

School-Based Health Center Mental Health Expansion Grants

School-based health centers (SBHCs) are an access health care model in which comprehensive physical, mental, and preventive health services are provided to youth and adolescents in a school-based setting regardless of ability to pay. To learn more about Oregon's SBHCs visit the Oregon Health Authority SBHC State Program Office (SPO) website: www.healthoregon.org/sbhc.

Since 2013, the Oregon State Legislature has dedicated funding to support children's mental health, including funding for mental health services at Oregon SBHCs. The SPO currently distributes \$7.5 million through the **SBHC Mental Health Expansion Grant (MHEG)** program to enhance SBHC behavioral health¹ capacity in [state certified SBHCs](#). Current funding runs from July 1, 2021 – June 30, 2023.

The majority of MHEG funding is allocated to fund behavioral health care provider positions, such as behavioral health consultants, mental health therapists, skills trainers and case managers. Services provided include individual, group and family therapy, integrated behavioral health visits, care coordination, resource navigation, classroom presentations / education, school consultation, and other needs as determined at a local level. SBHCs provide services to the entire student population at a host school and, in some cases, to the entire school district or community. Currently, **65 SBHCs** across **26 counties** receive MHEG funding to support **54 FTE²** positions.

Young people have continued to benefit from this grant program. During the 2021-2022 school year, more than 5,400 SBHC clients received care from a mental health professional over the course of 39,404 visits. Forty-four percent of SBHC visits by school-aged (5-21) youth were to a behavioral health provider. In the **2022-2023 school year 96% of Oregon's 81 certified SBHCs have some level of mental health capacity** available to students, although not all positions are funded through the MHEG.

In addition to the capacity grant, \$700,000 is allocated to support youth-led mental health projects that reduce mental health stigma, promote SBHC access, encourage student resiliency and engage youth in leadership roles in their communities. Currently, **25 SBHCs** across **7 counties** receive funding for Youth-Led Projects. Example projects include:

- Youth Action / Advisory Councils
- Youth Participatory Action Research
- Health curriculum development
- Employing youth interns
- Hosting health and wellness fairs, cultural events, and youth summits
- Media projects and educational campaigns such as podcasts and social media accounts
- Organizing social and educational events

¹ Behavioral Health is used here to encompass mental health, behavioral health, and substance use services

² Full-time employee (FTE) numbers are based on grantee estimates and reflect only the portion supported by SBHC Mental Health Capacity Grants. Additional FTE may be available at the SBHC and/or host school that is not grant supported.

2021-2023 SBHC Mental Health Capacity Grantees

County	Medical Sponsor / Mental Health Agency	School Name
Baker	Baker County Health Department / New Directions	Baker HS
Benton	Community Health Centers of Benton & Linn County	Lincoln ES, Monroe Grade School
Clackamas	Orchid Health / Trillium Family Services	Estacada HS
Clackamas*	Outside In / Trillium Family Services	Milwaukie HS
Clackamas	Clackamas County Health Clinics / Trillium	Oregon City HS, Sandy HS, Rex Putman HS
Columbia	Columbia Health Services	Clatskanie MS/HS, Lewis & Clark ES, Rainier Jr/Sr HS, Vernonia K-12
Coos	Waterfall Community Health Center	Marshfield HS
Crook*	Mosaic Medical / BestCare Treatment Services	Pioneer Secondary Alternative HS
Deschutes*	La Pine CHC / Deschutes County Behavioral Health (DCBH)	La Pine K-12
Deschutes*	Mosaic Medical / DCBH	Bend HS, Lynch ES, Redmond HS
Deschutes*	St. Charles Health System / DCBH	Sisters HS
Douglas	Aviva Health / Adapt Integrated Health Care	Roseburg HS
Grant	Grant County Health Department / Community Counseling Solutions (CCS)	Grant Union HS
Hood River	One Community Health	Hood River HS
Jackson	La Clinica	Crater HS, Jackson ES, Jewett ES
Jackson	Rogue Community Health	Butte Falls Charter, Eagle Point HS, Table Rock ES, White Mountain MS
Jefferson	Mosaic Medical	Madras HS
Josephine	Siskiyou Community Health Center / Options for Southern Oregon, Inc	Evergreen ES, Grants Pass HS, Illinois Valley HS, Lorna Byrne MS
Klamath	La Pine CHC / DCBH	Gilchrist School
Lane	Bethel Health Center – PeaceHealth Medical Group	Cascade MS
Lane	Orchid Health	Elmira HS
Lane*	PeaceHealth Medical / Lane County Behavioral Health	Churchill HS, N. Eugene HS
Lane	Community Health Centers of Lane County / Lane County Behavioral Health	Springfield HS
Lincoln	Lincoln County Health & Human Services	Toledo HS, Waldport HS, Newport HS, Taft HS
Marion	Indian Health Services	Chemawa Indian School
Morrow	Morrow County Health District / CCS	Ione K-12
Multnomah*	Multnomah County Health Department	Centennial HS, David Douglas HS, Reynolds HS, Parkrose HS, Roosevelt HS
Polk	Salem Health / Polk County Behavioral Health	Central HS
Tillamook	Rinehart Clinic	Neah-Kah-Nie HS
Umatilla	Umatilla County Public Health / CCS	Pendleton HS, Sunridge MS
Union	Center for Human Development Inc.	La Grande HS, Union SD
Washington*	Virginia Garcia Memorial Health Center / Lifeworks NW	Beaverton HS, Forest Grove HS, Century HS, Tigard HS
Washington*	Neighborhood Health Center	Tualatin HS
Wheeler	Asher Community Health Center / CCS	Mitchell School
Yamhill	Sunrise Family Clinic / Yamhill County HHS	McMinnville HS
Yamhill	Virginia Garcia / Yamhill County HHS	Willamina HS

*Indicates county also receives Youth-Led Project Grant. The Youth-Led Project Grant host school may vary from Capacity Grant host school show here.