

Psilocybin Advisory Board Research Subcommittee

Meeting Minutes

May 6, 2021

Research Subcommittee Members in Attendance:

- 1) Todd Korthuis X
- 2) Atheir Abbas X
- 3) Rachel Knox X
- 4) Tom Jeanne X
- 5) Ali Hamada X
- 6) Jessie Uehling X
- 7) Christopher Stauffer X
- 8) Angela Carter X

1. Review of Minutes: Subcommittee members will review e-mailed minutes from last meeting.

2. Review of Key Questions and PICOTS Outcomes:

- Consensus to add spirituality as an outcome and to collapse tobacco, alcohol, and other drug use to “substance use”
- Consensus to add “spirituality” again as separate treatment indication to KQ1

3. Report on Initial Literature Review conducted by the Pacific Northwest Evidence-Based Practice Center:

Literature search results:

KQ	MEDLINE	PsycInfo	CCRCT
1 & 2	235	163	
3	364	112	
4	187	72	
Total	739 (639 since 2000)	315 (269 since 2000)	96 (86 since 2000)

Notes:

- There is some overlap among search results for each KQ.
- The KQ 1 & 2 search is limited to trials and systematic reviews.
- The KQ 3 search terms include psychedelic and hallucinogenic; limiting to psilocybin resulted in very few citations retrieved (<20).

Discussion:

- Consensus to request limiting search terms to “psilocybin” and “psilocin” and remove the term, “hallucinogen”
- Consensus to broaden search to non-English language
 - Dr. Uehling to assist with Spanish translations
 - RSC will re-evaluate approach after results of repeat lit search

4. Discuss of draft evidence review outline:

- Andre Ourso clarifies that April 30, 2021 deadline can be as simple as presenting list of articles
- RSC consensus that we will try to provide summaries of each key question for April 30 deadline; can pursue more rigorous scientific product after that date and revise report to public.
- Outline revised to include spirituality as a treatment condition
- Consensus to develop Excel spreadsheet to assist with article abstraction.
- Article review/writing volunteers:
 - KQ1: Dr. Stauffer, Dr. Korhuis, Dr. Carter
 - KQ2: Dr. Abbas, Dr. Hamade
 - KQ3: [No volunteers—need to revisit]
 - KQ4: Dr. Uehling
- Consensus on peer review: RSC will develop list of potential people to serve as peer review and notify them that OHA may request they review the draft statement in the month of July, 2021
- Consensus on public comment period: OHA will open draft report for public comment for first 2 weeks in July.
- PAB will address peer review and expert comment in the end of July.

5. Discussion of Process for Inviting Guest Speakers

- Will set aside time at beginning of next week's meeting to discuss potential speakers to augment the review process; candidate areas of expertise include anthropology/ethnography expertise.
- Only the full PAB can appoint new subcommittee members.