

Oregon Psilocybin Advisory Board (OPAB)

2024 Recommendations

Approved on February 2, 2024:

- Recommend 6 hours of approved annual continuing education be required for facilitators as a requirement for renewal, and continuing education be considered for service centers and manufacturers. Content should be specific to psilocybin services and should include but not be limited to emerging safety and ethical issues, updated rules, new research, adverse events, review of social equity plans and considerations related to increasing access, dosage and efficacy. OPS should consider availability and cost of continuing education in adopting rules to require continuing education.
- Recommend that OPS consider an annual fee for training programs
- Recommend that OPAB support creation of a charitable grant program or similar fund that would be able to receive funding from multiple sources for the purpose of increasing access to psilocybin services for clients who are economically or socially marginalized.
- Recommend that OPAB support legislation and regulations which would allow and support psilocybin services being safely and appropriately administered at an alternate location for a person who is on hospice and medically unable to travel to a service center to receive services.
- Recommend that OPS consider lab testing for *galerina marginata* and its toxins.

Approved on May 3, 2024:

- Recommend that OPS add functionality to the license directory that allows licensees to voluntarily link to their social equity plan.
- Recommend amending client support person rules to allow for additional persons chosen by the client to be present during an administration session.
- Recommend increasing the minimum hours described in OAR 333-333-3050(3)(d) "Psilocybin Pharmacology, Neuroscience, and Clinical Research"

by 8 hours and consider either removing hours from other subject areas or increasing total required training hours.

- Recommend that no more than 10 hours may be performed as an alternative practicum.
- Recommend that training programs should be required to have agreements in place with one or more service centers for practicum placement of training program students.
- Recommend that students of training programs who choose to participate in psilocybin services as a client may count up to 4 hours of participation in services towards their practicum requirement.
- Recommend that:
 - OHA does not require testing for the fungal species *galerina marginata* on a regular basis.
 - Regular testing of *galerina marginata* should be revisited if administrative rules are amended to allow wood substrates or additional species in cultivation.
 - OHA develop public education materials on the risk of consuming *galerina marginata* and cross contamination.