

WORKPLACE EMERGENCY KIT CHECKLIST

- Medications, prescription list, copies of medical cards, doctors' names and contact information
- Medical consent forms for dependants and copies of personal identification
- First aid kit and handbook
- Non-latex gloves, dust masks
- Spare eyeglasses or contact lenses and cleaning solution
- Whistle (to alert rescuers of your location)
- Sturdy shoes, change of clothes, blanket
- Emergency cash (ATMs require power and might not work)
- Local road maps
- List of emergency out-of-area contact phone numbers
- Bottled water, non-perishable foods high in water and calories
- Flashlight with extra batteries and light bulbs
- Comfort items such as games, books or writing supplies
- Toiletries and personal care supplies
- Extra keys for car, home, office, safe deposit box, etc.