Suicide-related Public Health Surveillance Update
Feb 16th, 2021

Data Sources

National Violent Death Reporting System (NVDRS) suicide deaths
Emergency department (ED) and urgent care center (UCC) suicide-related visits
Oregon Poison Center (OPC) suicide-related calls.
Lines for Life call data.

Summary of Findings

Counts

- Suicide deaths in 2020 totaled 820 compared to 910 suicide deaths in 2019. It is important to note that mortality data is still being processed and numbers for recent months are subject to change.
- The number of suicide-related visits to emergency departments and urgent care centers in January of 2021 are similar to the final quarter of 2020.
- The number of suicide-related calls to Oregon Poison Center in January 2021 are similar to the final quarter of 2020.
- Oregon Lines for Life call volume is influenced by many factors such as willingness to seek assistance, visibility of the lifeline phone number, or high-profile suicides of celebrities or community members. Calls have increased annually since 2016. The increased number of calls in 2020 aligns with this trend. No increases beyond the variation expected have been identified.

Percentages

- The percent of suicide-related visits to emergency departments and urgent care centers in January of 2021 are similar to the final quarter of 2020.

Items of Note

- Data in this report are presented in monthly figures, and are not separated by year in order to better visualize data from the beginning of 2021. Comparisons between years will return at the close of the 1st quarter 2021.
- In October of 2020 syndromic surveillance data from 10 additional urgent care centers was added to the Oregon Electronic Surveillance System for the Early Notification of Community-Based Epidemics (ESSENCE).
Details of Findings: NVDRS suicide deaths

Suicide deaths in 2020 totaled 820 compared to 910 suicide deaths in 2019. It is important to note that mortality data is still being processed and numbers for recent months are subject to change.

![Oregon Suicides Monthly 2019-2021 graph]

Details of Findings: EDs and UCCs

Total visits for all health concerns to EDs and UCCs were 1,943,274 in 2020 compared to 2,119,495 visits in 2019.

![Total visits to EDs & UCCs Monthly 2019-2021 graph]
Suicide-related visits to EDs and UCCs in January of 2021 are similar to the final quarter of 2020.

Total and suicide-related visits to EDs and UCCs presented side by side show a decrease in the 2nd quarter of 2020 and a gradual increase to levels similar to those in the 3rd and 4th quarter of 2019.
When measured as a percent of total visits, suicide-related visits to EDs and UCCs have historically hovered around 1.35%.

Suicide-related visits to EDs and UCCs as a percent of total visits
Monthly 2019-2021

Suicide-related visits to EDs and UCCs for youths in 2020 totaled 5,261 compared to 6,037 in 2019.

Suicide-related visits to EDs and UCCs Ages 18 and Under
Monthly 2019-2021
Details of Findings: Oregon Poison Center (OPC) Calls
Suicide-related calls to OPC in 2020 totaled 4,712 compared to 4,832 in 2019.

Details of Findings: Lines for Life Calls
Oregon Lines for Life call volume is influenced by many factors such as willingness to seek assistance, visibility of the lifeline phone number, or high-profile suicides of celebrities or community members. Calls have increased annually since 2016. The increased number of calls in 2020 aligns with this trend. No increases beyond the variation expected have been identified.
Methods/ Data Sources

**National Violent Death Reporting System (NVDRS)** includes combined and abstracted data from medical examiner, death certificate and law enforcement.

**Emergency Departments (EDs) and Urgent Care Centers (UCCs)**
The Oregon Health Authority (OHA) queried Oregon Electronic Surveillance System for the Early Notification of Community-Based Epidemics (ESSENCE) for suicide-related visits to Emergency Departments (EDs) and Urgent Care Centers (UCCs) using the query developed by the International Society for Disease Surveillance (ISDS) Syndrome Definition Committee with input from the Centers for Disease Control and Prevention, Division of Violence Prevention for self-harm and suicide-related visits.

**Oregon Poison Center (OPC)**
OHA queried Oregon Poison Center call data for suicide-related calls using the reason code for intentional and suspected suicides, defined as: an exposure resulting from the inappropriate use of a substance for self-harm or for self-destructive or manipulative reasons including suicides, suicide attempts and suicide gestures, whether suspected or confirmed.

**Lines for Life**
Lines for Life is the Oregon affiliate of the National Suicide Prevention Lifeline and receives calls to 1-800-273-8255 that originate from Oregon area codes. Lines for Life provides crisis intervention services for drug addiction, suicidal ideations, and other mental health issues. Call data for 2019 and 2020 were supplied to OHA by Lines for Life.

**Strengths**
To assess suicide-related visits to EDs and UCCs, OHA used the query developed by the International Society for Disease Surveillance (ISDS) Syndrome Definition Committee.

OHA evaluated 6,112 visits from January 1 through March 22, 2020 to determine the positive predictive value of this query. To be considered a true positive, a visit must contain a minimum of two suicide-related terms, chief complaint and discharge diagnosis. OHA further evaluated visits with non-suicide chief complaints using triage notes, when available. The positive predictive value of this query for this period is 98.6%.

**Considerations & Limitations**
Data derived from emergency department and urgent care center visits are still being received/updated and minor fluctuation is anticipated.

Not all people in Oregon have access to an emergency department or urgent care center. People with suicidal ideations may forgo medical assistance.

Classification of suicide deaths may be delayed by required pathology.

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