

## Oregon State Public Health Laboratory (OSPHL) – Get to Know Your Lab!



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503-693-4100

[www.healthoregon.org/phl](http://www.healthoregon.org/phl)

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### Get to Know Your Lab...

- Review OSPHL scope & lab services
- How to find what you need
  - Ordering test kits
  - Available tests
  - Specimen collection and storage
  - Specimen transport
- Understand lab report delivery

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## Objectives

- Name 3 services provided by the OSPHL
- Explain to your colleagues where they can find information for submitting any test to the OSPHL
- Explain how specimens are packaged for transport

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## Poll Question

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## OSPHL Scope & Services

- Five Laboratory Sections
  - Laboratory Compliance (CLIA, ORELAP)
  - Laboratory Operations (e.g., receiving, data entry, test kits)
  - General Microbiology
  - Virology and Immunology
  - Newborn Screening



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## General Microbiology

- Bacteriology
  - Culture (isolation and reference testing)
  - Biothreat agents
- Foodborne outbreak support (bacterial subtyping)
- Tuberculosis testing
  - QuantiFERON®
  - TB susceptibility testing
- Water microbiology
- Special projects



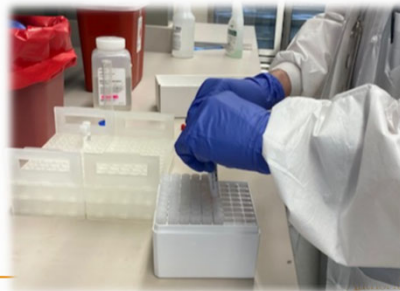
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## Virology and Immunology

- Sexually transmitted infections (STIs)
  - Chlamydia, gonorrhea, HIV, hepatitis
- Norovirus and other gastrointestinal viruses
- Influenza, SARS-CoV-2, and other respiratory viruses
- Viral biothreat agents
- Special projects

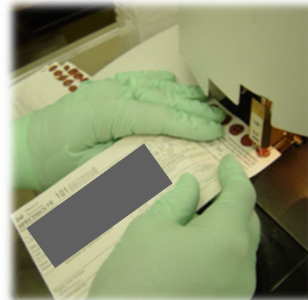


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## Newborn Screening

- Screening for heritable disorders
  - Hemoglobinopathy Screening (e.g. Sickle Cell Disease)
  - Endocrine Screening (e.g. Hypothyroidism)
  - Metabolic Screening (e.g. PKU)
  - Severe Combined Immunodeficiency (SCID) Screening
  - Cystic Fibrosis Screening
  - Lysosomal Storage Disorders
  - Spinal Muscular Atrophy (SMA)
- Regional testing program
  - Oregon, New Mexico, Navajo Nation, some military bases
- Screen for over 40 disorders per specimen



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## Ordering Supplies and Test Kits

**Oregon State Public Health Laboratory**  
**Stockroom Order – Form 71-54**

<http://bitly.com/PHLStockOrder>

**Instructions:** Please fill out completely. Write legibly and use numerals (e.g., 1, 2) for quantities.  
**Consider supply expiration dates when choosing quantities.** Fax completed form to 503-693-5600.  
 Call 503-693-4100 with questions.

Facility Name: \_\_\_\_\_ Telephone: \_\_\_\_\_  
 Street Address: \_\_\_\_\_ City, State, Zip: \_\_\_\_\_  
(no PO boxes)  
 Contact Name: \_\_\_\_\_ Contact Phone: \_\_\_\_\_

\*Collection kits do not automatically include Test Request Forms.  
 Please include Test Request Forms with my order.  
 Don't include forms. Our facility orders testing electronically or I will use the fillable PDF or print my own forms from the OSPHL website: [www.bitly.com/phl-forms](http://www.bitly.com/phl-forms).

