

Discussion Draft, Prepared for February 2022 RAC Meetings

Psilocybin Training Definitions (OAR 333-333-3005)

- (1)** “Adverse Behavioral Reaction” means client behavior that endangers the safety of the client, facilitator, or others.
- (2)** “Adverse Medical Reaction” means a client’s physiological reaction occurring during an administration session that could lead to medical harm. For example, a cardiac event or other health emergency.
- (3)** “Client Information Form” means the form required by Ballot Measure 109, (2020) Section 35.
- (4)** “Cultural Equity” means the embodiment of values, policies, and practices that ensure that all people, especially those who have been historically marginalized based on race, ethnicity, language, disability, age, gender, gender identity, sexual orientation, social class, intersections among these communities or identities, or other socially determined circumstances.
- (5)** “Curriculum” means the topics, subjects, and activities that make up courses taught by a training program.
- (6)** “Facilitation” means the provision of services to clients by a licensed facilitator during preparation, administration, and integration sessions.
- (7)** “Health Equity” means opportunity for all people to reach their full health potential and well-being without being disadvantaged by their race, ethnicity, language, disability, age, gender, gender identity, sexual orientation, social class, intersections among these communities or identities or other socially determined circumstances.
- (8)** “Intervention” means taking proactive steps to redirect the client’s behavior, experience, or condition during an administration session.
- (9)** “Lead Educator” means a person affiliated with a training program who is responsible for tracking the progress of students throughout the program.
- (10)** “Nondirective Facilitation” means an approach to facilitation in which the facilitator maintains a consistent disposition with a client, while avoiding giving the client direct advice or directly interpreting a client’s statements or behaviors.
- (11)** “Oregon Psilocybin Services Act” means Oregon Ballot Measure 109 (2020)
- (12)** “Practicum Site” means a designated service center that provides practicum training.
- (13)** “Practicum Site Supervisor” means an onsite practicum supervisor of assigned trainees, affiliated with a practicum site.
- (14)** “Relational Care” means supporting the personal needs, growth, and wellbeing of others, particularly those going through temporal crises such as houselessness, illness or marginalization.
- (15)** “Scope of Practice” means professional boundaries related to psilocybin facilitation and avoiding the unlicensed practice of other disciplines such as medicine or psychotherapy.
- (16)** “Synchronous Learning” means that students learn from their instructor at the same time as their fellow students.
- (17)** “Training Program Applicant” means a program that has applied to offer training to psilocybin facilitators as described in Ballot Measure 109 (2020), Section 41.
- (18)** “Training Program” means a program that has been approved to offer training to psilocybin facilitators as described in Ballot Measure 109 (2020), Section 41.

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c)

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Psilocybin Training Program Approval Process (OAR 333-333-3010)

(1) A training program applicant must submit the following to the Authority to be approved to train psilocybin facilitators:

(a) A completed application package, including a description of the proposed curriculum that shows the applicant meets the requirements of OAR 333-333-3050, OAR 333-333-3060, OAR 333-333-3070 and OAR 333-333-3090; and

(b) A \$500 non-refundable application evaluation fee paid in the form and manner specified by the Authority.

(2) The Authority will notify a training program applicant if their application is incomplete. The training program applicant will have 90 days from the date of that notice to submit a complete application. If the training program applicant does not complete their application within 90 days, the Authority will refuse to process the application. If the application is refused the applicant may submit a new application, including a non-refundable application evaluation fee, for the program to be considered for approval.

(3) The Authority will evaluate training program applications to determine if the course meets the standards in OAR 333-333-3060 and OAR 333-333-3070.

(4) The Authority will notify the training program applicants in writing if the application is approved or denied.

(5) The authority may deny a training program application for approval if:

(a) The training program application does not meet the requirements of OAR 333-333-3050, OAR 333-333-3060 and OAR 333-333-3070; or

(b) The program instructors, staff or representatives have made false or misleading statements to the Authority, students or the public.

