



# SBHC Coordinators Meeting

October 26<sup>th</sup>, 2016



*WELCOME*

SBHC Fall Coordinators Meeting



*Getting to know each other...*



Step 1: Pick a **color**

Step 2: Pick a **number**

Step 3: Pick another **number**

Step 4: Answer that **question**

# *“Youth Moment”*

Brookings-Harbor SBHC YAC video



# SBHC State Program Office Team



**Jessica**- Adolescent &  
School Health Manager



**Rosalyn** – Team Lead  
**Kate** – Systems Development Specialist  
**Stefanie**- School MH Specialist



**Melanie** –  
Administrative Specialist



**Karen** – Public Health Nurse  
**Lisa** – Public Health Nurse



**Loretta** – Research Analyst  
**Wes** – Research Analyst  
**Sarah** – Epidemiologist/ Health Economist

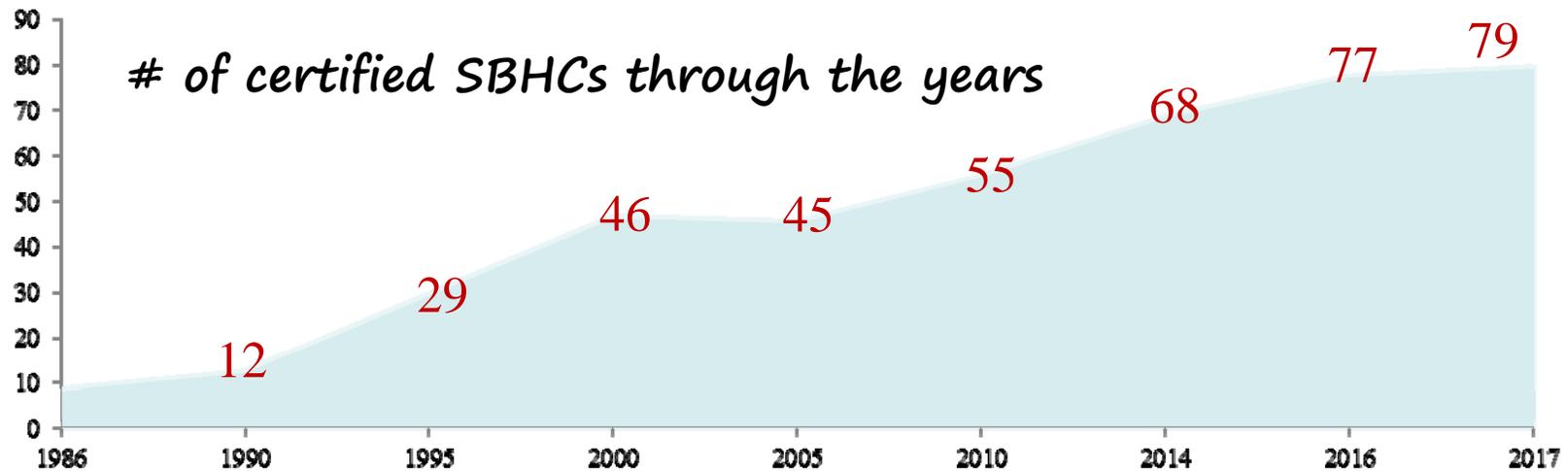
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School-Based Health Centers

[sbhc.program@state.or.us](mailto:sbhc.program@state.or.us)

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## 2015-2017 Biennium

- 77 certified SBHCs
- 2 planning grantees



# State Program Updates

## 2015-2017 Budget

- Total SBHC Budget** **\$17,106,200**
  - General Fund \$8,749,744
  - SB5507 \$600,000
  - OMMP \$1,056,456 (includes 13-15 rollover)
  - BASE: \$10,406,200**
  - MH Expansion \$6,700,000**

### Current formula

LPHA with one certified site - \$60,000 / year

LPHA > 1 certified site - \$55,239 / year per site

# State Program Updates

## 2017-2019 Budget ?

- The Oregon Health Authority 2017-19 Agency Request Budget includes a 10% Budget Cut Scenario.
  - Reducing the SBHC Budget by \$2,499,042 is included as a reduction option in the OHA Agency Request Budget.
  - There are more steps in the budget process.
  - As of today, this is a scenario and does NOT represent an actual budget cut.
  - Mental Health funding is a separate funding stream and is not included in this scenario.



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**SBHC State Program Office  
VS  
Oregon School-Based Health Care Alliance**



# SBHC/CCO/LPHA Regional Partnership Meetings

- Goal: To identify opportunities of partnership and set action plan priorities related to health systems transformation topics such as care coordination, MH integration, AWW.
- Total of 5 regional meetings in 2015-17
- Two were held in 2015-16
  - Central Oregon
  - Eastern Oregon

# Central Oregon

## Attendees:

- Deschutes County Public Health
- Deschutes County Behavioral Health
- Crook County Public Health
- Pacific Source CCO
- Central Oregon Health Council
- Mosaic Medical
- St. Charles Healthcare
- La Pine Community Health Centers
- Lutheran Community Services NW
- Redmond School District
- Bend-La Pine School District
- Crook County School District
- Advantage Dental



## Priority Areas

- Improve patient confidentiality in SBHCs
- Maximize AWV in SBHCs
- Increase school-based access to behavioral health services
- Explore expanding reproductive health services in SBHCs

# Eastern Oregon

## Attendees:

- Baker County Public Health
- Center for Human Development Inc (Union County Public Health)
- Umatilla Public Health
- Morrow County Health District
- Grant County Public Health
- Moda Health
- GOBHI
- Eastern Oregon IPA

## Priority Areas

- Increase and maximize AWW in SBHCs
- Ensure continuity of care between SBHCs and community providers
- Prevention campaign for youth
- Explore state PCPCH recognition
- Ensure accurate and clear communication between CCO and SBHCs



# SBHC/CCO/LPHA Regional Partnership Meetings

## Next Steps

- Follow-up with SBHCs that have already had meetings
- Reach out to other regions that sent letters of interest and start planning

# Youth Listening Sessions

**Goal:** To better understand the barriers and challenges to youth accessing health care, what motivates youth to get care and how best to engage youth in their health care.

- 4 Regional Meeting for 2015-2017
- 1 held in Tri-County metro in partnership with FamilyCare CCO



# Portland Metro Area- Findings

- Overwhelmingly, youth identified **sexual health and mental health** as reasons they go to see a provider.
  - *SBHC staff should be more involved in sexual health education that takes place in the school.*
- Youth are hesitant to seek services because they are **worried the provider will judge them**. They might not share information about drug or alcohol use.
  - *SBHC providers should provide their recommendation or treatment option, but honor the youth's decision to do it or not. Provide a full range of options and keep the door open to more conversations in the future.*
  - *Inform youth that they can always get a second opinion.*

# More findings...

- **Stigma** associated with getting health care came up as a barrier for youth. And having a **trusting relationship** with a provider was key for youth to feel comfortable accessing health care. **Consistent contact and communication** with providers was one way to build trust.
  - *SBHCs should be more involved in the school community to keep a pulse on the culture of the school and know what is impacting students*
- **Convenience of appointment times** is hugely important for busy youth. SBHCs are very easily accessible because they are at school, but could offer more convenient appointment times.
  - *SBHCs should have more walk-in appointment times available to students or an opportunity for students to schedule an appointment right on the spot*
  - *Offer more appointment times not during class periods. Have appointments available during student lunches and right before or right after school.*



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# APIP (Alternative Payment Improvement Project)

**Goals:** Based on HB 2445 (2013):

- ❖ Improve the effectiveness of the delivery of health services through SBHCs for children who qualify for medical assistance
- ❖ Improve the coordination of the care of patients services by CCOs and SBHCs



# APIP Workgroup

**Goal:** Improve understanding of current SBHC CCO payment landscape and develop recommendations for potential new models of payment.

- Workgroup with CCOs, SBHCs, SBHA & SPO
- Utilization data dive with Health Share (2016) and Family Care (2017)



# APIP Workgroup Key Questions

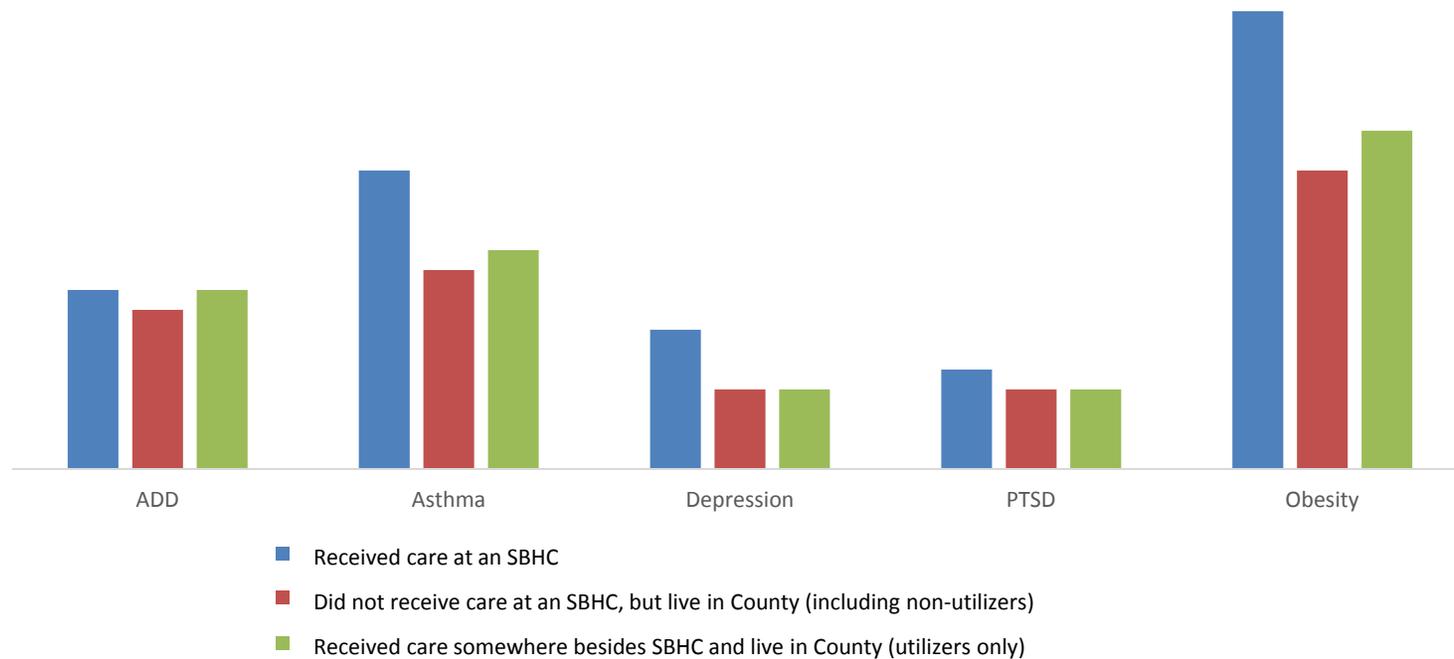


Need a defined value statement that is linked to the problem that needs to be fixed

Have to be able to show the value of the SBHC to the payor

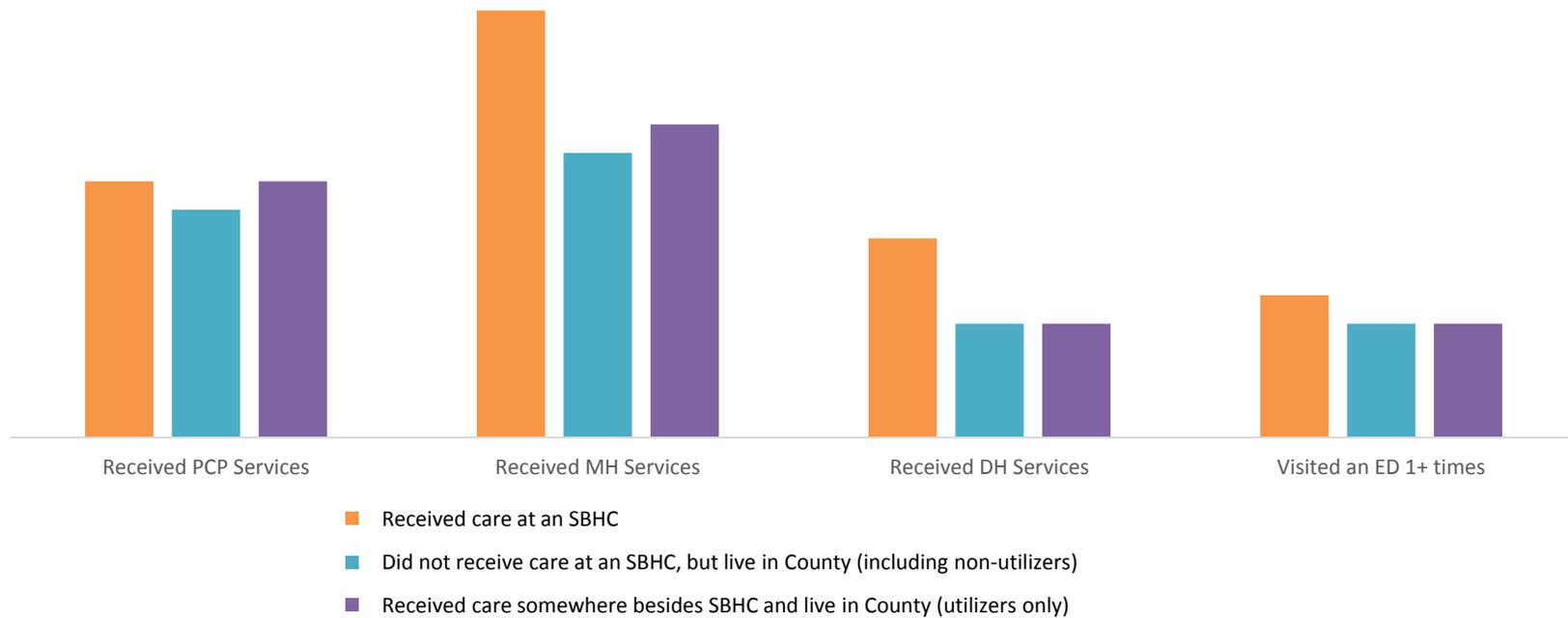
# OHP Clients: SBHCs vs Non-SBHCs (1 CCO/1 County)

Chronic Condition Diagnoses Among 11-19 year-olds



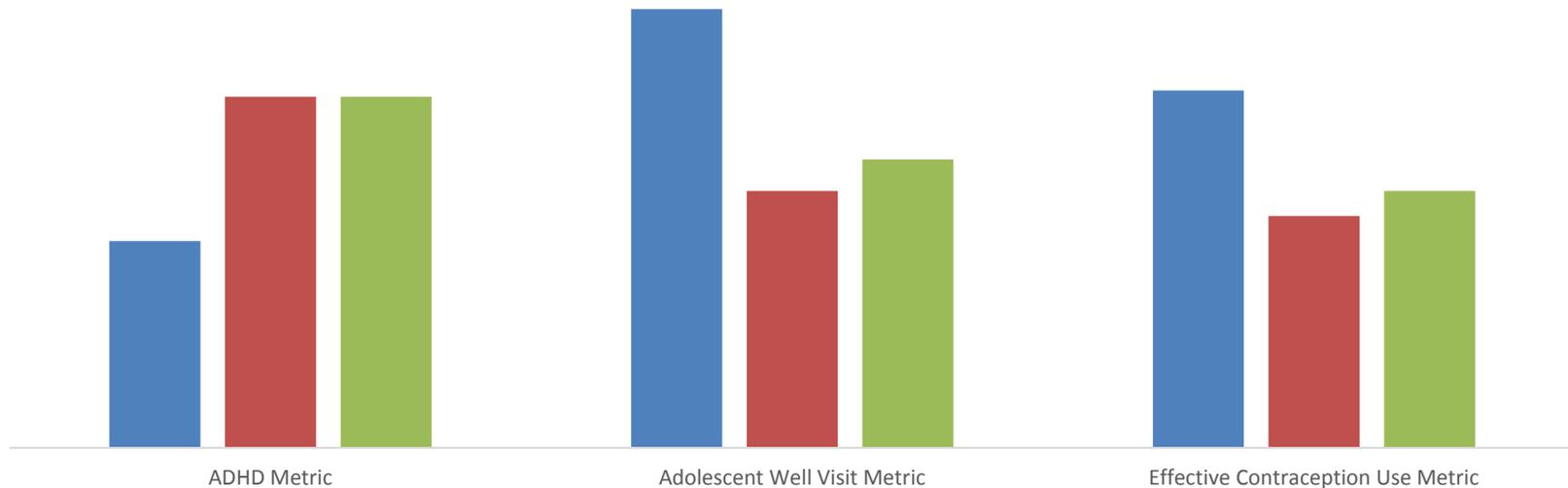
# OHP Clients: SBHCs vs Non-SBHCs

Utilization Among 11-19 year-olds



# OHP Clients: SBHCs vs Non-SBHCs

Metric Performance Among 11-19 year-olds



- Received care at an SBHC
- Did not receive care at an SBHC, but live in County (including non-utilizers)
- Received care somewhere besides SBHC and live in County (utilizers only)

# APIP Next Steps

- Workgroup restarting
- Complete Family Care analysis
- Brainstorm options for moving forward with CCOs and Systems



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# Student Satisfaction Survey

- Paper packets and iPad survey files have gone out
- All SBHCs seeing clients 12-19 years are required to participate
- Handout for the number of surveys each SBHC must complete
- Minimum of 10 surveys to receive a detailed, individual SBHC report
- For PCPCH sites – should complete at least 30 surveys even if your required sample size is lower

# Student Satisfaction Survey cont'd

Mid-year deadline – January 15, 2017

- SBHCs should sync iPad every month
- Required: iPad survey **MUST** be synced to SPO server by the 1/15/17 deadline
- Paper packet: mail completed surveys to SPO (you have two addressed return envelopes in each packet)

# SBHC Fact Sheets

- SPO is developing individual SBHC Fact sheets for the 2015-2016 service year
- Need feedback on usefulness of Fact sheets, suggested changes, additional data
- Please complete the survey!!

Paper copies are available (ask SPO staff)

Online survey: <http://tinyurl.com/sbhc-fact>



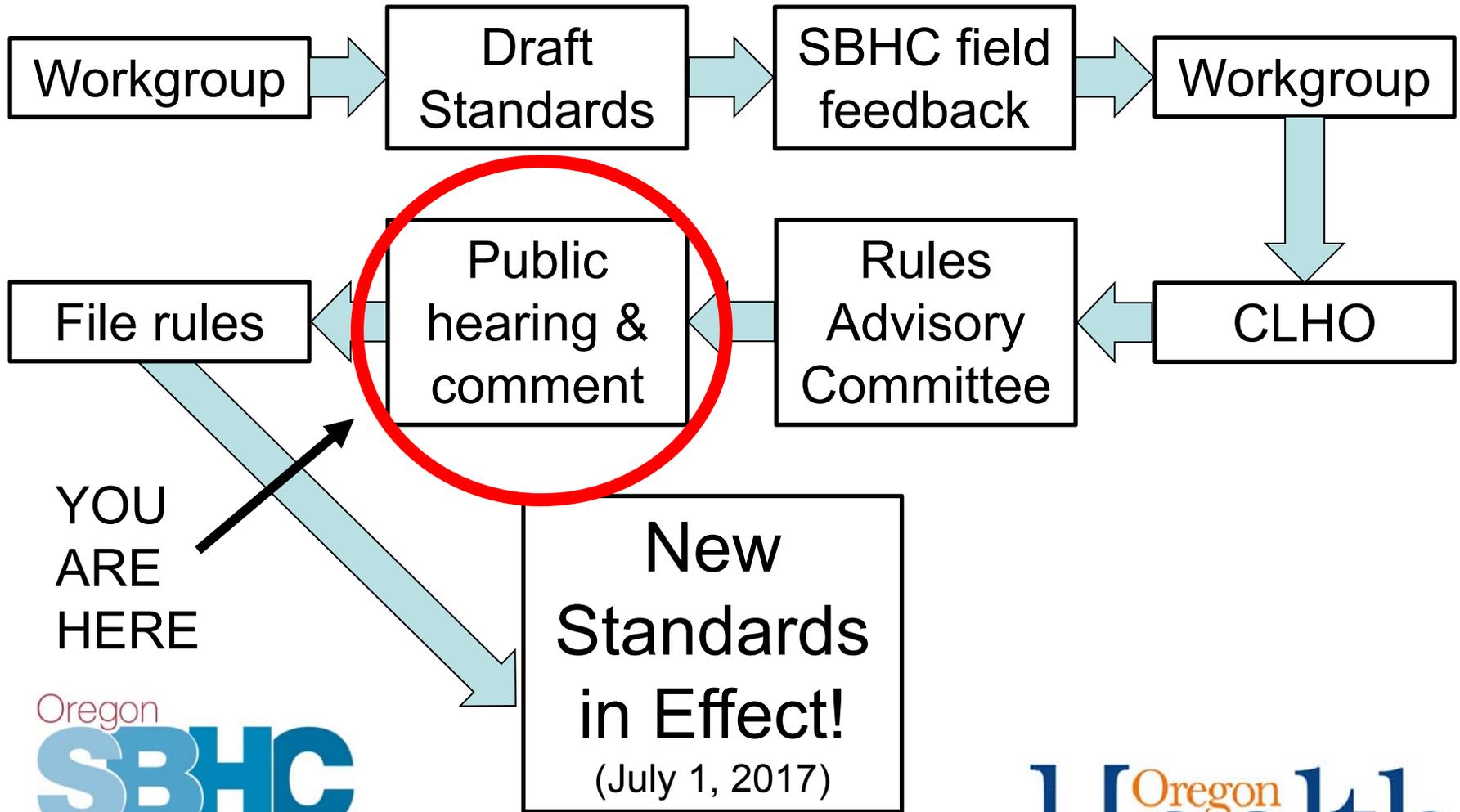
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# SBHC Standards for Certification



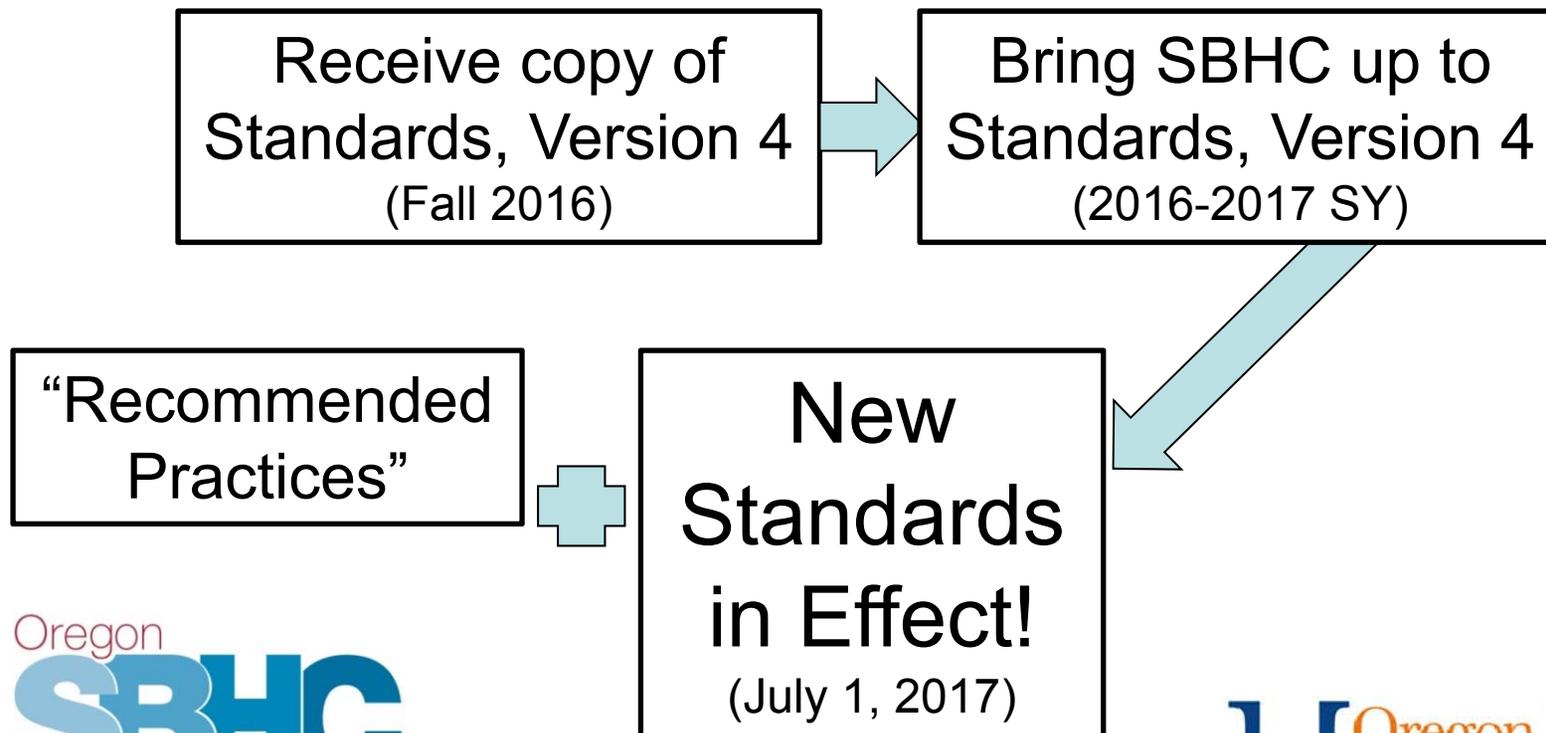
# Standards Revision Process



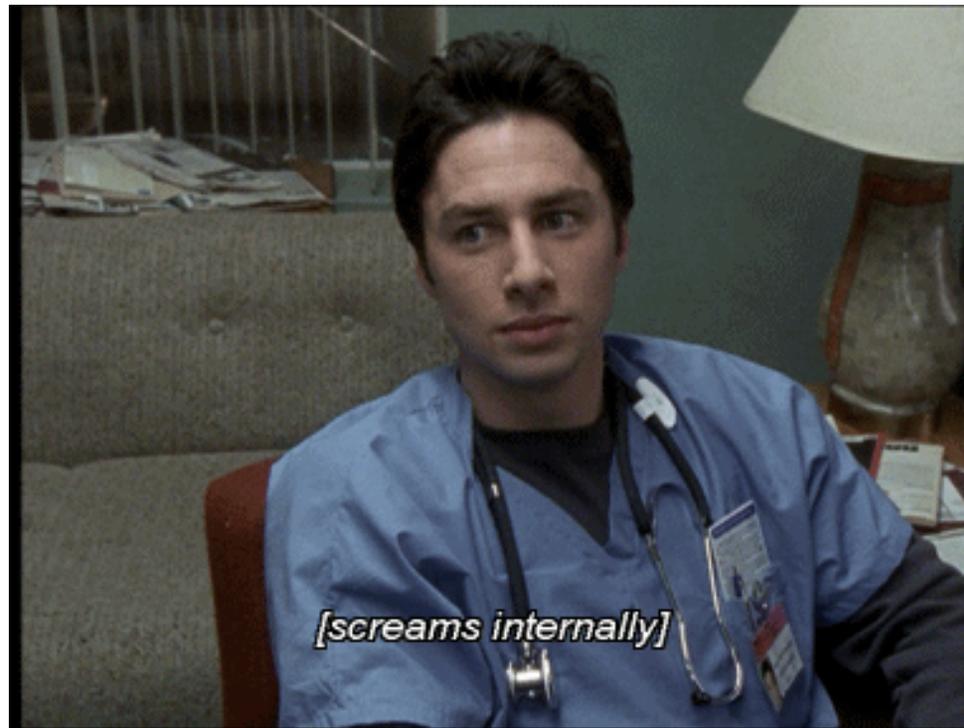
YOU  
ARE  
HERE

# Standards Revision Process

## *For SBHC Sites*



# Standards, v4 – Changes of Note



# Introduction

The Standards for Certification create a foundational model for SBHCs in Oregon emphasizing best practice for youth-centered services and population-based, patient-centered preventive care. SBHCs take a holistic approach to examining the whole child and work to meet their needs through onsite service provision and referral to school and community providers.

The SPO therefore expects that partner agencies providing care at SBHCs will also strive to meet the Standards for Certification.



# Section A – Changes of Note

- Page 4

## A.4 Transfer of medical sponsorship

- b. A certified SBHC that wishes to transfer medical sponsorship to a new entity must submit a Transfer of Medical Sponsor Application to provide medical oversight.
- c. The program will review Transfer of Medical Sponsorship Applications in accordance with OAR 333-028-0230 (Section A.2).

## Section D – Changes of Note

- Page 8

(3) If the SBHC model includes planned staff time alone during hours of operation, the SBHC must have a written safety plan with agreement from school, clinic partners and LPHA to provide protection from property loss, HIPAA violations or personal injury.

# Section D – Changes of Note

- Page 8

- c. SBHC must have a strategy to ensure the clinic provides a youth-friendly environment.
- f. Electronic and printed materials should be accurate regarding SBHC services and hours.

# Section E – Changes of Note

- Page 10

## E.1 Comprehensive pediatric health care minimum requirements

- a. SBHCs provide pediatric health care in line with nationally recognized standards of care, including recommendations from American Academy of Pediatrics Bright Futures guidelines. SBHC providers should refer to Bright Futures to determine age appropriate levels of service.



# Section E – Changes of Note

Table 2: Comprehensive Pediatric Health Care Minimum Requirements

Comprehensive Pediatric Health Care	
<b>History</b>	
	Comprehensive medical histories
<b>Measurements</b>	
	Height and weight
	Body Mass Index (BMI)
	Blood pressure
<b>Sensory Screening</b>	
	Vision
	Hearing
<b>Physical Health Services</b>	

	<b>AGE<sup>1</sup></b>
	<b>HISTORY</b> Initial/Interval
	<b>MEASUREMENTS</b>
	Length/Height and Weight
	Head Circumference
	Weight for Length
	Body Mass Index <sup>5</sup>
	Blood Pressure <sup>6</sup>
	<b>SENSORY SCREENING</b>
	Vision
	Hearing
	<b>DEVELOPMENTAL/BEHAVIORAL ASSESSMENT</b>
	Developmental Screening <sup>9</sup>

# Section E – Changes of Note

- Page 10

b. Table 2 specifies the minimum level of comprehensive pediatric health care services that must be available either:

- (1) **Onsite:** Services are available onsite at the SBHC;
- (2) **Onsite\*:** Laboratory testing available onsite as point of care testing;
- (3) **Onsite+:** Laboratory must have ability to collect specimen/sample. Sample may be sent offsite for diagnostic testing; or
- (4) **Referral:** Services and laboratory testing available by referral (if not on site) with system for tracking referrals and follow up. Referral sources should be youth-friendly, confidential and available regardless of a client’s ability to pay. A list of referral sources must be available to SPO upon request.

# Section E – Changes of Note

Table 2: Comprehensive services minimum requirements Pediatric Health Care Minimum Requirements:

<u>Comprehensive Pediatric Health Care</u> Primary care	Elementary (K-5)	Middle (6-8 or K-8)	High School (9-12 or K-12)
<b>History</b>			
Comprehensive medical histories	On	On	Onsite
<b>Measurements</b>			
Height/ and weight/body mass index (BMI)	On	On	Onsite
Body Mass Index (BMI)			Onsite
Blood pressure	On	On	Onsite
<b>Sensory Screening</b>			
Vision screening	On	On	Onsite
Hearing screening	Ref	Ref	Referral
Scoliosis screening	On	On	On
<b>Physical Health Services</b>			
Comprehensive physical exams	On	On	Onsite
Evaluation and treatment of non-urgent, acute and chronic conditions	On		Onsite
Medical specialty services	Ref	Ref	Referral
<b>Developmental/Behavioral Services<sup>1</sup></b>			

<sup>1</sup> Behavioral health services are inclusive of ~~mental~~ behavioral health and substance abuse.

# Section E – Changes of Note

Table 2: Comprehensive Pediatric Health Care Minimum Requirements:	
Comprehensive Pediatric Health Care	Minimum Level of Service Required
<b>History</b>	
Comprehensive medical histories	Onsite
<b>Measurements</b>	
Height and weight	Onsite
Body Mass Index (BMI)	Onsite
Blood pressure	Onsite
<b>Sensory Screening</b>	
Vision	Onsite
Hearing	Referral
<b>Physical Health Services</b>	
Comprehensive physical exams	Onsite
Evaluation and treatment of non-urgent, acute and chronic conditions	Onsite
Medical specialty services	Referral
<b>Developmental/Behavioral Services<sup>1</sup></b>	
Health assessment <sup>2</sup>	Onsite
Assessment of educational, achievement, and attendance issues	Onsite

# Section E – Changes of Note

<u>Comprehensive Pediatric Health Care</u> Primary care	Elementary (K-5)	Middle (6-8 or K-8)	High School (9-12 or K-12)
Pregnancy <u>testing</u> <sup>4</sup>	Ref	Ref	Onsite*
STI <u>screening and testing</u> <sup>5</sup>	Ref	Ref	Onsite+
<u>Pap smear</u>	Ref	On	On
HIV <u>screening and testing</u>	Ref	On	Onsite+

# Section E – Changes of Note

- Page 11

Table 2: Comprehensive Pediatric Health Care Minimum Requirements:	
Comprehensive Pediatric Health Care	Minimum Level of Service Required
Pregnancy testing <sup>4</sup>	Onsite*
STI screening and testing <sup>5</sup>	Onsite+
HIV screening and testing	Onsite+

# Section E – Changes of Note

- Page 11

Table 2: Comprehensive Pediatric Health Care Minimum Requirements:	
Comprehensive Pediatric Health Care	Minimum Level of Service Required
Immunizations	Onsite
Urinalysis	Onsite*
Hematocrit or Hemoglobin	Onsite*
Blood glucose	Onsite*
Strep throat <sup>3</sup>	Onsite*
Pregnancy testing <sup>4</sup>	Onsite*
STI screening and testing <sup>5</sup>	Onsite+
HIV screening and testing	Onsite+
Tuberculosis testing	Referral
Lead screening and testing	Referral
Dyslipidemia screening	Referral

# Section E – Changes of Note

Reproductive Health Services	
Reproductive health exam	Onsite
Prescriptions for contraceptives <sup>2</sup>	Referral
Condom availability <sup>2</sup>	Referral

<sup>2</sup> SPO recommends onsite access to contraceptives and condoms. Providing access to contraceptives is a clinical best practice recognized by the American Academy of Pediatrics, the Centers for Disease Control and Prevention, and other national and international organizations. However, communities may choose to offer contraceptive services by referral.

# Section F – Changes of Note

- Page 14
- b. Data collection and reporting requirements apply to all ongoing services (including physical, behavioral and oral health) provided onsite at the SBHC, regardless of the age of the client.

# Section F – Changes of Note

- Page 14

## F.2 Data variable requirements

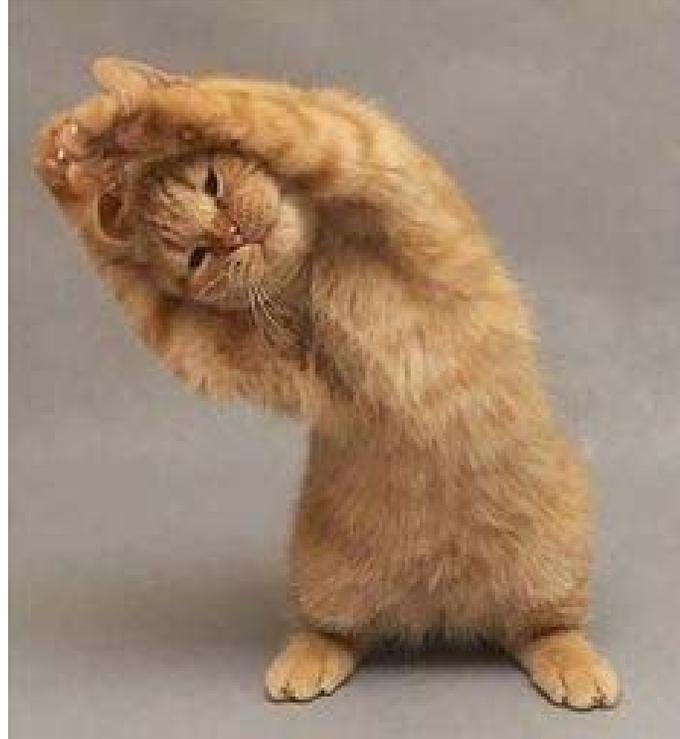
- a. Certain data variables shall be collected at each encountered visit including:
  - (1) Unique patient identifier (not name);
  - (2) Medicaid ID #
  - (3) Date of birth;
  - (4) Gender;
  - (5) Race;
  - (6) Ethnicity;
  - (7) Preferred language;
  - (8) Insurance status (to include at a minimum the following categories: Medicaid, other public, private, none, unknown, CCare);
  - (9) Payor name;
  - (10) Total charges;
  - (11) Total payments;
  - (12) Date of visit;
  - (13) Location of visit (site identification);
  - (14) Provider type (as defined by SPO);
  - (15) Provider name
  - (16) National Provider Identifier (NPI)
  - (17) Visit procedure code(s);
  - (18) Procedure code modifiers; and
  - (19) Diagnostic code(s) (most recent ICD and DSM code(s)).



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# Stretch Break



# Consent & confidentiality interviews

- May – September 2016
- 29 SBHC “systems”
- 67 SBHCs (out of 77)
- Policies & practice:
  - Consent & eligibility/enrollment
  - Parent involvement
  - Confidentiality
  - HB 2758



# Consent & Eligibility/Enrollment

- Out of 29 systems (67 SBHCs):
  - 20 (54 SBHCs) do not have eligibility/enrollment
  - 3 (5 SBHCs) have an **opt-in** policy
  - 4 (4 SBHCs) have an **opt-out** policy
  - 2 (4 SBHCs) have a hybrid policy
- Eligibility/enrollment exceptions for:
  - Reproductive health (2)
  - Confidential services (4)
  - Mental health (2)
  - Services provided after school hours (1)
  - Emancipated minors (1)
  - Dental health (1)

# Parent/guardian notification

- Out of 29 systems (67 SBHCs):
  - 19 (49 SBHCs) **do not** notify parents
    - Exceptions:
      - Youth consent to notify (12)
      - Not of age to self-consent (6)
      - Mental health services (6)
      - Acute care (6)
      - Get billing info (2)
      - Parent appointment (2)
  - 10 (18 SBHCs) **do** notify parents
    - Exceptions:
      - Abuse (4)
      - Confidential services (10)

# Parent/guardian notification

“I highly encourage kids to involve their parents. If they’re hesitant we explore why they’re not involving their parents and what it would look like if we did involve their parents. So we kind of go over those scenarios with them.”

