

School-Based Health Centers: An Introduction

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BROAD OVERVIEW OF SCHOOL HEALTH SERVICES

School Health Services Partnerships and Investments

- School health services take many forms and can be provided through many different partnerships within a school system and/or through partnerships with community health agencies
- Investments in time, funding, and resources can vary widely depending on student needs and partnership opportunities
- This presentation will focus on school-based health centers

SCHOOL-BASED HEALTH CENTER APPROACH



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School-Based Health Centers (SBHCs) are also known as...

TEEN HEALTH
CENTER

HEALTH AND
WELLNESS
CENTER

Community
Health
Center

WELLNESS
CLINIC

STUDENT
HEALTH
CENTER

Where are SBHCs located?



Every state in the country and across Oregon!

A map of certified SBHCs in Oregon can be found on our website:

www.healthoregon.org/sbhc

What are the core characteristics of an SBHC?



Easily accessible health clinics located on school grounds



Offer a full range of physical, mental/behavioral, and preventative health services



Serve all students in a youth-centered environment



Offer services regardless of ability to pay

SBHCs reduce barriers related to:

- Lack of insurance (or not enough)
- Family members missing work
- Transportation to a clinic
- Cost of services
- Concerns with patient information confidentiality



What makes SBHCs so special?

- Communities have chosen to prioritize student health and health equity
- SBHCs are committed to youth-friendly and youth centered care
- SBHCs are built and sustained by community partnerships to support easy access to care

SBHCs are critical health care access points for youth. Many are...

- Federally Qualified Health Centers (FQHCs) or Rural Health Clinics (RHCs) that get funding from the federal government to provide healthcare to uninsured or underinsured people of all ages
- In primary care Health Professional Shortage Areas (HPSAs) which indicate residents may have to travel many miles to access health services
- State recognized patient-centered primary care homes (PCPCH) that must meet higher standards of care, coordination, and affordability to better serve their patients
- Mainly caring for youth that have Medicaid coverage which means their families/caregivers are economically disadvantaged

SBHCs do NOT replace...

- Required school health services for FAPE (Free Appropriate Public Education) but instead supports and enhances
- Parents/guardians, school nurses, school counselors, school social workers or other existing internal school health services
- Hospitals and emergency medical services

Who are SBHC partners?

COMMUNITY



HEALTH CARE SYSTEM



Community SBHC partners

- Youth and youth advisory committees
- School/district staff, administrators, and nurses
- Parents/guardians
- Community based organizations
- Foundations
- Faith community
- Non-profit organizations and advocacy groups
- Youth serving organizations



Health care system SBHC partners

- Other SBHC medical sponsors
- Medical, mental, and dental health providers
- State/County health departments
- Hospitals
- Community health centers
- Coordinated care organizations (Medicaid)
- Private insurers



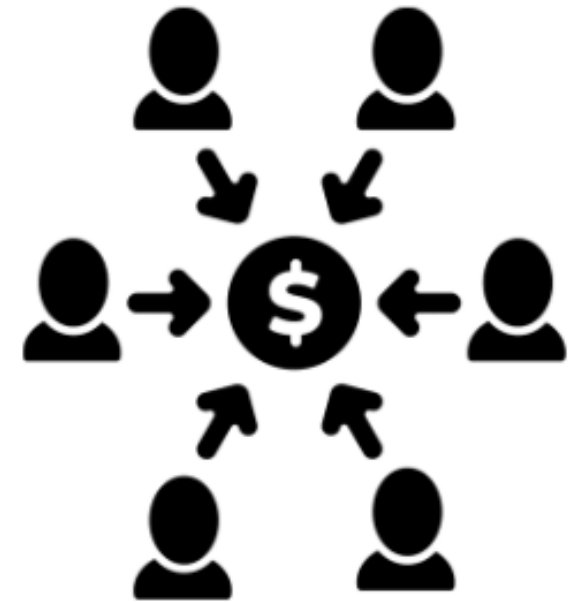
Who Operates SBHCs?

