

## Cross Agency Health Improvement Project (CAHIP)

### WORK PLAN

July 1, 2015 to June 30, 2017

<b>OBJECTIVE: To complete a nutrition standards pilot project in DHS and OHA facilities</b>				
<b>ACTIVITIES</b>	<b>KEY PARTNERS</b>	<b>OUTPUTS</b>	<b>TIMELINE</b>	<b>OUTCOME MEASURES</b>
<p><b>1. Develop and launch the pilot project:</b></p> <p><b>A.</b> Evaluate policy options to increase nutritional value of food and beverage offerings in DHS and OHA facilities.</p> <p><b>B.</b> Recommend preferred policy option to the DHS-OHA Joint Operations Steering Committee (JOSC)</p> <p><b>C.</b> Identify one DHS program and one PHD division to pilot JOSC preferred policy option. Identify key points of contact therein.</p> <p><b>D.</b> Implement pilot.</p> <p><b>E.</b> Advise PHD staff on key pilot decision points.</p> <p><b>F.</b> Monitor progress.</p> <p><b>2. Evaluate findings of project pilot:</b></p> <p><b>A.</b> Create evaluation plan.</p> <p><b>B.</b> Collect data.</p> <p><b>C.</b> Present findings and recommendations to JOSC.</p>	TBD	<p>Consensus on preferred option</p> <p>Presentation to JOSC</p> <p>One division, one program recommended/agreed for pilot, with staff contacts identified</p> <p>Pilot project evaluation plan</p> <p>Pilot project outcomes report</p>	<p>April 2015 SC Mtg</p> <p>Nov 2015 JOSC Mtg</p> <p>Jan 2016 SC Mtg</p> <p>January – June 2016</p> <p>Feb-March 2016</p> <p>June-July 2016</p> <p>Sept 2016</p>	<p><u>OHA Key Performance Measures (KPMs)</u>            #22: Rate of obesity (population)            #23: Rate of obesity (Medicaid)</p> <p><u>Behavioral Risk Factor Surveillance System (BRFSS)</u>            -Cigarette smoking by race/ethnicity            -Cigarette smoking by education level</p> <p><u>State Employee BRFSS</u>            -Obesity (overall)            -Obesity by education level</p>



## Cross Agency Health Improvement Project (CAHIP)

### WORK PLAN

July 1, 2015 to June 30, 2017

<b>OBJECTIVE: To ensure successful implementation of the DHS-OHA Employee Wellness Policy</b>				
<b>ACTIVITIES</b>	<b>KEY PARTNERS</b>	<b>OUTPUTS</b>	<b>TIMELINE</b>	<b>OUTCOME MEASURES</b>
<p><b>A.</b> Identify metrics to assess successful outcomes of the Policy.</p> <p><b>B.</b> Develop a communication plan that addresses regular maintenance of the Policy's intranet page; non-email communication of the Policy to staff and managers; executive leadership communication on the importance of manager involvement in wellness committees.</p> <p><b>C.</b> Implement communication plan.</p> <p><b>D.</b> Identify SC members for each program and division to gather and provide contact information, manager sponsor and list of activities from all current wellness committees in their division/program.</p> <p><b>E.</b> Develop a schedule of conference calls/webinars to deliver technical assistance to wellness committees.</p>	TBD	<p>Key metrics identified and approved by SC</p> <p>Communications plan vetted and approved by SC</p> <p>Number of intranet page hits, number of emails communications, number of presentations</p> <p>Report outs from SC members regarding wellness policy implementation</p> <p>Number of calls/webinars delivered for technical assistance</p>	TBD	<p><u>OHA Key Performance Measures (KPMs)</u></p> <p>#20: Rate of tobacco use (population)</p> <p>#21: Rate of tobacco use (Medicaid)</p> <p>#22: Rate of obesity (population)</p> <p>#23: Rate of obesity (Medicaid)</p> <p><u>Behavioral Risk Factor Surveillance System (BRFSS)</u></p> <p>-Cigarette smoking by race/ethnicity</p> <p>-Cigarette smoking by education level</p> <p><u>State Employee BRFSS</u></p> <p>-Tobacco use (overall)</p> <p>-Tobacco by education level</p> <p>-Obesity (overall)</p> <p>-Obesity by education level</p> <p>-Lactation accommodations</p>