- SBHC Coordinator

“So basically we, depending on the age of the kiddo and what they request, we only engage parents with [the student’s] permission. You know, we have just a high amount of kids that come in and requesting to be confidential. And then we really work with the young man or woman to engage their parents. Each case is different, but we make sure that that kiddo understands that that is our goal.”

- SBHC Coordinator

# Parents present?

- Out of 29 systems (67 SBHCs):
  - 0 require a parent to be present at all times
- But parent is required to be present if:
  - Client receiving well-child check (3)
  - Client not of age to self-consent (11)
    - Exceptions:
      - Parent gives OK (6)
      - Another adult is present (4)

# Confidentiality

- How is a visit determined to be confidential?
  - Client request (26)
  - Conversation with client (15)
  - Based on type of service (8)
  - Provide discretion (4)
- However, at a few SBHC systems:
  - “Don’t advertise” (3)
  - None/infrequent request (2)

# Confidentiality & billing

- When confidential service requested:
  - Do **not** bill:
    - OHP/Medicaid (9)
    - Private insurance (27)
  - Do bill:
    - OHP (19)
    - Private insurance (2)
    - CCare (9)



# Confidentiality & billing

[And you're just not billing?] "Yeah, and you know, we don't just eat one part of it. We have to eat the whole entire account, which includes all the labs and everything that's done on that. Yep."

- SBHC Coordinator

"No. It doesn't make any difference what their insurance is. It's all – once the confidential part has been implemented, the insurance is never involved in it."

- SBHC Coordinator

# Confidentiality & billing

- Can you bill for part of an encounter if confidential services are provided?
  - Yes (14)
    - Manually (3)
    - Create two separate encounters (8)
    - Code services as confidential (2)
  - No (8)
  - Don't know (7)

## Confidential communication requests (HB 2758)

- Out of 29 systems (67 SBHCs):
  - Are you familiar with this law?
    - Yes (23)
    - No (6)
  - Have you tried this at your clinic?
    - Yes (3)
    - No (26)
  - 5 systems have a “process” for implementing

## Confidential communication requests (HB 2758)

"I think since, since we do have so many patients on [OHP], that made it nice 'cause we're like, okay, we know there's a safeguard in place. Like we know that's not gonna [get sent home]. But for these other ones, then, then what? I mean, really at the end of the day what's happening is we are then just not billing. So we not going to receive revenue that we actually really need because we're providing the service that the student needs and there isn't a system that can allow us to still get revenue for what we're doing. That's, at the end of the day, what it is."

- SBHC Coordinator

# What next?

- Trainings for SBHC field
  - Confidentiality billing
  - Consent/confidentiality
  - Information sharing
  - Confidential communications request
- SPO data analysis
  - \$ amount lost for services not billed
  - Trends among SBHCs





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# Mental Health Updates



# SBHC MH Advisory Group

- 13 participants from 12 counties
- Priority areas:
  - Funding
  - Mental health outcomes
  - Integrating mental health services into schools/school schedule
  - Integrating primary care and mental health
  - Sustainability

# Kognito

- Email was sent out Oct 14<sup>th</sup>
- Kognito's *At-risk Primary Care - Adolescents* is up and running for all the School-Based Health Centers!
- Available at the Oregon Kognito site:  
<https://oregon.kognito.com/>
- Any SBHC staff able to take the training between now and Oct 2019.



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**lines** *for* **life**

Preventing Substance  
Abuse & Suicide

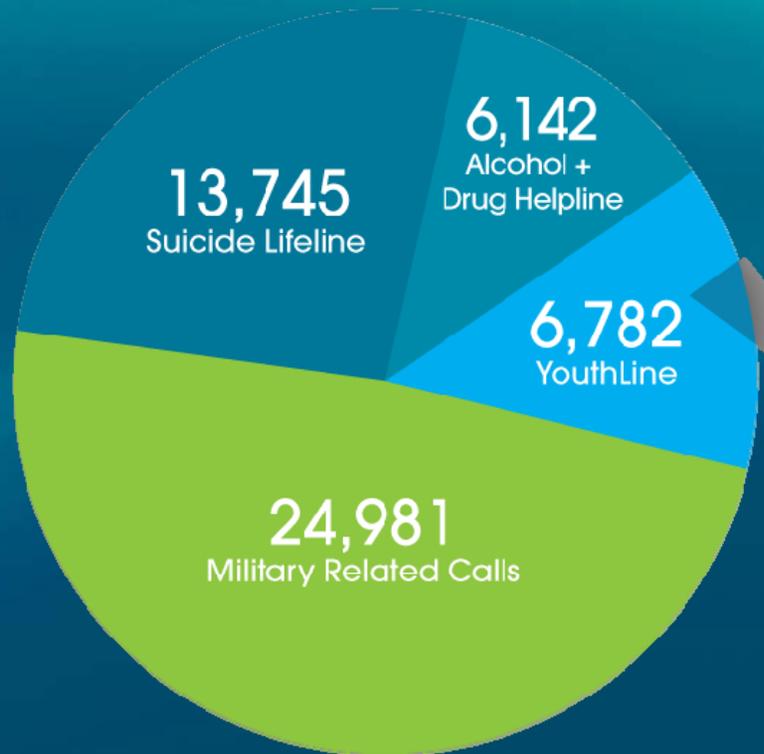
**YouthLine**

Melissa Trombetta

# Lines for Life Team

- 14 Masters Level Counselors
- 120 Highly Trained Volunteers
- 55 Teens on YouthLine
- Nationally Accredited Suicide Line
- De-Escalate 98% of calls on LifeLine
- Trainers of Trainers

# Crisis Lines Call Volume



Preventing Substance Abuse & Suicide

# Oregon Youth At Risk

OVER  
**750**  
YOUTH SUICIDE  
ATTEMPTS



\* Ages 10 - 24

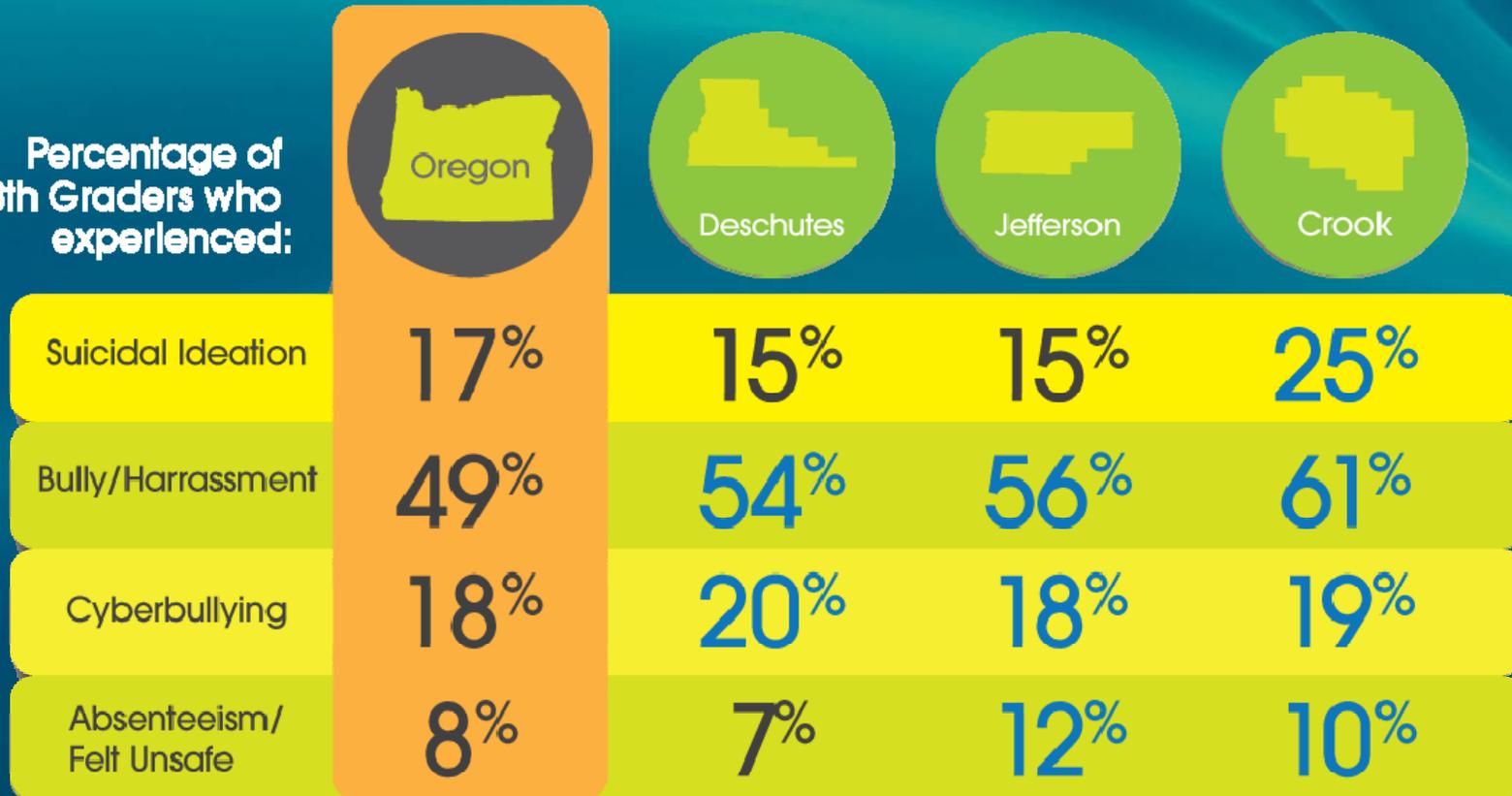
Oregon Health Authority, 2014



Preventing Substance  
Abuse & Suicide

# Tri County 8<sup>th</sup> Grade Snapshot

Percentage of 8th Graders who experienced:



● = At or Above State Average

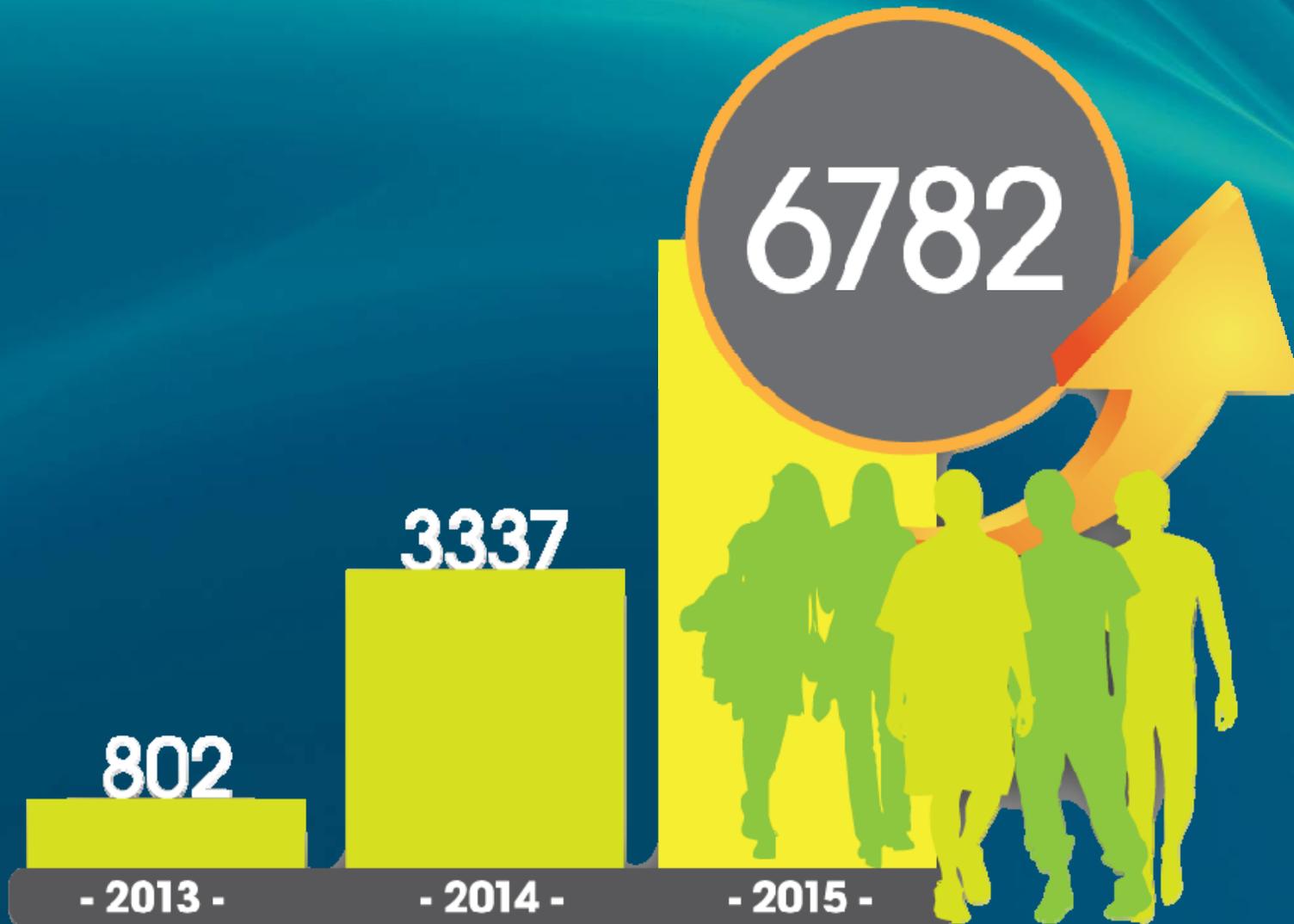
Student Wellness Survey, 2013 - 14



**lines for life**

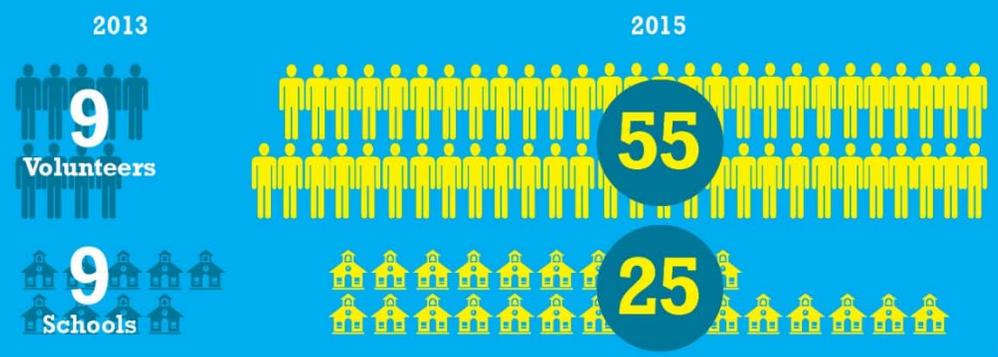
Preventing Substance Abuse & Suicide

# Lines For Life Reaching More Young People Every Day



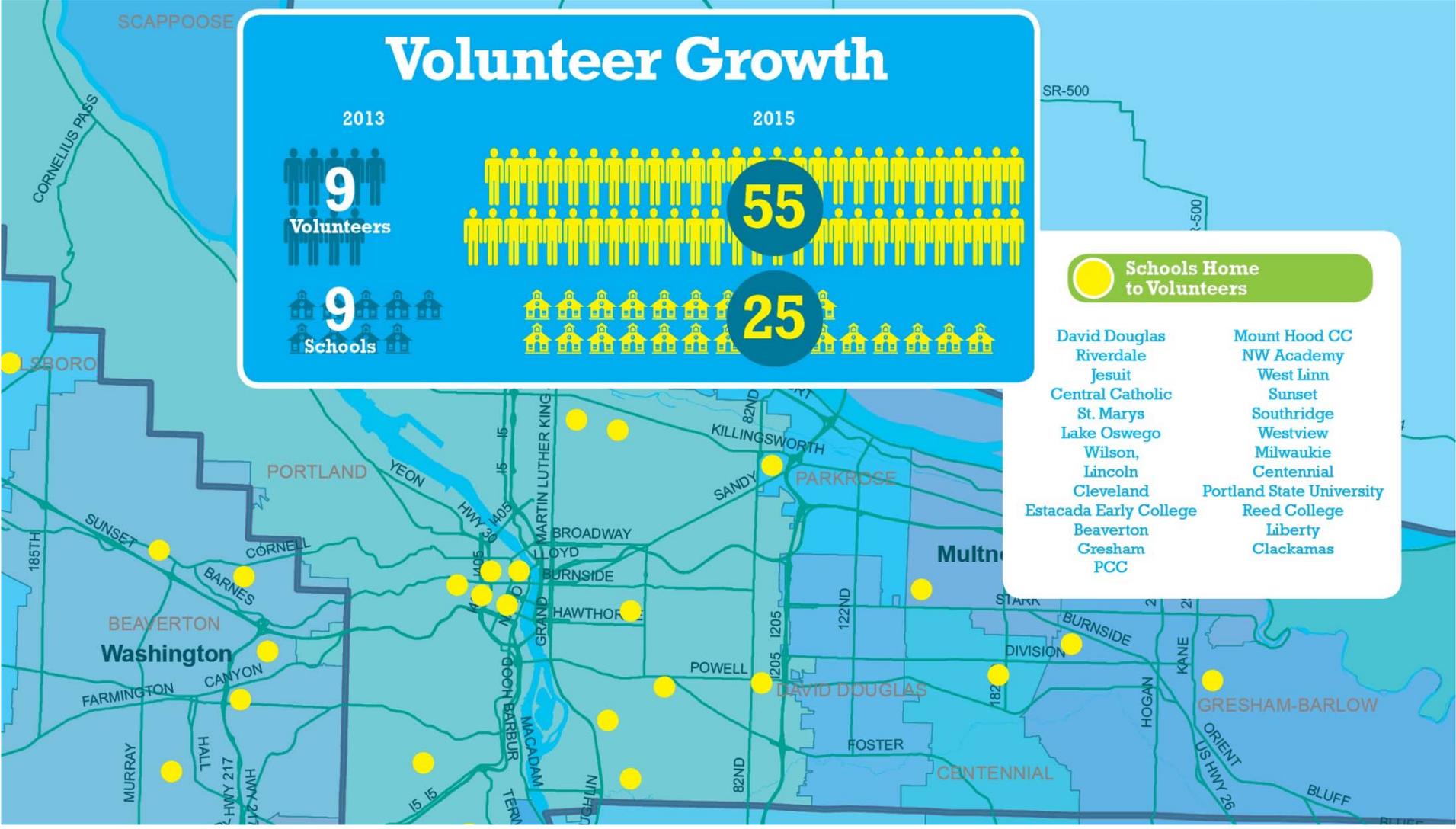
# Lines For Life Reaching More Young People Every Day

## Volunteer Growth

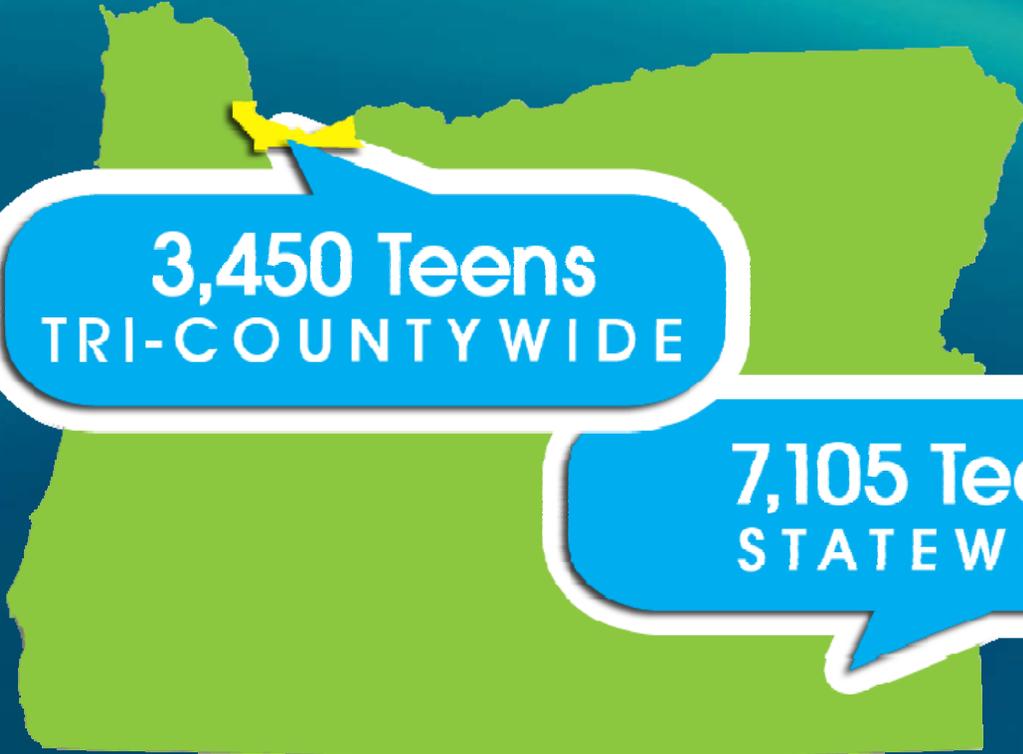


Schools Home to Volunteers

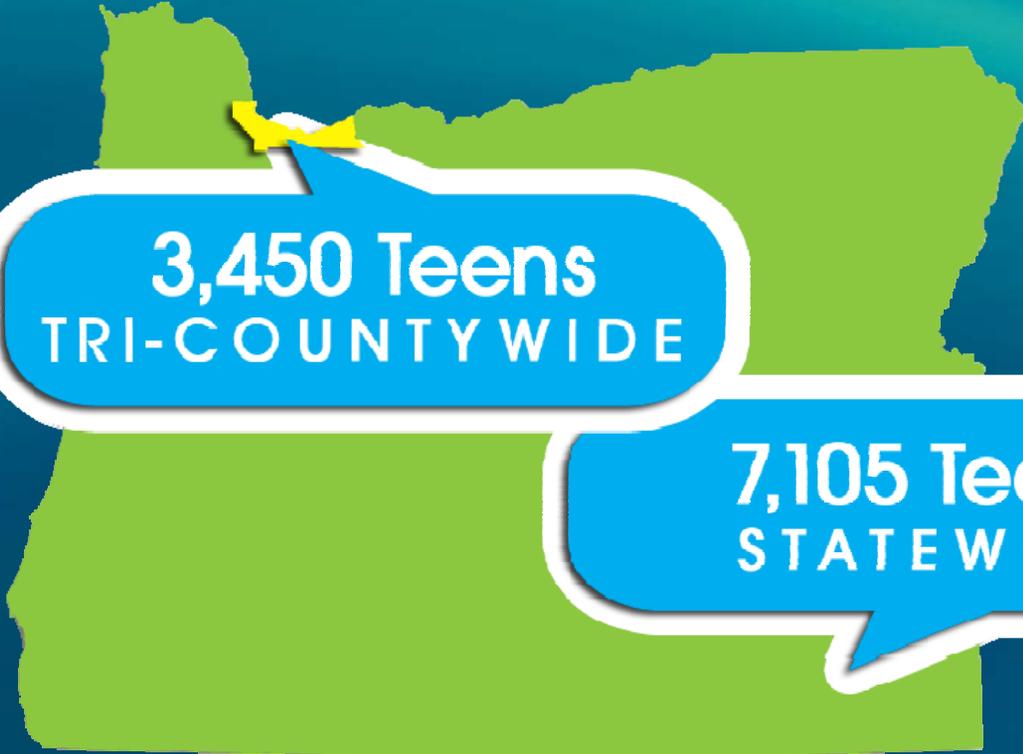
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|------------------------|---------------------------|
| David Douglas          | Mount Hood CC             |
| Riverdale              | NW Academy                |
| Jesuit                 | West Linn                 |
| Central Catholic       | Sunset                    |
| St. Marys              | Southridge                |
| Lake Oswego            | Westview                  |
| Wilson, Lincoln        | Milwaukie                 |
| Cleveland              | Centennial                |
| Estacada Early College | Portland State University |
| Beaverton              | Reed College              |
| Gresham                | Liberty                   |
| PCC                    | Clackamas                 |



# YouthLine Reach



3,450 Teens  
TRI-COUNTY WIDE

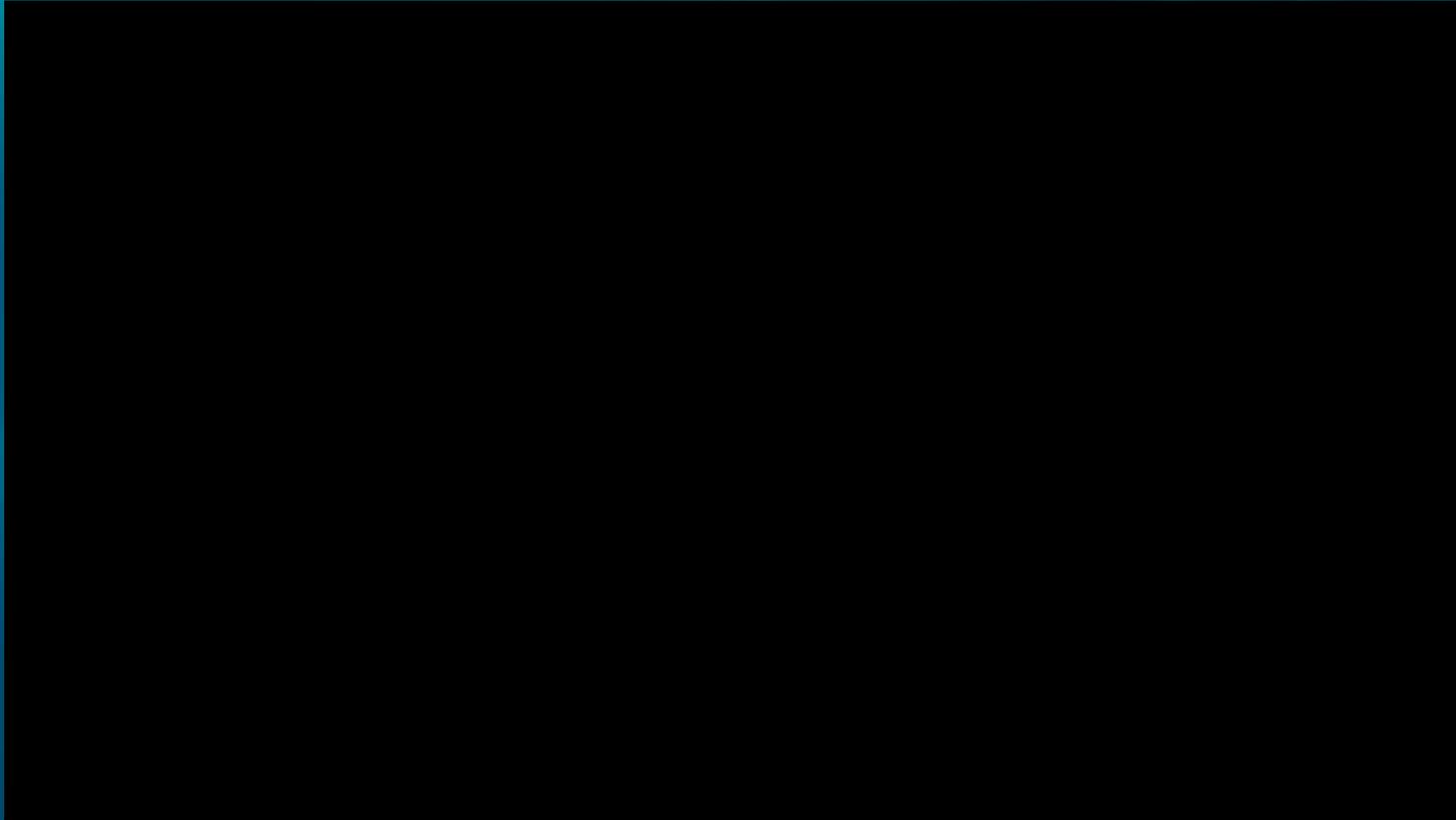


7,105 Teens  
STATE WIDE



Preventing Substance  
Abuse & Suicide

# The YouthLine Experience





lines *for* life

Preventing Substance  
Abuse & Suicide



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# THE PRACTICE OF NURSING IN THE SCHOOL SETTING

Jamie Smith MPH, BSN, RN  
State School Nurse Consultant

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PUBLIC HEALTH DIVISION

Adolescent & School Health

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# School Health

- School Nursing
- School Counselors
- Therapies – PT/OT/ST
- School Psychologist
- Health Assistants
- Educational/Instructional Assistants
- Unlicensed Assistive Personnel (UAP) – secretaries
- School-Based Health Center (SBHC)
- Mental Health Providers



PUBLIC HEALTH DIVISION  
Adolescent & School Health

Oregon  
**Health**  
Authority

# WHAT IS SCHOOL NURSING?

- **Definition:** a specialized practice of public health nursing, protects and promotes student health, facilitates normal development, and advances academic success. School nurses, grounded in ethical and evidence-based practice, are the leaders that bridge health care and education, provide care coordination, advocate for quality student-centered care, and collaborate to design systems that allow individuals and communities to develop their full potentials. *(Approved by the NASN Board of Directors June 2016)*

# EDUCATION AND HEALTH

## Education

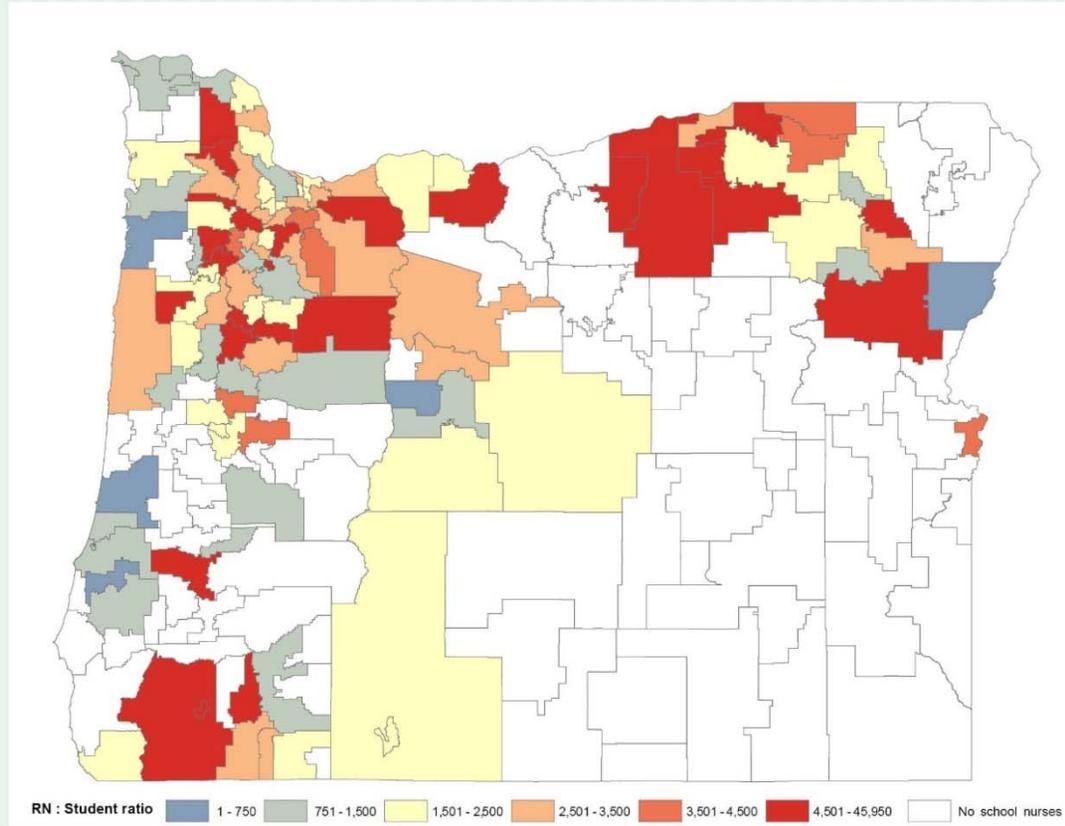
- Graduation rate
- Attendance
- Safety
- Test Scores

## Healthcare

- Chronic Disease
- Wellness
- Medications
- Safety

# Oregon School Nurse Ratio By District

Ratio of registered nurse to student by school district, Oregon 2016



Source: ODE State School Nursing Report and enrollment data

**WHOLE SCHOOL, WHOLE COMMUNITY, WHOLE CHILD**  
*A collaborative approach to learning and health*





# CONTACT INFORMATION

- Jamie Smith, State School Nurse Consultant
- Oregon Public Health Division
- [jamie.leon.smith@state.or.us](mailto:jamie.leon.smith@state.or.us)
- 971-673-0724



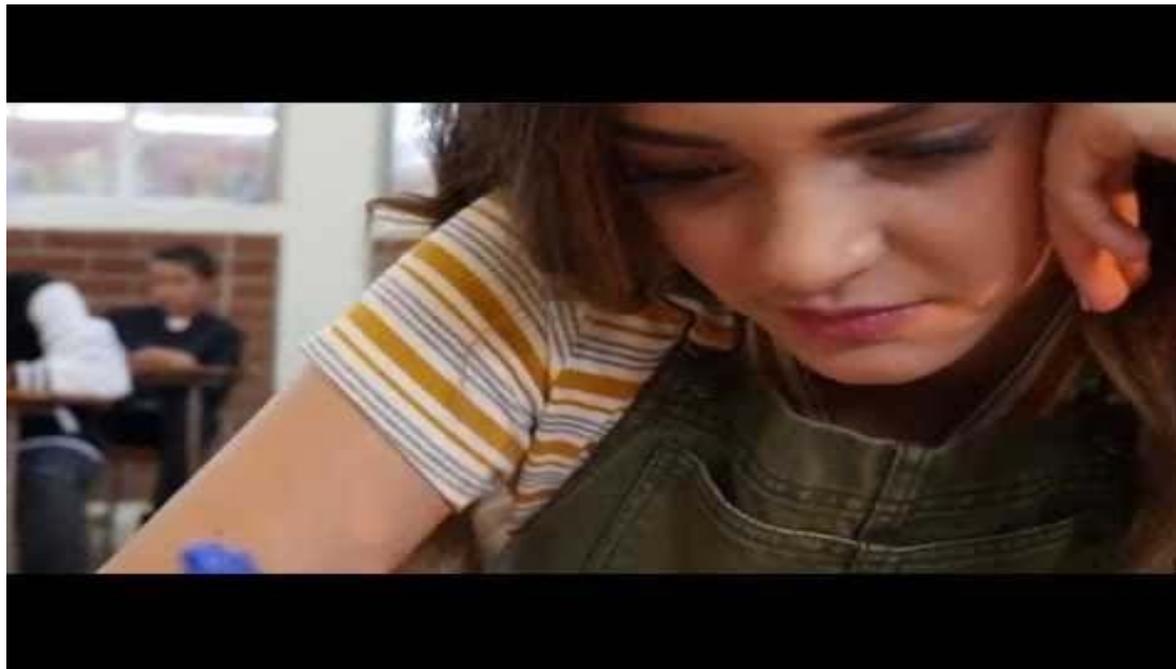
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Authority

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# “Youth Moment”/BREAK

*Sweatshirt* by Jacob Sartorius





Get  
LUNCHin

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# SBHC Utilization: What?

- Blinded Site-Level Data
  - Packet contains unblinded data
  - Graphs of:
    - 2014-15 Data
    - 2015-16 Data
    - Change between 2 years
  - Ages 5-21
  - Raw data in the table with your SBHC ID



# SBHCs & Adolescent Well Visit

- SBHC Key Performance Measures
- CCO AWW Guidance Document
- Title V – MCH Block Grant
- Partnering with Oregon School Activities Associations
- Oregon Pediatric Improvement Project

# Trends are Up!

## 1. Well Visit (all clients)

- 2013-14:  $7,156/19,720 = 36\%$
- 2014-15:  $8,856/22,503 = 39\%$
- 2015-16:  $10,684/26,049 = 41\%$

## 2. Well Visit (OHP only)

- 2013-14:  $3,292/9,383 = 35\%$
- 2014-15:  $4,456/11,594 = 38\%$
- 2015-16:  $5,347/13,325 = 40\%$

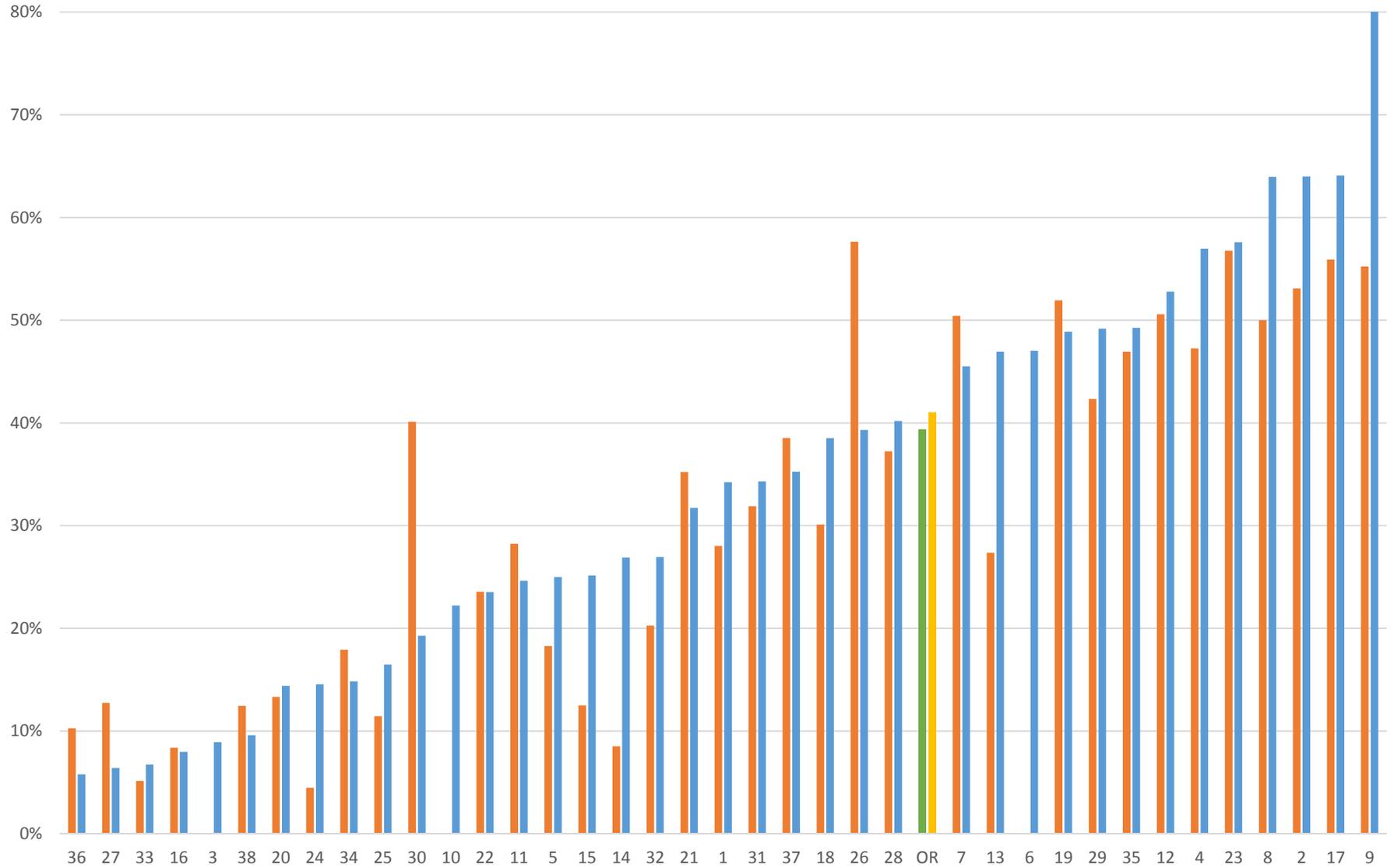
# % of 5-21 Year Olds who Visited SBHC And Had A...

