

CROSS AGENCY HEALTH IMPROVEMENT PROJECT

Meeting Agenda

Meeting Date:	September 8, 2014
Meeting Time:	11am-12pm
Meeting Location:	Conference Rm 473, HSB Building, 500 Summer St. NE, Salem <i>Conference Call: 1-877-336-1831</i> <i>Participant Code: 559758</i> <i>Host (Kirsten) 643563</i>
Meeting Purpose:	Status update and next steps
Regular Attendees:	Linda Hammond, OHA Interim Chief Operating Officer Jeremy Emerson, DHS Operations - Shared Services Jeff Akin, OHA Human Resources - Shared Services Nakeshia Knight-Coyle, DHS Aging and People with Disabilities (APD) Jason Walling, DHS Child Welfare Debbi Kraus-Dorn, DHS Developmental Disabilities (DD) Oscar Herrera, DHS Office of Equity and Multicultural Services Belit Burke, DHS Self Sufficiency Stephanie Parrish-Taylor, DHS Vocational Rehabilitation Justin Hopkins, OHA Addictions and Mental Health (AMH) Tricia Tillman, OHA Office of Equity and Inclusion (OEI) Jeanene Smith, OHA Office of Health Policy and Research (OHPR) Vicki Duesterhoeft, OHA Oregon State Hospital (OSH) Wally Shaffer, OHA/Medical Assistance Programs (MAP) Dawn Lee, Service Employees International Union Matthew Jaqua, Service Employees International Union Lillian Shirley, OHA Public Health Division Priscilla Lewis, OHA Public Health Division Kirsten Aird, OHA Public Health Division Beth Sanders, OHA Public Health Division

Updates	Contact
Save the date: <i>Place Matters: Working Together to Address Healthy Communities Conference, Nov 19-21, 2014.</i> CAHIP members are invited to attend this event that will engage a diverse audience to connect with others about building a movement, creating supportive environments and achieving collective impact to address the growing chronic disease epidemic. Jeremy Emerson and Jeff Akin of Shared Services will be giving a CAHIP presentation as part of a Collective Impact session on Thursday, Nov. 20 th . For more info: https://public.health.oregon.gov/DiseasesConditions/ChronicDisease/Pages/index.aspx	Kirsten, Beth
Agenda Item, objective and background information	Time
1) Welcome and Introductions	Kirsten 11:00 – 11:05am
Discussion & action steps: Kirsten welcomed new members to the CAHIP Steering Committee, including Jason Walling from Child Welfare and Vicki Duesterhoeft from Oregon State Hospital.	
2) Items for Follow Up	Kirsten 11:05-11:10am
<ul style="list-style-type: none"> Employee Wellness Policy Presentation to Joint Operations and Policy Committees 	
Discussion & action steps: Jeremy, Jeff, Kirsten and Beth recently presented to the Joint Operations Committee on the results from the Employee Wellness Policy pilot project and asked for permission and guidance to expand the policy across both agencies. The Committee expressed support but wanted more details on how the Policy will be implemented and requested that they present an FAQ document to the DHS and OHA Operations Committees. After addressing feedback from both of these groups, a rollout plan will be presented to the Joint Policy Committee.	

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3) CAHIP Workplan	Sally, Justin 11:10 – 11:20am
<p>Background: At this time, CAHIP members will provide updates on progress related to workplan activities. Sally Bowman, Program Leader for Extension 4-H Youth Development and Family and Community Health at Oregon State University, will highlight OSU Extension’s obesity prevention projects and Justin Hopkins, Compliance Specialist from OHA Addictions and Mental Health will give an update on the Tobacco Freedom Policy Implementation Survey.</p>	
<p>Objective: Discuss status of workplan activities for OHA/DHS divisions and programs.</p>	
<p>Discussion:</p> <p>Self Sufficiency/SNAP Education: Sally described OSU Extension how is working in partnership with DHS Self Sufficiency to implement the SNAP Education program, which is focused on nutrition education services and obesity prevention projects targeting families with low economic resources in every county. Currently, OSU Extension is involved in several projects to impact the health of SNAP-eligible clients:</p> <ul style="list-style-type: none"> • The Food Hero social media marketing campaign is designed to increase consumption of vegetables and fruits. • Two USDA assessment tools: a photo project that assesses community/neighborhood supports and barriers to healthy eating and physical activity; and a tool that assesses social and physical environments in schools. OSU faculty who are leading these activities are reaching out to community partners to ensure local coordination with other projects/assessments taking place. Kirsten and Lillian suggested connecting with the Alliance for a Healthier Generation and the OHSU Population Health Program. • A smart phone app project targeting Latino soccer teams is designed to support healthy eating and physical activity among middle and high school students. <p>Diane Niko from DHS Self Sufficiency provided an update that her office recently submitted a state SNAP Ed plan to the federal government and announced that there will be an extension of SNAP Ed benefits to adults and seniors.</p> <p>Action Steps:</p> <ul style="list-style-type: none"> • Kirsten will email Sally to share information about the Alliance for a Healthier Generation’s assessment projects. • Beth will connect with Diane and Belit to set up a follow up meeting to discuss Self Sufficiency activities in the CAHIP workplan. <p>Addictions and Mental Health/Tobacco Freedom Policy: Justin explained that since it has been over a year since the Tobacco Freedom Policy was implemented, it was decided that a survey would be a helpful way to learn from providers about its successes and challenges as well as identify what support is needed to successfully implement the policy. The policy created tobacco-free environments for staff, visitors and consumers in AMH licensed and funded residential facilities and integrated tobacco cessation services into treatment. There was a 30% response rate from mental health providers and currently alcohol and drug providers are completing the survey. Next steps are to analyze the final survey results and develop a report with key recommendations for ensuring the successful implementation of the policy.</p> <p>Action Steps:</p> <ul style="list-style-type: none"> • Justin will share the Tobacco Freedom Implementation Survey results and final report by December. 	
4) CAHIP Communication Venues	Kirsten, Beth 11:20-11:30am
<p>Background: At the 7/7/14 CAHIP meeting, Beth presented a proposal for the CAHIP website. At this time, she will share an updated preview of the new site, solicit additional feedback from the group, ask for guidance around which OHA/DHS webpages should link to the CAHIP site and identify next steps related to sharing CAHIP updates across both agencies.</p>	
<p>Objectives:</p> <ul style="list-style-type: none"> • Present a preview of the new CAHIP website. • Discuss next steps related to CAHIP communications materials and strategies to drive people to the website. 	
<p>Discussion:</p> <p>Beth presented a revised proposal on a draft CAHIP webpage and explained how the webpage could be promoted on DHS-OHA intranet. The primary audiences for the webpage are: other state agencies; DHS-OHA employees, clients and consumers; and CAHIP steering committee members. Lillian suggested that the website clarify CAHIP’s</p>	

