



Creating Engaging & Powerful YAC Projects

Thursday, March 15

9:30-10:30am



Welcome & Introductions



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Objectives

- Identify what makes a YAC (Youth Action Council) project successful
- Review key benefits and best practices for youth-adult partnership
- Give concrete examples of engaging and powerful YAC projects
- Provide tools that can be used for implementing YAC projects

Takeaways from the Intro to Youth-Adult Partnerships Webinar

- Youth-Adult partnership occurs along a spectrum. The goal is for youth to have voice, shared power with adults, and active participant roles.
- When building youth-adult partnerships:
 - Pay attention to logistics and group dynamics
 - Create ongoing opportunities for collective reflection (formal and informal)
 - Affirmatively address issues of role and power

How to Make a YAC Project Engaging and Powerful

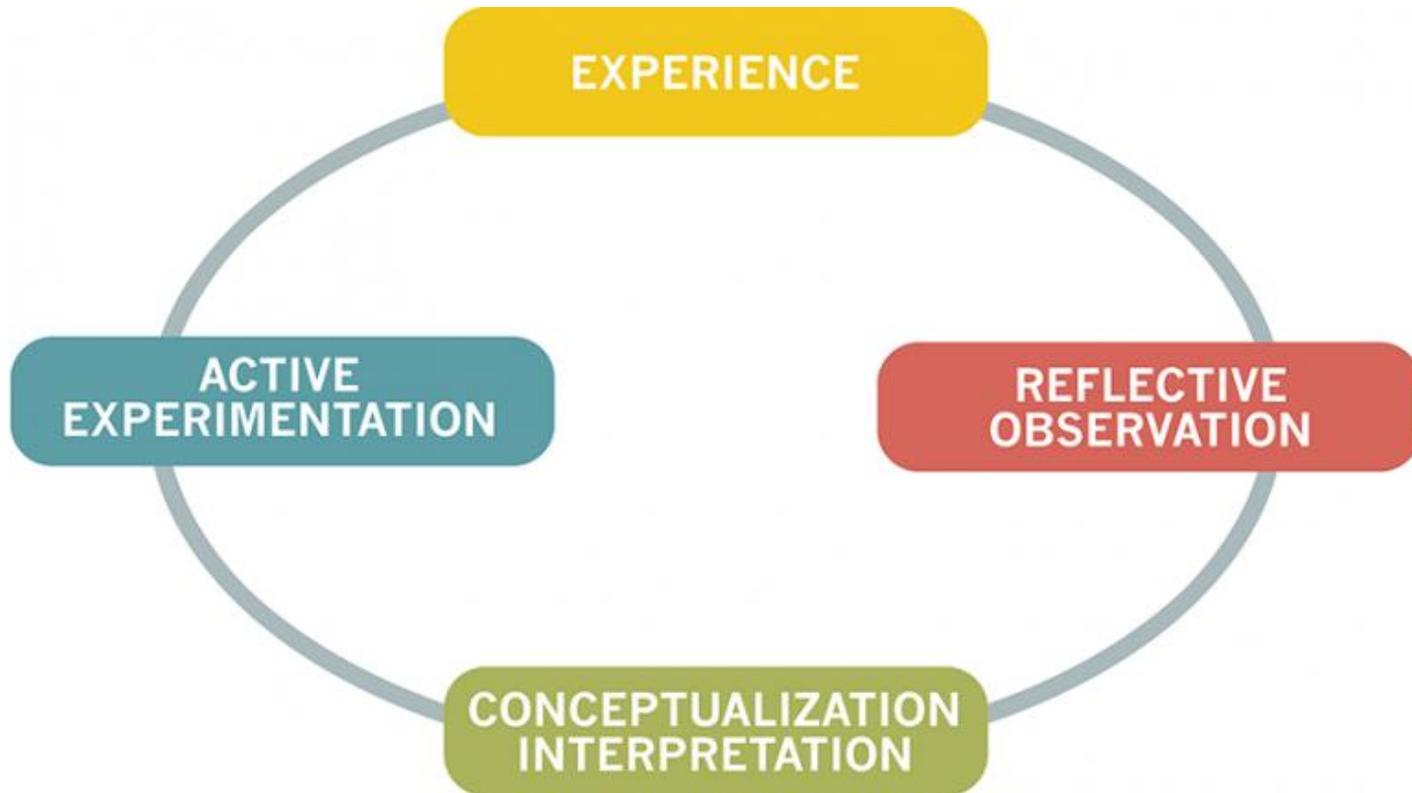
- Make sure it's meaningful—connect the project to your group's mission, and to community health or societal issues that youth are passionate about
- Focus on youth-adult partnership
 - “Youth-adult partnership cannot be a side project. If organizational leaders do not actively endorse Y-AP, model it, and encourage others to engage in it, then it is unlikely to flourish.” *—Being Y-AP Savvy: A Primer on Creating and Sustaining Youth Adult Partnerships*
- Provide opportunities to be creative and build skills

How to Make a YAC Project Engaging and Powerful

- Be clear about roles, expectations, goals, and timelines
- Determine how much time is necessary for staff to invest into the project



Experiential Learning Cycle

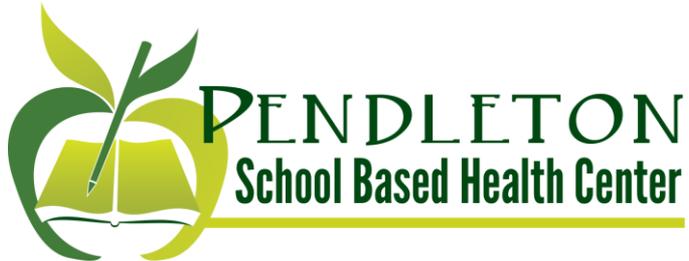


“Learning is the process whereby knowledge is created through the transformation of experience” –David Kolb

Spotlight on a Successful YAC Project

Q&A with Alisha Southwick

Wellness and School Health Supervisor
Umatilla County Health



What are some engaging and powerful YAC projects that you've been involved with?



More Examples of YAC Projects

- Redecorate your SBHC
- Create a video and then promote it together
- Create an awareness campaign
- Host a TED talk style event
- Conduct a school-wide survey to determine health concerns + then identify a health need to address



Tools for Implementing the Project

- S.M.A.R.T. goals
- Meeting planning tools
- Opportunities for feedback
 - Present formal and informal ways for youth to provide feedback on:
 - What went well
 - What didn't go well
 - What suggestions they have for future projects

Questions?





Thank you!

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