## 3. Immunization (any type)

- 2013-14: 5,991/19,720 = **30%**
- 2014-15: 6,311/22,503 = **28%**
- 2015-16: 8,487/26,049 = **33%**

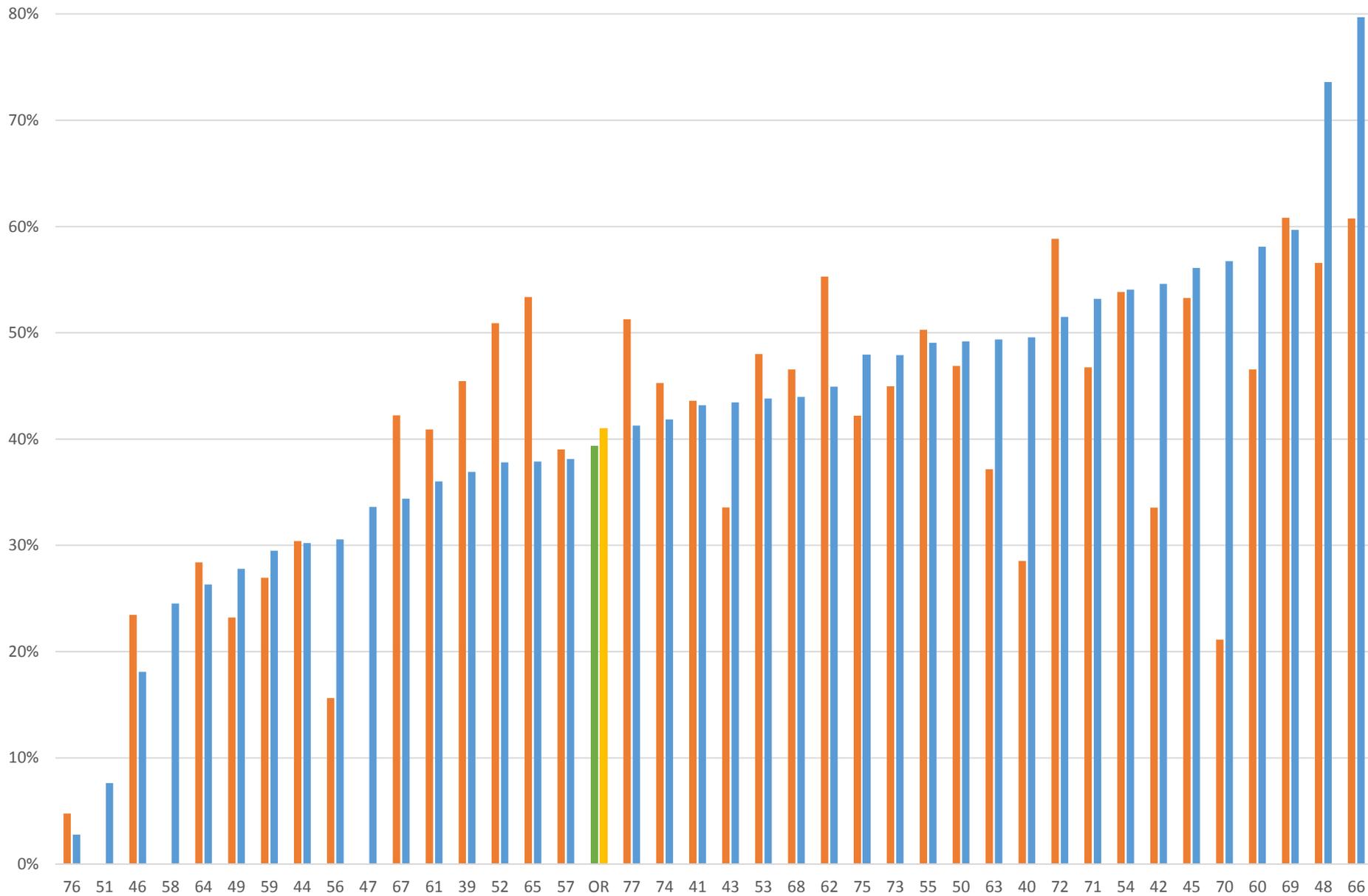
## Change in Well Visits: 2014-15 to 2015-16 (SBHCs 1-38)

■ 14-15 AWV Rate    ■ 15-16 AWV Rate



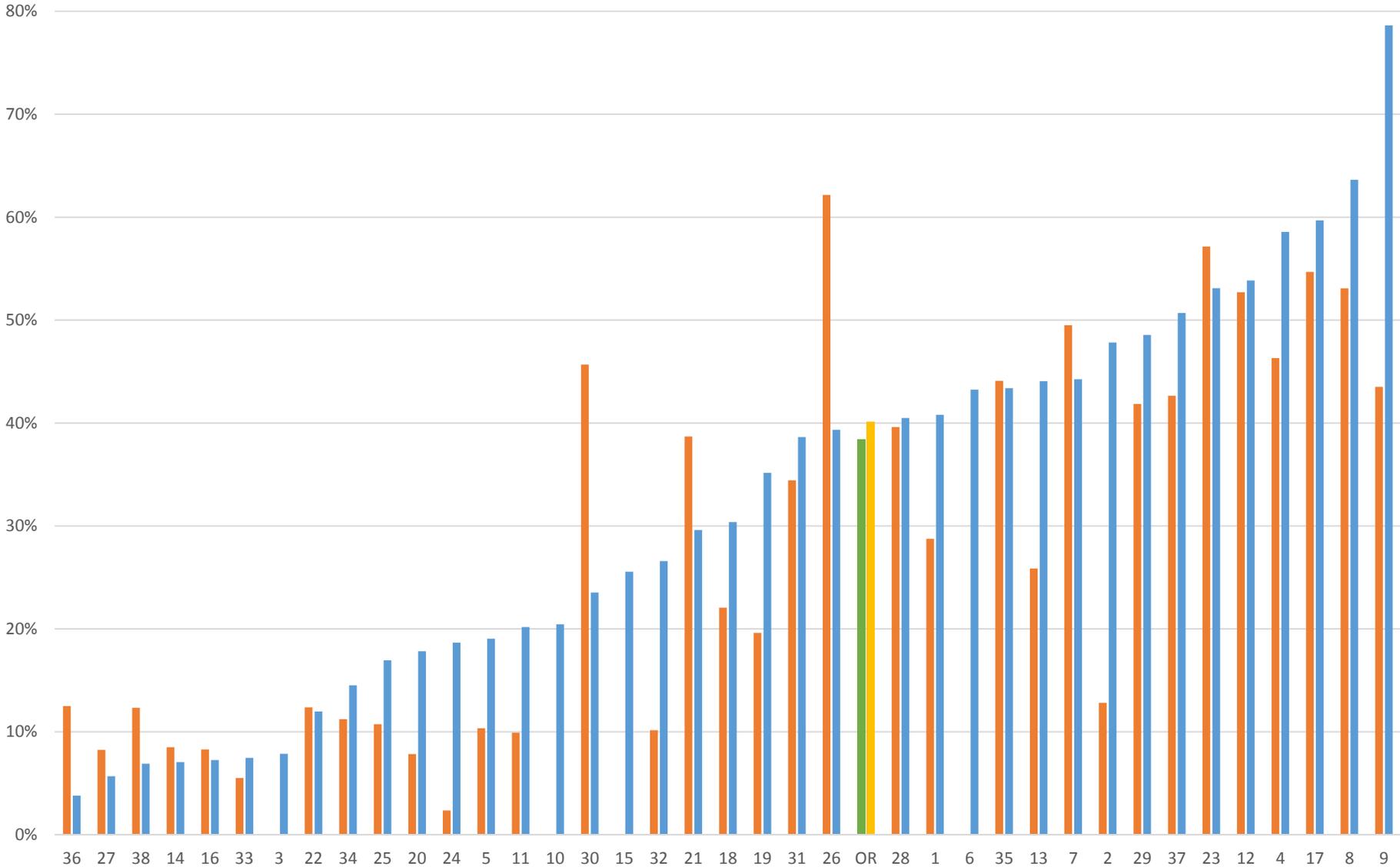
# Change in Well Visits: 2014-15 to 2015-16 (SBHCs 39-76)

14-15 AWV Rate 15-16 AWV Rate



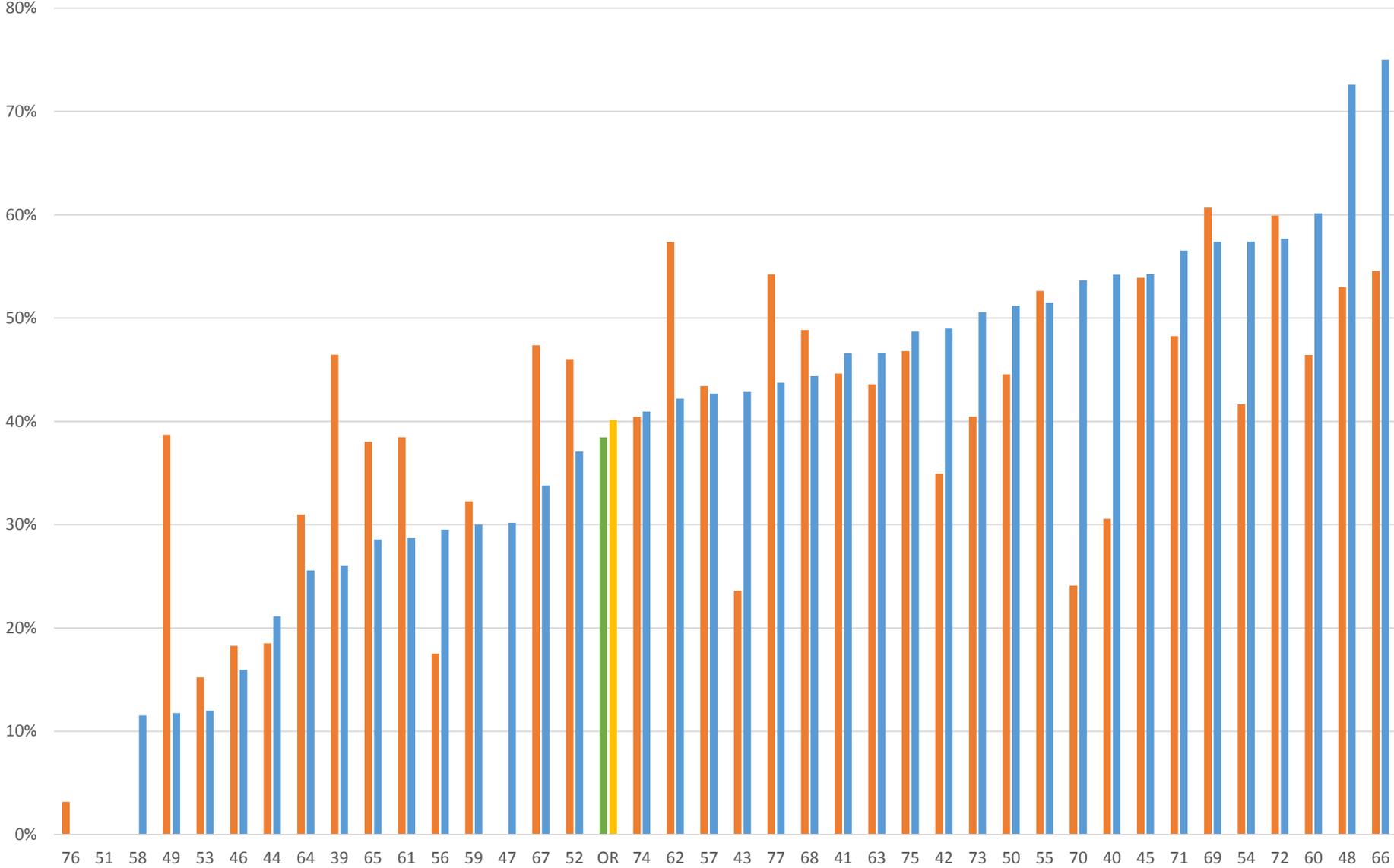
### Change in OHP Well Visits: 2014-15 to 2015-16 (SBHCs 1-38)

■ Medicaid rate 14-15    ■ Medicaid Rate 15-16

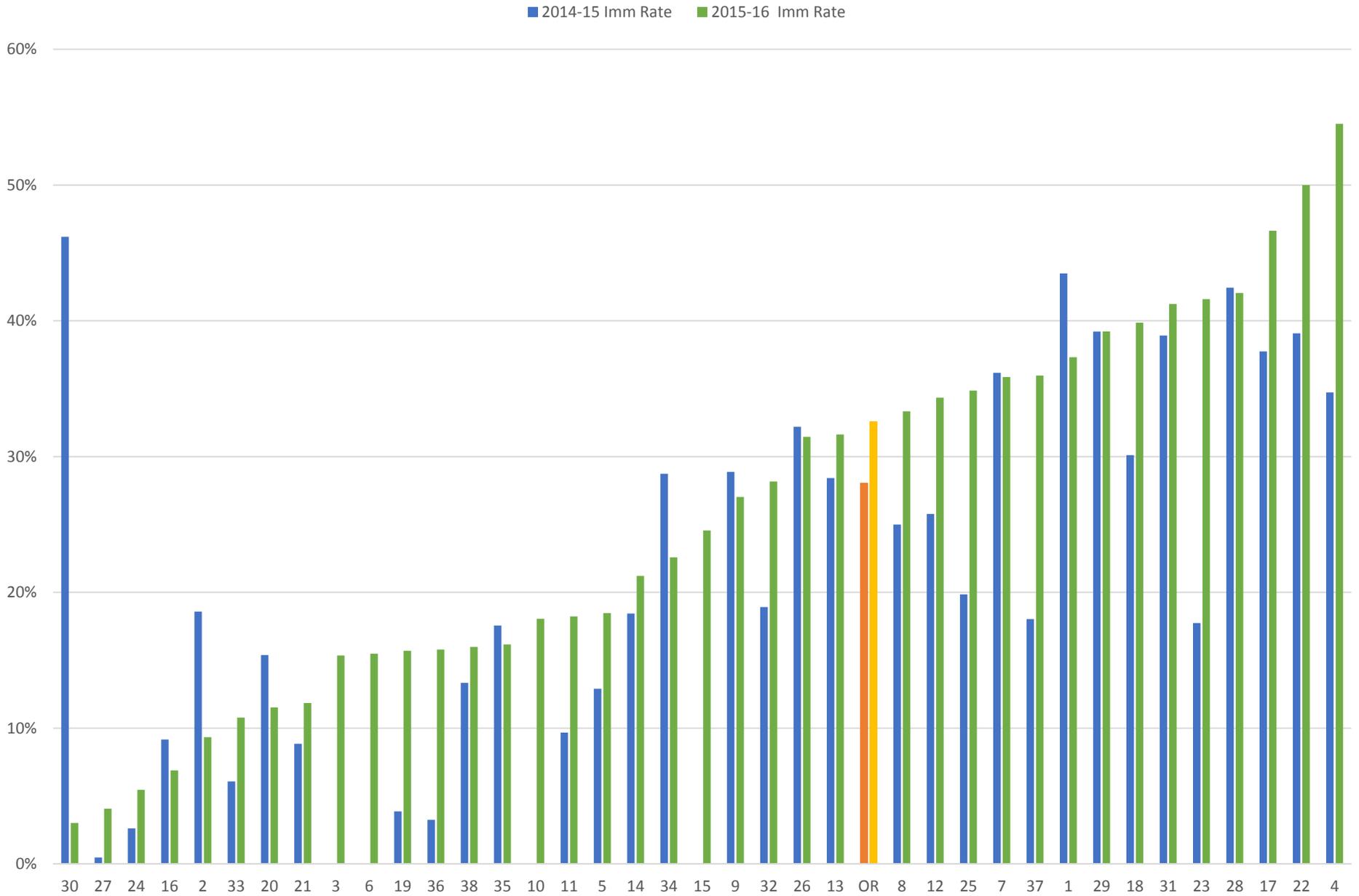


### Change in OHP Well Visits: 2014-15 to 2015-16 (SBHCs 39-76)

■ Medicaid rate 14-15    ■ Medicaid Rate 15-16

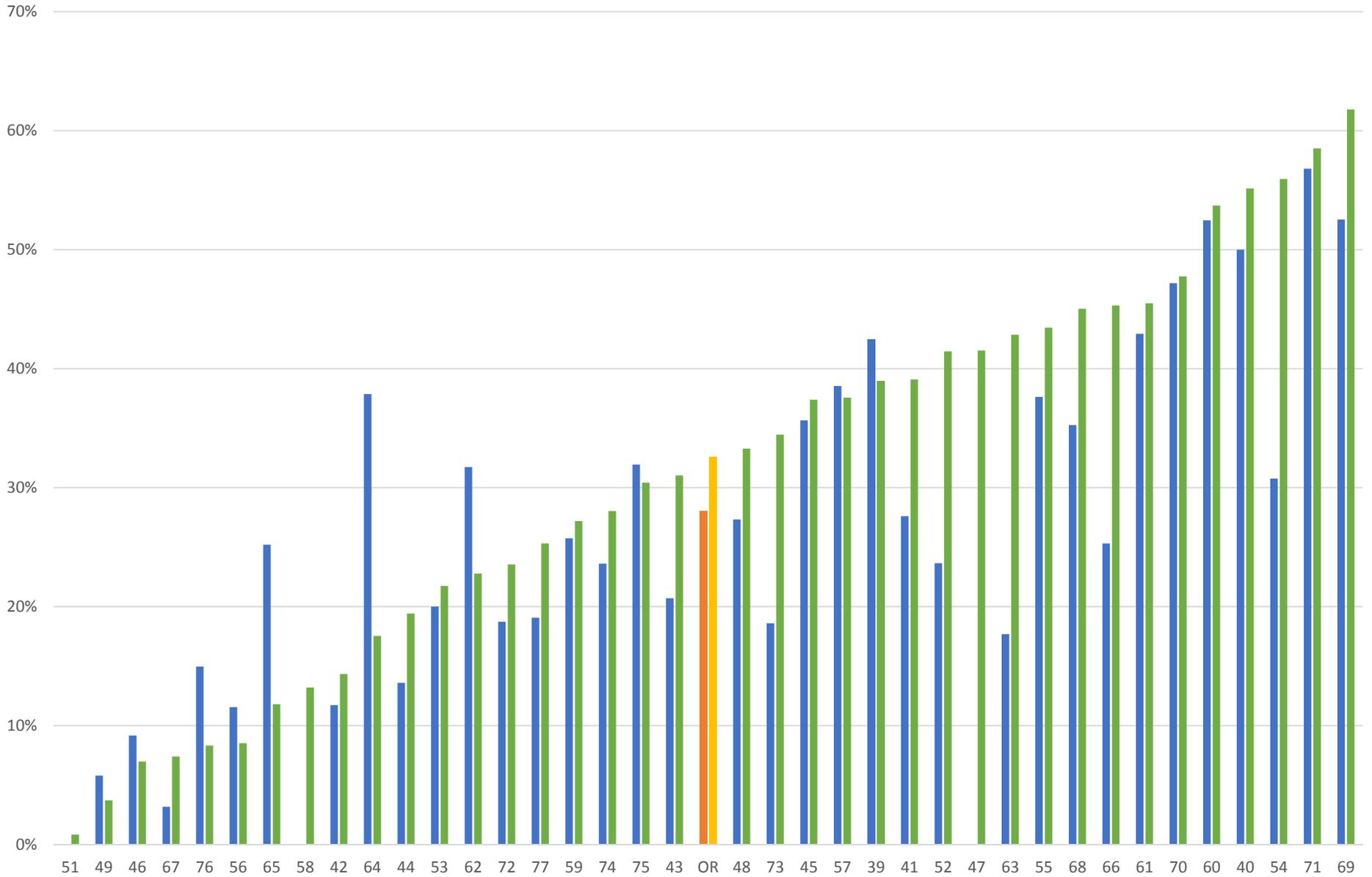


## Change in Immunizations age 5-21: 2014-15 to 2015-16 (SBHCs 1-38)



# Change in Immunizations age 5-21: 2014-15 to 2015-16 (SBHCs 39-76)

■ 2014-15 Imm Rate   ■ 2015-16 Imms Rate



# Beyond Utilization Data

- More than half of our SBHCs are PCPCH-certified (55%)
- New PCPCH report from OHA/PSU...
  - Year 1: PCPCH clinics save the state \$14 PMPM
  - After 3 years: PMPM savings increase to \$28
  - Every \$1 invested → \$13 return
  - <http://tinyurl.com/pcpch>



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*And the awards go to...*



# 2016 SBHC Advocacy Awards

- **Brooke Cottle – Bethel Health Center**
- **Lacey Beaty – Virginia Garcia Memorial Health Center**

# 2016 SBHC Rising Star Awards

- **Lynne Frost – One Community Health**
- **Alisha Southwick – Umatilla County HD**
- **Nicole Lawrence – The Public Health  
Foundation of Columbia County**

# 2016 SBHC Youth Engagement Awards

- *Outside In*
- *Virginia Garcia Memorial Health Center*

# 2016 SBHC Innovation Award

- **School-Based Health Center Program**  
**Multnomah County Health Department**



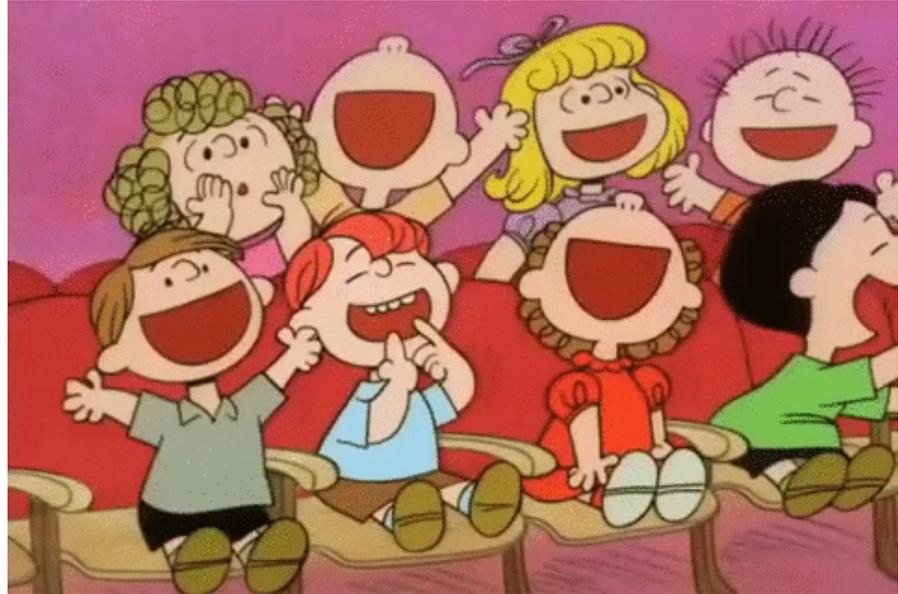
# 2016 SBHC Partnership Awards

- *Baker High School SBHC*
- *Benson Wellness Center*



# 2016 SBHC Well Visit Excellence Awards

- *Lane Middle School SBHC*
- *Monroe Health Center*



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# *“Youth Moment”*

## The Condom Challenge

<https://www.youtube.com/watch?v=s9qe-pf3g2U>

# Making a Compelling Case for Action: Framing & Communications Strategies

Glynis Shea





# Making a Compelling Case for Action: Framing & Communications Strategies

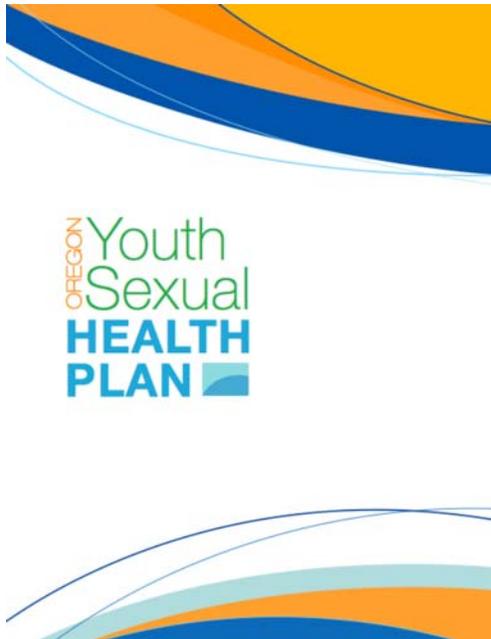
Oregon SBHC Coordinators Meeting

October 22, 2016



**how we talk about what we do  
matters**

# Oregon awesomeness



## Expanding Our Approach

### From Teen Pregnancy Prevention to Sexual Health, Safety and Well-being

As all youth transition into adolescence, they experience important physical, psychological and social changes. It is an exciting time. Youth develop more complex communication and relationship skills, define their identities and engage their communities in new ways. They are actively formulating ideas, attitudes and behaviors related to sexuality.

Historically, most sexual health interventions and sex education curricula focused on the prevention of negative outcomes: unplanned pregnancy, sexually transmitted infections (STIs), sexual violence and abortion. It is important to help young people avoid these outcomes. However, fostering sexual health involves more. For example, the World Health Organization offers a holistic definition with a focus on wellness (see glossary). To foster sexual health we must unequivocally communicate to young people that sexuality is a natural part of human experience.

Central to this effort is the recognition that sexual health outcomes are affected by more than individual decision making. Research indicates that sexual behaviors and outcomes are heavily influenced by structural factors including: (1) poverty and discrimination that can severely compromise family and community support systems; (2) gender inequities and

gender role expectations; and (3) the assumption that everyone is or should be heterosexual. Effective efforts to promote sexual health advance socioeconomic and gender equality, challenge definitions of what it means to be male or female and encourage openness to sexual diversity.

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A logic model is a systematic and visual way to present and share understanding of the relationships among the resources available to operate a program.







LYNX  
UNLEASHED



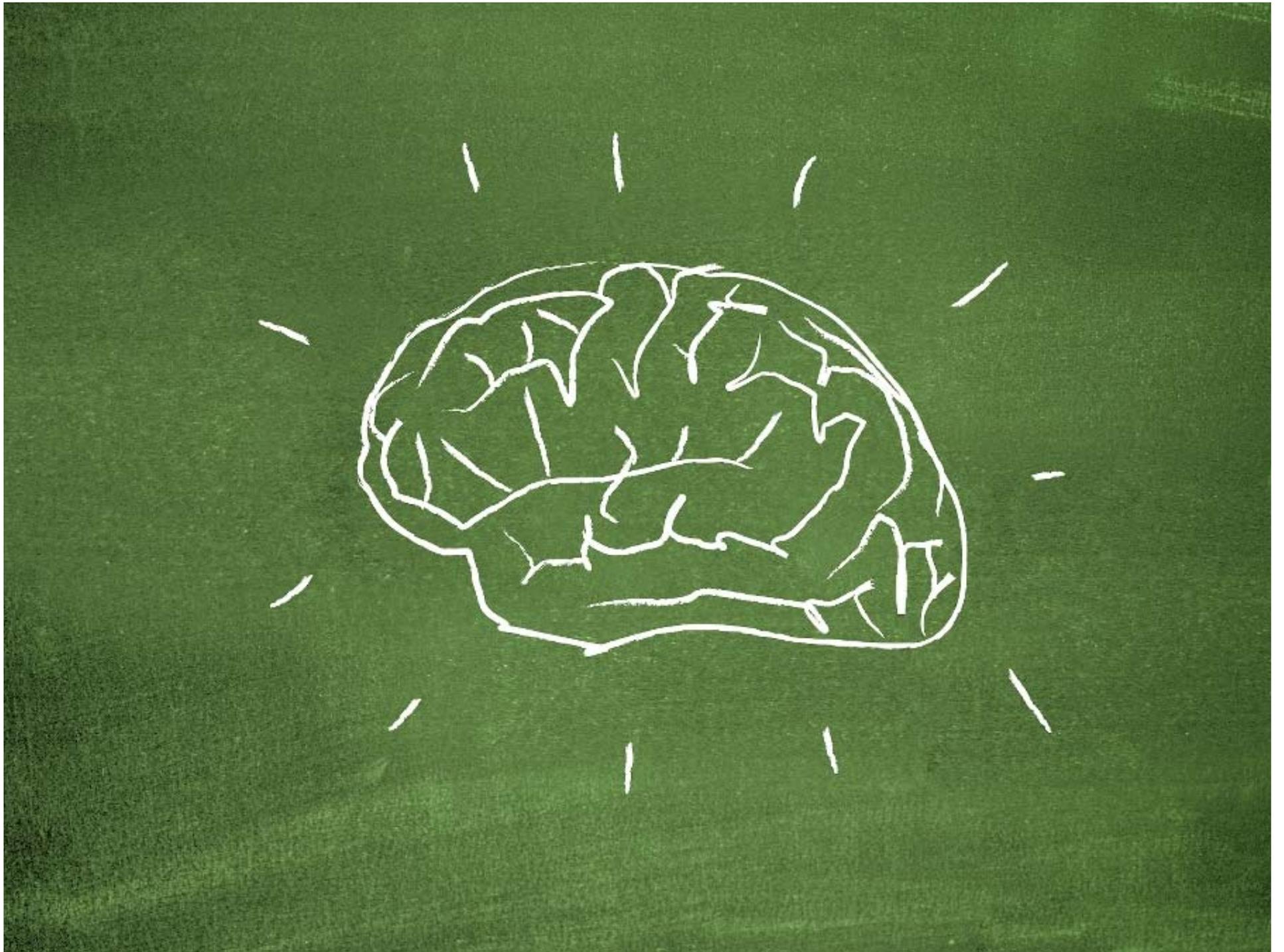
LYNXBASKETBALL.COM







how we talk about what we do matters





Compaq and IBM  
were expected to dominate the  
Pentium® processor PC market.  
The new **HP PCs**  
sure exploded that theory.

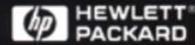
HP introduces the best value  
in Pentium® processor PCs for  
business.

Our 75, 90 and 100MHz HP Vectra  
PCs are priced below Compaq's  
and IBM's compa-  
rable Pentium®  
processor-based  
lines. But HP is  
top of the line when it comes to  
features such as performance,  
reliability and service.

from  
**\$1,639\***

In addition, HP was ranked  
highest in customer satisfaction  
in the 1994 J.D. Power and  
Associates Customer Satisfaction  
Study™ among desktop personal  
computer business users.

Find out why HP PCs are blowing  
away the competition. For more  
information or the name of your  
nearest HP dealer, call us at  
1-800-322-HPVX, Ext. 9337.



\*In Canada, call 1-800-387-5867. \*Average U.S. street price. Monitor not included. HP Vectra PCs come with MS-DOS 6.22 and MS Windows for Windows 3.11 pre-installed. HP image and logo are a U.S. trademark of Hewlett-Packard Company. Pentium and IBM are registered trademarks of Intel Corporation. ©1994 Hewlett-Packard Company. HP-1234

Source: J.D. Power and Associates' 94 Customer Satisfaction Study™. Study conducted among business users and based on 1,339 user responses. MS-DOS is a U.S. registered trademark and Windows is a U.S. registered trademark of Microsoft Corporation.

from  
**\$679\***

HEWLETT  
PACKARD



HP

## fundamental requirements for healthy youth development

Adapted from a position paper written by Dr. Gisela Konopka in 1973 for the federal Department of Health, Education and Welfare.

Youth need the opportunity to:

- Participate as citizens, as members of a household, as workers, and as responsible members of society.
- Gain experience in decision-making.
- Interact with peers, and acquire a sense of belonging.
- Reflect on self in relation to others, and discover self by looking outward as well as inward.
- Discuss conflicting values and formulate one's own value system.
- Experiment with one's own identity, with relationships; try out various roles without having to commit ones' self irrevocably.
- Develop a feeling of accountability in the context of a relationship among equals.
- Cultivate a capacity to enjoy life.



*Dr. Gisela Konopka  
1910 – 2003*

Later, Dr. Konopka added another requirement to the list:

- Participate in the creative arts, to learn self-expression and communicate deep feelings from within.

*Learn more about Dr. Konopka and the Konopka Institute at [www.konopka.umn.edu](http://www.konopka.umn.edu)*

*“I would like to leave as a legacy people who can work with young people with strength, knowledge, imagination and deep caring.”*



State Adolescent Health Resource Center





## SBHC Stories

**Hood River Valley High School,**  
Lynne Frost

**Cascade MS/Bethel,**  
Brooke Cottle

**Century High School,**  
Lacey Beaty

photo: Hood River, Thanks Lynne!

A woman with long brown hair in a ponytail, wearing a white lab coat, is standing at a laboratory workstation. She is looking at a computer monitor that displays a colorful, abstract image. The workstation includes a keyboard and a mouse. In the background, there are laboratory shelves with various items, including a tissue box and some equipment. The overall setting is a clean, professional laboratory environment.

## •Players

- **FrameWorks Institute**
- **Cultural Logic**
- **Public Knowledge**
- **Berkley Media Studies Group**
- **Real Reason**
- **Olson Zaitman/RWJ**

## •Goals

- **ID dominant frames; Strategic Frame Analysis®**
- **ID Idealized Cognitive Models; Cognitive Strategic Initiative®**
- **Reversal Theory®**

## frames and framing

**your brain does it**  
Frames, according to many psychologists, linguists and cognitive scientists, are mental **shortcuts** that are used to facilitate the thinking process.

We use frames to provide categories and a structure to our thoughts.

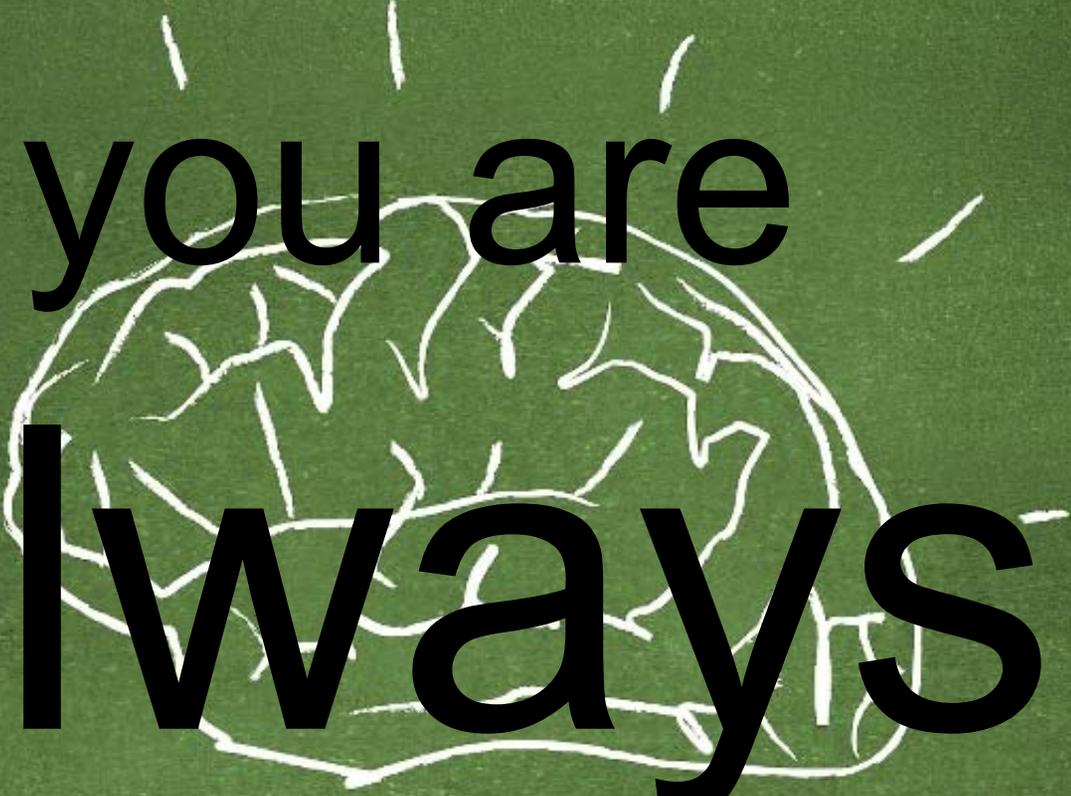
## frames and framing

frame

what is in your head that drives how you think and react

framing

Structuring what you say and how you say it to best work with what is already in someone's head

A white chalk drawing of a brain is centered on a green chalkboard background. The drawing shows the intricate folds and sulci of the cerebral cortex. The text is overlaid on the drawing in a bold, black, sans-serif font.

**you are  
always  
being framed**

sound bit



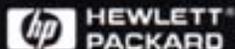
advertising

Think Compaq can beat  
**HP PCs**  
 for network-ready features and prices?  
 Prepare to have that idea  
**shattered.**

You should ask what Compaq means by 'network-ready.' For instance, are their PCs easiest to set up in multivendor networks? Is their management solution industry-standard – and can it manage all brands of PCs, not just their own? Are all management features available under Windows 3.1? Are they free? In HP's case, the answers are all yes.

from  
**\$1,859\***

In addition, HP ranked best overall among desktop personal PC users in the 1994 J.D. Power and Associates Customer Satisfaction Study.<sup>1</sup> So call 1-800-322-HP-PC, Ext. 93071 for more information and the name of your nearest HP dealer. We're more network-ready than anyone.



HP  
 PCs

In Canada, call 1-800-387-2867. \*Average U.S. street price for Pentium® processor-based HP Series 8000 5.75 PC (see 22475). Models not included. All HP desktop PCs come with MS-DOS 5.0 and MS Windows for Workgroups. MS-DOS is a U.S. registered trademark and Windows is a U.S. trademark of Microsoft Corporation. Pentium and the Intel Inside logo are U.S. registered trademarks of Intel Corporation.

