

Chemical Peel FAQ

## HEALTH LICENSING OFFICE BOARD OF COSMETOLOGY

## January 2020

**Question 1:** I have my esthetics certificate -- do I need an advanced esthetics certificate to perform chemical peels?

## Answer 1: No.

Chemicals do not fall within the scope of advanced esthetics because they are not an FDA registered device. Chemical peels are still within the scope of an esthetician. But you must comply with the Board of Cosmetology's rules regarding chemical peels.

**Question 2:** I have my esthetics certificate -- what are the Board of Cosmetology's requirements for performing chemical peels?

**Answer 2:** You are prohibited from performing any chemical peel that goes beyond the stratum basale layer, i.e. medium and deep peels.

As for other chemical peels, starting January 1, 2020, you will need to satisfy educational requirements before performing very superficial or superficial depths of peels. You may already have satisfied the educational requirements, depending on what was covered in your course of study at cosmetology school or in the education you have received since you graduated. Please know that training can be obtained in a variety of ways: through schools, institutions, vendors, manufacturers, formal seminars, online courses, an esthetician experienced in chemical peels, a licensed health-care provider experienced in chemical peels or through self-study.

It is your responsibility to make sure you have had the required education before performing chemical peels and that you comply with the Board's requirements on documenting the training and education and retaining those documents.

Very superficial chemical peels (chemical peels that do not extend beyond the stratum spinosum) require 5 hours of education or training in the safe application of the chemicals.

Superficial peels (chemical peels that do not extend beyond the stratum basale layer) require an additional 5 hours of education or training in the safe application of the chemicals.

Question 3: Are there certain client records I must keep if I am performing chemical peels?

**Answer 3:** Yes, client record requirements are listed in OAR 817-015-0065. If providing chemical peels, the esthetician must document:

- ✓ Location of procedure on the body;
- ✓ Special instructions or notations relating to the client's medical or skin conditions;
- ✓ Complete list of the client's sensitivities to medicines or topical solutions;
- ✓ Description of complications during procedure(s);
- ✓ Any referral to a health-care professional; and
- $\checkmark$  The chemical used on the client, including:
  - The brand name or manufacturer;
  - Type of chemical peel;
  - Process of applying very superficial or superficial peel including number of layers of chemical peel solution;
  - $\circ$  The length of time the chemical is left on the client's skin; and
  - Pre and post treatment care.

It is your responsibility to make sure you comply with all client record documentation and maintenance requirements in OAR 817-015-0065.

"The terms "Esthetician" and "Advanced Esthetician" refer to individuals who hold different authorizations. An "Esthetician" holds an authorization that is governed by the Board of Cosmetology. An "Advanced Esthetician" holds an authorization governed by the Board of Certified Advanced Estheticians.

Board of Cosmetology rules related to chemical peels in addition to all other rules are available on the Health Licensing Office <u>website</u>.