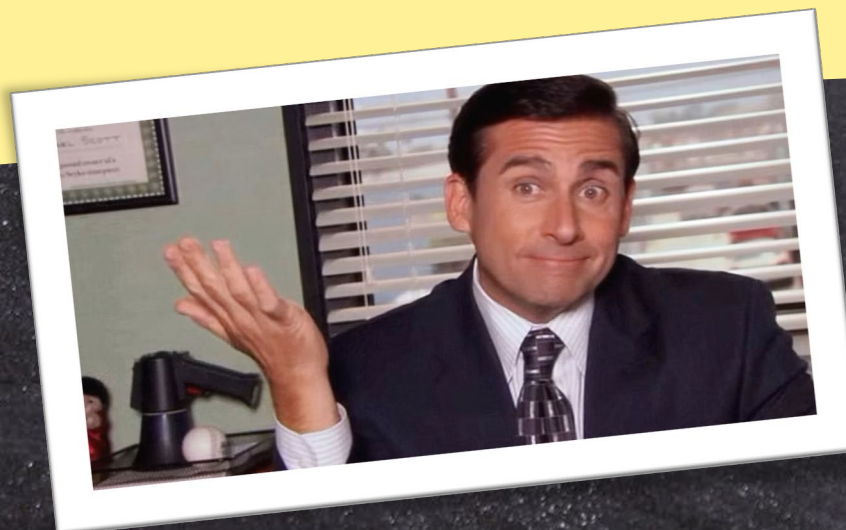


Fall SBHC Coordinators Meeting

October 13, 2023



Since we last met...

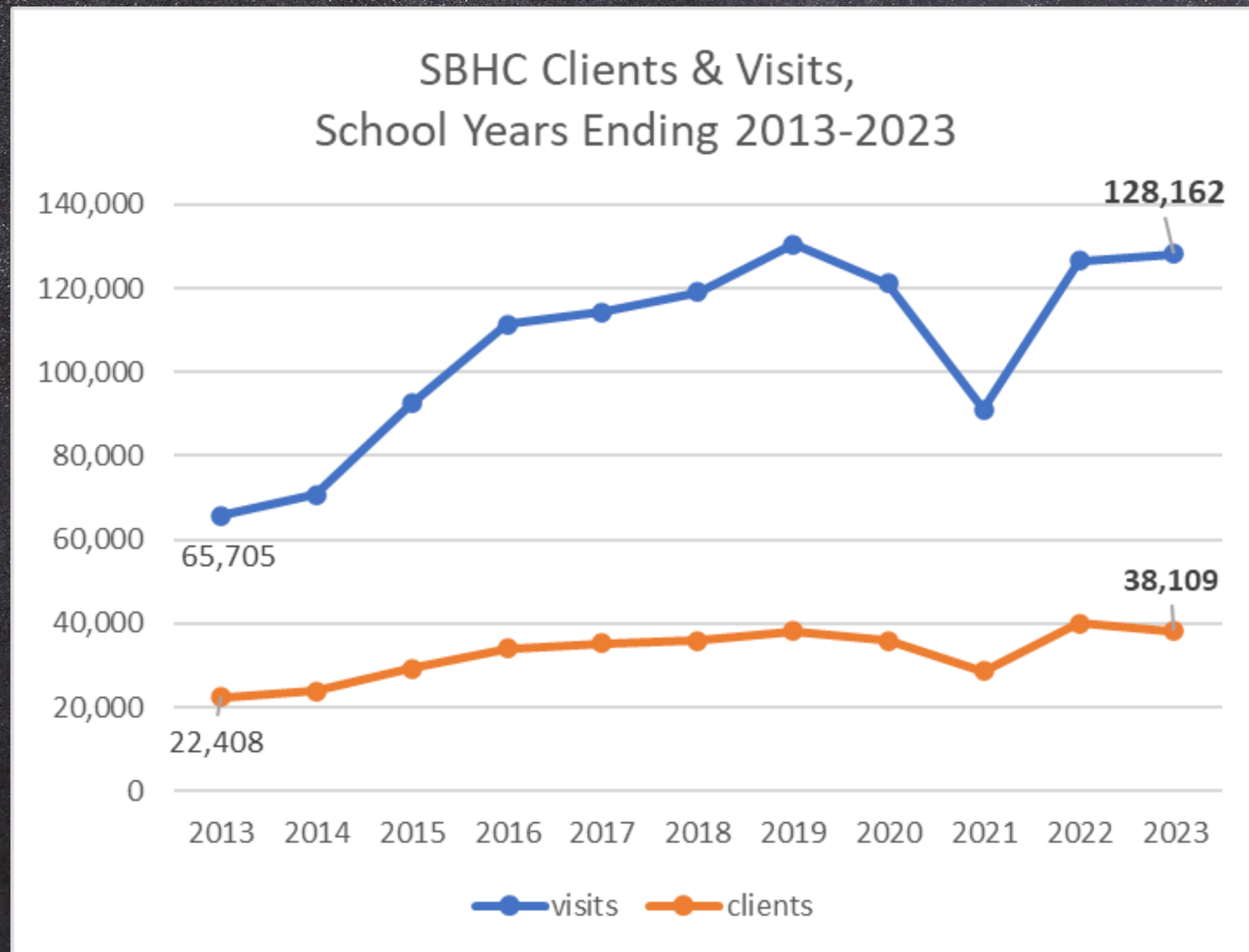


Since we last met ...

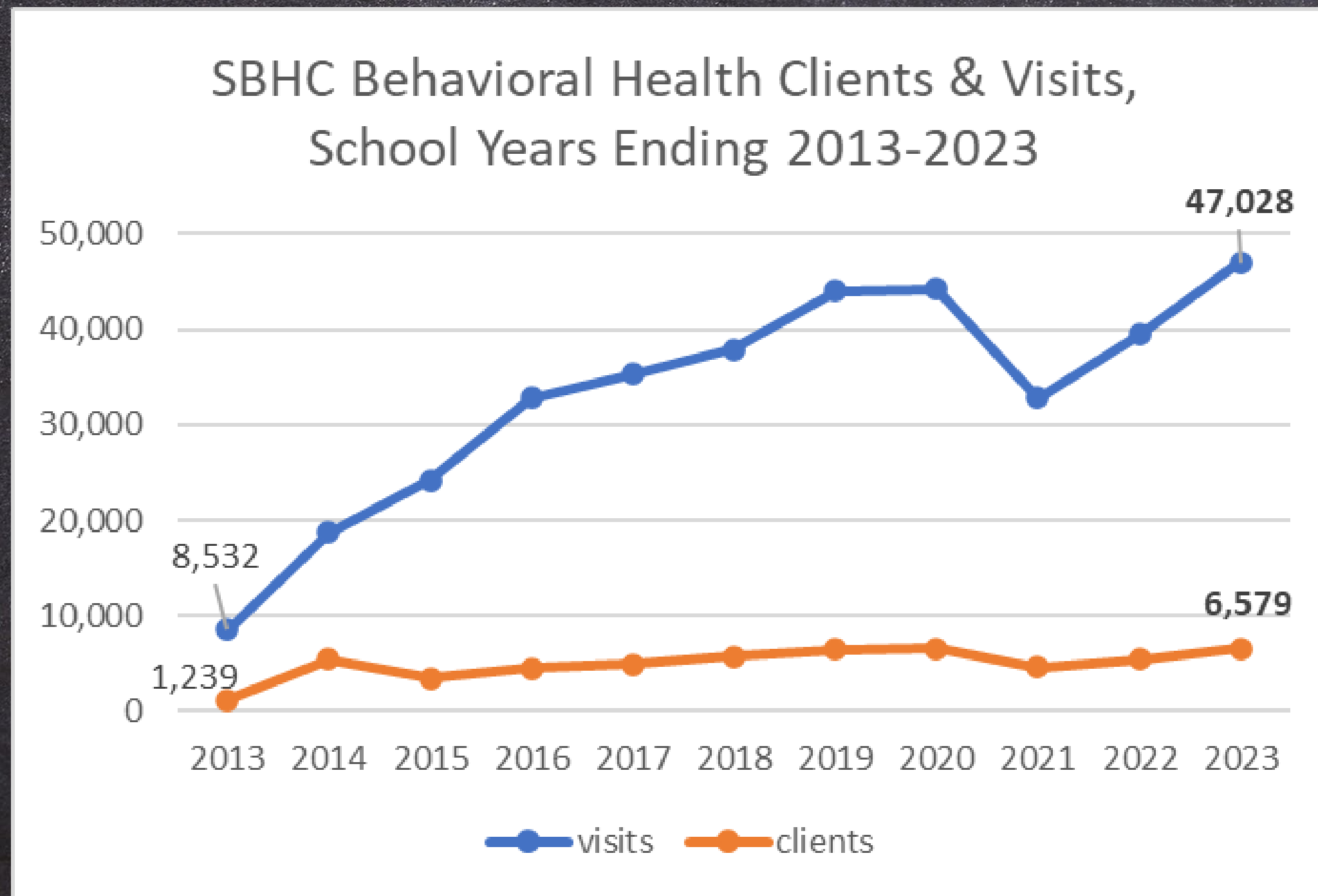
BE KIND
TO YOUR-
SELF



Since we last met...



Since we last met...





THANK YOU!

Today's agenda

8:30-8:45	Welcome!
8:45-9:00	Icebreaker
9:00-9:15	Keynote
9:15-10:00	SHS Snapshot
10:00-10:30	BREAK / Networking
10:30-11:45	Youth Panel

Today's agenda

11:45-12:45	Lunch!
12:45-1:15	SPO / OSBHA Updates
1:15-2:45	SBHC Panel
2:45-3:00	BREAK / Networking
3:00-4:20	World Café
4:20-4:30	Closing



SPO staff

State Program Office (SPO) staff



Rosalyn Liu
(she/her)
Interim ASRH
Section
Manager



**Stefanie
Murray**
(she/her)
Interim Health
Systems
Manager



**Kate
O'Donnell**
(she/her)
SBHC Program
Coordinator



**Mikah
Rotman**
(they/he)
School Mental
Health
Specialist



**Melanie
Potter**
(she/her)
School Health
Program
Specialist



Cuong Phan
(he/his)
Administrative
Specialist

State Program Office (SPO) staff



**Sarah
Knipper**

(she/her)
School Health
Epidemiologist



**Loretta
Gallant**

(she/her)
Research Analyst



**Kavita
Gavand**

(she/her)
Research Analyst



**Rebecca
Jacobs**

(she/her)
Public Health
Nurse



Karen Vian

(she/her)
Public Health
Nurse

Adolescent and School Health staff



Wes Rivers
(he/him)
ASH Policy and
Partnerships
Manager



Alexis Phillips
(she/her)
Policy &
Assessment
Specialist



Lindsay Weaver
(she/her)
Youth Sexual
Health Program
Analyst



Corinna Brower
(she/her)
State School Nurse
Consultant



Kalli Nichols
(she/her)
Youth
Engagement
Coordinator

Housekeeping

- Restrooms:
 - Exit the ballroom, go to the left
 - At the end of the hall, take a right
 - Restrooms are on the left!
- Wi-Fi:
 - Network: Embassy Events
 - Passcode: event5
- Questions? Raise “?” paper at your table!

(Virtual) Housekeeping

- Please stay muted unless actively participating
- Raise your hand to ask a question & an SPO staff person will help get to your question.
- Right click on your image in Zoom and click “Pin Meeting” to see what’s going on in the room.
- Closed captioning is available – both in-person and remote!

Questions?



Icebreaker (Better Than Coffee)

Let's figure out who is in the room and on Zoom!

- Type of organization
- Population of area
- School population
- SBHC campus location
- SBHC services
- SBHC host school grade levels

Keynote Speaker



Benjamin D. Hoffman, MD, CPST-I, FAAP

Professor of Pediatrics, OHSU School of Medicine

Medical Director, Tom Sargent Safety Center

Director, Oregon Center for Children and Youth with
Special Health Needs (OCCYSHN)

President-Elect, AAP Board of Directors

Because All We Have Is Each Other

The Intersection of Health and Education

**Benjamin Hoffman MD FAAP CPST-I
Professor of Pediatrics
Doernbecher Children's Hospital
Oregon Health and Science University
Portland, OR**





'The living sign that all men are created equal'

Hill family finds adoptions well received

By R. BEHNKE
Los Alamos Bureau

Los Alamos has six new residents who could agree with the statement, "Let New Mexico be the living sign that all men are created equal—no matter where they were born, no matter who their parents are" made by Gov. Jerry Apodaca in his inaugural address.

They are the members of the Cyrus Hoffman family of 196 E J Rayo.

Mr. and Mrs. Hoffman are a concerned couple who, after having two boys of their own, decided to adopt two girls.

According to them, they had a desire to have more children, but were at the same time involved with the zero population growth question and the desire to do something they considered worthwhile.

They solved all these factors by adopting two girls, Julie and Carrie. There were separate problems involved with both adoptions.

"At the time Julie was adopted, there were a lot of Negro children available," Mrs. Hoffman said.

There were so many, according to Mrs. Hoffman, that they were being kept in institutions, but no releases for adoption had ever been obtained from the parents because so few Caucasian families wanted to adopt a Negro.

That was in 1970, when Julie was only five months old. Since that time, according to Mrs. Hoffman, things have changed somewhat as more Negro families have started adopting and the availability of children for all adoption purposes has dropped.

Thus, when the Hoffmans decided to adopt another girl a bit more than two years ago, they were told that there were no children available for immediate adoption.

The Hoffmans turned to the Welcome House adoption agency for aid.

This organization places 200 to 300 children from the Far East each year. It came up with another girl for the Hoffmans.

Her name is Carrie. She is Korean and has been with the Hoffman family for 18 months.

She was the more difficult of the two girls to adopt, according to Hoffman.

It took nine months to adopt Carrie compared to four months for her sister Julie. There is a longer waiting period on Far Eastern children due to the immigration procedures which must be followed.

In addition, the cost of adoption could be a drawback. Luckily, the Hoffmans were able to adopt Carrie for less than the normal cost, which can run as high as 10 per cent of the husband's annual

salary, plus court costs plus institutional care while the immigration proceedings are going on, plus the air fare from Korea.

The Hoffmans' four children—Benjy, 9; Lucas, 6; Carrie and Julie, both five—attend Barranca Mesa School and the only difficulty ever encountered was when the school secretary telephoned Mrs. Hoffman to inform her that she had made a mistake in registration and had given her daughters' ages as two months apart.

"It's no mistake," said Mrs. Hoffman. "When you see the girls, I'm sure you'll understand."

The Hoffmans, possibly because of those feelings expressed by Gov. Apodaca and others like him, feel that New Mexico is a good place to bring up their family.

Mrs. Hoffman said that she and her husband had a few misgivings when they were still in New Jersey and prior to the time they adopted Julie in 1970.

There had been a few racial incidents and they were apprehensive, according to Mrs. Hoffman.

They postponed the adoption for three months because of this, but finally went ahead with their plan.

"There hasn't been a single incident since we came here," Mrs. Hoffman said. She in-

dicated that she felt that in such a mixed culture as New Mexico, people seemed to accept differences more easily.

How do the Hoffman boys react to their sisters?

"When we went to pick up Julie, Lucas was only two and a half and Benjy four and a half," Hoffman said.

"Benjy thought it was wonderful. He was like any child and thought of his new sister as being a toy."

Carrie came to the family only 18 months ago and by this time, the other three children were older. It was the children, according to Hoffman, who took the new little girl, who could speak no English, and comforted her.

Julie took her into the room they would share and played and talked to her and somehow it all worked out.

Julie now speaks English and has become just another member of the family. She is now no more liked or disliked, depending on the mood of the other children, than any other brother or sister.

The Hoffmans, originally from New York City, have recently transferred to Los Alamos from Princeton, N.J., where Hoffman was a professor of physics at Princeton University. Hoffman is employed with the Los Alamos Scientific Laboratory.



MEET THE HOFFMANS — The Hoffman family has lived in Los Alamos only a short time, but already feel the atmosphere on the Hill is conducive to raising healthy children. Standing are Jane and Cyrus Hoffman, and children from left are Julie,

Carrie, Benjy and Lucas. The Hoffmans have expressed gratitude that adoption of their two girls, Julie and Carrie who are of different ethnic origins has been so well-accepted in Los Alamos.



Oregon Center for Children & Youth with Special Health Needs

OCCYSHN is Oregon's public health agency for children and youth with special health care needs. [Learn more about what we do](#)


Mission

OCCYSHN's mission is to improve the health, development and well-being of all Oregon's children and youth with special health needs.

Vision

OCCYSHN's vision is that all Oregon's children and youth with special health care needs are supported by a system of care that is family-centered, culturally competent, community-based, coordinated, accessible, comprehensive, and continuous.

Equity commitment

Because racism and other forms of discrimination affect health care for Oregon's children with special health needs and their families, we are committed to advancing health equity. [Read our Equity Commitment](#) .

Who we serve

OCCYSHN works on behalf of [Oregon's children and youth with special health care needs](#) (CYSHCN). These children and youth either have chronic health conditions, or they are at risk for having them. Their health conditions can be physical, developmental, behavioral, or emotional. CYSHCN need more health and related services than other children. **One in five Oregon children fits this description.**

MAPOVE

Las Vegas

©2000 MapQ



G-4



Spring, 1998









What is pediatrics?



What is pediatrics?

“Pediatricians are the
ultimate witnesses to
failed social policy.”

Paul Wise, MD, MPH



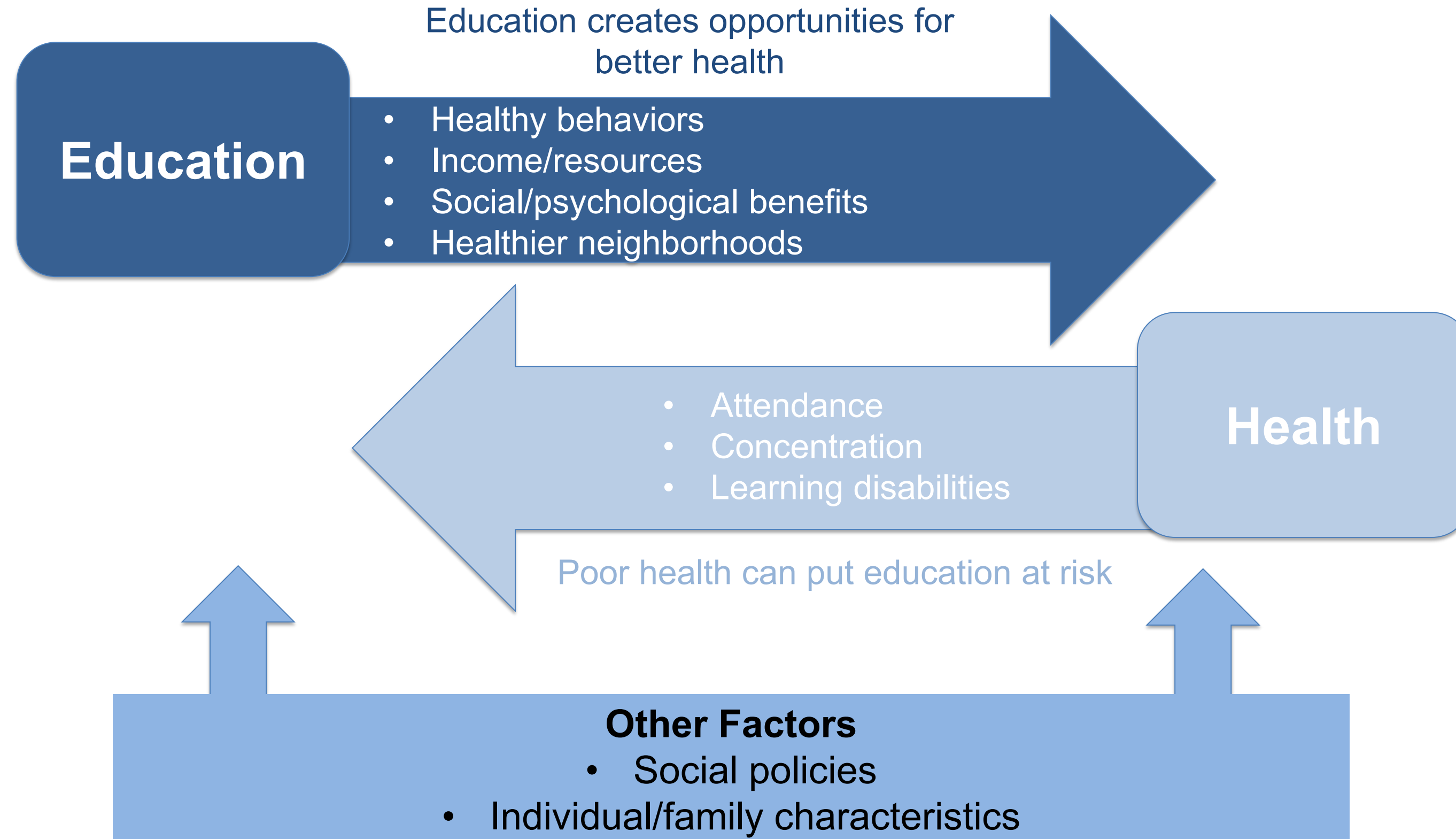
Education → Health

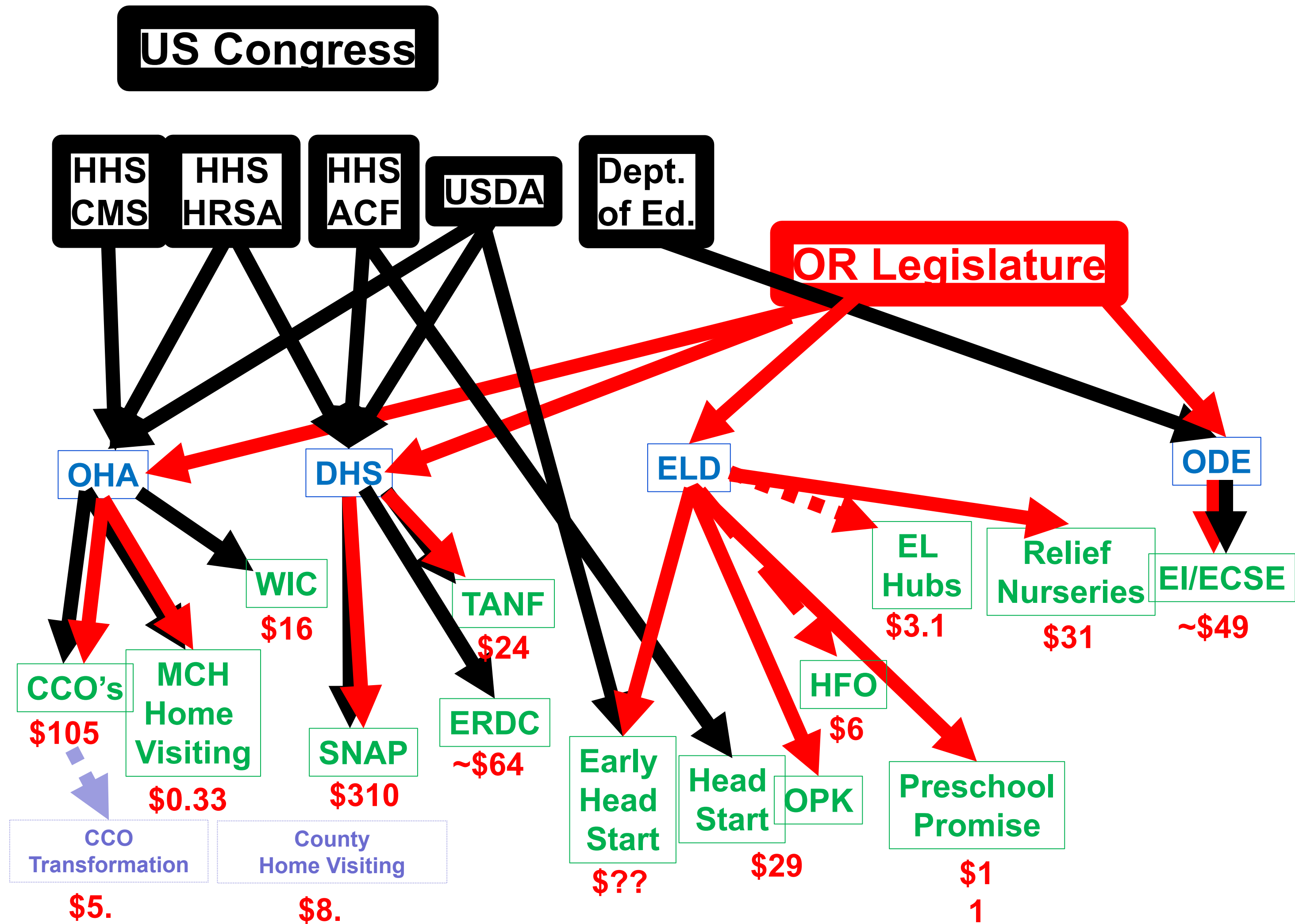
"Educational attainment is the social factor that is the single greatest predictor of a person's health and well-being across the lifespan."

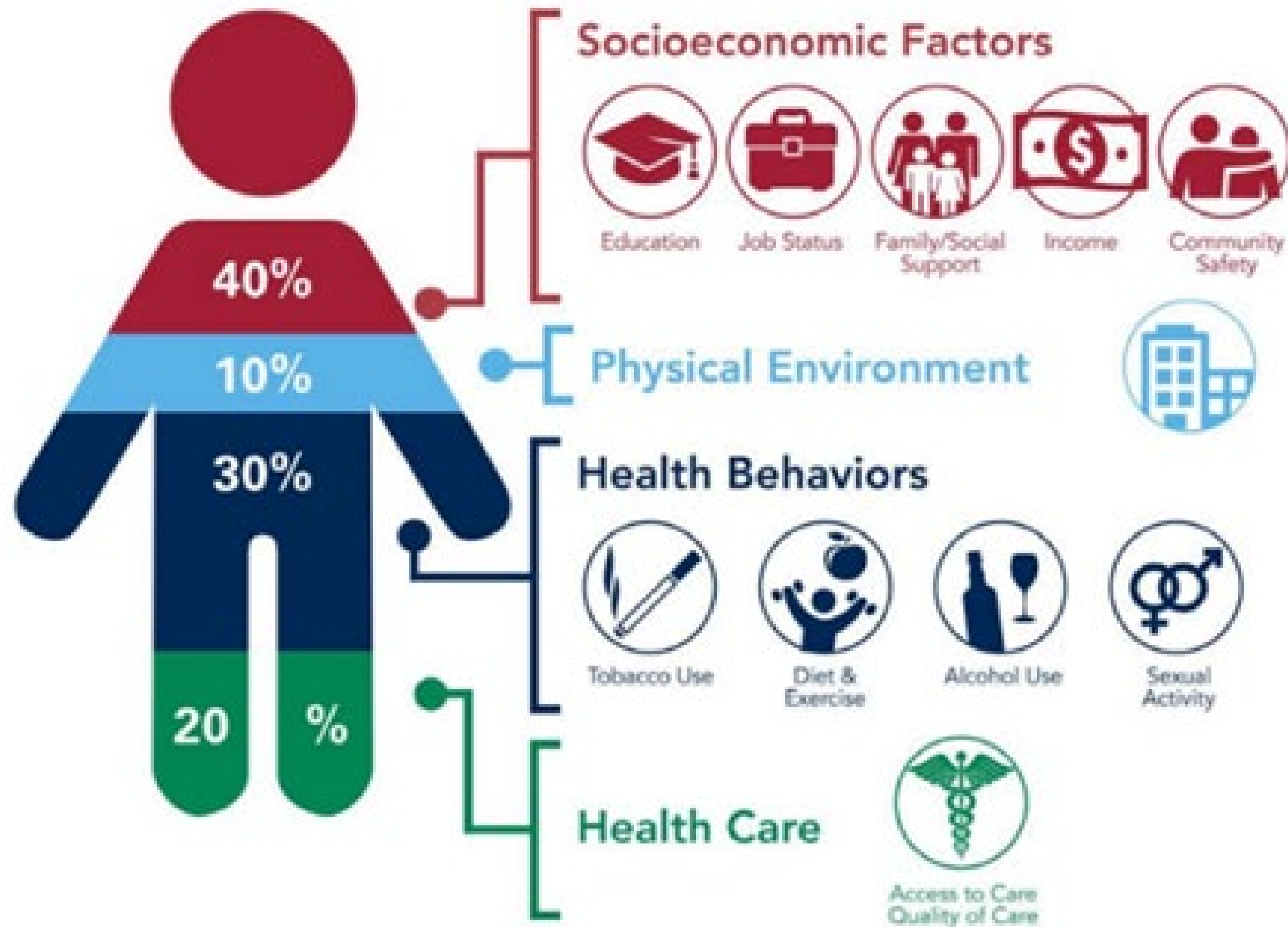
APHA, 2018



Relationship between Health & Education









HEALTH

***HEALTH
CARE***

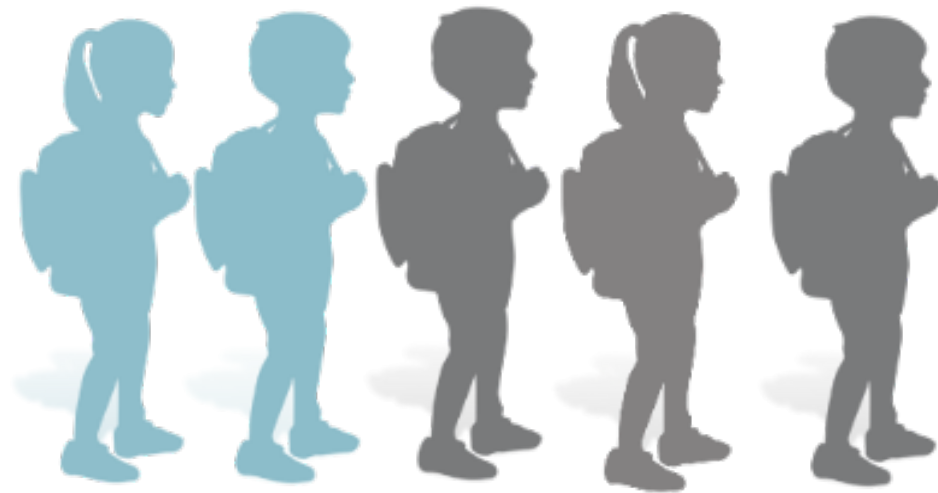


School-Age Health Status in US

Less than half of children
(6-11 y.o.) have dental
sealants



Children from lower-income households twice as likely to have untreated cavities



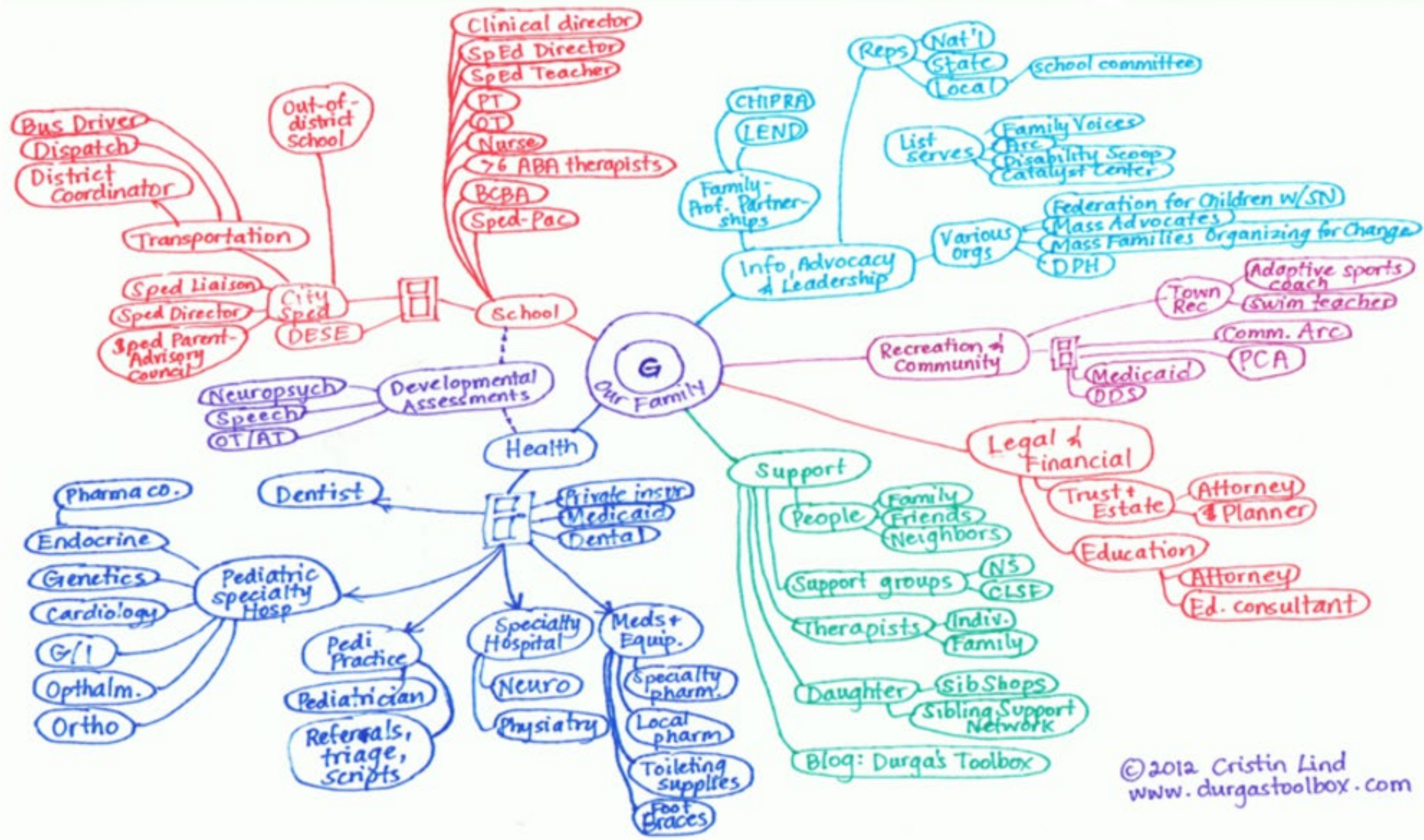
2 in 5 US students are living with a chronic condition



Nearly 24% of US high school students endorse using at least one tobacco product



Over 20% of adolescents have obesity



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www.durgastoolbox.com

Patient/Student Centered Support Frameworks

Social Determinates of Health



Expected Outcomes

In Authentic School Health Partnerships



- Increased attendance
- Increased seat time
- Increased graduation rates
- Increased GPA
- Decreased discipline/suspensions



- Increased immunization compliance
- Increased access and identified medical home
- Improved Asthma outcomes
- Increased contraception use
- Decreased risk behaviors



Community

About COSH

[Home](#) / [Community](#) / [AAP Councils](#) / [Council on School Health \(COSH\)](#) / About COSH



The AAP Council on School Health (COSH) is composed of trainees, pediatricians (Fellows of the American Academy of Pediatrics), and affiliate members representing various professional disciplines including, nurses, counselors, and other allied health professionals. The Council is led by a 15 member Executive Committee, which consists of AAP fellows elected by members of the Council and liaisons from several national organizations.