Studygroup 1 (1) (unpublished) HP Price and Feature. Source: 1994 J.D. Power and Associates PC Customer Satisfaction Study. Study conducted among business users and based on 1,024 users. ©1994 Hewlett-Packard Company. HP0401





UPRISING



# how?

Share your values  
Talk about development

A close-up photograph of golden wheat stalks against a clear blue sky. The wheat is in sharp focus, showing the texture of the grains and the awns. The background is a solid, clear blue sky.

Lead with values, benefits, context  
(REASON TO CARE)

– NOT a data point



# levels of messages

**Shared  
belief**

**Community  
benefit**

Why should  
they care?

**Category Environment**

What kind of issue are  
we talking about?

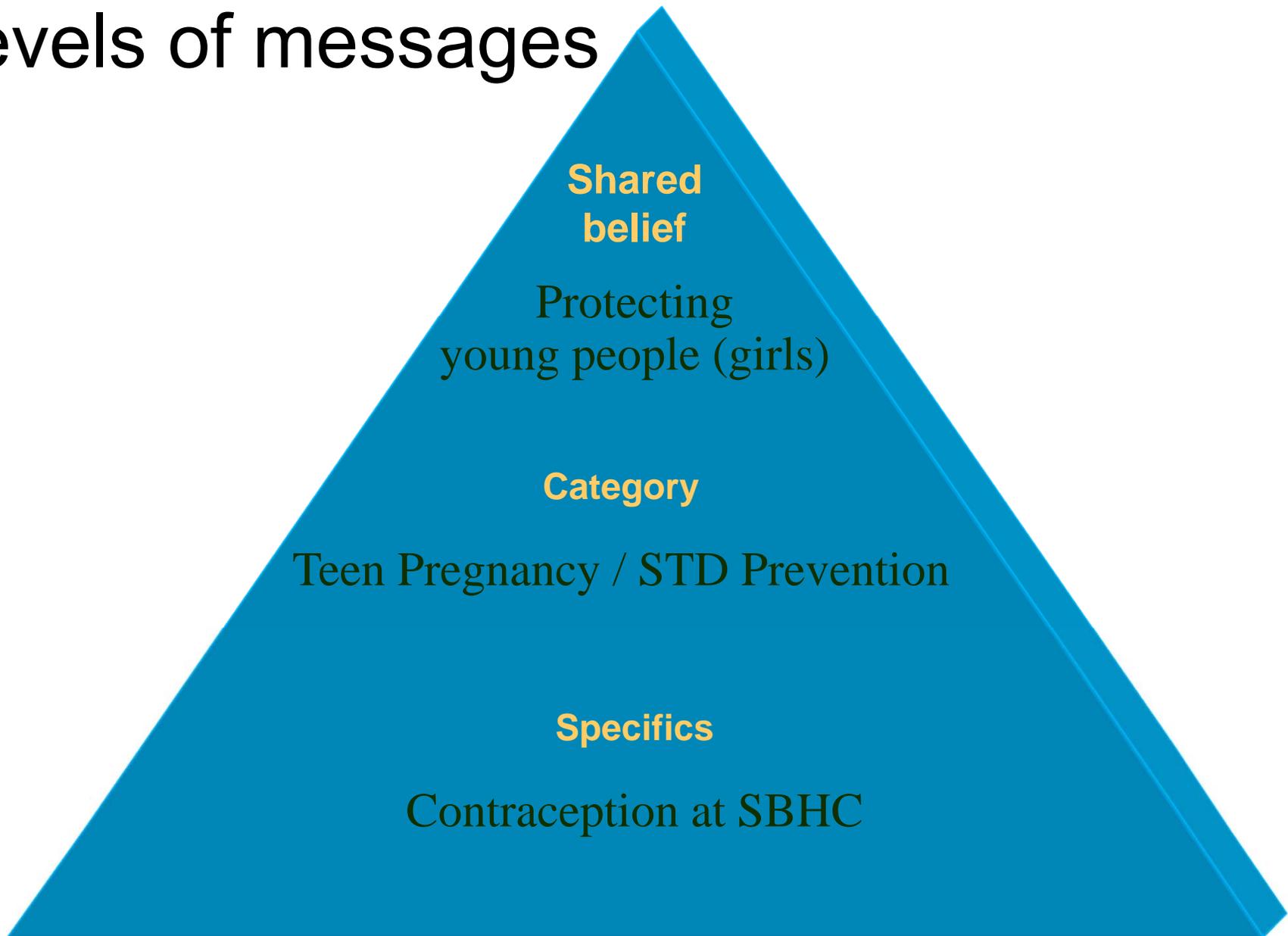
**Specifics**

**Rain forests**

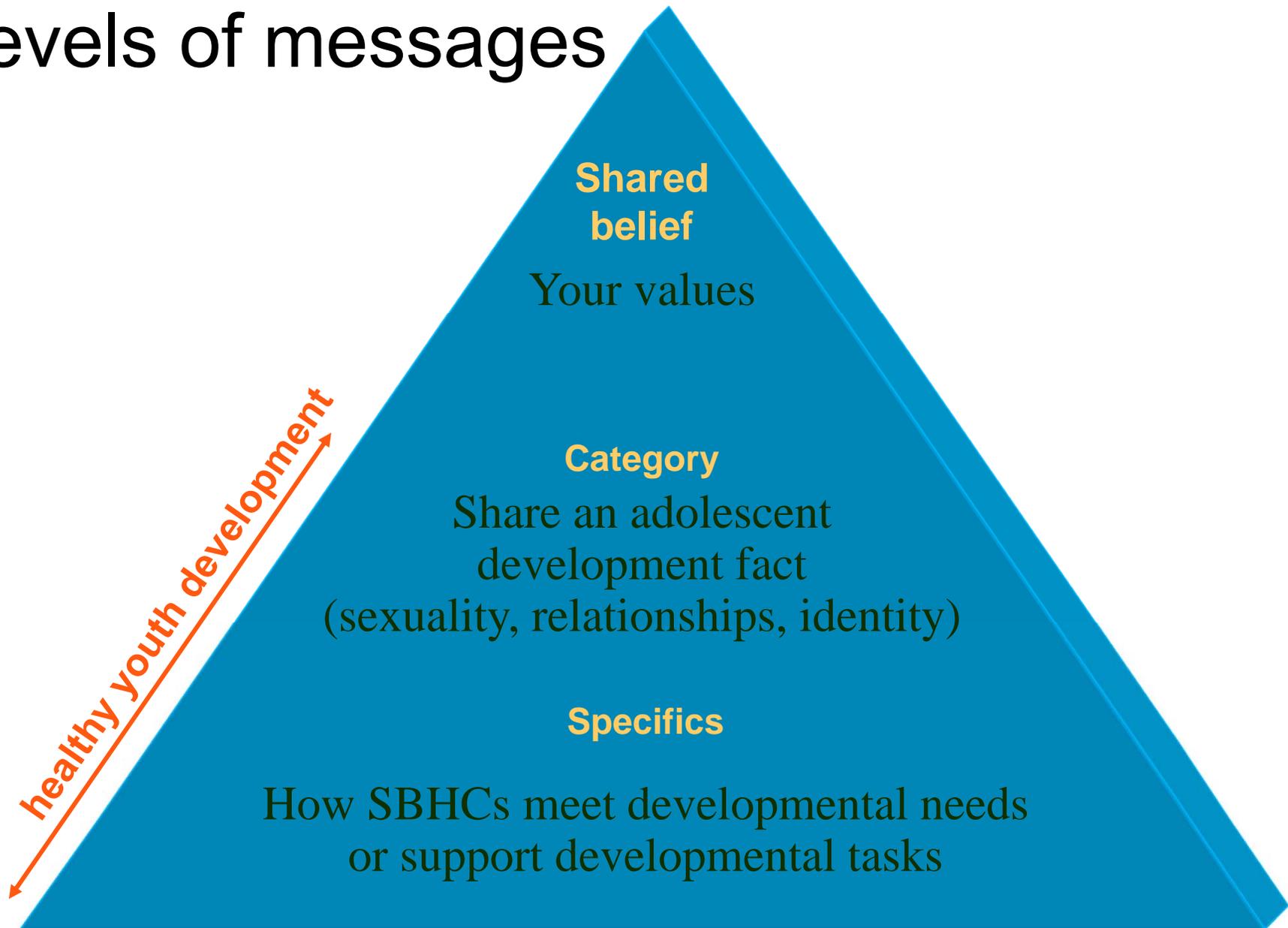
The name and function or focus of your  
specific issue or program

*most of our communications  
controversy and conflict*

# levels of messages

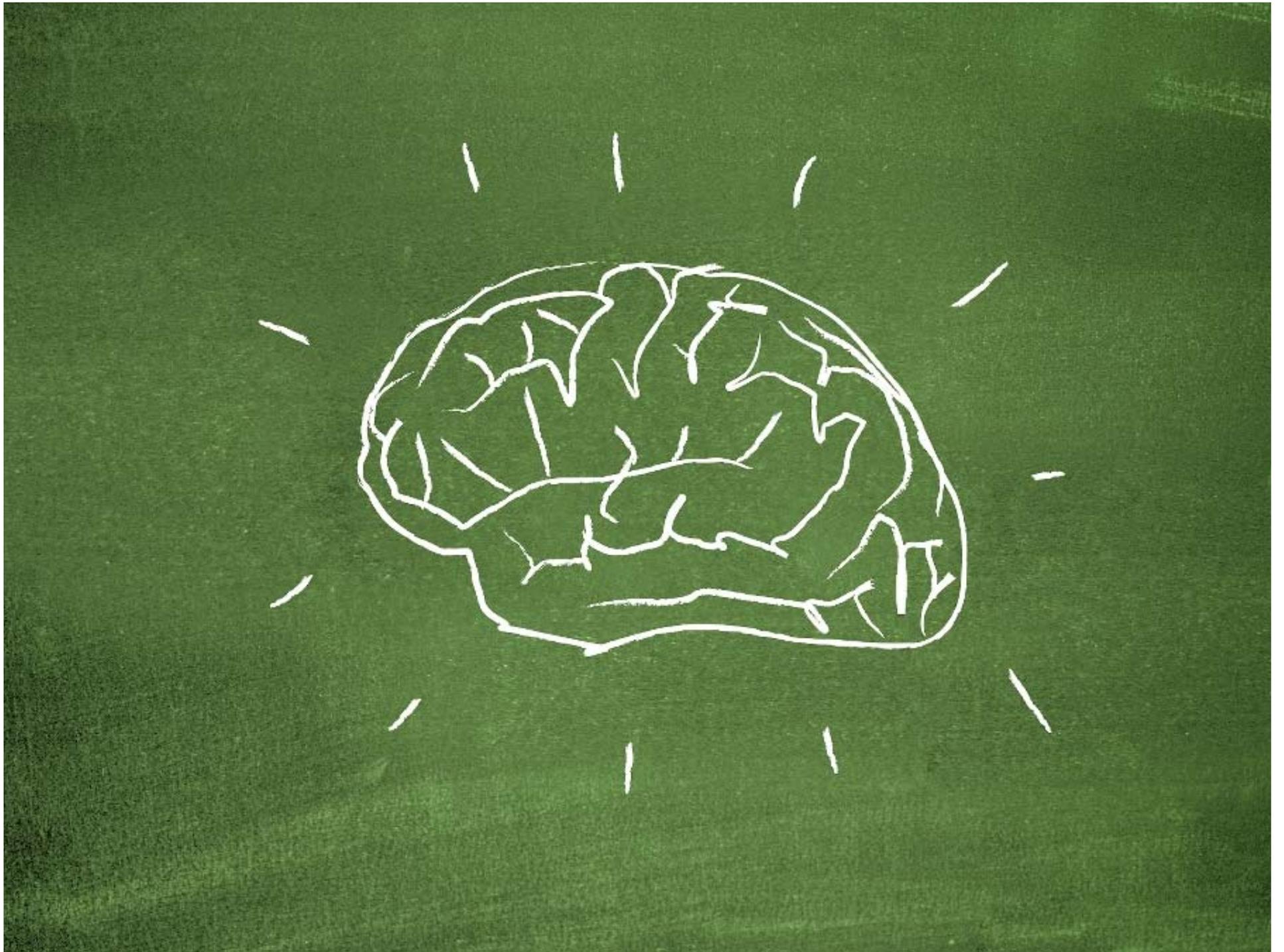


# levels of messages





your values?  
reason your audience will care?





how we talk about what we do matters

J. WALTER  
THOMPSON  
INTELLIGENCE



CULTURE

Gen Z goes beyond  
gender binaries in new  
Innovation Group data

<http://blacklivesmatter.com/>



All youth  
students

Frameworks



# mental shortcuts

Other  
Teen world  
Not MY values

Frameworks



Us-ness  
Share our values  
IN community

Frameworks

# Who is “us” to them?





development



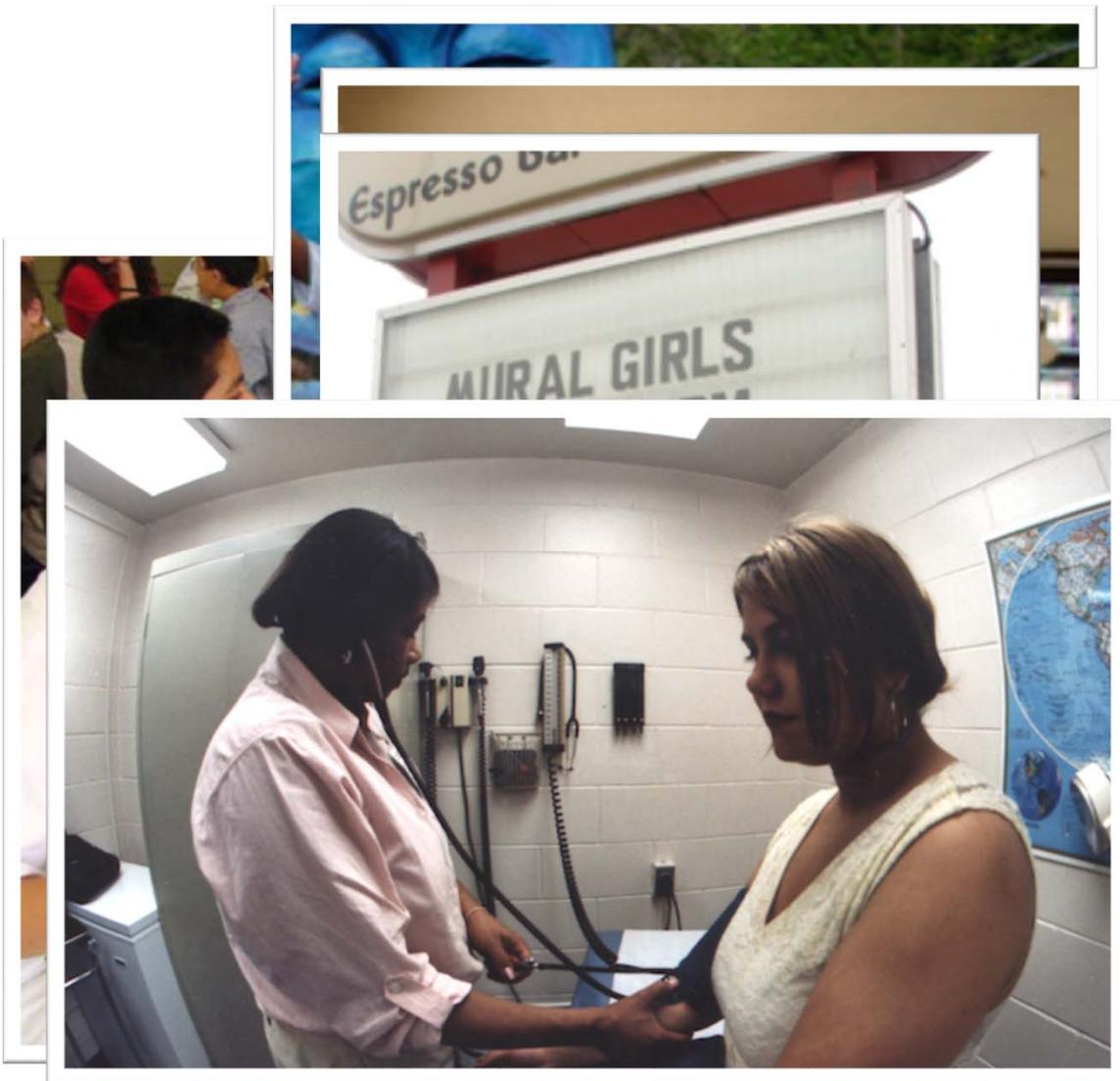
development



development



development



**Prevent adolescent  
risk taking**

VS

**Provide  
developmentally  
appropriate and  
safe  
risk-taking  
opportunities**

**Development, development,  
development**



**The National Campaign**  
to Prevent Teen and Unplanned Pregnancy

**BEDSIDER** **STAYteen.org** *Pregnant Pause*  
blog: TheNationalCampaign.org

 Centers for Disease Control and Prevention  
CDC 24/7: Saving Lives. Protecting People.™

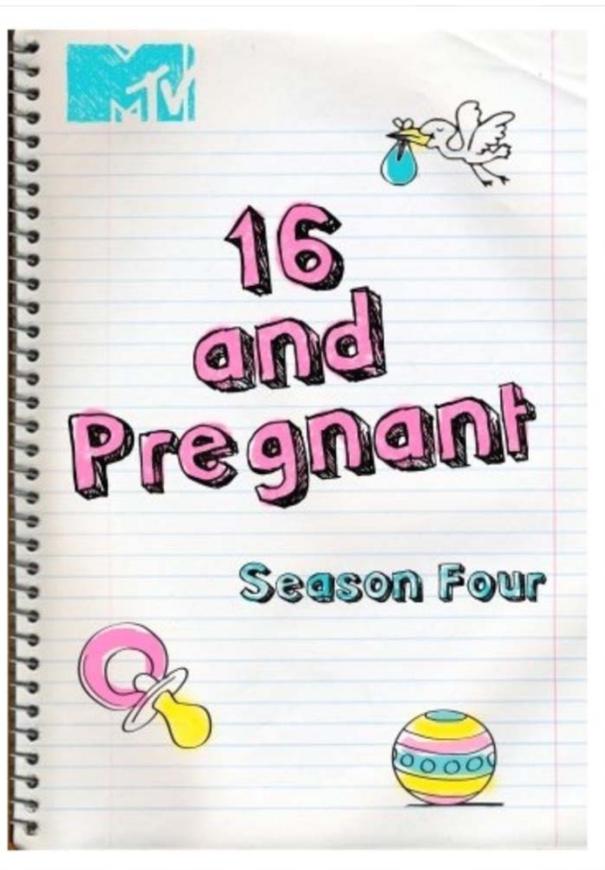
### About Teen Pregnancy

#### Teen Pregnancy in the United States

In 2011, a total of 329,797 babies were born to women aged 15–19 years, for a live birth rate of 31.3 per 1,000 women in this age group.<sup>1</sup> (e-edn1) This is a record low for U.S. teens in this age group, and a drop of 8% from 2010. Birth rates fell 11% for women aged 15–17 years, and 7% for women aged 18–19 years. While reasons for the declines are not clear, teens seem to be less sexually active, and more of those who are sexually active seem to be using birth control than in previous years.<sup>2</sup> (e-edn2)

#### Birth Rates (Live Births) per 1,000 Females Aged 15–19 Years, by Race and Hispanic Ethnicity, 2000–2011

◆ All      ◆ Non-Hispanic White      ◆ Non-Hispanic Black  
 ◆ American Indian/Alaska Native      ◆ Asian/Pacific Islander      ◆ Hispanic



## UD professor: Teens having babies costs U.S. billions

By ALISON KEPNER, The News Journal  
Posted Wednesday, November 15, 2006 at 10:09 am

ON YOUR HEALTH

## ‘Alarming’ number of teenage girls have STDs, first major study finds

At least one in 4 American teens ages 14 to 19 has a sexually transmitted disease. The most common one can

Search here...

Teens Home

Your Body

Your Mind

Sexual Health

Food & Fitness

Recipes

Drugs & Alcohol

Expert Answers

Diseases &

Sex and sexuality  
as fundamentally  
dangerous and harmful

Real Reason



## About Sexually Transmitted Diseases (STDs)

KidsHealth> Teens> Sexual Health> STDs & Other Infections>  
About Sexually Transmitted Diseases (STDs)

AAA  
Text Size Print

► **What's in this article?** (click to view)

- [How STDs Spread](#)
- [Preventing and Treating STDs](#)
- [More Information](#)

Safety and protection  
vs.  
Developmental support

The screenshot shows the ADPH website header with the logo and navigation menu. The main content area features a banner for Adolescent Pregnancy Prevention with a group of diverse young people. Below the banner is the APPB logo and a detailed description of the branch's mission and activities. Three small images on the right side of the text illustrate different aspects of adolescent health and education.

**ADPH**  
Alabama Department of Public Health

Contents A-Z | Contact Us | Help/FAQ | Log In | Search

facebook | [Social Media Icons] | YouTube

About Public Health | Certificates, Licenses & Permits | Careers | Laws & Regulations | News | Programs & Services | Publications | Calendar

**TEEN PREGNANCY PAGES**

ADPH Home  
APPB Home

**Adolescent Pregnancy Prevention**

**APPB**  
ADOLESCENT PREGNANCY PREVENTION BRANCH

The Adolescent Pregnancy Prevention Branch (APPB) works to reduce the incidence of unplanned pregnancies and sexually transmitted infections (STIs) among teens in Alabama. This is made possible through federal grants awarded to the Alabama Department of Public Health. Through these grants, funding is made available to local community organizations to assist in these efforts in their communities. The APPB also partners with [The Alabama Campaign to Prevent Teen Pregnancy \(ACPTP\)](#) and other organizations throughout the state in a collaborative relationship to promote healthy decisions among young people.

Adolescents are in a unique period in the life cycle between childhood and adulthood. Developmentally, they face many challenges, including choices that impact them for a lifetime. One such choice is the decision to become sexually active, which may lead to pregnancy and sexually transmitted infections, including HIV/AIDS. Many of these lifestyle choices are affected by physiological challenges that can make healthy decision making difficult. Read more about [Adolescent Health](#).



A young man and woman are shown in a close embrace, smiling warmly. The man is wearing a red cap and a red hoodie, and the woman is wearing a red hoodie. They are positioned in front of a light-colored wall with a dark pipe running across it. The overall mood is affectionate and intimate.

Adolescents are incapable

Real Reason



**Adolescents are  
sex-crazed and swept  
away by hormones**

vs.

**Adolescents are  
adjusting to sexually  
maturing bodies and  
feelings**



**We keep them healthy;  
protect them**

**VS.**

**They learn healthy behaviors;  
make healthy choices**

## Expanding Our Approach

### From Teen Pregnancy Prevention to Sexual Health, Safety and Well-being

As all youth transition into adolescence, they experience important physical, psychological and social changes. It is an exciting time. Youth develop more complex communication and relationship skills, define their identities and engage their communities in new ways. They are actively formulating ideas, attitudes and behaviors related to sexuality.

Historically, most sexual health interventions and sex education curricula focused on the prevention of negative outcomes: unplanned pregnancy, sexually transmitted infections (STIs), sexual violence and abortion. It is important to help young people avoid these outcomes. However, fostering sexual health involves more. For example, the World Health Organization offers a holistic definition with a focus on wellness (see glossary). To foster sexual health we must unequivocally communicate to young people that sexuality is a natural part of human experience.

Central to this effort is the recognition that sexual health outcomes are affected by more than individual decision making. Research indicates that sexual behaviors and outcomes are heavily influenced by structural factors including: (1) poverty and discrimination that can severely compromise family and community support systems; (2) gender inequities and

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## 10 Tasks of Adolescence

### **TASK 1:**

Adjust to sexually maturing bodies and feelings

### **TASK 2:**

Develop and apply abstract thinking skills

### **TASK 3:**

Develop and apply a more complex level of perspective taking

### **TASK 4:**

Develop and apply new coping skills (e.g. decision making, problem solving, conflict resolution)

### **TASK 5:**

Identify meaningful moral standards, values, and belief systems

### **TASK 6:**

Understand and express more complex emotional experiences

### **TASK 7:**

Form friendships that are mutually close and supportive

### **TASK 8:**

Establish key aspects of identity

### **TASK 9:**

Meet the demands of increasingly mature roles and responsibilities

### **TASK 10:**

Renegotiate relationships with adults in parenting roles

During adolescence, young people are adjusting to sexually maturing bodies.

Our job as adults is to support their development by providing youth-centric, quality health care at SBHCs

Which of these intersect with sexual health?



sexting

# connect/values

Right? This is the kind of thing that really gets my attention because ... vital to MN and our future.

# context

Of course they aren't the only ones doing it, are they?

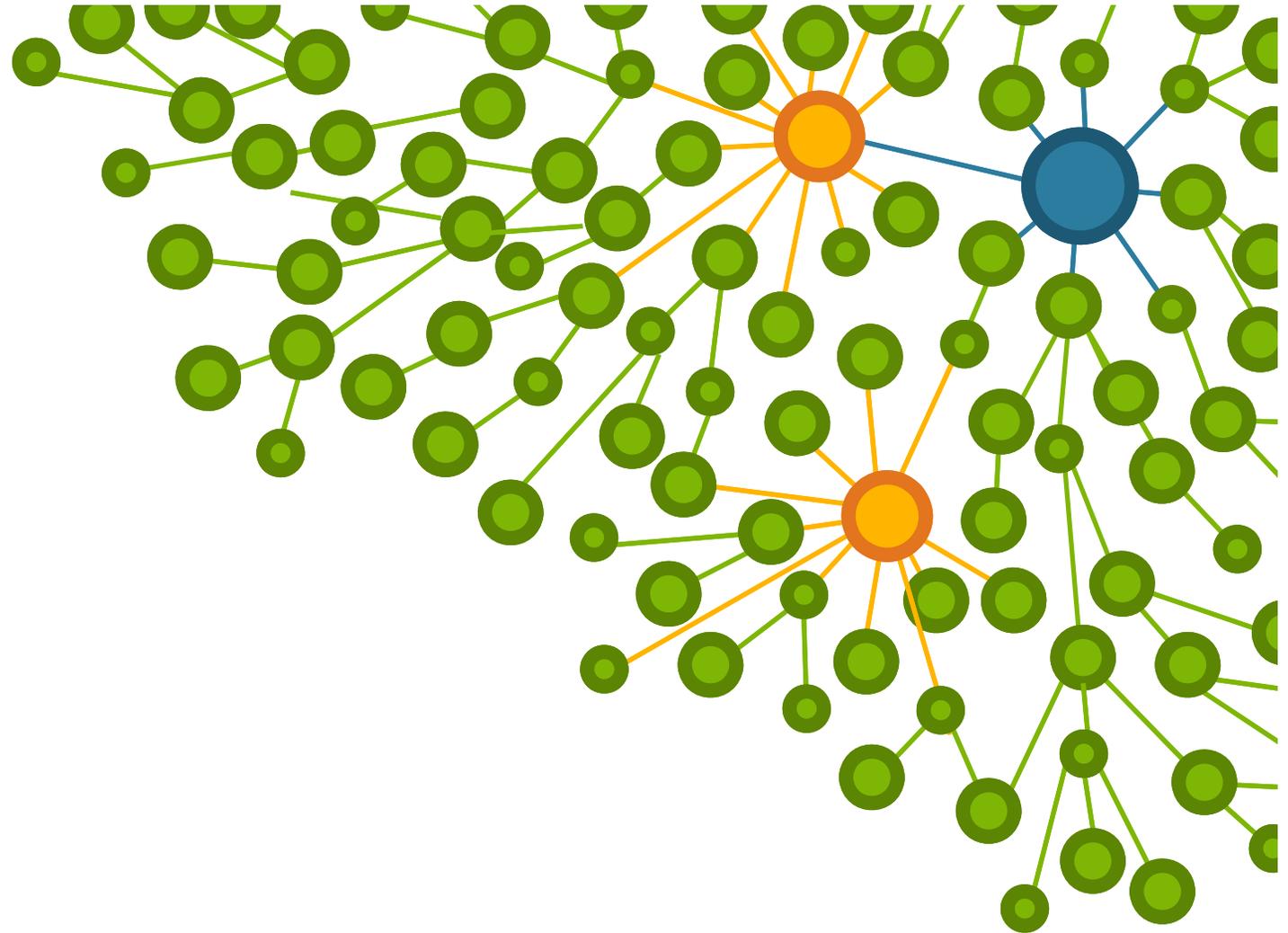


The screenshot shows a Wikipedia article page. On the left is the Wikipedia logo and navigation menu. The main content area has a title 'Anthony Weiner sexting scandal' and a sub-header 'From Wikipedia, the free encyclopedia'. The article text begins with 'The Anthony Weiner sexting scandal, also dubbed Weinergate, began when Democratic U.S. Congressman Anthony Weiner used the social media website Twitter to send a link to a sexually suggestive picture to a 21-year-old woman from Seattle, Washington. After several days of denying media reports that he had posted the image, he admitted to having sent a link to the photo, and also other sexually explicit photos and messages to women both before and during his marriage. He denied ever having met, or having had a physical relationship with any of the women. On June 16, 2011, Weiner announced his intention to resign from Congress.' To the right of the text is a portrait of Anthony Weiner with the caption 'Former Congressman Weiner'. Below the text is a 'Contents' table of contents with 7 items: 1 Initial media reports and Weiner's denial, 2 Admission, 3 Later events, 4 Political and constituent reaction, 5 Resignation, 6 Special election, 7 See also.

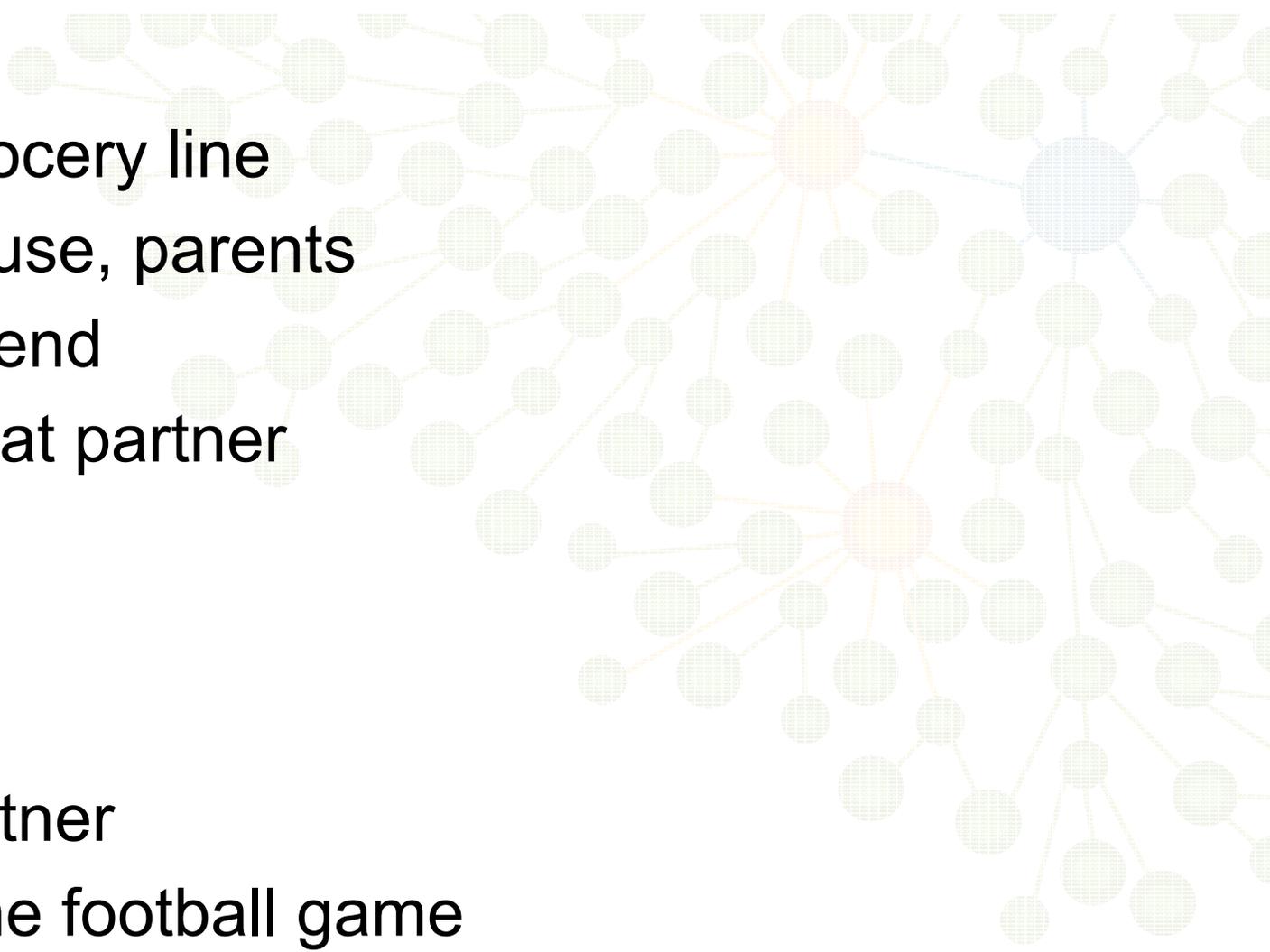
wellness council?



condoms at the SBHC

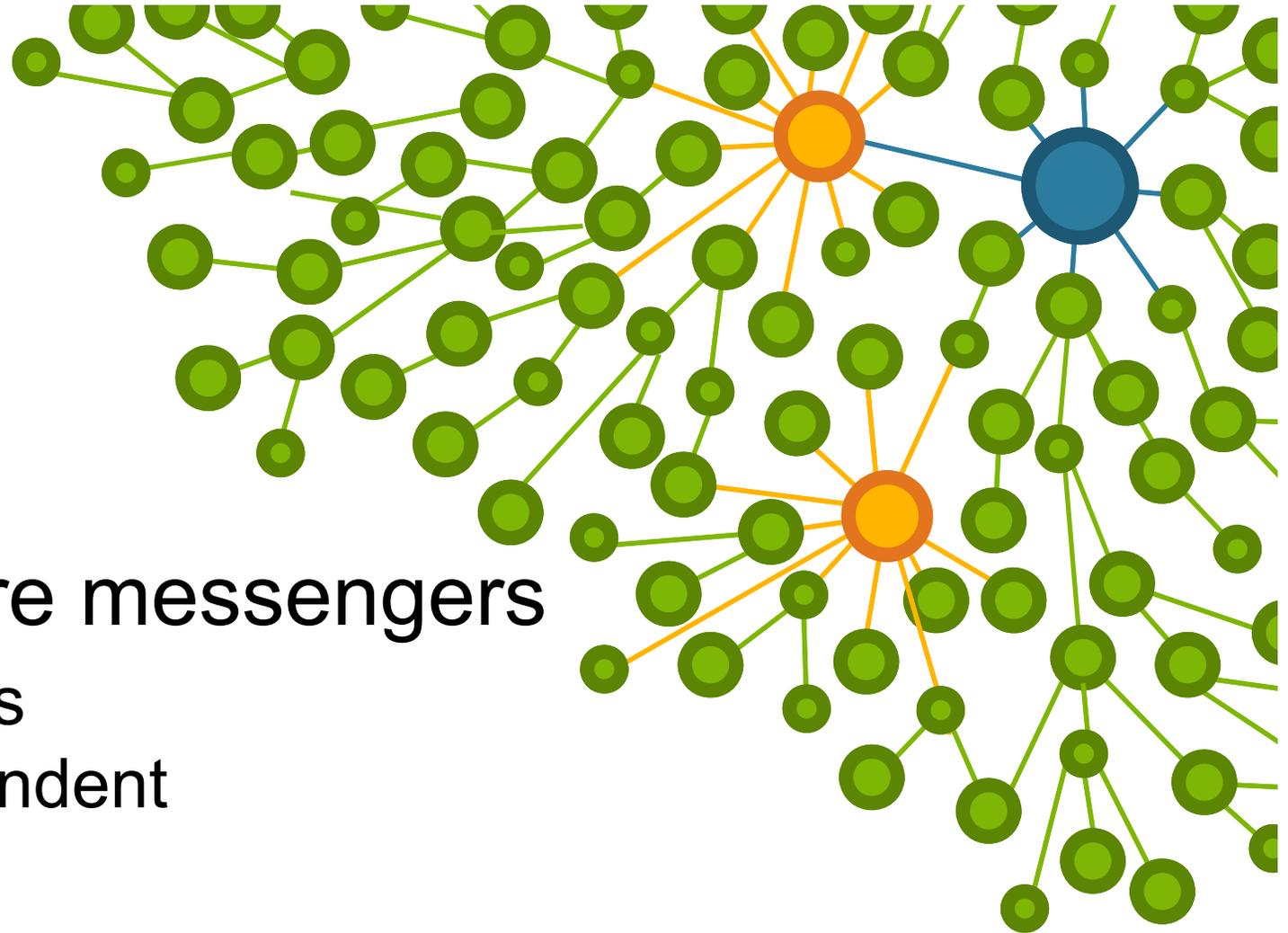


talking about what we do matters



Waitress  
People in grocery line  
Partner, spouse, parents  
Roommate, friend  
Bus/Train seat partner  
Co worker  
Boss  
Teachers  
Program partner  
Parents at the football game  
Barista  
Hair stylist  
Coaches  
VIP at event

