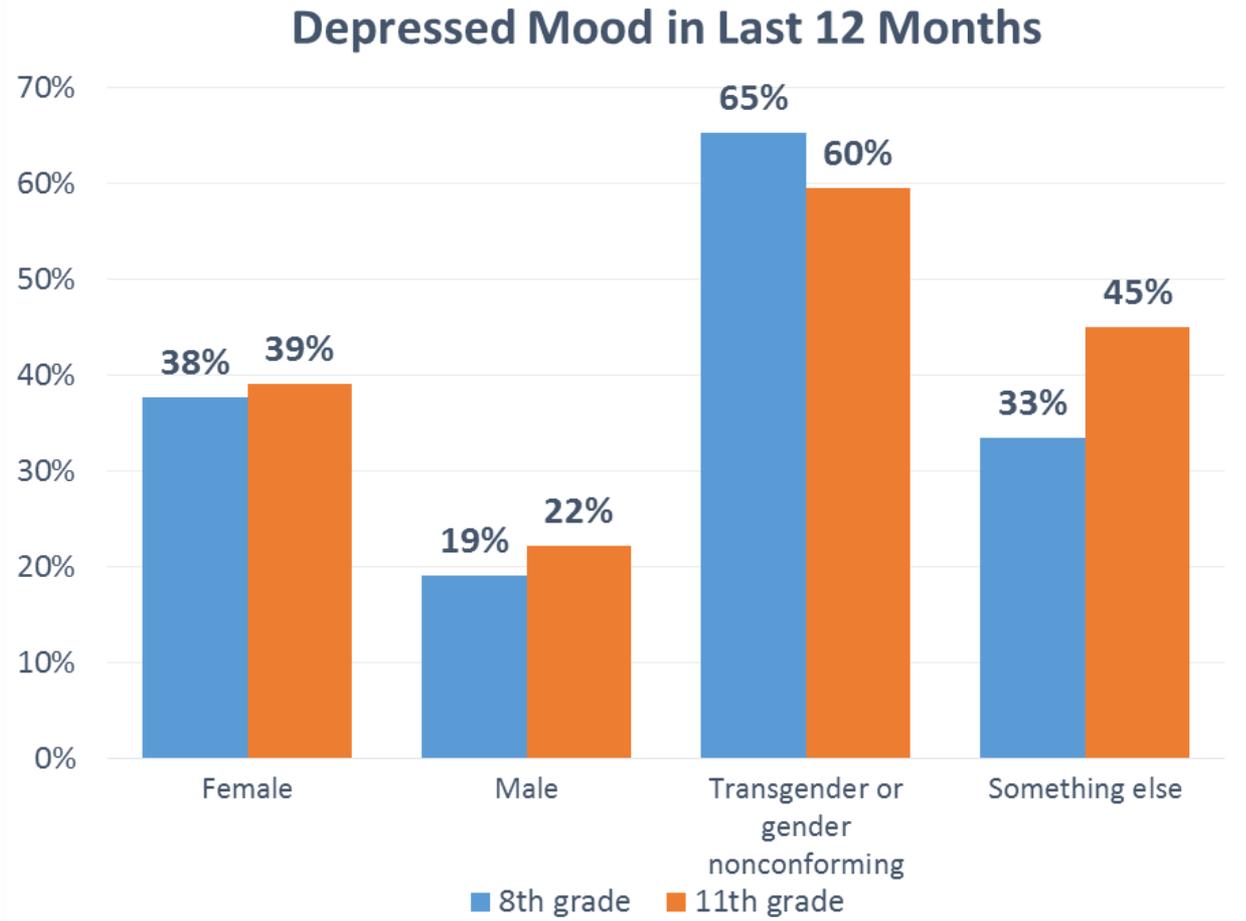
*Source: 2013, 2015, 2017 Oregon Healthy Teens Survey*

# Adolescent Mental Health



Source: 2017 Oregon Healthy Teens Survey

# Adolescent Mental Health



Source: 2017 Oregon Healthy Teens Survey

PUBLIC HEALTH DIVISION  
Adolescent and School Health

Note: "Transgender or gender.." includes those who identified as transgender, gender fluid, genderqueer, gender nonconforming, intersex/intergender, multiple responses, and "not sure of gender"



# Positive Youth Development Benchmark

- Uses Oregon Healthy Teens questions to measure strengths and attributes that can buffer the impact of stress and obstacles young people face.
- Supporting PYD often requires a shift from viewing adolescents as trouble makers who exhibit risky behavior to seeing youth as positive change agents, willing and able to contribute to society.
- The PYD benchmark that is reported is calculated based on responses to six questions in the survey related to well-being and social connectedness

# Positive Youth Development Benchmark: Questions Incorporated in Benchmark

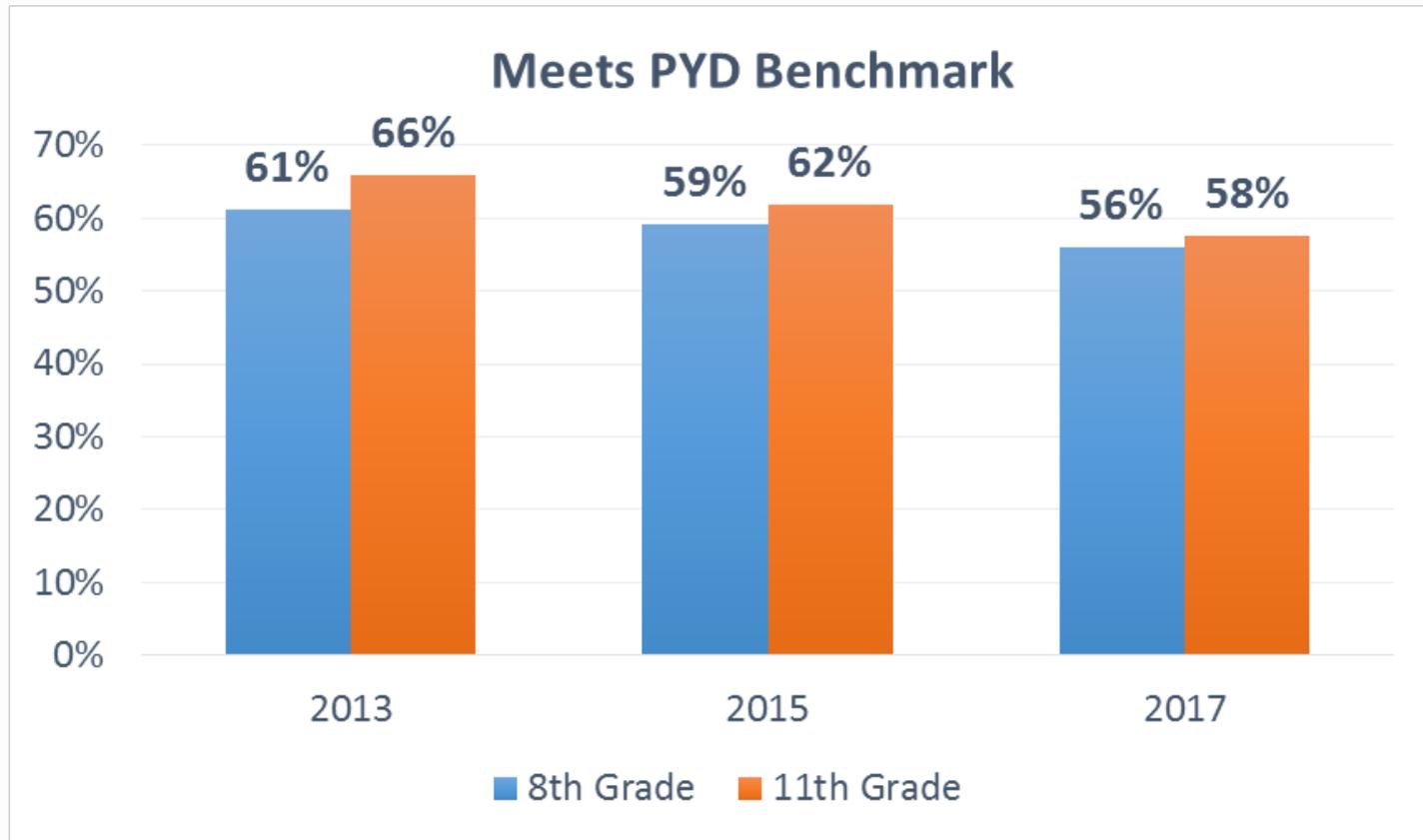
## Rate Poor, Fair, Good, Very Good, Excellent

1. Would you say that in general your *physical health* is?
2. Would you say that in general your *emotional and mental health* is?

## Mark how true you feel each statement is to you

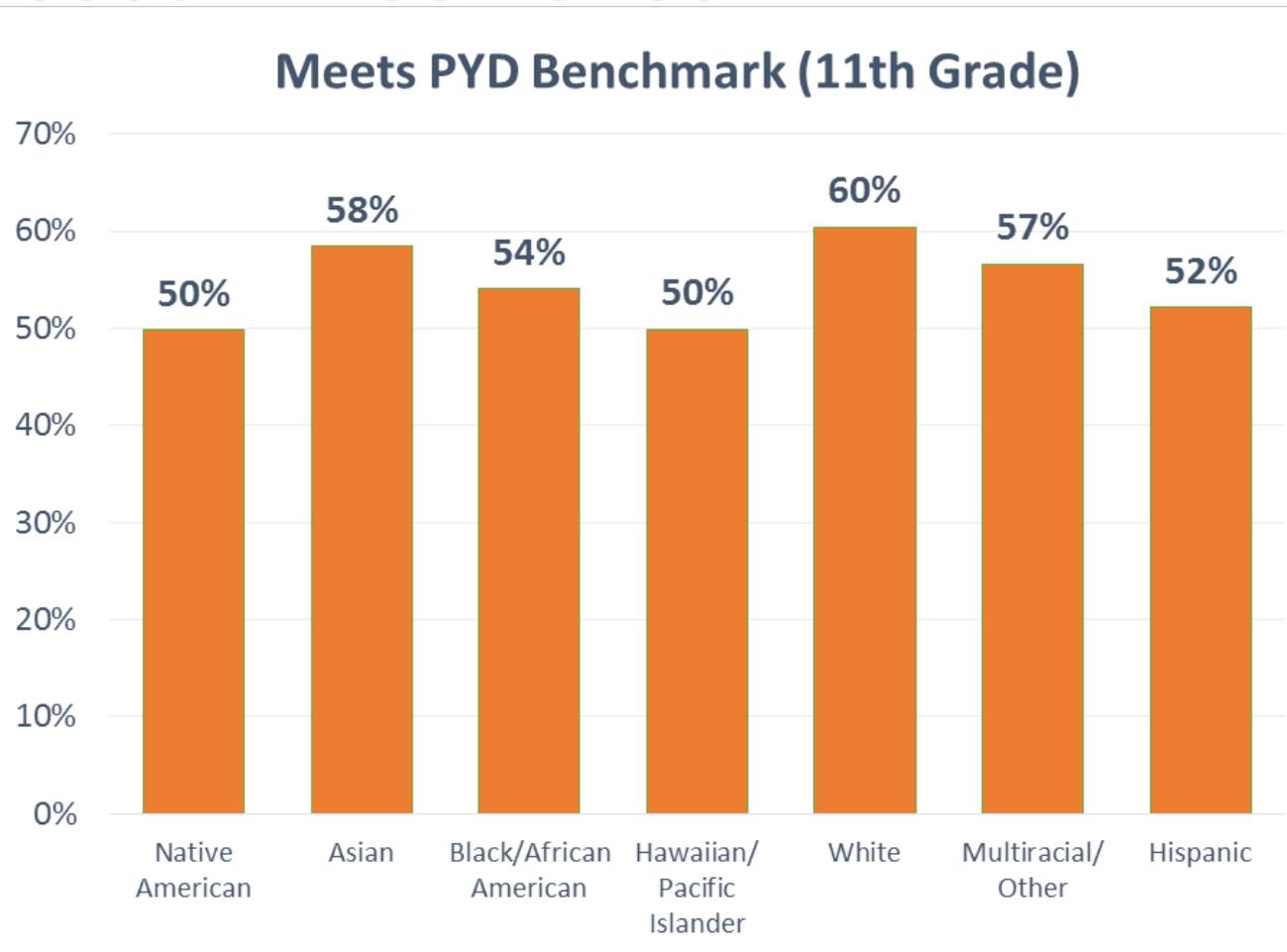
1. I can do most things if I try
2. I can work out my problems
3. There is at least one teacher or other adult in my school that really cares about me
4. I volunteer to help others in my community.

# Adolescent Resilience



Source: 2013, 2015, 2017 Oregon Healthy Teens Survey

# Adolescent Resilience

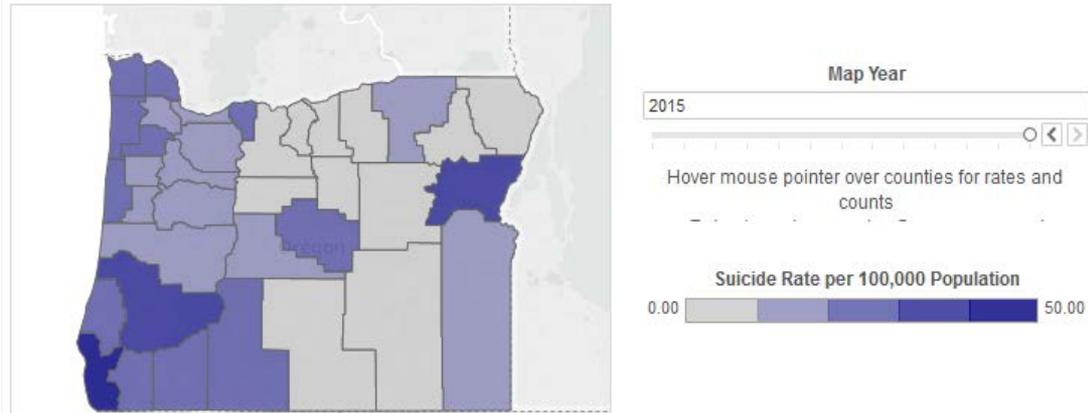


Source: 2017 Oregon Healthy Teens Survey

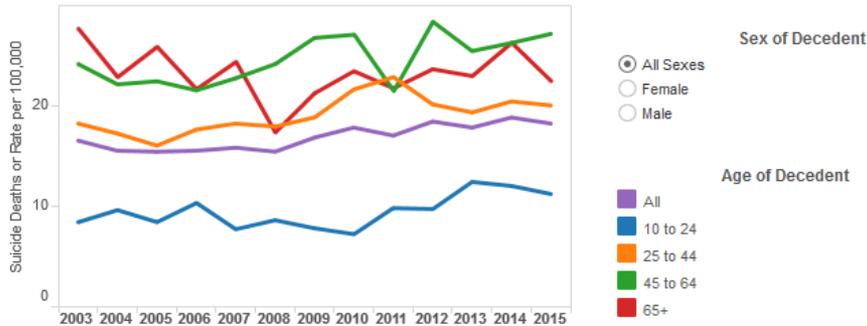
# Suicide in Oregon

- In 2015, 762 Oregon residents died by suicide.
- Suicide is the 2<sup>nd</sup> leading cause of death among Oregonians aged 15-34 years and 8<sup>th</sup> leading cause of death overall.
- The rate of suicide in Oregon is 33% higher than the nation and Oregon ranks 13<sup>th</sup> among states.
- Males are 4X more likely to die by suicide than females.