What is School Health?

The Council on School Health (COSH) defines school health as an integration of wellness, safety, growth, learning, and development in the lives of school-aged children and adolescents within the context of their school, and with the coordinated alliance of the family and the medical home.

What does the Council on School Health Do?



From the American Academy of Pediatrics Policy Statement

The Link Between School Attendance and Good Health ✓

Mandy A. Allison, MD; Elliott Attisha, DO; COUNCIL ON SCHOOL HEALTH; Marc Lerner, MD; Cheryl Duncan De Pinto, MD; Nathaniel Savio Beers, MD; Erica J. Gibson, MD; Peter Gorski, MD; Chris Kjolhede, MD; Sonja C. O'Leary, MD; Heidi Schumacher, MD; Adrienne Weiss-Harrison, MD

10.1542/peds.2018-3648

From the American Academy of Pediatrics Policy Statement

Medical Versus Nonmedical Immunization Exemptions for Child Care and School Attendance ✓

COMMITTEE ON PRACTICE AND AMBULATORY MEDICINE; COMMITTEE ON INFECTIOUS DISEASES; COMMITTEE ON STATE GOVERNMENT AFFAIRS; COUNCIL ON SCHOOL HEALTH; SECTION ON ADMINISTRATION AND PRACTICE MANAGEMENT

10.1542/peds.2016-2145

From the American Academy of Pediatrics Policy Statement

The Pediatrician's Role in Optimizing School Readiness ✓

COUNCIL ON EARLY CHILDHOOD; COUNCIL ON SCHOOL HEALTH

10.1542/peds.2016-2293

From the American Academy of Pediatrics Policy Statement

Role of the School Nurse in Providing School Health Services ✓

COUNCIL ON SCHOOL HEALTH; Breena Welch Holmes, MD; Anne Sheetz, RN; Mandy Allison, MD; Richard Ancona, MD; Elliott Attisha, DO; Nathaniel Beers, MD; Cheryl De Pinto, MD; Peter Gorski, MD; Chris Kjolhede, MD; Marc Lerner, MD; Adrienne Weiss-Harrison, MD; Thomas Young, MD

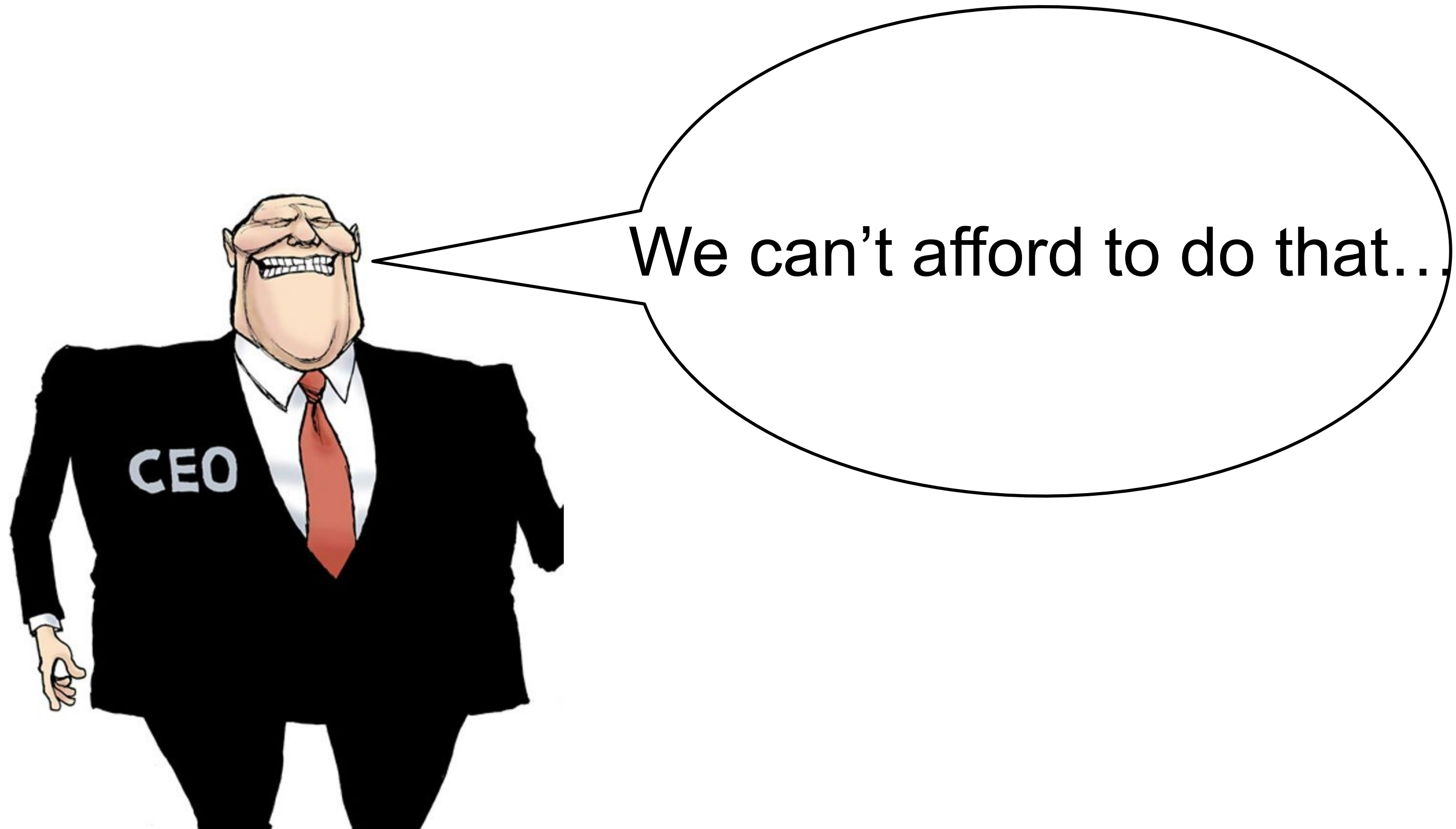
10.1542/peds.2016-0852

From the American Academy of Pediatrics Clinical Report

Rescue Medicine for Epilepsy in Education Settings ✓

Adam L. Hartman, MD; Cynthia Di Laura Devore, MD; and the SECTION ON NEUROLOGY; COUNCIL ON SCHOOL HEALTH; Peter B. Kang, MD; Donald Gilbert, MD; Andrea Gropman, MD; Adam L. Hartman, MD; Sucheta Joshi, MD; Sonia Partap, MD; Jeffrey Okamoto, MD; Mandy Allison, MD; Richard Ancona, MD; Elliott Attisha, DO; Cheryl De Pinto, MD; Breena Holmes, MD; Christopher Kjolhede, MD; Marc Lerner, MD; Mark Minier, MD; Adrienne Weiss-Harrison, MD; Thomas Young, MD

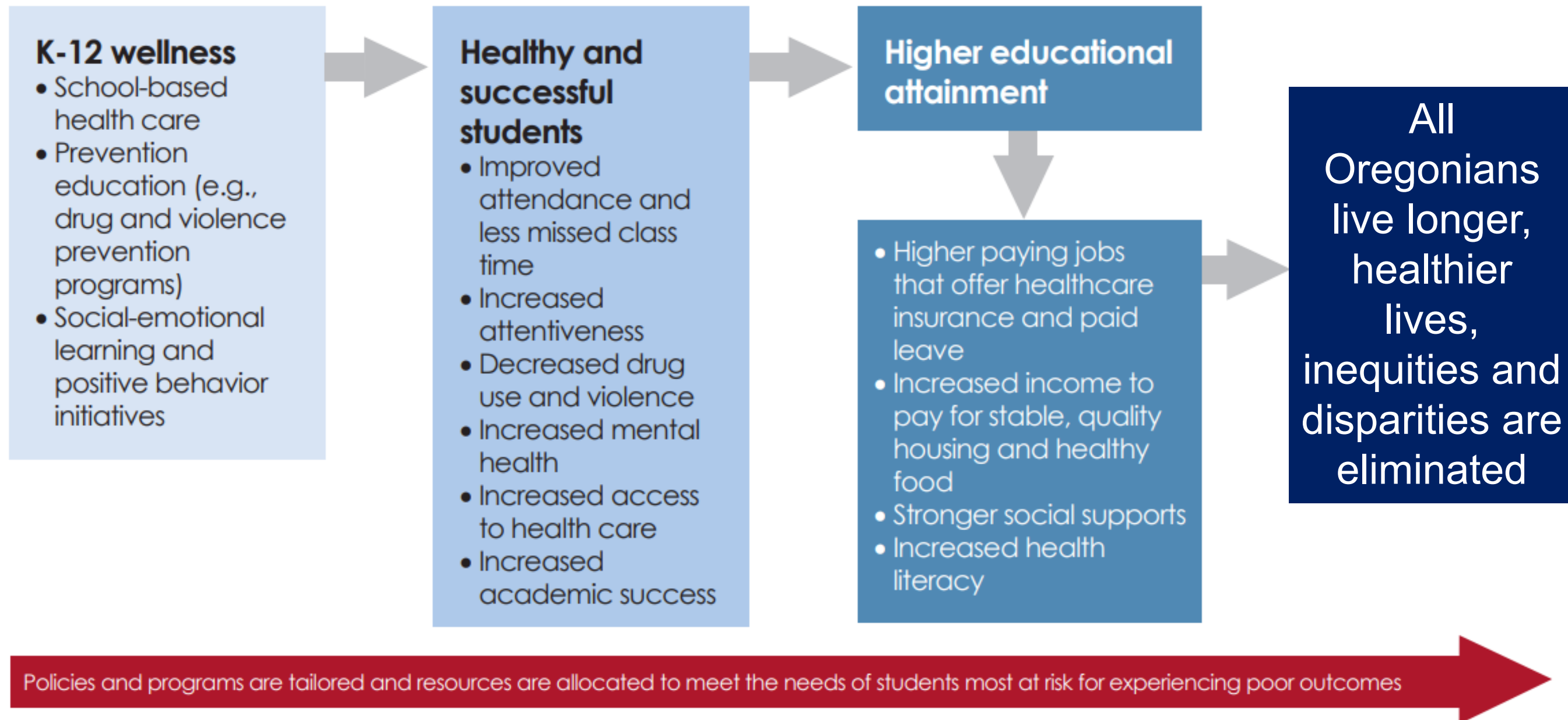
10.1542/peds.2015-3876





If We Do Our Jobs...

What is the relationship between K-12 student wellness and health?



The Best Things Happen
Outside of the Traditional
Clinical Venue







Setting the Stage

2022 STUDENT HEALTH SURVEY SNAPSHOT

School Based Health Centers
Coordinators' Meeting
October 13, 2023

Alexis W. Phillips, MPH
Policy & Assessment Specialist

Oregon
Health
Authority

AGENDA

- Student Health Survey Overview
- Oregon Youth Data
 - Demographic & Socioeconomic Context
 - Mental Health & Wellbeing
 - School Climate & Connectedness
 - Substance Use
- Conclusion
 - Changes to SHS
 - Youth Voice & Engagement
 - Resources



STUDENT HEALTH SURVEY OVERVIEW

WHAT IS THE SHS?

- Oregon's version of the Youth Risk Behavior Surveillance System Survey (YRBSS)
 - Comprehensive assessment of physical health, mental health, school climate, substance use, etc.
- Replaced Oregon Health Teens and Student Wellness Surveys
- All public school districts invited to participate
- Administered 2020 school year and fall 2022
- Active notification/passive consent of parent(s)/guardian(s)
- Weighted data at state and county levels

SHS COLLABORATORS

- OHA
 - Health Systems Division (Child/Family BH)
 - Public Health (Adolescent/School Health, Chronic Disease, Substance Use)
- Dept of Education
- Local school administrators/representatives
- Coalition of Communities of Color
- Youth Data Council (YDC)
- Oregon Tribes

STRENGTHS & LIMITATIONS OF SHS

STRENGTHS

- One of the most comprehensive youth health surveys in the U.S.
- State & county data publicly available (frequencies & crosstabs)
- Supports many state and federal grants and reporting requirements
- Allows room for change and responsiveness to community needs

LIMITATIONS

- Under/unrepresented populations
 - Students w/disabilities
 - Students attending home/private schooling
 - Students chronically absent
- 2020-2022 data not easily trendable
- Not all districts/schools participate
 - E.g. 2022 missing PPS, Salem-Keizer

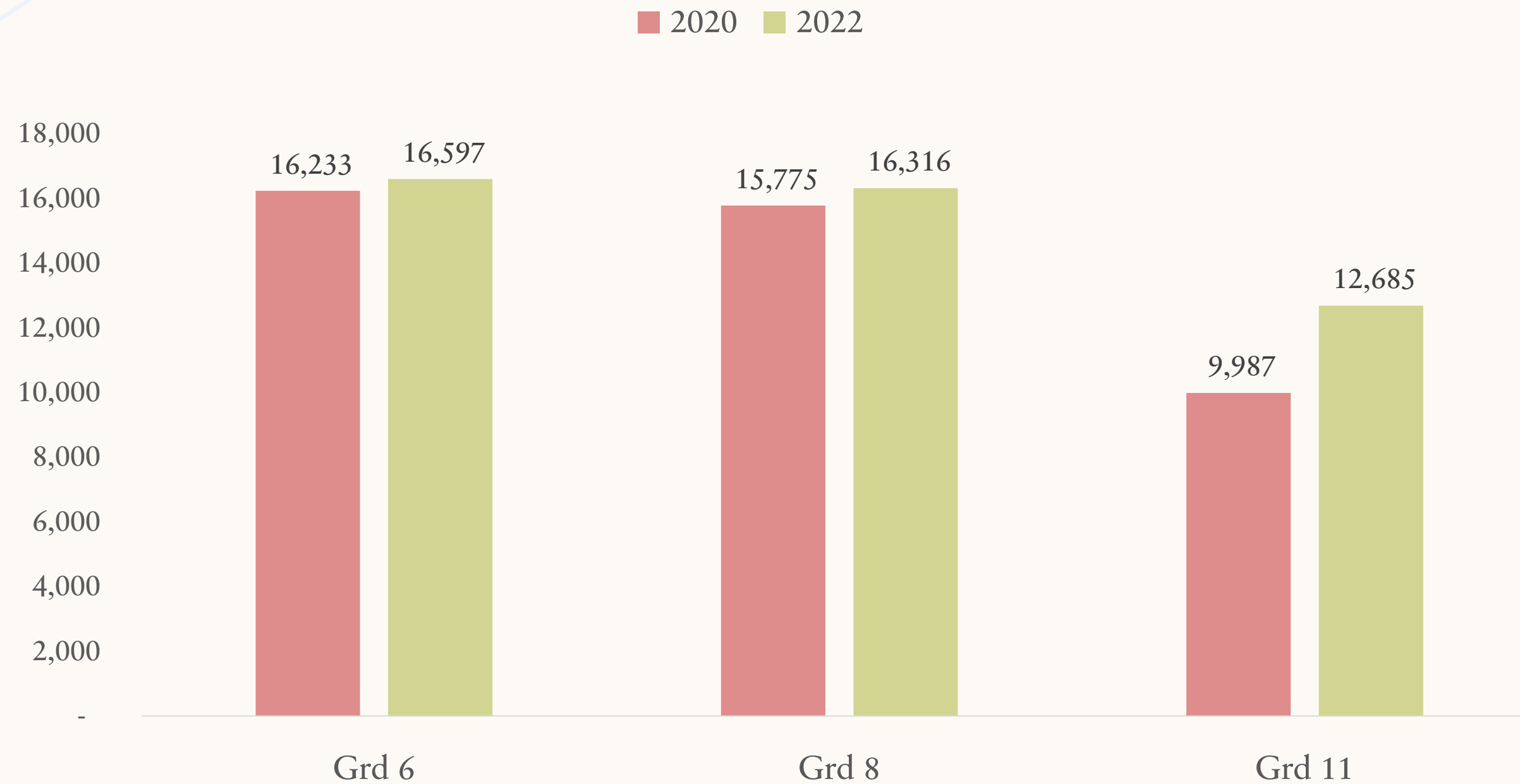


DEMOGRAPHIC & SOCIOECONOMIC CONTEXT

WHO ARE OREGON ADOLESCENTS?

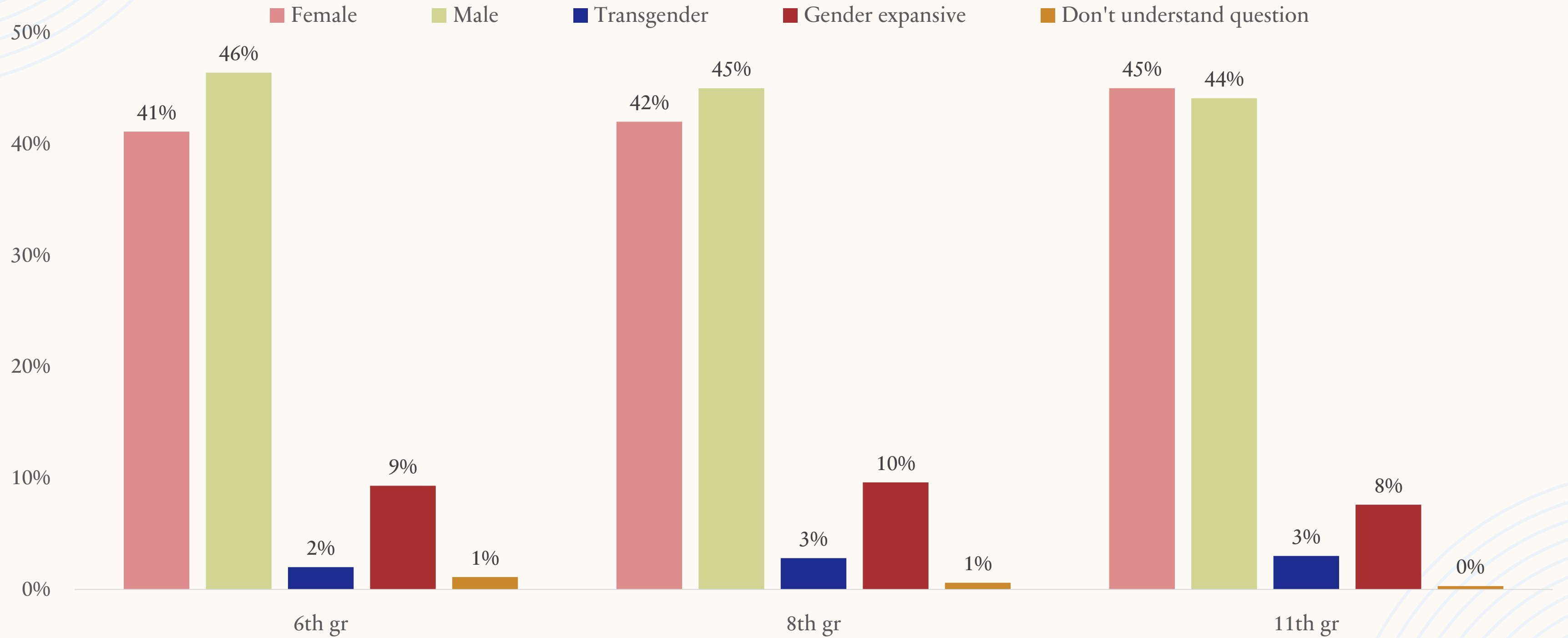
- Oregon has about 771,000 adolescents (age 10-24)
- Youth make up about 18% of Oregon's population
- About 18% of adolescents live below the poverty line
 - Compared to 11% of all Oregonians
- Medicaid covers about 1 in 2 youth
- Youth are more racially/ethnically diverse than adults and seniors

SHS STUDENT PARTICIPATION



2022
28 counties
94 districts
321 schools
46 schools w/SBHCs

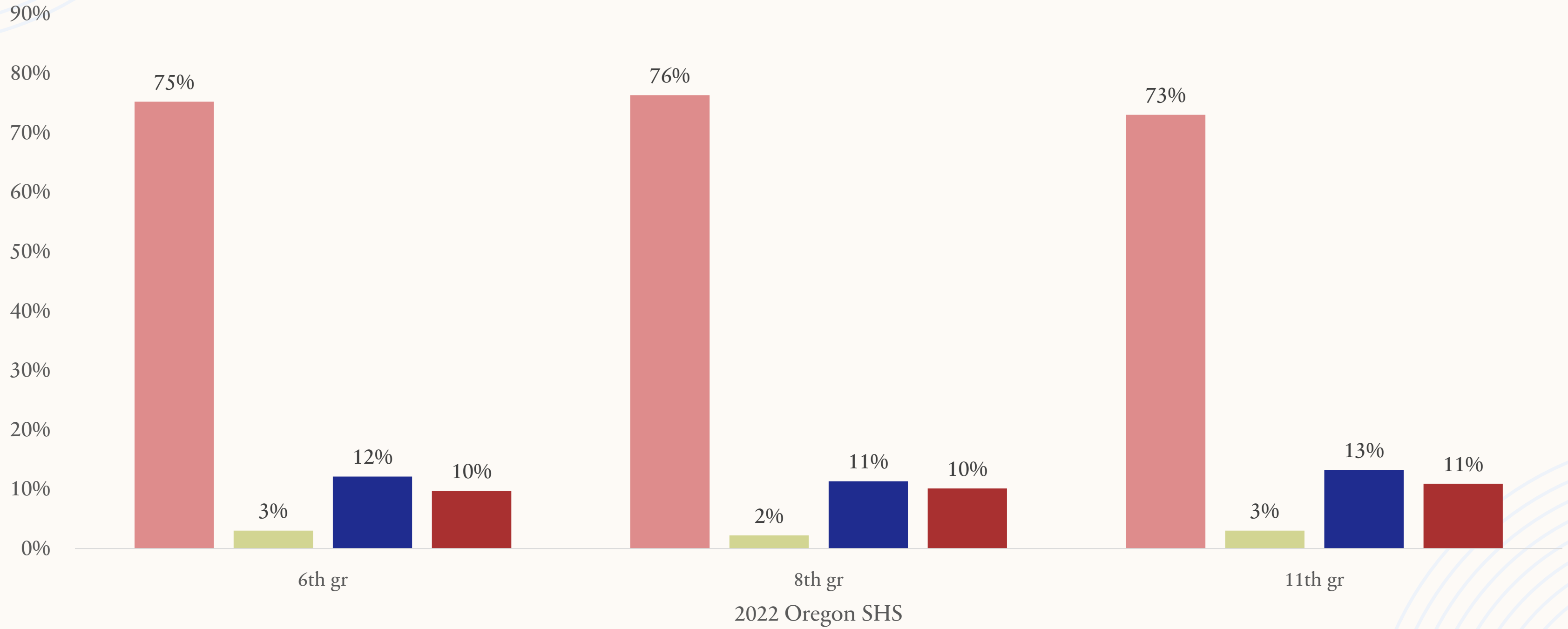
Gender Identity



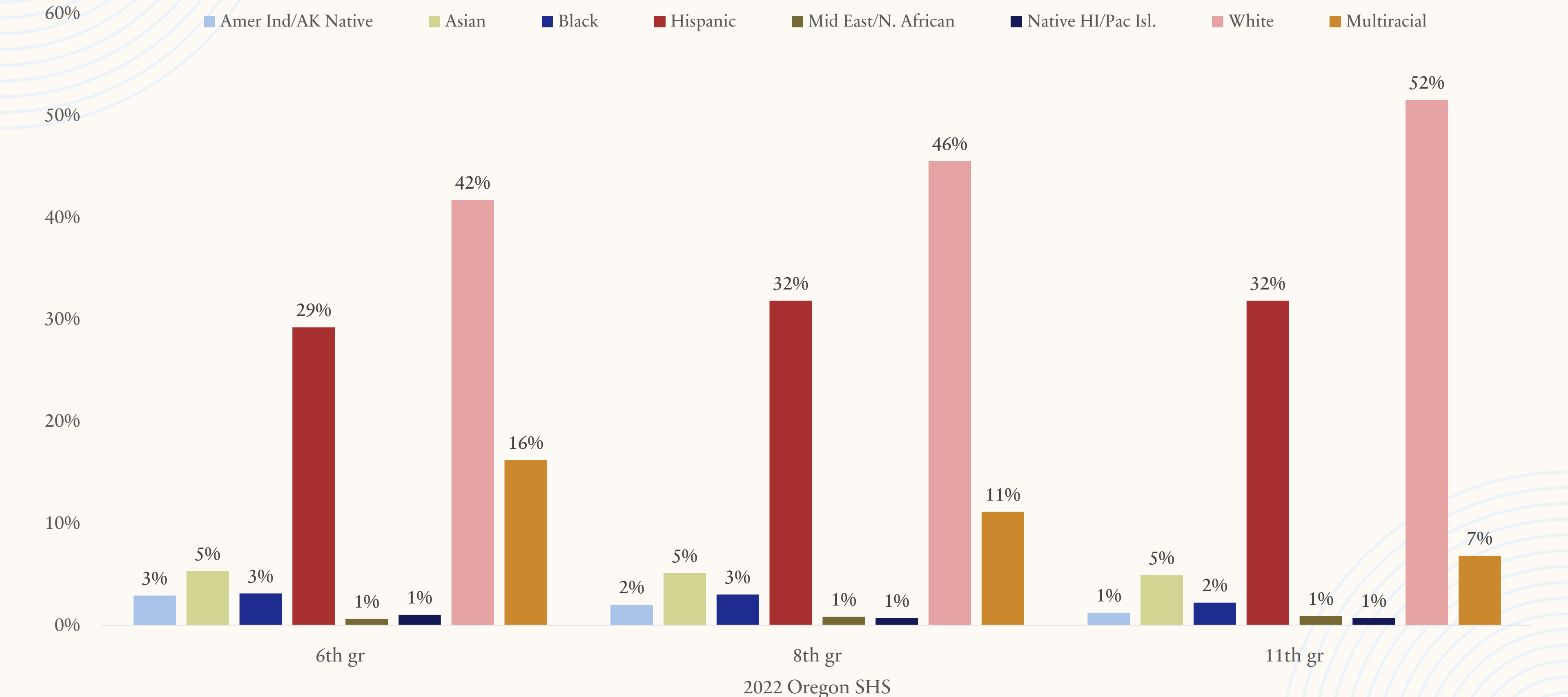
2022 Oregon SHS

Sexual Orientation

■ Straight ■ Lesbian or gay ■ Bisexual/pansexual ■ Queer/Multiple/Asexual/Not sure