- SBHCs are generally operated by the following types of agencies:
 - Federally Qualified Health Centers (FQHCs)
 - Local Public Health Departments
 - Rural Health Clinics
 - Hospitals or Health Systems
 - Private Practice Primary Care Providers
 - Community Mental Health Agencies

How are SBHCs funded?

SBHC funding models are unique to each community and their partnerships. SBHC planning, facility, and operations costs can be funded through many partnerships and sources including:

- Schools, School Districts, and Education Service Districts
- Local Public Health Departments
- Private and Public Grants
- Medical Sponsors/Partners
- Insurance Billing Revenue
- Coordinated Care Organizations
- Fundraising and Donations
- State Government
- Federal Government



OREGON SCHOOL-BASED HEALTH CENTER PROGRAM



What does the Oregon SBHC State Program Office do?

The Oregon Health Authority Oregon SBHC State Program Office is a multi-disciplinary team of enthusiastic folks that:

- Certifies SBHCs
- Supports planning for SBHCs
- Provides funding for certified SBHCs
- Collects and shares data
- Supports SBHCs to provide high quality youth-centered health services
- Serves as a resource for communities and partners

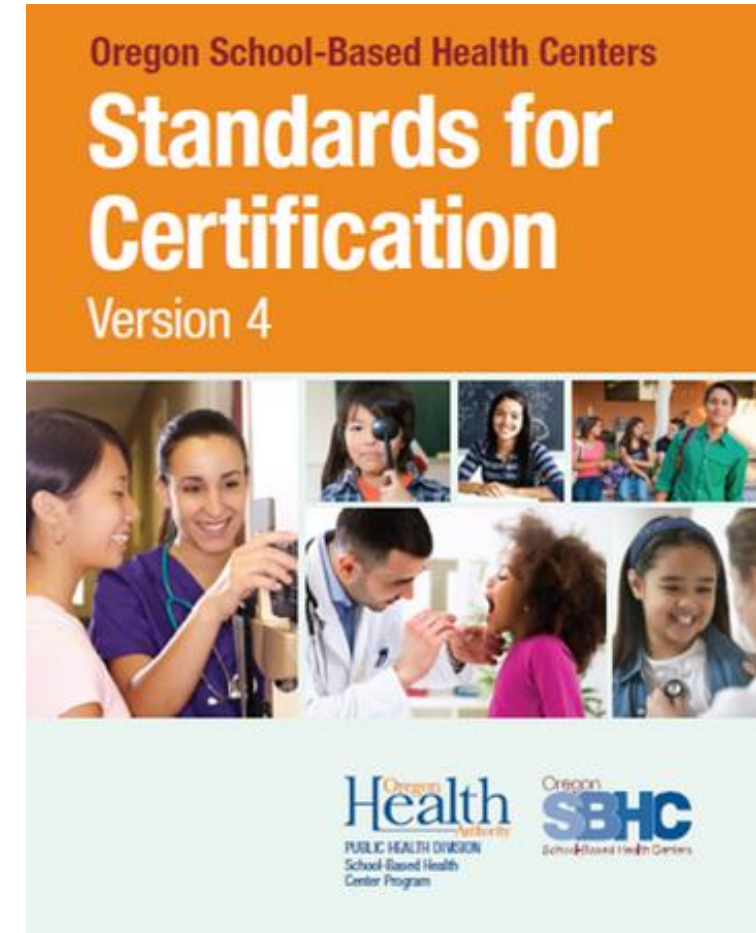


What are Oregon SBHC Standards for Certification?

- They are procedures and criteria the Oregon School-Based Health Center Program uses to certify, suspend, and decertify SBHCs
- SBHCs are in Oregon Administrative Rules (333-028-0200 through 333-028-0250)
- The minimum requirements for certification are detailed in the [Oregon SBHC Standards for Certification](#)
- SBHC certification is voluntary



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How do I Learn More About SBHC Certification?