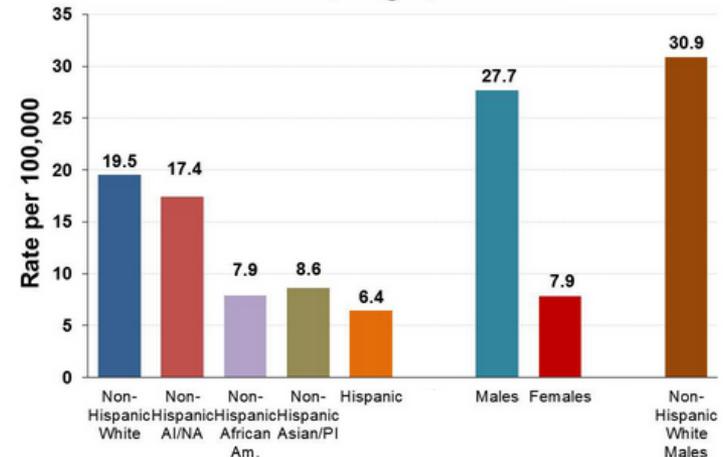
Oregon Suicide Death Map, 2003-2015



Oregon Statewide Suicide Deaths by Age Group and Sex, 2003-2015



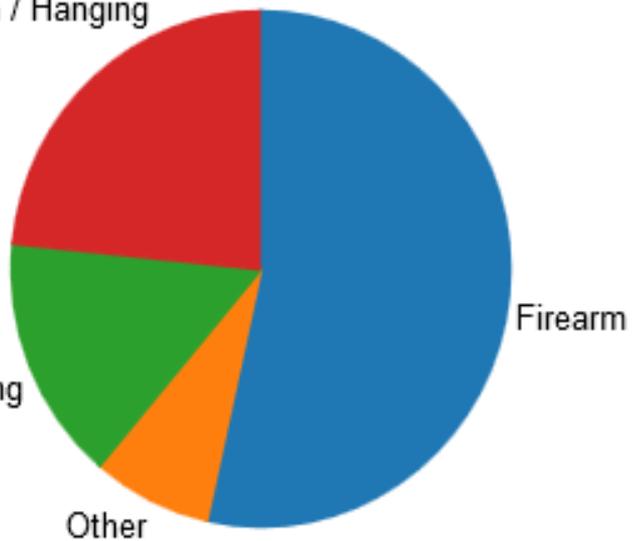
Age-Adjusted Suicide Rate, by Race / Ethnicity and Sex, Oregon, 2011-2015





# Oregon County Suicide Deaths by Mechanism, 2011-2014

Suffocation / Hanging



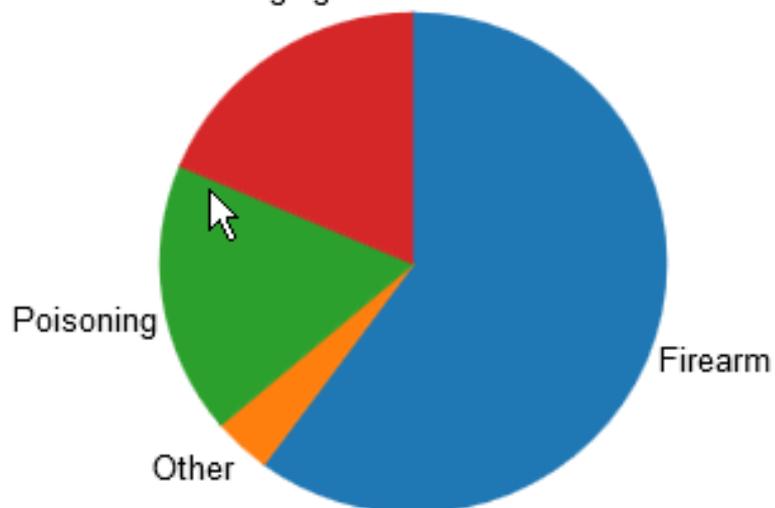
County or Statewide

OREGON

Suicide Mechanism

- Firearm
- Other
- Poisoning
- Suffocation / Hanging

Suffocation / Hanging



County or Statewide

Jackson

Suicide Mechanism

- Firearm
- Other
- Poisoning
- Suffocation / Hanging

# AT-RISK in PRIMARY CARE

■ Adolescents

## Simulation for Health Care Professionals

- 20-30 minute online learning experience.
- Awards .75 CEUs for physicians, nurses, social workers, and school psychologists.
- Promotes integration of behavioral health in the primary care setting.
- Includes *Virtual Patient* role-play conversation.
- Incorporates practice using motivational interviewing techniques.



# AT-RISK in PRIMARY CARE

■ Adolescents

## Learning Objectives

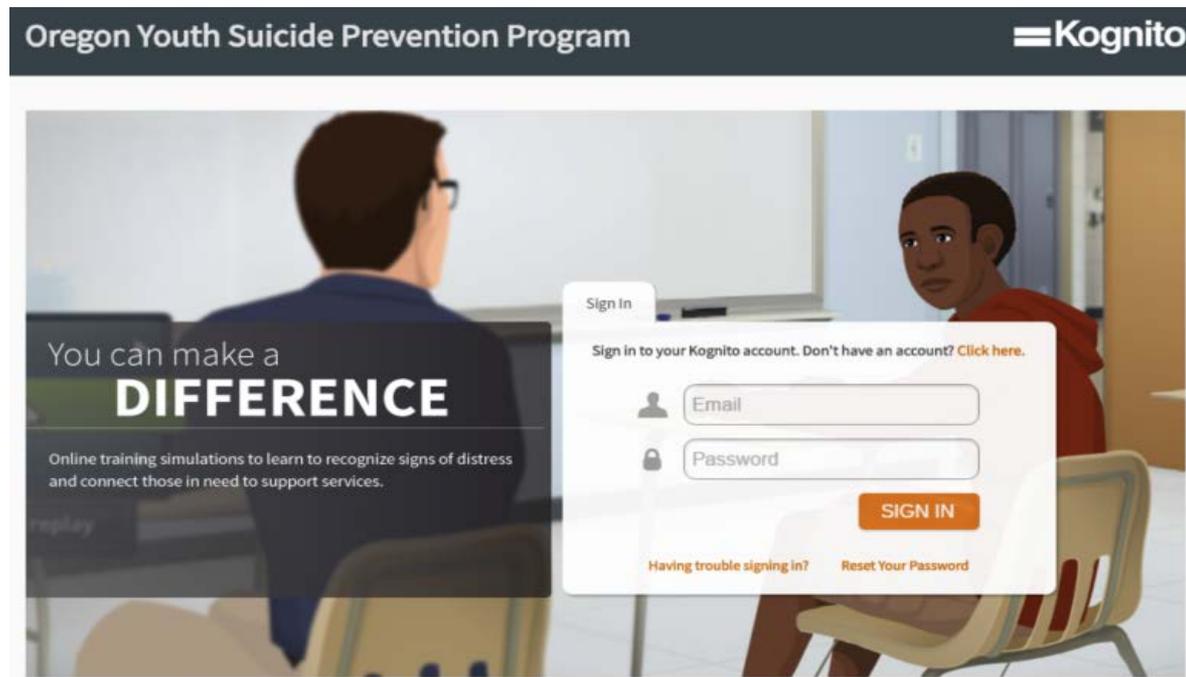
After completing the simulations, users will be able to:

- Recognize the importance of mental health as part of the role of primary care.
- Build rapport with patients using motivational interviewing tactics.
- Broach the topic of mental health and correct common misconceptions.
- Demonstrate appropriate ways to ask a patient about suicidal ideation.
- Take appropriate steps for referral and follow up.



# Accessing the Simulations

[www.kognito.com/oregon](http://www.kognito.com/oregon)





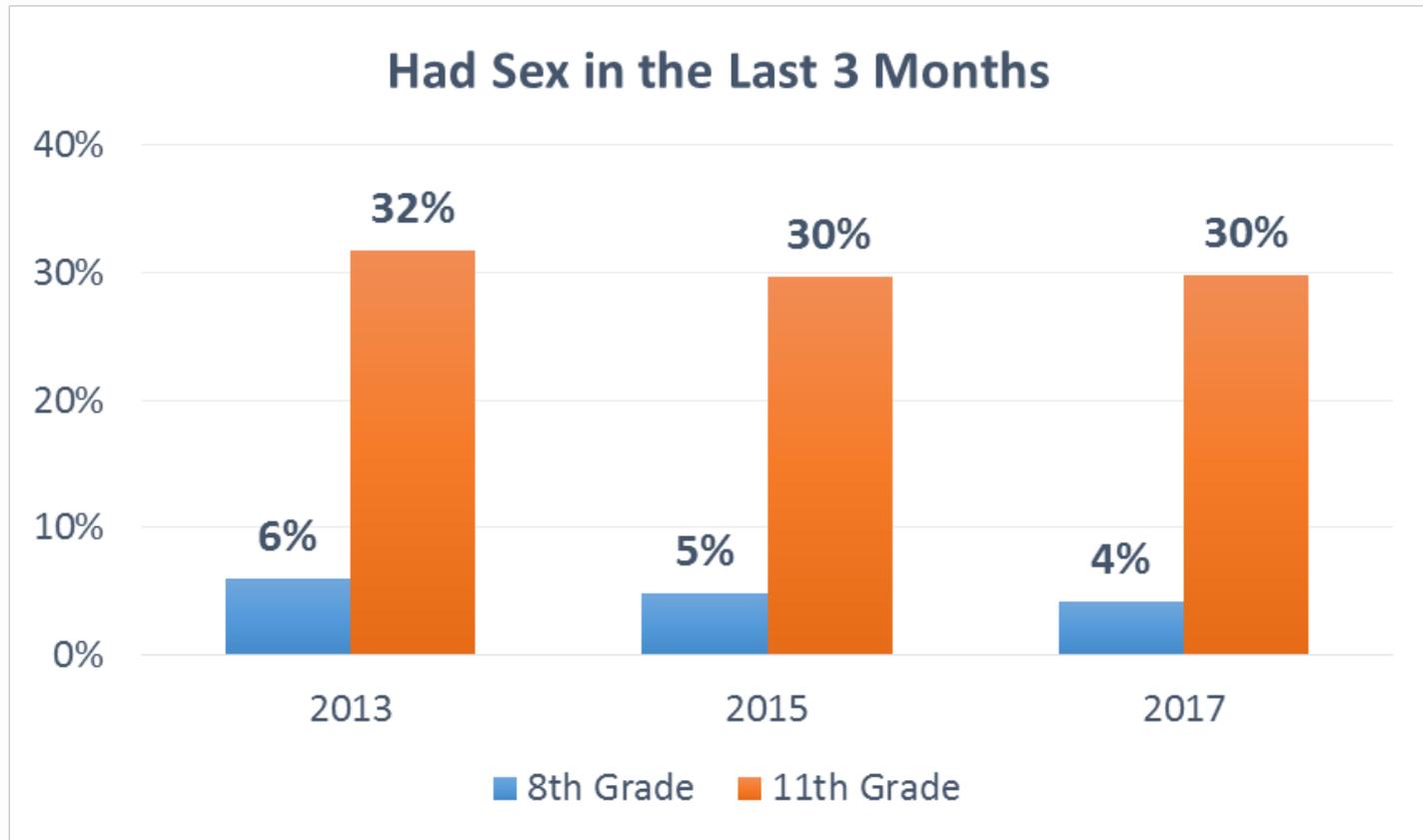


# Contraceptive Services in Oregon SBHCs

*As of Spring 2017 – 78 SBHCs*

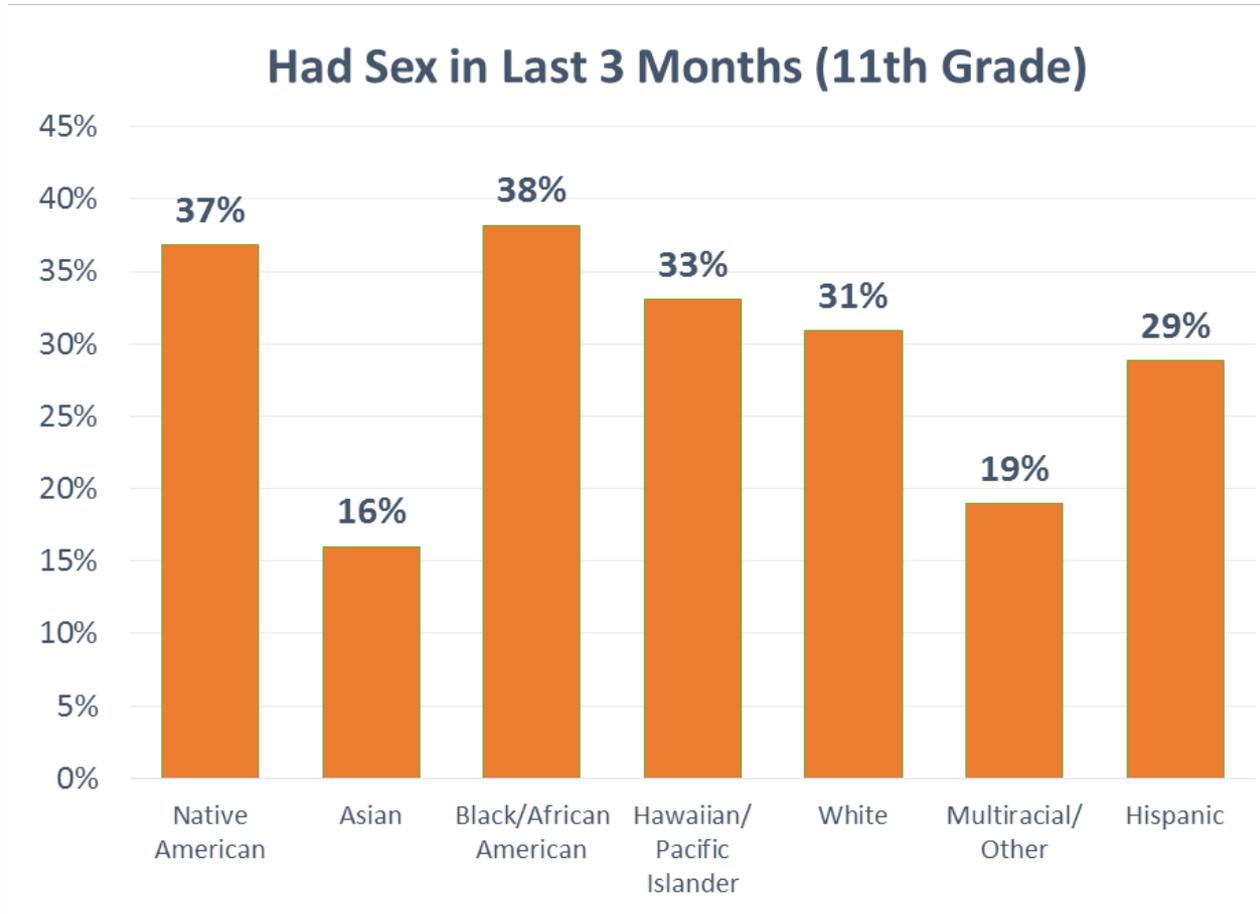
- 26 SBHCs (33%) in 12 counties refer for all contraceptive services (no dispensing or prescription)
- 29 SBHCs (37%) provide a mix of contraceptive services either via referral, prescription or dispensing onsite
- 23 SBHCs (29%) in 6 counties dispense comprehensive contraceptive services onsite
  - Includes male condom, the pill, depo, LARCs and EC

