

Oregon Psilocybin Services

Health and Safety



In November 2020, Oregonians passed The Oregon Psilocybin Services Act (M109), which is now codified into Oregon law in [ORS 475A](#). This statute establishes a licensing and regulatory framework for psilocybin services in Oregon.

This fact sheet describes how Oregon Psilocybin Services (OPS) works to protect public health and safety. For more information about Oregon Psilocybin Services, please go to: www.oregon.gov/psilocybin.

Measures to address risks to health and safety are present at every stage of the production of psilocybin products and the provision of psilocybin services under ORS 475A and OAR 333-333.

Preparation Requirements for Client Safety

- Before consuming psilocybin, clients must complete a preparation session with a licensed facilitator and be found eligible for services. A preparation session includes client intake and review of informed consent, client bill of rights, accessibility needs, safety and support planning, and transportation planning. During a preparation session, a client determines whether they want to proceed with an administration session and the facilitator determines whether they can safely provide services to the client.
- Facilitators and service centers are not required to provide services to a client if they determine the client does not fit within their professional capacity or operational model. Facilitators may refer clients to other licensed facilitators

who may have more experience serving specific needs. The [OPS Client Bill of Rights](#) also establishes the right for a client to choose their facilitator.

- Every client who will participate in an administration session is also required to complete a [Client Safety and Support Plan](#) with their licensed facilitator. The Safety and Support Plan identifies risks and challenges specific to the client's circumstances and resources available to address those risks and challenges.

Licensee Requirements for Client Safety

- One of the most important factors in ensuring client safety is the licensed facilitator's interaction with clients. All facilitators must complete required training, pass an exam administered by OHA, pass a background check administered by the Oregon Background Check Unit, and meet all other requirements prior to being licensed. Facilitator training, provided by psilocybin facilitator training programs, includes modules on safety and ethics in addition to a required practicum. Licensed facilitators work within their scope of practice and level of expertise to identify potential safety risks.
- OPS rules create a base framework for client safety, but the facilitator-client relationship and service center operating guidelines will ultimately be the most important factors in ensuring safe and effective psilocybin experiences. ORS 475A allows facilitators to refuse to provide services for any reason. Therefore, facilitators and service centers are not required to provide services to a client who they determine is inconsistent with their professional capacity or operational model. The OPS Client Bill of Rights also establishes the right for a client to choose their facilitator. In addition, licensed facilitators must review the OPS Informed Consent document with clients to ensure clients understand the potential risks of participating in psilocybin services.
- Facilitators are trained to respond to and assist clients if their experience during an administration session becomes uncomfortable or challenging.

Product Safety and Dosage

- Manufacturing rules prohibit adulterants and require safe manufacturing processes based on existing agricultural and food safety standards. OPS inspects all licensed facilities prior to issuing a license or prior to renewing a license. Production by chemical synthesis is not permitted.
- Licensed laboratories are accredited by the Oregon Environmental Laboratory Accreditation Program (ORELAP) to meet testing standards. All psilocybin products are tested by licensed laboratories for potency and species identification before being transferred to service centers. Potency is measured in milligrams of psilocybin analyte to ensure a safe client experience. All products must be packaged and labeled before being transferred to a service center.
- Clients can review the [OPS Psilocybin Product Potency Information](#) with their licensed facilitator to make an informed decision about dosage and which products they will plan to consume.
- To ensure safe and effective psilocybin services, administrative rules allow clients to choose whether to purchase secondary dose for their administration session. Secondary doses are made available in case a client would like to increase their total dose during an administration session. Any unused secondary doses are returned to the service center or destroyed, and the client is refunded for any secondary doses that are not used. Under ORS 475A psilocybin cannot be sold to a client that is intoxicated, so this provision ensures that if a higher dose is necessary to meet the client's intention for the administration session, it can be accessed legally, safely, and with consent prior to the beginning of the administration session.

Safety During an Administration Session

- Clients are required to stay at the service center for a minimum duration of time based on the total dosage of psilocybin they consume, and group administration sessions require minimum client-facilitator ratios.
- Facilitators must maintain a client-centered approach to facilitation in which the client makes decisions related to their participation in psilocybin services and the facilitator maintains a consistent disposition with a client. Nondirective facilitation includes offering options to a client during the preparation session to ensure a client-centered experience while providing health and safety support to clients during the administration session that are within the facilitator's scope of practice.
- Rules limit the types of supportive touch that may be used and require clients to consent to that touch prior to their administration session.
- The percentage of administration sessions that result in contact with emergency services is very low. See the [OPS Data Dashboard](#) for the latest data. If a medical or behavioral emergency occurs during an administration session, facilitators and service centers are required to contact emergency services, document the event, and notify OPS that emergency services were called.

Service Center Safety

- Client administration areas must be designed to create an appropriate and comfortable setting for experiencing the effects of consuming psilocybin products. Client administration areas must offer clients options for sitting or reclining comfortably. Client administration areas must be free of conditions that could pose a risk to clients experiencing the effects of consuming psilocybin products.
 - Client safety is further supported by annual inspections of service center premises to ensure that the licensed premises meet requirements in rule.
-

Client Health and Safety After an Administration Session

- Every client must complete an individualized transportation plan prior to consuming psilocybin products and must follow that plan after finishing their administration session at the service center.
- Facilitators are required to contact every client within 72 hours of completing their administration session to review their Safety and Support Plan, record any post-session reactions, and offer the client information on optional integration sessions and other services to support the client's ongoing integration.
- Clients may [file a complaint with OPS](#). OPS investigates complaints, incidents, or concerns related to safety issues or statute and rule violations. All final orders are posted on the [OPS Data Dashboard](#).

For more information on safety measures, please refer to the following resources:

- [OPS Data Dashboard](#)
- [OPS Operational Forms](#)
- [OPS Data Privacy and Security Fact Sheet](#)
- [OPS Equity and Access Fact Sheet](#)
- [OPS Administrative Rules](#)
- [OPS Guidance Document on Administrative Rules](#)