Collection Kits*	Form #	# of Kits	Media Only	Quantity
<b>For All Clients:</b>			Enteric Stool (Cary Blair / bacterial)	
Chlamydia/gonorrhea			Pertussis (Regan Lowe)	
Multitest Swab (vaginal)	42		Respiratory Viruses (Universal Transport Media)	
Unisex Swab (urethral, rectal)	42		<b>Courier Supplies</b>	
Urine	42		Gel/Ice Packs	
Virology / Immunology Blood (Hepatitis, HIV, Serology)	42		Specimen Bags (w/ pockets & absorbent material)	
Tuberculosis			Site Labels	
Sputum, NAAT (respiratory specimens)	60		Transport Manifest (Tablet of 25)	

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Oregon State Public Health Laboratory  
Laboratory Services
www.healthoregon.org/phl

Public Health Division > Oregon State Public Health Laboratory

## Oregon State Public Health Laboratory

The Oregon State Public Health Laboratory (OSPHL) has been actively protecting the public's health since 1903 by supporting state and local infectious disease control efforts, preventing metabolic disorders detectable at birth, and assuring the quality of testing in clinical and environmental laboratories.

### Communicable Disease Testing

The Communicable Disease Testing section provides screening, diagnostic and reference testing (virology, immunology and microbiology) for communicable diseases.

- Submitting Samples
- Search our Lab Test Menu**
- Test Request Forms and Collection Kits

### Clinical Laboratory Regulation

The Oregon Laboratory Compliance Section contracts with the Centers for Medicare and Medicaid Services to carry out the Clinical Laboratory Improvement Amendments (CLIA). This section also oversees Health Screen Testing permits (HST), and Substance of Abuse (SOA) registrations in Oregon.

- Search our Lab Test Menu
- Submitting Specimens for Zika Virus Testing
- Communicable Disease Services Billing Information
- Accessing OSPHL Test Results
- View our CLIA and CAP Certificates

Contact Us

### Newborn Screening

The Northwest Regional Newborn Screening Program screens newborns for rare but serious health problems like Cystic Fibrosis and other metabolic conditions.

- Provider and Parent Resources
- Collection Kits
- Disorder Fact Sheets

### Environmental Laboratory Accreditation (ORELAP)

The Oregon Environmental Laboratory Accreditation Program (ORELAP) accredits qualified environmental testing laboratories in Oregon and throughout the country to national standards.

- ORELAP and Cannabis Testing
- Find Labs, Methods and Analytes
- Drinking Water Testing

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## Test Menu Search

### A to Z Listing of Lab Tests

**Tip:** Use the search box to locate your test. For example, search for "Newborn" to see a list of all newborn screening tests.

**Please note:** If the Test Details page you have selected does not print correctly, try using another browser such as Chrome or Internet Explorer.

Q
Sort ▾

Test Name	Search Terms
<a href="#">BioFire FilmArray Multiplex Gastrointestinal PCR Panel</a>	Adenovirus F40/41; Astrovirus; Campylobacter (jejuni, coli, and upsaliensis); Clostridium difficile (toxin A/B); Cryptosporidium; Cyclospora cayetanensis; E. coli O157; Entamoeba histolytica; Enterococcus faecalis (EAEC); Enteropathogenic E. coli (EPEC); Enterotoxigenic E. coli (ETEC) It/st; Giardia lamblia; Norovirus GI/GII; Plesiomonas shigelloides; Rotavirus A; Salmonella; Sapovirus (I, II, IV, and V); Shiga-like toxin-producing E. coli (STEC) stx1/stx2; Shigella/Enteroinvasive E. coli (EIEC); Vibrio (parahaemolyticus, vulnificus, and cholerae); Yersinia enterocolitica
<a href="#">Norovirus, RT-PCR</a>	Astrovirus; Calicivirus; Norovirus; Sapovirus; Rotavirus; Gastrointestinal Viruses
<a href="#">Viral Gastroenteritis Panel, RT-PCR</a>	Astrovirus; Calicivirus; Norovirus; Sapovirus; Rotavirus; Gastrointestinal Viruses

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## Lab Test Menu Example – Top of Page