**When? With whom?**



## Make more messengers

50 parents

Superintendent

Principal

PTA

Coaches

Student Council



SBHC Stories

**Hood River Valley High School,**  
Lynne Frost

**Cascade MS/Bethel,**  
Brooke Cottle

**Century High School,**  
Lacey Beaty

*listen for:*

values

messengers

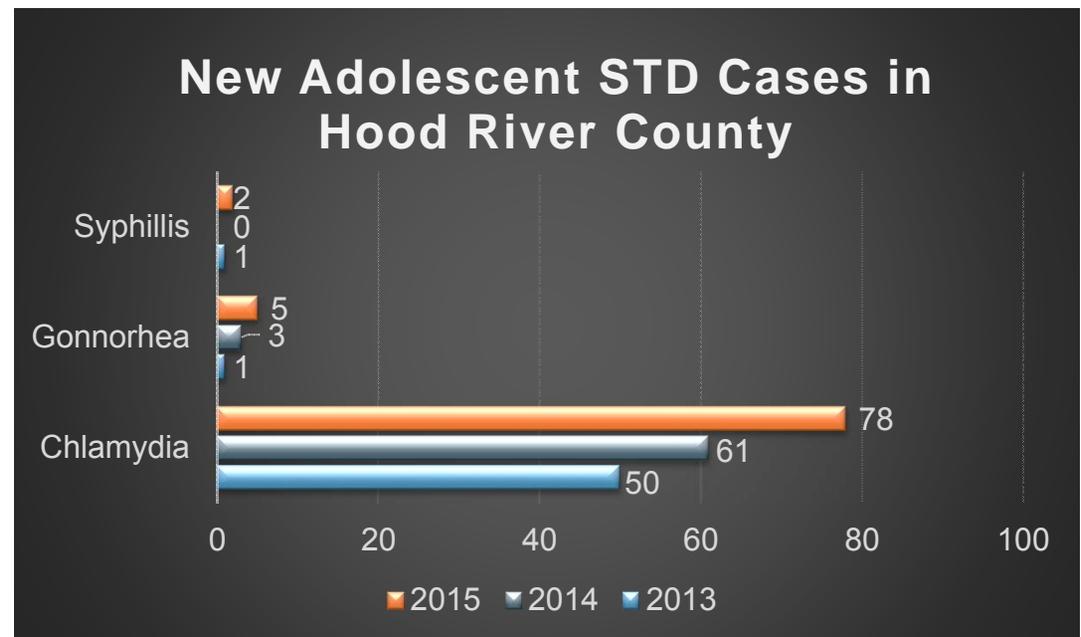
process

photo: Hood River, Thanks Lynne

# SBHC Stories

## Hood River Valley High School

- Operated by One Community Health (federally qualified health center)
- Opened in 2014, now in 2<sup>nd</sup> year of operations.
- Coord: Lynne Frost



data

# SBHC Stories

## Cascade MS/Bethel

- Operated by Bethel School District and Peace Health
- Opened in 2011
- Coord: Brooke Cottle



equity frame

# SBHC Stories

## Century High School

- Operated by Virginia Garcia Memorial Health Center (VG)
- Opened in 2013
- Coord: Lacey Beaty



family bubble





Oregon  
**SBHC**  
School-Based Health Centers

Oregon  
**Health**  
Authority

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# State Oral Health Program

## Current Oral Health Activities



PUBLIC HEALTH DIVISION  
Center for Prevention & Health Promotion

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# OHA Oral Health Structure

## OHA Health Policy & Analytics Division

- Bruce Austin, DMD, LMT: State Dental Director
- Amanda Peden, MPH: Policy Analyst
- Sarah Bartelmann, MPH: Metrics Manager (CCO Metrics)

## OHA Health Systems Division

- Vacant: Operations & Policy Analyst (Medicaid)

## OHA Public Health Division – Oral Health Program

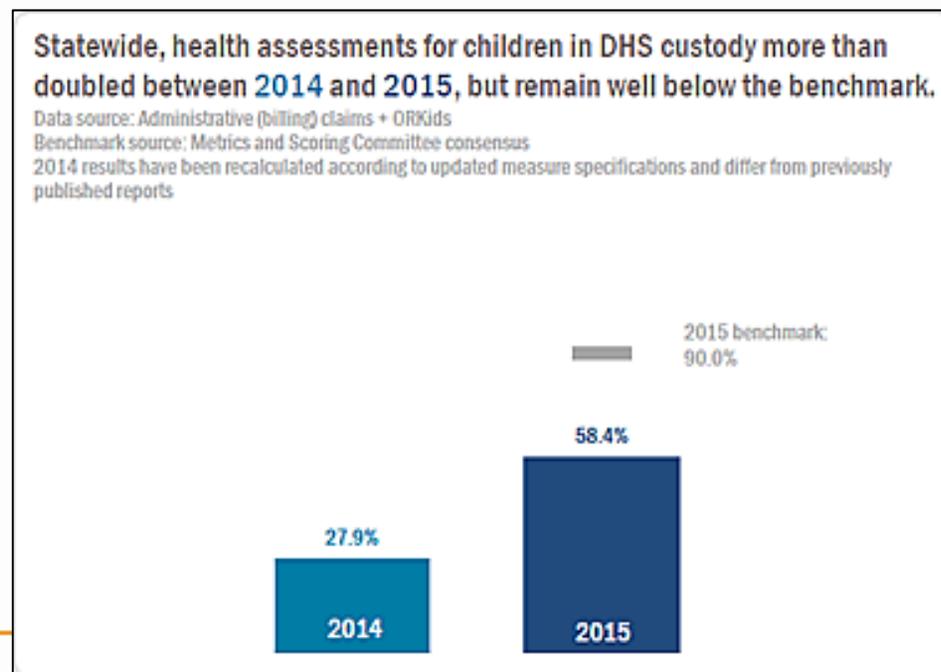
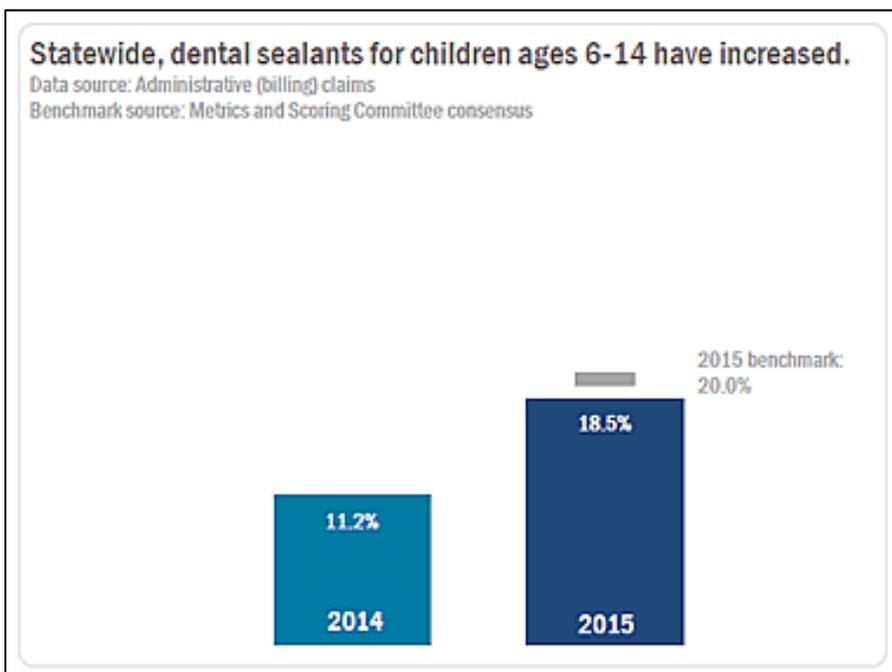
- Cate Wilcox, MPH: Section Manager for Maternal & Child Health
- Amy Umphlett, MPH: Operations & Policy Analyst
- Laurie Johnson, DHSc, MA, RDH: Program Analyst
- Sarah Kowalski, BA, RDH: Dental Pilot Project Coordinator
- Kelly Hansen, BA: Research Analyst
- Nisreen Pedhiwala, MS: Research Analyst
- Rhiannon Simon, MPH: Public Health Educator
- Mauri Mohler, BA: Administrative Support

# State Oral Health Program

- Administers the School Oral Health Programs:
  - School Fluoride Tablet & Rinse Program
  - Statewide School-based Dental Sealant Program
- Implements a HRSA oral health workforce grant.
- Manages the Dental Pilot Project Program (innovation).
- Maintains the Oregon Oral Health Surveillance System.
  - Oregon Smile Survey & Healthy Growth Survey
- Strategic planning and policy work:
  - State Health Improvement Plan 2015-2019
  - Strategic Plan for Oral Health in Oregon: 2014-2020
  - Maternal & Child Health Title V Block Grant

# CCO Incentive Metrics for Dental

- Children ages 6-9 and 10-14 who received a sealant on a permanent molar tooth.
- Mental, physical, and dental health assessments within 60 days for children in DHS custody.



# HB 2972 Dental Screenings

- Requires public school students 7 years of age or younger and who are beginning an educational program (new student) for the first time to have dental screening.
- School districts are not required to perform dental screenings.
- School districts must:
  - Collect certification forms that indicate a dental screening has been performed.
  - Provide dental resources and information.
  - Report to the ODE by October 1<sup>st</sup> the percentage of new students who fail to submit dental screening certificate.
- More information can be found online at the ODE website:  
<http://www.ode.state.or.us/search/page/?=5525>

# SB 660 Mandatory Certification

- Requires every Local School Dental Sealant Program to be certified before dental sealants can be provided in a school setting.
- Final administrative rules, OAR 333-028-0300 – 333-028-0350, can be found online at: [www.healthoregon.org/sealantcert](http://www.healthoregon.org/sealantcert)
- OHA has implemented a process for initial certification, verification site visits, and recertification. A program can be deemed:
  - Certified
  - Provisionally Certified
  - Denied

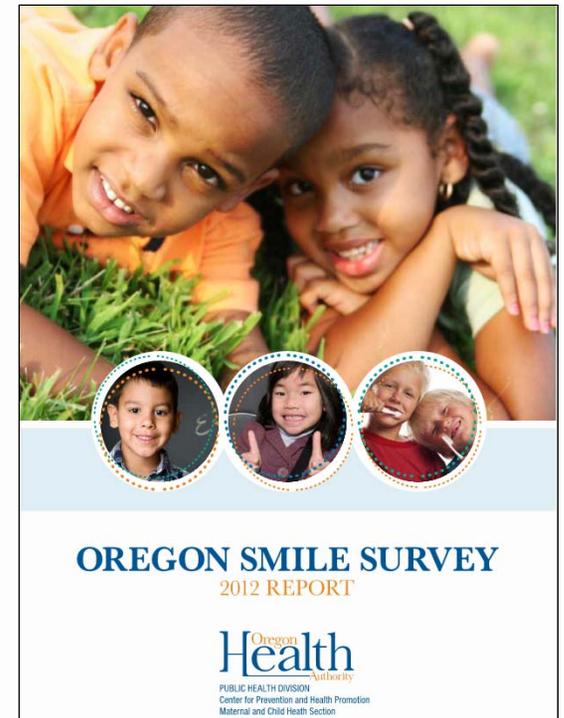


# SB 660 Mandatory Certification

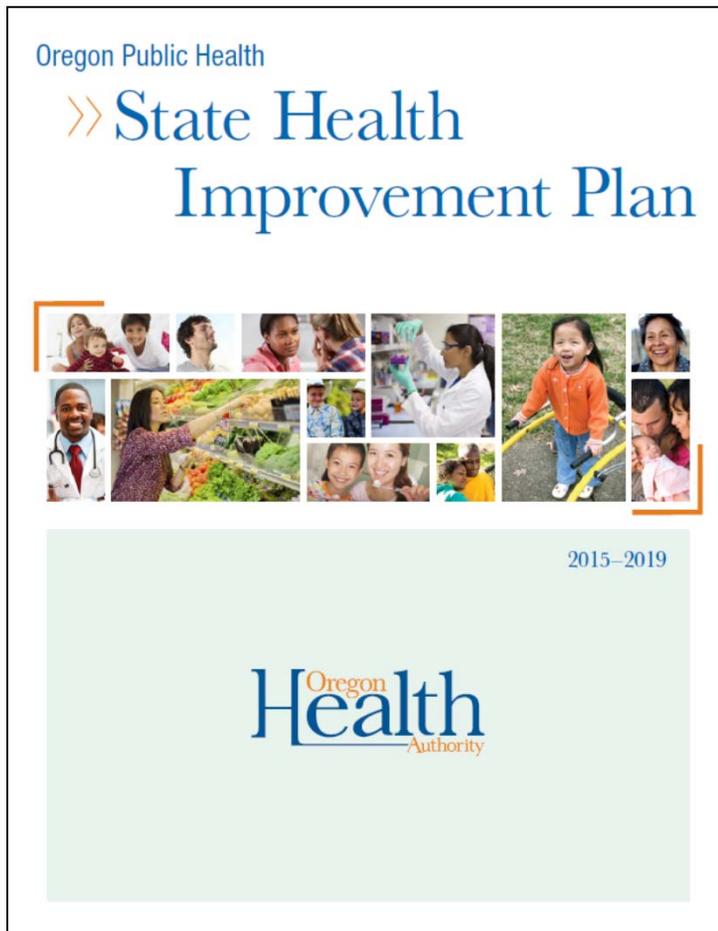
- CCOs are being engaged to prevent duplication of services.
- 2016-17 school year:
  - 19 programs have applied so far
  - 17 certified; 1 provisionally certified; 1 undetermined
- Over 750 schools are being served.
- Some FQHCs are operating school dental sealant programs to “feed” into their system of care at a FQHC or SBHC.
  - La Clinica
  - Multnomah County Health Department
  - Siskiyou Community Health Center
  - Virginia Garcia Memorial Health Center

# 2017 Oregon Smile & Healthy Growth Survey

- Public health data collection tool to monitor the oral health and overweight/obesity status of Oregon children in 1-3 grades.
- The survey is the only one of its kind for Oregon children.
- Collecting data during the 2016-17 school year.
  - Oral health screening
  - Height and weight measurements
- Currently seeking school participation.



# PHD State Health Improvement Plan (SHIP)



## Seven health priorities:

- Prevent and reduce tobacco use
- Slow the increase of obesity
- **Improve oral health**
- Reduce harms associated with alcohol and substance use
- Prevent deaths from suicide
- Improve immunization rates
- Protect the population from communicable diseases

# SHIP – Oral Health

## 3 Priority Targets:

- Third graders with cavities in their permanent teeth
- Adolescents with one or more new cavities identified during a dental visit in the previous year
- Prevalence of older adults who have lost all their natural teeth

>> Improve oral health



# SHIP Oral Health Strategies

- 9 different strategies to improve oral health.
  - Enhance oral health services through community clinics, including SBHCs
- Number of school-based health centers that provide routine access to a dental provider on site:
  - 7.4% in 2014
  - 19.7% in the 2015-16 school year (15 SBHCs)
  - Our 2020 target was 17%
- While 15 out of 76 SBHCs is a good start, there is a lot of room for improvement.

# Integrating Oral Health Into SBHCs

- Hosting a webinar that describes how oral health can be integrated into an existing SBHC delivery system.
  - TBD: first quarter of 2017
- Promote the integration of oral health services during adolescent well visits and sports physicals.
  - Different levels of integration
  - Delivering dental care to the Medicaid population
  - Medicaid reimbursement rules
- Ensure that dental services are utilized in SBHCs that have a dental operator.

# Any Questions?

## Contacts

Amy Umphlett

Oral Health Operations & Policy Analyst

(971) 673-1564

[amy.m.umphlett@state.or.us](mailto:amy.m.umphlett@state.or.us)

Laurie Johnson

School Oral Health Programs Coordinator

(971) 673-0339

[laurie.johnson@state.or.us](mailto:laurie.johnson@state.or.us)



PUBLIC HEALTH DIVISION  
Center for Prevention & Health Promotion

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Oregon  
**Health**  
Authority

---

# Oregon Immunization Program Updates



Rex Larsen, VFC Program Coordinator

Oregon  
Health  
Authority

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**First, a quick question.**

**How many of you have been in your  
positions for less than a year?**

# VFC Program Updates and Tips

# VFC Helpdesk

971-673-4VFC

- We now have a VFC Helpdesk that will be answering all of your customer service questions
- This should mean quicker answers to your questions
- Our goal is to help you out while you are on the phone
- If you'd prefer an email address, we'll roll that out sometime in the next month

# Enrolling with VFC...

- SBHCs are exempt from our waitlist!
- Visit our enrollment site and complete the checklist that you find there (the easiest way to find it is to Google “Oregon VFC Enrollment”)
- Send your completed materials to Jennifer Steinbock at [jennifer.steinbock@state.or.us](mailto:jennifer.steinbock@state.or.us) to begin the enrollment process
- One of our amazing Health Educators will contact you to schedule a visit
- The sooner you contact us to enroll, the sooner we can get you enrolled!

# New Face of the VFC Site Visit Team

- We have officially transitioned our site visiting crew to Compliance specialists and have 4 new faces in the VFC program
- Our friendly site visitors are Gaby, Marc, Gil, and Isabel
- I'm sure you'll all get a chance to meet them in the next year or so, they're super helpful



# ALERT IIS Updates and Tips

# ALERT IIS Helpdesk

800-980-9431

- Most of you know about the ALERT Helpdesk already...
- But did you know that the hours have been updated?
- New hours are 9:00 am til 4:00 pm
- If you have a question about how to do something in ALERT IIS, the helpdesk would love to hear from you

# ALERT Training

- Many of you have taken the basic user training from ALERT...
- But did you know that there are many other trainings that might make your job much, much easier?
  - Inventory training
  - Ad hoc report training
  - Accountability report training
  - Training on running rates in ALERT IIS
  - Reminder/recall training
- The training link is on the login screen!



# ALERT Immunization Information System

[HOME](#)[FORMS](#)[RELATED LINKS](#)[TRAINING](#)Production Region  
\*\*\*\*\*Org Code: Username: Password: 

\*\*\*\*\*  
DO NOT ATTEMPT TO  
LOG ON UNLESS YOU  
ARE AN AUTHORIZED  
USER.  
\*\*\*\*\*

## Hot Topics

[HT-1](#) [HT-2](#)

### NOTICE: ALERT IIS Help Desk Changes

*Posted on 11/18/2015*

Starting immediately, ALERT IIS Help Desk hours of operation are Monday - Friday from 9:00 a.m. to 4:00 p.m.

If you are having problems with your login, please use the *Forgot Password?* button, located on the left-side of the screen, to reset your own password. [Click here](#) for a step by step guide to using this feature.

**ALERT IIS Help Desk**  
800-980-9431  
[alertiis@state.or.us](mailto:alertiis@state.or.us)

If you are a new user contact your organization's Super User for information.

If you are from an organization requesting access for the first time, please contact the ALERT IIS Help Desk.

To register for an IIS training, click on the link below, then click For Providers and click on the training you want to register for.

[ALERT IIS Training](#)

This site will work optimally for users logging in with Internet Explorer browsers versions 6, 7, or 8. If you are using alternate browsers and experience display issues, please consider switching to Internet Explorer.

- [About ALERT Immunization Information System](#)
- [Disclaimer](#)
- [Contact Us](#)

# General Program Updates

# Quarterly New Staff Orientations

- We are now hosting quarterly in person day-long trainings for new staff that will be vaccine coordinators in their clinics!
- The next training is for public clinics – that is most of you guys
- The training is on **January 12<sup>th</sup>**
- We'll announce it on our listserv about a month in advance

# Immunize Oregon Mini Grants

- Do you have an immunization related project that you need some funding for?
  - Projects should support the improvement of immunization rates, reach underserved populations, or advance the use of evidence based practices
  - They can be used to pay for equipment purchases
  - Maximum of \$4,000 dollars per site
- Start brainstorming how you'd like to improve rates, access, and equity to immunizations in your SBHC
- Keep an eye out for a listserv message early in November, we'd love to see some applications from SBHCs

# General Immunization Updates

- BIG NEWS!
- ACIP has approved a 2 dose schedule for adolescents who initiate HPV vaccination before their 15<sup>th</sup> birthday
- What does this mean for you?
- Well, it means we have to wait for more information
- Keep your eyes peeled for an updated standing order from us to answer your questions...

<https://public.health.oregon.gov/PreventionWellness/VaccinesImmunization/ImmunizationProviderResources/Pages/stdgordr.aspx>

## Now the question you've all been wanting to ask...

How do I register for your listserv, it sounds like a lot of things get announced there?

Send me an email and I'll sign you up.

Or if you are independently minded, public clinics can sign up here:

<http://listsmart.osl.state.or.us/mailman/listinfo/orshots>

Private clinics here:

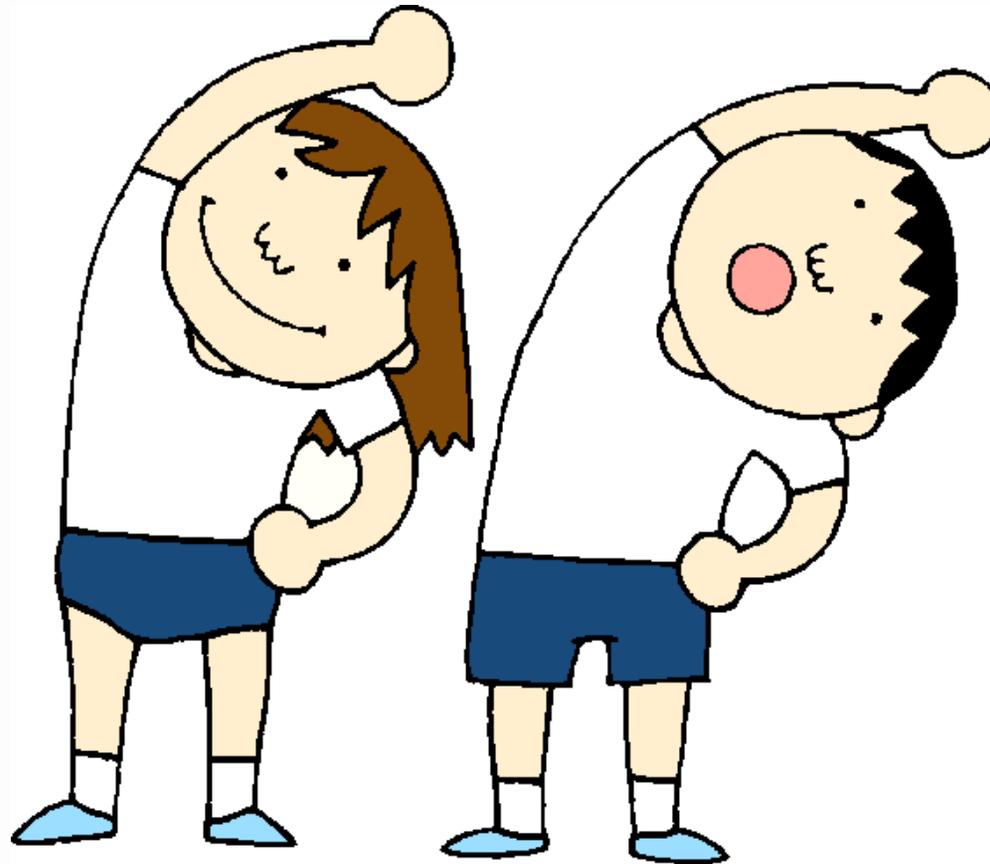
[http://listsmart.osl.state.or.us/mailman/listinfo/oregon\\_vfc](http://listsmart.osl.state.or.us/mailman/listinfo/oregon_vfc)

# Questions?

Give me a call or send me an email....

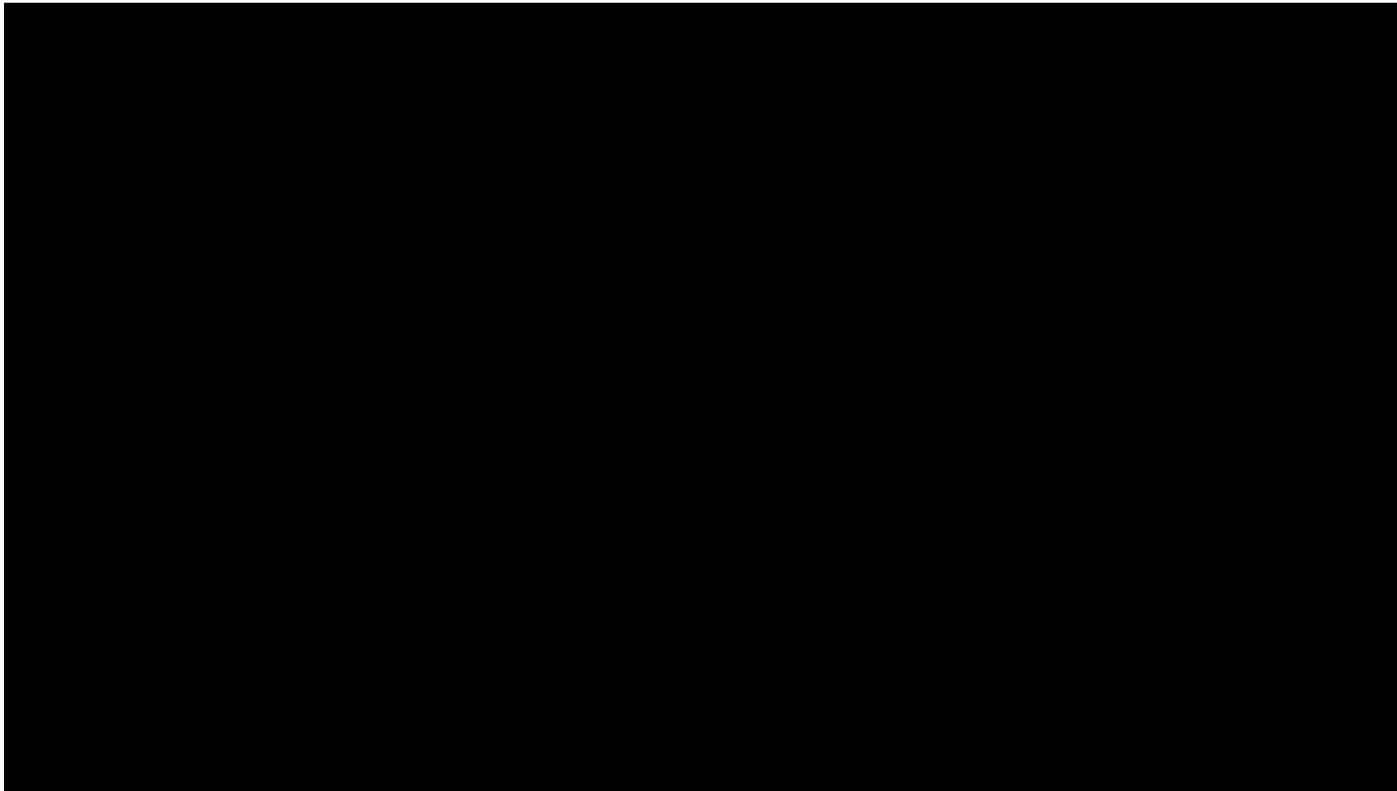
Rex Larsen  
VFC Program Coordinator  
[rex.a.larsen@state.or.us](mailto:rex.a.larsen@state.or.us)  
971-673-0298

# Stretch Break



# *“Youth Moment”*

Snapchat Explained....Using Snapchat by WSJ



Leveraging School Based Health Centers (SBHCs) to Educate Youth  
about Adolescent Well Visits (AWV)  
& Provide Communication & Coordination with PCPs:  
Sharing of Tools and Learnings from Our Project



Colleen Reuland, MS

[reulandc@ohsu.edu](mailto:reulandc@ohsu.edu) [www.oregon-pip.org](http://www.oregon-pip.org)



# Project Overview:

## Improving Access to and Quality of Adolescent Well-Care Services Through Partnerships With SBHCs

June '15-March '16, OPIP has project funded by OEGB/MODA Health Grant



### Project Aim:

- To improve the **provision of adolescent well-visits** at a community-level by leveraging partnerships with School Based Health Centers (SBHCs)

### Objectives:

- To provide on-site **training and support** to **pilot SBHCs**: Pendleton High School and Tigard High School.
  - Adolescent well-care visits
  - Depression screening and follow-up
  - Substance abuse screening, brief intervention, referral and treatment (SBIRT)
- To develop **educational materials for adolescents** that provide information about why well-care is important, what to expect, and the unique role SBHCs can play in providing well-child care.
- To develop and assess models for enhancing the SBHC's **population management and care coordination** with primary care practices.
- To identify **policy-level improvements** that address barriers and incentives identified through the project.



# Improving Access to and Quality of Adolescent Well-Care Services Through Partnerships With School Based Health Centers

## Areas of Focus Within the SBHC:

- **Education About Services in SBHC and Value of Well-Care**
  - Within school, outside of school
  - To adolescents, parents, primary care providers
  - Engagement of youth to provide feedback
- **Improved provision of Adolescent Well-Visits**
  - Aligning care provided in the SBHC with Bright Futures recommendations
  - Includes screening and follow-up aligned with CCO/KPM Metrics related to Depression Screening and SBIRT
  - Includes DOCUMENTATION and USE OF CLAIMS in a way that is aligned with the metrics
- **Care Coordination with Primary Care Providers**
  - Communication with adolescent-identified primary care provider
  - For primary care providers who identify at-risk adolescents and want to refer to the SBHC to address risks at a location the adolescent may be more likely to go

# Tools From This Project We Shared on the SBHC Coordinator Call

- **Educational materials for adolescents** that provide information about why well-care is important, what to expect, and the unique role SBHCs can play in providing well-child care.
  - Development informed by youth (Eight rounds of youth input)
  - Disseminated in schools
- **Templates of materials provided:**
  - Posters for hallways or other high-traffic areas
  - Flyers strategically placed in places where teens sit (e.g. counseling office)
  - Posters in bathroom stalls
  - Table tents for the lunch rooms
  - Instagram posts/ Facebook posts
  - Info cards that fit into cell phone carriers
  - Mood Pencils/Stress balls
  - Water bottle stickers
- Email [opip@ohsu.edu](mailto:opip@ohsu.edu) if you would like links sent to you.



**HAVE YOU HEARD ABOUT THE HEALTH CENTER AT PHS?**

As you become more independent, there is a lot to think about – school, friends, family, body image, self-esteem... What's on your mind matters to us, and our trained staff at **Pendleton High School Health Center** are here for you! At the Health Center you can get the same kinds of health services that you get at a regular primary care clinic, and we are conveniently **located here at school!** Our health providers are specifically trained to work with teens and are available to help you with whatever you need.

**COMMON TOPICS YOU CAN HAVE ADDRESSED:**

- ✓ What you want to talk about - our priority is partnering with you
- ✓ Emotional health and feelings
- ✓ Guidance for healthy relationships
- ✓ Bullying
- ✓ Health exams and sports physicals
- ✓ Drug or alcohol use or experimentation
- ✓ Treatment for illness and infections
- ✓ Dental and Vision exams
- ✓ Immunizations and vaccines

**YOUR PRIVACY IS IMPORTANT**

At the Health Center we have specific policies around confidentiality. For the most part, what you talk about will stay between you and your health provider and will not be shared with your parents or others. If something needs to be shared, we will always talk with you about it first, and work with you on how to do that.

**BILLING & INSURANCE**

No student will be turned away due to ability to pay. We welcome ALL students, and accept most insurance including the Oregon Health Plan. If you don't have insurance, don't worry – we will still see you.

**WHERE ARE WE LOCATED?**  
The Health Center is located at Pendleton High School, on the second floor near the cafeteria.

**WHEN ARE WE OPEN?**  
The Health Center is open during the school year: Tuesdays, Wednesdays, & Thursdays @ 7:30 am - 3 pm

**Stop by or call us @ (541) 966-3857**

**We want to partner with you to provide the best care possible. Make your appointment at the PHS Health Center today!**

Follow us on Twitter @PHShealth

Trustworthy \* Convenient \* Confidential

 OPIP

## SBHC Communicating and Coordination with Primary Care Providers

We have been working with Tigard SBHCs on processes around collecting:

- Information about the **teen's primary care provider**, contact information
- Models and methods used for the **SBHC to communicate with the PCP**
  - » For sensitive services vs. non-sensitive services
  - » Obtaining consent from adolescent to share information
- Models and methods for **PCP to communicate with the SBHC**
  - » For basic services (e.g. weight check)
  - » For follow-up services to the screens they are doing (depression and substance abuse)



## From An Idea to an Action

- OPIP reached out to the primary care practices that have the most attributed youth in CCO
  - » In Tigard, this was two large pediatric practices
  - » That said, as compared to other regions and smaller communities, there was NOT as much overlap in populations
- Facilitated meetings between the SBHC and PCP to learn about each other
  - » **Part 1: Getting to Know Each Other:**
    - PCPs had little knowledge of the SBHCs, false understanding
    - Developed an info sheet about the SBHC that covered key things the PCPs wanted to know about
  - » **Part 2: Defining the Population and Processes**
    - Which kids are “in scope” and “out of scope” for communication
    - Processes to ensure communication and confidentiality maintained
- OPIP then worked with the SBHC and PCP practices individually to refine their work flow and processes

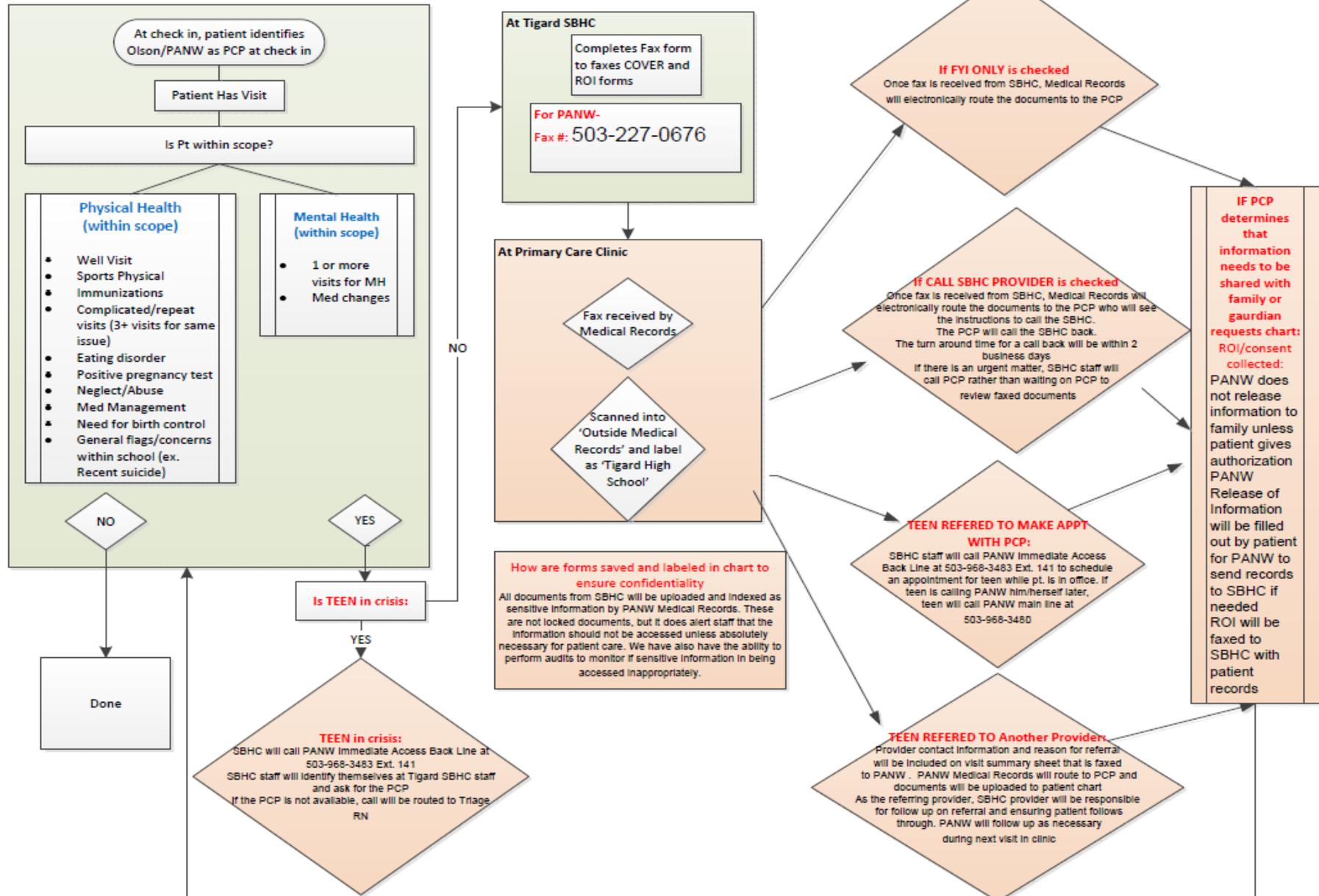


## Info PCPs Wanted to Know about the SBHC

- WHAT is SCHOOL-BASED HEALTH CENTER (SBHC)?
- What is the role of SBHC Sponsor?
- Providers and credentials of providers
- WHO you can serve
- What types of services you can offer
  - Spirometry
  - Labs
  - Cultures for wounds
  - Tests – Glucose, Cholesterol:
  - Vaccines - HPV booster
  - Mental Health Services
  - Birth Control
- Location and Hours of operation
- Insurance accepted
- How to contact HOW is a SBHC CERTIFIED ?