# Adolescent Sexual Health



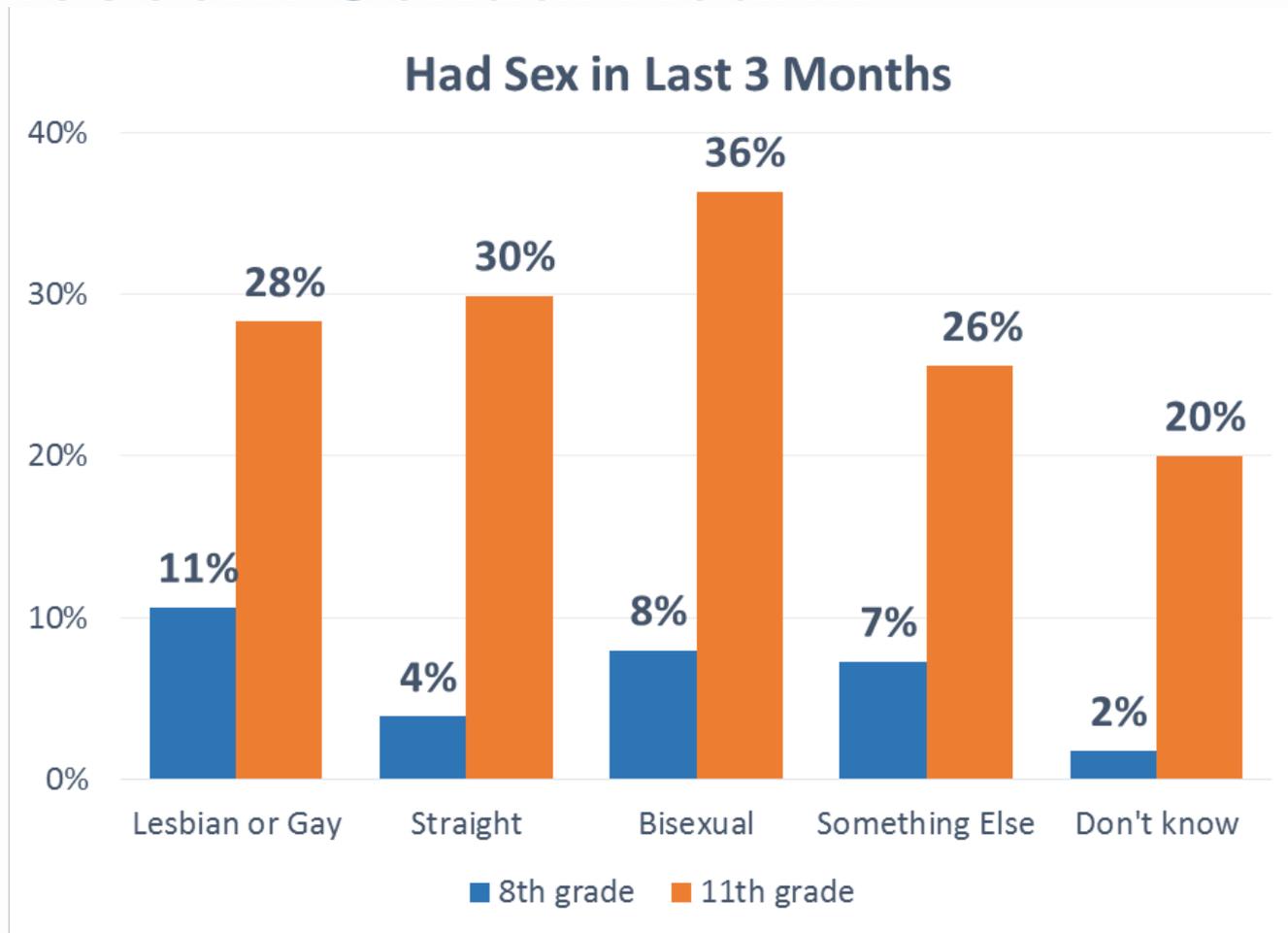
Source: 2013, 2015, & 2017 Oregon Healthy Teens Survey

# Adolescent Sexual Health



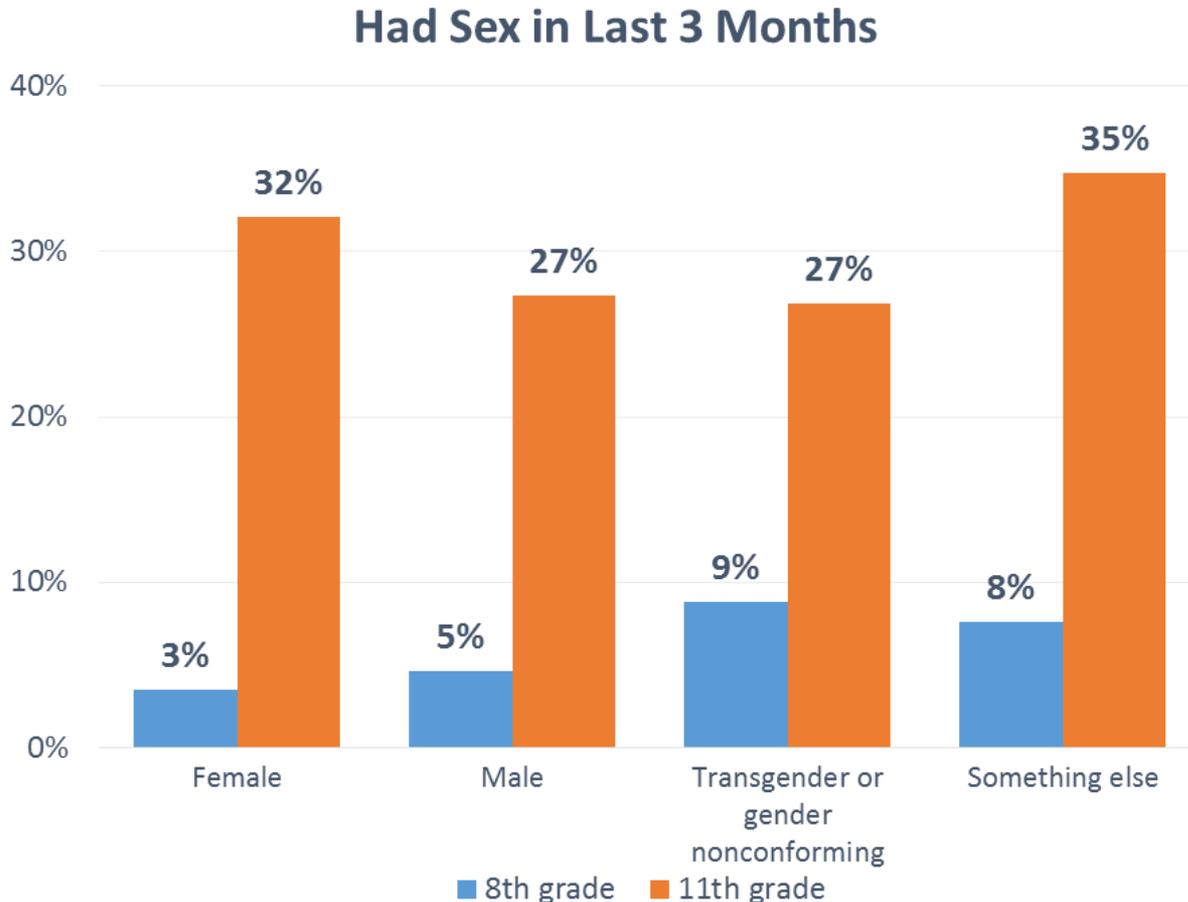
Source: 2017 Oregon Healthy Teens Survey

# Adolescent Sexual Health



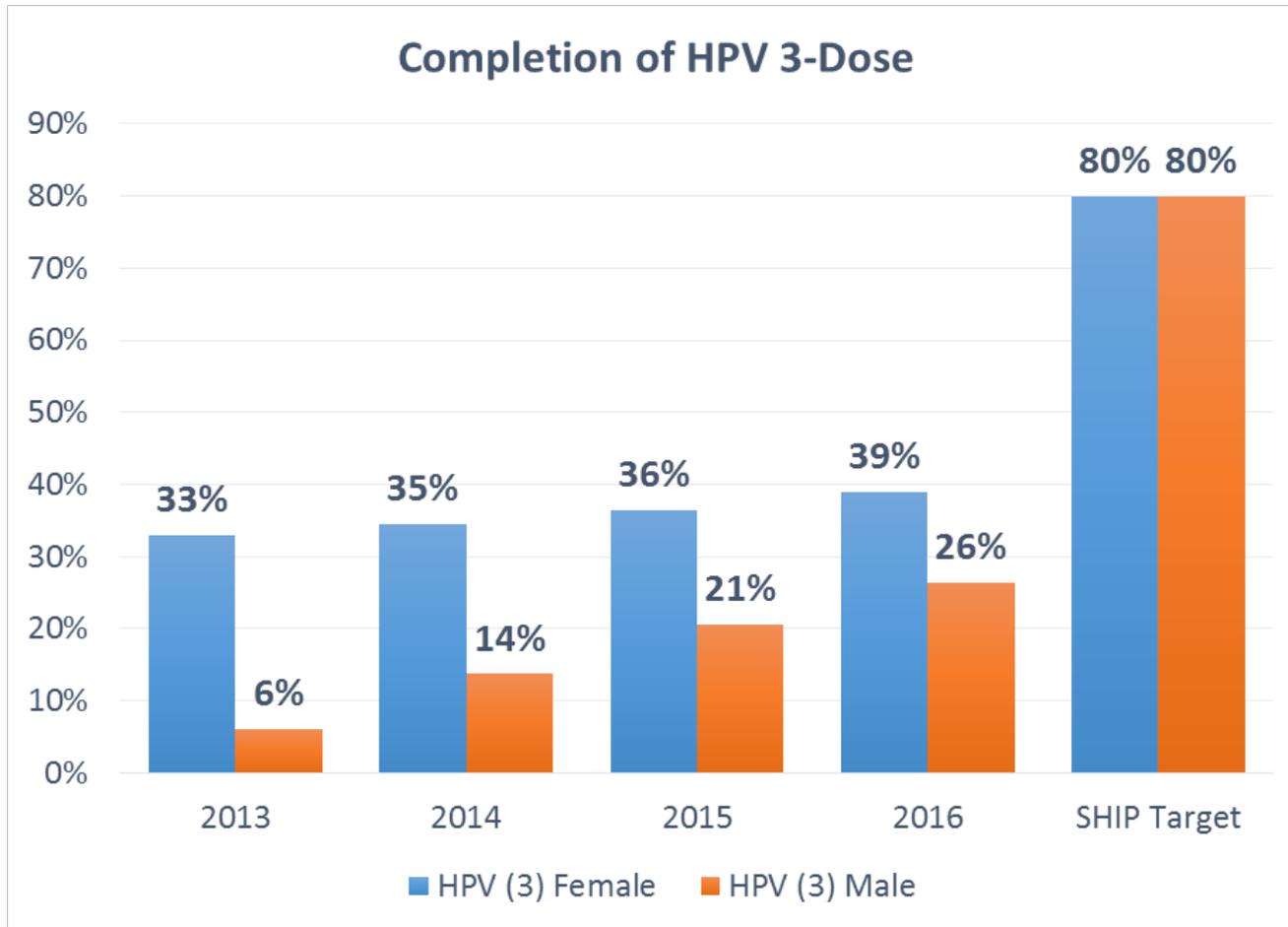
Source: 2017 Oregon Healthy Teens Survey

# Adolescent Sexual Health



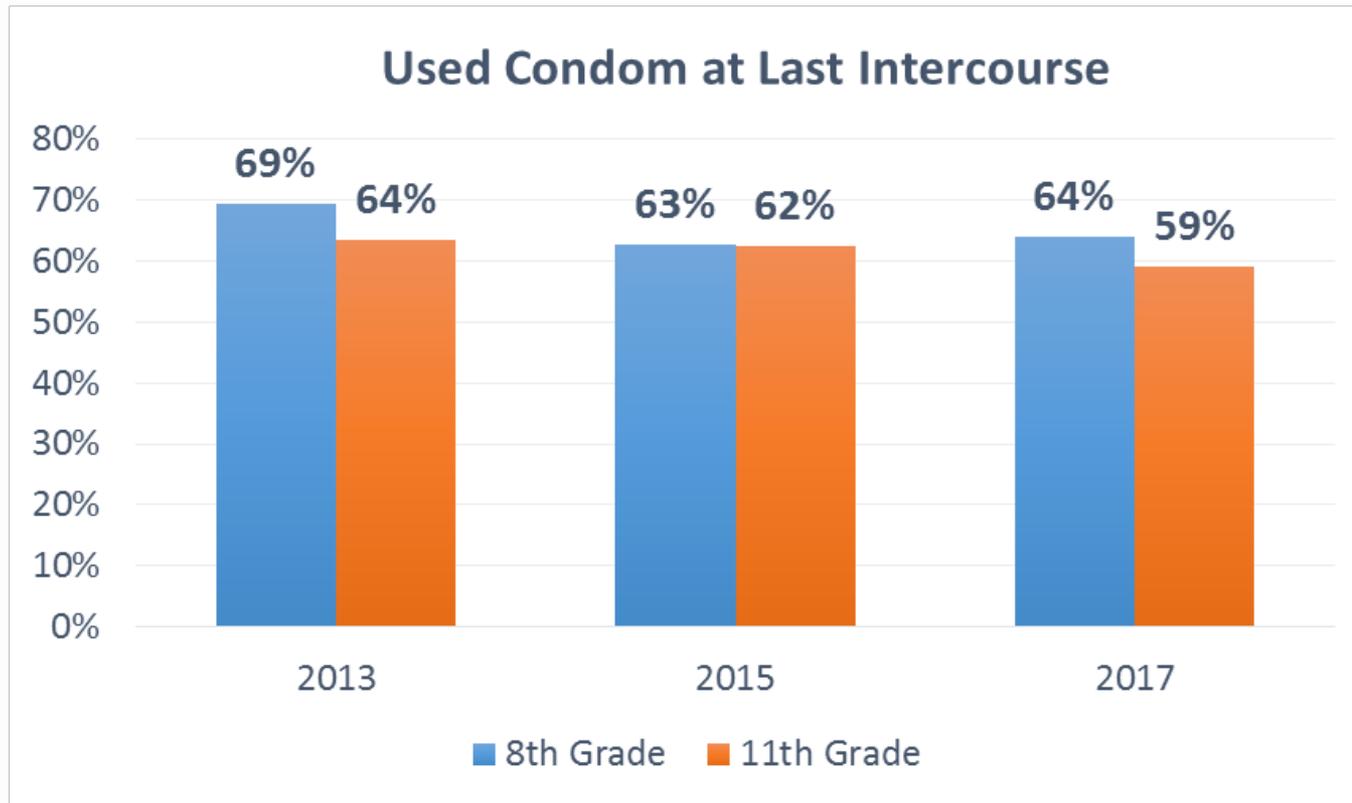
Source: 2017 Oregon Healthy Teens Survey

# Adolescent Sexual Health - Immunization



Source: ALERT IIS: 2013-16 Oregon Immunization Program's Adolescent Immunization Rates