### Viral Gastroenteritis Panel, Real-Time RT-PCR

<b>Updated</b>	3/15/2021
<b>Search Terms</b>	Astrovirus; Calicivirus; Norovirus; Sapovirus; Rotavirus; Gastrointestinal Viruses; Norwalk
<b>How to Order</b>	On the <a href="#">Virology/Immunology Test Request Form (OHA0042)</a> , in the "Other" section, check the "Norovirus RT-PCR" box.
<b>Availability</b>	With approval from the Acute and Communicable Disease Program or Local Public Health Authorities
<b>Performed</b>	As needed
<b>Time to Reporting</b>	Within 7 working days after receipt of specimen
<b>CPT Code</b>	87798 x 2 if Norovirus positive, 87798 x 5 if Norovirus negative



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## Lab Test Menu Example – Bottom of Page

### Specimen Collection Details

<b>Collection</b>	Human stool in a clean, screw-top plastic container or stool in Cary Blair enteric pathogen transport media. Vomit in a screw top plastic container is acceptable, but not preferred.
<b>Optimal Volume</b>	Raw Stool - 2 mL or a "walnut-sized" amount Solid or Liquid Stool; Vomit - 5 gm or 5 mL
<b>Minimum Volume</b>	Raw Stool - 1 mL or a "pea-sized" amount Solid Stool - 2 gm Liquid Stool; Vomit - 5 mL
<b>Handling</b>	Store specimens at refrigerated temperatures (2-8°C) pending transport. Transport as soon as possible after specimen collection.
<b>Transport</b>	Package specimens with fully frozen ice packs to maintain refrigerated temperatures during transport. Specimens should be transported to be received at the OSPHL within 5 days of specimen collection.
<b>Rejection Criteria</b>	Specimens received more than 10 calendar days after specimen collection. Specimens are subject to the requirements of the OSPHL Specimen Submission Policy and Criteria, available at: <a href="http://bit.ly/SpecimenCriteria">http://bit.ly/SpecimenCriteria</a> .
<b>Comments</b>	Original material submitted for testing is retained for 7 calendar days after receipt at the laboratory. Norovirus is the major cause of viral gastroenteritis. Other viruses listed above will only be tested if the results are negative for Norovirus. If bacterial pathogens are suspected, follow the instructions for <a href="#">Enteric Pathogen Culture</a> .



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## Lab Test Menu Example – End

### Method Details

<b>Methodology</b>	Real-Time Reverse-Transcription Polymerase Chain Reaction
<b>Performance Specifications</b>	Method Performance Specifications determined by the Centers for Disease Control and Prevention (CDC). Please contact the CDC for specifications if needed.

### Change Log

3/15/2021	Edit Test Name and Performance Specifications
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## Poll Question

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## Example – Measles Investigation

[www.bitly.com/measles2](http://www.bitly.com/measles2)

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## Example – Measles Investigation

- It is Friday at 2:00pm. You've just been notified of need to collect a specimen from a patient with symptoms consistent with measles. Rash onset was Wednesday.

Wednesday	Rash onset
Thursday	
Friday	Notified at 2:00pm

- Do we have enough information?
- What else do we need to know?  
Transportation and testing options

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- The specimen cannot be collected until after your Friday courier pick-up. Saturday specimen transport and testing is not approved.
- The next available pick-up would be on Monday and the specimen wouldn't be delivered until Tuesday morning.

<b>Wednesday</b>	Rash onset
<b>Thursday</b>	
<b>Friday</b>	Notified at 2:00pm Too late for Friday courier
<b>Saturday</b>	
<b>Sunday</b>	
<b>Monday</b>	Next available pick-up
<b>Tuesday</b>	Next available delivery

- What else do we need to know?  
Specimen collection, handling, and transport requirements
- Where do we find this?  
Laboratory Test Menu



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## Measles (Rubeola), Real-Time RT-PCR Lab Test Menu

### Measles (Rubeola), Real-Time RT-PCR

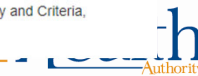
**Collection** Collect a throat or nasopharyngeal swab as soon as possible after illness onset, ideally within 3 days but no later than 10 days after illness onset.

**Handling** Ensure the caps on all tubes are tightly secured and do not leak. Store specimen(s) at refrigerated temperatures (2-8°C) pending transport.  
If specimens cannot be received at the OSPHL within 72 hours of specimen collection, freeze the specimen(s) at -20°C to -70°C pending transport.