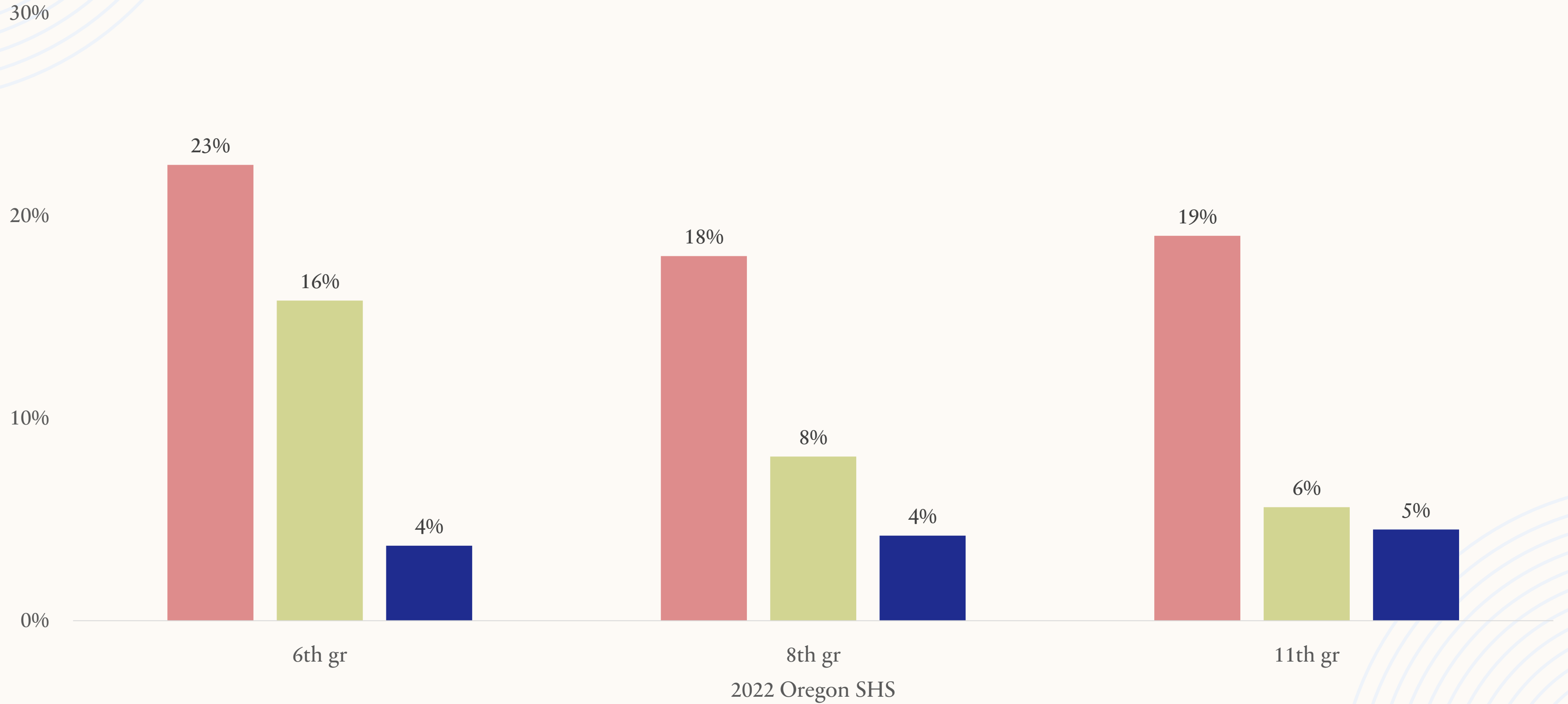


Race & Ethnicity



Social Determinants of Health

Food insecure Unstable housing Has spent time in foster care





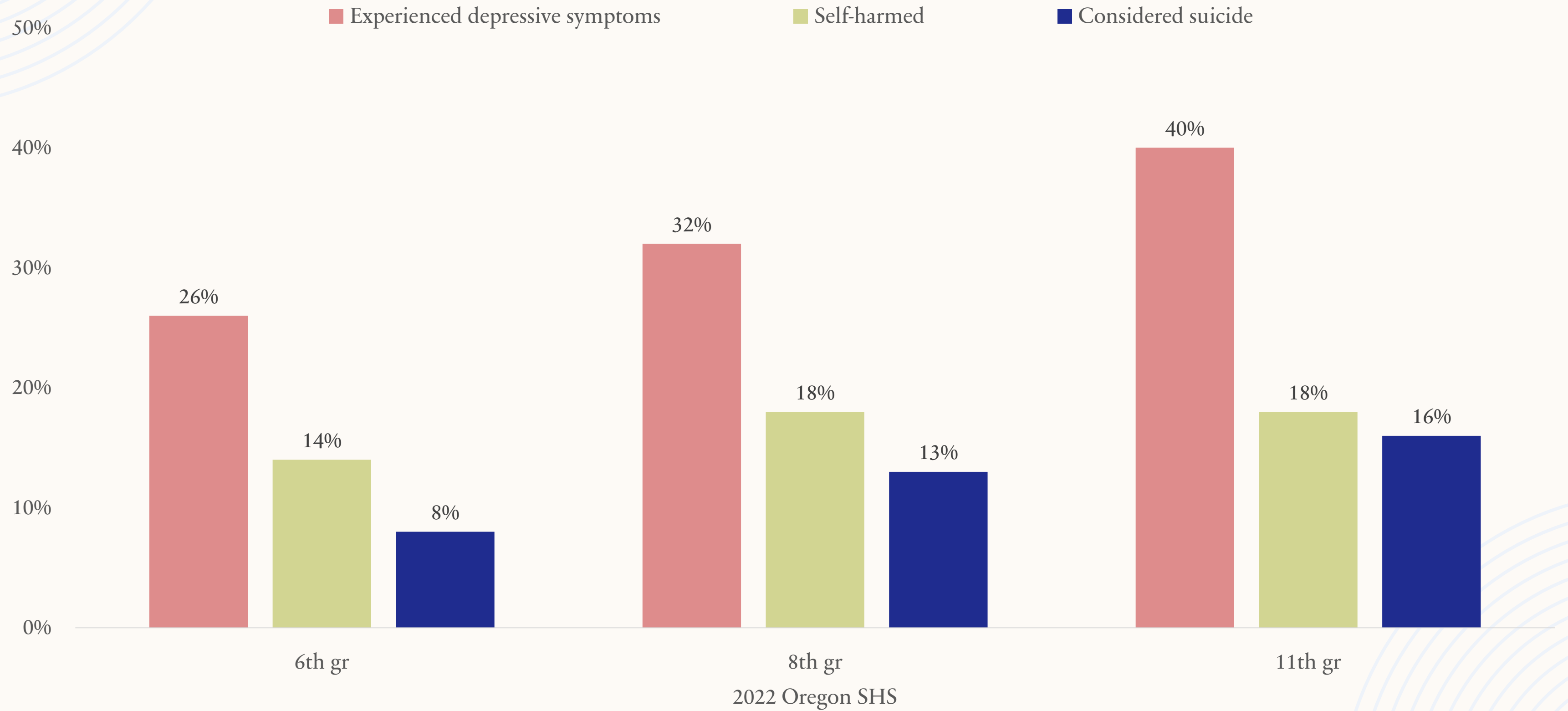
MENTAL HEALTH & WELLBEING

MENTAL HEALTH & WELLBEING

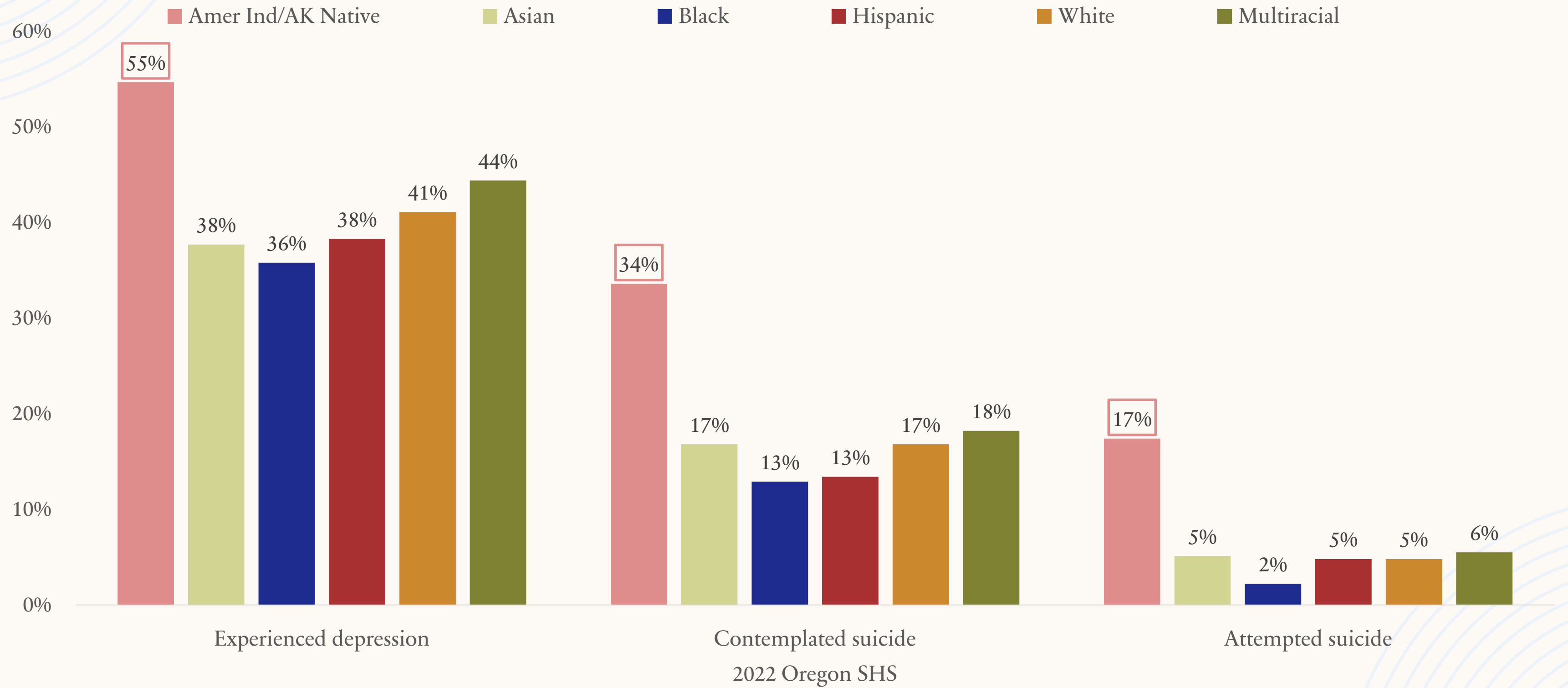
KEY TAKEAWAYS

- Oregon youth face substantial mental health and wellness challenges
- Queer, transgender, and female-identifying youth experience significantly more distress and less adult support than males
- Among 11th graders, American Indian/Alaska Native youth report higher rates of mental health challenges
- Majority of youth have a safe place/person to go for help outside of school

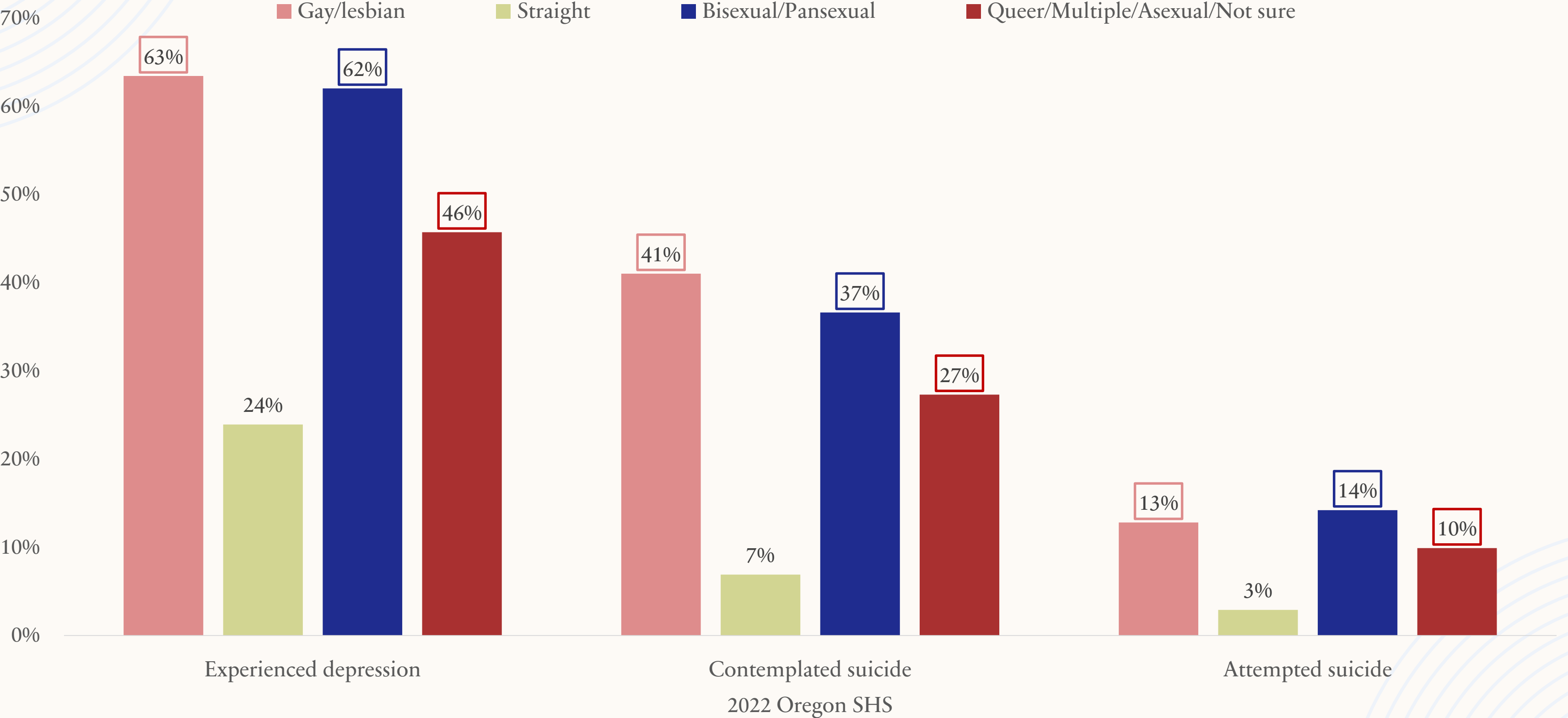
Youth Mental Health in Past Year



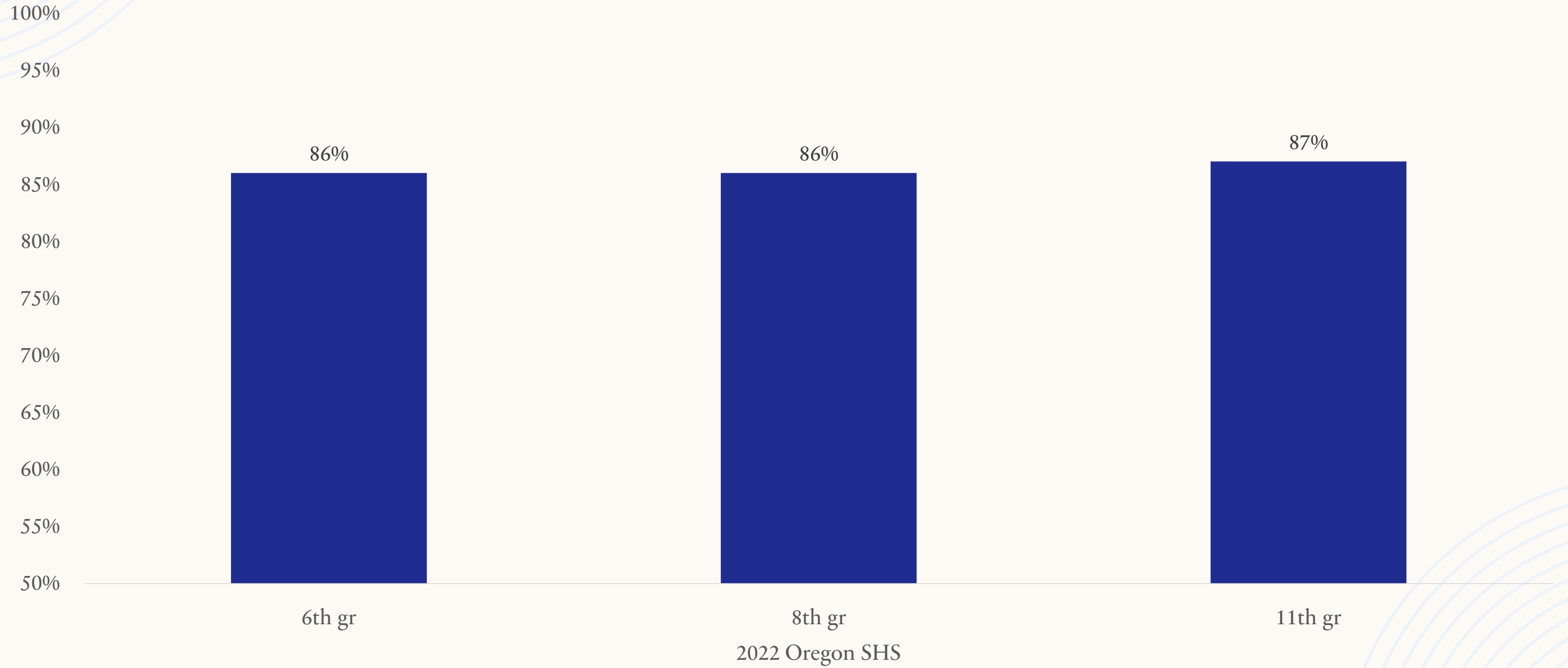
Mental Health Indicators by Race (11th grade)



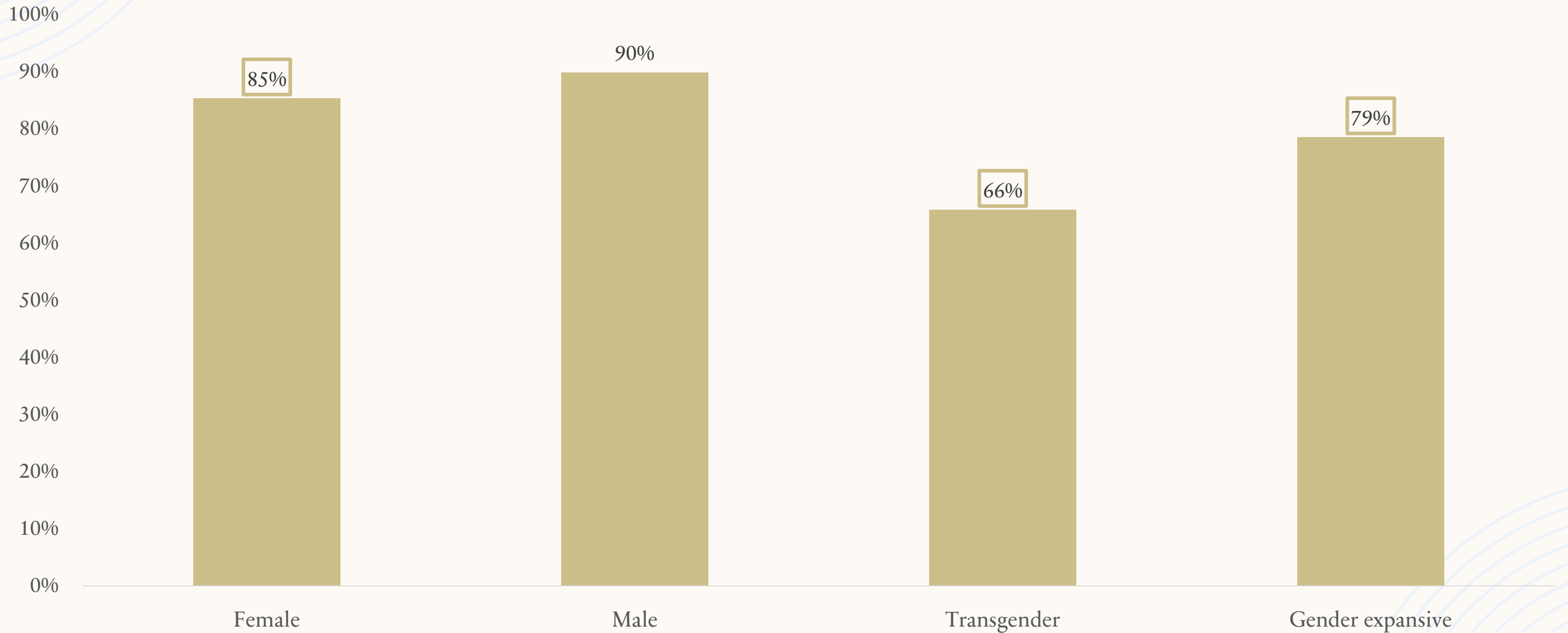
Mental Health Indicators by Sexual Orientation (8th grade)



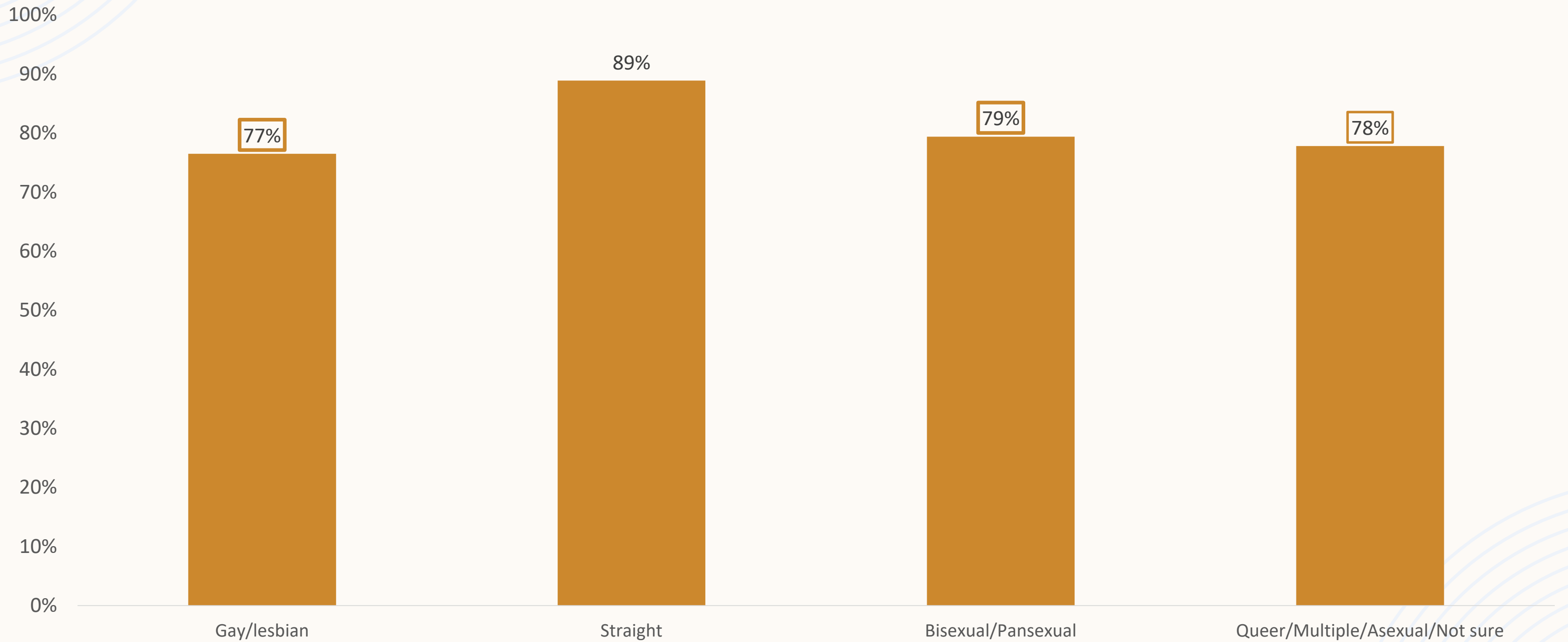
Has Safe Place/Person Outside of School for Help (by grade)



Has Safe Place/Person Outside of School for Help (8th grade by gender identity)



Has Safe Place/Person Outside of School for Help (8th grade by sexual orientation)



2022 Oregon SHS



SCHOOL CLIMATE & CONNECTEDNESS

SCHOOL CLIMATE & CONNECTEDNESS

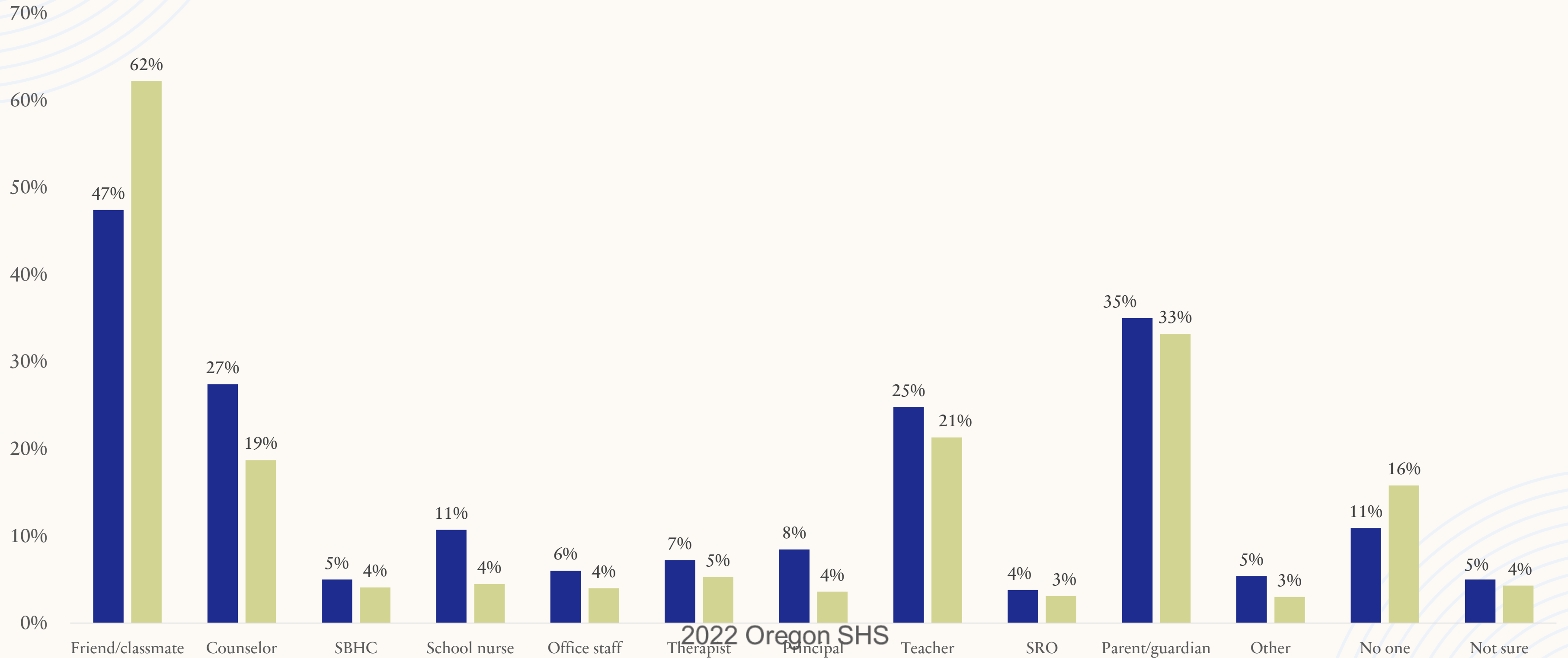
KEY TAKEAWAYS

- At school, most youth have someone to go to for help
- Youth identifying as Asian, Hispanic, Black, Middle Eastern/North African are less likely to feel an adult at school really cares about them
- About 2 in 10 youth experience school-related bullying
- Youth identifying as transgender and gender expansive experience 3-4 times higher rates of bullying compared to youth identifying as male

Who would you go to for help if you had a health problem or felt stressed during the school day?
(by grade)

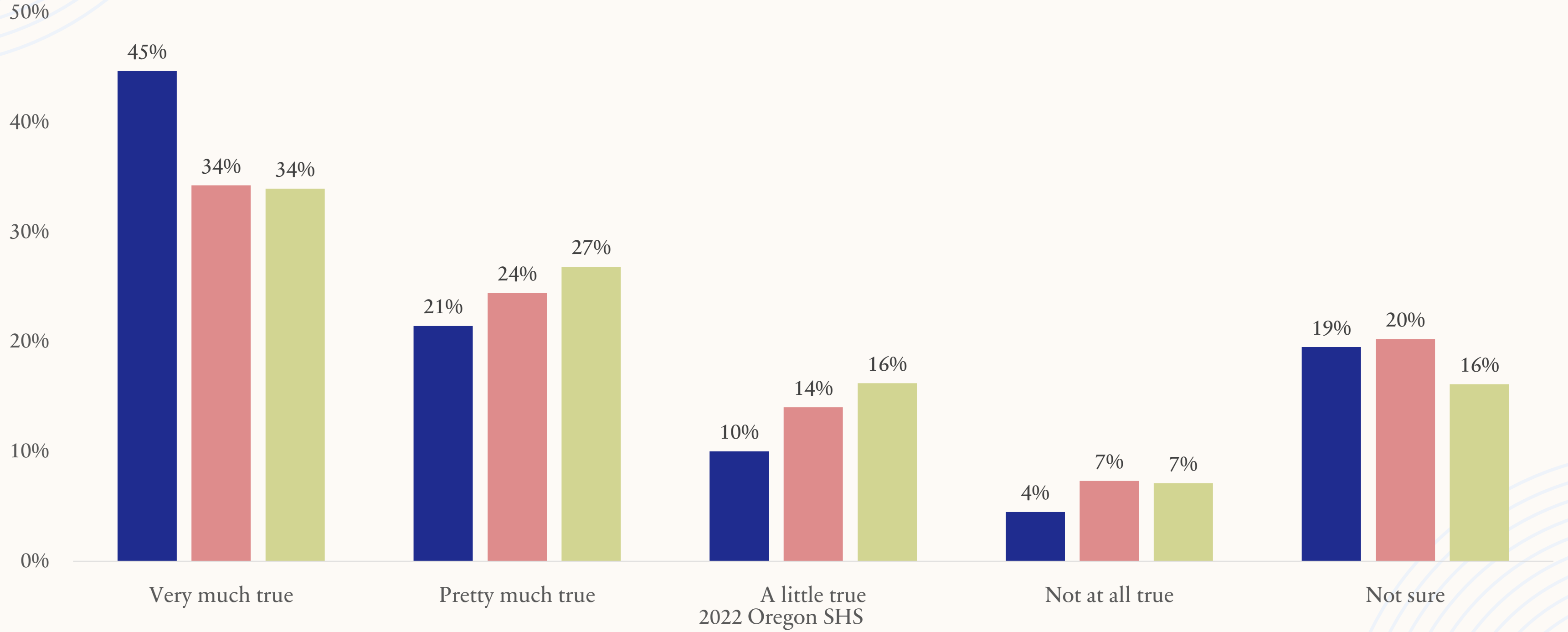
70

■ 6th gr ■ 11th gr



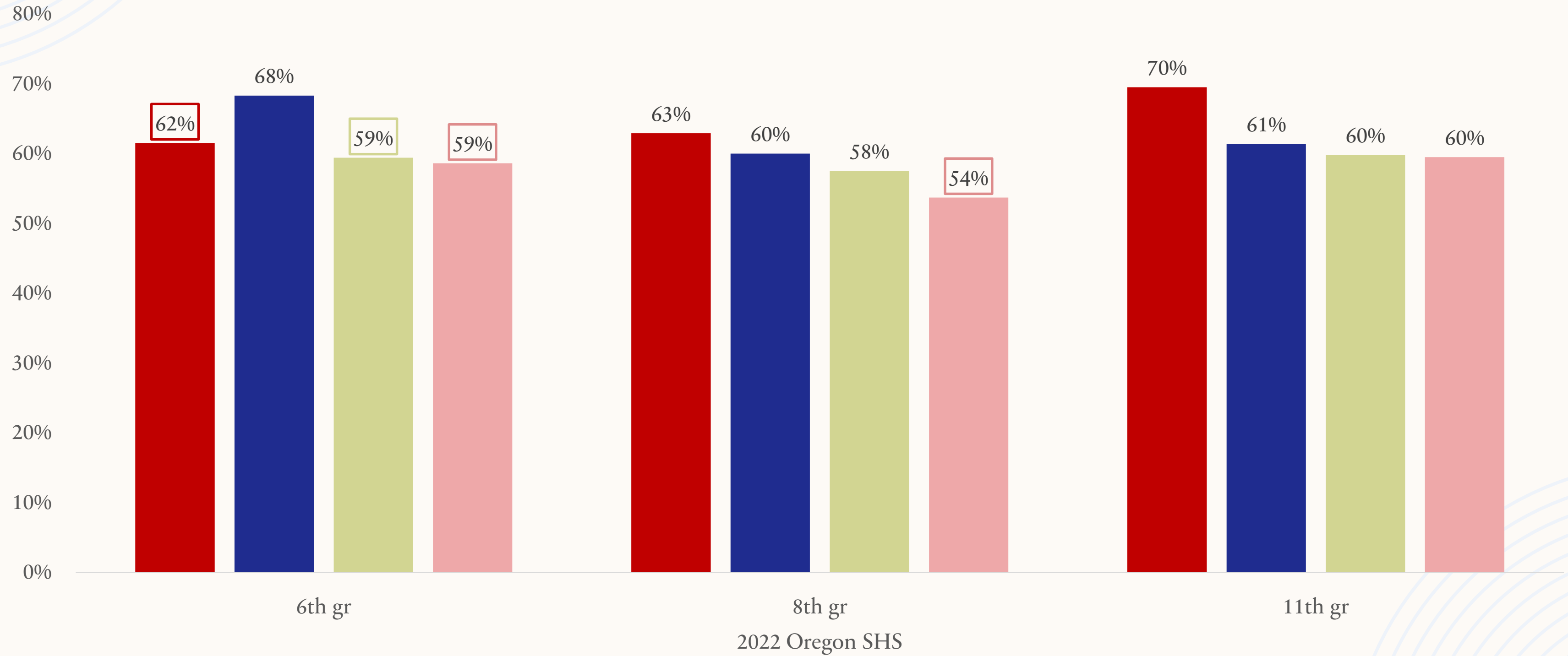
"At least one teacher or adult at school really cares about me"
(by grade)