- We've developed a 'Part 2' to this presentation about the SBHC Standards for Certification!
 - The SBHC Program Standards for Certification Overview presentation can be found on the 'Trainings and Presentations' page our website:
www.healthoregon.org/sbhc
- Additional details about SBHC certification can be found on the 'Certification Standards' page of our website (above).



SCHOOL-BASED HEALTH CENTERS IN OREGON



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How long have SBHCs existed in Oregon?

SINCE
1986

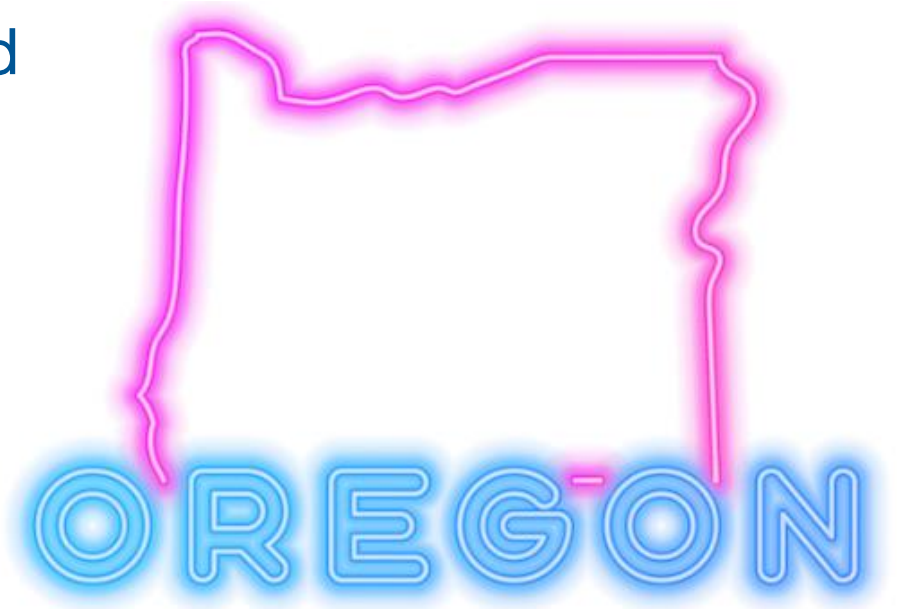
What type of schools are SBHCs located in Oregon?

- High schools
- Middle schools
- Elementary schools
- Combined grade schools
- Charter schools
- Schools operated by federally recognized Indian tribe or tribal organizations



What areas are SBHCs located in Oregon?

- SBHCs are located a variety of locations around the state including:
 - Rural,
 - Urban, and
 - Frontier areas.
- Some SBHCs are in school districts with less than 1,000 students and others are in individual schools with over 2,000 students.



What do SBHCs look like in Oregon?

Ione Community Clinic, Morrow County



Sisters SBHC, Deschutes County



What do SBHCs look like in Oregon?

Roosevelt Student Health Center
Multnomah County



Centennial Student Health Center
Multnomah County



What do SBHCs look like in Oregon?

**McDaniel Student Health Center
Multnomah County**



**Milwaukie Student Health Center
Clackamas County**



What do SBHCs Look Like in Oregon?



What do SBHCs Look Like in Oregon?



What do SBHCs Look Like in Oregon?



Who do Oregon SBHCs Serve?

- Certified SBHCs are required to serve youth at the school where the SBHC is located.
- SBHCs can choose to serve other patients. Some examples are:
 - Other youth:
 - Pre-K and younger
 - Post-high school youth
 - Youth from other schools in the district
 - Adults:
 - School staff and faculty
 - Community members

What services can SBHCs provide?