## Cross Agency Health Improvement Project (CAHIP)

### WORK PLAN

July 1, 2015 to June 30, 2017

<b>OBJECTIVE: To promote a Supportive Workplace for Breastfeeding Mothers</b>				
<b>ACTIVITIES</b>	<b>KEY PARTNERS</b>	<b>OUTPUTS</b>	<b>TIMELINE</b>	<b>OUTCOME MEASURES</b>
<p><b>A.</b> Pass Policy in DHS and OHA.</p> <p><b>B.</b> Shared Services to develop a communications plan about the policy, in consultation with PHD-WIC &amp; MCH.</p> <p><b>C.</b> Shared Services to implement the roll out plan, in consultation with PHD- WIC &amp; MCH.</p> <p><b>D.</b> Update shared services website with new content about the Policy and implementation resources, in consultation with PHD –WIC &amp; MCH.</p>	TBD	<p>Policy signed</p> <p>Communications plan vetted and approved by SC</p> <p>Number of communications to programs and divisions</p> <p>Website updated and approved by PHD-WIC&amp;MCH</p>	TBD	<p><u>State Employee BRFSS</u></p> <p>-Obesity (overall)</p> <p>-Obesity by education level</p> <p>-Lactation accommodations</p>

## Cross Agency Health Improvement Project (CAHIP)

### WORK PLAN

July 1, 2015 to June 30, 2017

<b>OBJECTIVE: To Promote Tobacco-Free Living for DHS-OHA Clients, Consumers and Employees</b>				
<b>ACTIVITIES</b>	<b>KEY PARTNERS</b>	<b>OUTPUTS</b>	<b>TIMELINE</b>	<b>OUTCOME MEASURES</b>
<p><b>1.</b>Implementation of the tobacco-free properties executive order and OHA-DHS tobacco-free policy.</p> <p><b>A.</b> CAHIP Steering Committee provides at least one communication about the DHS-OHA Tobacco-free properties policy to all programs and divisions.</p> <p><b>B.</b> CAHIP programs and divisions promote the Quit Line at client-facing offices.</p> <p><b>C.</b> PHD staff support message development and follow-up technical assistance to programs and divisions.</p>	TBD	<p>Number of communications to programs and divisions</p> <p>Number of facilities that provide Quit Line materials at points of service for clients and consumers</p> <p>Number of technical assistance calls or meetings with programs and divisions</p>	TBD	<p><u>OHA Key Performance Measures (KPMs)</u>            #20: Rate of tobacco use (population)            #21: Rate of tobacco use (Medicaid)</p> <p><u>DHS KMPs</u>            #18: Service Equity</p> <p><u>Behavioral Risk Factor Surveillance System (BRFSS)</u>            -Cigarette smoking by race/ethnicity            -Cigarette smoking by education level</p> <p><u>State Employee BRFSS</u>            -Tobacco use (overall)            -Tobacco by education level</p> <p><u>Oregon Tobacco Quit Line</u>            -Participants by education level            -“How heard about” reports</p>

<p><b>2.</b> Explore the opportunity to integrate an electronic Quit Line referral system into existing DHS case management programs (e.g. TRACS, Oregon ACCESS, ORKIDS).</p> <p><b>3.</b> Promote culturally and linguistically appropriate tobacco cessation resources to clients and consumers of DHS-OHA.</p>		<p>Assessment of DHS case management programs to determine feasibility of integrating an electronic Quit Line referral system</p> <p>Number of programs that promote culturally and linguistically appropriate tobacco cessation materials to clients and consumers</p>		
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