6th gr 8th gr 11th gr

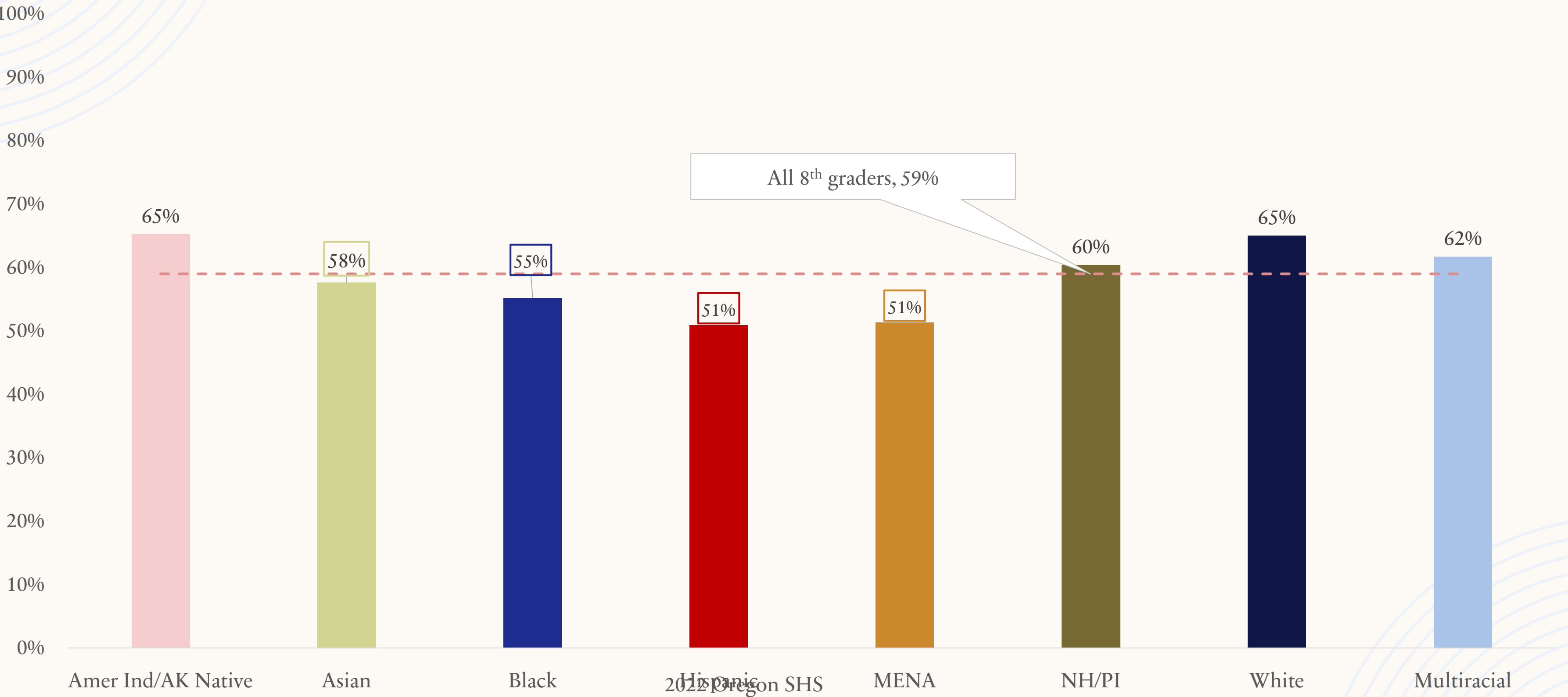


Teacher/other adult at school really cares about me
(by grade, sexual orientation: % Very much/pretty much true)

■ Gay/lesbian ■ Straight ■ Bisexual/Pansexual ■ Queer/Multiple/Asexual/Not sure



Teacher/Other Adult at School Really Cares About Me
(8th grade by race/ethnicity: % Very Much/Pretty Much True)



Was bullied at school in past 30 days (by grade)

30%

20%

10%

0%

6th gr

19%

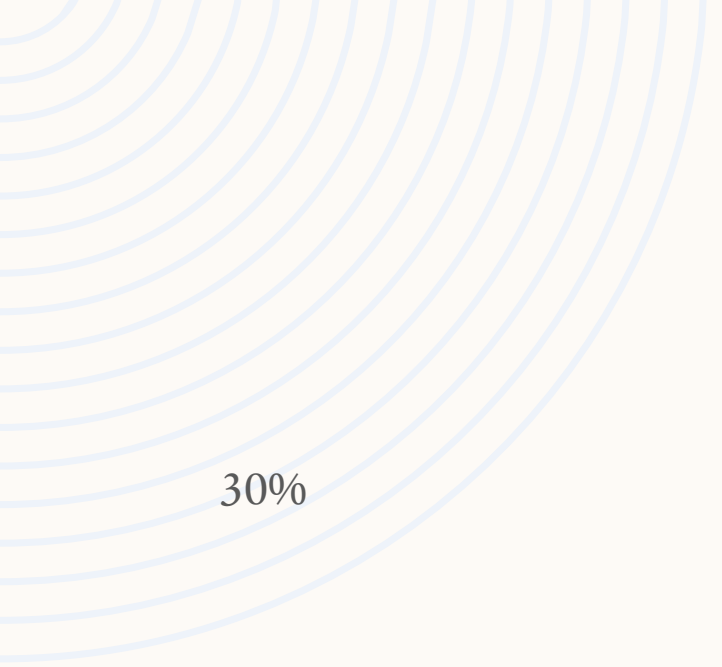
8th gr

26%

11th gr

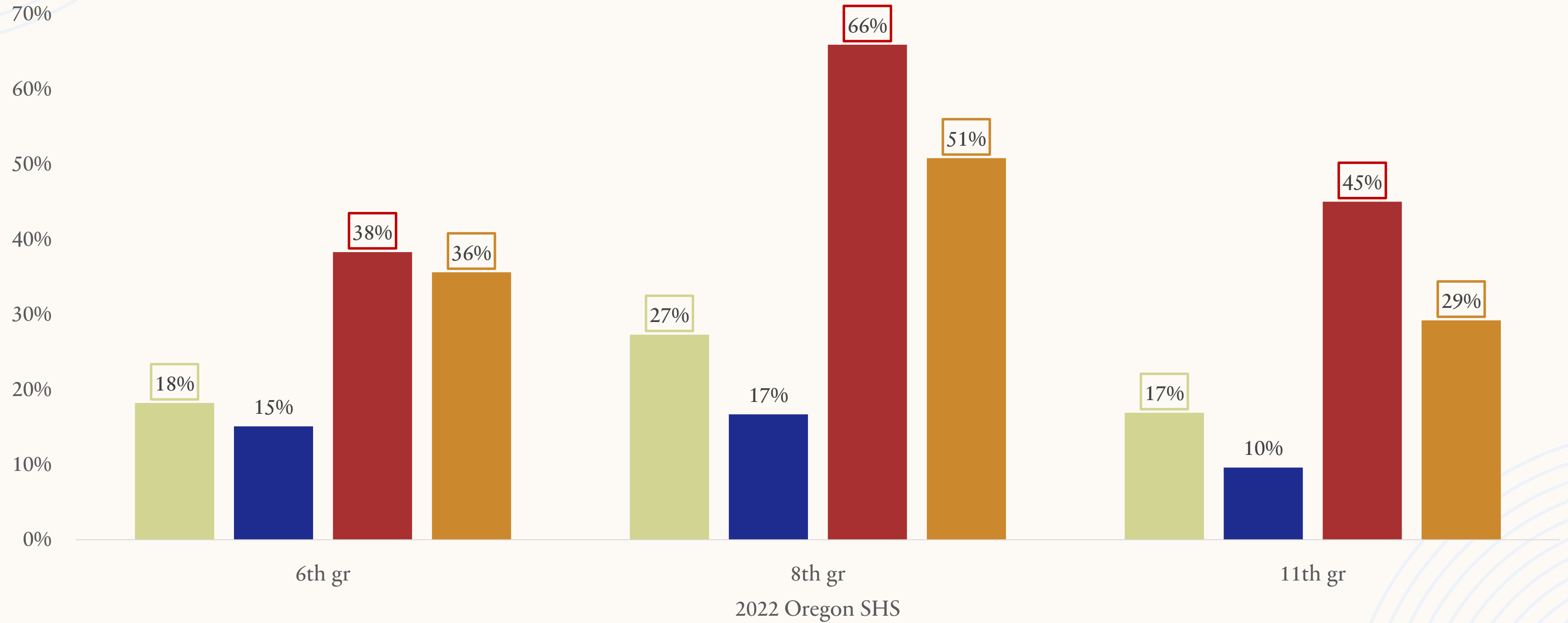
16%

2022 Oregon SHS



Was bullied at school in past 30 days (by gender)

Female Male Transgender Gender expansive





SUBSTANCE USE

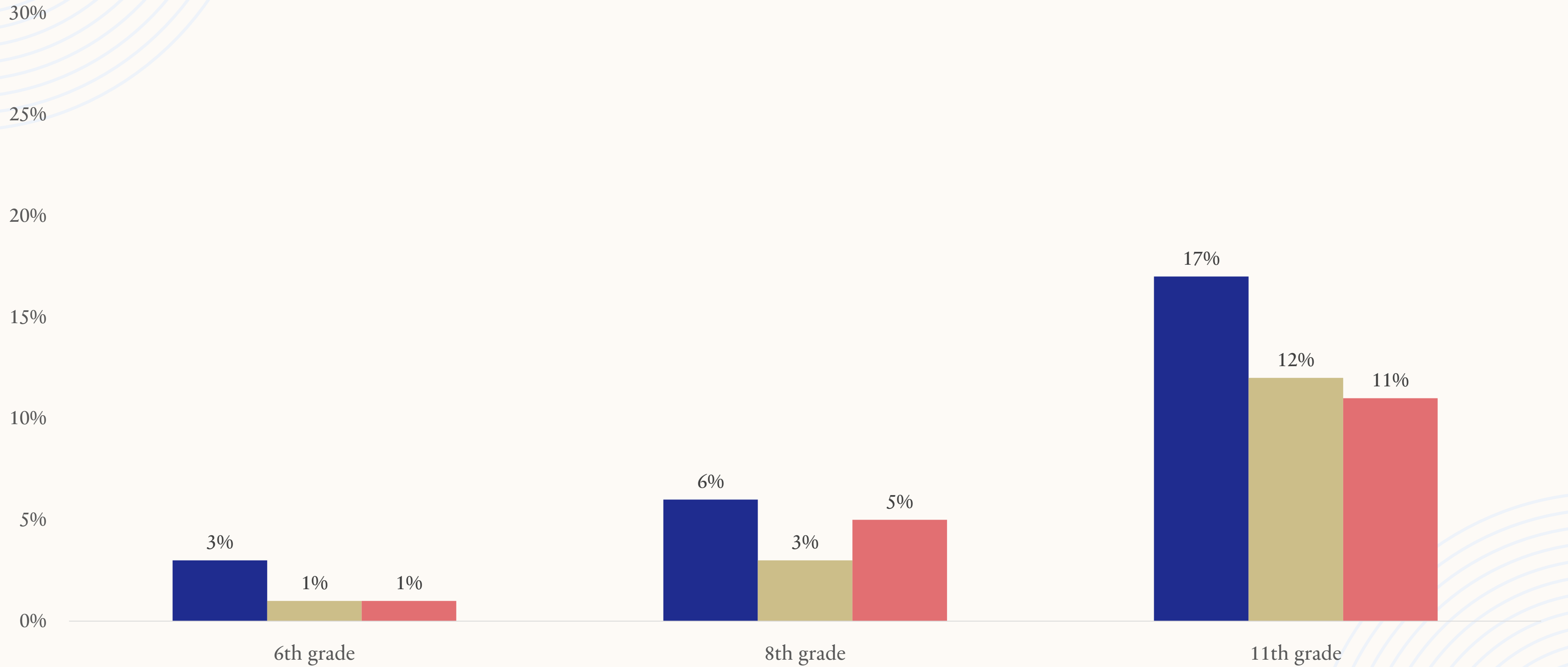
SUBSTANCE USE

KEY TAKEAWAYS

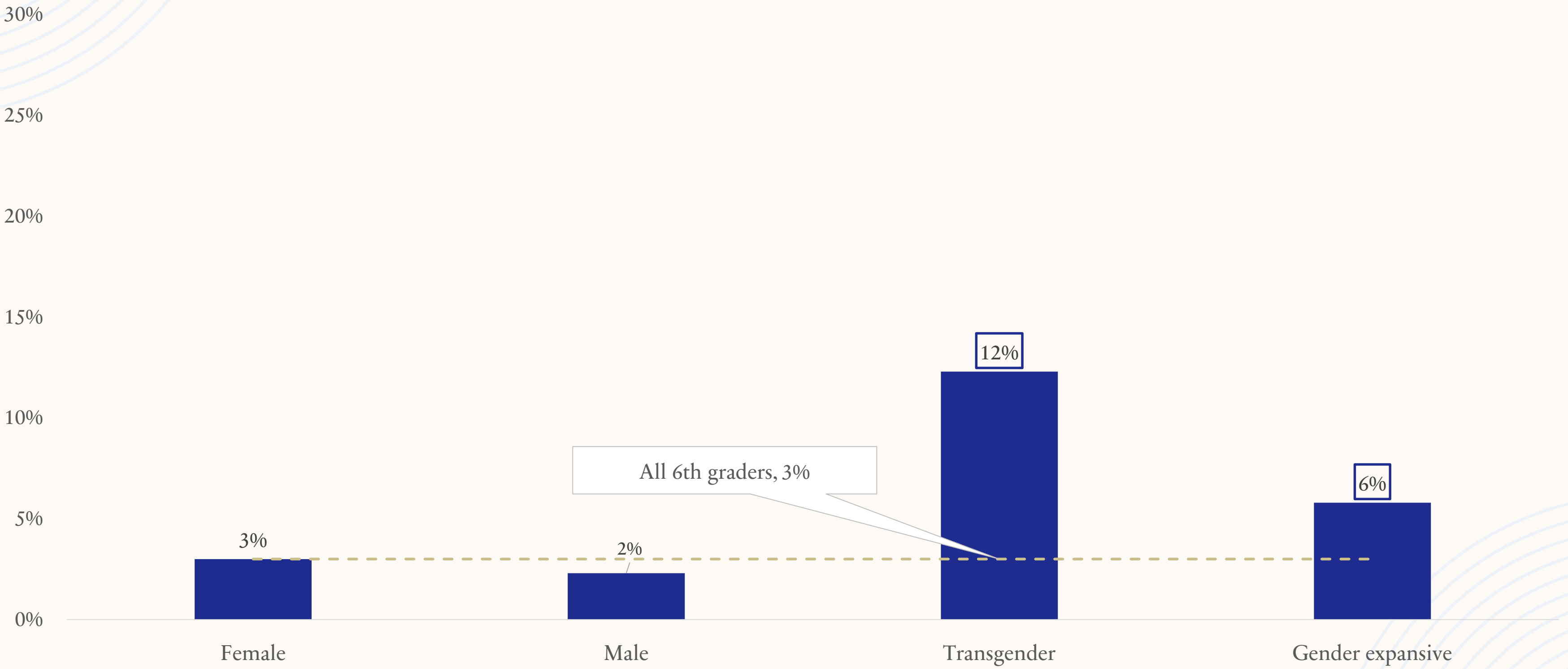
- Most youth reported having not used substances in the past 30 days
- Youth identifying as LGBTQ2SIA+, transgender, and gender expansive reported higher rates of substance use
- Youth identifying as American Indian/Alaska Native and Native Hawaiian/Pacific Islander report higher rates of substance use

Youth Substance Use in Past 30 Days

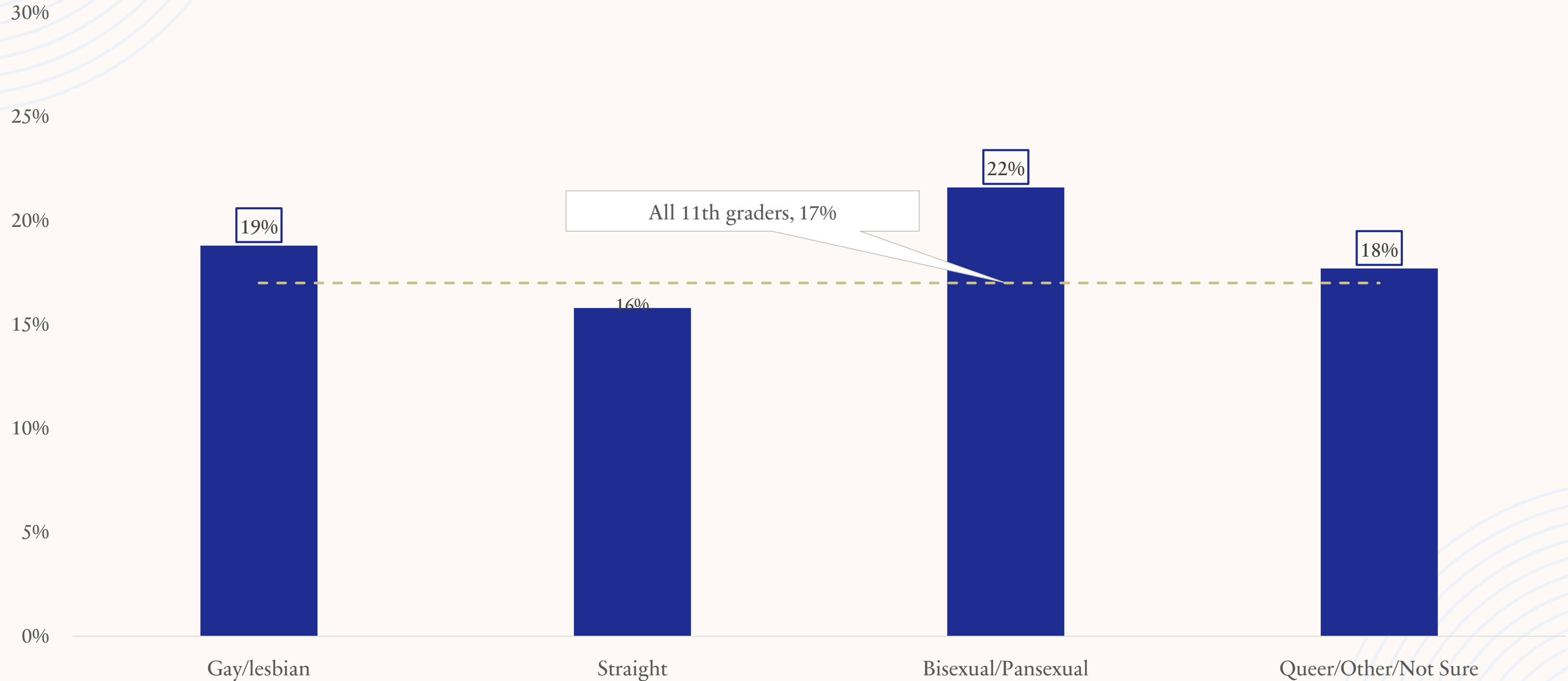
■ Drank alcohol in Past 30 Days ■ Used Marijuana in Past 30 Days ■ Vaped Tobacco in Past 30 Days



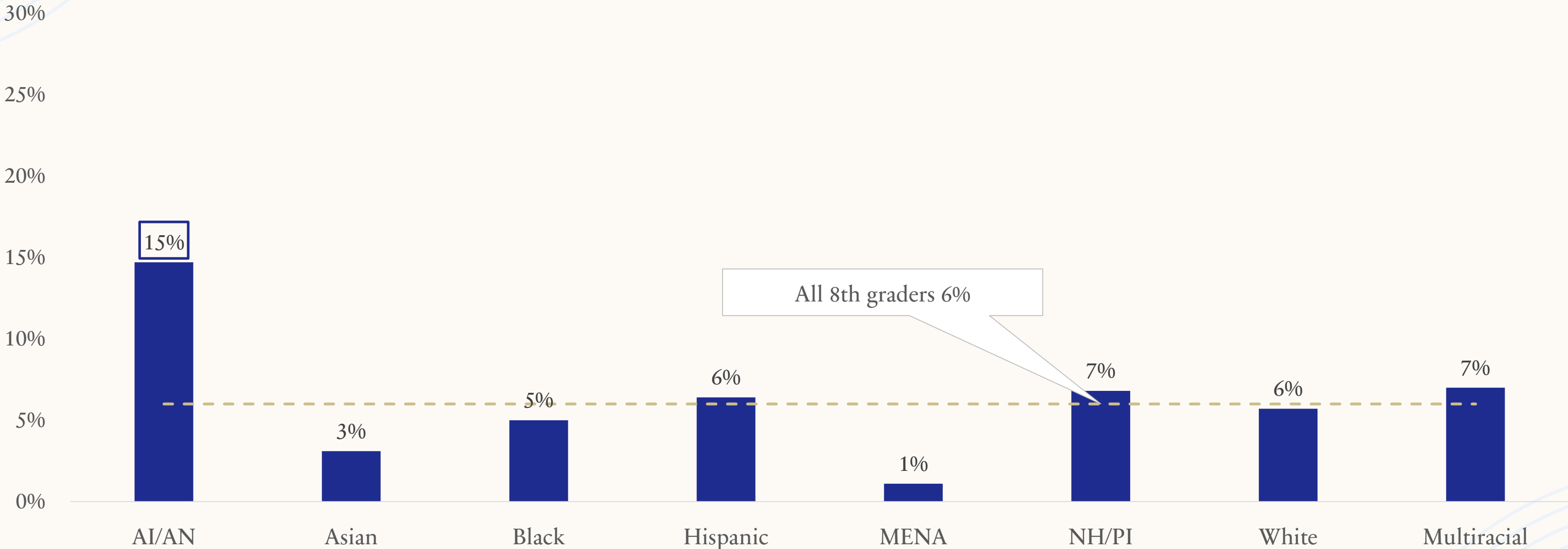
Drank Alcohol in Past 30 Days (6th grade, by gender)



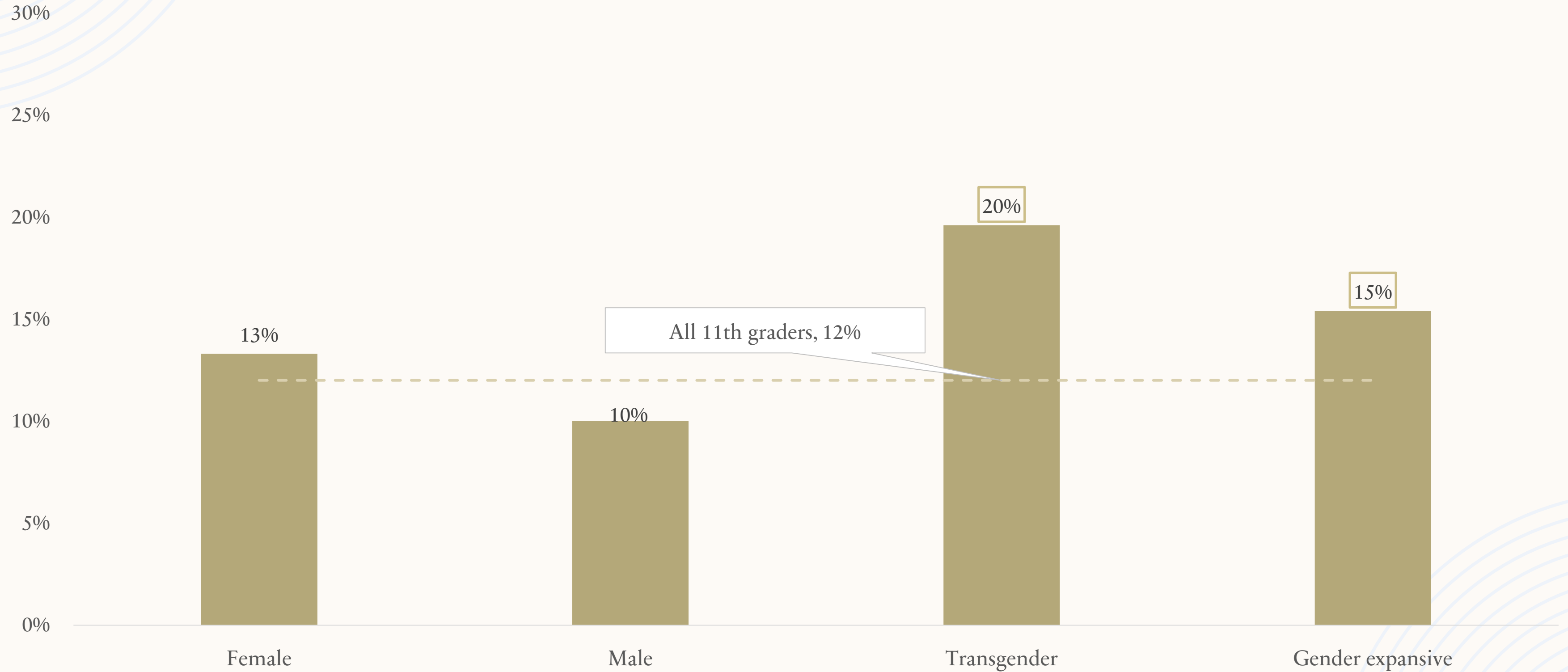
Drank Alcohol in Past 30 Days (11th grade, by sexual orientation)



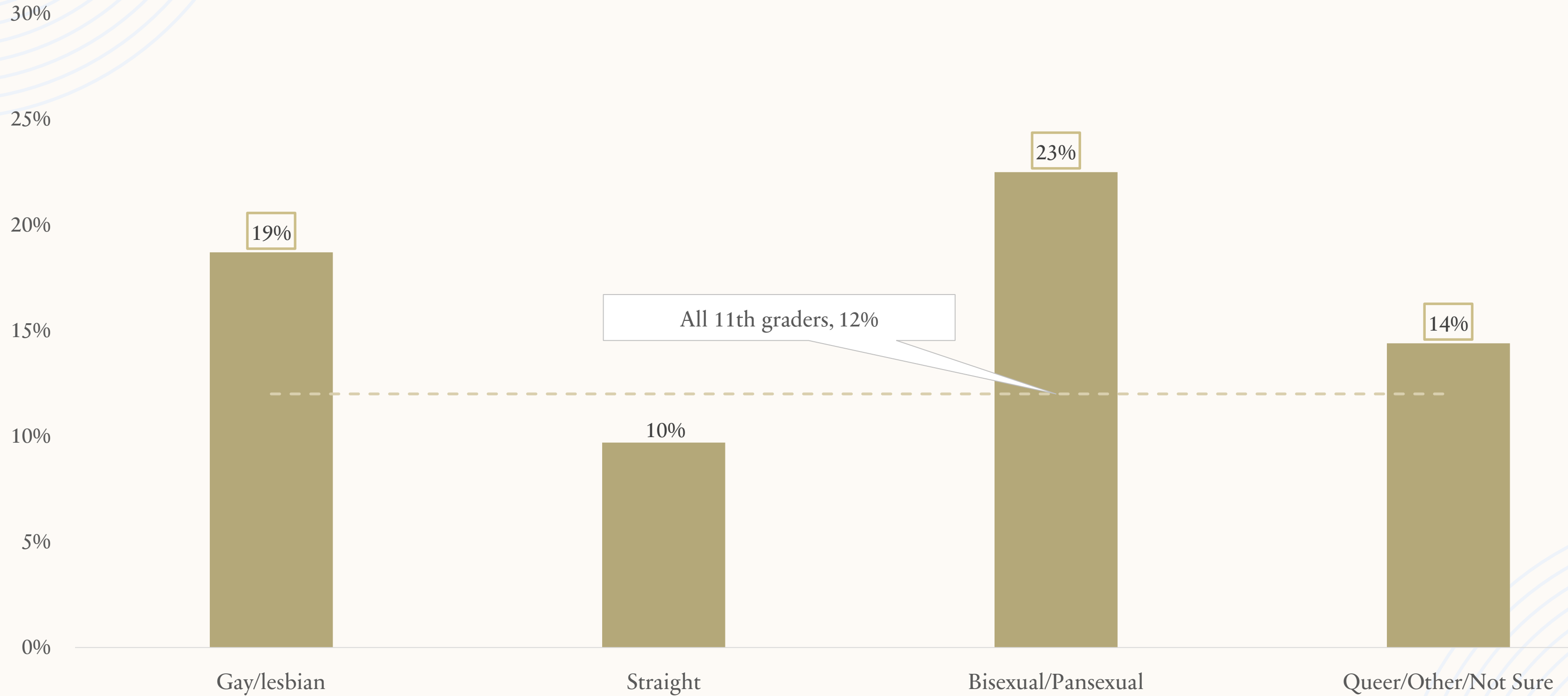
Drank Alcohol in Past 30 Days (8th grade, by race/ethnicity)