# Workflow Mapping of Communication Processes

## Pediatric Associates of the NW





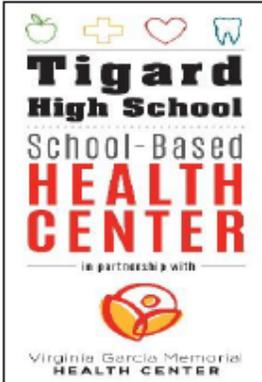
**Pediatrics Associates of the Northwest**  
**Fax Number: (503) 227-0676**

**CONFIDENTIAL COMMUNICATION**  
**Virginia Garcia's Tigard High – School Based Health Center**  
**PLEASE ATTACH ROI/CONSENT FORM**

Name: \_\_\_\_\_  
 DOB: \_\_\_\_\_  
 Insurance: \_\_\_\_\_  
 Assigned Patient - Needs to establish care  New patient - Needs to establish care  
 Date of Visit at Tigard HS SBHC: \_\_\_\_\_  
 Provider Seen: \_\_\_\_\_  
 Elizabeth Pruett, PNP  Gina Batliner, MA  
 Contact Information for Youth: \_\_\_\_\_  
 Phone: \_\_\_\_\_  Did not consent to release phone #  
 Primary Care Provider Identified : \_\_\_\_\_  Did not know provider name

Summary of Visit		
<i>Type of Provider</i>	<input type="checkbox"/> Physical health provider	<input type="checkbox"/> Mental Health Provider
<i>Type of Visit</i>	<input type="checkbox"/> Well Visit <input type="checkbox"/> Sports Physical <input type="checkbox"/> Immunizations <input type="checkbox"/> ED Follow-Up <input type="checkbox"/> Sick-Visit <input type="checkbox"/> Follow-up to referral from PCP <input type="checkbox"/> Other: _____	<input type="checkbox"/> Mental health assessment <input type="checkbox"/> Follow-up to referral from PCP <input type="checkbox"/> Other: _____
<i>Reason for Visit</i>		
<i>Problem List and/or Diagnosis</i>		
<i>Medications Noted by Teen</i>	<input type="checkbox"/> None <input type="checkbox"/> _____	<input type="checkbox"/> None <input type="checkbox"/> _____
<i>Results of Labs and Positive Screens</i>	<input type="checkbox"/> None <input type="checkbox"/> _____	<input type="checkbox"/> None <input type="checkbox"/> _____
<i>Follow-Up Steps Needed</i>	<input type="checkbox"/> FYI ONLY – No follow up needed <input type="checkbox"/> Call SBHC provider  <input type="checkbox"/> Teen referred to make appt with PCP <input type="checkbox"/> Teen referred to another provider Who: _____ <input type="checkbox"/> Other: _____	<input type="checkbox"/> FYI ONLY – No follow up needed <input type="checkbox"/> Call SBHC provider  <input type="checkbox"/> Teen referred to make appt with PCP <input type="checkbox"/> Teen referred to another provider Who: _____ <input type="checkbox"/> Other: _____
<i>Other Information For Provider</i>		

# Communication Form: SBHC to PCP



Fax #: (503) 431-5776

DRAFT 5/11/16

CONFIDENTIAL COMMUNICATION  
 Virginia Garcia's Tigard High – School Based Health Center  
 PLEASE ATTACH ROI/CONSENT FORM

Name: \_\_\_\_\_  
 DOB: \_\_\_\_\_  
 Insurance: \_\_\_\_\_  
 Date of Visit at PANW: \_\_\_\_\_  
 Provider Seen: \_\_\_\_\_

# Communication Form: PCP to SBHC

Referral Form from <b>Pediatric Associates of the Northwest</b> to Tigard HS SBHC		
<i>Provider Referring To</i>	<input type="checkbox"/> Physical Health Provider	<input type="checkbox"/> Mental Health Provider
<i>Relevant Problem List and/or Diagnosis</i>		
<i>Relevant Medications for Referral</i>	<input type="checkbox"/> None	<input type="checkbox"/> None
<i>Reason for Referral to Tigard SBHC</i>	<input type="checkbox"/> HPV follow up First administration date: _____ <input type="checkbox"/> Meningococcal Booster Booster needed on: _____ <input type="checkbox"/> Weight check Recommended periodicity: _____ <input type="checkbox"/> BP check <input type="checkbox"/> Other: _____	<input type="checkbox"/> MH screening follow-up
<i>Other Information For SBHC Staff</i>	<input type="checkbox"/> Call PANW Provider: _____	<input type="checkbox"/> Call PANW Provider: _____
<i>Information Requested Back</i>	<input type="checkbox"/> No follow up needed <input type="checkbox"/> If you are unable to get them in by: (insert date) <input type="checkbox"/> Summary of Visit	<input type="checkbox"/> No follow up needed <input type="checkbox"/> If you are unable to get them in by: (insert date) <input type="checkbox"/> Summary of Visit

## Some Learnings for All of You

- Play out the numbers of KIDS you see and PRACTICES that may serve those kids
  - » Some of you work in SBHCs that are in communities that have MANY different providers and exploring feasibility of this may be important
- Start small with a pilot to work out the “kinks”
- Define populations
  - » Which kids are “in scope” and “out of scope” for communication
  - » Ensure that the processes are in place to ensure information is protected
    - Do a communication work flow mapping and confirm next steps
- Do what you say will you do and plan for the work internally
  - » Define the WHO, WHAT, WHEN, HOW
  - » This is a potentially great way to build bridges and enhanced coordination, but only if trust is built
  - » Conversely, this is a great way for them to learn about all the wonderful strengths of SBHCs

# Questions:

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- Questions:
  - Colleen Reuland [reulandc@ohsu.edu](mailto:reulandc@ohsu.edu)
  - 503-494-0456
- Resources:
  - oregon-pip.org
  - <http://www.oregon.gov/oha/Transformation-Center/Pages/Resources-Metric.aspx>
    - Within this you can find OPIP's webinar series and related materials
  - [https://www.oregon.gov/oha/Transformation-Center/Resources/AWV%20Webinar%203.1%20-%20Leveraging%20School-Based%20Health%20Centers%20\(Slides\).pdf](https://www.oregon.gov/oha/Transformation-Center/Resources/AWV%20Webinar%203.1%20-%20Leveraging%20School-Based%20Health%20Centers%20(Slides).pdf)

QUESTIONS

?





# OREGON SCHOOL-BASED HEALTH ALLIANCE

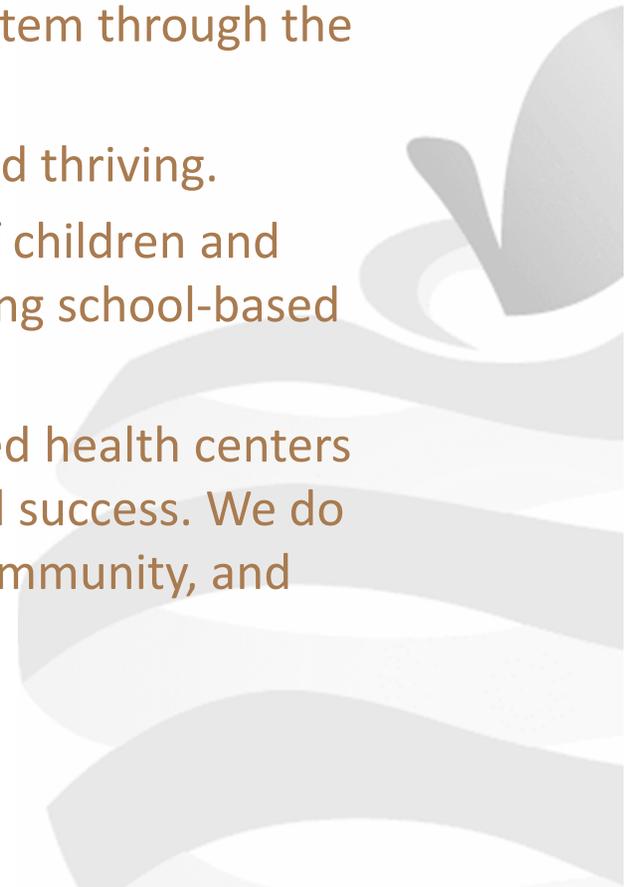
SBHC Coordinator's Meeting  
October 26, 2016





## ABOUT OSBHA:

- **Oregon School-Based Health Alliance (OSBHA)** is a statewide 501(c)(3) **nonprofit** organization serving as the collective voice to build a **stable, effective, and accessible** school-based health care system through the development of school-based health centers (SBHCs).
- **Vision:** all children and youth are healthy, learning, and thriving.
- **Mission:** promote the health and academic success of children and youth through sustaining, strengthening, and expanding school-based health centers.
- **Purpose:** protect and expand the value of school-based health centers and generate community commitment to sustain local success. We do this by building public policy support, engaging the community, and strengthening these services.





# CHANGES AT OSBHA

- Leadership
- Staffing
- Communications
- Capacity



## CURRENT STAFF



Laurie Huffman, Executive Director

Maureen Hinman, Policy Director



Megan Kovacs, Program Manager

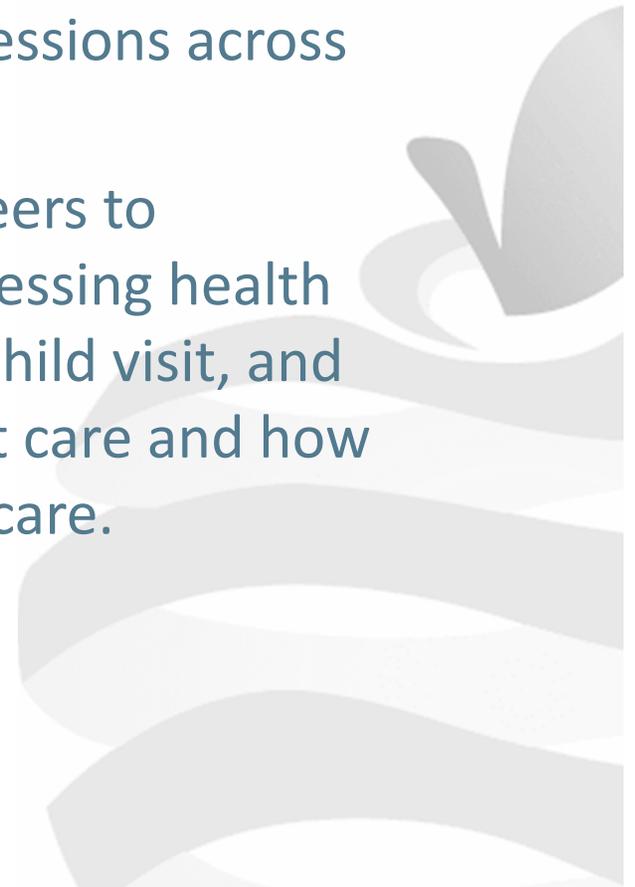
Jessica Chambers, Administrative  
Coordinator





# Current SPO Partnership Projects

- Youth Listening Sessions
  - SYAC will conduct 4 youth listening sessions across the state
  - Will collect information from their peers to understand the barriers to youth accessing health care, especially the adolescent well child visit, and discover what motivates youth to get care and how to best engage youth in their health care.

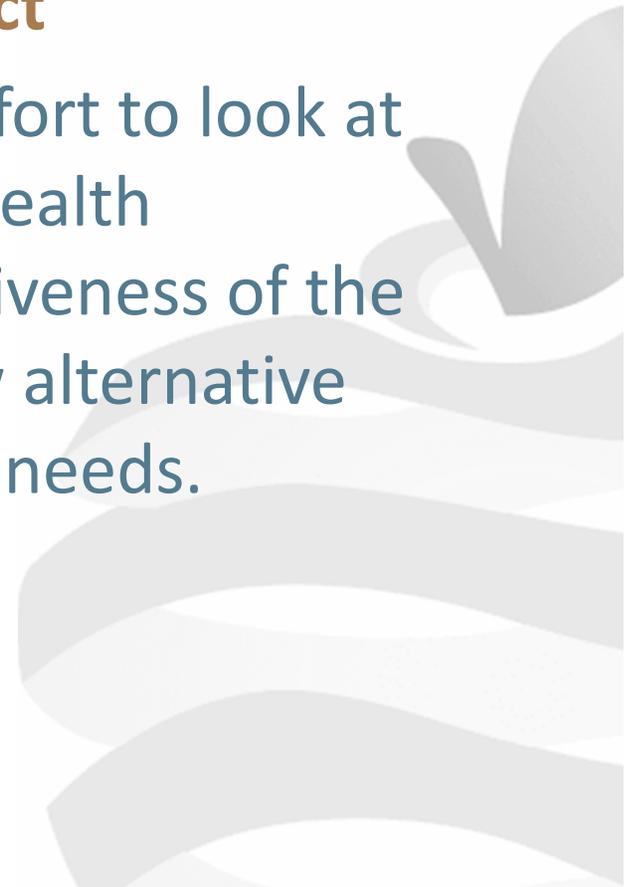




# Current SPO Partnership Projects

## **Alternative Payment Innovation Project**

- A tri-county, multi-organizational effort to look at the unique needs of school-based health center care coordination, the effectiveness of the delivery of health services, and how alternative payment models can address those needs.





# Current SPO Partnership Projects

## **Regional Collaborative CCO Meetings**

- Coordinate & execute up to 5 regional SBHC/CCO/LPHA partnership meetings
- Focus on health system transformation topics





## Other OSBHA Projects:

- Statewide Youth Action Council
  - Eye to Eye Trainings
- Hallways to Health
- Lane County Project
- Trauma-Informed Schools Initiative
- Policy and Advocacy





# Policy & Advocacy

## Action

- Engage Legislators
  - SBHC Awareness Month is February
  - Awareness Day at the Capitol – February 27, 2016
  - Legislator Visits
- Monitor State Budget and Political Environment
- Understand and Share Local and National Policy
- Partner with SPO
- Draft Bills
  - Action Alerts





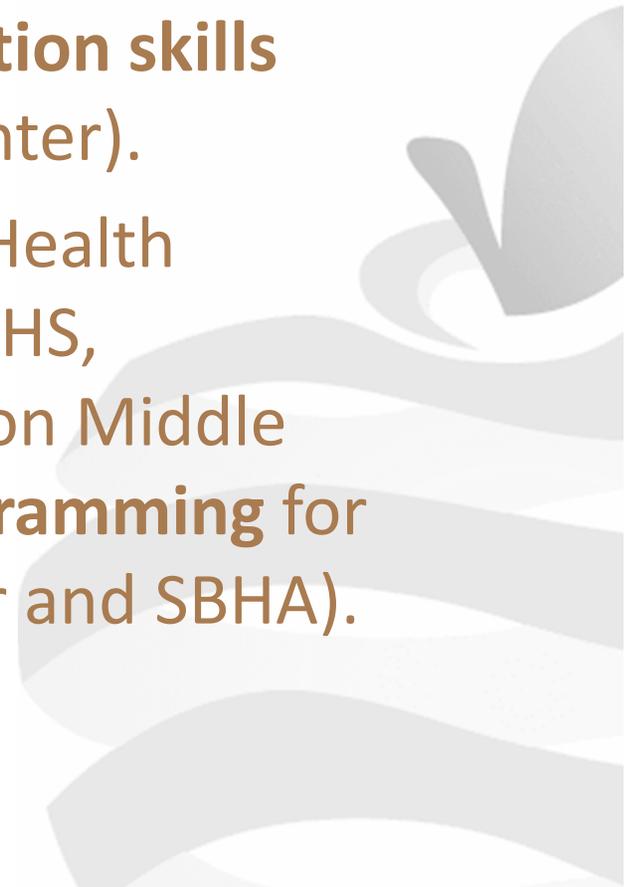
## Recent Accomplishments

- **Increased SBHC funding** from \$4.4 million in the 2013-2015 biennium to **\$6.4 million** in the 2015-2017 biennium.
- Led development & submission of a bill funding a **Trauma Informed Schools** initiative. Pilot includes Tigard HS (Washington Co.) & Central HS (Polk Co). OSBHA is the technical assistance provider for implementation, working closely with the Chief Education Office.



## Recent Accomplishments

- Provided **youth-led trainings** for **CCO providers** to enhance their youth **communication skills** (funded by OHA Transformation Center).
- As part of the national Hallways to Health project, worked with **Merlo Station HS**, **Milwaukie HS** & Seattle's Washington Middle School to implement **wellness programming** for students and staff (funded by Kaiser and SBHA).





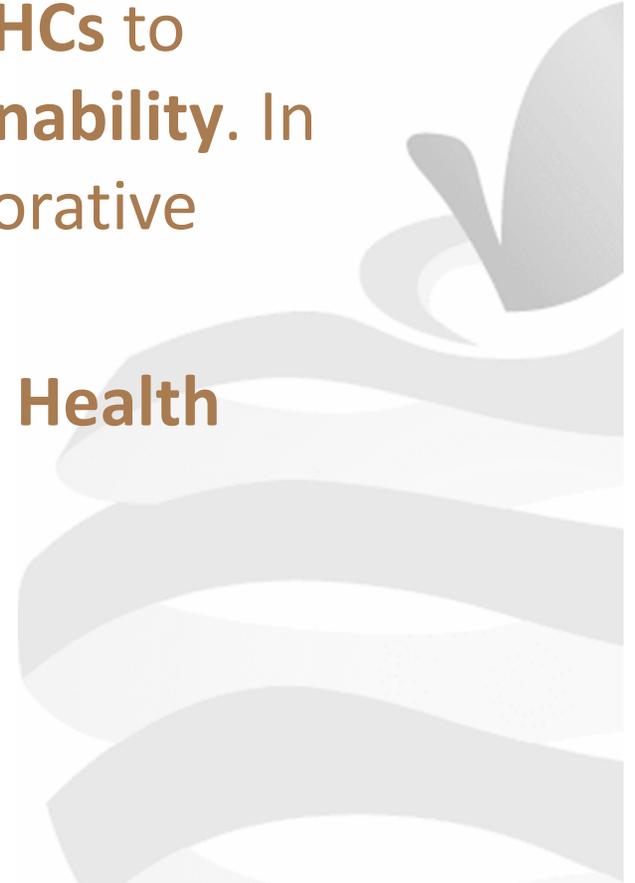
## Recent Accomplishments

- Provided \$52,900 in 2015-2016 and \$49,213 in 2016-2017 in small grants to school-based health centers to conduct **Healthy Youth Relationship Projects** with their Youth Advisory Councils
- In partnership and collaboration with the Sexual Assault Task Force and Oregon Health Authority, OSBHA hosted the first collaborative **Sexual Health Promotion and Sexual Violence Prevention: Connecting the Dots In Oregon Summit**



## Recent Accomplishments

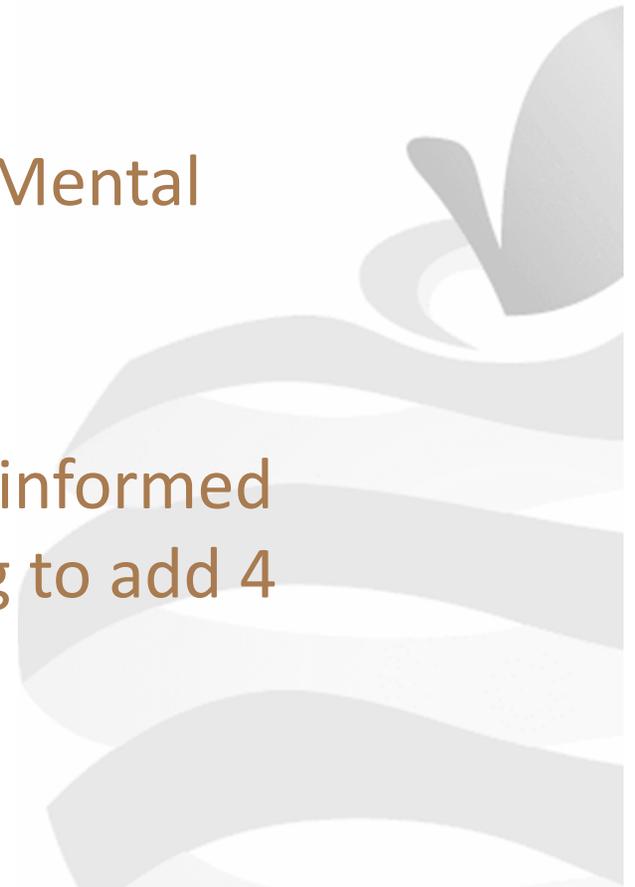
- With Transformational Community Alignment (TCA), worked with **Lane County SBHCs** to evaluate business models for **sustainability**. In Phase 2, will develop a SBHC Collaborative Network.
- With SPO, held the 1<sup>st</sup> **SBHC Mental Health Summit**





# Legislative Advocacy 2016

- ✓ Funding for 9 new SBHC planning and operations grants
- ✓ Increase support for School-Based Mental Health Capacity program
- ✓ Extend funding for existing trauma informed schools pilots, and increase funding to add 4 additional schools





Oregon School-Based  
Health Alliance

---

**SAVE THE DATE:**  
**Awareness Day 2017**

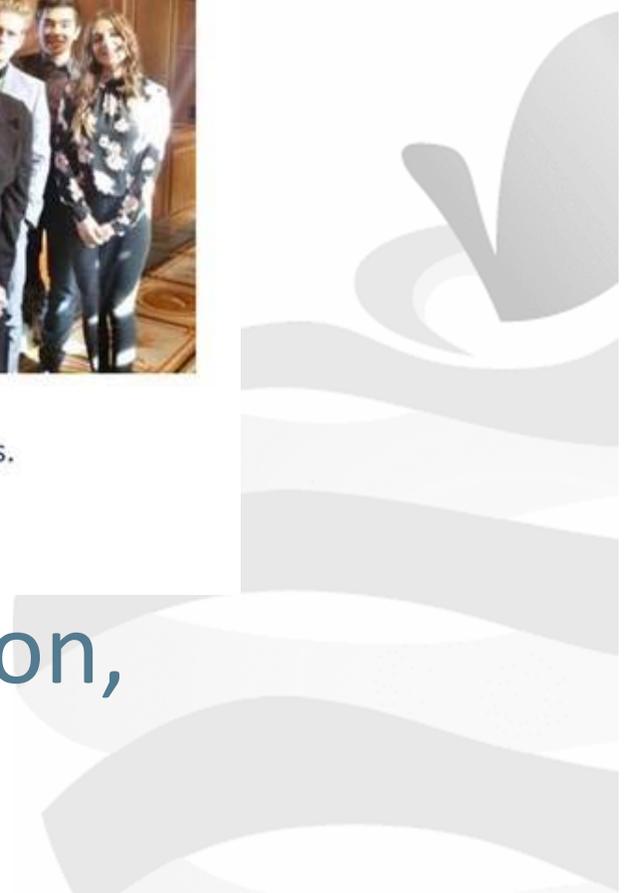
WHEN: February 27, 2017

WHERE: Salem, OR



More details to follow. Contact [megan@osbha.org](mailto:megan@osbha.org) with questions.

Look out for registration,  
coming soon!





## SBHC Advisory Committee

- Committed to building partnerships to best represent your interests
- Representation from across Oregon
- Will start in January
- Stay tuned!





## OSBHA Trauma Informed Schools Summit

This May join the Oregon School-Based Health Alliance and partners at the **Trauma Informed Schools Summit**. The summit will explore what it means to be a trauma informed school and feature Oregon schools that have started the work as well as complementary approaches and partnerships. Date coming soon!





# Planning for 2016-2017

Survey: we need to hear from you!

- Quick & succinct
- Do it now
- Submit your survey and enter the raffle
- You may win!





## CONTACT US:

Laurie Huffman, Executive Director  
[laurie@osbha.org](mailto:laurie@osbha.org)

Maureen Hinman, Policy Director  
[maureen@osbha.org](mailto:maureen@osbha.org)

Megan Kovacs, Program Manager  
[megan@osbha.org](mailto:megan@osbha.org)

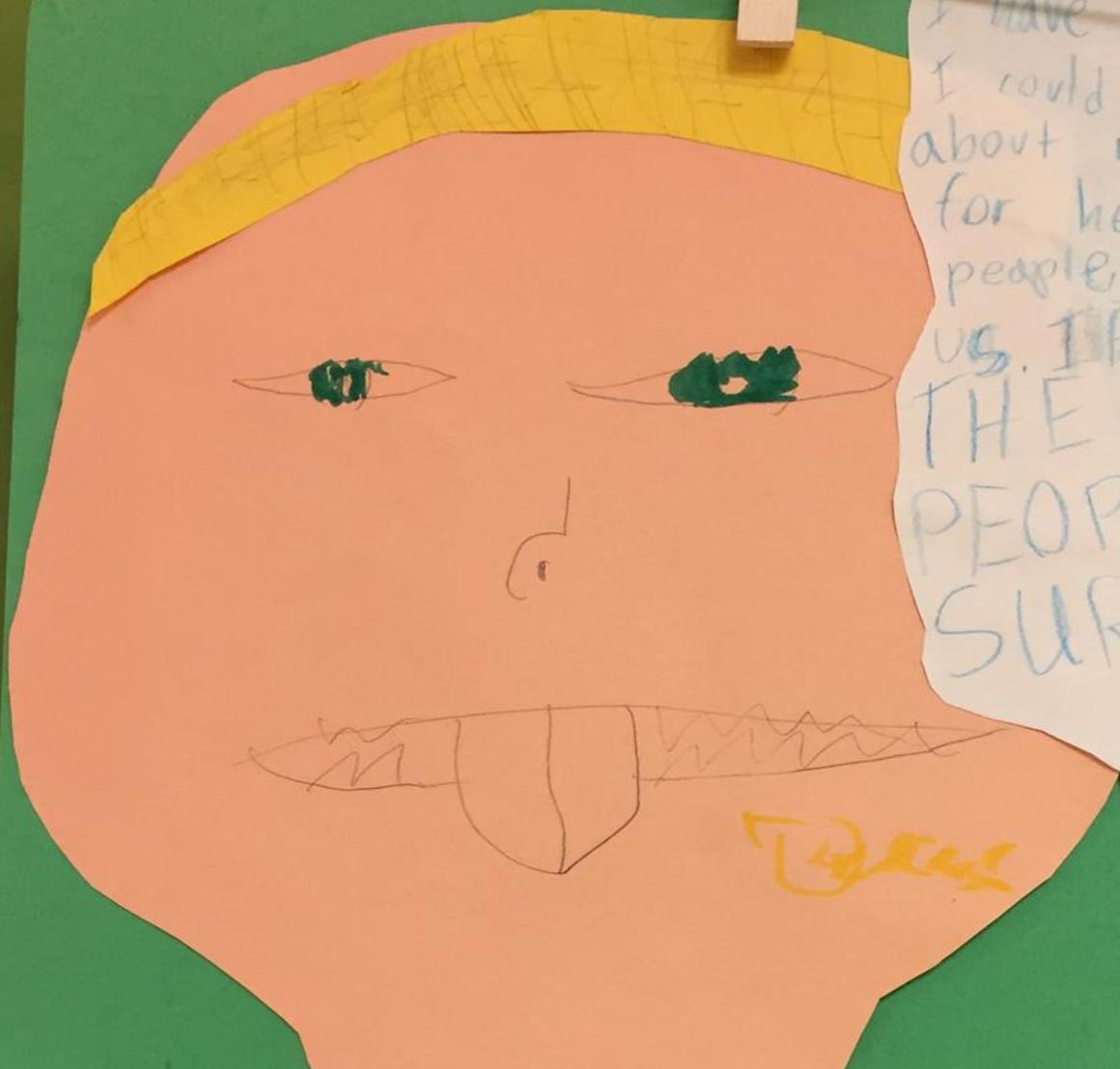


and  more thing...



# SBHCs Across Oregon





I have a dream that  
I could change the law  
about money to buy things  
for health, like the poor  
people, ther not healthy like  
us. IF WE DON'T change  
THE LAW THE POOR  
PEOPLE WILL NOT  
SURVIVE  
LUKA

SBHCs are Serving Oregon's Youth!

The image shows the main entrance of Bend Senior High School. The building features a prominent dark blue portico with the school's name in large, white, sans-serif capital letters. The entrance is flanked by two thick, red brick columns. Below the portico is a large glass and metal double door set, with a wide glass window above it. The ground in front is paved with light-colored concrete. The sky is clear and blue.

# BEND SENIOR HIGH SCHOOL

Bend High School





Bend High School



Bend High School



# Benson Polytechnic High School

# WELLNESS CENTER



Benson Polytechnic High School





Brookings-Harbor High School



Curry  
Community Health  
School Based Health Center • 625 Pioneer Rd.  
541-251-7076

# Brookings-Harbor High School

Calm

inspired

helpful

**BE**

Different

Who you are

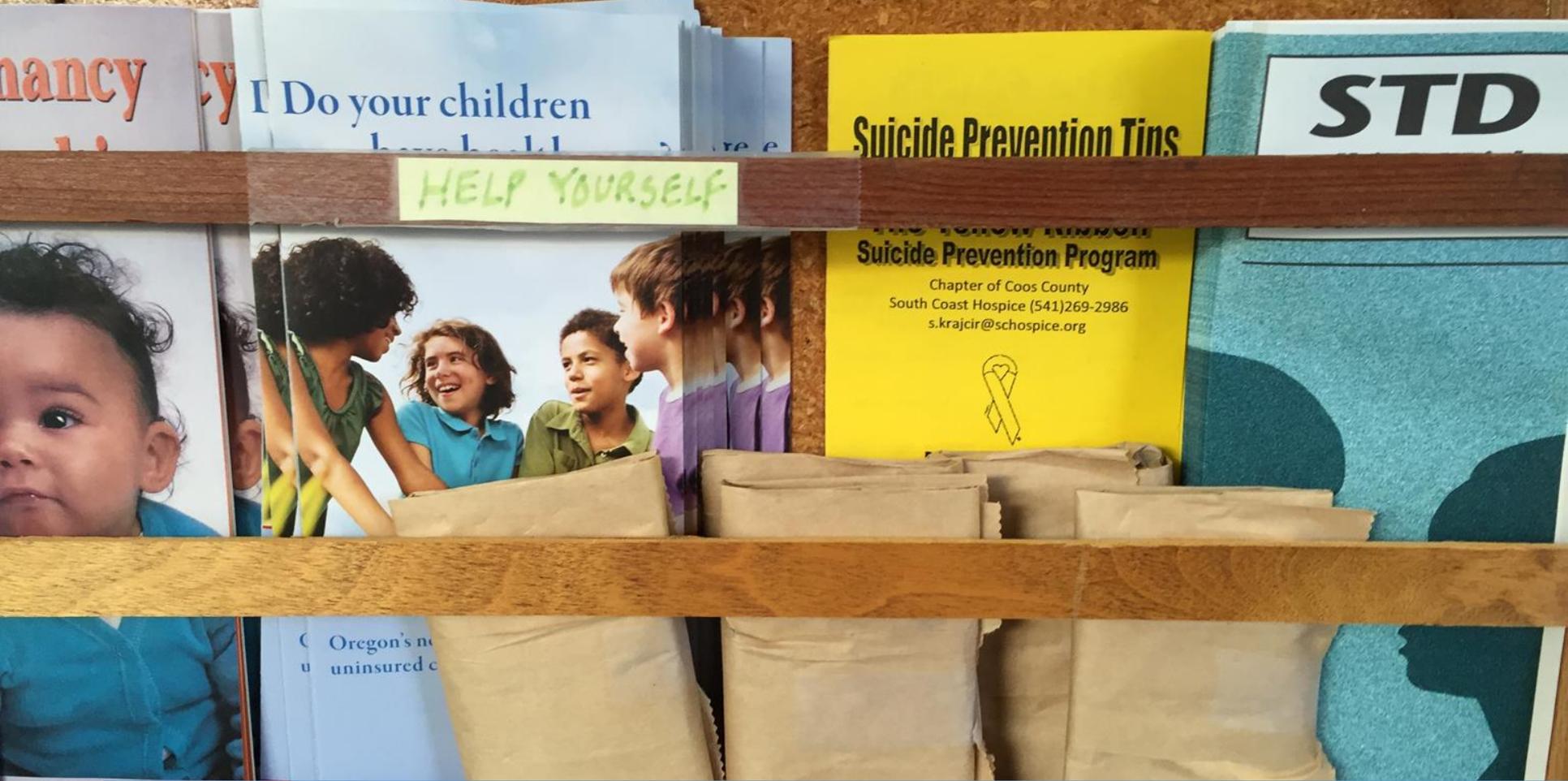
happy

Grateful

Honest

Brookings-Harbor High School

humble



# Brookings-Harbor High School

Smoking

Oregon's ne  
u uninsured c

**Suicide Prevention Tins**

**STD**

HELP YOURSELF

**THE YELLOW RIBBON  
Suicide Prevention Program**  
Chapter of Coos County  
South Coast Hospice (541)269-2986  
s.krajcir@schospice.org





# Brookings-Harbor High School



Brookings-Harbor High School



Central High School



Central High School

Meet our Partners:



**West Valley Hospital**

*A part of Salem Health*

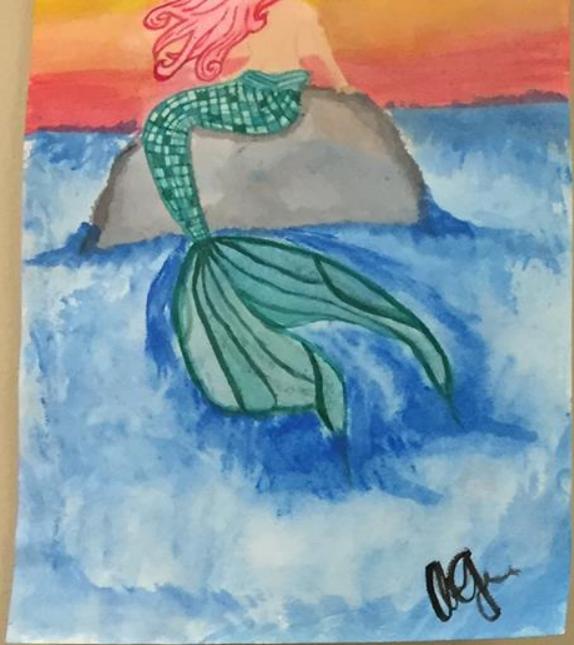


capitol dental

**SmileKeepers**  
DENTAL



Central High School



Art work provided  
By: The talented  
students of  
central high  
school

Central High School



Central High School



Central High School



CENTURY  
HIGH  
SCHOOL

# Century High School



Century High School

**playSmart**  
Youth Heart Screenings



### Heart Screenings for Young People

Because we all have a stake in the game

Make sure that your child's heart is healthy—and yet a small percentage of young people have hidden heart defects that put their health at risk, especially during physical exertion. Play Smart offers a quick, painless, noninvasive screening to check the heart health of young people 12 to 18 years of age.

Screening includes:  
• Physical examination  
• Electrocardiogram (EKG)  
• Health questionnaire  
• Blood pressure reading  
• Echocardiogram, if needed

For a free appointment, call 503-216-6800  
www.PlaySmartGetScreened.org

**EVIDENCE**  
American Heart Association  
and Vascular Medicine Society  
www.heart.org  
www.PlaySmartGetScreened.org



Century High School

Internet Password for  
VGMHC-Guest  
vgMhc1151

### What's on your plate?

Choose MyPlate.gov

### Mosquito Bite Prevention for Travelers

Prevention de picaduras de mosquito para viajeros

### Prevention de picaduras de mosquito para viajeros

### flu talk

Get the facts

Spread the word and Get VACCINATED!

### OCHINEL

Information

### REAL-LIFE NUTRITION FOR YOU

It's easy to make nutrition real life. Use these great tools to Live It! everyday.

Live It!

### Hand Hygiene

Washing your hands

### Hand Hygiene

Washing your hands

### Hand Hygiene

Washing your hands

### Disposable Nitrile Exam Gloves

MAKESON

### Hand Hygiene

Washing your hands

### Fun for the Whole Family

Traveler Health & Resources

### GRIEVANCE PROCESS NOTICE

# Century High School

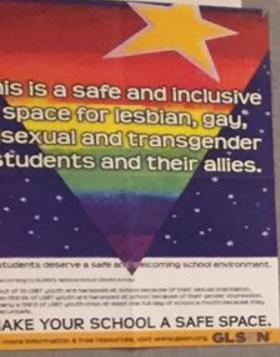
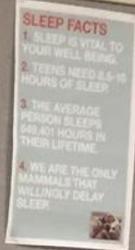


# César Chávez K-8

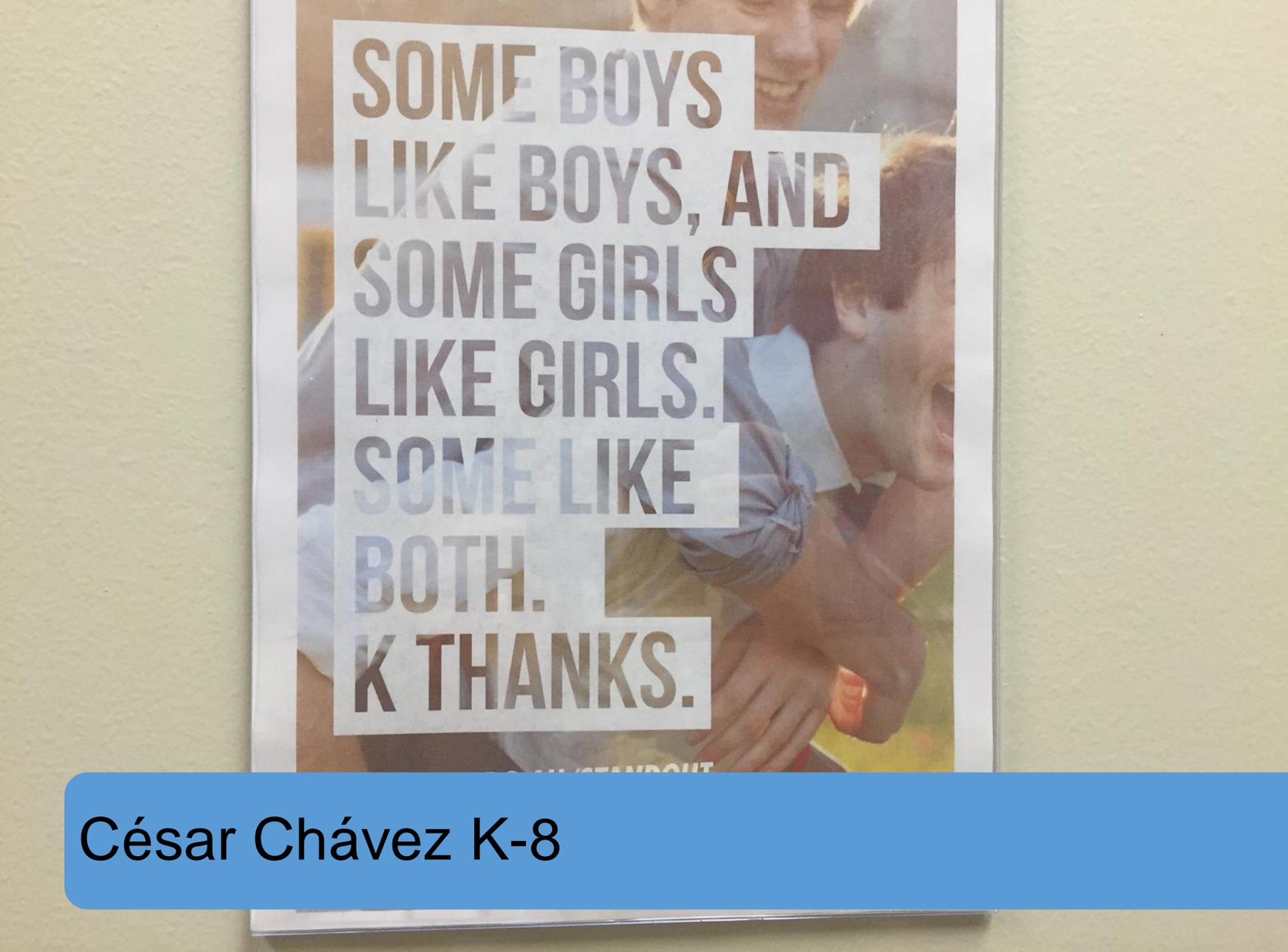
...shouldn't hurt



If your partner insults, threatens, restrains, or hurts you, that's not love. That's abuse. For more information, or to find support in your area, visit [act4love.org](http://act4love.org)



# César Chávez K-8

A photograph of a young boy in a blue shirt hugging another person, with text overlaid on the image. The text is arranged in a vertical column on the left side of the photo.

**SOME BOYS  
LIKE BOYS, AND  
SOME GIRLS  
LIKE GIRLS.  
SOME LIKE  
BOTH.  
K THANKS.**

César Chávez K-8

# HOW WELL DOES BIRTH CONTROL WORK?

What is your chance of getting pregnant?

**Really, really well**



Works, hassle-free, for up to...

				
The Implant (Nexplanon)	IUD (Skyla)	IUD (Mirena)	IUD (ParaGard)	Sterilization, for men and women
3 years	3 years	5 years	12 years	Forever

*No hormones*

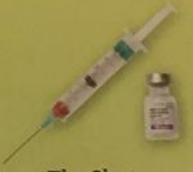


Less than 1 in 100 women

**O.K.**



For it to work best, use it...