- Physical health services
 - Well child exams (sports physicals)
 - Sick visits
 - Minor injury treatment
 - Diagnostic and prescription services
 - Immunizations
 - Reproductive health services
- Vision, dental, and other health screenings
- Communicable disease control
- Substance use counseling
- Mental/behavioral health counseling
- Dental care
- Health education
- Classroom presentations
- Connect students to social supports and community resources

For a list of minimum service requirements please review the [SBHC Standards for Certification](#)

Common Sponsoring Agency Responsibilities

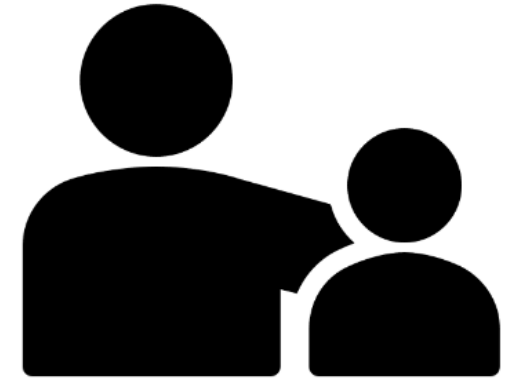
- Provide comprehensive physical, mental/behavioral, and preventative health services
- Employ, supervise, insure, and credential SBHC staff
- Bill medical insurers
- Provide medical equipment and supplies
- Provide health information technology infrastructure
- Manage the consent process for the SBHC
- Drive quality improvement
- Conduct outreach for the SBHC
- Lead/member of planning group/advisory committee
- Maintain collaborative relationships with the school and other partners

For a list of Sponsoring Agency and Medical Sponsor requirements, please review the [Standards for Certification](#)

Common School Partner Responsibilities

- Provide space for the SBHC, which can involve remodeling and/or construction
- Implement policies that facilitate students' use of the SBHC during the school day
- Conduct outreach in partnership with the SBHC (i.e., consents, open houses, student tours, etc.)
- Provide utilities for using the space, which can include electricity, internet, heat, landscaping, and cleaning services
- Maintain collaborative relationships with the SBHC and potentially other partners
- Lead/member of planning group/advisory committee

For a list of Sponsoring Agency and Medical Sponsor requirements, please review the [Standards for Certification](#)



Parent / Guardian Engagement

- Support and advocate for their children's health
- Serve on advisory committee
- Serve as ambassadors for the SBHC (i.e., marketing, word of mouth, fundraising)

Youth Engagement

- The reason SBHCs exist
- Key partners in making sure the SBHC is effective
- Serve on advisory committees
- Support the promotion and marketing of an SBHC
- Lead and participate in health prevention activities to support the health of their peers



What challenges do SBHCs face?

- Lack of racial diversity among providers
- Not enough providers overall and trouble recruiting
- Local governance decisions
- Financial sustainability. Balancing "free-care" and needing to bill
- Building trust with students and families
- Integrating with the school
- Engaging youth on an ongoing basis (school attrition)



What can help an SBHC be successful?

- Adequate space in the school
- Strong and ongoing student and family engagement
- Maintaining an Advisory Committee
- Seeking and implementing youth feedback
- Providing a comprehensive range of services that meet student needs
- Appropriate staffing to match demand (not too much, not too little)
- Strong memorandum of understanding with school and other partners
- Strong support from school, families, and community

OPPORTUNITIES TO LEARN MORE ABOUT OREGON SBHCS



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Part 2 Presentation – Overview of the Standards for Certification

- Check out the broad overview of Oregon SBHC Standards for Certification presentation located on the following pages of our website:
 - [Planning for a New School-Based Health Center](#)
 - [Trainings and Presentations](#)

www.healthoregon.org/sbhc

Where do I find more information?

The Oregon SBHC State Program Office website includes information about:

- SBHC certification
- Data
- Funding
- SBHC planning information
- Reports and publications
- Training and Presentations
- Many other projects and programs coordinated by our office

www.healthoregon.org/sbhc

Contact Us

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www.healthoregon.org/sbhc