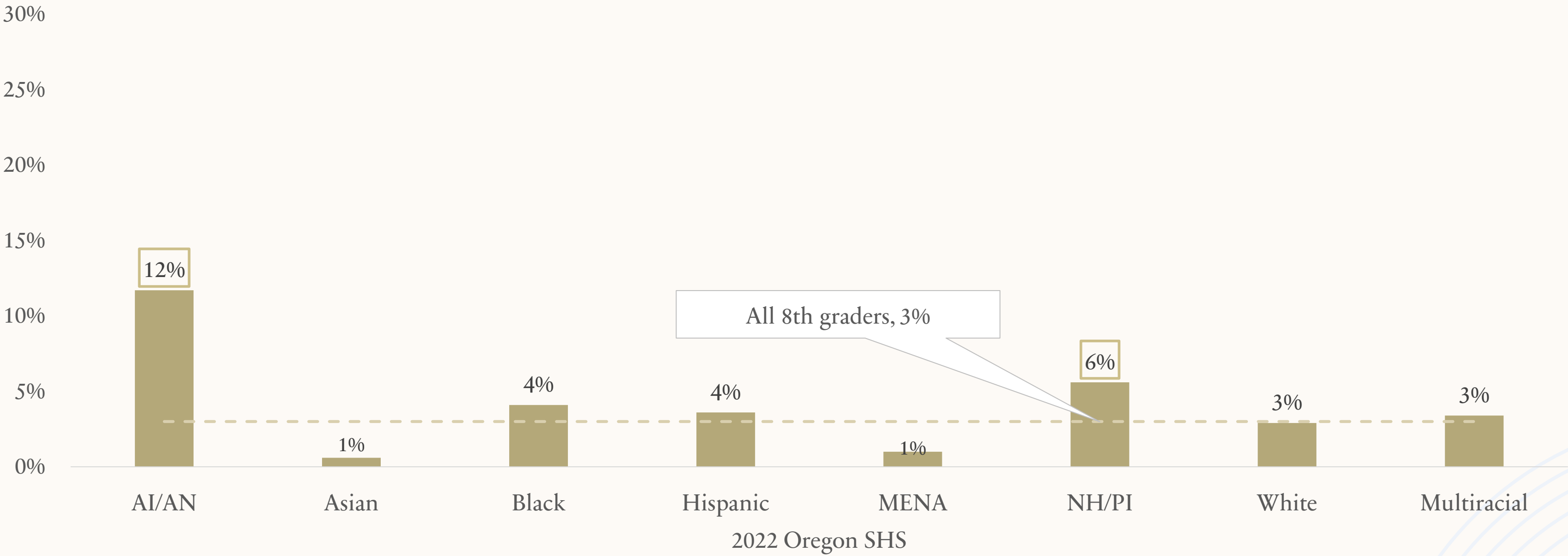
Used Marijuana in Past 30 Days (11th grade, by gender)



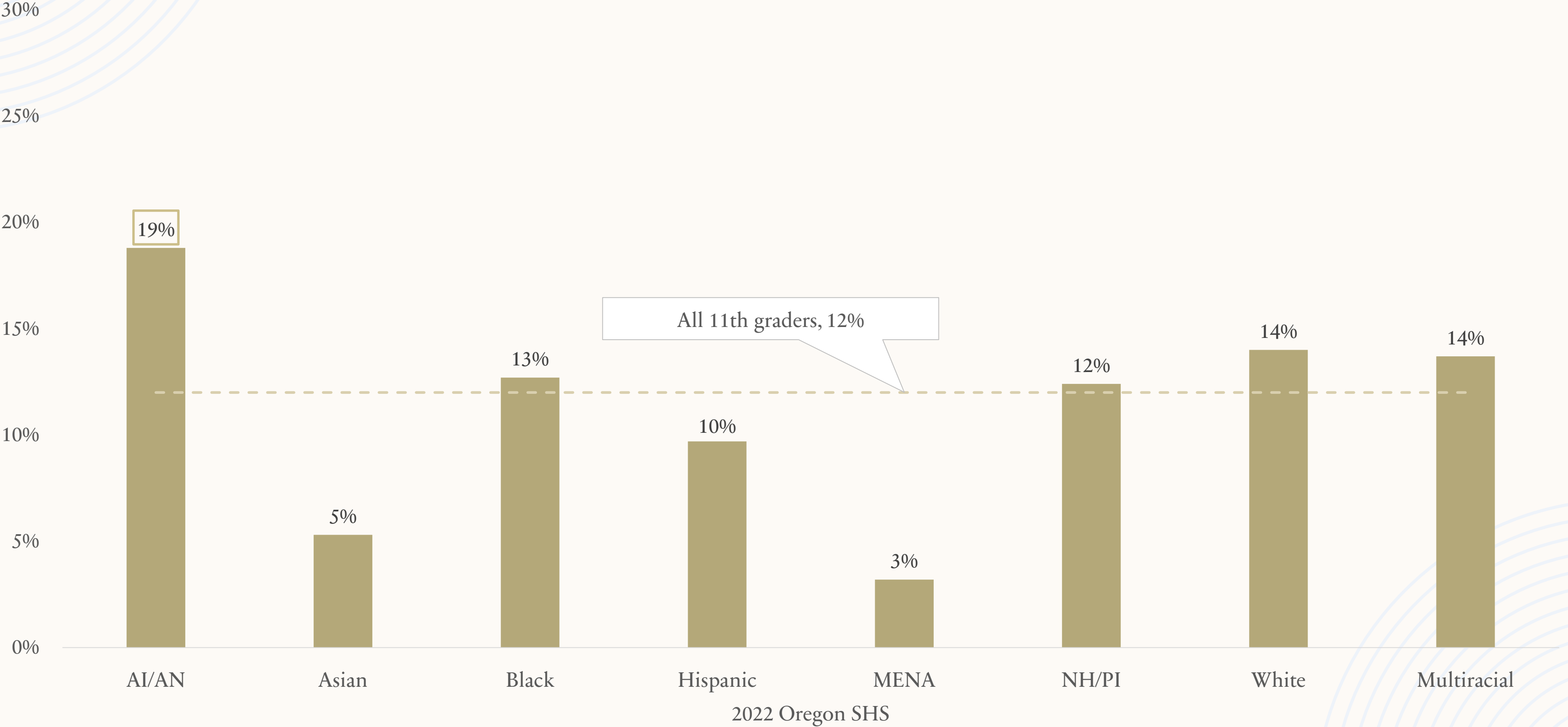
Used Marijuana in Past 30 Days (11th grade, by sexual orientation)



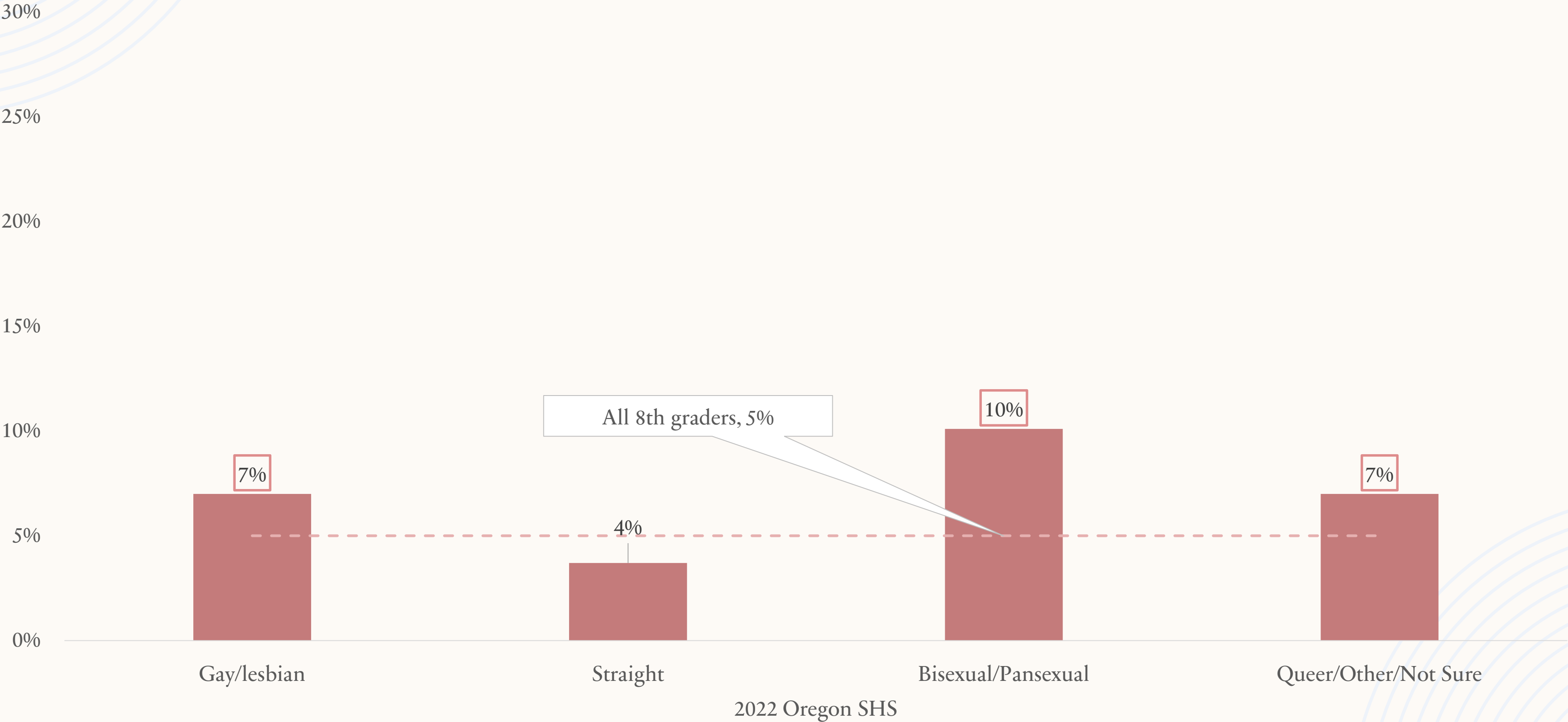
Used Marijuana in Past 30 Days (8th grade, by race/ethnicity)



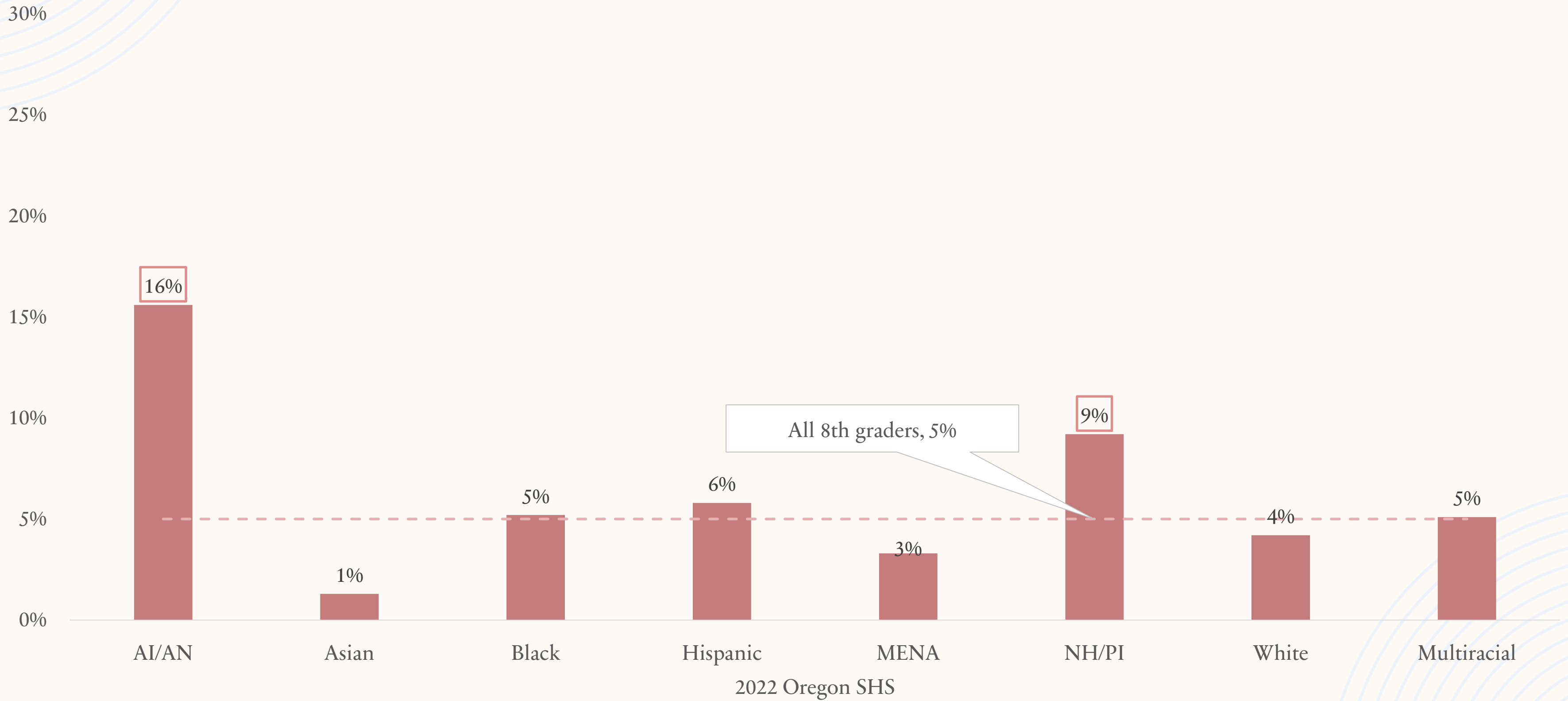
Used Marijuana in Past 30 Days
(11th grade, by race/ethnicity)



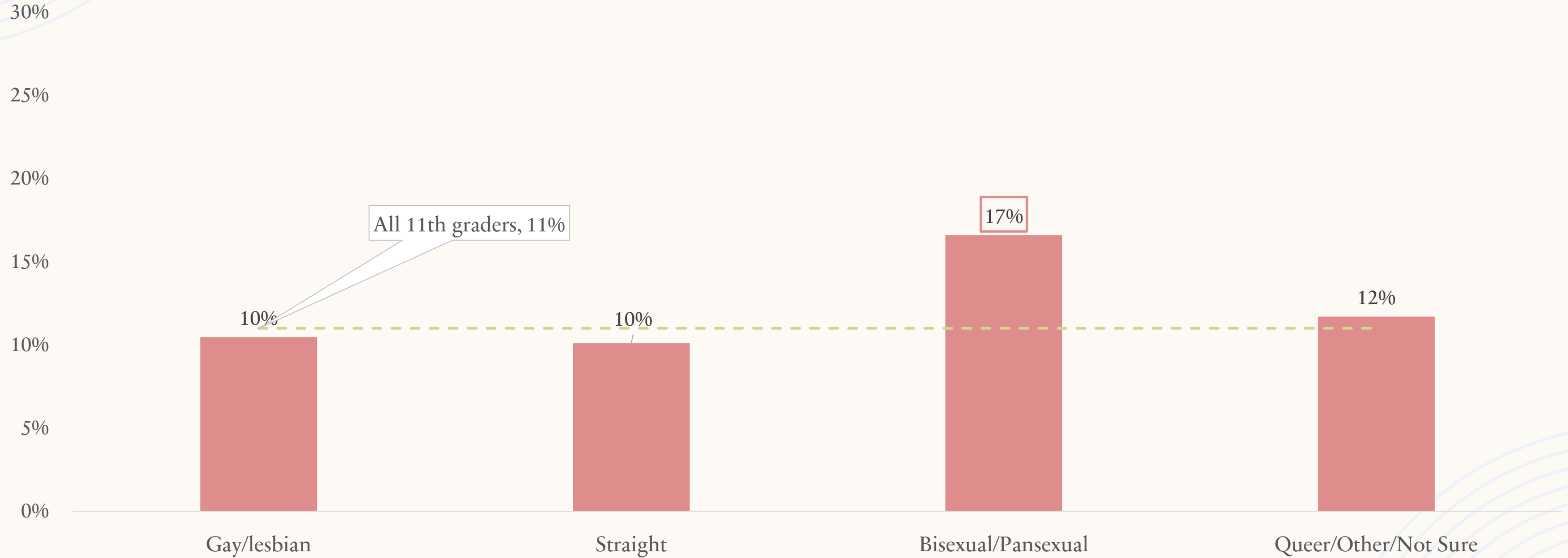
Vaped Tobacco in Past 30 Days (8th grade, by sexual orientation)

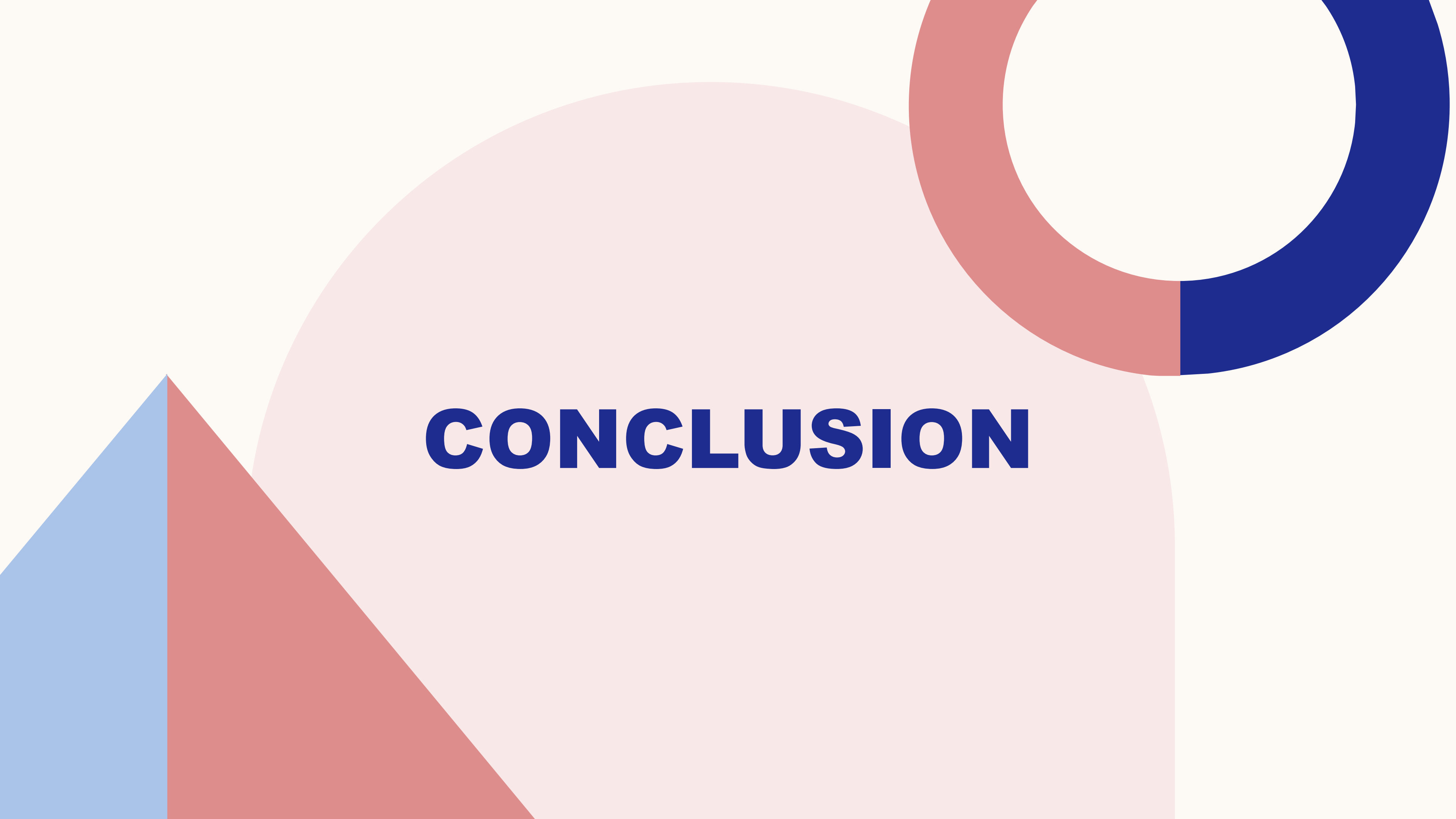


Vaped Tobacco in Past 30 Days (8th grade, by race/ethnicity)



Vaped Tobacco in Past 30 Days (11th grade, by sexual orientation)





CONCLUSION

CHANGES TO SHS

2023 Oregon legislature passed HB 2656

REQUIRES ALL DISTRICTS TO OFFER TWO ANNUAL SURVEYS

- Survey administered by [ODE], designed to gather info about education experiences (learning, school culture and climate) of OR's students
- Survey administered by [OHA], designed to improve health and wellbeing of all OR's students

PARENT/GUARDIAN/CAREGIVER NOTIFICATION

- Parents/Guardians/Caregivers must be given at least 5 days notice prior to administering SHS
- Parents/Guardians/Caregivers must be permitted to opt their students out (verbally/writing) of SHS

WHAT DOES THIS MEAN?

- SHS will be administered annually beginning Fall 2024
- All districts will have to offer the SHS to their students
- Opting out is an option for parents/guardians/caregivers & their students
- New ASH OPA3 position to support data use in schools/districts & promote youth engagement
- 2024 content development begins Fall 2023

HIGHLIGHTING YOUTH VOICE

SHS YOUTH DATA COUNCIL (YDC)

- Paid opportunity for youth ages 15-20 with experience in Oregon's public K-12 education system
 - Provide insight and guidance to improve the SHS
 - Address health equity and advance racial justice by amplifying the voices of *all* youth

SHS QUALITATIVE DATA

- Increased open-ended questions in 2022
 - Based on youth & community feedback
 - “What keeps you happy, healthy, and/or safe?”
 - Context for unmet health/MH needs and absenteeism
 - Strengths-based approach to analysis

THANK YOU

Resources:

- Student Health Survey: www.healthoregon.org/shs
- Student Health Survey Portal: www.bach-harrison.com/OSHSDashboard/Default.aspx
 - Note: SBHC's must reach out to their principal for school-specific data
- Adolescent & School Health Unit: www.healthoregon.org/ah

Contact Info:

- Sarah Knipper, MSW [ASH Research & Data Lead] sarah.knipper@oha.oregon.gov
- Alexis W. Phillips, MPH [ASH Policy & Assessment Specialist] alexis.w.phillips@oha.oregon.gov

Questions?



BREAK / SBHC Connect / Networking Time

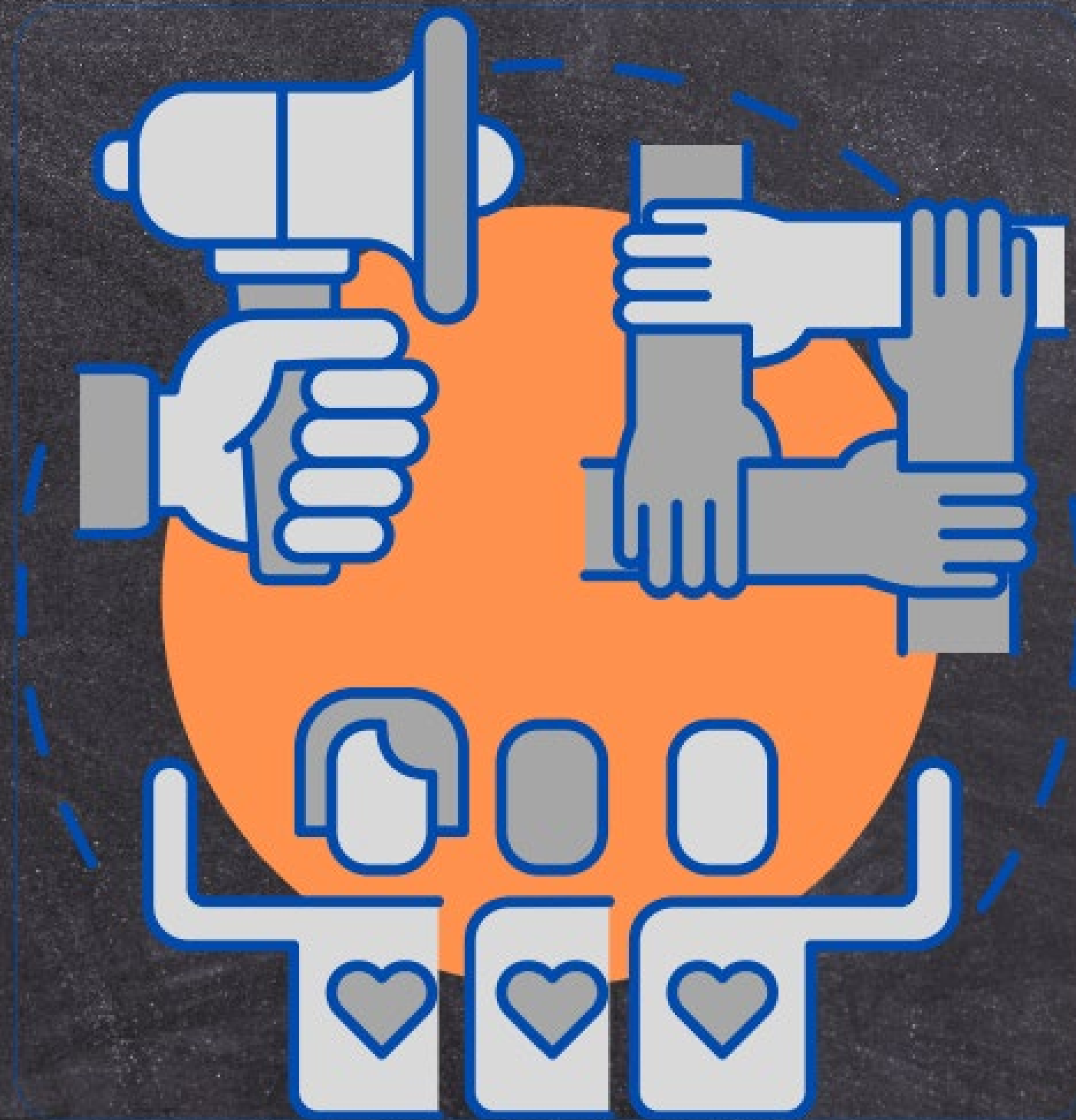
SBHC Connect

- Goal is to connect with your peers!
- Gather signatures from folks who match the prompts to make a row of 5 (vertical, horizontal, diagonal).
- First four people to 'get a bingo' and find me win a prize!

S	B	H	C	!
Been to the same national park as you.	Works at an SBHC that has a Youth Advisory Council.	Drove more than 100 miles to get here.	Same number of siblings as you.	Works at an SBHC that offers dental services.
Works at an SBHC that's open 5 days a week.	Has the same favorite food/drink as you.	Has been working at their SBHC for less than a year.	Participated in the same school activity as <u>you</u> .*	Has had (or currently has) a garden.
Went through K-12 without moving out of town.	Has seen the same musical artist in concert as you.	FREE SPACE	Works at SBHC that dispenses birth control.	Has won some sort of cooking/BBQ contest.
Drank more coffee/tea than you today.	Works at the only SBHC in their county.	Has the same number of pets as you.	Works at an SBHC that collaborates with a local tribal nation.	Shares a hobby with you.
Works at an elementary school SBHC.	Has traveled outside of North America.	Has swag from their SBHC physically with them.	Speaks the same non-English language as you.	Same number of SBHCs in their system but isn't your co-worker.

*Besides going to class/school.

Youth Panel



More Housekeeping

- This panel will not be recorded or posted online
- Focus on youth engagement not SBHC experiences
- Acronyms for days!
 - SHAC – Student Health Advisory / Action Council
 - YAC – Youth Advisory / Action Council
 - YACHT – Youth Action Council Health Team
 - GSA / QSA – Gay Straight Alliance / Queer Student Alliance
 - SHC – Student Health Center
 - OSBHA – Oregon School Based Health Alliance

Facilitators!

Ivette

- ❖ Statewide YAC
- ❖ Liberty High School

Nathan

- ❖ Statewide YAC
- ❖ David Douglas High School

“As the OHA Youth Advisory Council, we make youth-informed decisions that value human life: diversity, safety, stability, quality of life, and the rights of every human being. We aim to improve the COVID-19 recovery of communities across the entirety of Oregon by creating and accounting for meaningful outcomes from our \$1 million budget proposal.”

Int r o d u c t i o n s

Please share your name, pronouns,
School / SBHC or Organization and
a fun fact!

Breaking the Ice

What is your favorite check in question or ice breaker activity?

Brag about how cool you are!

Can you share with us a little bit about how you've been involved in your community and give us some highlights of what's been happening over the past year?

Aricely

Jefferson High School
Portland

Youth Action Council Member



Self Defense Workshop



Stress/Anxiety Management Workshop



HOW TO MANAGE STRESS

On the May 24th at 1:30-4:30 in the Blazer room, we will have a session on how to manage any kind of stress involving school, home, or you can go for someone who you think needs it. Food will be provided.



Brought to you
by YAC

Need help?

let's talk.

4-10pm PT

TALK
877.968.8491

TEXT
"teen2teen" to 839863

CHAT
theYouthLine.org

**SBHC OHA
coordinators meeting
October 2023**

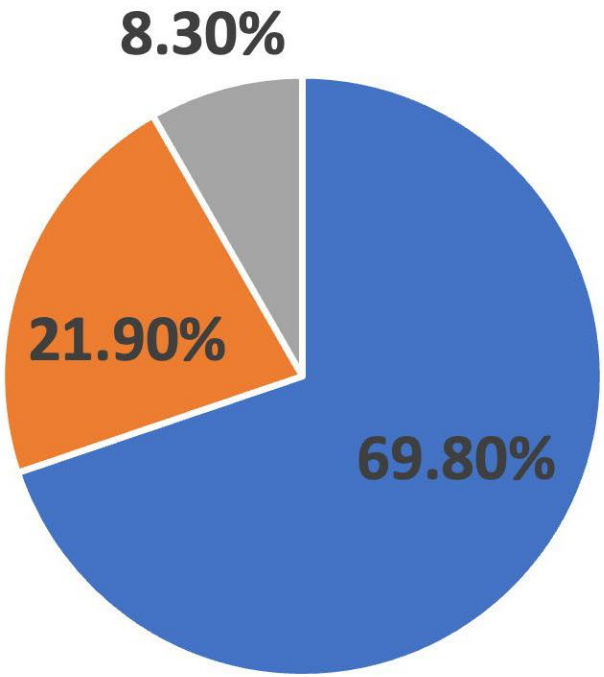
Jun Orion

Would you or someone you know utilize one of these clinic?

Key:
Yes
No
Other

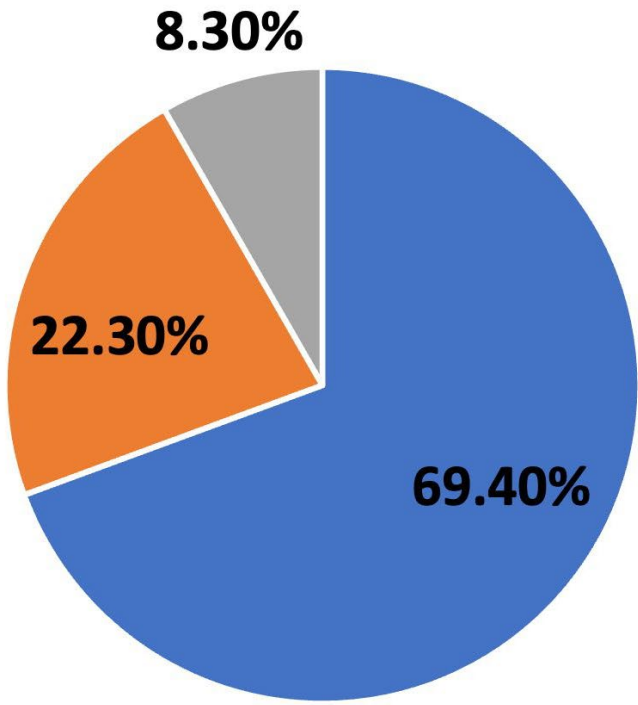
The majority of South and Sheldon students said that they or someone they know would utilize a clinic.