			
The Pill	The Patch	The Ring	The Shot (Depo-Provera)
Every. Single. Day.	Every week	Every month	Every 3 months




6-9 in 100 women, depending on method

**Not as well**



For each of these methods to work, you or your partner have to use it every single time you have sex.

			
Pulling Out	Fertility Awareness	Diaphragm	Condoms, for men or women

*Needed for STD protection!*

*Use with any other method*

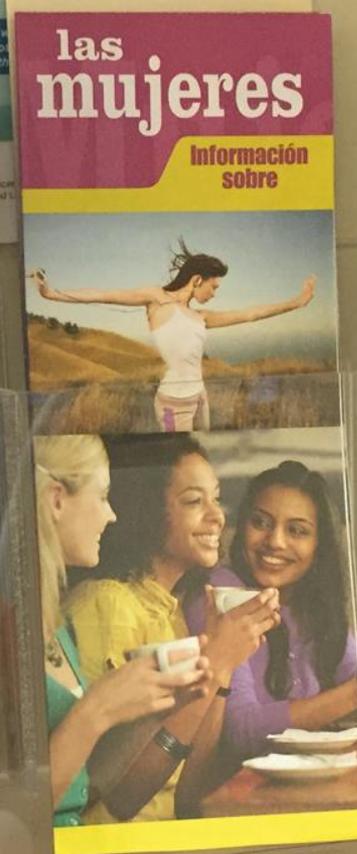
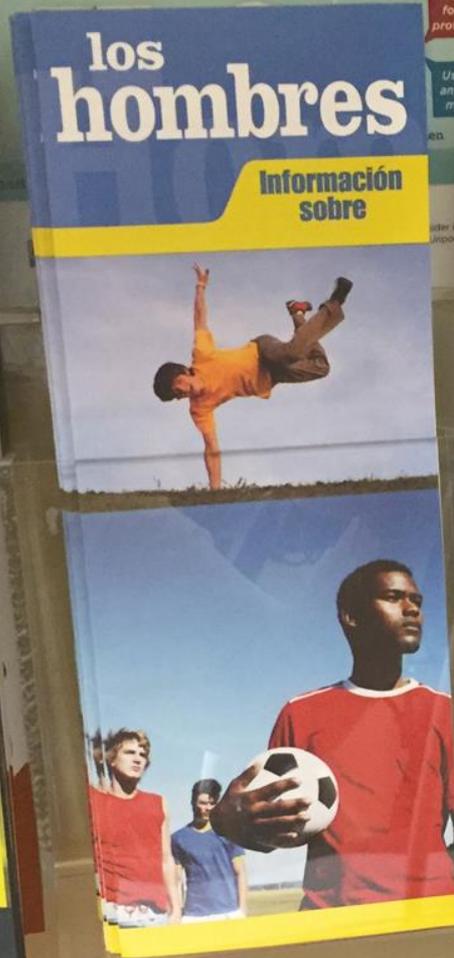
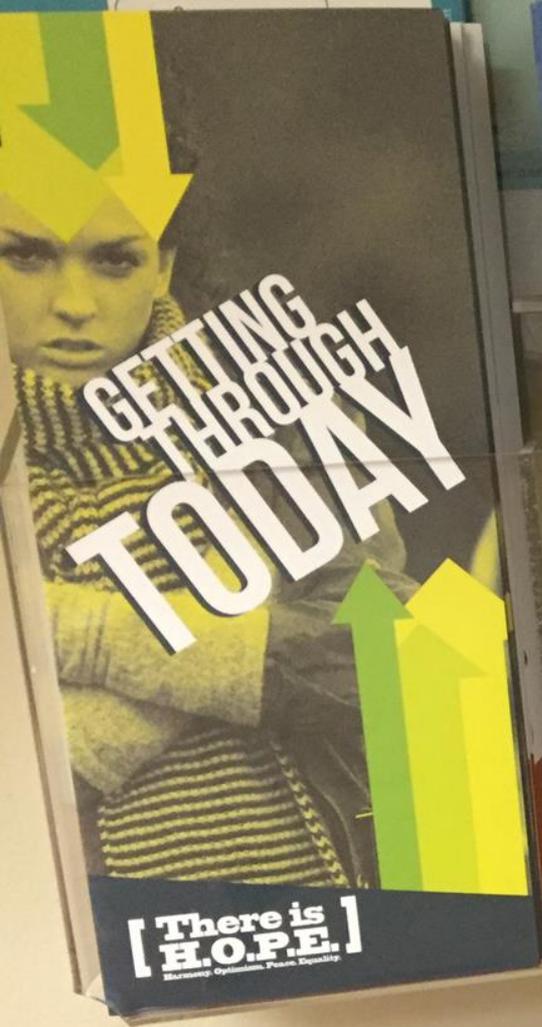




12-24 in 100 women, depending on method

FYI, without birth control,

César Chávez K-8



César Chávez K-8

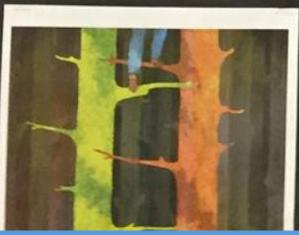
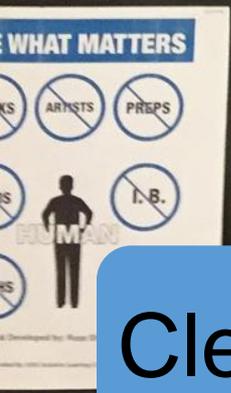
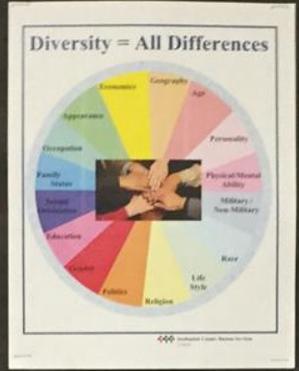
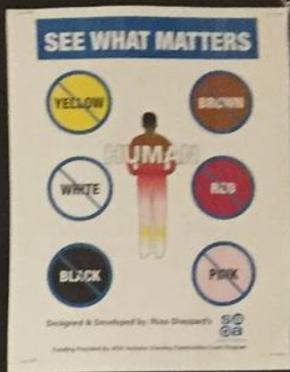


Cleveland High School



Cleveland High School

# DIVERSITY



Cleveland High School



Cleveland High School



Cleveland High School



Cleveland High School

**SBHC**

**LITTLE LIBRARY**

**BRING ONE-  
TAKE ONE**

Cleveland High School

 **CLUB**

# CRATER HIGH SCHOOL

School of Business,  
Innovation & Science

Academy of Health  
& Public Service

Renaissance  
Academy

Crater High School

f,



LA CLINICA  
CRATER HEALTH CENTER

Crater High School

er is the coach



"Good health is a duty to yourself,  
to your contemporaries,  
to your inheritors,  
to the progress of the world."

~Gwendelyn Brooks

Crater High School



Crater High School



Crater High School

**This Clinic is an**

**LGBQ**

**and**

**Trans**

**Friendly Space**

In a wo  
where YO

Crater High School

12 Weeks to a Healthier New You!

**Fact.** especially 16 and 18-

TAKE AT  
LEAST  
ONE



A CHANCE

A CHANCE

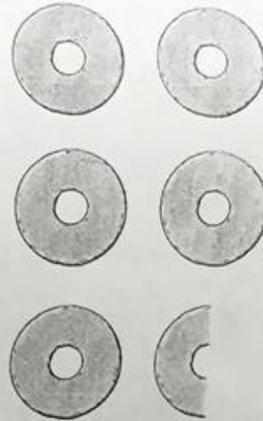
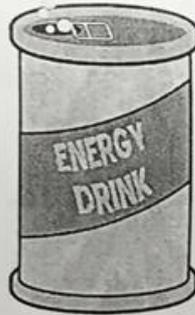
A CHANCE

A CHANCE

A CHANCE

Crater High School

...can't eat  
this much sugar...  
so why drink it?



One energy drink can  
have as much sugar as  
5½ large donuts.

Crater High School

FRANKLIN HIGH SCHOOL  
3905

Franklin High School

# SCHOOL-BASED HEALTH CENTER



Franklin High School



**CLINIC STAFF**  
Tanya Kucera, PhD  
Wally Lee, MD  
Christine Williams, PhD  
Heather Williams, LAC  
Deborah Jacobs, PhD, OTR



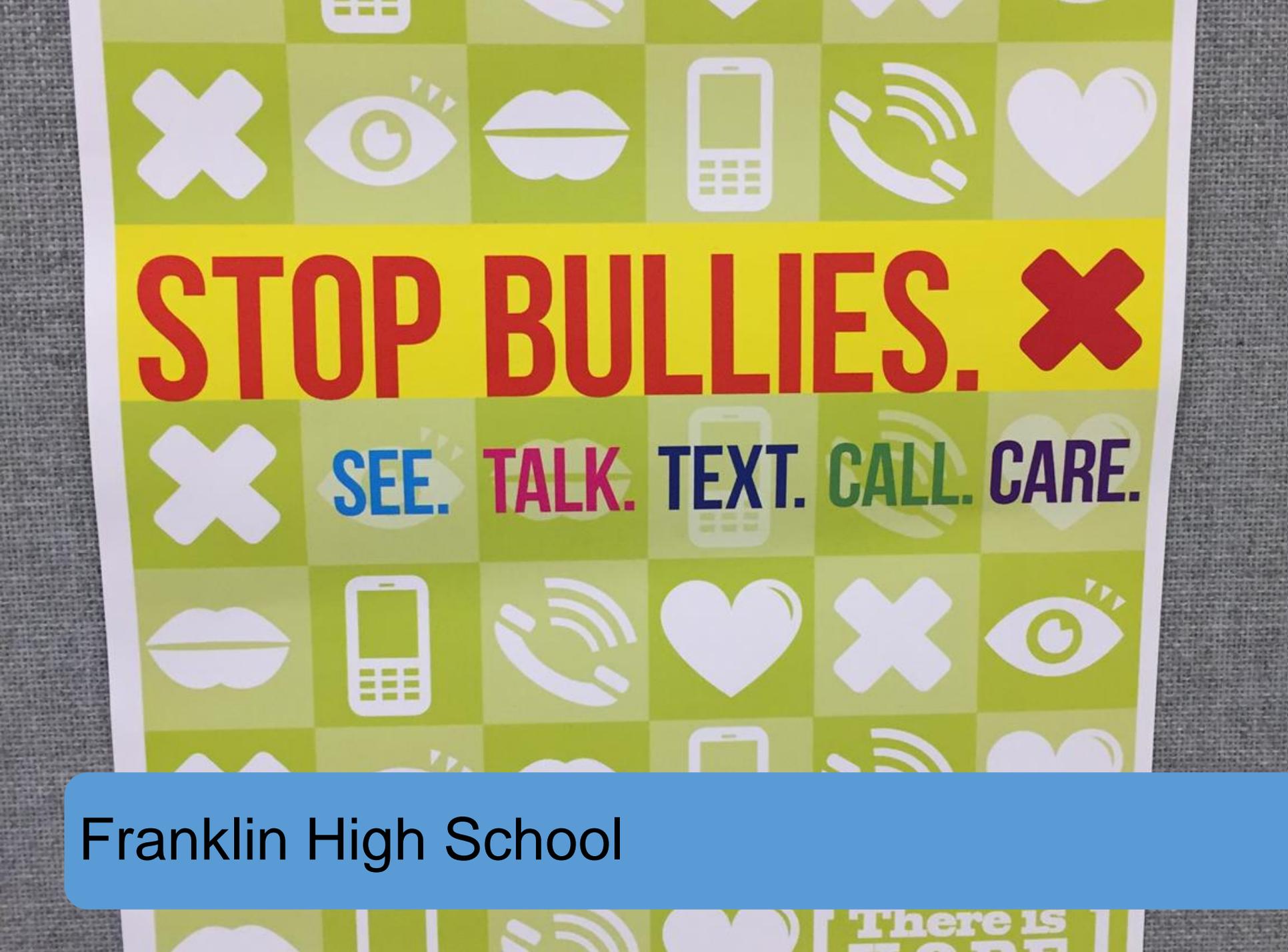
Look While You Wait

Franklin High School



**This is a safe and inclusive  
space for lesbian, gay,  
bisexual and transgender  
students and their allies.**

Franklin High School



# STOP BULLIES. ✖

✖ SEE. TALK. TEXT. CALL. CARE.

Franklin High School

There is  
HOPE

# 打擊流感



咳嗽時請把嘴遮住！

洗手。

生病時留在家中。

注射疫苗。



Centers for Disease Control

[www.cdc.gov](http://www.cdc.gov)

MINNESOTA Minnesota

Franklin High School



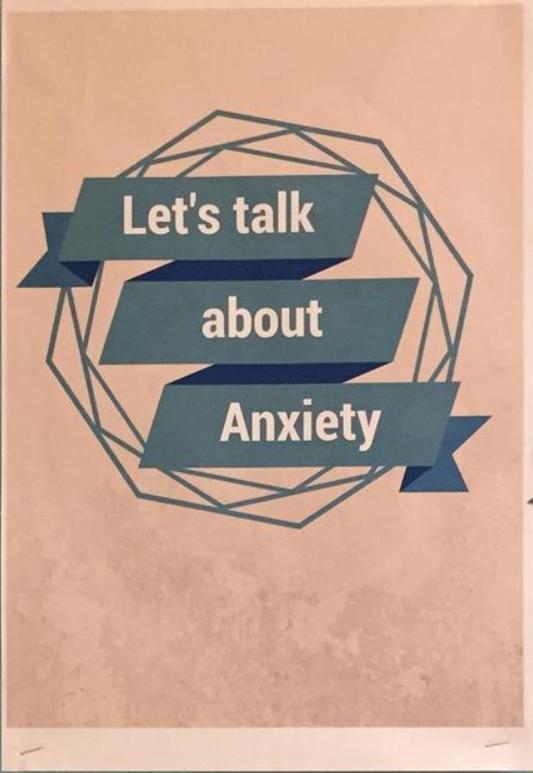
Franklin High School



George Middle School

**What can I do about it?**

**What is Anxiety?**



**Most kids who get help for anxiety feel a lot better!**  
Students and parents can stop by our school-based health center and make an appointment. You don't have to go through this alone

Anxiety is a big word that means feeling scared and nervous. The feeling comes from a worry, an upsetting situation, or a thought that is hard to let go. Sometimes it happens for no real reason.



**Normal**  
Some types of anxiety are OK to have. For example, feeling nervous about a baseball or soccer game can make you practice harder.

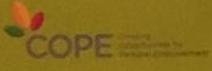


**Problem**  
Anxiety becomes a problem if you feel worried a lot and it is getting in the way of what you

MINDFULNESS

Ask about COPE, a free class at your clinic that can help you learn how to feel better.

PERSONAL EMPOWERMENT



STRESS AND COPING



**George Middle School**



George Middle School



Hood River Valley High School



# HRVHS HEALTH CENTER



ONE  
COMMUNITY  
HEALTH



Interpretation Services Available

Language	Available
Arabic	Yes
Burmese	Yes
Chinese	Yes
English	Yes
French	Yes
German	Yes
Haitian Creole	Yes
Hindi	Yes
Japanese	Yes
Korean	Yes
Laotian	Yes
Mandarin	Yes
Polish	Yes
Portuguese	Yes
Russian	Yes
Spanish	Yes
Tamil	Yes
Tagalog	Yes
Thai	Yes
Vietnamese	Yes

Hood River Valley High School



Hood River Valley High School

BROUGHT TO YOU BY THE HVVHS HEALTH MEDIA CLUB AND HOOD RIVER COUNTY PREVENTION DEPARTMENT

# MARIJUANA AND THE DEVELOPING BRAIN

LA MARIJUANA Y EL CEREBRO JOVEN

### MARIJUANA USE CAN LOWER INTELLIGENCE

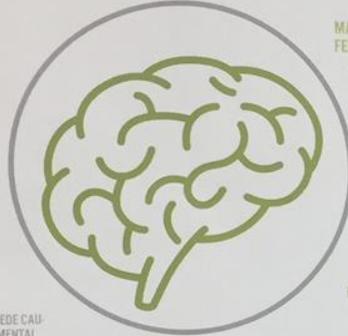
LA MARIJUANA PUEDE REDUCIR LA INTELIGENCIA

### MARIJUANA USE CAN DAMAGE YOUR ABILITY TO LEARN

LA MARIJUANA AFECTA NEGATIVAMENTE TU HABILIDAD DE APRENDER

### MARIJUANA USE CAN LEAD TO MENTAL HEALTH ISSUES

EL USO DE LA MARIJUANA PUEDE CAUSAR PROBLEMAS DE SALUD MENTAL



### MARIJUANA USE CAN INTERFERE WITH DRIVING ABILITY

LA MARIJUANA INTERFIERE CON TU HABILIDAD DE MANEJAR

### MARIJUANA USE CAN LEAD TO ADDICTION

EL USO DE LA MARIJUANA PUEDE CONducIR A LA ADICCION

### MARIJUANA USE CAN DISTORT PERCEPTION, CAUSING THINKING AND PROBLEM SOLVING ISSUES

LA MARIJUANA DISTORCIONA LA PERCEPCION, Y CAUSA PROBLEMAS CON EL PENSAMIENTO Y RESOLUCION DE PROBLEMAS



STAY ABOVE THE INFLUENCE  
MANTENTE POR ENCIMA DE SU INFLUENCIA



BROUGHT TO YOU BY THE HVVHS HEALTH MEDIA CLUB AND HOOD RIVER COUNTY PREVENTION DEPARTMENT

# ALCOHOL AND THE DEVELOPING BRAIN

EL ALCOHOL Y EL CEREBRO JOVEN

### ALCOHOL CAN DAMAGE YOUR ABILITY TO LEARN

EL ALCOHOL PUEDE DANAR TU HABILIDAD DE APRENDER

### ALCOHOL NEGATIVELY AFFECTS LONG-TERM MEMORY

EL ALCOHOL PUEDE AFECTAR NEGATIVAMENTE LA MEMORIA

### ALCOHOL IMPACTS BRAIN DEVELOPMENT

EL ALCOHOL IMPACTA EL DESARROLLO DEL CEREBRO



### ALCOHOL USE CAN LEAD TO ADDICTION

EL CONSUMO DE ALCOHOL PUEDE CONducIR A LA ADICCION

### ALCOHOL CAN CAUSE YOU TO DO THINGS THAT YOU WOULDN'T NORMALLY DO

EL ALCOHOL TE HACE HACER COSAS QUE NORMALMENTE NO HARIAS

### ALCOHOL CAN CAUSE MOOD SWINGS

EL ALCOHOL PUEDE CAUSAR CAMBIOS EMOCIONALES



STAY ABOVE THE INFLUENCE  
MANTENTE POR ENCIMA DE SU INFLUENCIA



Hood River Valley High School



Hood River Valley High School



Illinois Valley High School

**HIV and STI Prevention**  
**WHEN NO MEANS NO!**  
 HIV, 101 De and Oral Sex

**How to Deal with Stress**  
 (without using alcohol or other drugs)

**E-cigarettes**  
 8 Things Everyone Should Know

**Teens and Chew**  
 Why use the stuff?

**How to Express Anger**  
 (without hurting yourself or others)

**DEALING WITH DEPRESSION**

**ALCOHOL**

**STICKING TO YOUR LIMITS**

**SEXUAL PRESSURE: A SURVIVAL GUIDE FOR GUYS**

**BEFORE YOU DATE AN OLDER GUY...**

**Emergency Contraception**  
 "I missed taking 1 pill this week."  
**A SECOND CHANCE**  
 to Prevent a Pregnancy

**Brushing & Flossing**

**ANTES DE SALIR CON ALGUIEN MAYOR QUE TÚ...**

**School-Based Health Centers**

**Rev yourself up in the morning with a nutritious breakfast.**

**Exercise**

**MyPlate**

**KEEP YOUR TEETH AND GUMS HEALTHY**

**BE FIT & STAY HEALTHY**

**STUDENT HEALTH**

**TAKE CARE OF YOURSELF**

**YOU**

**NECOTINE IS ADDICTIVE**

**CONSIDER THE RISKS**

**USE THE FACTS**

**NEW AVAILABLE without a prescription if you are age 18 or older.**

**Plan B**  
 "I was forced to have sex."

**"The condom broke!"**  
 "The diaphragm wasn't in place."  
 "We didn't plan to have sex."  
 "We just didn't use anything."

Illinois Valley High School

Everyone Know  
d  
V



ACTIVE  
RISKS

Keep Your  
Teeth and Gums  
Healthy



Brushing  
& Flossing



Exercise

Vaccinations  
for College?

Yes! There are required and recommended vaccinations for college. Are you ready?

Complete your Hepatitis B series (3 shots over 6 months)  
Menstrual information (only 1 shot)

Recommended vaccinations:  
Hepatitis A series (2 shots, 3 months apart)  
Human Papilloma Virus (only 3 shots over 6 months)

STUDENT HEALTH CENTER




We are open.  
Come on in!

IVHS Health Center Schedule - 2015-2016 school year

Marshall Hamilton

If you would like to be seen at the Health Center:  
FURTHER HELP

- Write a note with your name, today's date & time
- Put the note in the envelope provided
- Slide the envelope under the door

We will contact you as soon as possible.

Thank you.

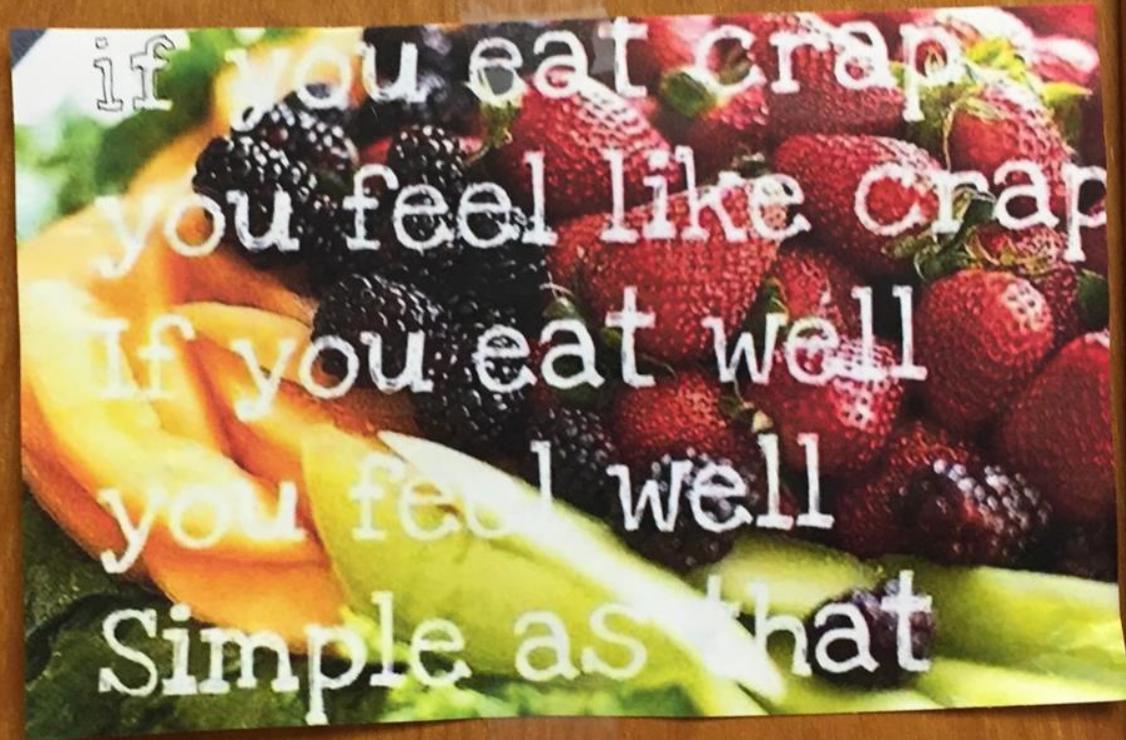
Your Student Health Center Staff

*And why not? You want to be SEEN!*

EMERGENCY PHONE NUMBERS

911 for AMBULANCE, FIRE OR POLICE

Illinois Valley High School



Illinois Valley High School



Illinois Valley High School



# Ione Community Charter

# IONE COMMUNITY CLINIC

365 W THIRD STREET

A Collaboration Of:



IONE SCHOOL DISTRICT



MORROW COUNTY HEALTH DEPT



MORROW COUNTY HEALTH DISTRICT



COMMUNITY COUNSELING SOLUTIONS



ADVANTAGE DENTAL

Ione Community Charter



# Ione Community Charter

# TIPS FOR A HEALTHY LIFESTYLE

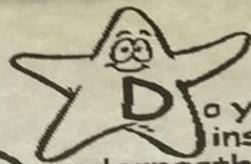
PROVIDED BY:  
IONE COMMUNITY SCHOOL



Ione Community Charter

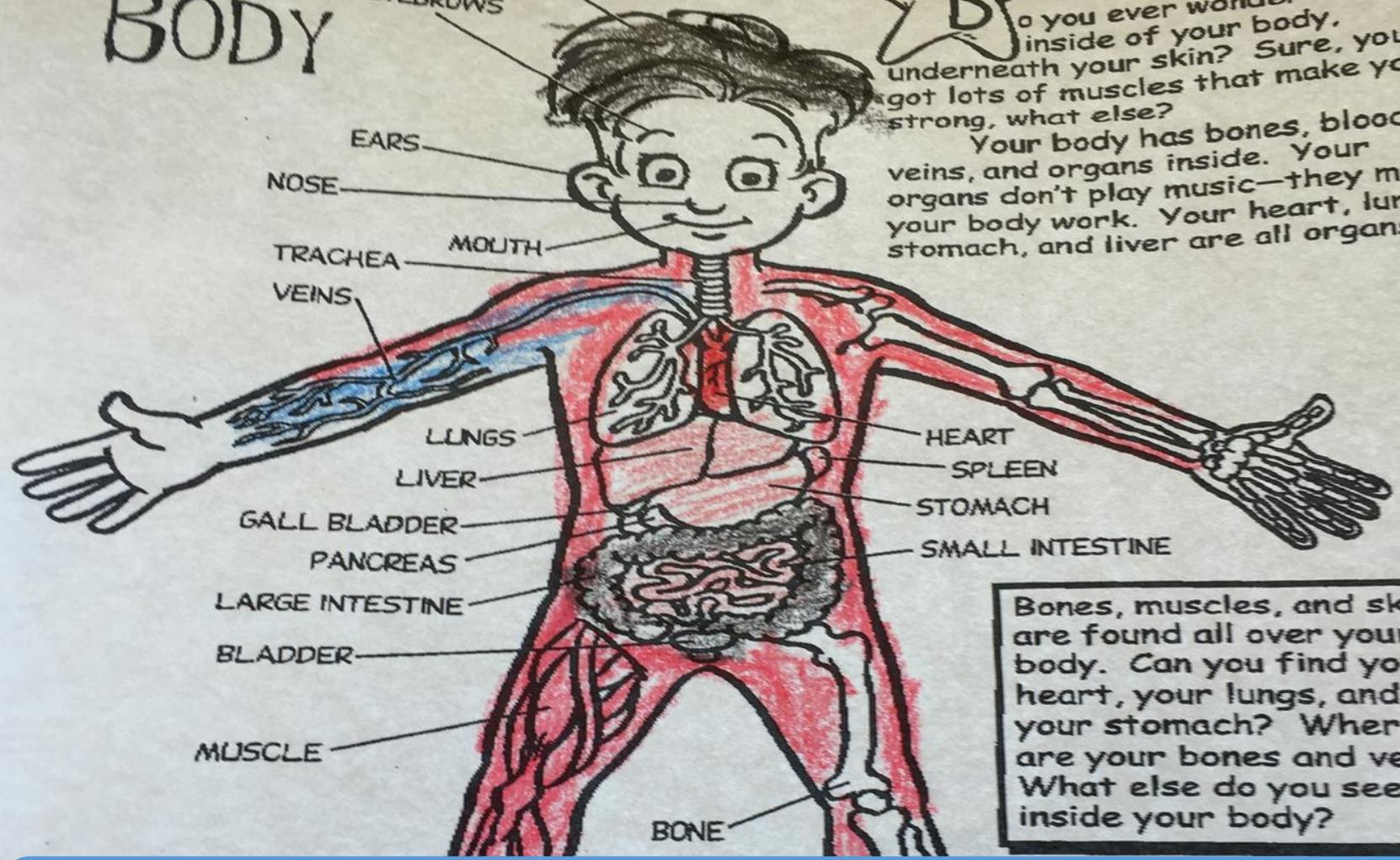
# YOUR BODY

Kindergarten  
HAIR



Do you ever wonder what's inside of your body, underneath your skin? Sure, you've got lots of muscles that make you strong, what else?

Your body has bones, blood, veins, and organs inside. Your organs don't play music—they make your body work. Your heart, lungs, stomach, and liver are all organs.



Bones, muscles, and skin are found all over your body. Can you find your heart, your lungs, and your stomach? Where are your bones and veins? What else do you see inside your body?



Ione Community Charter



# Jefferson High School

**HEALTH CENTER**

MULTNOMAH COUNTY HEALTH DEPARTMENT  
Welcome to Jefferson  
School-Based Health Center  
A Member of CareOregon

The bulletin boards are decorated with colorful starburst shapes and text. The left board is titled 'Health' and lists services: 'Immunization', 'Etiology and Prevention Education', 'Sports Physicals', 'Prescription Medication', and 'Vision Screenings'. The right board is titled 'Clinic' and lists services: 'Reproductive Health', 'Treatment of Illnesses', 'Lab Tests', and 'Antibiotic Treatment & Education'.

JEFFERSON SCHOOL-BASED HEALTH CLINIC  
PHONE (503) 948-2380

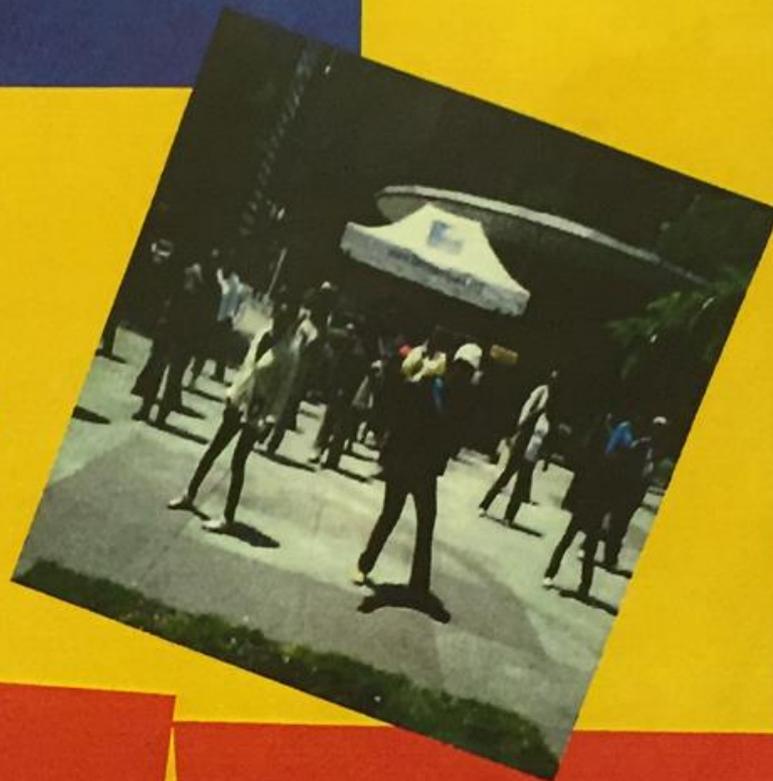


**Jefferson High School**

NCE TIME

Dancing is a step in  
the right direction!

Join the School-  
Based Health Clinic  
staff for line dancing  
during lunch on  
Wednesdays.



Date: Wednesdays

Jefferson

Jefferson High School

11:30am-11:50am

COFFEE

reg.  
**THERE'S  
NO PLACE  
FOR HATE  
AT OUR  
SCHOOL.**

Jefferson High School



Jewett Elementary School



Jewett Elementary School

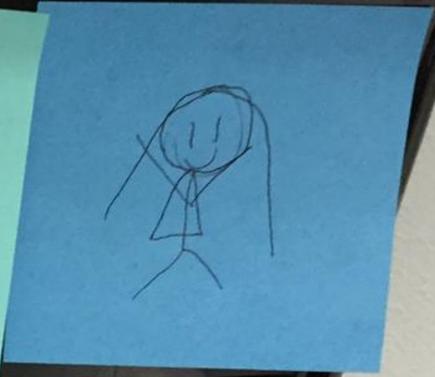
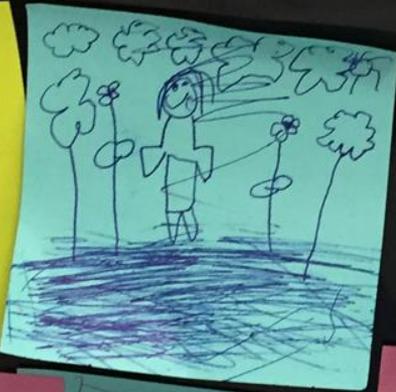


Jewett Elementary School

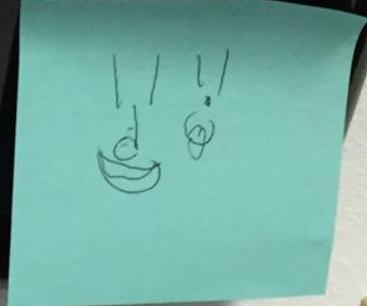
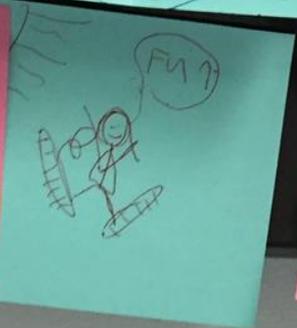


Jewett Elementary School

JEWETT



NO BOO!!!



Jewett Elementary School



Jewett Elementary School



La Grande High School



La Grande High School



Communication  
By: Leil Feldman  
Question: Does this person communicate  
clearly and directly?  
64

La Grande High School

progress, and even sometimes fail but want to help each other through the times we wish to give up. Understand when it's time for you to put your needs aside for another person, when you are able, and want to put someone else first, you can feel love. Dance with me in the living room, gently pick me up and whisk me away to bed, tenderly kiss my forehead as I dream, read with me. You and I will be you and I together. Individuals who choose to look past minor imperfections, and focus on the unique talents and gifts of another. We have a choice, if it's healthy, and right, to stick with it, or run away when things are no longer hugs and butterflies. If it's right, you will know it, trust, and pour your soul into loving. Love, relationship, taking turns, issues, commitment, critical, accepting, I'm still me, you are still you, enjoy, hope, love, peace, bliss, wonder, beautiful joy, agreement, forgiveness, fulfil, laugh, smiles, tears, balance, ability, spirit, eternity, look into each other's eyes, faithful, work through it, marriage, eternity, learn, stay true forever. I wish to stay with you. Love is beautiful, love is wild. To love unconditional isn't easy but it's a chance to appreciate and care about someone on a whole new level. Be willing and wanting to learn of them, for them, with them, together you shall grow. Grow, progress, and even sometimes fail but want to help each other through the times we wish to give up. Understand when it's time for you to put your needs aside for another person, when you are able, and want to put someone else first, you can feel love. Dance with me in the living room, gently pick me up and whisk me away to bed, tenderly kiss my forehead as I dream, read with me. You and I will be you and I together. Individuals who choose to look past minor imperfections, and focus on the unique talents and gifts of another. We have a choice, if it's healthy, and right, to stick with it, or run away when things are no longer hugs and butterflies. If it's right, you will know it, trust, and pour your soul into loving. Love, relationship, taking turns, issues, commitment, critical, accepting, I'm still me, you are still you, enjoy, hope, love, peace, bliss, wonder, beautiful joy, agreement, forgiveness, fulfil, laugh, smiles, tears, balance, ability, spirit, eternity, look into each other's eyes, faithful, work through it, marriage, eternity, learn, stay true forever. I wish to stay with you. Love is beautiful, love is wild. To love unconditional isn't easy but it's a chance to appreciate and care

La Grande High School

good and the bad, you can learn and progress together, forever. Smile together laugh with each

# Client Rights & Responsibilities

## You have the RIGHT to . . .

- Considerate, respectful care
- Receive complete accurate information regarding the diagnosis, treatment alternatives and prognosis of your health conditions.
- Be seen in a timely manner for your health concerns.
- Expect that all communications & records about your health care will be treated as confidential. With the exceptions required as mandatory reporters; if there are concerns that your life is in danger from yourself or someone else or if you have threatened someone else's life.
- Receive all the necessary and pertinent information to decide about your health care treatment in language that you understand.
- Refuse treatment as permitted by law, and to be informed of the medical consequences of that action.
- Voice any concerns or complaints that arise, without fear, regarding your health care with

## You have the RESPONSIBILITY to . . .

- Give your provider and SBHC staff respect and consideration.
- Provide complete, accurate honest information about your health status so that the staff can give you the best health care possible.
- Cancel or change your appointment in a timely manner, to allow others in need to access a health care provider.
- Make sure that you understand, or ask questions to clarify your understanding of, your health care.
- Follow through with the prescribed treatment, including follow-up appointments and completing medications if you agree to the prescribed course of treatment.
- Discuss in a timely manner, your concerns with the provider or SBHC staff should problems arise.
- Be a cost conscious health consumer. This includes the obligation to undertake preventative health practices that promote health safety and avoid disease.

La Grande High School

orientation, national origin, disability, or age.

includes involving your family; trusted adult or caretaker in any aspect of care that you feel

"Truth"

By: Brittany Meeks and  
Morgan Millican  
Question: Does this person speak the truth?

3

♥ Three Things Cannot  
be long hidden The sun,  
The moon and The  
truth ♥

La Grande High School



WORKING TOGETHER TO KEEP LHS SAFE!



**LHS HOTLINE**  
**(541) 241-2436**

**LHS HOTLINE**  
AN ANONYMOUS WAY TO HELP!

La Grande High School





School



Based



Health



Center

La Grande High School

## SEXUAL EXPOSURE CHART

NUMBER OF  
SEXUAL PARTNERS

(if every person has only the same number of partners as you)

NUMBER OF  
PEOPLE EXPOSED TO

1		1
2		3
3		7
4		15
5		31
6		63
7		127
8		255
9		511
10		1023

La Grande High School



La Pine K-12

# Youth Annual Wellness Exams

**For Ages  
12 - 21  
Years Old**

**The Youth & Guardian will  
each receive their choice  
of a \$25 Gift Card for:**

**Call 541-536-3435**

**Offered at Our  
Following Locations**

- Main Clinic
- Sunriver
- LaPine & Gilchrist School  
Based Health Centers



**La Pine K-12**

# Take Action!

ARE YOU AN OUTLAW, HAWK, MUSTANG, OR LAVA BEAR?