**Transport** Package specimens with fully frozen ice packs to maintain refrigerated temperatures during transport. Transport for receipt at the OSPHL within 72 hours of specimen collection.  
If specimen is frozen, maintain frozen temperatures during transport by properly shipping with dry ice to maintain frozen temperatures.  
The OSPHL recommends that specimens only be sent from your facility Monday through Thursday, and transported for receipt by 4:30pm on Fridays. Refrigerated specimens received on Saturdays may be Unsatisfactory for testing.

**Rejection Criteria** Swabs with calcium alginate, cotton tips, or wooden shafts; specimen that is collected more than 10 days after rash onset; refrigerated specimens received in the laboratory more than 72 hours after collection; specimens frozen and thawed more than once.  
Specimens are subject to the requirements of the OSPHL Specimen Submission Policy and Criteria, available at <http://bit.ly/SpecimenCriteria>.

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**From Lab Test Menu:**

- Collection: Ideally within 3 days of onset, no more than 10 days
- Storage: 0-72 hours refrigerated, more than 72 hours -20°C to -80°C
- OSPHL courier transport time: Next day (transit time 16-24 hours)

<b>Wednesday</b>	Rash onset	Collection ideal
<b>Thursday</b>		
<b>Friday</b>	Notified at 2:00pm Too late for Friday courier	
<b>Saturday</b>		Collection acceptable
<b>Sunday</b>		
<b>Monday</b>	Next available pick-up	
<b>Tuesday</b>	Next available delivery	

- When will you collect?
- Any options to expedite?



**Test Request Forms**

[www.bitly.com/phl-forms](http://www.bitly.com/phl-forms)

**GENERAL MICROBIOLOGY REQUEST**  
Oregon State Public Health Laboratory (OSPHL)  
7202 NE Evergreen Pkwy, Suite 100, Hillsboro, OR 97124  
Information: 503-693-4100

**PATIENT INFORMATION**  
\*Patient last name, first, middle initial:  
\*Date of birth (mm/dd/yyyy): \*Sex/gender:  Female  F to M  Male  M to F  
Race:  American Indian or Alaska Native  Asian  Black or African American  White  Native Hawaiian or Other Pacific Islander  Multi-race  Other  Unknown  Declined  
Patient street address:  
City: State:  
\*County of Residence: Outbreak number:

**PATIENT INSURANCE INFORMATION**  
Insurance/Health plan name:  No  
**SPECIMEN / ISOLATE INFORMATION**  
\*Date of collection: Time of collection (##:##):  
\*Original specimen source:  Blood  Nasopharyngeal swab  Sputum  CIDT (Culture-Independent Diagnostic Test) — Waa

**VIROLOGY/IMMUNOLOGY REQUEST**  
Oregon State Public Health Laboratory (OSPHL)  
7202 NE Evergreen Pkwy, Suite 100, Hillsboro, OR 97124  
Information: 503-693-4100

**PATIENT INFORMATION**  
\*Patient last name, first, middle initial: \*Submitting facility:  
\*Date of birth (mm/dd/yyyy): \*Sex/gender:  Female  F to M  Male  M to F Patient ID/Chart number:  
Race:  American Indian or Alaska Native  Asian  Hispanic or Latino  Black or African American  White  Not Hispanic or Latino  Native Hawaiian or Other Pacific Islander  Unknown  Multi-race  Other  Unknown  Declined  Declined  
Patient street address:  
City: State: ZIP:  
\*County of Residence: Outbreak number: Study:  
\*Ordering clinician:  
Contact number:  
Copy results to:  County of Residence  State Public Health  Other Public Health:

**PATIENT INSURANCE INFORMATION**  
Insurance/Health plan name:  None  Confidential Policy no.: Group ID:  
Diagnosis/ICD-10 code for test: Public Health Program eligible patient (for participating locations only):  
 STD Program  RH Program  Other:

**SPECIMEN INFORMATION**  
\*Date of collection: Time of collection (##:##):  AM  PM Hospitalized?  Yes  No Pregnant?  Yes  No  Unknown Illness onset date:  Acute  Convalescent  
\*Specimen source:  Blood  Urine  Swab  Stool  Serum  Other:  
If the source is a swab, please specify type:

## An Example

### Collect, Store, & Transport GI Specimens



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## GI Outbreak Specimens

Organism(s) Suspected	Type	Test to Order	Specimen *
Astrovirus; Calicivirus; Norovirus; Sapovirus; Rotavirus	Viral	Viral Gastroenteritis Panel, RT-PCR	Raw stool in collection cup
Salmonella; Shigella; E. coli O157; STEC; Campylobacter	Bacterial	Enteric Pathogen Culture	Stool in Cary Blair
Bacillus cereus; Staphylococcus aureus; Clostridium perfringens; Listeria monocytogenes	Bacterial	Referral Testing to CDC	Depends on organism suspected

\*Find complete instructions on our Lab Test Menu at [www.healthoregon.org/labtests](http://www.healthoregon.org/labtests)

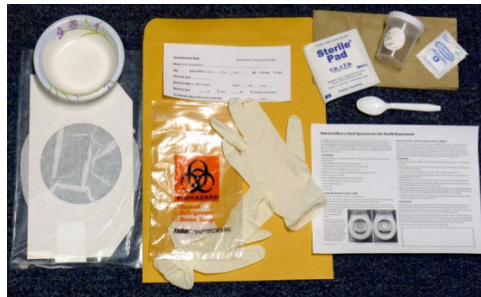


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## Example – GI Outbreak

- Test Kit Contents:
  - Citizen Instructions
  - Specimen Container (sterile)
    - Add Cary Blair media for bacterial or unknown
  - Toilet Liner
  - Paper Bowl
  - Spoon
  - Gloves
  - Gauze Pad
  - Lab Slip
  - Alcohol Pad
  - Specimen Transport Bag
  - Absorbent Material
  - Paper Sack



Viral

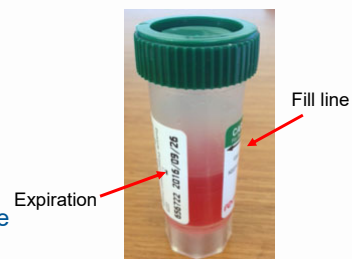


Bacterial or unknown

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## Example – GI Outbreak, bacterial or unknown

- Cary Blair transport media
  - Transfer some specimen into this media container to the fill line.
  - Enhances bacterial survival
  - Check expiration date and color
  - Refrigerate after inoculation
  - Specimen in Cary-Blair does not need to be shipped on ice, unless it will take several days to be delivered and the season is hot.



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## Submitting Specimens

- Labeling the specimens
  - Two unique patient identifiers matching the test request form.
  - Do not cover patient information.
  - Leave the expiration date uncovered.
  - Leave viewing space to allow contents to be seen.
- Package the Specimens
  - Place specimens associated with the test request form in a specimen transport bag with the absorbent square.
  - Close the bag.
  - Fold test request form in half and place in *outer* pocket.



[www.bitly.com/SpecimenCriteria](http://www.bitly.com/SpecimenCriteria)

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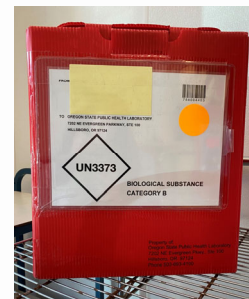
## Packaging Basics: Triple Packaging



+



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Primary

Secondary

Tertiary

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## Specimen Transport – Complete the Manifest

**Oregon State Public Health Laboratory  
Specimen Transport Manifest**

**Oregon Health Authority**

Select order method:  
Electronic  Paper

Date: **01-01-2017**

Facility name: **Your site, location**

Contact person: **Jane Doe**

Phone no: **503-234-5678**

YAMHILL COUNTY PUBLIC HEALTH  
412 N FORD ST.  
MCMINNIMILLE, OR 97128

YAMHILL CO PUBLIC H, TH


OSPHL ONLY  
Number of ice packs  
and/or cooler condition

Frozen/cold: \_\_\_\_\_

Melted/ambient: \_\_\_\_\_

None (✓): \_\_\_\_\_

OSPHL ONLY  
Barcode

Item barcode	Item barcode	Item barcode	Item barcode
Doe, Jane A. DOB: 01-01-1991 MRN: 12345 			

Page: **1** of **2**  
Comments: \_\_\_\_\_

ORA 8087 (rev. 08/17)

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## Packaging Specimens

- Place specimens inside the insulated cooler portion of the provided transport box.
  - Package for the appropriate temperatures for your specimens.
- Close the insulated cooler.
- Place the manifest on top of the insulated cooler.
- Close the red outer liner.
- Flip the address card over to show that the box is going to the OSPHL.