# Adolescent Condom Use



*Note: Percentages are of youth who have had sexual intercourse*

*Source: 2013, 2015, and 2017 Oregon Healthy Teens Survey*

PUBLIC HEALTH DIVISION

Adolescent and School Health

# Adolescent Sex Ed – Condom Use

Topic taught in 6, 7 or 8 <sup>th</sup> grade	% of Schools	95% CI	N
How HIV and other STDs are transmitted	<b>79.1</b>	<b>74.0 – 83.5</b>	<b>156</b>
The importance of using condoms consistently and correctly	<b>54.1</b>	<b>48.2 - 59.9</b>	<b>156</b>
How to obtain condoms	<b>49.3</b>	<b>43.4 - 55.3</b>	<b>155</b>
How to correctly use a condom	<b>43.6</b>	<b>38.0 - 49.4</b>	<b>156</b>
The importance of using a condom at the same time as another form of contraception	<b>54.8</b>	<b>48.7 – 60.8</b>	<b>156</b>

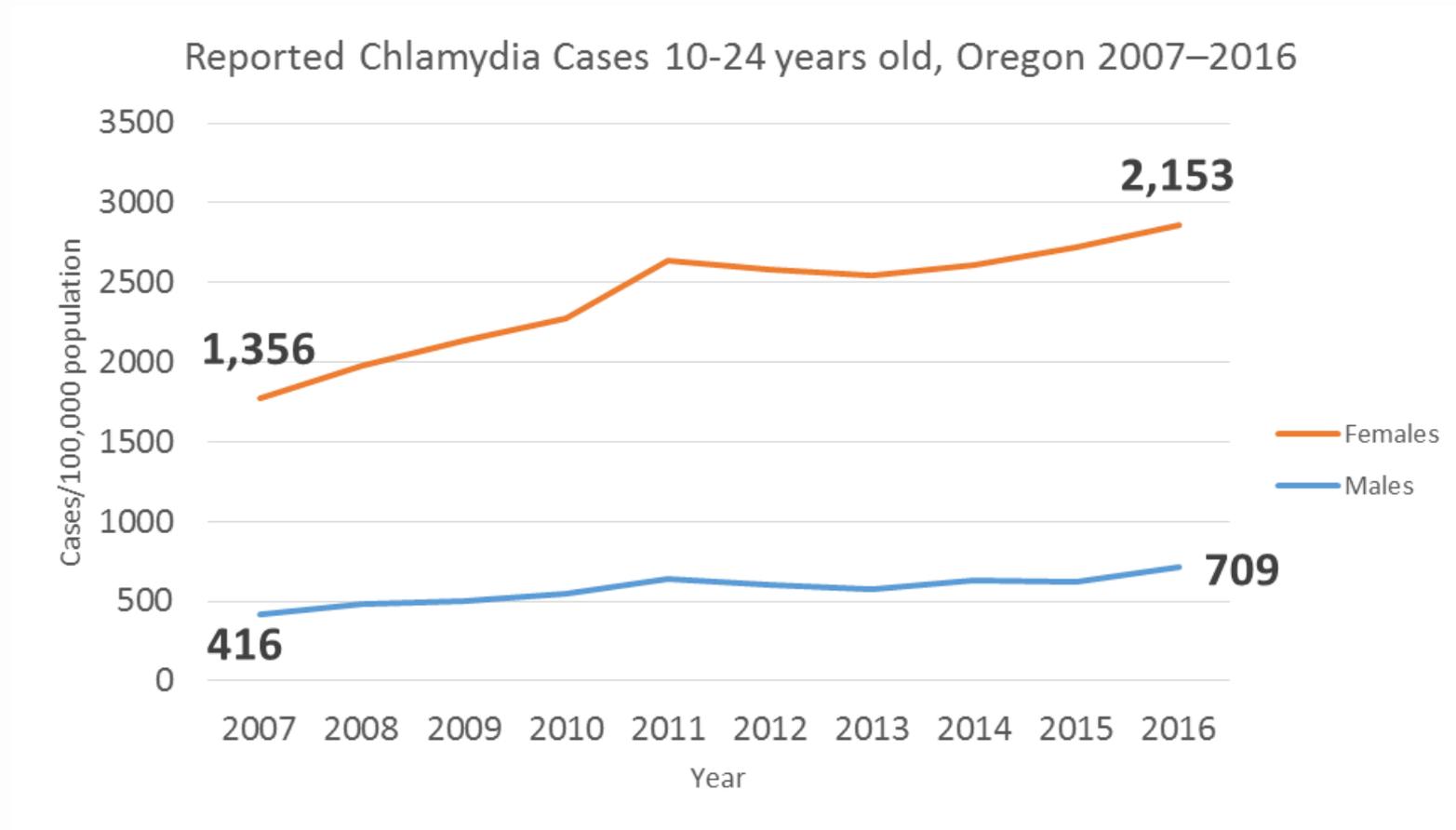
*Source: 2016 School Health Profiles – Lead Health Educator Survey*

# Adolescent Sex Ed – Condom Use

Topic taught in 9, 10, 11, or 12 <sup>th</sup> grade	% of Schools	95% CI	N
How HIV and other STDs are transmitted	96.8	93.5 – 98.5	135
The importance of using condoms consistently and correctly	87.6	82.2 – 91.5	134
How to obtain condoms	83.4	78.0 – 87.7	133
How to correctly use a condom	80.8	75.3 – 85.4	133
The importance of using a condom at the same time as another form of contraception	91.3	86.8 – 94.4	134

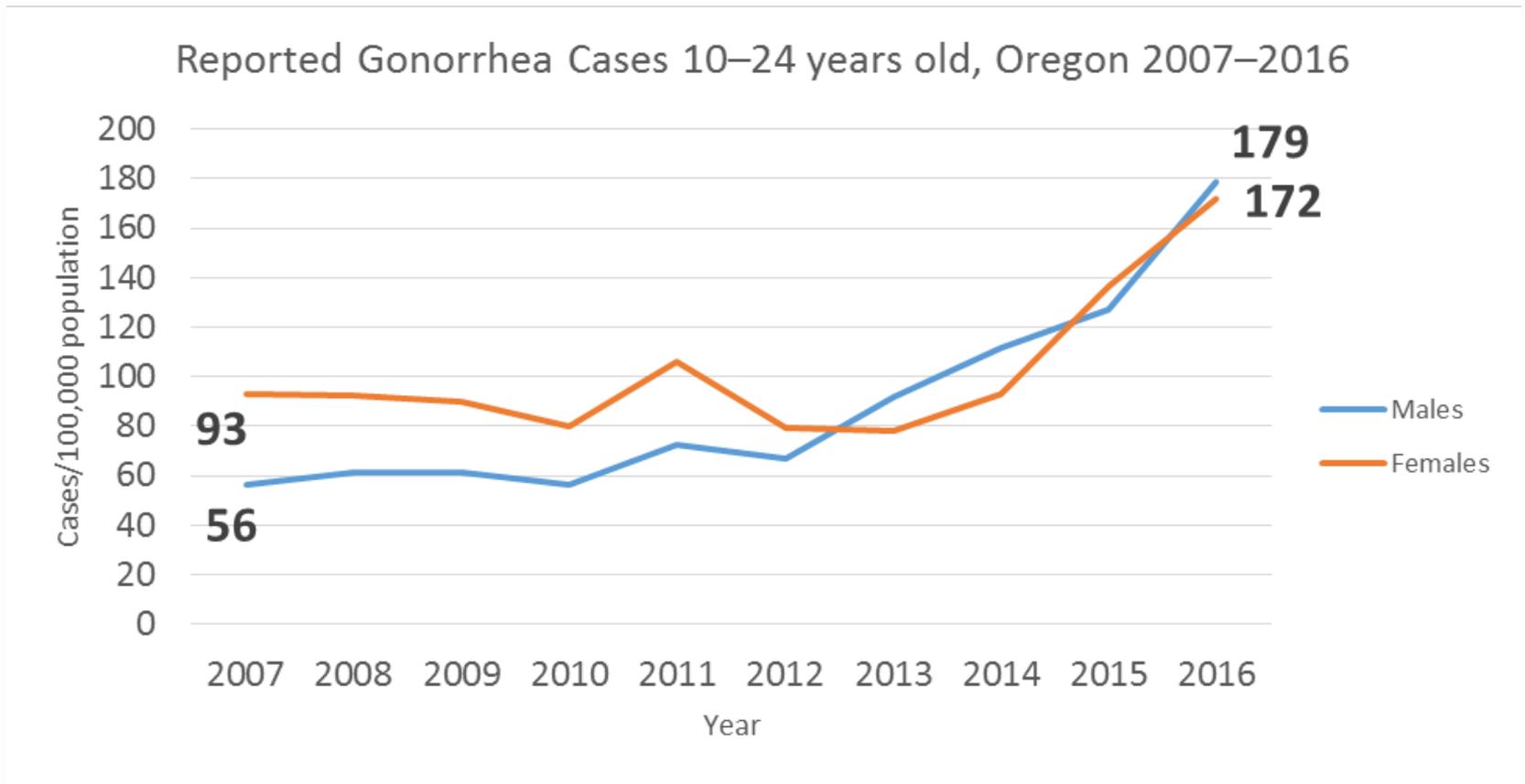
Source: 2016 School Health Profiles – Lead Health Educator Survey

# Adolescent STIs



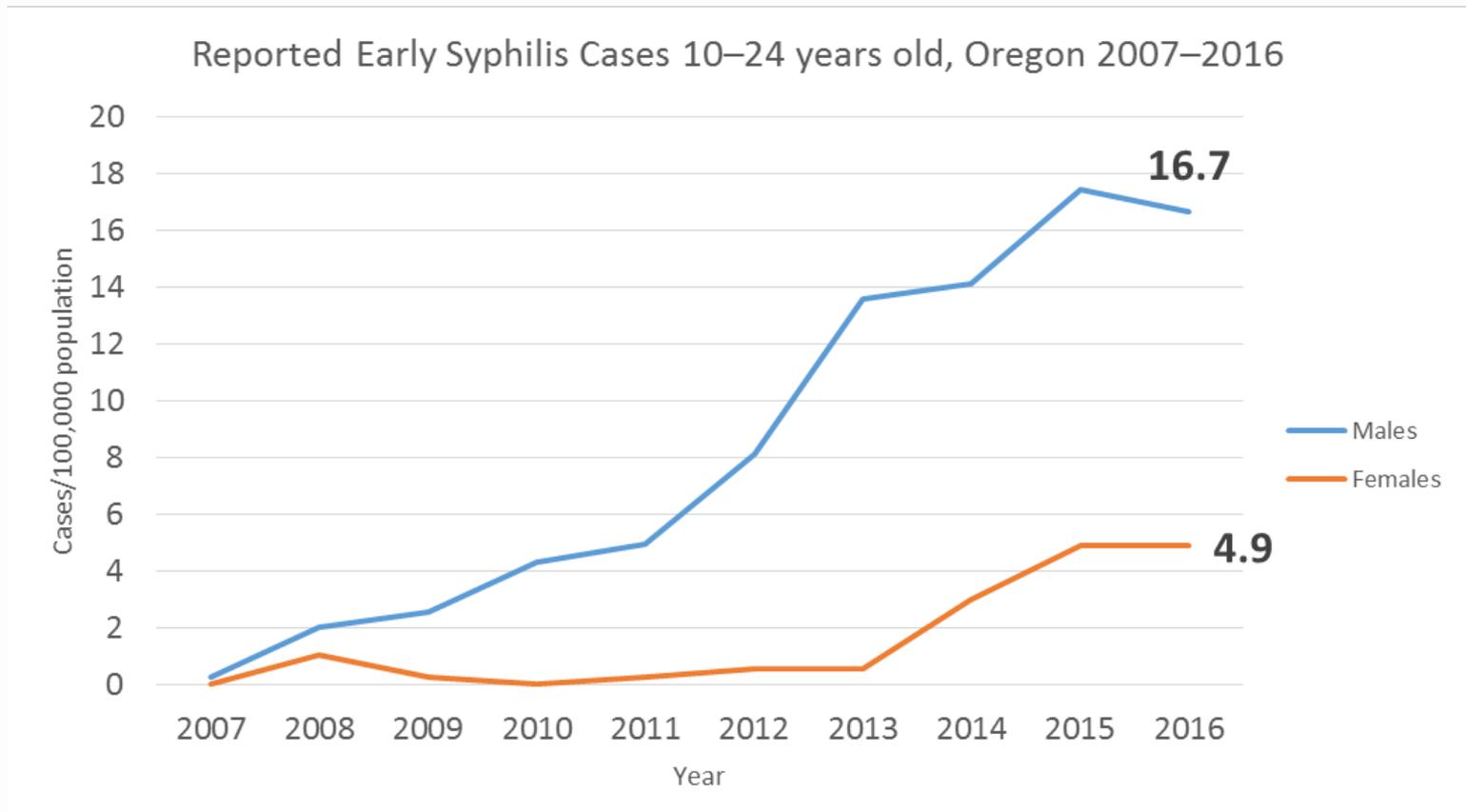
Source: Oregon Public Health Epidemiologists' User System

# Adolescent STIs



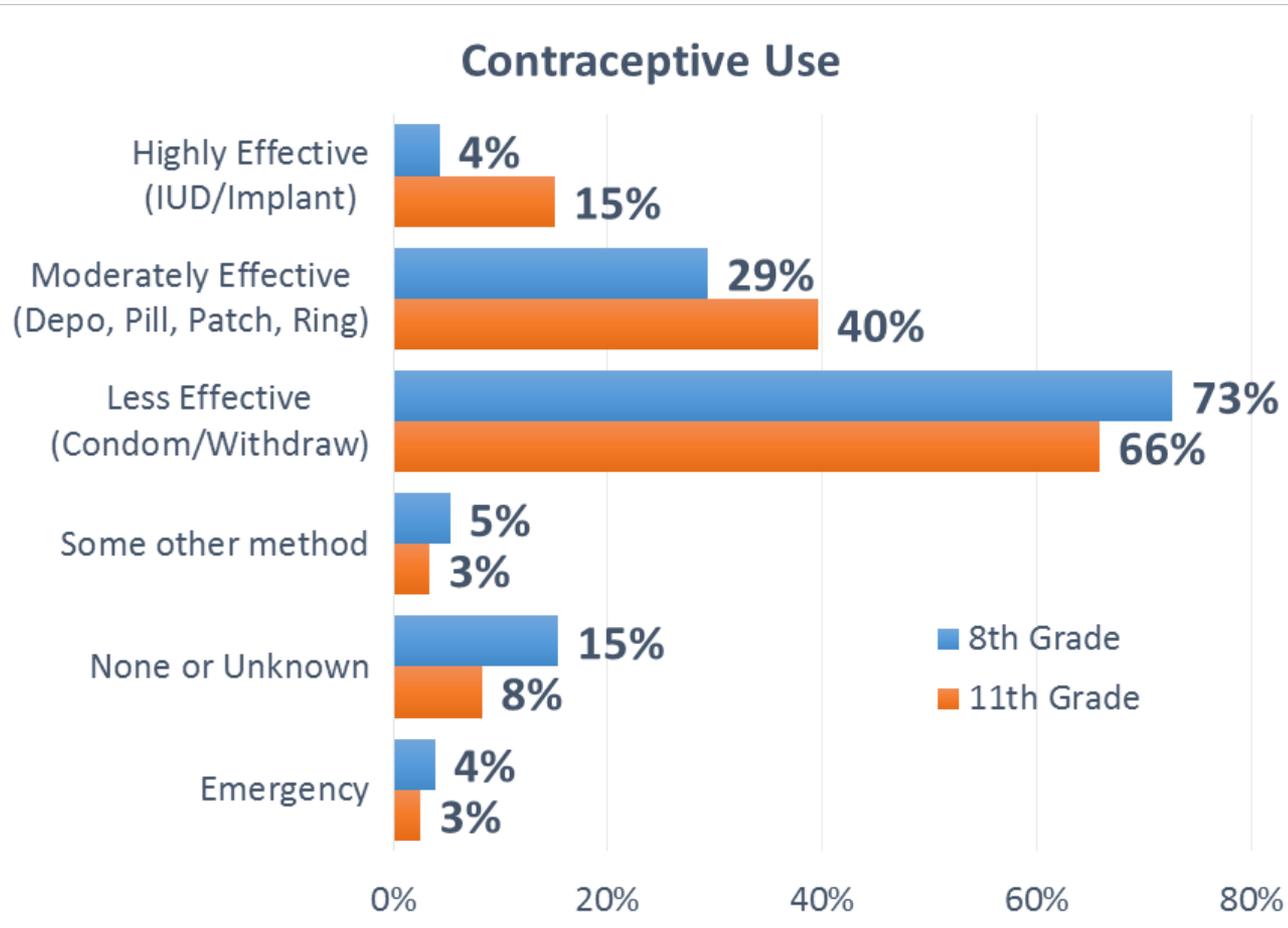
Source: Oregon Public Health Epidemiologists' User System

