

Welcome to your last Healthy
Communities (TROCD)
Institute

April 28-29, 2009



It's A Beautiful Day

Today's Agenda

- Review of the last year
- Talking about the future
 - Sustainability
 - Perspectives from a grant maker
 - Learning from each other
- Celebration
 - Sharing our accomplishments
- Updating our CHACs
- Clarification of the plans
- Team Work



What a Feeling Tomorrow's Agenda

- Legislative Updates
- Focus groups- evaluating the Healthy Communities (TROCD) process
- Evidence based self-management programs
- Looking at evaluation in implementation
- Wrap- up
- HIA 101



Learning Objectives

- Identify opportunities to collaborate with each other
 - Exchange numbers and follow-up
- Articulate the difference between the LPHA workplan and the 3-year community plan
- Identify lead agencies (other than county public health) for the 3-year plan
- Identify new CHAC members
- Write a statement that describes your CHAC, that can be used for recruiting new members
- Identify next steps to assure sustainability of your Healthy Communities program
- Identify evaluation measures
- Identify infrastructure components for self-management programs at the community level



“You don’t have to finish as fast as the person in front of you, but you will finish faster than the person who never started.”

~ Collins (Ironman originator)

Ironman Founders



*What kind of Healthy
Communities Leader do you
want to be?
One buttocks, or two?*

Musical Inspiration- Ben Zander