South



■ Yes ■ No ■ Other

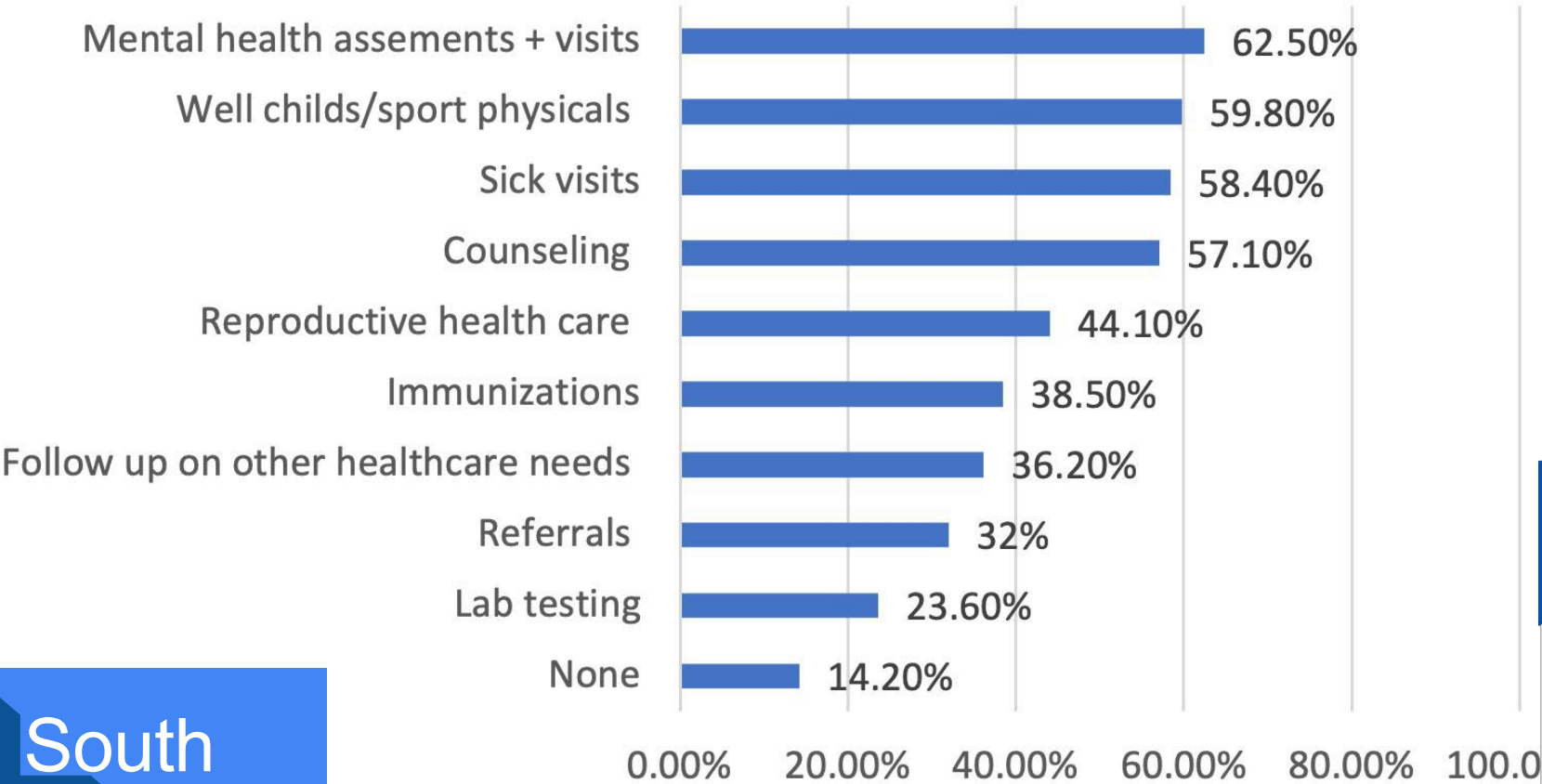
Sheldon



■ Yes ■ No ■ Other

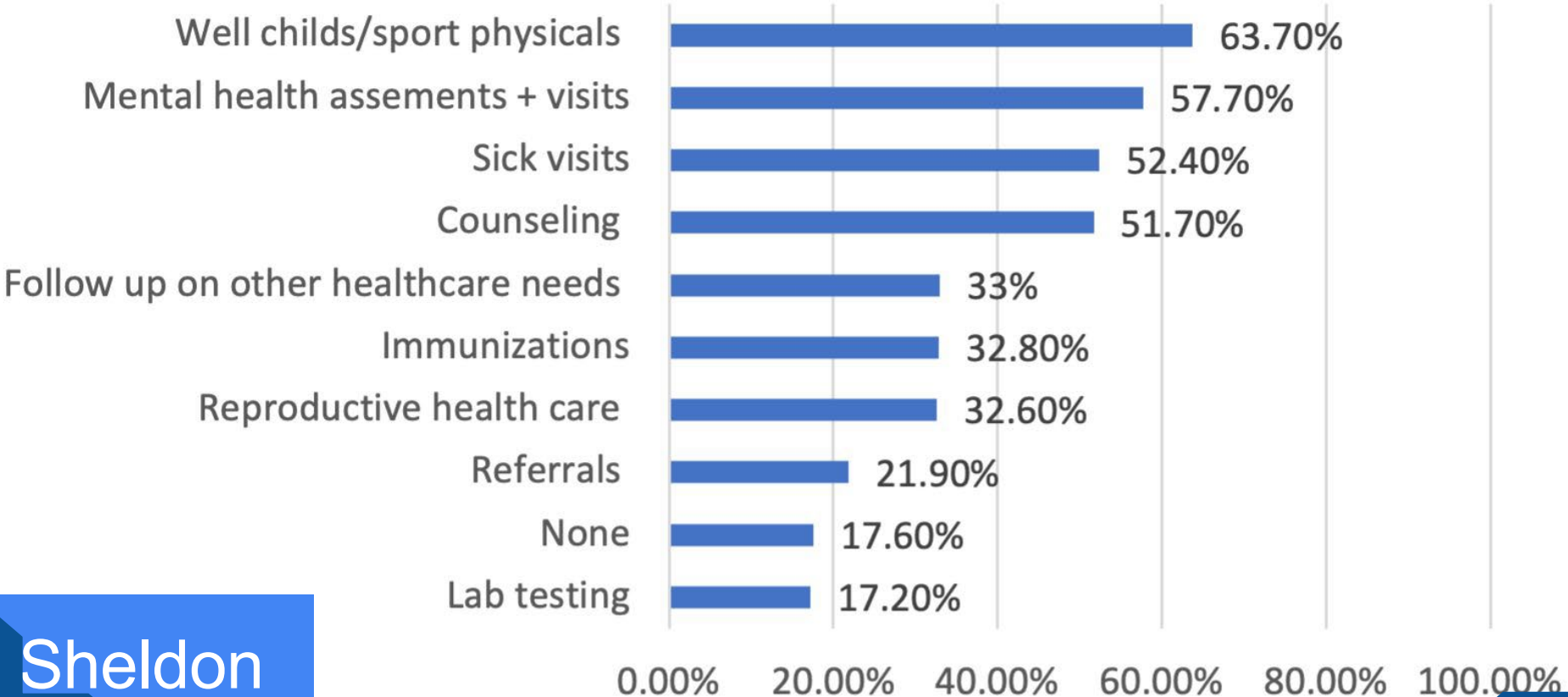
If yes what would be utilized? Check all that apply

What would be utilized at South?



South

What would be utilized at Sheldon?



Sheldon

A few comments left on the survey

“The original SBHC at Sheldon was an invaluable source of support for students. This clinic is needed now, more than ever. I am over the moon that the return of a SBHC to Sheldon is a real possibility”. - **Teacher**

“Our school has serious mental health issues, before moving here my school only had 1 death. Now I think we're going on 6. It's an issue that should be addressed.” - **Student**

“I am a South graduate, and I also work with high school aged people (many attend south) in a non academic setting. I see many youth struggling with mental health and being able to get help at school would be beneficial. In addition, I think students would benefit from being able to have easy access to vaccines and reproductive health care independent of parents/family. I think high school aged people have much need for mental/physical health support. ” - **Alumni**

Kammi

Youth Engagement Intern



OREGON

SCHOOL-BASED
HEALTH ALLIANCE

Youth Corps





Apply to be a Student Health Advocate!

As a Student Health Advocate, you will:

- Build community with other like-minded youth
- Develop leadership and public speaking skills
- Learn more about health equity, policy, and how to implement change
- Meet and influence healthcare professionals and legislators
- Earn a stipend of \$250
- Participate in monthly meetings virtually with optional in-person engagements



Other important details:

The Student Health Advocates are a group of youth ages 14-22 who work to advocate for School-Based Health Centers and equitable health services in Oregon.

We highly encourage Black, Indigenous, and People of Color, LGBTQ+ people, persons with disabilities, and economically disenfranchised youth to apply. Find the application on our website, osbha.org/student-health-advocates, from Sept. 8 - Sept. 30!

If you have questions, please email the Youth Engagement Coordinator, Asia Gates (she/her), at asia@osbha.org.



Resources

Some websites/Instagram accounts regarding mental health



Trevor Project



Youthline



Mental Health Condition Screening



Racial Equity Support Line

MEDICAID

a health benefits coverage program for low-income residents and individuals who are citizens or lawfully present non-citizens

OHP

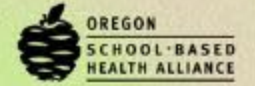
free health coverage for kids and teens.

COBRA

Consolidated Omnibus Budget Reconciliation Act, helps with adults who lost their job or have reduced hours

SBHC

locations where students can be treated for an array of health concerns



Destigmatizing Mental HEALTH

WHAT'S the big deal?

- makes cost of medical trips cheaper
- provides resources for treatment options
 - therapy
 - primary care
 - dental services
 - etc.
- lower risk of medical debt
- impromptu health concerns covered by it



Welcome!!!

Mental Health

SOME RESOURCES AND WAYS TO HELP YOURSELF OR OTHERS

Resources Pt 2



Call Blackline



Asian Mental Health Collective



smyrcpdx

SHA 2023-2024

Apply to be a Student Health Advocate!

An opportunity for youth 14-22 years old in Oregon passionate about amplifying youth voices, health equity, and school-based health centers!

Find the application at www.osbha.org/student-health-advocates

Maintain your connections

WHEN FEELING DOWN IT'S EASY FOR US TO ISOLATE OURSELVES. WHILE IT FEELS EASIER TO BE ALONE, BEING WITH OTHERS THAT'LL SUPPORT YOU IS IMPERATIVE.



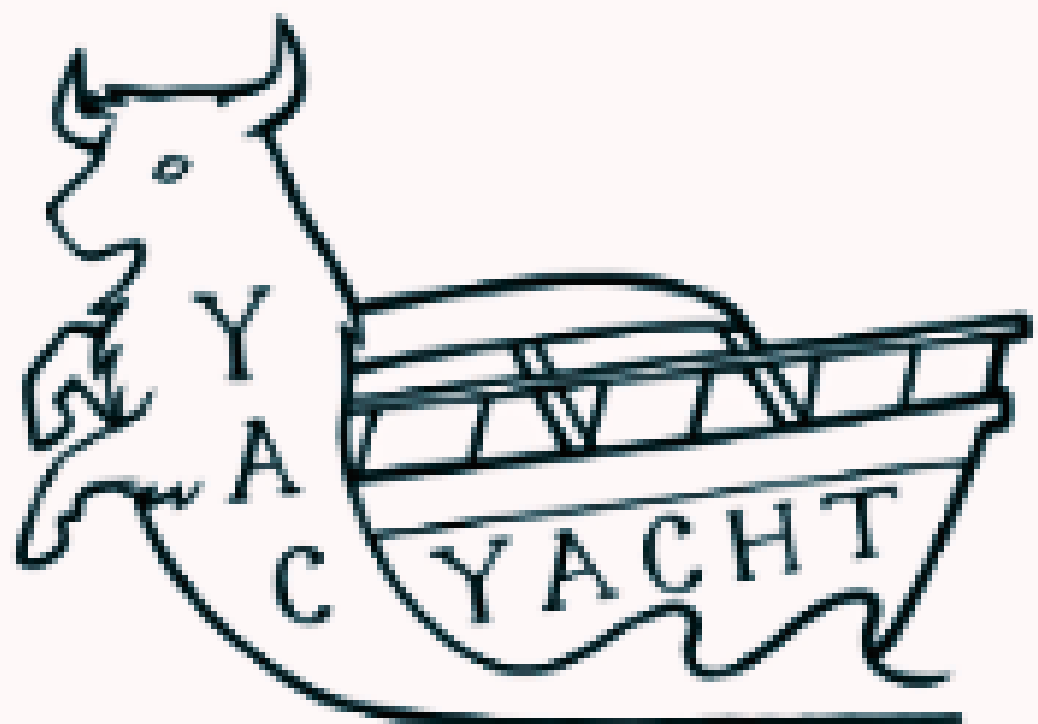
Some of my projects @ OSBHA:

LANE



OREGON

SCHOOL-BASED
HEALTH ALLIANCE

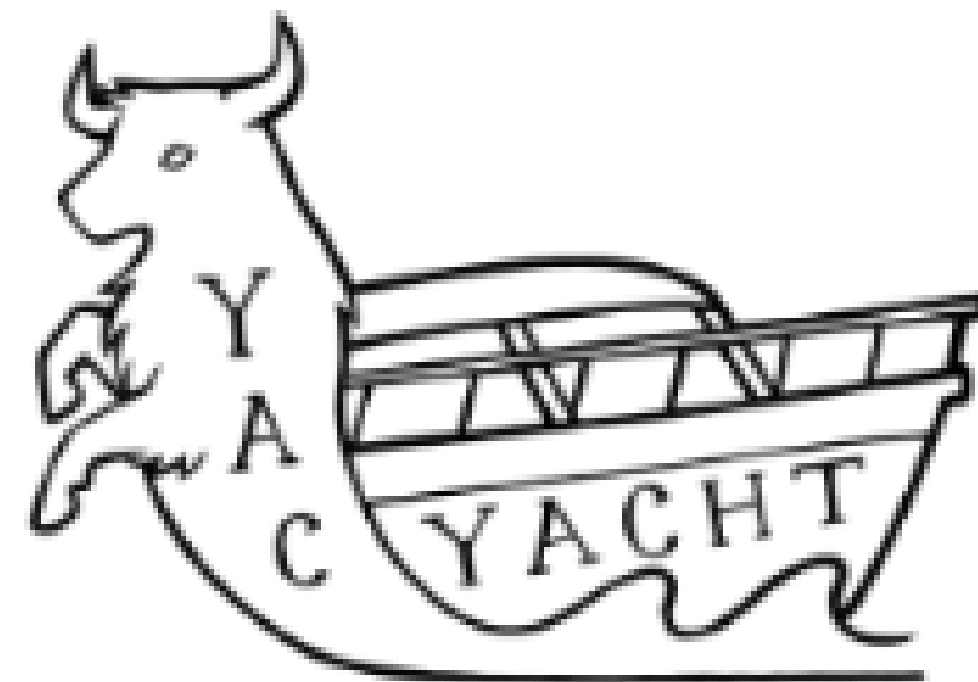


Youth Data
Council

Nikki

David Douglas High
School

Youth Action Council
Health Team

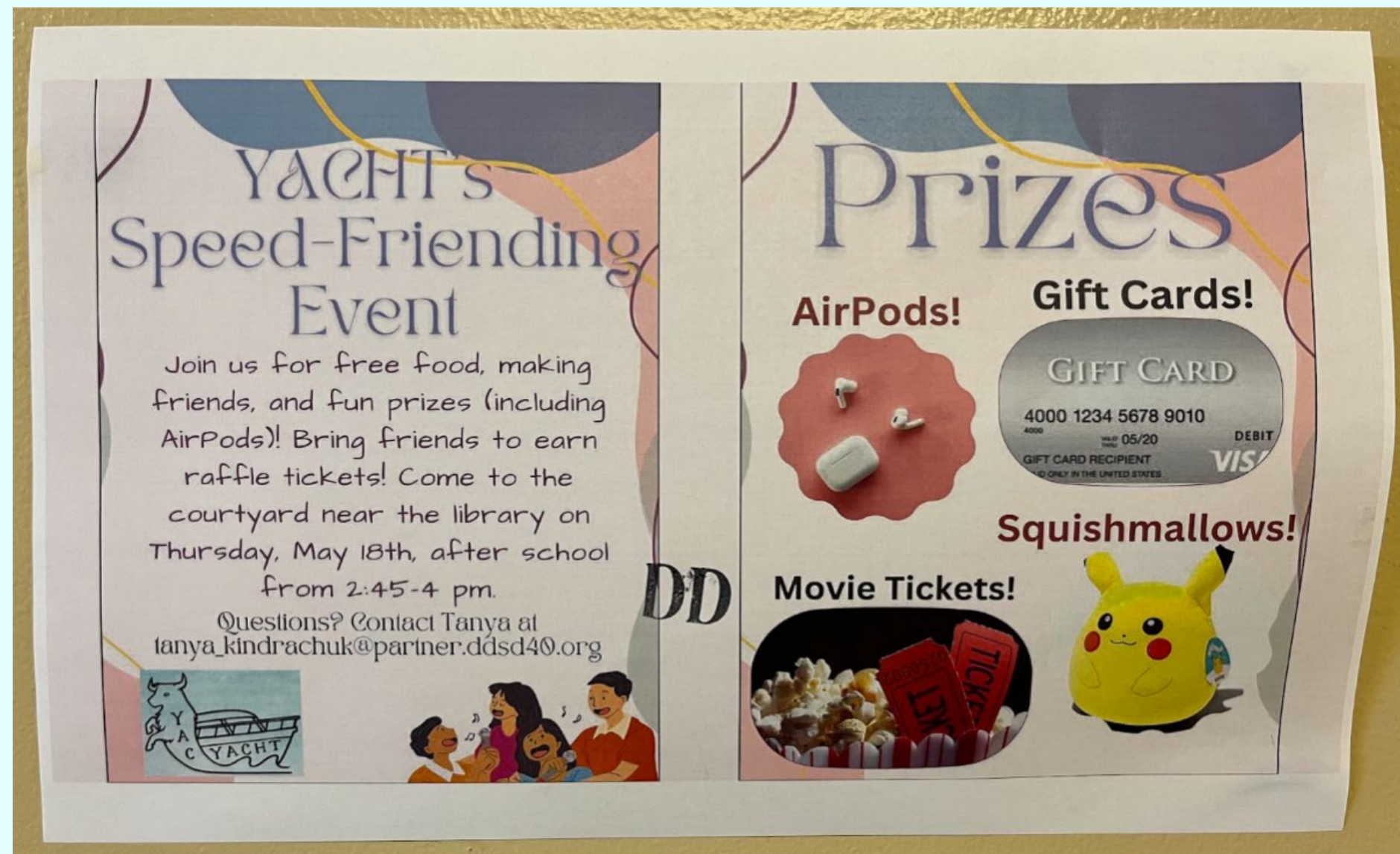


DDHS YACHT/SHAC

2023 Speed-Friending Event

YACHT Sign

SpeedFriending Event Flyer



2023 Speed - Friending Event



Assortment of Prizes

Spaghetti Tower Building



YACHT
Dinosaur

Veronica

**Pendleton High
School**



**Mt. Hood
Community College**



WHAT I HAVE DONE WITH MY SBHC AND GSA:

Background: My SBHC Nurse Practitioner helped with our GSA(Gay Straight Alliance) Club last year and she was a great help!!

*Shout out to
Olivia
Holmes*

KINDNESS WEEK:

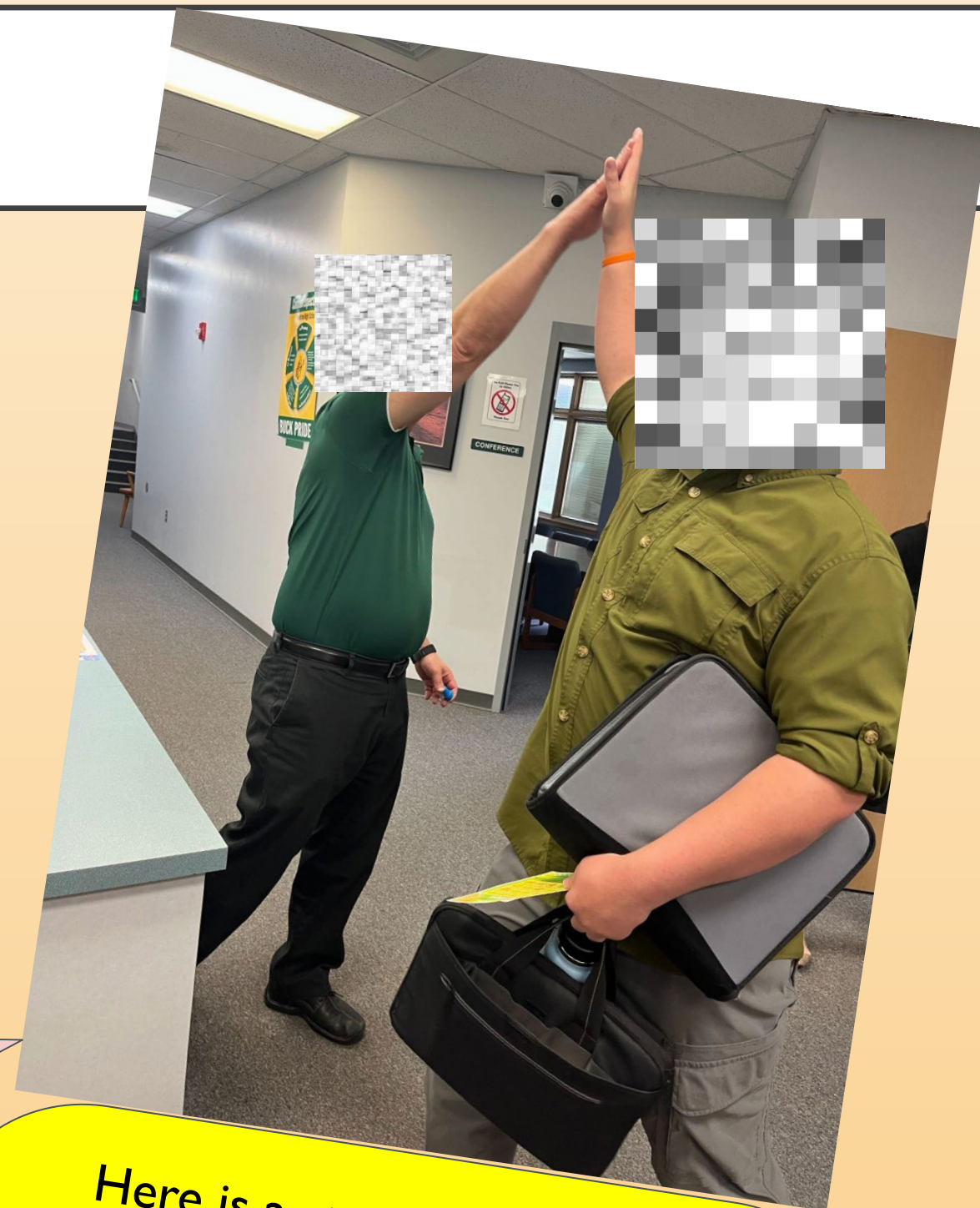
For each day of the week different clubs had days to educate/have a day to spread kindness.

Example: The GSA had wear blue and orange for anti-bullying day

Here is a student high-fiving a Administration with proof to get a black out on their bingo card.



We had Kindness Week to spread kindness around our school!



TALKING TO THE JUNIORS IN THE HEALTH CLASSES:

Consent, Boundaries, and Empathy Exercise

PHS GSA Club
Veronica Grimes and [REDACTED]

Talking about Consent and boundaries was very important to talk about because it doesn't have to be sexual consent is in everyday life

We talked and also did different exercises. We switched the exercises around the second semester.

The GSA Vice President and I talked to all the junior health classes. We talked about Consent, Boundaries, and Empathy.



OTHER GSA ACTIVITIES:



We had a Rainbow Spirit day. We got Voodoo Doughnuts to give to everyone who wore rainbow. We faced some challenges but it was a successful spirit day.

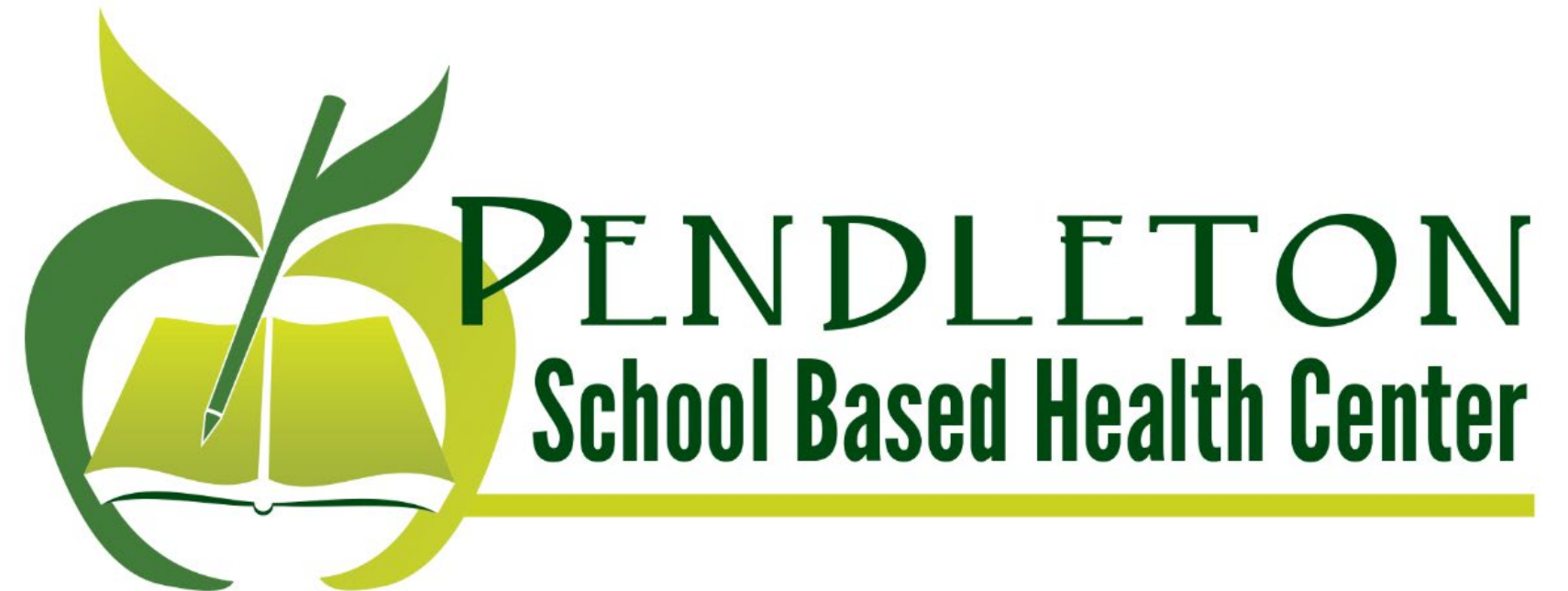
I don't have any pictures but we also visited the middle school's GSA and held some meetings with them. We were the people they looked up to for their club.



Here is the club informing incoming freshman about what we have to offer as the GSA.

INFORMING STUDENTS ABOUT OUR SBHC:

PENDLETON HIGH SCHOOL HEALTH CENTER



Here the publicist and I are hanging up flyers to inform students about the SBHC and where it is in the school.

Recruitment

How did you get involved with your YAC/ SHAC or with OSBHA? And, of all the things you could have chosen – why was this your choice?

Retention

When thinking about yourself or your peers what incentives do you think matter the most?

Spreading the Word

If you've ever recruited a friend to also get involved with your YAC/ SBHC/ OSBHA what was your sales pitch to get them interested?

Partnerships and Connection

All of you have worked with adults on various projects. If you were to think about a time when you **felt truly valued as a partner** in that work, what it was about that experience that made you feel like your involvement mattered?

Inclusivity and Accessibility

Are there any examples you'd like to share about ways that organizations / people in organizations you've been part of have been intentional about making sure spaces feel inclusive for youth with marginalized identities?

How to know what matters

What health or health care related topics do think matter the most to you or youth in your community? And what role do you think SBHCs could play in addressing those topics?

Share your wisdom!

If you could give one piece of advice to all the adults in this room, what would it be?

Get Bossy!

If you could make one request of all the adults in this room, what would it be?

Questions?