# Adolescent STIs



Source: Oregon Public Health Epidemiologists' User System

# Adolescent Sexual Health



*Note: Percentages are of youth who have had sexual intercourse*

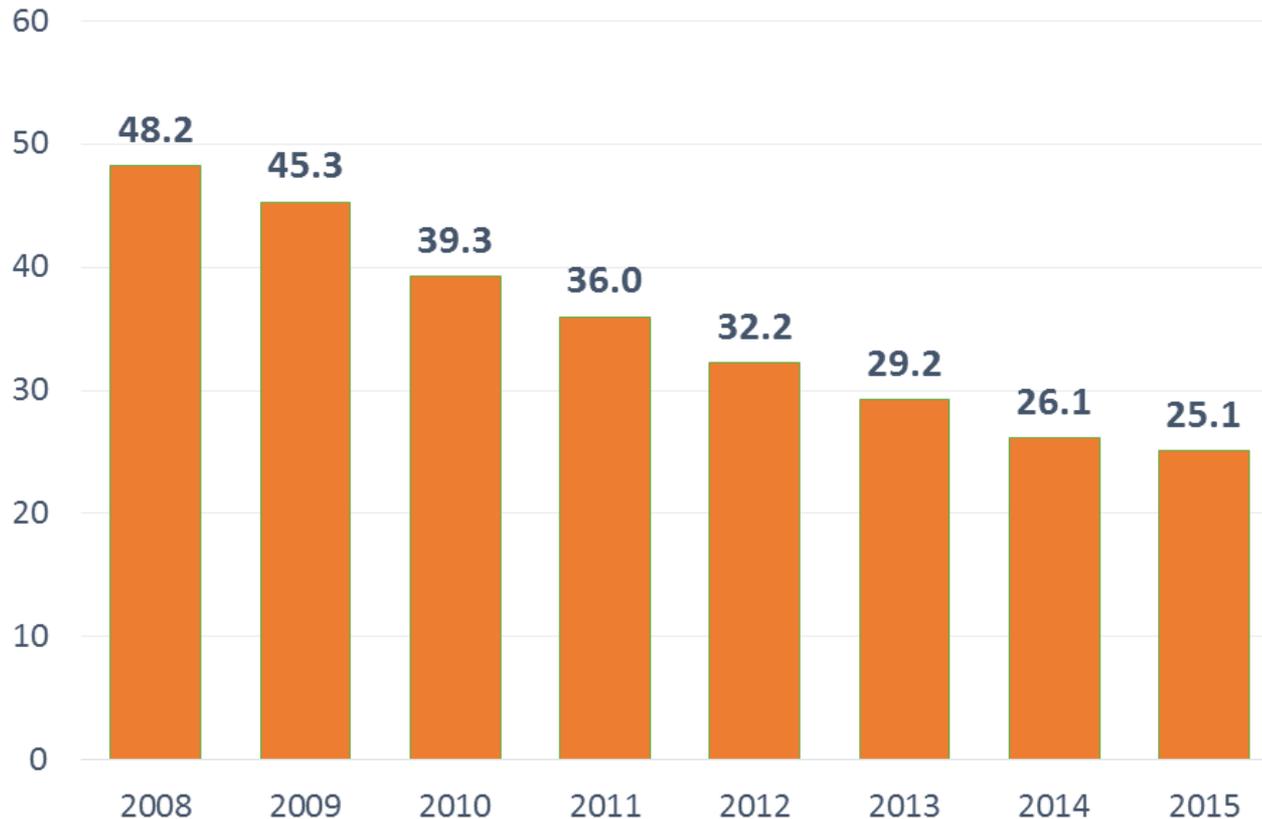
*Source: 2017 Oregon Healthy Teens Survey*

PUBLIC HEALTH DIVISION

Adolescent and School Health

# Adolescent Sexual Health

Pregnancy Rate Per 1,000 Females (Age 15-19)



Source: Oregon Public Health Division, Center for Health Statistics and U.S. Census Bureau

# Adolescent Healthy Relationships

Topic taught	% of Schools	95% CI	N
How to create and sustain healthy and respectful relationships (6-8 <sup>th</sup> grade)	77.4	72.3 – 81.9	157
How to create and sustain healthy and respectful relationships (9-12 <sup>th</sup> grade)	95.8	92.1 – 97.8	134

Sexual and Physical Dating Violence	2015	2017
Forced Sex/Sexual Assault (11 <sup>th</sup> Graders)	5.7%	6.1%
Physical Dating Abuse in the Last 12 Months (11 <sup>th</sup> Graders)	4.5%	3.7%

Source: 2016 School Health Profiles – Lead Health Educator Survey & 2015, 2017 OHT Survey

# Youth Friendly Grant

- Clackamas County
- Columbia County
- Bethel Health Center

# SBHC Youth Friendly Grant Student Marketing Specialists

*Clackamas County Public Health Division  
Oregon City High School & Sandy High School*



# Purpose of Grant

Support a robust marketing campaign to increase utilization of the SBHCs at Oregon City and Sandy High Schools

## The Need

The medical sponsor and school districts have not had funding or staff capacity to promote the SBHCs resulting in inadequate reach to students & under utilization of services

*Oregon City High School*



# Goals



Hire a Student Marketing Specialist at each high school to:

- ▶ Engage students to develop & implement marketing strategies that effectively communicate with their peers & parents.
- ▶ Increase number of unique patients that receive services at both SBHCs.
- ▶ Increase total patient visits at both SBHCs.

# Hiring a SBHC Marketing Specialist Human Resources

Agree on classification, compensation & position title:

- ▶ INTERN - temporary, part-time (4 hours/week), minimum wage
- ▶ Must be 16 years

Create, review, approve position description

- ▶ Roles & Responsibilities, Preferred qualifications, Instructions to apply

# Hiring a SBHC Marketing Specialist

## Recruit & Interview

- ▶ Distribute job description
  - Principal - no responses
  - SBHC - applications from Sandy, not Oregon City
  - Target specific school staff - applications from leadership and business classes
- ▶ Schedule 30 minute interviews after school
- ▶ Interview references
- ▶ Background checks & drug tests

# Student Marketing Specialist Supervision

Employees working in different locations & hours

- ▶ Employees work independently, at night & weekends
- ▶ Requires trust when reporting hours, manager completed timesheet for payroll
- ▶ Focus on “deliverables”
- ▶ Regular one-on-one in-person meetings (challenging to schedule)
- ▶ Conference calls together to talk about ideas & progress, provide feedback

*Oregon City High School*



# Student Marketing Specialist Critical Skills

PRIORITISING  
TIME MANAGEMENT **COOPERATION**  
WORKING INDEPENDENTLY  
**CREATIVE THINKING** POSITIVE THINKING  
BUILDING CONFIDENCE **PROBLEM SOLVING**  
**LEADERSHIP** CONFLICT MANAGEMENT  
**LISTENING SKILLS** **NEGOTIATING**  
HANDLING DISAPPOINTMENT  
NETWORKING **COMMUNICATION**  
RECOGNISING DIVERSITY



Oregon City High School



**Sandy**  
HIGH SCHOOL

# Results: Students' Products

## Oregon City

- ▶ Vaccinate B4 U Graduate
- ▶ Open house
- ▶ Business card
- ▶ Presentation to school board (input)

## Sandy

- ▶ Website  
<http://oregontrailschools.com/sbhc>
- ▶ Business card
- ▶ Presentation to school board (input)

Products to be implemented 2017 - 2018 school year  
No impact on utilization yet

Business cards inspired by the Oregon Pediatric Improvement Partnership [www.Oregon-pip.org](http://www.Oregon-pip.org)

**Sandy School Based Health Center**  
Serving students in the Oregon Trail School District:  
Monday - Friday, 7:00 AM - 3:00 PM

WE WELCOME ALL STUDENTS REGARDLESS OF  
INSURANCE AND ABILITY TO PAY

37400 SE Bell St. Sandy, OR 97055  
Next to the SHS Gymnasium Entrance 503-668-3483/7900

Health, Housing & Human Services  Clackamas County Health, Housing & Human Services and Oregon Trail School District are a proud partnership 

**OCHS HEALTH CENTER**

Located In OCHS's Counseling Wing/A Hall  
19761 S Beaver Creek Road, Oregon City, 97045

<http://ochspioneers.org/departments/health>  
503-785-8770

Open 7am-3pm Every School Day

Health, Housing & Human Services 



# Benefits

# Limitations

# Lessons Learned



- ▶ Students are valuable consultants
- ▶ Employed students are accountable for work
- ▶ Rewarding opportunity for students
- ▶ Time consuming: hiring & supervising
- ▶ Students started late (January)
  - No time to recruit “core campaign team”
  - Focused on quick wins
  - Did not engage ethnically diverse students
- ▶ Working alone / independently - less group think

*Oregon City High School*

**PIONEERS** 

Health, Housing  
& Human Services   
CLACKAMAS COUNTY

 **Sandy**  
HIGH SCHOOL

*Thank you!*

Jamie Zentner, MPH

Clackamas County Public Health Division

[jzentner@co.clackamas.or.us](mailto:jzentner@co.clackamas.or.us)

503-742-5939



# **TEXT MESSAGE APPOINTMENT REMINDERS**

**JACKIE LITZAU  
THE PUBLIC HEALTH  
FOUNDATION OF  
COLUMBIA COUNTY**

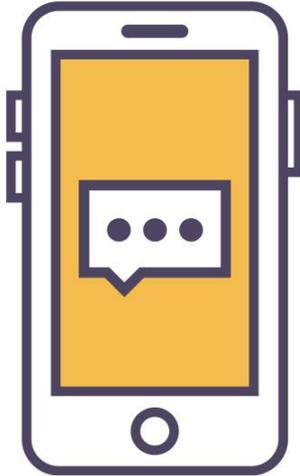
# Students in a Focus Group said....

"I'm more concerned with confidentiality and accessibility than the furniture."



"I never talk on the phone or I avoid it as much as possible. Usually I'll wait until someone leaves a voicemail and have that as a reminder."

**DING!**



Teens send on average 60 texts per day.  
Overall, 75% of teens text.

To be more Youth-Friendly, we wanted to  
use texting to provide appointment  
reminders.

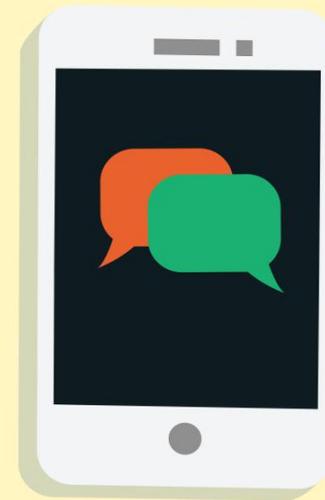
Things to Consider:

- Cost
- HIPAA
- Process



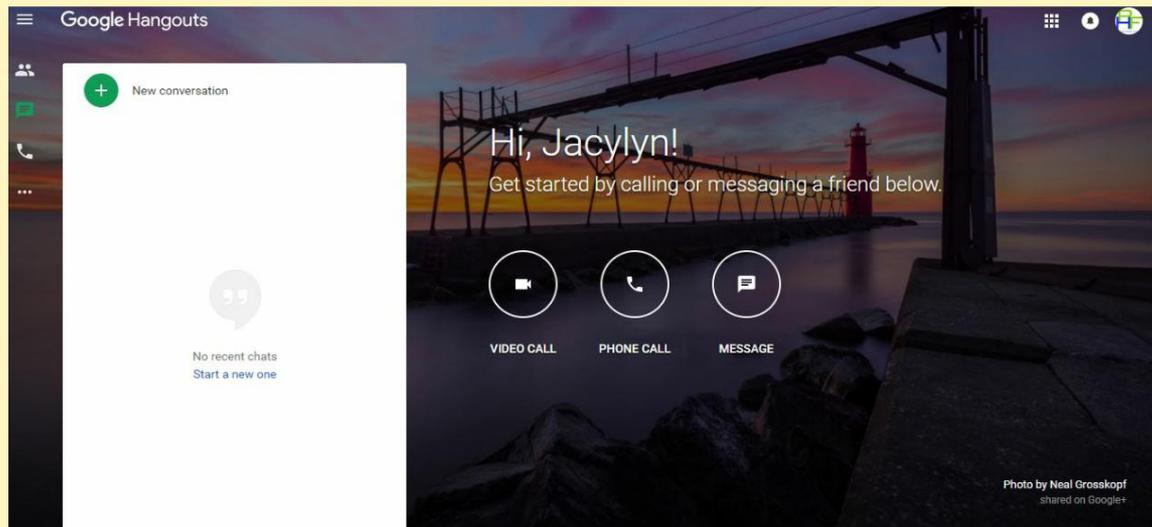
# Google Hangouts

- ✓ Columbia County WIC were users
- ✓ Free
- ✓ Process eliminates HIPAA concerns as no Protected Health Information (PHI) is communicated
- ✓ All patients are eager to switch to text rather than calls or emails



# How It Works For Us:

1. Reception has an gmail account specific for each site
2. That account has a phone number associated to the email through Google Hangouts.
3. Every patient is asked preferred method of communication.
4. Reception will send out individual texts the day before or morning of (some sites are not open every day of the week).



Patient Receives:

- Date, time, location of appointment
- Confirm, Cancel, Reschedule

What isn't in the text:

- Name of patient
- Name of provider
- Any discussion

There is no text message exchange outside of confirm, cancel, or reschedule. All responses will not receive a message back, reception will call client for anything that would need a response.

# Data & Next Steps

Piloted in family planning clinic. No show rates have improved but hasn't been long enough to determine rate.

Piloted in one SBHC site. No shows are less than 10% in a week.

Rolling out to two other SBHCs by the end of the calendar year.