(6) If the Authority denies an approval, the Authority will provide notice of the denial and the training program has a right to a hearing under ORS Chapter 183.

(7) Training program approval has a term of 5 years from the date of initial approval.

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Psilocybin Training Program Application Requirements (OAR 333-333-3020)

(1) To be approved, training program applicants must:

(a) Demonstrate that its proposed course modules contain the content required by OAR 333-333-3060;

(b) Demonstrate that its proposed hours of instruction meet the requirements of OAR 333-333-3050;

(c) Demonstrate that its proposed practicum meets the requirements of OAR 333-333-3070;

(d) Identify all instructors, including at least two lead educators and list the instructors' qualifications; and

(e) Identify a program director who has authority to confer student enrollment and program completion.

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Psilocybin Training Instructor Qualifications and Program Performance (OAR 333-333-3030)

(1) In order to be approved, a training program must demonstrate that each instructor and person who trains instructors at a training program must have sufficient experience, knowledge, skills and ability to competently train students in their assigned subject matter.

(2) Each instructor at a training program must:

(a) Understand the objectives of the training program and be able to communicate effectively with students; and

(b) Demonstrate skill in instruction and student supervision.

(3) Training programs must notify the Authority of any material changes to the curriculum submitted with their application in a form and manner prescribed by the Authority.

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Psilocybin Training Reapproval (OAR 333-333-3035)

(1) A training program that wishes to be reapproved after the expiration of their initial approval term must submit a completed reapproval application and a non-refundable \$500 reapproval fee.

(2) The Authority must receive the reapproval application and fee at least 30 days prior to the date that the training program's approval expires.

(3) If the Authority approves reapproval, the reapproval is valid for five years.

(4) The authority may deny the application for reapproval if:

(a) The training program has not complied with these rules; or

(b) The training program instructors, staff or representatives have made false or misleading statements to the Authority, students or the public.

(5) If the Authority denies reapproval, the Authority will provide notice of the denial and the program has a right to a hearing under ORS Chapter 183.

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Psilocybin Training Program Record Keeping (OAR 333-333-3040)

(1) Training programs shall maintain records for each class, including course curriculum, location, date and student attendance for every online and in-person class. These records must be maintained for five years. Training programs shall provide these records to the Authority upon request.

(2) Training programs shall maintain enrollment records, including the name of each student enrolled, their date of completion and examination results. These records must be maintained for five years.

(3) Training programs shall provide records required to be maintained under this rule to the Authority upon request, and in the manner requested.

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c), Section 8(2)(d)(F) and Section 41

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Core Psilocybin Training Requirements (OAR 333-333-3050)

- (1) Programs shall provide Core Training that consists of at least 120 hours of instruction. At least 25% of core training hours shall take place in an in-person teaching format.
- (2) For training that is not conducted in person, at least 50% of the training shall be conveyed through online synchronous learning.
- (3) The in-person teaching requirements in section (1) of this rule may be waived by the Authority during a Governor declared emergency or Governor declared public health emergency.
- (4) Applicants for training programs must demonstrate that their curriculum consists of the following minimum hours of instruction, in the following areas consistent with the requirements of OAR 333-333-3060:
 - (a) Historical, Traditional, and Contemporary Practices and Applications: 12 hours.
 - (b) Cultural Equity in relation to Psilocybin Services: 12 hours.
 - (c) Safety, Ethics and Responsibilities: 10 hours.
 - (d) Psilocybin Pharmacology, Neuroscience, and Clinical Research: 12 hours.
 - (e) Core Facilitation Skills: 16 hours.
 - (f) Preparation and Orientation: 16 hours.
 - (g) Administration: 20 hours.
 - (h) Integration; 14 hours.
 - (i) Group Facilitation: 8 hours.
- (5) Training programs must comply with the requirements specified in this rule to maintain approved status.
- (6) The requirements listed in these rules are minimum requirements. Nothing in these rules prevents a training program from offering additional modules or hours of instruction.