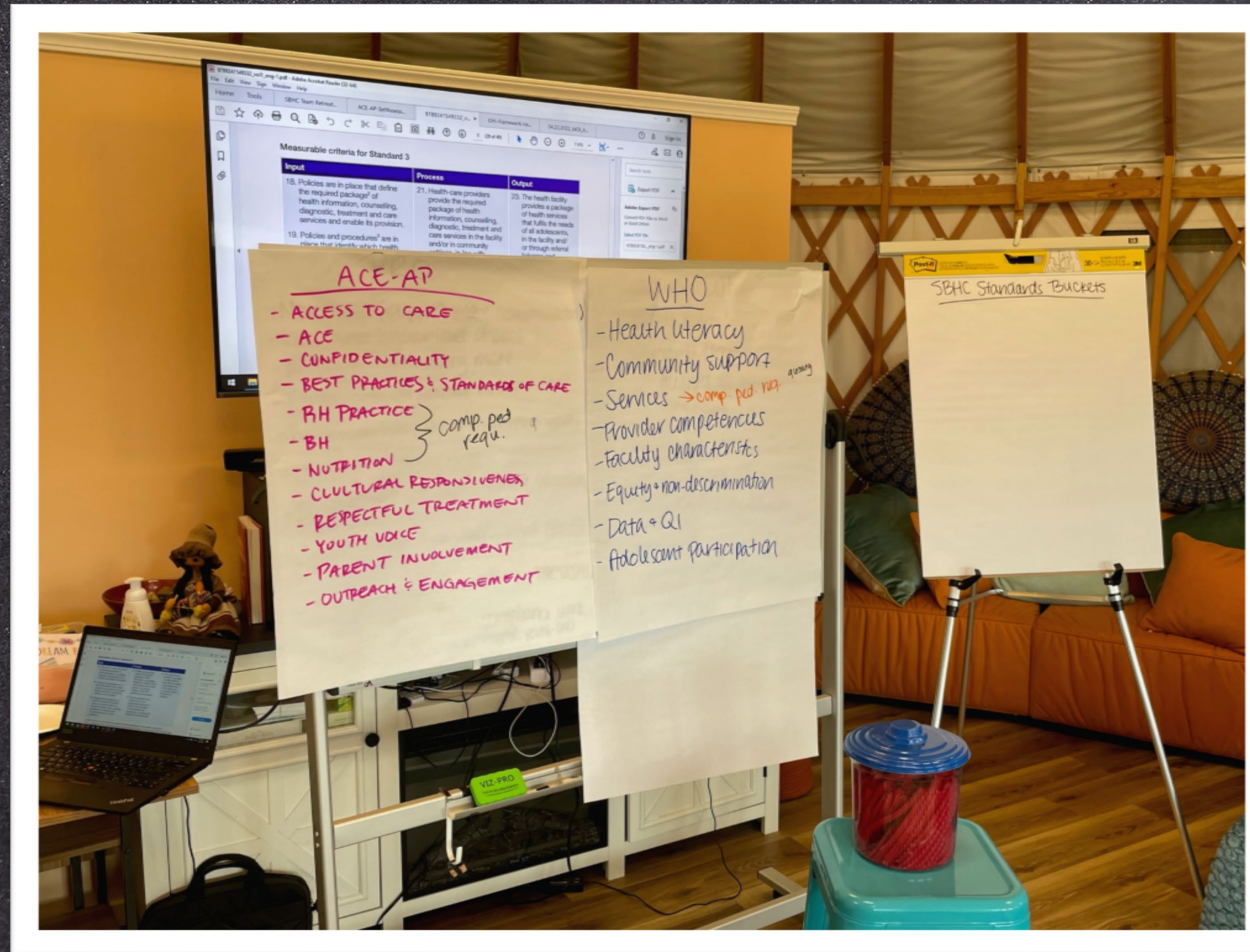


Return @ 12:45

LUNCH

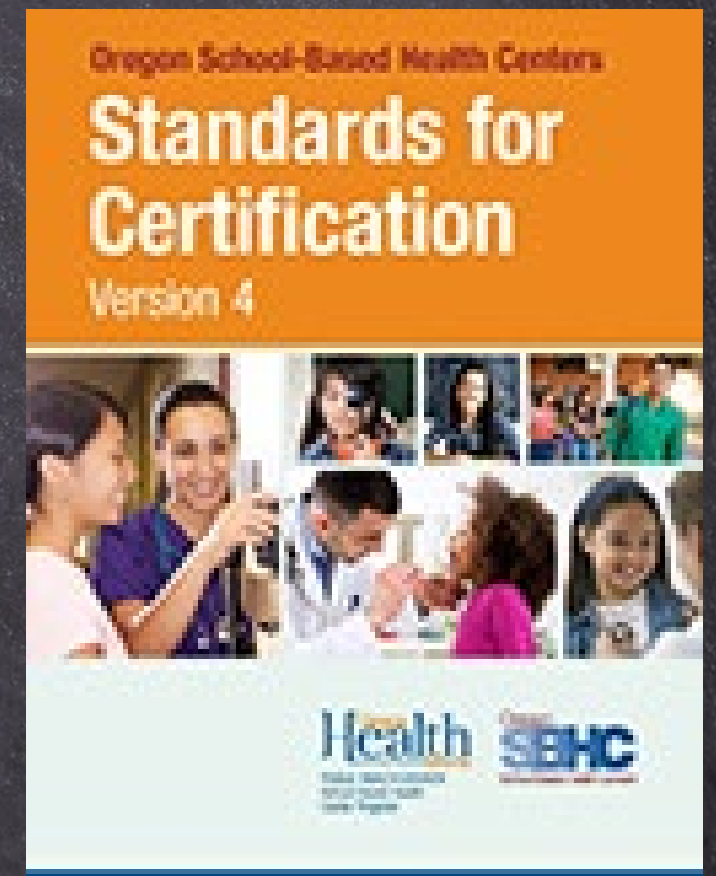


SPO Updates



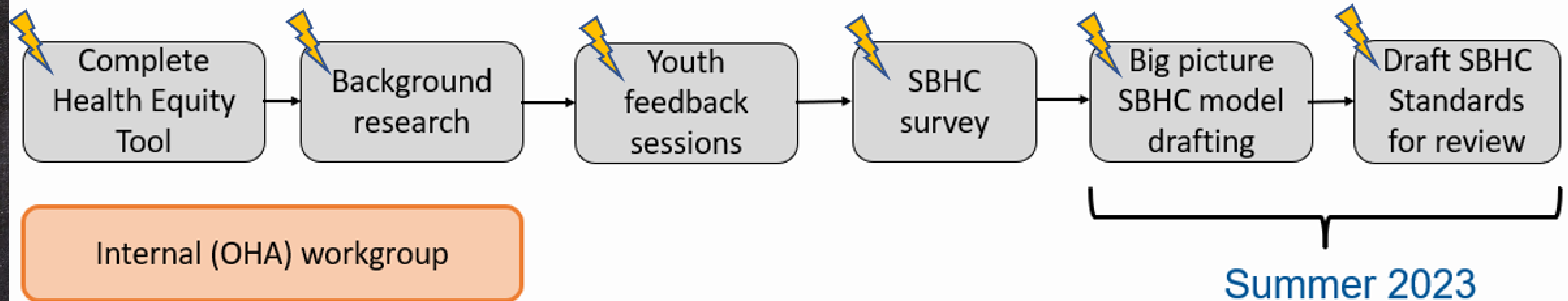
Certification Standards Review

- It's been awhile! Last updated 2015-2016.
- Goals:
 - Identify and address areas in need of clarification
 - Update to align with current best practice
 - Center health equity and youth engagement
- What are essential elements of SBHC model? What makes SBHCs special?



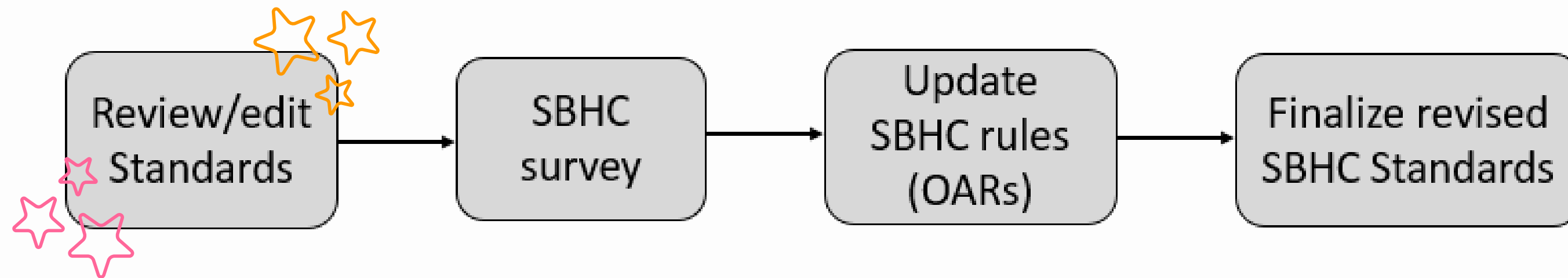
Where we've been...

2022-2023 school year



Where we're going

2023-2024 school year



Standards Review workgroup

External partner advisory group

Can't join the workgroup?

- **Small, ad-hoc workgroups** centered around specific issues
- **Regular updates in SPO Newsletter** on the Certification Standards workgroup progress
- Participation in an **SBHC Partner Advisory Committee**, to be convened later this year.
- A **feedback survey** for all currently certified SBHCs on a summary of the proposed changes, to be sent in late Spring 2024.

Questions?



Upcoming TA opportunities

We're working on providing opportunities for you to connect throughout the year. Check out the events calendar in your packet.

- **Existing opportunities**
 - Open Forums
 - Certification Open Office Hours
 - Coordinators Meetings
 - KPM Audit Training
- **Opportunities in development**
 - Cultural responsiveness training series (Winter 2024)
 - Youth-led SBHC assessment learning collaborative (2024-25 SY)

Resource Tables / SBHC Connect

- Check out the great resources from:
 - SBHC State Program Office
 - Oregon Community Engagement Program
 - Oregon Youth Sexual Health Program
 - Oregon Oral Health Program
 - Oregon Reproductive Health Program
 - Oregon Department of Education
 - Oregon School-Based Health Alliance
 - Lines for Life – Youth Line
 - They have mini-grants!!

S B H C !				
Been to the same national park as you.	Works at an SBHC that has a Youth Advisory Council.	Drove more than 100 miles to get here.	Same number of siblings as you.	Works at an SBHC that offers dental services.
Works at an SBHC that's open 5 days a week.	Has the same favorite food/drink as you.	Has been working at their SBHC for less than a year.	Participated in the same school activity as <u>you</u> .*	Has had (or currently has) a garden.
Went through K-12 without moving out of town.	Has seen the same musical artist in concert as you.	FREE SPACE	Works at SBHC that dispenses birth control.	Has won some sort of cooking/BBQ contest.
Drank more coffee/tea than you today.	Works at the only SBHC in their county.	Has the same number of pets as you.	Works at an SBHC that collaborates with a local tribal nation.	Shares a hobby with you.
Works at an elementary school SBHC.	Has traveled outside of North America.	Has swag from their SBHC physically with them.	Speaks the same non-English language as you.	Same number of SBHCs in their system but isn't your co-worker.

*Besides going to class/school.



OREGON
SCHOOL-BASED
HEALTH ALLIANCE



OUR MISSION IS TO CENTER YOUTH THROUGH THE EXPANSION OF SCHOOL HEALTH SERVICES THAT SHATTER HEALTH AND EDUCATION DISPARITIES, HONOR YOUTH IDENTITIES AND VOICES, AND PRIORITIZE THEIR WELLNESS AND JOY.



LEGISLATIVE AGENDA

2024



SBHC Funding Ask

Fund School Health Supports Statewide

- Provide planning grant opportunities for local communities to implement a school-based health center, school nurse model, or mental health model, according to their priority needs. (\$950,000)
- Inflationary increase of 10% to the school-based health center base rate, which has remained static for over a decade despite annual increases for CCOs and other health supports. (\$936,000)

Expand School-Based Mental Health Care

- Increase the school-based mental health fund to provide additional mental health supports in schools either directly or through SBHCs. (\$5.85 million)
 - Expand options for using the funding to accommodate workforce shortages and increase youth access to supportive adults from diverse backgrounds. (No cost)

Capital Construction for Ready Made SBHCs

- Provide bonding for school-based health center capital construction including pre-built modular clinics, removing a huge barrier to implementation. (\$10 million)

Share your stories! Send anecdotes, data, photos, art – anything that will help us share your stories of challenges and successes to Maureen@osbha.org.

SAVE THE DATES!

School Health Advocacy Day

- **February 15th – Hybrid**
- Choose between online or in-person at the Capitol in Salem
- More information coming soon!



OSBHA's Annual Conference is Back!!

- **April 22-23**
- Oregon State University, **Corvallis, OR**
- The two-day OSBHA Conference is a unique and inclusive event designed to bring together school-based health center providers and staff, educators, and community leaders who are passionate about the well-being of youth.
- This conference is not just for professionals; it's attended by and created in collaboration with young people, ensuring that their voices, perspectives, and experiences are at the forefront of discussions.
- **Watch for the RFP for session proposals.**

[Sign up for our newsletter!](#)



SBHC Marketing Toolkit Available Now!

Customizable:

Flyers

Posters

Newsletters

Social Media Posts

Radio Scripts

Website Content

Graphics

Guidance

[Find the Toolkit Here](#)



Get easy access to health care at school!



There's a health center for students right in our school. It's a safe and private space where you can get care for your body and mind. Visit [LINK] to learn more and to make an appointment!



Health care made easy.



[NAME SBHC] is located directly on the school campus and provides easy to access primary care services for students, such as routine physical exams, mental health support, prescriptions, treating minor illnesses and injuries, and more. All students who attend the school can get care at no cost to you. No student will be turned away, regardless of your ability to pay or citizenship status. You also might be able to get care for your whole family. Visit [LINK] to learn more about available services and to make an appointment.

Visit [Name of School]'s School-Based Health Center Today!



OUR HEALTH CENTER IS A SAFE AND PRIVATE SPACE WHERE YOU CAN GET WHAT YOU NEED TO BE WELL. STOP BY BETWEEN CLASSES OR MAKE AN APPOINTMENT.



[HOURS]
[PHONE]
[URL]



Add SBHC logo here or delete box

Add school logo here or delete box

Health Services [list is editable so SBHCs can customized based on their offered services]

- Routine physicals and sports exams
- Mental health counseling
- Support to help you with relationships, stress management, and anxiety.
- Treatment of minor injuries/illnesses
- Reproductive health services¹
- Vision and dental
- COVID-19 testing, vaccinations and boosters
- And much, much more!

Provided at No Cost to You

No insurance is required. No student will be turned away.

Confidential

If you are 15 or older, you can make a medical appointment on your own. If you are 14 or older you can make your own mental health appointment.² Anything you discuss will be confidential.

Getting vaccinated and boosted against COVID-19 keeps you safe, healthy, and lets you continue doing your favorite activities.



COVID-19 vaccines are free, safe and they work. You can get your COVID-19 vaccine and boosters at [School NAME]. Visit [LINK] to learn more about available services and to make an appointment.

COVID-19 vaccines are safe and they work.



GETTING VACCINATED AND BOOSTED AGAINST COVID-19 KEEPS YOU SAFE, HEALTHY, AND LETS YOU CONTINUE DOING YOUR FAVORITE ACTIVITIES.

COVID-19 vaccines and boosters are available at your [NAME OF SCHOOL/local school-based health center] at no cost to you.

For more information:
[Enter URL here]
[Enter phone number here]



Add SBHC logo here or delete box

Add school logo here or delete box



OSBHA's New Membership Structure: Package Details

- **Tier 1- \$1,000 per SBHC:** Supports OSBHA advocacy efforts, sites are eligible for OSBHA Grants
- **Tier 2- \$1,250 per SBHC:** Tier 1 benefits plus 20% discount to conferences and events (up to 2 staff), quarterly trainings, consulting and site specific TA (5 hours)
- **Tier 3: \$1,500 per SBHC:** Tier 1 benefits plus 20% discount to conferences and events (up to 4 staff) + SBHC member recognition, access to quarterly trainings and unlimited webinars, consulting and site specific TA (10 hours), Grant application consultation for external funding opportunities



Package Details Continued

- **Individual Membership - \$125 for health or education professionals without a SBHC, working towards implementing additional school health services:** access to quarterly trainings, 10% discount to conferences and events
- **Gifted Membership - Free for SBHC staff who identify as Black, Indigenous, People of Color (BIPOC) or LGBTQIA2S+:** all Individual Membership benefits plus quarterly affinity groups

Reach out to Hannah Smith: hannah@osbha.org with questions



Questions?



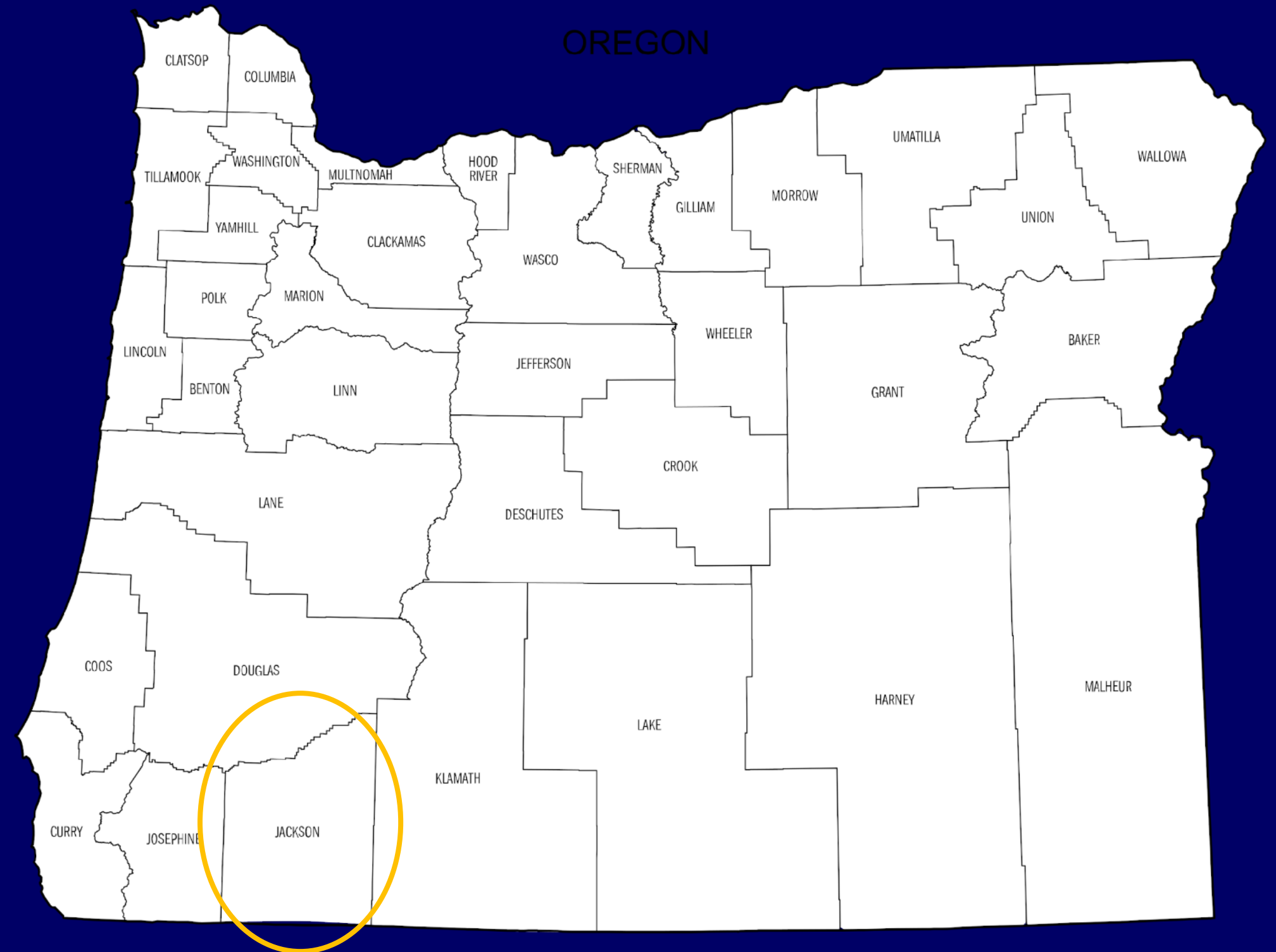
Raising the Bar: Innovative Approaches and Problem Solving

Oregon School Based Health Center Coordinators Meeting
October 13, 2023



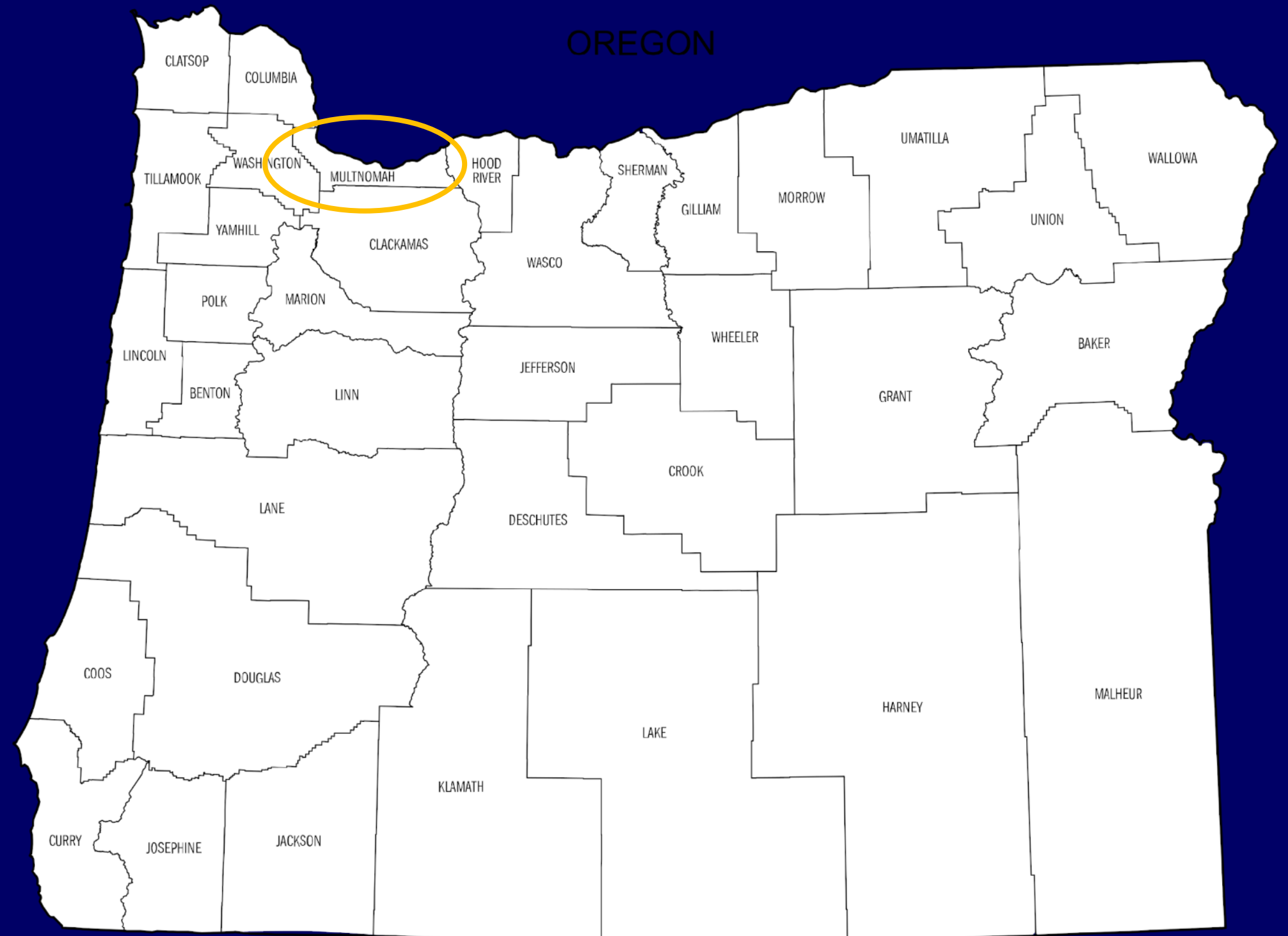
La Clinica

La Clinica is a Federally Qualified Health Center that serves Southern Oregon. Services include mobile and school-based services in 19 schools across four school districts (10 certified sites 9 uncertified sites).



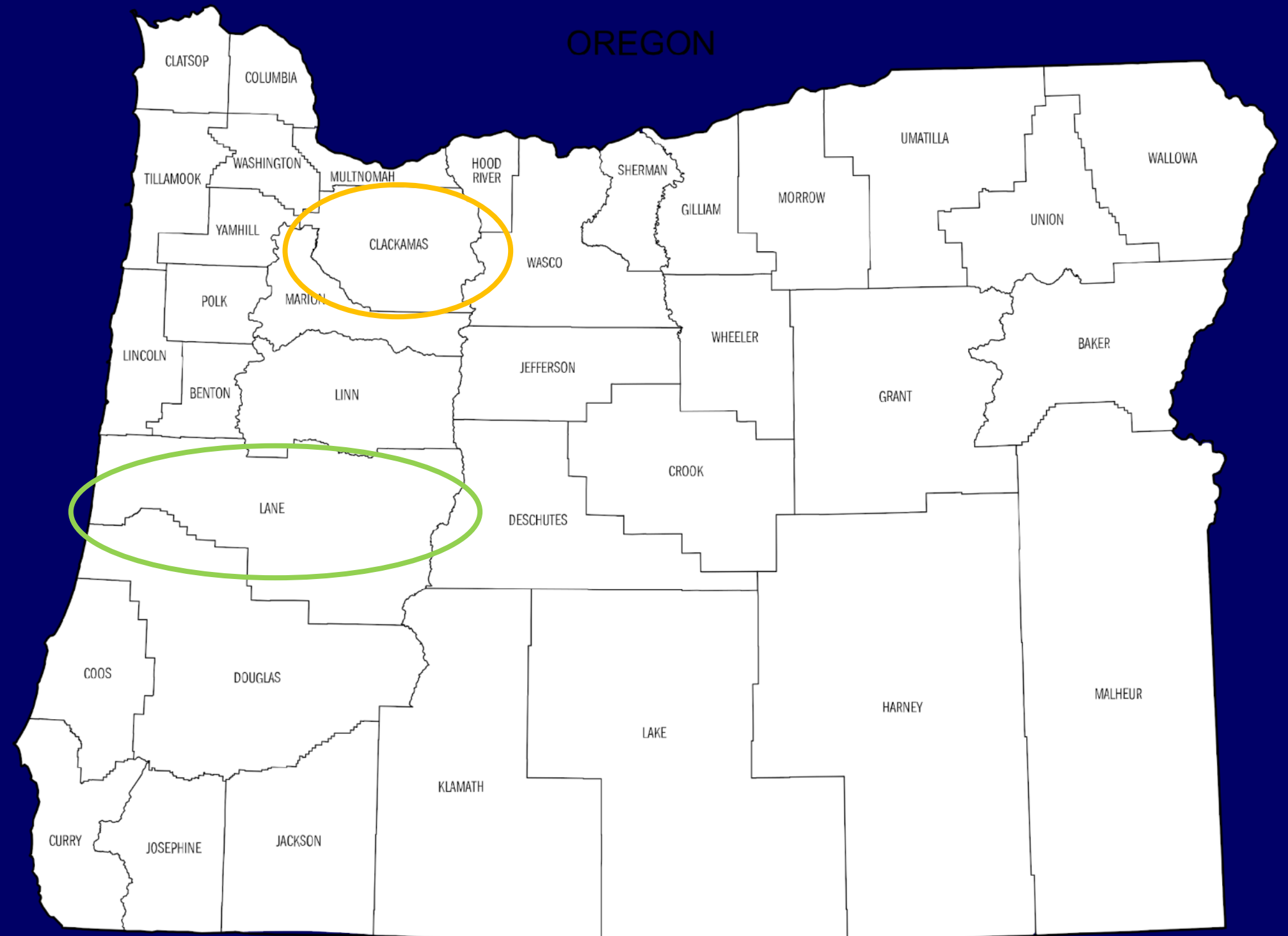
Multnomah County

Multnomah County Student Health Centers is an SBHC program run by the local public health authority. It has been operating for more than 35 years in the Portland area covering 5 school districts with 9 health centers.



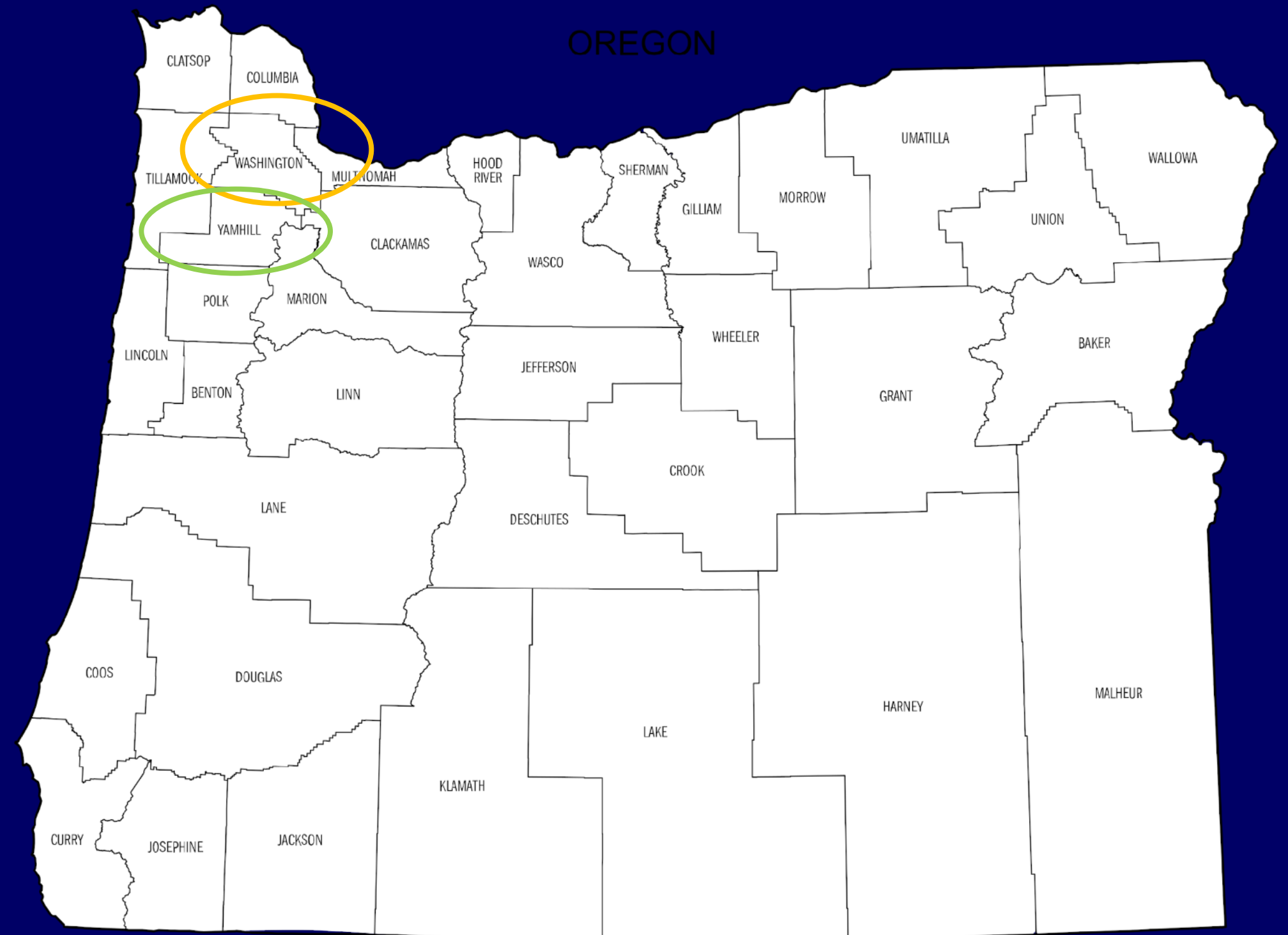
Orchid Health

Orchid Health operates five Rural Health Clinics in Clackamas and Lane counties. Orchid Health was founded with the belief that our state's rural communities deserve to have accessible high quality healthcare.