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## Courier Transport – 2023 Updates

### What has changed

- On-call order requests are placed through online form and responded to within 1 working day
- Send routine communications to [osppl.courier@odhsoha.state.or.us](mailto:osppl.courier@odhsoha.state.or.us)
- When you place samples in cooler, flip address placard to show “From” your facility and “To” the OSPHL

### What hasn't changed

- Red corrugated plastic coolers
- Pre-scheduled pick-up days
- Empty box rotation
- Collection kits and test order process
- Lab test menu
- Base contractual language

Resources at  
[www.bitly.com/phl-courier](http://www.bitly.com/phl-courier)

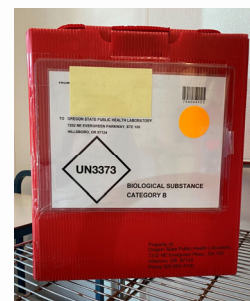
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## Courier Transport

- Transport boxes will rotate back to you.
  - Be sure to check for notices from the OSPHL in the return boxes.
- No holiday pick-ups
- Let us know if...
  - Not enough/too many transport boxes
  - Routine pickup days/times aren't working
  - Need an additional pickup
  - Not enough courier supplies
  - Questions regarding packaging and transport



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## Transporting Specimens

- Shippers of infectious substances (Category B or Category A) are subject to regulations from:
  - U.S. Department of Transportation (DOT), the U.S. Postal Service (USPS), and the International Air Transport Association (IATA)
- Shipping training is required if you: classify, package, label, or transport infectious material



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## OSPHL Service: Shipping Trainings

- Free, online training available from CDC
  - [www.cdc.gov/labtraining](http://www.cdc.gov/labtraining)
  - Register for free CDC TRAIN account
- Free, instructor-led, virtual shipping training courses available from APHL and Saf-T-Pak
- Free, regional, in-person or virtual shipping training courses available
  - Contact OSPHL LRN Coordinator for inquiries:
  - Macey Henning, 503-693-4123



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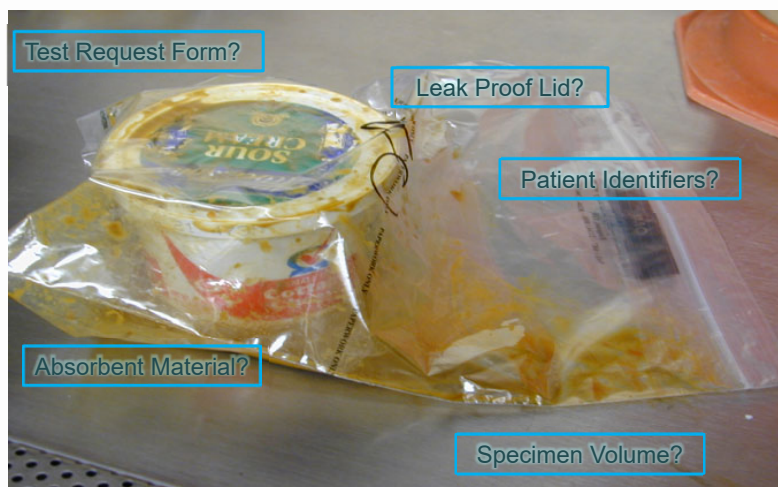
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## Sending Specimens – Summary

- Triple packaging
  1. Sealed (leak proof) primary container (specimen container)
  2. Sealed secondary container (specimen transport bag) with absorbent material
  3. Sealed outer red OSPHL courier box
- Multiple specimens may be sent in the same box
  - Each specimen gets a Test Request Form
  - Separate specimens if they have different temperature requirements.
- Fun facts:
  - Courier is OSHA-BBP trained
  - Courier is a HIPAA Business Associate with OSPHL

## How Not to Send Specimens



# Test Results



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## Result Delivery

- Results automatically faxed to the number provided.
- If electronically ordering, results will be in your EHR.
- You may also request online access to results for your location.