## JOIN YOUTH ACTION COUNCIL!

### Why?

- ▶ Youth Action Council members work on projects that promote health topics they think are most important to STUDENTS.
- ▶ Meetings are once a week, during lunch. Lunch is FREE for all Youth Action Council members.
- ▶ Membership on the Council looks great on college

La Pine K-12

# Immunizations Save Lives

## Receive a Pack of Diapers at Each Well Child Visit



LaPine Community  
**HEALTH  
CENTER**  
541-536-3435  
lapinehealth.org

**Offered At  
All Five Of  
Our Locations**

- Sunriver
- Christmas Valley
- Gilchrist School Based Health Center
- LaPine School Based Health Center
- LaPine Community Health Center

### Well Child Schedule

**2 Weeks**  
**2 Months**  
**4 Months**  
**6 Months**  
**9 Months**  
**12 Months**  
**15 Months**  
**18 Months**  
**2 Years**

At the 15 Month Visit you'll receive an additional \$25 Shop Smart/Rays Gift Card if your child is up to date on their immunizations.



La Pine K-12



Lincoln Elementary School



Lincoln Elementary School



Lincoln Elementary School



Lorna Byrne Middle School



Lorna Byrne Middle School

BLS for the Healthcare Provider  
Checking Victim – Tap & shout, look at chest for breathing (no look, listen and feel), call 911, check pulse

**Rescue Breathing**

- Adult: 1 breath every 5-6 seconds for 2 minutes (approx. 24 breaths)
- Infant/Child: 1 breath every 3-5 seconds for 2 minutes (approx. 24-40 breaths)

**CPR (at least 100 compressions/minute)**

- 1-Person Adult/Child/Infant: 30 compressions 2 breaths, 5 times in 2 minutes
- 2-Person Adult: 30 compressions 2 breaths, 5 times in 2 minutes – switch every 5 cycles
- 2-Person Child: 15 compressions 2 breaths, 5 times in 1 minute – switch every 5 cycles (1 or 2 hand tech, depending on size of victim)
- 2-Person Infant: 15 compressions 2 breaths, 5 times in 1 minute – switch every 5 cycles (2-hand circle tech. – using thumbs)
- Advanced Airway – 100 compressions/minute & 1 breath every 6-8 seconds

**Choking**

- Adult/Child Conscious: Abdominal thrusts or Heimlich maneuver
- Adult/Child Unconscious: CPR – 30 compressions, look in mouth for object (don't perform blind finger sweep)
- Infant Conscious: 5 back blows
- Infant Unconscious: CPR (don't perform blind finger sweep)

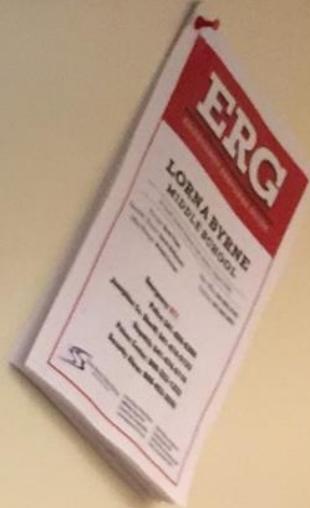
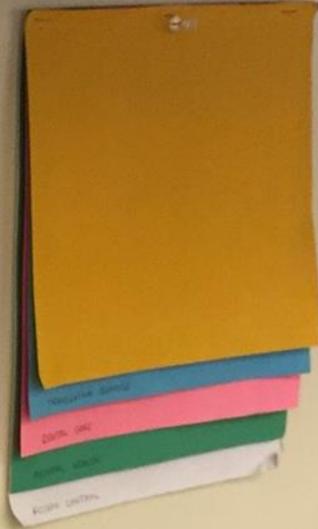
**Compression Depth**

- Adult: At least 2 in.
- Child: Approximately 2 in.
- Infant: 1 1/2 inches

**SAFE ZONE**



This space  
**RESPECTS**  
all aspects of people  
including race, ethnicity,  
gender expression, sexual orientation



Lorna Byrne Middle School



Lorna Byrne Middle School



Lorna Byrne Middle School



Lorna Byrne Middle School



M. A. Lynch Elementary School



**Mosaic**  
Medical

Real People, Real Care.

# Lynch Community Clinic

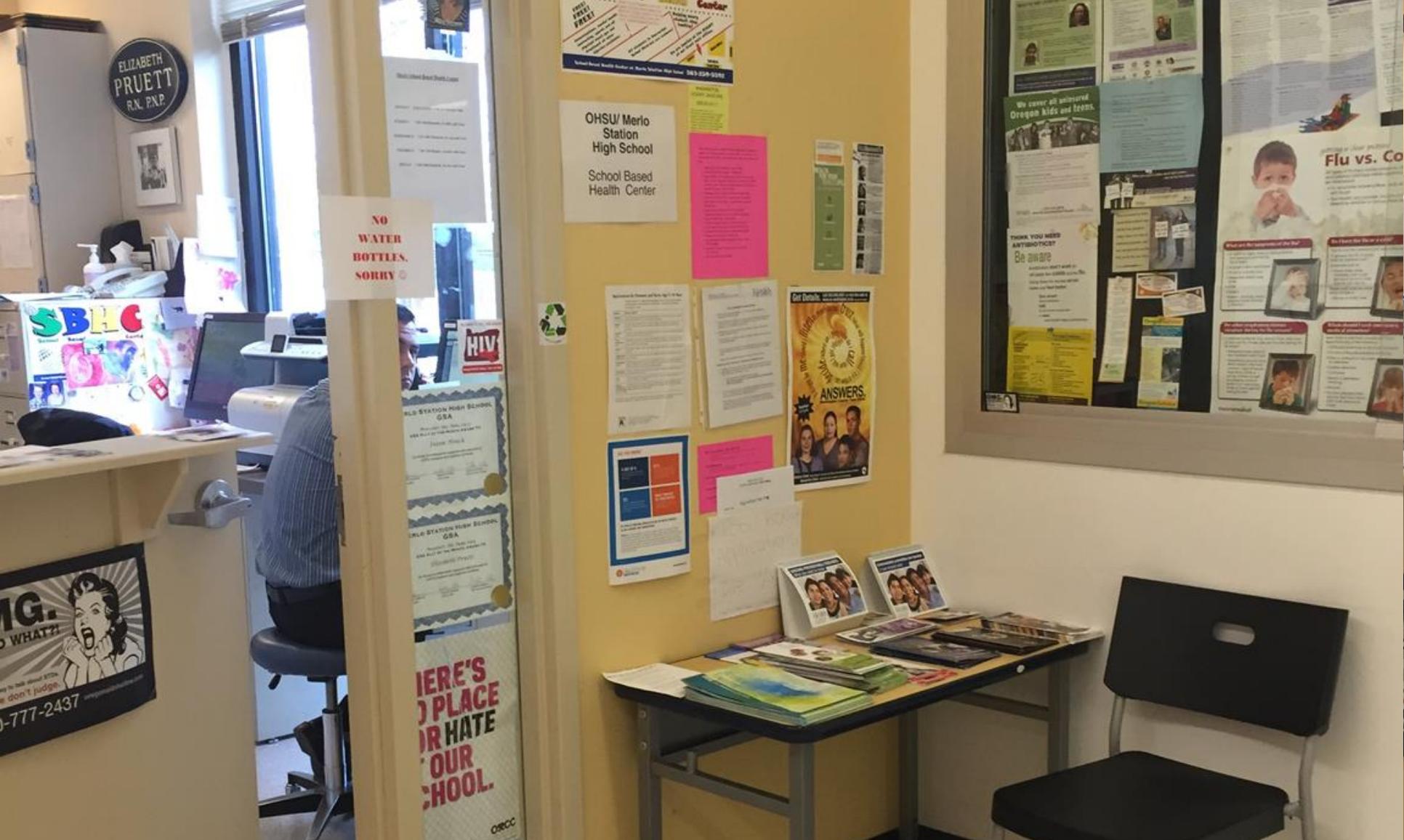
*In partnership with:*



M. A. Lynch Elementary School



M. A. Lynch Elementary School



Merlo Station High School



Merlo Station High School



Parkrose High School

**flutalk**  
Get the facts

The flu vaccine

- Is safe
- Does not cause the flu
- Protects the ones you love

**Spread the word and Get VACCINATED!**

For more flu facts go to [www.cdc.gov/flu](http://www.cdc.gov/flu)  
800.232.4636

**KEEP CALM AND TAKE OUR SURVEY**

Sometimes scribbling on your notebook just doesn't feel like enough.

That's why we're here.

**OregonYouthline.org**  
TEXT teen2teen to 839863

1.877.968.8491 :: [facebook.com/oryouthline](https://facebook.com/oryouthline)  
Free, confidential, text-to-text :: 6-10 PM Monday through Friday

Oregon youthline We listen, we support, and we keep it to ourselves. [View chat availability](#)

I've missed more than 9000 shots in my career.  
I've lost almost 300 games.  
26 times, I've been trusted to take the game winning shot and missed.  
I've failed over and over and over again in my life.  
And that is why I succeed.

~ Michael Jordan ~

**¿Tiene un adolescente?**

Laboratorios de estrés, cognición, afecto y neuroimagen (SCAN) en OHSU lleva a cabo un estudio sobre el estrés, el cerebro y los cambios en el comportamiento en adolescentes.

Su hijo(a) puede tener la oportunidad de:

- Recibir imágenes de su cerebro.
- Recibir una compensación de hasta \$120
- Aprender sobre el cerebro

Los padres también pueden recibir compensación.

La participación de su hijo(a) incluye:

- Entrevista - 2 o 3 horas
- Juegos de roles y juegos - 2 horas
- IMR en el Centro Neurociencia de Investigación con Imágenes de OHSU - 2 horas

Su hijo(a) puede ser elegible si:

- Tiene entre 13 y 17 años de edad
- Es estudiante
- No tiene metal en su cuerpo (que no se puede quitar, como aparatos de ortodoncia o un pendiente perforado)

La IMR no involucra radiación ni inyecciones, y es segura para todas las edades.  
Hay disponibilidad de programación por las noches y fines de semana.  
Hay disponibilidad de ayuda con el transporte.  
Si está interesado, laboratorios de estrés, cognición, afecto y neuroimagen (SCAN) al

**Do Ask, Do Tell**

Talk to your provider about being LGBTQ. Your provider will welcome the conversation. Start today!

**TEEN BRAIN STUDY!**

The Stress, Cognition, Affect and Neuroimaging (SCAN) Lab at OHSU is conducting a study on stress and brain and behavior changes in adolescents.

You may have the opportunity to:

- Receive a picture of your brain
- Be compensated for your time
- Learn about the brain

Parents may also receive compensation.

Your participation includes:

- Interview - 1 to 2 hrs
- Puzzles and Games - 1 hr
- MRI at OHSU's Advanced Imaging Research Center - 1 hr

You may be eligible if you:

- Are 13-17 years old
- Are right-handed
- Have no metal in your body (that can't be removed - like braces or a permanent retainer)

The MRI involves no radiation or injections and is safe for all ages. Evening and weekend scheduling is available. Assistance with transportation is available. If interested, please call the SCAN Lab at: 503-454-4476

Development of germs that can be passed others such

**Cover your Cough**

Clean

Parkrose High School

# EXERCISE

Get regular exercise to help control your weight and keep your heart, brain, and muscles fit. Try to be physically active for 30 to 60 minutes on most days of the week.

# GOOD POSTURE

Standing and sitting straight with the proper posture helps keep your body aligned. It can improve your breathing and digestion. Proper posture can also help you avoid muscle and joint pain.

# GET ACTIVE

There are many ways to get exercise and be physically active.

Strength training uses weight lifting or resistance exercises to build and tone muscles.

Team and individual sports provide a variety of cardio and strength benefits.

An aerobic or cardiovascular workout is designed to temporarily increase respiration and heart rate.

# Rest & Relaxation

Get at least eight hours of sleep a night. Younger children may need even more sleep. It helps your brain stay alert and focused during the day, helps you maintain a proper weight, and helps your body deal better with illnesses.

A short nap during the day can refresh and recharge you.

Relax from your busy schedule with quiet activities like reading, getting a massage, or enjoying time outdoors.

## GET UP AND MOVE

The average person needs 30 minutes of exercise every day

Exercise ideas:

- Walk to school or walk home in the afternoon.
- Sign-up for a sport or an after-school activity at the SUN school.
- Turn up the radio and dance the stress away.

# Parkrose High School

...charge people for your donations...

# Help people in need by donating your unwanted clothes to the Health Clinic!!

Shirts  
Shoes  
Pants  
Belts  
Coats



Hats  
Bras  
Dresses  
Gloves

ANYTHING!!

The clothing in Torso is **completely free!** If you are a patient at the Health Center, and you need clothes, please feel free to stop by!

Spring is upon us, so it may be time for some spring cleaning!! If

Parkrose High School



Parkrose High School

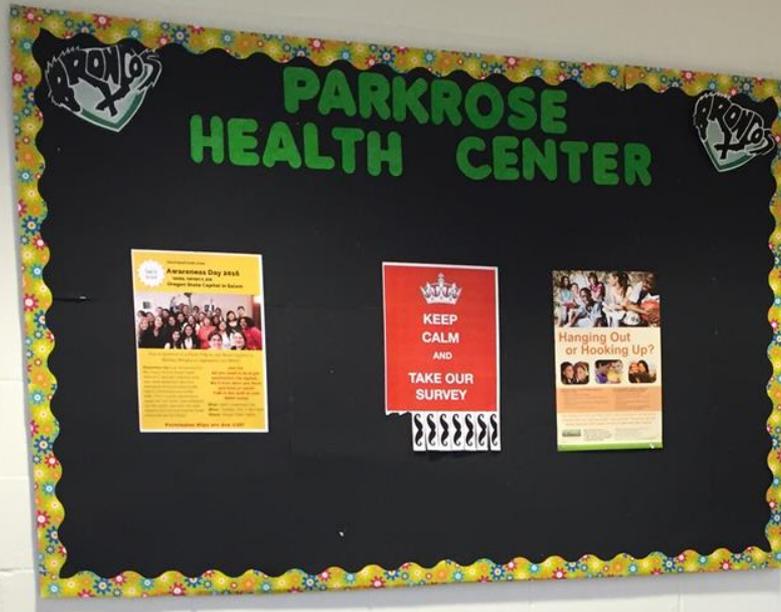


**Ethnic, Racist, Sexist,  
Disability-Related,  
Sexual Orientation, or  
Religious Based Insults**

**ARE NOT  
ACCEPTABLE  
HERE**



Parkrose High School



Parkrose High School



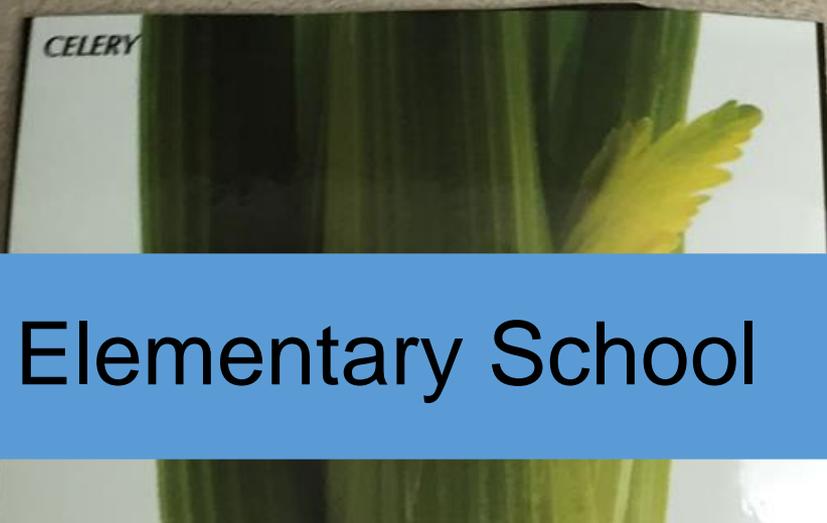
Phoenix Elementary School



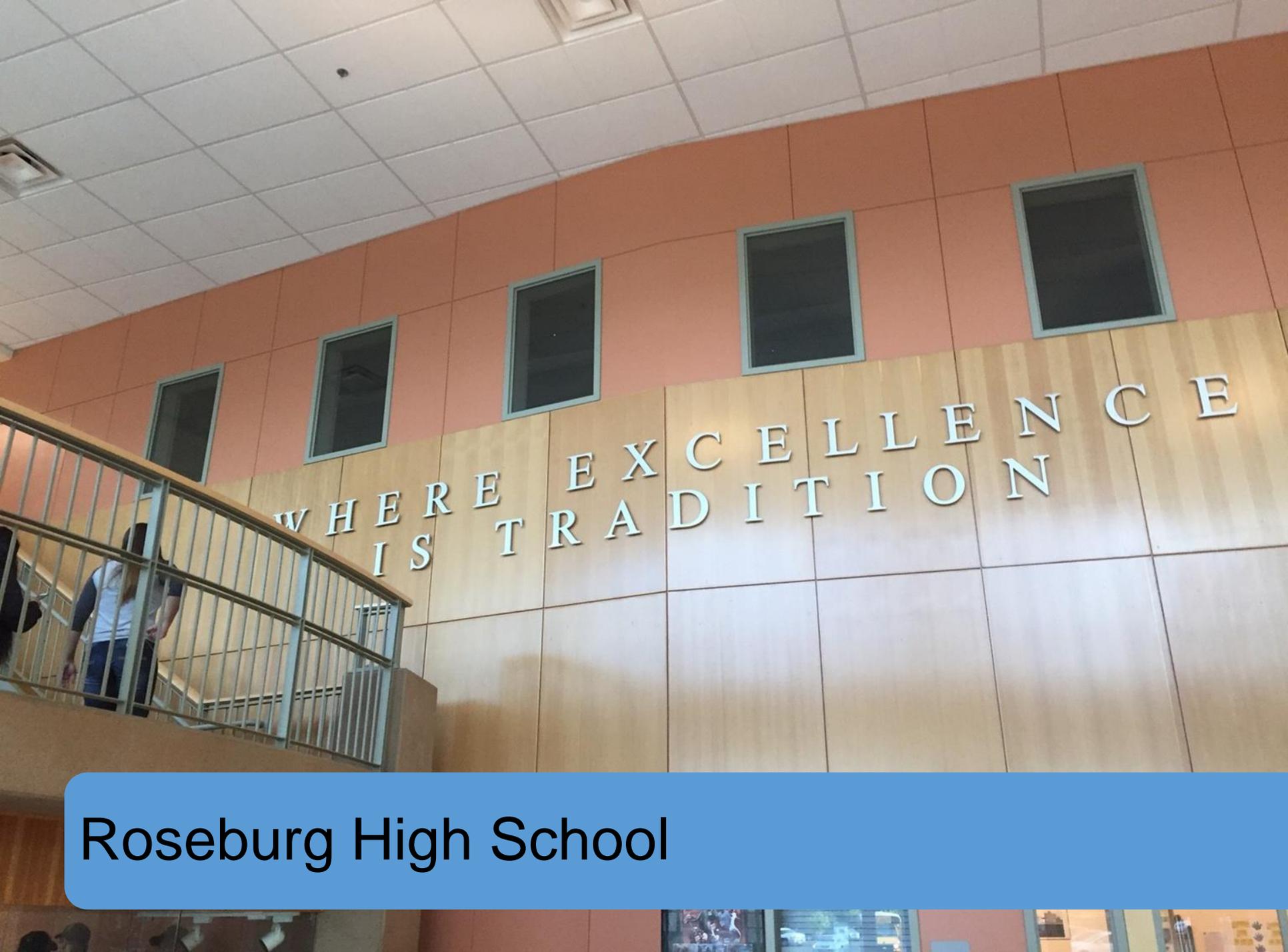
Phoenix Elementary School



Phoenix Elementary School



Phoenix Elementary School

The image shows the interior of a school building. A prominent feature is a wall with a light-colored wood-grain paneling. On this wall, the school's motto is displayed in large, raised, white letters: "WHERE EXCELLENCE IS TRADITION". Above the wood paneling, there is a section of orange-colored wall with four small, square, dark-framed windows. To the left, a metal staircase railing is visible, and a person is standing on the stairs. The ceiling is a standard grid-style drop ceiling with recessed lighting.

WHERE EXCELLENCE  
IS TRADITION

Roseburg High School

**Teen Health Center  
Roseburg High School  
CLINIC HOURS**

---

**Tuesday  
7:00 am - 11:30 am**

**Nurse Practitioner appointments  
7:00 am - 11:00 am**

---

**Thursday  
7:00 am - 11:30 am  
12:00 pm - 3:30 pm**

**Nurse Practitioner appointments  
7:00 am - 11:00 am**

---

**Friday  
7:00 am - 11:30 am  
12:00 pm - 3:30 pm**

---

**Teen Health Center Clinic Phone  
541-492-2055**

---

**Roseburg High School**

ROSEBURG INDIANS



HOME DUALS

STRICTLY BUS ROSEBURG WRESTLING



**Indians WINTER ROSEBURG SPORTS 2015-2016**

PLEASE SUPPORT THESE PROUD SPONSORS OF ROSEBURG HIGH SCHOOL ATHLETICS!

<b>KNIFE RIVER</b> MATTRESS	<b>Northwest</b> CONSTRUCTION	<b>The Jersey Lilly</b> (541)672-9131 1430 NE Dee Street Roseburg, OR 97470	<b>Michael Hopkins</b> Construction & Remodeling 2250 NW Calkins Roseburg OR 97470 Phone: 541-391-0663 Fax: 541-673-5385	<b>DQ</b> <b>Orange Julius</b>	<b>TERRAFIRMA</b>
<b>Stumbo Construction</b> (541)677-0871 HAVE A GREAT SEASON INDIANS!	<b>Blue &amp; Blue</b> + Bialco +	<b>UCC</b>	<b>Deac Haven</b>	<b>Roseburg</b>	<b>TK</b>



**Even Cinderella** 2014 RHS Girls Soccer

**Can't Get To This Ball!**

**RHS MARCHING (Insert Caption)**

**CHAMPIONS ARE MADE WITH UMPQUA DAIRY PRODUCTS**

**Taking Care Of Business**

# Roseburg High School



**REALLY?!!**  
(THAT HAS TO BE A MISTAKE, RIGHT?)

1 IN 2 SEXUALLY ACTIVE YOUNG PEOPLE  
 WILL GET AN STD BY AGE 25.  
 MOST WON'T KNOW IT.

**THERE IS SOMETHING  
 YOU CAN DO ABOUT IT**

**GET YOURSELF TESTED TODAY**

**GYT**  
 GYTNOW.ORG

sex

**HELP US READ  
 BETWEEN THE LINES.**

Without the whole picture, you might not be getting the whole treatment. Tell your healthcare provider about ALL the drugs you use. [www.druginfo.gov/sexual](http://www.druginfo.gov/sexual)

HRSA NIDAMED NIDA FDA

**SERIOUSLY??**  
(IS THAT REALLY TRUE?)

OF THE 19,000,000 NEW STDs  
 IN THE U.S. EACH YEAR, HALF ARE  
 AMONG PEOPLE UNDER 25.

**MOST STDs ARE CURABLE  
 ALL ARE TREATABLE**

**GET YOURSELF TESTED TODAY**

**GYT**  
 GYTNOW.ORG

sex

**I GOT MYSELF TESTED**

DATE OF VISIT: \_\_\_\_\_

NAME: \_\_\_\_\_

SEX: \_\_\_\_\_

AGE: \_\_\_\_\_

ETHNICITY: \_\_\_\_\_

TESTS PERFORMED:

TEST	DATE	RESULTS
Gonorrhea		
Chlamydia		
Trichomonas		
Herpes		
HIV		
HPV		
Other		

DATE OF VISIT: \_\_\_\_\_

NAME: \_\_\_\_\_

SEX: \_\_\_\_\_

AGE: \_\_\_\_\_

ETHNICITY: \_\_\_\_\_

TESTS PERFORMED:

TEST	DATE	RESULTS
Gonorrhea		
Chlamydia		
Trichomonas		
Herpes		
HIV		
HPV		
Other		

Stop the spread of germs that  
 make you and others sick!

**Clean  
 your  
 Hands**

After coughing or sneezing...  
 wash your hands with soap and  
 warm water, or clean  
 with an alcohol-based  
 hand cleaner or wipe

**Hand Sanitizer**

**Hand Soap**

APCC

Roseburg High School



Roosevelt High School

# Check out the new, outdoor School-Based Health Mobile Clinic!

*Same great service  
Same great hours*



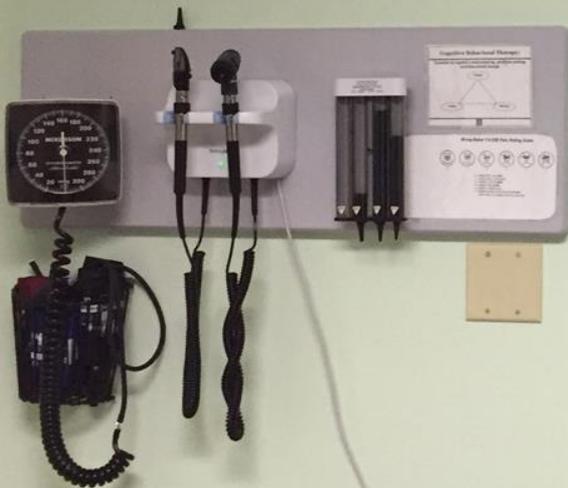
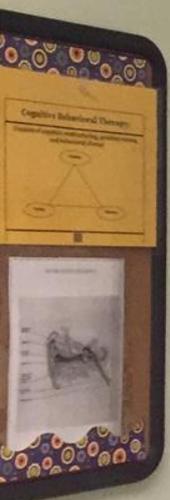
Roosevelt High School

Friday: 7:45 a.m. to 3:45 p.m.

6:45 a.m. to 5:45 p.m.



Roosevelt High School



Scenic Middle School



Scenic Middle School

Mistakes  
are PROOF that you  
are TRYING

Doodle Art Alley ©

Scenic Middle School



EVER...  
let anyone... dull your

SPARKLE!

Scenic Middle School

# SISTERS SCHOOL BASED HEALTH CLINIC



DESCHUTES  
COUNTY

St. Charles  
SCHOOL-BASED CARE

ST CHARLES  
SCHOOL-BASEDCARE



ADVANTAGE  
DENTAL

1680 W McKinney Butte

Sisters High School

BEING A TEENAGER IS HARD ENOUGH,  
**WITHOUT ADDING  
POT TO THE MIX.**



When you use weed to get high, you may have difficulty learning, memory issues and lower math and reading scores.

**Sisters High School**



Sisters High School



**Live  
CRE  
ALIV  
ELY!**

**Love  
Dance**

*Dream*  
**BIG**

**YES**

*TODAY  
IS A  
GIFT*



LIFE DOES NOT HAVE TO BE PERFECT TO BE WONDERFUL.

**HAPPINESS IS HERE TO STAY!**

CREATIVITY IS ALLOWING YOURSELF TO MAKE MISTAKES. **ART** IS KNOWING



IMAGINATION  
WILL  
TAKE  
YOU

**3M AVAGARD**  
Instant Hand Antiseptic with Moisturizer

Parents Guide  
**Childhood Immunizations**

**GAUZE**

**BANDAGES**

**TOOTH PICKS**

**Super Sani-Cloth**

**Sisters High School**

# SPRINGFIELD SCHOOLS HEALTH CENTER

Health Care for Students & Families  
Immunizations • Sports Physicals

For Information or Appointments:  
**541-682-3550**

Same Day Appointments Available  
New Patients Welcome

Springfield High School



**SPRINGFIELD SCHOOLS  
HEALTH CENTER**

A Collaboration between  
Springfield Public Schools and  
Community Health Centers  
of Lane County

Springfield High School



MEET YOUR  
CARE TEAM

SU EQUIPO  
DE SALUD

Springfield High School

# Community Health Centers of Lane County

## iPad mini **DRAWING**

### Rifa de un iPad mini



### **Getting your adolescent wellness exam today?**

Stop by the front desk after your visit to pick up your \$25 gift card. You will be automatically entered to win.

Not having an adolescent well exam today? Schedule yours today and when you complete it you will receive a \$25 gift card and a chance at winning an iPad mini.

# Springfield High School

Pasa a la recepción al final de tu cita para recoger una tarjeta de regalo de \$25.



Springfield High School



Springfield High School



Springfield High School



Sunridge Middle School



**BRONCOS**

Sunridge Middle School

SCHOOL BASED HEALTH

# SCHOOL BASED HEALTH CENTER



SCHOOL BASED HEALTH CENTER  
**HOURS**  
 MONDAY 7:30 – 3:00  
10th Floor Commons and 10th Floor  
 TUESDAY 7:30 – 3:00  
10th Floor Commons and 10th Floor  
 FRIDAY 7:30 – 12:30  
10th Floor Commons and 10th Floor  
 APPOINTMENTS ALWAYS WELCOME

SCHOOL BASED HEALTH CENTER  
**CLOSED?**  
 call 503.255.5522 for assistance  
**Medical NON-Emergency?**  
 see your doctor  
 or call  
 503.255.5522  
 WE CARE ABOUT YOUR CARE!  
 10th Floor Commons, 10th Floor  
 ? EMERGENCY ?  
 EMERGENCY ROOM



Sunridge Middle School

# Be Kind!



*Kindness is a language  
that the deaf can hear  
and the blind can see*  
- Mark Twain

## success

To laugh often and much; to win the respect of intelligent people and the affection of children;

To earn the appreciation of honest critics and to endure the betrayal of false friends;

To appreciate beauty;  
to find the best in others;

To leave the world a bit better  
whether by healthy child, a garden patch, or a redeemed social condition;

To know even one life has breathed easier  
because you have lived.

This is to have succeeded.

Ralph Waldo Emerson

Always  
Be a little  
kinder  
than necessary  
J.M. BARRE

**BULLYING**

teasing, threats, name-calling, hitting, kicking, mean words, gossyping, rumors, leaving somebody out



Sunridge Middle School

# SPEAK UP



## REPORT CONCERNS



**Have a school safety concern?**

**Do you have concerns about bullying, harassment, drug issues, violence, suicide or other school safety issues?**

**You can report these concerns online or by phone –**

**anonymously.**

**Safe Schools Hotline: 541-966-3256**

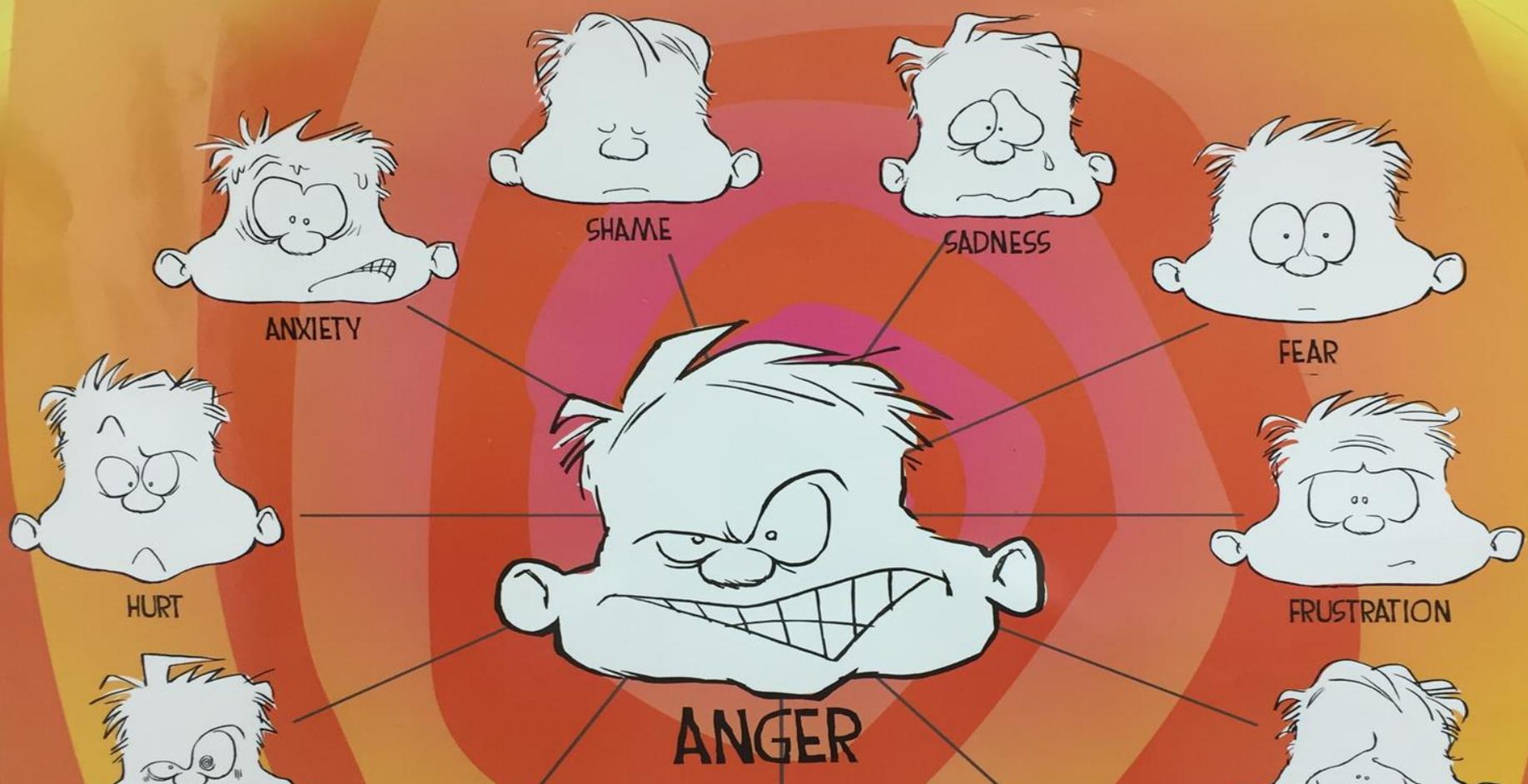
**Sunridge Middle School**



**Thanks for keeping**

# MANAGING YOUR ANGER

## WHAT'S BEHIND IT?



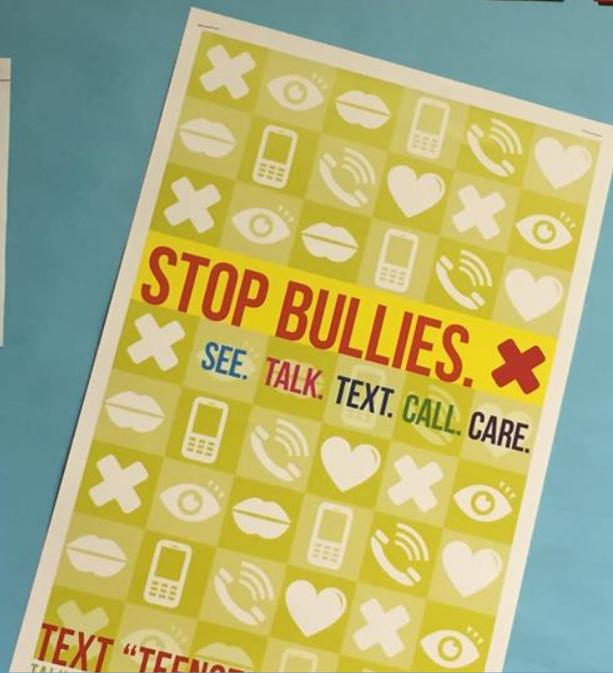
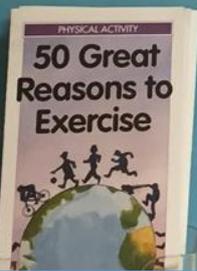
Sunridge Middle School

# YOUR HEALTH CENTER



THINK POSITIVELY  
EXERCISE DAILY  
EAT HEALTHY  
WORK HARD  
STAY STRONG  
WORRY LESS  
DANCE MORE  
LOVE OFTEN  
BE HAPPY —

LISTEN TO THE RADIO.  
WRITE A LETTER. SHOOT SOME HOOPS. PAINT A PICTURE.  
PLANT A GARDEN.  
READ A BOOK. VOLUNTEER.  
READ TO SOMEONE ELSE.  
GO SWIMMING.  
MAKE A PUPPET SHOW.  
REDECORATE YOUR HOUSE.  
MAKE COOKIES. PLAY TAG.  
HAVE A GARAGE SALE.  
FLY A KITE. GO FOR A HIKE.  
PLAY CARDS. MAKE A FORT.  
HAVE A DANCE PARTY.  
START A ROCK BAND.  
BIKE RIDE. WRITE A PLAY.  
VISIT THE...



Notice Of Privacy  
— Practices —

— Your Rights: —  
✓ No discrimination  
✓ Understandable info, care, & treatment  
✓ Access to your information  
✓ Privacy & confidentiality of visits & records

— Your Choice: —  
✓ Access to care  
✓ Tell friends & family  
✓ Treatments with care

— Your Job: —  
✓ Provide accurate & complete information  
✓ Report any changes

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Be The Change

you want to



See in the world

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I need a pregnancy  
test

I am Constipated



I have athlete's  
foot

**SURVIVED**  
**ATHLETE'S**  
**FOOT**

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*If you're worried about  
a friend who might  
suffer from depression...  
tell someone.*

*If you value  
your friend  
and your  
friendship...  
tell someone.*

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**YAMHILL-CARLTON  
HIGH SCHOOL**  
Sign Donated by Yamhill High School Class of '46 and '47'

**10-29 JV FB HOME @ 6:00**  
**10-30 FREE MOVIE NIGHT**  
**SAT- STATEX COUNTRY**  
**@ LANE CC**

**MCGRAW STRONG**  
**FOCUS. FIGHT. FINISH. WE LOVE YOU!**

Yamhill Carlton High School

**YAMHILL CARLTON**



**S B H C**

Yamhill Carlton High School



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# Teens... Did You Know?

Anything you say about sex, drugs and your personal feelings is confidential.\*

*There are some exceptions so ask your doctor about confidentiality rules.*



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that protect your privacy when talking to your healthcare provider.



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**THANK YOU FOR ALL YOU DO!**



Oregon  
**SBHC**  
School-Based Health Centers

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Oregon  
**Health**  
Authority

# Contact Us

School-Based Health Center Program

Oregon Public Health Division

800 NE Oregon St., Ste. 805

Portland, OR 97232

P: 971-673-0249

F: 971-673-0250

[sbhc.program@state.or.us](mailto:sbhc.program@state.or.us)

[www.healthoregon.org/sbhc](http://www.healthoregon.org/sbhc)



Oregon  
Health  
Authority