# Questions?

Jackie Litzau  
SBHC Site Coordinator  
The Public Health Foundation of Columbia County  
[jlitzau@tphfcc.org](mailto:jlitzau@tphfcc.org)

# The Bethel Health Center



# Youth Advisory Committee Lunch Events





# 1<sup>st</sup> Annual BHC Awareness Week





# Updating the SBHC







# Contact Us

School-Based Health Center Program

Oregon Public Health Division

800 NE Oregon St., Ste. 805

Portland, OR 97232

P: 971-673-0249

F: 971-673-0250

[sbhc.program@state.or.us](mailto:sbhc.program@state.or.us)

[www.healthoregon.org/sbhc](http://www.healthoregon.org/sbhc)



Oregon  
Health  
Authority



# SBHCs Across Oregon





**SBHCs are Serving Oregon's Youth!**



**Baker High School**

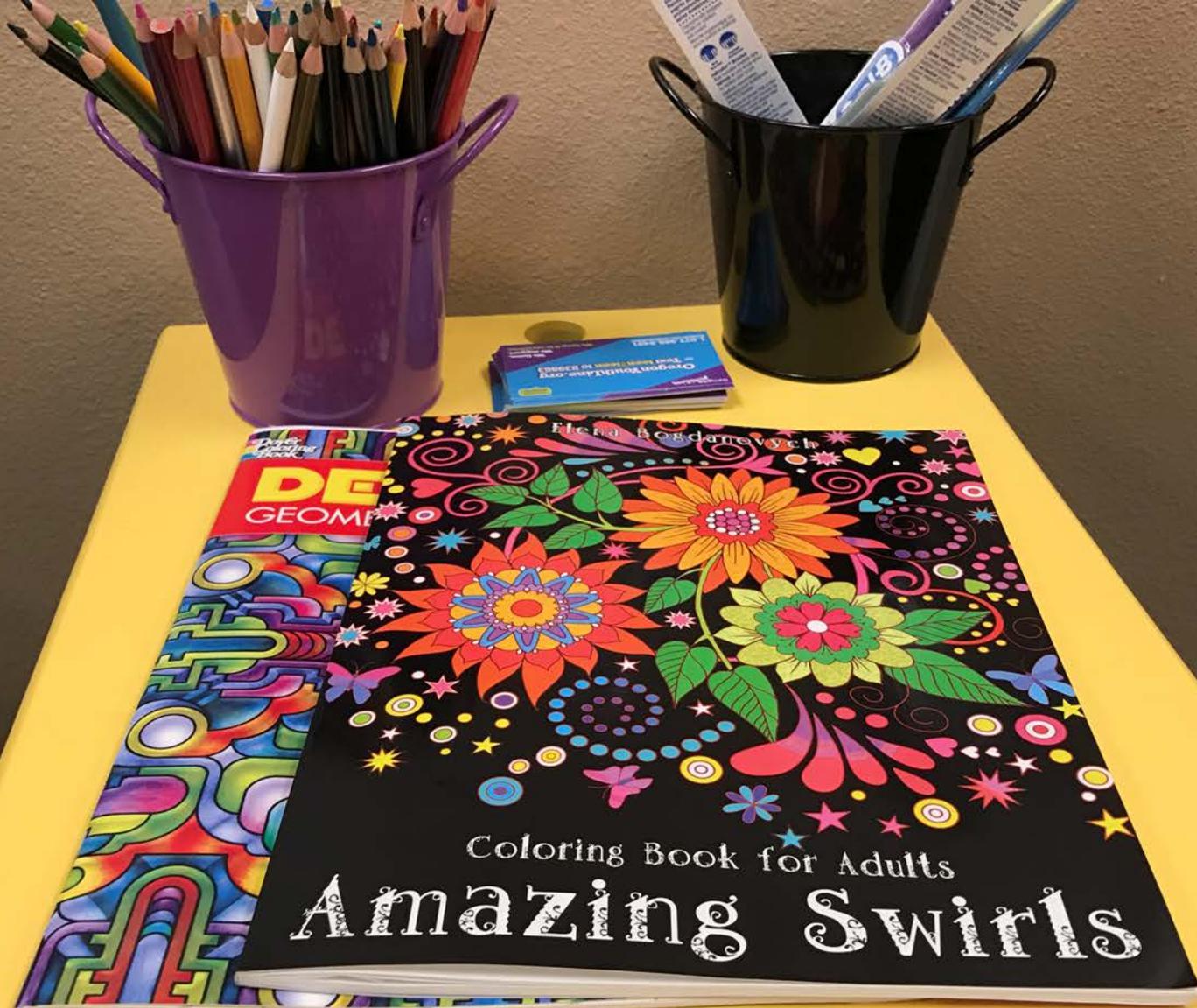




Baker High School



Baker High School



Baker High School



Bethel Health Center

When you enter this  
**OFFICE...**

You are **AMAZING**  
You are **important**

You are **BRAVE**

You are *strong*

You are **smart**

You are **loved**

You are **RESPECTED**

You are *special*

You are **A FRIEND**

You are **a good patient**

You are **TOUGH**

You are **THE REASON**

**We are here!**

Love, The Bethel Health Center

Bethel Health Center

# THIS YEAR

## WE HAVE



- increased access by changing School Board Policy for consent to treatment!!!!

Established a new logo

- got all staff First Aid/CPR certified

- Ordered promo gear Waterbottles, sanitizer, stress balls, pencils

- we can prescribe birth control!!!

- Changed EHR's

- Added Text reminders

- Finalized PHMS sponsorship

- implemented new billing software

- Started monthly WHS Lunch promos

Ran a <sup>VERY</sup> successful FLU SHOT CLINIC

Changed process for exclusion day Imms = Better Care

Developed MTH consult model

- Started our Youth Advisory Committee

Updated forms  
- consent  
- release of info  
- Spanish  
- MTH release  
- MTH consent

- Held our 1st Annual BHC Awareness Week

REMODELED

- Started ordering gowns

DTO meetings

Received 2 community donations - state farm

• changed sports physicals

# Bethel Health Center

Developed & implemented sliding scale

- we have a water cooler :)



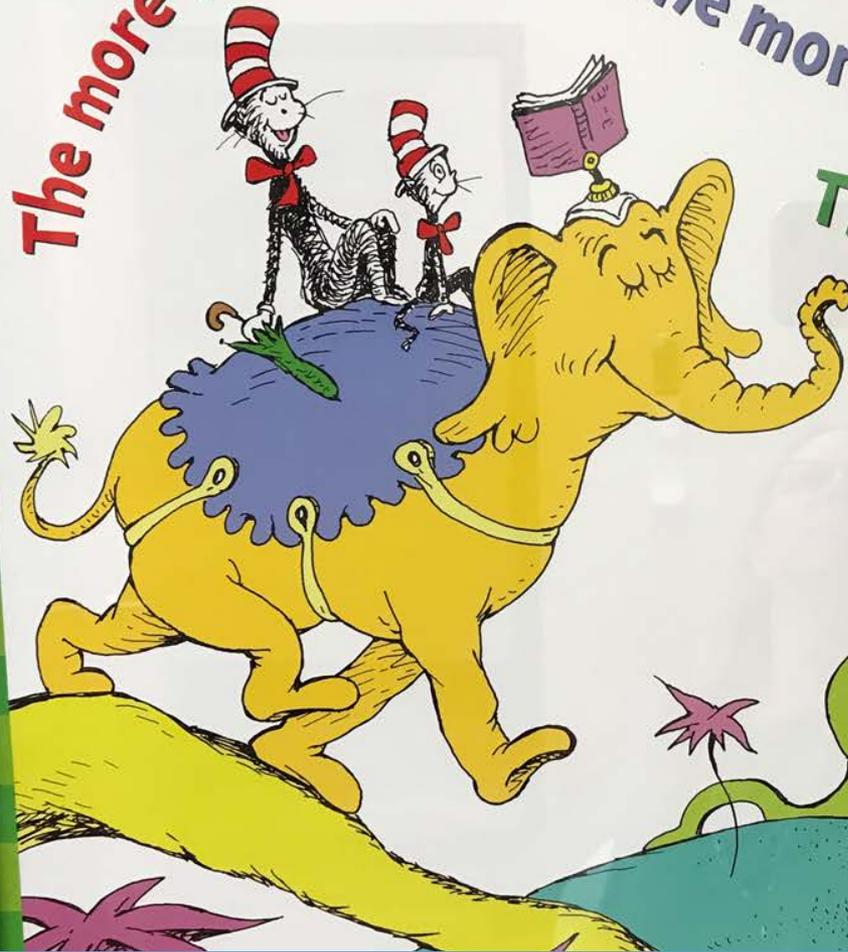
# Central Health & Wellness

*The more that you read,*

*the more things you will know.*

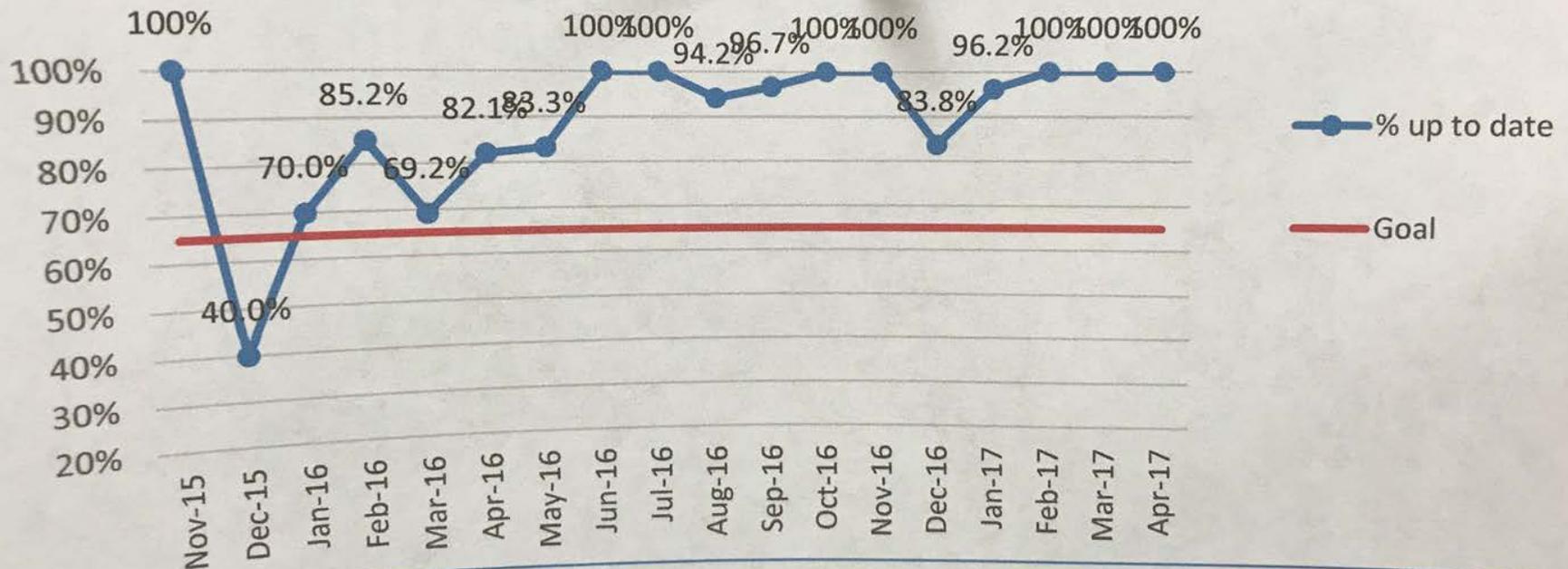
*The more that you learn,*

*the more places you'll go!*



Central Health & Wellness

## Meningococcus & Tdap Vaccine Administration (Goal >65%)



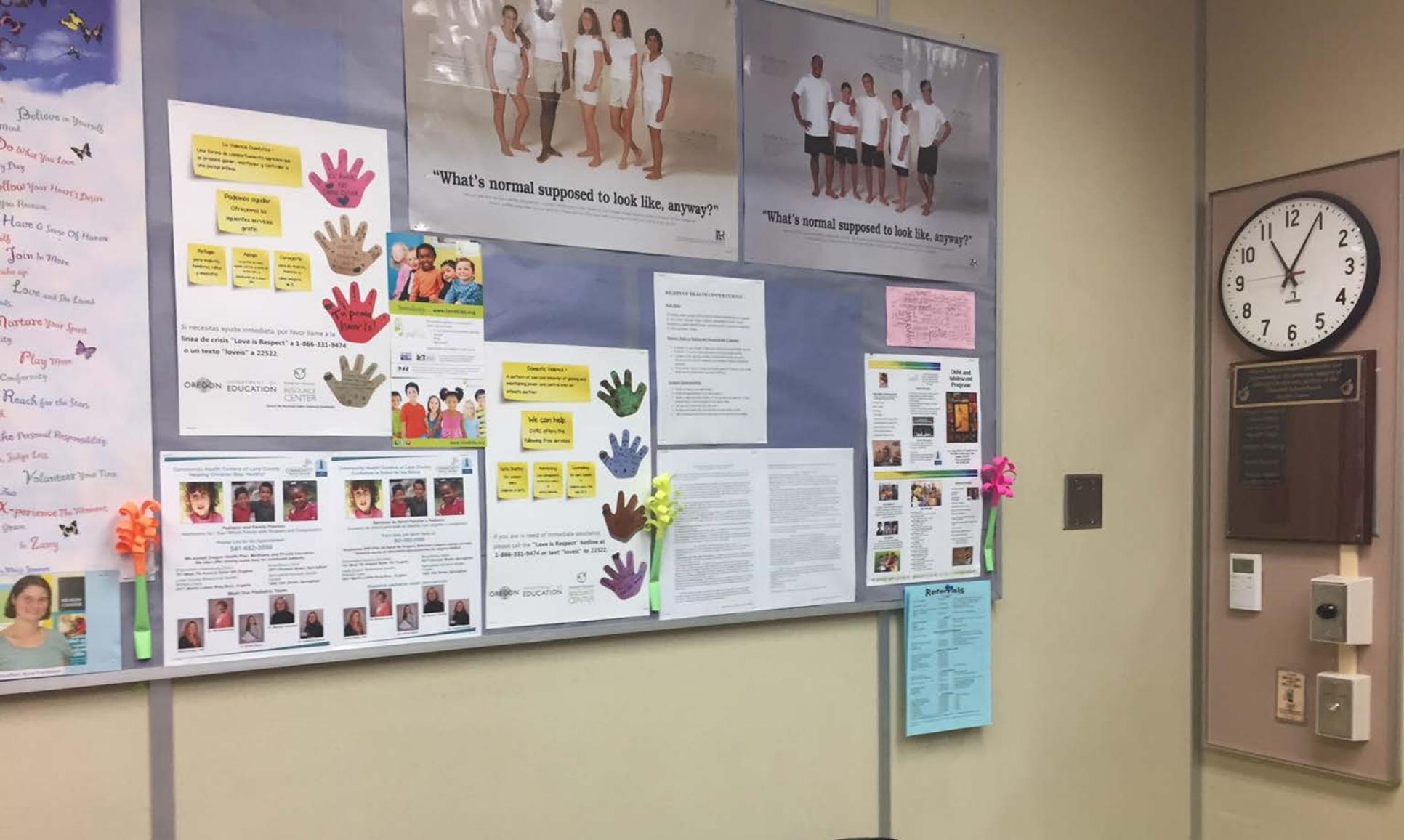
Central Health & Wellness



Churchill High School



Churchill High School



Churchill High School



Clatskanie Middle/High School



**KEEP  
CALM**

**AND**

**VACCINATE**

Clatskanie Middle/High School

# Rethink *your* Drink

**Be aware  
of the sugar  
in your drinks!**



Actual size  
of 1 teaspoon  
of sugar



Cola  
**12 oz**  
Contains  
**9 1/2 teaspoons**  
(39 grams) of sugar



Sports Drink  
**20 oz**  
Contains  
**8 1/2 teaspoons**  
(36 grams) of sugar



Energy Drink  
**12 oz**  
Contains  
**9 1/2 teaspoons**  
(39 grams) of sugar



Whole Chocolate Milk  
**16 oz**  
Contains  
**12 teaspoons**  
(48 grams) of sugar



100% Orange Juice  
**16 oz**  
Contains  
**12 teaspoons**  
(48 grams) of sugar



Clatskanie Middle/High School



Clatskanie Middle/High School



Estacada High School



Estacada High School



**orchid health**  
*wade creek clinic*

## Have You Heard About The School Based Health Center?



As you become more independent, there is a lot to think about - school, friends, family, body image, self-esteem...What's on your mind matters to us, and our trained staff at the School Based Health Center (SBHC) are here for you! At the School Based Health Center you can get the same kinds of health services that you get at a regular primary care clinic, and we are conveniently located here at school! Our health providers are specifically trained to work with teens and are available to help you with whatever you need.