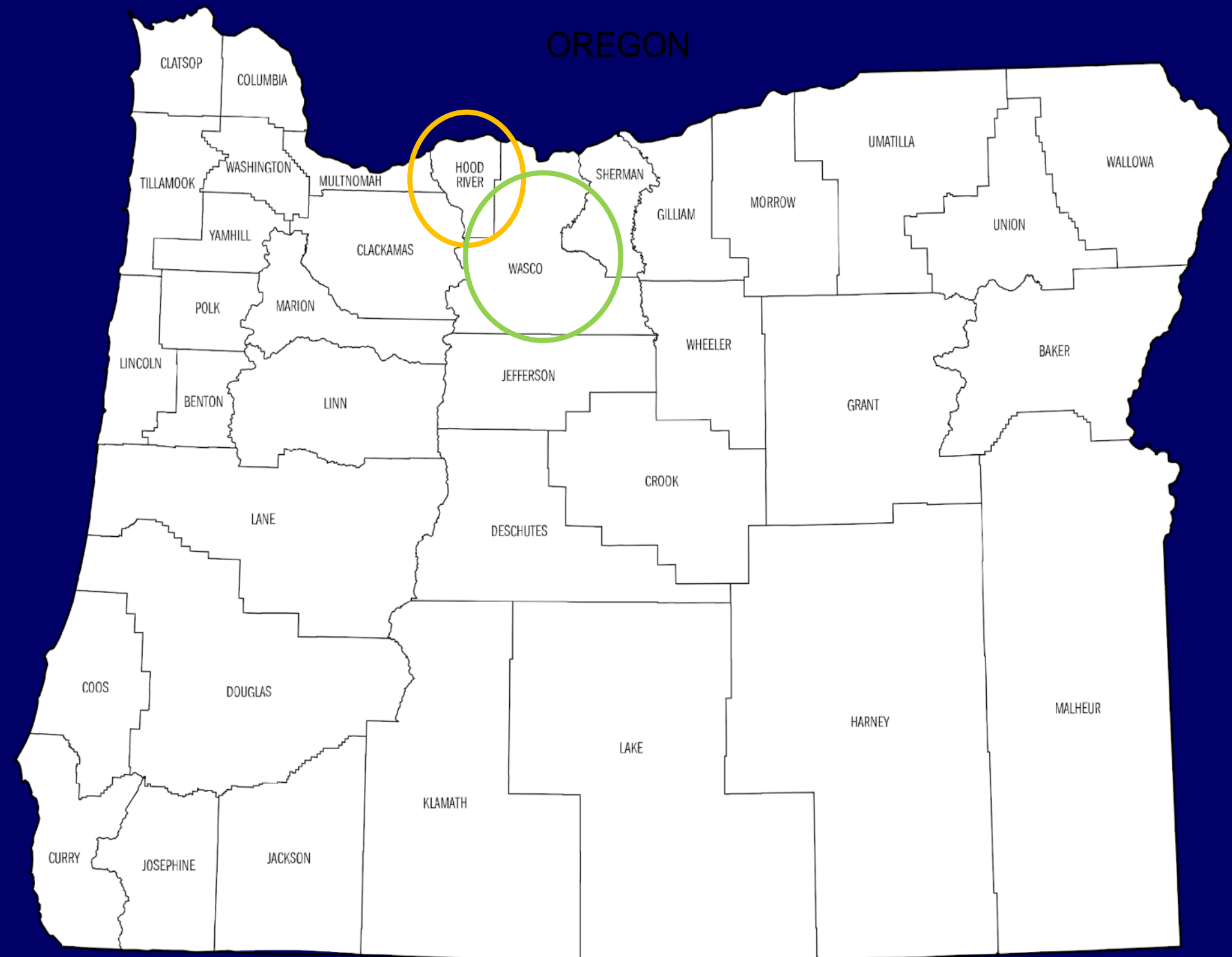
Virginia Garcia

Virginia Garcia is a Federally Qualified Health Center with 18 locations, including five SBHCs in Washington and Yamhill County. Virginia Garcia has been providing patient-centered care for more than 40 years.



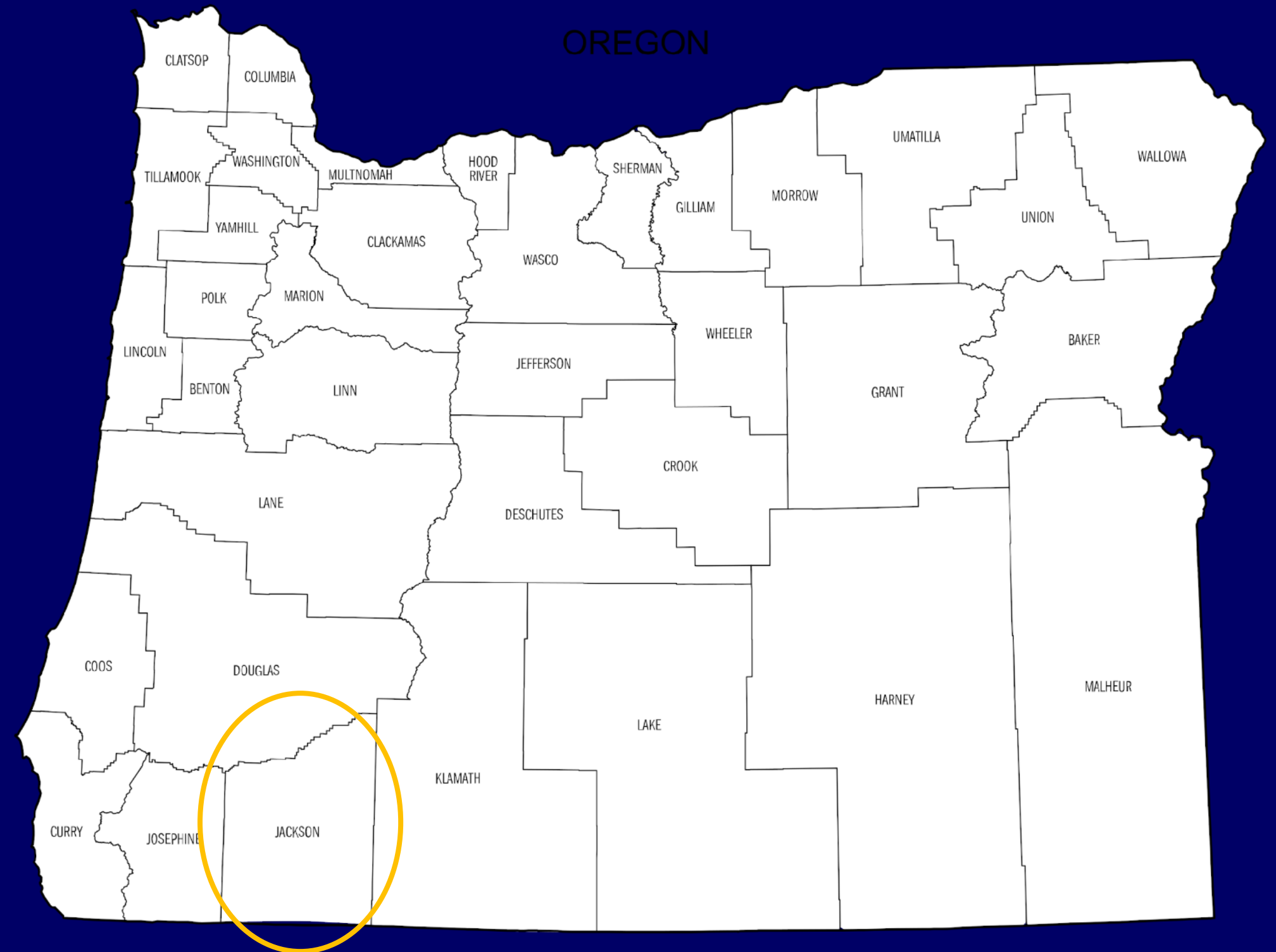
One Community Health

One Community Health is Federally Qualified Health Center with one SBHC in Hood River. They are participating in the mobile pilot serving Wasco County in both Dufur and in The Dalles; they are planning for brick and mortar SBHCs at those sites.



La Clinica

La Clinica is a Federally Qualified Health Center that serves Southern Oregon. Services include mobile and school-based services in 19 schools across four school districts (10 certified sites 9 uncertified sites).



Creating a Sustainable model in Partnership with your School District



Community Engagement through School District surveys and ensuring follow up after services are in place to see what else the community needs.

Create a Fact Sheet that gives more information about your organization and services you currently provide and what you could provide.

Financial Partnership- the school district could make an initial investment and after a few years move that investment to other projects while knowing that the health services can sustain on their own.

Creating common goal that aligns with both systems (for example Student Success Act goals of districts around health and mental health)

Maximize and highlight Healthcare Provider's ability to bill for the services to sustain services.

Understanding the needs of the school and community and being the bridge between education, health, and community resources.

Flexibility and Creativity: being able to pivot to meet the needs of the school.

Building Trust through Reliability and Honesty in order to continue to grow together.

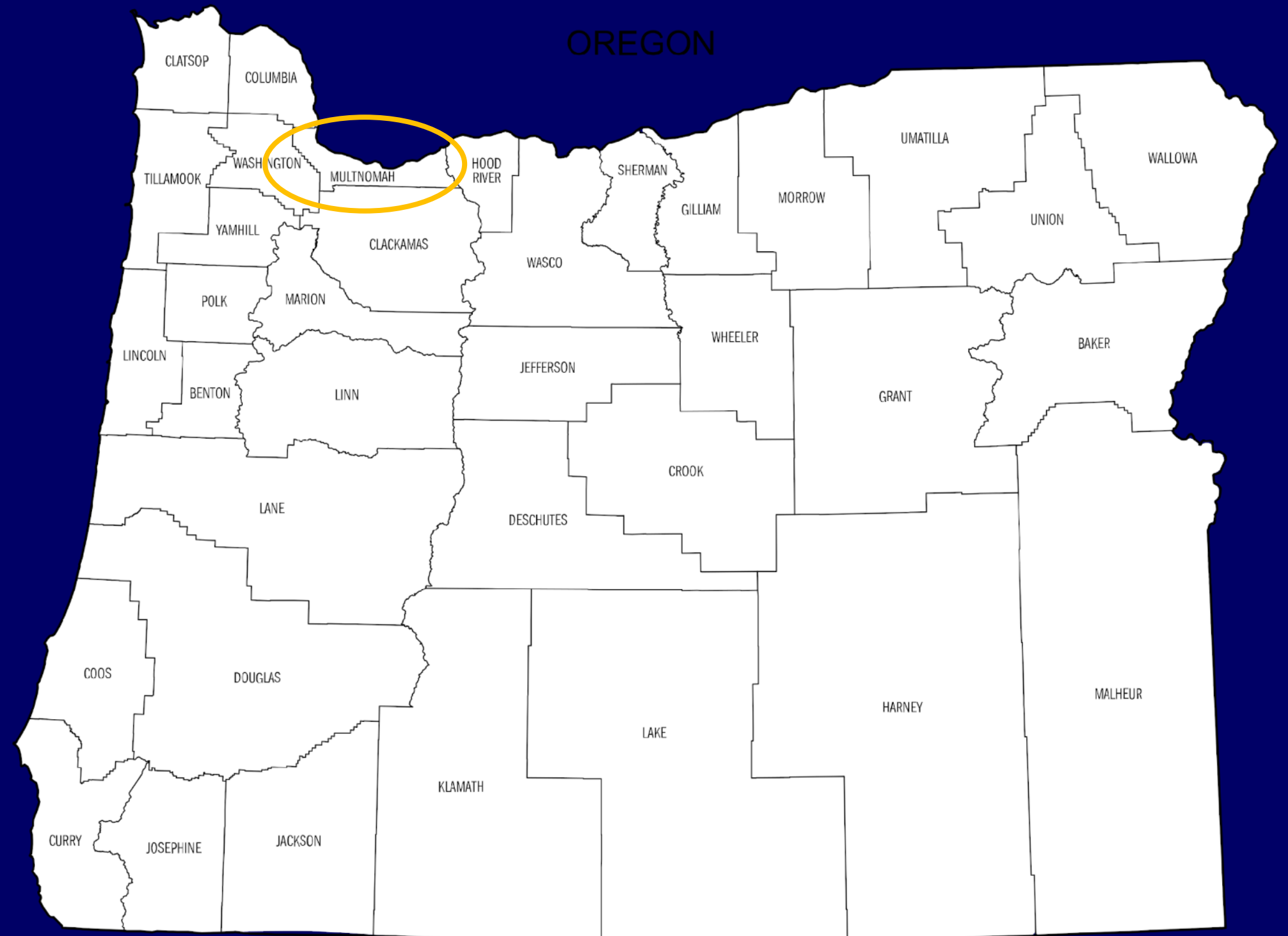
Exhibit A – Sample

EXPENSES	0.83 FTE- QMHP (therapist)	0.19 FTE- FNP medical Provider	0.52 FTE- RN (nurse)	0.33 FTE- MA (medical assistant)	0.83 FTE- OS (office specialist)	0.30 FTE- Team Lead	Total
Personnel							
Salaries/wages	\$59,760	\$29,625	\$37,668	\$18,354	\$30,205	\$15,600	\$191,212
Payroll taxes/benefits	\$13,695	\$7,999	\$10,170	\$4,956	\$8,155	\$4,212	\$49,187
Travel/training	\$2,000	\$500	\$500	\$500	\$500		\$4,000
Total personnel	\$75,455	\$38,124	\$48,338	\$23,810	\$38,860	\$19,812	\$244,399
Non-personnel expense							Total
Office supplies/ clinic workstation	\$2,500	1,500	\$37,739 *	1,500	\$4,000	0	\$47,239
Recruit; license; membership	\$300		\$1,050	\$300	\$300	0	\$2,050
Total non-personnel	\$2,800	1,500	\$38,789	\$1800	\$4,300		\$49,289
Total program expense	\$78,255	\$39,624	\$87,127	\$25,610	\$43,160	\$19,812	\$293,688
Administrative overhead (Malpractice/ HR/ accounting/ credentialing/ coding etc.)	\$14,085	\$7,132	\$15,682	\$4,609	\$7,768	\$3,566	\$52,842
Total expense with overhead	\$92,340	\$46,756	\$102,809	\$30,219	\$50,928	\$23,378	\$307,773
Estimated billable revenue in start-up, each year for first two years							\$168,143
Start-up costs per year for school district for first two years							\$139,630**

* Includes medical equipment purchases, spread out over the two-year startup period. Does not include facility renovations, or other facility related costs currently incurred by the districts.

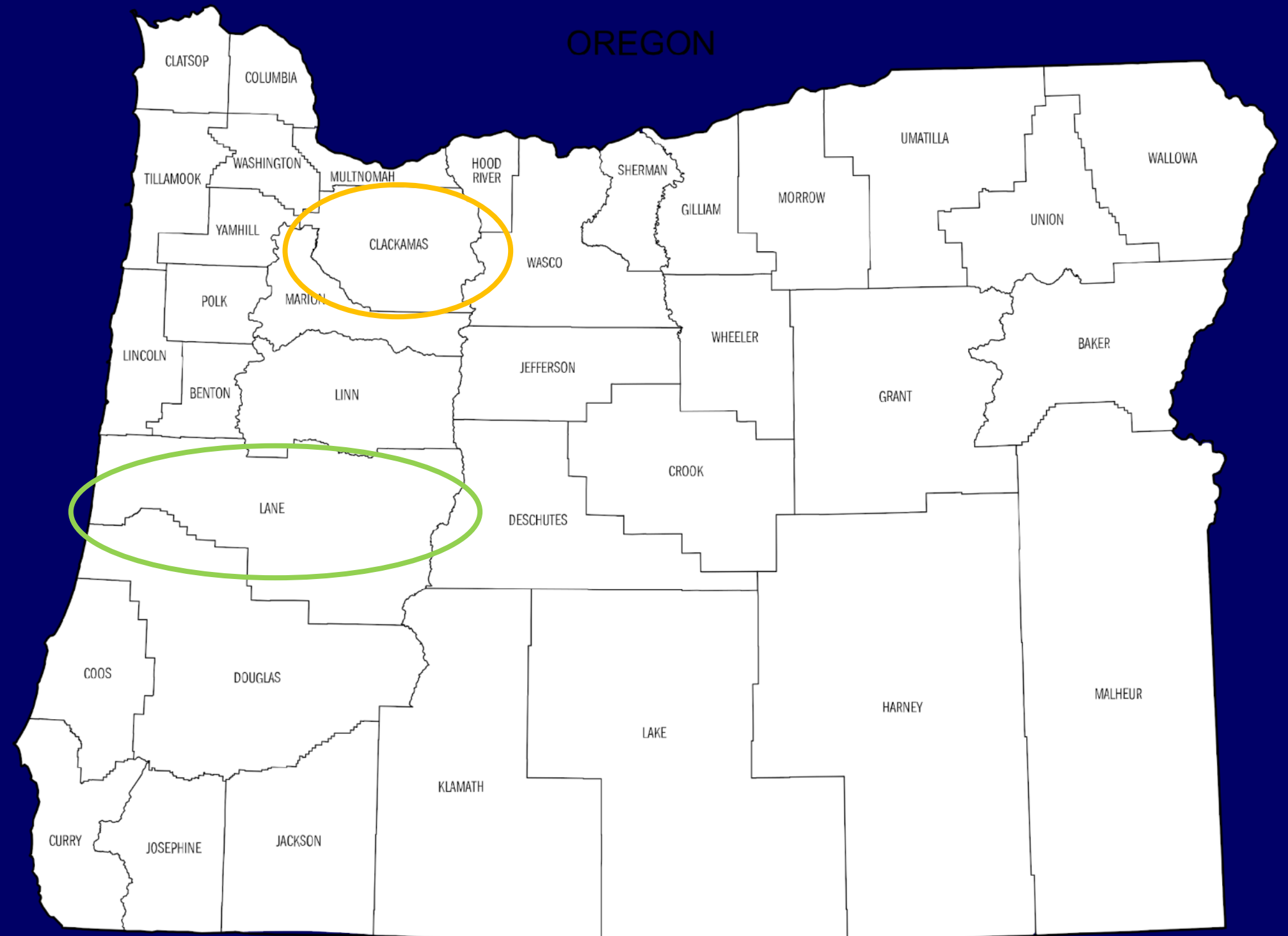
Multnomah County

Multnomah County Student Health Centers is an SBHC program run by the local public health authority. It has been operating for more than 35 years in the Portland area covering 5 school districts with 9 health centers.



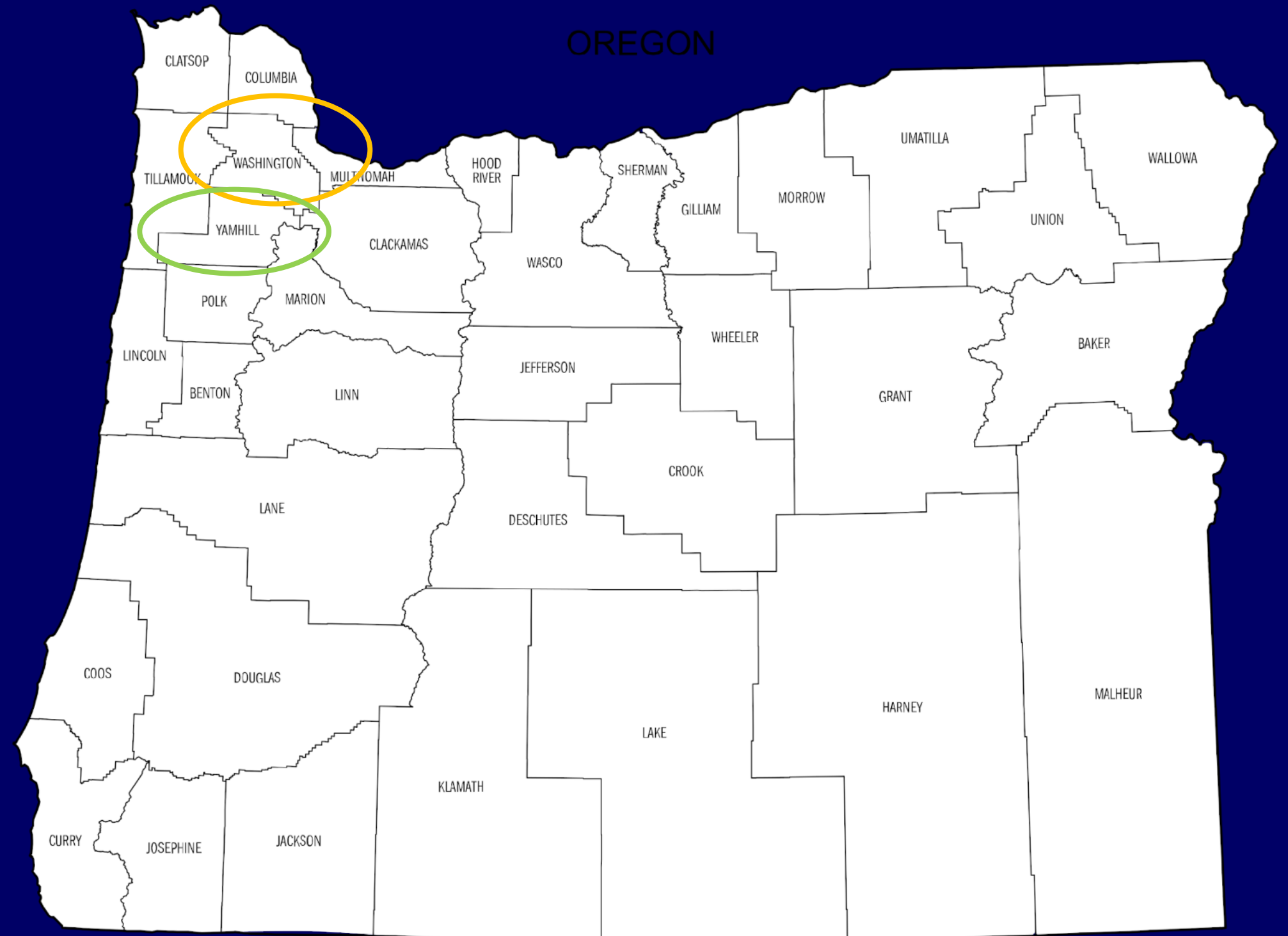
Orchid Health

Orchid Health operates five Rural Health Clinics in Clackamas and Lane counties. Orchid Health was founded with the belief that our state's rural communities deserve to have accessible high quality healthcare.



Virginia Garcia

Virginia Garcia is a Federally Qualified Health Center with 18 locations, including five SBHCs in Washington and Yamhill County. Virginia Garcia has been providing patient-centered care for more than 40 years.





Virginia Garcia School-Based **HEALTH CENTER**



Virginia Garcia Memorial
HEALTH CENTER

Tigard High School

Forest Grove High School

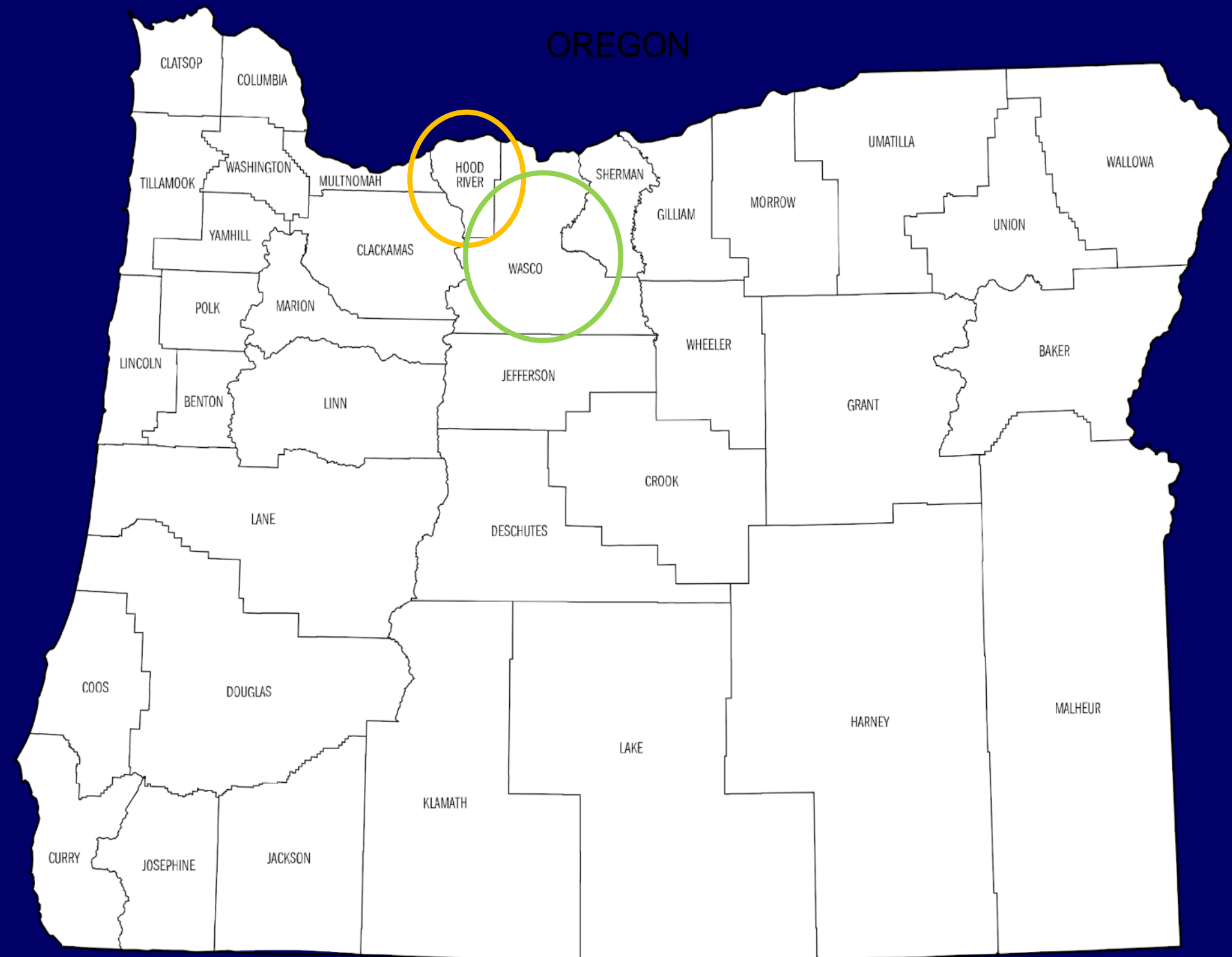
Willamina High School

Century High School (Hillsboro)

Beaverton High School

One Community Health

One Community Health is Federally Qualified Health Center with one SBHC in Hood River. They are participating in the mobile pilot serving Wasco County in both Dufur and in The Dalles; they are planning for brick and mortar SBHCs at those sites.





One Community Health

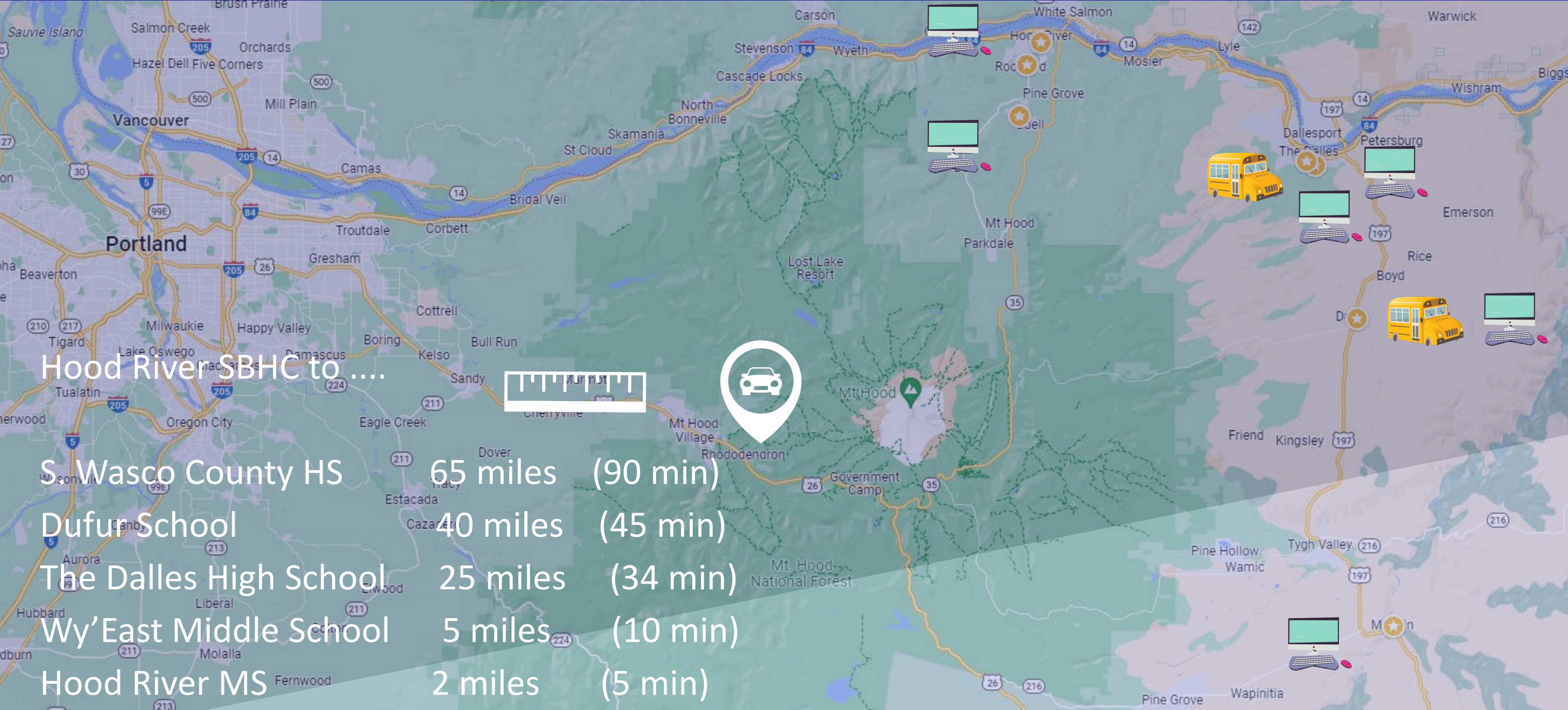
School-Based Health Services

A Comprehensive Approach to Student Health
in the Columbia River Gorge



Hood River, OR

Oregon
Health
Authority



Planning for the Future

Dufur School

- Mobile services
- B&M certification Spring 2024
 - Secure add'l operational funding

The Dalles High School

- Mobile Services through 2025
- Continue support for Bond Measure 33-109
- Prepare for B&M upon bond measure passing
 - Estimated 2027
 - Secure add'l operational funding

Place Your Logo Here - Align Center



Questions?



BREAK / SBHC Connect / Networking Time

World Café

- Small group focused discussions with:
 - Subject Matter Experts
 - SBHC peers
- Goals:
 - Share knowledge
 - Learn ideas and strategies
 - Develop supportive connections!

World Café instructions

- 3 rounds, 20 minutes each
- 5 minutes in between for switching tables & intros
- Conversations facilitated by SMEs
- OHA staff taking notes & will share these post-meeting
- If you see a table getting too full, please choose another table!

World Café Tables

1. Substance Use
2. Quality Improvement: Beyond Sat Surveys & KPMs
3. School Mental Health
4. Youth Engagement through Youth-Adult Partnerships
5. School Partnerships
6. Oregon HIV/STI Program
7. Oregon Reproductive Health Program
8. Oregon Immunization Program
9. Suicide Prevention

World Café Questions

What are some successful strategies SBHCs have used to support this work?

What support do SBHCs need to advance this work?

CLOSING

We hope you enjoyed meeting folks through the SBHC Connect game.



Congrats to the winners!!



We want to hear from you!

Please share your thoughts on our Fall SBHC Coordinators Meeting!

Scan the QR code ~*OR*~

Visit:

<https://forms.office.com/g/VxkfnZ6xZW>



THANK YOU!

