WORKPLACE EMERGENCY KIT CHECKLIST

☐ Medications, prescription list, copies of medical cards, doctors’ names and contact information

☐ Medical consent forms for dependants and copies of personal identification

☐ First aid kit and handbook

☐ Non-latex gloves, dust masks

☐ Spare eyeglasses or contact lenses and cleaning solution

☐ Whistle (to alert rescuers of your location)

☐ Sturdy shoes, change of clothes, blanket

☐ Emergency cash (ATMs require power and might not work)

☐ Local road maps

☐ List of emergency out-of-area contact phone numbers

☐ Bottled water, non-perishable foods high in water and calories

☐ Flashlight with extra batteries and light bulbs

☐ Comfort items such as games, books or writing supplies

☐ Toiletries and personal care supplies

☐ Extra keys for car, home, office, safe deposit box, etc.

For more information on public health preparedness, visit www.healthoregon.org/preparedness
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