



## OREGON SCHOOL-BASED DENTAL SEALANT PROGRAM

### Information for Teachers

#### Before Students Get Dental Sealants:

- Send home the permission form, parent fact sheet, and related information. These forms come stapled together.
- Collect the completed permission forms, both YES and NO responses, and the Race, Ethnicity, Language, and Disability forms.
- Show your class the “Seal in a Smile” DVD that was sent to your school. This fun, four-minute video shows kids what to expect when they receive sealants. Also available online at:
  - ◇ <https://www.youtube.com/watch?v=1Glv8ycHeQ>
- Consider these curriculum ideas related to teens’ oral health:
  - ◇ **American Dental Association:**  
Mouthguards, braces, bad breath, flossing, nutrition, and piercings.  
<http://www.mouthhealthy.org/en/teens>
  - ◇ **Mouth-Healthy for Life:**  
Video: Importance of oral health as a part of overall health.  
<https://www.youtube.com/watch?v=r9V4YbnQd0>
  - ◇ **Tooth Tutor, units 8 & 9:**  
Self-image, eating disorders, sports guards, sealants, oral health as part of overall health.  
[http://here.doh.wa.gov/materials/tooth-tutor/15 ToothTutor E11L.pdf](http://here.doh.wa.gov/materials/tooth-tutor/15%20ToothTutor%20E11L.pdf)
  - ◇ **Effects of Soda on Teeth:**  
Potentially harmful effects of soda on teeth.  
<http://drinksdestroyteeth.org/resources-for-teachers/>

#### What Happens When the Dental Team Arrives:

- The dental team brings in portable equipment and sets up in the location chosen by your school.
- Screening: The entire class comes into the screening area. It takes about one minute to screen each child and about 20 minutes for a whole class. If the school staff can recommend a more efficient protocol, the team will accommodate the request.
- Dental Sealants: Your school’s sealant coordinator will come to your class to escort the first student to the treatment location. When the treatment is done, that student will return to class and send another student to the treatment location. The treatment takes about 15-30 minutes.