# Estacada High School

Can Have Addressed:

At the School Based Health Center we have specific



Grant Union High School

Bullies Are:  
Not Cool  
Not Friendly  
Not Popular  
Not Respected  
Not Welcome  
✓ ALL OF THE ABOVE

BULLY  
FREE  
ZONE

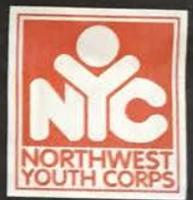
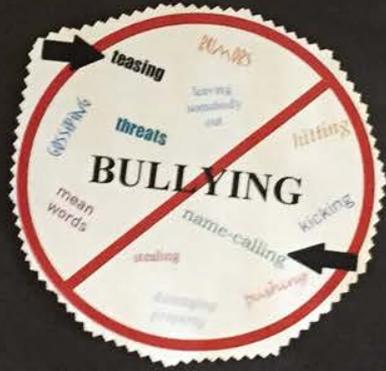


GRANT  
COUNTY



SBHC

BULLY  
FREE  
ZONE



Grant Union High School



Grant Union High School



**Lone School**

# IONE COMMUNITY CLINIC

365 W THIRD STREET

A Collaboration Of:



IONE SCHOOL DISTRICT



MORROW COUNTY HEALTH DEPT



MORROW COUNTY HEALTH DISTRICT



COMMUNITY COUNSELING SOLUTIONS

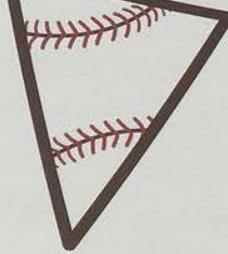


ADVANTAGE DENTAL

Ione School



MORROW COUNTY  
HEALTH DISTRICT  
Excellence in Healthcare



## **ADOLESCENT WELL CARE & SPORTS PHYSICAL**

SCHEDULE AN APPOINTMENT TODAY FOR YOUR  
CHILD'S COMPREHENSIVE EXAM AND SPORTS  
PHYSICAL WITH NO OUT OF POCKET COST

541-676-5504

Ione School

A hand with red-painted nails is holding two red circular buttons. The front button has white text printed on it. The background is a blurred office setting with a window and a chair.

Ione  
Community  
Clinic

541-422-7128

Ione School



# Madras High School



Madras High School

**Mosaic Medical  
Welcomes**

**ALL** Races

**ALL** Religions

**ALL** Countries of Origin

**ALL** Languages

**ALL** Genders

**ALL** Abilities

**ALL** Sexual Orientations

 Mosaic Medical Quality Care for All

**Madras High School**

MERLO-STATION-HIGH-SCHOOL

Merlo Station High School

# SANCTUARY



Merlo Station High School

Mon, 14 Nov

MERLO STATION



You don't have to wait until your sick to visit the Health Center.

Schedule a Well Student/Baby Check up today.

Welcome St

**BEAVERTON SCHOOLS DISTRICT** May 20, 2014 Bond Election

\$680 Million Bond Measure over 8-Year Period

**NO ESTIMATED INCREASE TO DISTRICT'S EXISTING OVERALL BOND TAX RATE**

Bond projects support ALL schools



# Merlo Station High School

Period 3	9:55-11:05	Period 3	9:35-10:45
Lunch	11:05-11:35	Period 4	10:50-12:00
Period 4	11:40-12:50	Lunch	12:00-12:30

- Instruction materials and personal computing services
- Communications infrastructure -- replaces 20-year old failing telephone system; improves emergency 911 service
- Security Upgrades -- all schools will be evaluated for and provided with security upgrades as needed
- Beaverton School Foundation is providing \$1.5 million

For more information on the bond measure, visit [www.beavertonschools.org/bond](http://www.beavertonschools.org/bond)



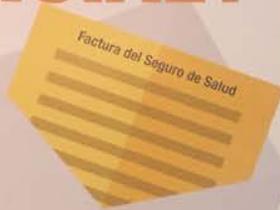
Milwaukie High School

This is a  
**SAFE**  
**SPACE**  
for all

Milwaukie High School

# ¿ES CONFIDENCIAL?

La persona que paga su seguro de salud puede recibir detalles sobre su visita...



**A MENOS QUE USTED  
TOME LAS MEDIDAS NECESARIAS.**

## Platique con los empleados de la clínica.

Ellos le pueden explicar sus opciones.

Para más información:

<http://tinyurl.com/ORPatientPrivacy>

## ¿Por qué es importante esto?

Su compañía de seguros puede enviar información sobre dónde y cuándo usted recibió cuidado de la salud y sobre los servicios que recibió a la persona que paga por su seguro, como por ejemplo su padre o cónyuge.



**Oregon Health**  
PUBLIC HEALTH DIVISION  
Adolescent, Genetics and  
Reproductive Health

ORPH001 06/2016

# IS IT CONFIDENTIAL?

Details about your visit could be sent to the person who pays for your health insurance...



**UNLESS YOU TAKE ACTION.**

## Talk to clinic staff.

They can tell you your options.

For more information:

<http://tinyurl.com/ORPatientPrivacy>

## Why does this matter?

Your insurance company may send information about where and when you got health care and what services you had to the person who pays for your insurance, like a parent or spouse.

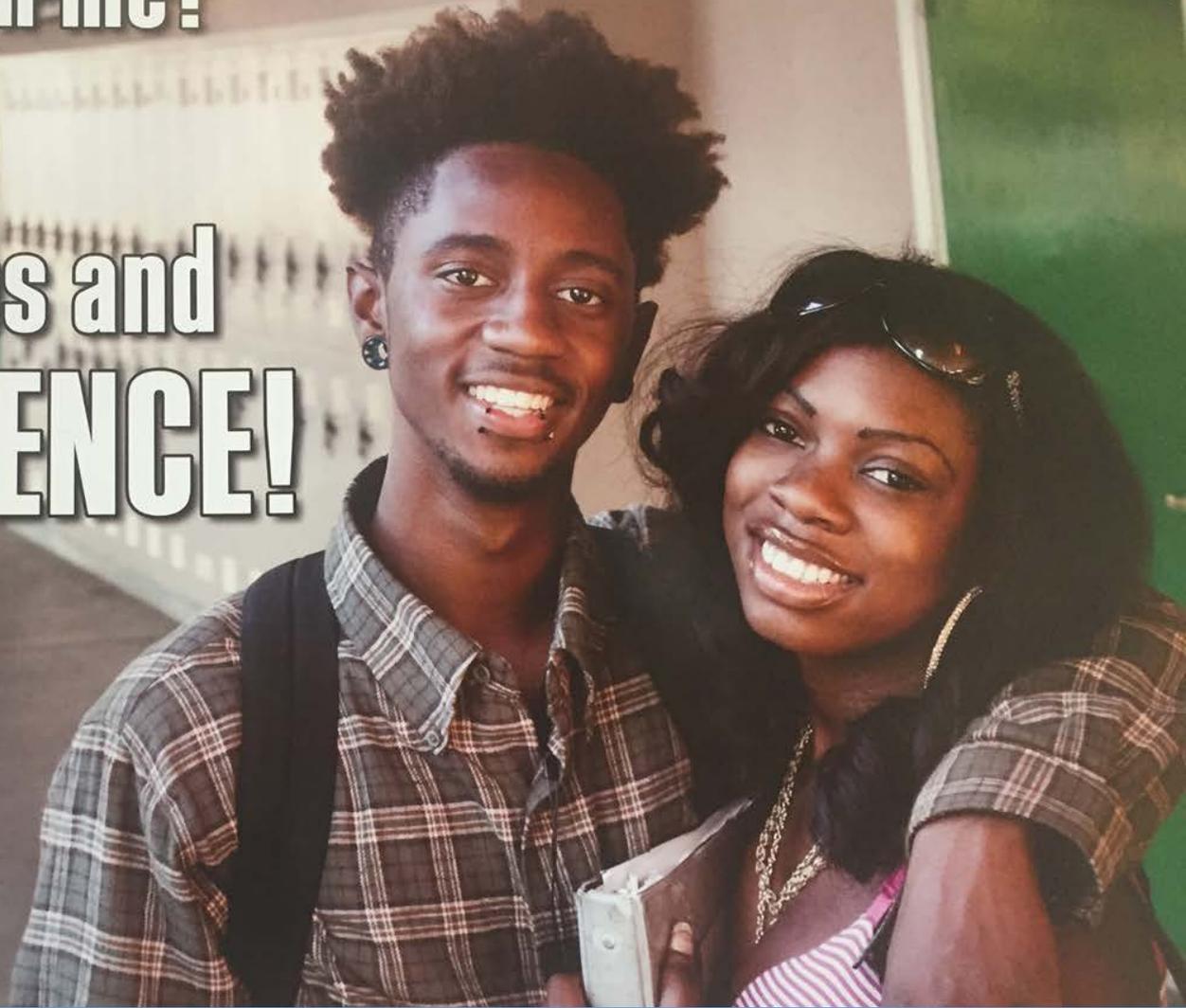


**Oregon Health**  
PUBLIC HEALTH DIVISION  
Adolescent, Genetics and  
Reproductive Health

ORPH001 06/2016

Milwaukie High School

Want to be with me?  
**RESPECT**  
my boundaries and  
**INDEPENDENCE!**



Milwaukie High School



Newport High School

Healthy is better



Newport High School

**This Clinic is an**  
**LGBQ**  
**and**  
**Trans**  
**Friendly Space**

Newport High School



Newport High School



OREGON CITY  
HIGH SCHOOL  
HOME OF THE  
PIONEERS

CLASS OF 1986

Oregon City High School

A145 Health Center

POSITIVE  
SPACES  
ALLOW US  
ALL TO BE  
AWESOME...  
TOGETHER.

This is a safe and inclusive space for lesbian, gay,  
transsexual, intersex, two-spirited.

Oregon City High School



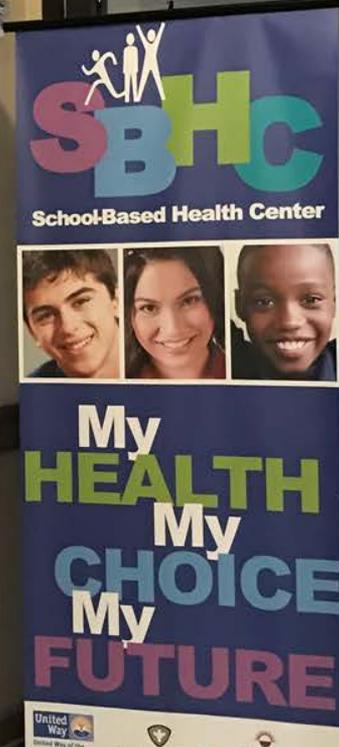
# Why miss work when we can help with...

- ***Well Child Checks***
- ***Sport Physicals***
- ***Vaccines***
- ***Strep Test***
- ***Flu Shots***

**at your School Based  
Health Center**

**Oregon City High School**

HEALTH CLINIC RECEPTION  
115



SBHC  
School-Based Health Center



My  
HEALTH  
My  
CHOICE  
My  
FUTURE

United Way  
United Way of the  
Columbia River

A vertical banner for the School-Based Health Center (SBHC). At the top, it features the SBHC logo with a stylized family icon above the letters 'SBHC'. Below the logo, it says 'School-Based Health Center'. In the middle, there are three small photographs of diverse, smiling students. Below the photos, the text reads 'My HEALTH My CHOICE My FUTURE' in large, colorful letters. At the bottom, there is a logo for United Way and the text 'United Way of the Columbia River'.

SCHOOL  
BASED  
HEALTH  
CENTER  
←

Roosevelt High School



**Take charge of your health!**



# **Roosevelt's School-Based Health Center**

**Come see us today!**

**We are located on Ida Street-  
next to the tennis courts.**

**Roosevelt High School**



DONT BE FOOLED

1 HOUR OF  
HOOKAH = 100  
CIGARETTES

Fumar socialmente es fumar



- ✓ Enfermedades del corazón y pulmón
- ✓ Químicos tóxicos
- ✓ Cánceres

QUE NO TE ENGAÑEN

multco-itstartshere.org

Roosevelt High School

# ACCEPTANCE IS OUR REVOLUTION



"RELATIONSHIPS  
ARE REAL WHEN  
WE ACCEPT EACH  
OTHER'S DIFFERENCES  
AND ENCOURAGE  
OTHERS TO BE  
THEMSELVES."  
MICHELLE

Love What's Real  
Join the relationship revolution!  
#OurRevolution  

**ROOSEVELT  
HEALTH CENTER**

# YOUTH ACTION COUNCIL

## What is the Roosevelt Health Center's Youth Action Council?

Youth Action Council or "YAC" is a youth-driven group that promotes health and wellness through leadership, education, and advocacy.

YAC makes a difference by...

- Raising awareness and educating peers about health issues
- Advocating to make our school & community a healthier place
- Advising the health center on student health issues

## What do YAC Members Do?

- Attend Weekly Meetings
- Design and carry out health projects in your school
- Youth Health Summit on Friday October 14th
- Awareness Day Fieldtrip to Salem in February
- Other community events & activities — it's up to you!

## How do I Join?

All students are welcome! To learn more visit the Health Center and pick up a membership packet. Or text/call: 503-320-9675

**MONDAYS AFTER SCHOOL!**  
**First scheduled meeting October 17th.**  
**Location still to be determined.**

## Benefits of Joining YAC

- Leadership & Communication Skills
- Health Knowledge & Skills
- Volunteer Experience
- Presentation & Job Skills
- Activity to Include in Scholarship & College Applications
- Support from Peers & Adults
- Make a Difference for your Community!



# Roosevelt High School

# 'tis the Season of Self care

DURING WINTER, OUR MOOD CAN BE AFFECTED BY THE LACK OF SUN, MAKING US FEEL LESS ENERGIZED AND LESS JOYFUL.

