**Curriculum Overview**

1. Historical and Foundational Knowledge
2. Ethics and Responsibilities
3. Cultural Competency
4. Core Facilitation
5. Preparation and Orientation
6. Psilocybin Administration
7. Integration
8. Group Facilitation

**MODULE 1- Historical and Foundational Knowledge (18 hrs)**

**Grounds the learner in the larger context of psilocybin use throughout human history**

* Ancient history of plant medicine use across cultures (up to 1900’s) (3 hrs)
* Modern history of psychedelic use before prohibition (3 hrs)
* Modern history of psychedelic use after prohibition (3 hrs)
* Contemporary research, including neuroscience, pharmacology, clinical, survey study outcomes, new directions etc. (3 hrs)
* Contemporary Theory, including harm reduction approaches, relational approaches, models for working with non-ordinary states of consciousness, trauma informed orientation, somatic approaches (3 hrs)
* Indigenous / Shamanic frameworks (3 hrs)

**MODULE 2- Ethics and Responsibilities (10 hrs)**

**Establishes principles of ethics unique to facilitating psilocybin sessions as well as professional responsibilities pertaining to psilocybin administration and facilitation**

* Oregon Psilocybin Services (OPS) Program pertinent details, overview of licensure requirements and professional responsibilities (3 - 5 hrs)
* OPS Program Code of Ethics (3 - 5 hrs)

**MODULE 3- Cultural Competency (10 hrs)**

**Establishes foundational understanding of complex issues pertaining to facilitating psilocybin sessions with diverse populations**

* Approaches to understanding and working with cultural differences (2 hours)
* Understanding privilege, power, and difference (2 hours)
* Understanding of key terminology and topics around difference (2 hours)
* Understanding one's own cultural identity (2 hours)
* Skills relating to working with difference in the therapeutic space (2 hours)

**MODULE 4- Core Facilitation (12 hrs)**

**Establishes core skills necessary for facilitation with non-ordinary states of consciousness**

* Core characteristics and skills of a quality facilitator (3 hrs)
* Cultivating facilitator self-awareness (2 hrs)
* Establishing rapport and therapeutic alliance (2 hrs)
* Principles and skills pertaining to working with non-ordinary states of consciousness (e.g. harm reduction models) (3 hrs)
* Problematic facilitator dispositions and interactions (e.g. over bonding problem, trauma projection, great healer complex etc.) (2 hrs)

**MODULE 5- Preparation and Orientation (15 hrs)**

**Establishes criteria for preparing a participant for a safe and grounded psilocybin experience.**

* Understanding risk assessment and pre-screening (2 hrs)
* Establishing trust and rapport - basic interviewing skills (3 hrs)
* Orientation to sequence of sessions (1.5 hrs)
* Orientation to psychedelic experience (1.5 hours)
* Establishing the facilitator’s role, responsibilities, and authority (3 hrs)
* Discerning client readiness and goodness of fit for psilocybin services (2 hrs)
* Discussion of dosage (2 hrs)

**MODULE 6- Psilocybin Session Facilitation (20 hrs)**

**Provides procedural knowledge, prepares students for types of experiences that can arise and establishes skills relating to working with challenging experiences**

* Skills relating to facilitating a smooth entry (2 hrs)
* How to work with a variety of experiences (5 hrs)
* Working with and responding to physical distress (2 hours)
* Working with psychological / emotional distress (2 hrs)
* Working with difficult behaviors (4 hrs)
* Trauma informed facilitation (3 hrs)
* Facilitating return and completing session (2 hrs)

**MODULE 7- Integration (10 hrs)**

**Establishes core skills relating to facilitating a standardized integration process**

* Integration principles and techniques (3 hrs)
* Integration scope of practice (1 hr)
* General goals of integration process (e.g. identify, clarify, and affirm participant experience etc.) (2 hrs)
* Standardized topics to explore during integration session (e.g. memories from the experience, lessons learned etc.) (2 hrs)
* Integration for challenging experiences (e.g. referring out, providing resources, etc) (2 hrs)

**MODULE 8- Group Facilitation (10 hrs)**

**Explores the unique benefits and challenges of administering psilocybin with groups of participants with an emphasis on safety and ethical responsibility**

* Group considerations during intake process, including screening for compatibility with group format, creating group composition, orienting participants to group process (2 hrs)
* Considerations for group preparation session(s) (e.g. establishing group rapport, building group container, developing safety/confidentiality guidelines etc.) (2 hrs)
* Considerations for group psilocybin administration (e.g. tracking, safety, ethics etc.) (4 hrs)
* Considerations for group integration session(s) (e.g. facilitating connections, harnessing wisdom from the group) (2 hrs)