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Psilocybin Training Curriculum Modules (OAR 333-333-3060)

- (1) "Historical, Traditional, and Contemporary Practices and Applications" module shall include:
 - (a) Current and historical use of plant and fungal medicines in indigenous and western cultures;
 - (b) The Controlled Substances Act and its effect on psilocybin research and drug policy; and
 - (c) Overview of historical and recent academic research.
- (2) "Cultural Equity in relation to Psilocybin Services" module shall include:
 - (a) Cultural equity and its relationship to health equity;
 - (b) Racial justice, including the impact of race and privilege on health outcomes and the impact of systemic racism on individuals and communities;
 - (c) The impact of drug policy on individuals and communities;
 - (d) History of systemic inequity and intergenerational trauma; and
 - (e) Relational Care.
- (3) "Safety, Ethics, Law and Responsibilities" module shall include:
 - (a) Awareness of facilitator's personal bias;
 - (b) Training on the Oregon Psilocybin Services Act and related laws, regulations, and professional standards for facilitators;
 - (c) Training in ethical issues related to psilocybin facilitation, including:

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- (A)** Oregon’s Facilitator Code of Ethics;
- (B)** Awareness of ethical considerations relating to equity;
- (C)** Appropriate emotional and sexual boundaries between facilitators and clients, potential harm to clients and consequences for facilitators of breaching those boundaries; and
- (D)** Financial conflicts of interest and duties to clients.
- (d)** Accurate record keeping and client confidentiality.
- (4)** “Psilocybin Pharmacology, Neuroscience, and Clinical Research” module shall include:
 - (a)** Pharmacodynamics and pharmacokinetics of psilocybin;
 - (b)** Drug and supplement interaction;
 - (c)** The metabolism of psilocybin and psilocybin products;
 - (d)** The primary effects and mechanisms of action of psilocybin on the brain, including connectivity in the brain; and
 - (e)** Key areas of psilocybin research.
- (5)** “Core Facilitation Skills” module shall include:
 - (a)** Client communication and empathy, including a nondirective facilitation approach and a nonjudgmental disposition;
 - (b)** Response to psychological distress and creating a safe space for difficult emotional experiences;
 - (c)** Physical reactions and side effects of psilocybin;
 - (d)** Trauma informed care, including physiology of trauma, vicarious trauma, empathic stress and compassion fatigue;
 - (e)** Active monitoring of client-facilitator boundaries;
 - (f)** Identification and facilitation of a variety of subjective psilocybin experiences, including experiences relating to physiological sensations, cognitive, emotional and mystical states, and traumatic memories;
 - (g)** Appropriate modes of intervention, understanding when intervention is necessary, and when a client may need a higher level of care;
 - (h)** Recognizing and addressing adverse behavioral reactions and adverse medical reactions.
- (6)** “Preparation and Orientation” module shall include:
 - (a)** Informed consent;
 - (b)** Client information form and intake interview;
 - (c)** Scope of practice, including using the client Information form to identify clients in need of referral to specialized treatment services;
 - (d)** Screening for risk factors, including medical history, contra-indicated medication and psychological instability;
 - (e)** Appropriate mitigation strategies to address client risk factors, including but limited to assessment of client’s support system;
 - (f)** Client’s suitability for psilocybin services;
 - (g)** Safety planning and understanding of the boundaries between the facilitator and the client; and
 - (h)** Understanding of how racial and cultural dynamics affect interactions between client and facilitator.
- (7)** “Administration” module shall include:
 - (a)** Dosing strategies and considerations, including:
 - (A)** Experiential differences relating to differing dosages;
 - (B)** Physiological considerations in relation to dosage;
 - (C)** Delivery mechanisms of psilocybin;
 - (D)** Use of secondary doses.
 - (b)** Effectively working with challenging behaviors during session;
 - (c)** Traumatic stress and how it may manifest during a psilocybin experience, including:

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- (A) Trauma's relationship to the body;
- (B) Repressed trauma emerging during a psilocybin experience;
- (C) Trauma and traumatic stress resulting from systemic oppression;
- (D) Safety for trauma resolution and risks associated with re-traumatization;
- (d) Environmental considerations for administration session; and
- (e) Completion of administrative session.
- (8) "Integration" module shall include:
 - (a) Goals of integration session, including:
 - (A) Exploration of negative feelings from psilocybin session;
 - (B) Facilitation of positive internal and external changes;
 - (C) Enhancement of existing supportive relationships.
 - (b) Integration tools and techniques; and
 - (c) Facilitator scope of practice.
- (9) "Group Facilitation" module shall include:
 - (a) Skills required to facilitate a psilocybin group session, including, but not limited to:
 - (A) Screening participants for compatibility with group format;
 - (B) Facilitating group communications;
 - (C) Group agreements, including confidentiality and safety; and
 - (D) Identifying when a client within a group requires individual support, removal from a group, or additional intervention.
 - (b) Group Preparation Sessions;
 - (c) Group Integration Sessions; and
 - (d) Regulatory requirements for group facilitation.

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Psilocybin Facilitator Practicum Requirements (OAR 333-333-3070)

- (1) Programs shall require students to complete practicum training that provides an opportunity to facilitate and observe the facilitation of non-ordinary states of consciousness.
- (2) If a practicum site is available, practicum training shall include placement at a practicum site where students can observe and facilitate psilocybin services under the supervision of a practicum site supervisor.
- (3) The practicum site supervisor is primarily responsible for developing students' practicum skills and evaluating students' practicum performance, focusing on direct services with clients.
- (4) If a practicum site is not reasonably available or accessible to students, a training program may identify alternative training in their application for approval that reasonably approximates training at a practicum site.
- (5) Alternative practicum training may include observation of taped facilitation sessions that were recorded with participants' consent, participating in peer support networks, observation of administration sessions conducted at a service center, role playing, and experience with altered states of consciousness that are not drug-induced, for example breath work or meditation.
- (6) Students shall complete a minimum of 40 hours of practicum training, including at least 30 hours of direct practice, and at least 10 hours of consultation relating to the student's direct practice.

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(7) Practicum may not include participating in unregulated administration of psilocybin or other unregulated substances where it is unlawful to do so.

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Accelerated Training Hours (OAR 333-333-3080)

(1) Programs may confer upon qualified students accelerated training hours not to exceed forty percent of the total number of core training hours required by OAR 333-333-3050.

(2) Accelerated training hours may be awarded based on students' professional credentialing, prior training and education, or relevant experiences.

(3) Training programs that offer accelerated training hours must establish and document criteria for conferring accelerated hours to qualifying students.

(4) Training programs may not offer accelerated training for the following modules:

(a) "Cultural Equity in relation to Psilocybin Services;"

(b) "Safety, Ethics and Responsibilities;" or

(c) "Preparation and Orientation."

(5) Student transcripts and other records shall document the number and type of accelerated training hours conferred to each student.

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Training Program Completion and Exams (OAR 333-333-3090)

(1) Training programs shall maintain a level of training for students such that students who successfully complete the program's training could reasonably expect to possess the knowledge and skills required to practice as a facilitator.

(2) Training programs must administer a comprehensive skills-based exam and every student must receive a passing score, established by the training program, as a condition of completing the training program.

(3) The exam required by section (2) of this rule is in addition to the exam required Ballot Measure 109 (2020), Section 31.

(4) Training programs shall provide every student written confirmation in a form and manner required by the Authority of program completion upon the student's successful completion of the programs

Statutory Authority: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41

Statutes Implemented: Ballot Measure 109 (2020), Section 8(2)(c) and Section 41