

Adolescent-Centered Environment Self-Assessment – Sample Questions

Health Center:	© 2014 Regents of the University of Michigan		
Special Considerations	H – HEDIS Measure	P – PCMH Alignment	* – Focus area for new clinics
Priority Level	High Priority	Medium Priority	Lower Priority

Score Key:	0= Not Implemented	1= Partially Implemented	2= Fully Implemented
Scoring Example:	<i>Services are provided to adolescents at no out of pocket cost.</i>		
	<i>0- Does not offer services at no out of pocket cost</i>	<i>1- Offers some services at no out of pocket cost</i>	<i>2- Services are provided to adolescents at no out of pocket cost</i>
ACE Indicator	Score		
1. Uses a standardized health assessment survey for adolescents to complete confidentially at least yearly.			
2. Has a comfortable and inclusive décor for waiting rooms to indicate that adolescents of all genders, gender identities, races, ethnicities, sexual orientation, religions, and abilities are welcome.			
3. Has a confidential system for calling students from class to appointments.			
4. Collaborates with students' PCP to coordinate care and services for shared patients.			
5. Has a clear policy and procedure to prepare adolescents for the transition from SBHC health services to adult primary care health services.			
6. Uses a method to routinely gather feedback from adolescent patients, and uses this feedback to improve clinic access, quality, clinic physical appearance, and services.		P	
7. Maintains an active and engaged Youth Advisory Council (YAC), allowing adolescents the opportunity to give feedback to clinic leadership.			
8. Regularly meets with school officials, administration, and teachers to foster collaboration and positive relations between school and health center.			
		Total	/16

Adolescent-Friendly Resources

- **Adolescent Health Initiative (AHI):** A resourceful portal to guide healthcare providers, health centers, health systems, and youth-serving agencies to improve their care for adolescents.
 - **Starter Guides:** Starter Guides are mini-toolkits to help health centers improve their practices around adolescent-centered Care. Starter Guide topics include Adolescent Risk Screening, Adolescent Well Exam, Chlamydia Screening, Immunizations and HPV, Integrated Behavioral Health in a SBHC Setting, and SBHC-School Collaboration. <http://umhs-adolescenthealth.org/archives/ahi-resources/>
 - **TAC TAC Videos:** Youth-driven videos on adolescent healthcare developed by AHI's Teen Advisory Council. www.umhs-adolescenthealth.org/archives/education-ahi-youth-driven-videos/
 - **YAC Manual:** A manual, "Creating and Sustaining a Thriving Youth Advisory Council," created by youth to help others to develop a thriving YAC. www.umhs-adolescenthealth.org/archives/yac-yac/
- **CDC Sexual Health Checklist:** This study investigated implementation of evidence-based clinical practices among health center partners as part of a community-wide teen pregnancy prevention initiative. The paper includes a checklist of 31 evidence-based clinical practices for adolescents. www.sciencedirect.com/science/article/pii/S1054139X15002931
- **CDC Infographic:** A helpful infographic of a youth-friendly clinic. www.cdc.gov/teenpregnancy/health-care-providers/teen-friendly-health-visit.htm
- **Healthy Teen Network Checklist:** HTN offers a list of characteristics of youth-friendly healthcare services. www.healthyteennetwork.org/under-the-currents/characteristics-youth-friendly-health-care-services
- **Adolescent Health Working Group (AHWG):** Various training materials for providers, resources for parents, youth, and services sites, and additional information on transitional-aged youth. www.ahwg.net/resources-for-providers.html
 - **AHWG Sexual Health:** The Sexual Health Module of the Adolescent Provider Toolkit focuses on healthy sexuality and healthy relationships integrates information regarding the sexual health of all young men and women, LGBT youth, and youth with disabilities. This free resource is designed for primary care providers and is applicable to many others including school-based and youth program providers. www.ahwg.net/uploads/3/4/5/5/34557719/sexual_health_toolkit_2010_final.pdf
 - **AHWG Healthcare 101:** Designated for providers, this module addresses general adolescent health care issues such as screening tools, intervention and counseling guidelines, resources, information and tip sheets, and health education materials. www.ahwg.net/uploads/3/4/5/5/34557719/adolescent_health_care_101.pdf
 - **AHWG Confidentiality:** This module focuses on the understanding of confidentiality, minor consent, and includes materials for patients and their families. www.ahwg.net/uploads/3/4/5/5/34557719/2010mcmoduleblackwhite.pdf
- **Adolescent Reproductive and Sexual Health Education Program (ARSHEP):** Free educational sessions on best practices for adolescent reproductive and sexual health for residency programs, and other professionals who serve adolescents. www.prh.org/teen-reproductive-health/arshep-explained/