TRY THESE TIPS TO BEAT THE WINTER BLUES AND STAY BRIGHT THIS SEASON!

**GO SOLO!**  
treasure some alone time away from people, social media, and stress

**DO SOMETHING YOU LOVE**  
go on a walk, dance around, listen to the new ll yachty song

**FIT SNOOZE**  
get more sleep to feel better, improve memory, and even live longer!

**HANG WITH GOOD PEOPLE**  
spend time with people you love



Breathe.

IF YOU WOULD LIKE SUPPORT DEALING WITH THESE FEELINGS

COME TALK TO US @ YOUR SCHOOL-BASED HEALTH CENTER

WANT TO LEARN MORE? CHECK OUT

Relaxation Techniques  
things you can do to feel better  
Deep Body Breathing

Roosevelt High School

technique

Health  
Center →  
Centro de Salud

← School-Based  
Health Center  
Centro de Salud

Rogue COMMUNITY HEALTH School-Based Health Center  
[www.roguecommunityhealth.org](http://www.roguecommunityhealth.org)

Table Rock Elementary School



## ABUELITA, ¡QUÉ TOS FERINA TAN GRANDE TÚ TIENES!



Entienda el peligro que enfrenta su nieto con la tos ferina. Es una enfermedad muy contagiosa, que puede ser particularmente grave, incluso mortal, para los bebés. Lamentablemente, muchos de los que la propagan ni siquiera saben que la tienen.

Si tiene un nuevo nieto, o viene uno en camino, hable con su profesional de la salud sobre cómo puede ayudar a protegerse usted y a proteger a su familia contra la tos ferina, lo que incluye vacunarse.

Los Centros para el Control y la Prevención de Enfermedades (CDC) recomiendan que todos, incluidas las personas que robean a los bebés, se aseguren de tener al día su vacuna contra la tos ferina.

Pregunte a su profesional de la salud si la vacuna contra la tos ferina es adecuada para usted y para su familia.

© 2010 CDC. All rights reserved.  
BigRedCough.com

Visite [BigRedCough.com](http://BigRedCough.com) para más información.



Use a tissue!

# Table Rock Elementary School

# before you Speak

## Think



**T**

-is it **TRUE?**

**H**

-is it **HELPFUL?**

**I**

-is it **INSPIRING?**

**N**

-is it **NECESSARY?**

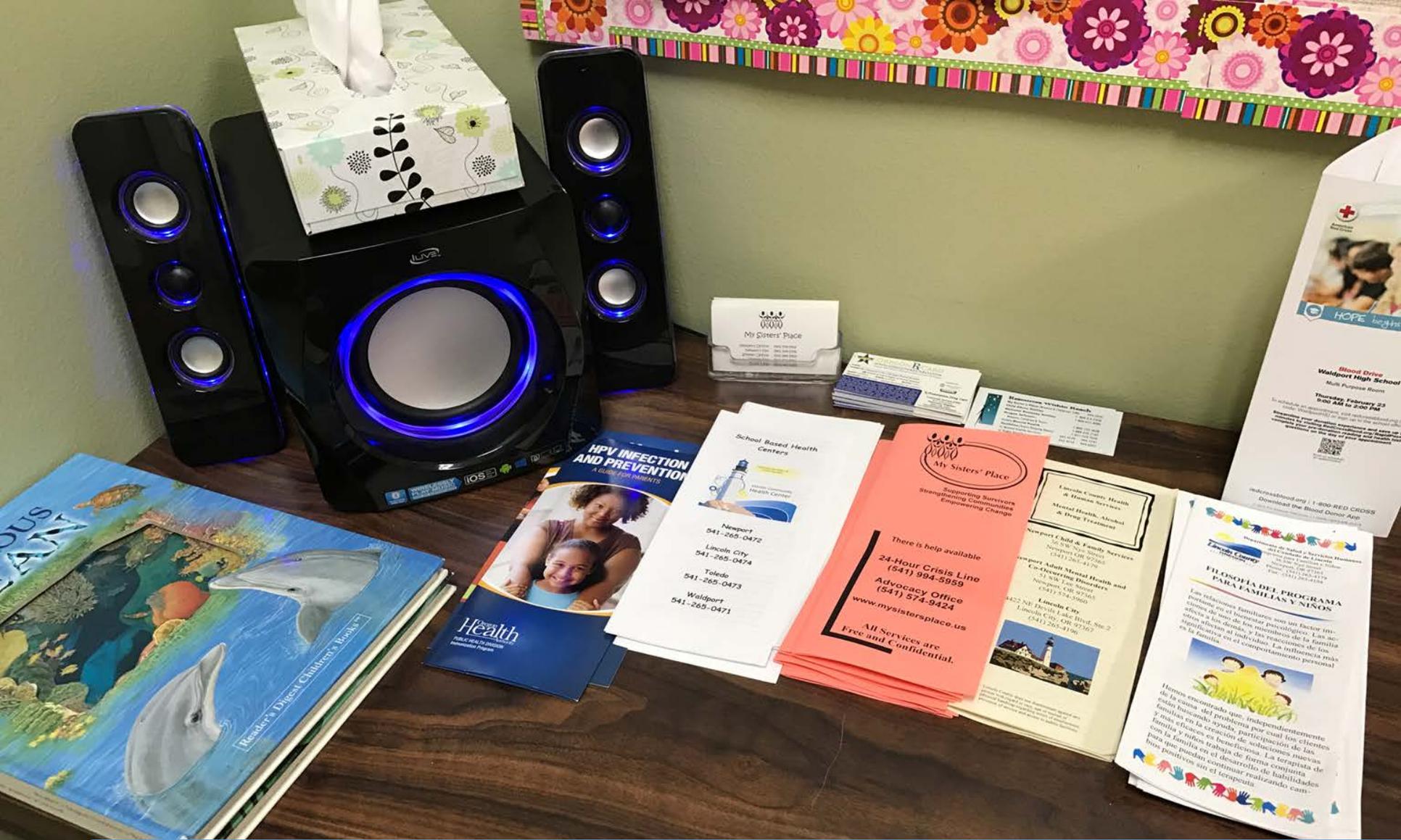
**K**

-is it **KIND?**

Table Rock Elementary School



Waldport High School



Waldport High School

# IS IT CONFIDENTIAL?

Details about your visit could be sent to the person who pays for your health insurance...



## UNLESS YOU TAKE ACTION.

### Talk to clinic staff.

They can tell you your options. For more information:

[www.patientprivacy.oregon.gov](http://www.patientprivacy.oregon.gov)

### Why does this matter?

Your insurance company may send information about where and when you got health care and what services you had to the person who pays for your insurance, like a parent or spouse.



Oregon Health  
PUBLIC HEALTH DIVISION  
Adolescent, Genetics and Reproductive Health

OREGON HEALTH DIVISION

Lincoln County School District  
Homeless Education & Literacy Project

South County HSP: Marine Drive 545.6244  
East County HSP: Roberts Road 541.4257  
North County HSP: Albany Street 541.4019

Lincoln County  
Kenny Townsend  
School District

HSP Coordinator  
541.265.0474

- Providing a homework help
- Enrichment programs & classes
- Assistance navigating community resources
- Help with school fees\*\*
- Information & help with school transportation\*\*

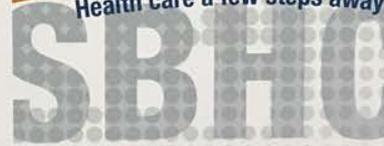
\*\*Only for students K-12th grade

\*See for economic hardship

## Oregon

# School-Based Health Centers

Health care a few steps away



## What's an SBHC?

SBHCs are medical clinics that offer children and youth health care either in a school or on school grounds. They help children and youth get the care they need when they need it.

SBHCs have primary care providers such as doctors, nurse practitioners and physicians' assistants. Some have dental and mental health providers. They work with school nurses to help youth stay healthy and in school.

Community partnerships that include schools, school boards, parents, students and medical professionals create and support SBHCs.



## How can an SBHC help?

- Well-child exams
- Sick visits
- Minor injury treatment
- Vision, dental and other health screenings
- Immunizations
- Alcohol and drug counseling
- Mental health counseling
- Reproductive health services
- Classroom presentations

## Who can go?

SBHCs serve children and youth who attend the school. Some SBHCs serve students within the district or county, teachers and staff at the school, and other community members.



## Why go?

- SBHCs are convenient.
- It's easy to drop by or make an appointment.
- Parents spend less time away from work.
- Students spend less time away from school.

# Waldport High School

CORPS SITE  
E TO

who qualify  
in's:

CHIP)

SC.Hrsa.gov

HRSA

SC

WORKERS FOR OUR NATURAL  
RESOURCES CREW

N MONEY

WALK OUTDO

T YOUR C

PLY-N

FOR YOUTH THAT ARE NOT IN SCHOOLS  
SH THEIR EDUCATION A GREAT WAY TO EARN  
AND BUILD YOUR PATH TO YOUR FUTURE!

After You Call Us,  
What Can You Expect?

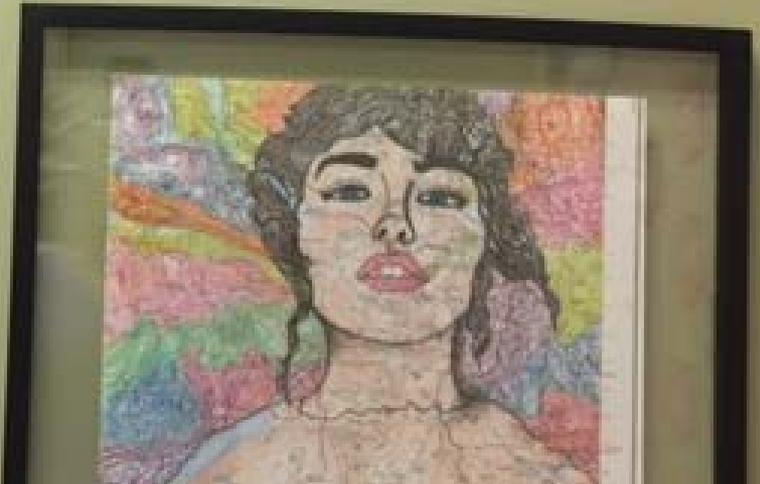
- If meeting will take place with you, your coordinator, school principal, or other community members and staff

TRANSPORTATION  
We can transport you and your child to and from school.

REFERRALS  
We will refer you to services with community referrals as needed. For your housing, financial, emotional and medical.

Taft SBHC.....541-265-0474  
Toledo SBHC.....541-265-0473

don't have insurance or can't pay. SBHCs can bill Oregon Health Plan and often bill other insurance.



Waldport High School



Waldport High School



**White Mountain Middle School**



White Mountain Middle School



WILLAMINA  
SCHOOL BASED  
HEALTH  
CENTER

  
WILLAMINA SCHOOL BASED HEALTH CENTER  
VAN  
ACCESSIBLE

Willamina High School

**LOVE WHAT'S REAL CERTIFIED**

**Honesty & Trust:**

- ✓ Always part of real relationships
- ✓ You can depend on one another
- ✓ Believe in what you say and do
- ✓ Expect the truth




**Trust**

Check us out at [www.LoveWhatsReal.com](http://www.LoveWhatsReal.com)

**Safety**




**SAFETY:**

- ✓ Trust your gut
- ✓ Feeling comfortable around those you like to be with
- ✓ Ask. Don't guess or hope
- ✓ Feeling comfortable not pressured

**LOVE WHAT'S REAL CERTIFIED**

Check us out at [www.LoveWhatsReal.com](http://www.LoveWhatsReal.com)




**SPACE:**

- ✓ Not attached to your bf/gf
- ✓ Give each other freedom to be real
- ✓ Make time for self, school, family
- ✓ Accept limits

**LOVE WHAT'S REAL CERTIFIED**

Check us out at [www.LoveWhatsReal.com](http://www.LoveWhatsReal.com)

Willamina High School

WHAT CAN YOU DO ABOUT IT?

YOU CAN MAKE A DIFFERENCE



WE CAN DO IT



### A Healthy Smile for Your Baby

Tips to Keep Your Baby Healthy



Taking care of your baby's gums and teeth is important. Clean your baby's gums or brush your baby's teeth, give your baby healthy foods, and take your baby to the dentist by the time he is 1 year old. If you take care of your teeth, it will help your baby's teeth stay healthy.

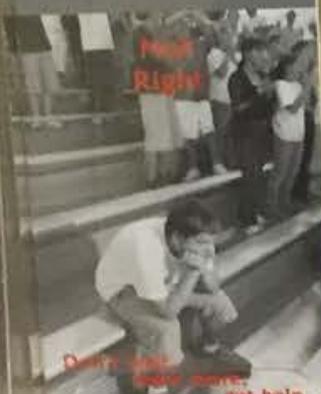
Before you know

what's wrong

You know

Something's

Not Right



### Gross, Disgusting and Totally Cool 10<sup>A</sup> Reasons to Wear Mouth Protection While Playing Sports...



DHS: PUBLIC HEALTH DIVISION

### What Teens Should Know About HPV Infection and Prevention

facts questions answers



DHS | Independent. Healthy. Safe.

DHS: PUBLIC HEALTH DIVISION

### What Parents Should Know About HPV Infection and Prevention

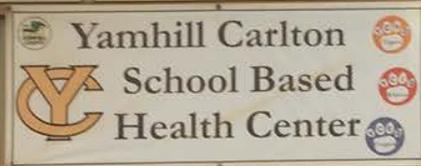


DHS | Independent. Healthy. Safe.

# Willamina High School

Oregon School-Based Health Centers





Yamhill Carlton High School



Yamhill Carlton High School

# ~ YC ~ Health center

## Why go to YC SBHC?

- We are conveniently located on school grounds.
- It's easy to drop by or make an appointment.
- Parents spend less time away from work.
- Students spend less time away from school.
- Care is youth-centered.
- Services are affordable.

## Who can go?

Yamhill-Carlton Health Center serves primarily children and youth of all ages who live in the Yamhill-Carlton School District. YC Health Center also gladly serves families, adults, school faculty, and all other people of the Yamhill and Carlton community.

## What about payment?

Comprehensive care and services are provided to all students and youth of all ages who live in the Yamhill-Carlton School District. YC Health Center also gladly serves families, adults, school faculty, and all other people of the Yamhill and Carlton community.

## What is the YC Health Center?



The YC Health Center is a medical clinic that offers children and youth health care on school grounds. We help students and community members get the care they need when they need it.

Adolescents are reported to have the lowest access to health care of any age group and they like least likely to seek care through traditional doctor's office.

The goal of the School-Based Health Center (SBHC) is to serve students' health needs by providing comprehensive health care facility located conveniently at the school, next to the YC district office and is open to all students including elementary students and their parents.



## Services We Provide

- ✓ Routine physical exams, including sports physicals and Well Child Checks
- ✓ Sick visits
- ✓ Minor injury treatment
- ✓ Immunizations
- ✓ Vision and blood pressure screenings
- ✓ Immunizations
- ✓ Reproductive health services
- ✓ Mental health services
- ✓ Routine lab tests
- ✓ Prescription medications
- ✓ Health education, counseling, and wellness promotion
- ✓ Referrals for healthcare services not provided at the health centers
- ✓ Classroom presentations

**OPEN: Mon, Wed, Fri 7:30 AM-12:30 PM**

Yamhill Carlton High School



**THANK YOU FOR ALL YOU DO!**