Severity	Priority	Order ID	Patient	Order Choice Abbreviation	Results Received	Order Date	Ordering Provider	Location	Status	Selected	Ack
Abnormal	-	11310-01091	ZZZHOONLY, STD T, CT/IGC, ssAttachment	12/21/2015 1:46PM	12/14/2015 12:00AM	Guta, Diane T., NP-PP	MC STD Clinic	Complete	<input type="checkbox"/>		
Abnormal	-	11318-01091	ZZZHOONLY, STD T, CT/IGC, ssAttachment	12/14/2015 3:06PM	12/14/2015 12:00AM	Guta, Diane T., NP-PP	MC STD Clinic	Complete	<input type="checkbox"/>		
Abnormal	-	11316-01091	ZZZHOONLY, STD C, CT/IGC, ssAttachment	12/08/2015 12:00PM	12/07/2015 12:00AM	Guta, Diane T., NP-PP	MC STD Clinic	Complete	<input type="checkbox"/>		
Abnormal	-	11316-01091	ZZZHOONLY, STD T, CT/IGC, ssAttachment	12/08/2015 12:00PM	12/07/2015 12:00AM	Guta, Diane T., NP-PP	MC STD Clinic	Complete	<input type="checkbox"/>		
Abnormal	-	11316-01091	ZZZHOONLY, STD M, CT/IGC, ssAttachment	12/08/2015 12:00PM	12/07/2015 12:00AM	Guta, Diane T., NP-PP	MC STD Clinic	Complete	<input type="checkbox"/>		
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Abnormal	-	11316-01091	ZZZHOONLY, STD T, CT/IGC, ssAttachment	12/08/2015 12:00PM	12/07/2015 12:00AM	Guta, Diane T., NP-PP	MC STD Clinic	Complete	<input type="checkbox"/>		

\*Reportable test results are in Orpheus



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## Lab Review

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## Review: Enter your answers in the chat

- Name 3 services provided by the OSPHL
- Explain to your colleagues where they can find information for submitting any test to the OSPHL

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## Review

- Explain how specimens are packaged for transport
  - Triple packaging
    1. Sealed (leak proof) primary container
    2. Sealed secondary container (specimen transport bag) with absorbent material
    3. Sealed outer red OSPHL courier box



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## All Links

- OSPHL Main Website – [www.healthoregon.org/phl](http://www.healthoregon.org/phl)
  - Forms & Collection Kits - [www.bitly.com/phl-forms](http://www.bitly.com/phl-forms)
  - Stockroom Order Request Form – [www.bitly.com/PHLStockOrder](http://www.bitly.com/PHLStockOrder)
  - Lab Test Menu – [www.healthoregon.org/labtests](http://www.healthoregon.org/labtests)
  - Specimen Acceptance Criteria – [www.bitly.com/SpecimenCriteria](http://www.bitly.com/SpecimenCriteria)
  - Courier Orders & Information – [www.bitly.com/phl-courier](http://www.bitly.com/phl-courier)



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## Contact Information

- OSPHL Main, Testing Sections
  - 503-693-4100
  - [www.healthoregon.org/phl](http://www.healthoregon.org/phl)
- Courier Scheduling
  - [www.bitly.com/phl-courier](http://www.bitly.com/phl-courier)
- Client Services Coordinator – Sarah King
  - 971-217-3522
  - [sarah.m.king@oha.oregon.gov](mailto:sarah.m.king@oha.oregon.gov)
- Laboratory Response Network (LRN) Coordinator – Macey Henning
  - 503-693-4123
  - [macey.henning@oha.oregon.gov](mailto:macey.henning@oha.oregon.gov)
- Lab Compliance – CLIA
  - 503-693-4125
  - [LC.info@odhsoha.oregon.gov](mailto:LC.info@odhsoha.oregon.gov)



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