

Chronic Diseases – Oregon’s Status

1. % of deaths in Oregon due to chronic diseases?
 - a) 33%
 - b) 51%
 - c) 62%
 - d) 74%
2. % of medical costs due to chronic diseases?
 - a) 25%
 - b) 50%
 - c) 75%
 - d) 100%
3. How many Oregon adults have at least one chronic disease (arthritis, asthma, diabetes, heart attack, angina, stroke)? Hint: 2,882,000 Oregon adults
 - a) 2,223,000
 - b) 1,652,000
 - c) 1,095,000
 - d) 785,000
4. How many Oregon adults have at least one of the above chronic diseases or hypertension or high cholesterol?
 - a) 2,634,000
 - b) 1,960,000
 - c) 1,355,000
 - d) 976,000
5. % of Oregon adults who smoke tobacco?
 - a) 12%
 - b) 15%
 - c) 19%
 - d) 22%
6. % of Oregon 8th and 11th grade students who smoke tobacco?
 - a) 5% - 8th, 10% - 11th
 - b) 7% - 8th, 12% - 11th
 - c) 9% - 8th, 15% - 11th
 - d) 12% - 8th, 19% - 11th

7. How many Oregon adults are overweight or obese?
- a) 551,000
 - b) 896,000
 - c) 1,345,000
 - d) 1,710,000
8. How many Oregon children are overweight? Hint: 866,000 Oregon children < 18 yrs
- a) 85,000
 - b) 165,000
 - c) 250,000
 - d) 488,000
9. Proportion of children born in 2000 who will develop diabetes?
- a) 1 in 10
 - b) 1 in 8
 - c) 1 in 5
 - d) 1 in 3
10. Number of Oregon adults over age 65 yrs in 2008? In 2020?
- a) 233,000 –'08, 319,000 –'20
 - b) 362,000 –'08, 496,000 –'20
 - c) 483,000 –'08, 662,000 –'20
 - d) 607,000 –'08, 833,000 –'20