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strategies for employees versus clients. She also requested that once the webpage is live, that CAHIP staff track web analytics to evaluate how the website is being used. Matt expressed interest in surveying SEIU members about top wellness resources of interest to inform the CAHIP webpage. Jason stated that safety and wellness committees are key audiences to target. Vicki suggested that the Employee Wellness Policy and accompanying implementation guidance be housed on the CAHIP webpage. Tricia said that it is important that the webpage is culturally relevant and that a companion strategy is developed to share CAHIP information more broadly.

Action steps:

- **Steering committee members can review and send Beth feedback on the webpage:**
<http://stage-public.health.oregon.gov/PreventionWellness/HealthyCommunities/CAHIP/Pages/index.aspx>
- **Beth will work with PHD Communications to develop a draft CAHIP communications plan and will share it with the steering committee in December.**

5) PHD Healthy Meetings Guidelines

Heather
11:30-11:55am

Background: At the 7/7/14 CAHIP meeting, the group was interested in learning more about how the Public Health Division’s Healthy Meetings Guidelines are supporting healthy food options, promoting physical activity as well as breastfeeding at internal meetings and with community partners. At this time, Heather Gramp from PHD will present an overview of how the Guidelines were developed, successes around implementation and other related policy activities in progress at PHD. The steering committee can then discuss whether there is interest in piloting the Guidelines and decide if it wants to recommend to the Joint Policy and Joint Operations Committees that the Guidelines become an OHA-DHS policy.

Objectives:

- Present overview of PHD Healthy Meetings Guidelines.
- Determine if the steering committee would like to pilot the Guidelines and decide if it would like to recommend that the Guidelines become an OHA-DHS policy.

Discussion:

Heather gave a presentation (see attachments) on health-related data on state employees; evidence-based strategies to promote physical activity and nutrition in the workplace; nutrition standards policy work on happening on the state level; and the successes and challenges of the implementing Healthy Meetings Guidelines at the Public Health Division. The Group was interested in the presentation and agreed to have a follow up discussion in December. Vicki shared that food costs decreased at the State Hospital after the DASH diet was adopted in the cafeteria. Matt asked when the results of the PHD Healthy Meetings Guidelines were publically shared and the group suggested that this information be shared in the PHD newsletter. Justin stated that other systemic changes are needed beyond meetings, including making healthier food available in the HSB cafeteria.

Action Steps:

- **Steering committee members can send Beth questions or comments related to the presentation to prepare for a follow up discussion in December.**
- **Heather will share Washington State’s Executive Order for Nutrition Standards with the steering committee (see attachment).**
- **Heather, Beth and Matt will meet to discuss sharing the Healthy Meetings Guidelines evaluation results in the PHD Newsletter.**

6) Wrap Up and Next Steps

Kirsten
11:55-12:00pm

Objective: Discuss agenda items for next steering committee meeting. Future potential topics include:

- CAHIP Evaluation Plan & Communications Plan
- Scheduling CAHIP steering committee meetings for 2015
- Workplan updates from CAHIP steering committee members
- CAHIP as a vehicle to vet possible OHA or DHS policies
- Define how CAHIP ensures culturally and linguistically appropriate practices

Next CAHIP Meeting: Monday, December 8th, 11am-12pm
OHA Director’s Conference Rm 460, HSB Building, 500 Summer St. NE, Salem