

Charter: Oregon Acute Opioid Prescribing Guidelines Workgroup July 30, 2018

Purpose and Background

The purpose of this workgroup is to set a standard of care in Oregon around safe opioid prescribing for acute pain. The workgroup will develop detailed recommendations for acute opioid prescribing that will be included as an amendment to Oregon's existing Statewide Opioid Prescribing Guidelines, and will address acute opioid prescribing in primary care, emergency departments, dentistry, and after surgical procedures. The acute opioid prescribing workgroup will build on recommendations developed by the Oregon Health Leadership Council's Evidenced Based Best Practice Committee, as well as acute prescribing guidelines developed in other states.

These guidelines support ongoing efforts in Oregon to address the epidemic of opioid misuse, abuse, dependency, associated hospitalizations and overdose deaths.

Scope

Specific areas that the Acute Opioid Prescribing Guidelines workgroup will address:

- 1. Acute pain patients presenting in settings including (but not limited to): dental offices, emergency departments, primary care, urgent care, and post-surgical.
- 2. Recommended treatments by medical condition (e.g. dental pain, post-surgical, acute injury)
- 3. Alternative treatment options, weighing benefits and risks of opioid therapy
- 4. Starting patients on the lowest effective dose; establishing maximum number of pills/ number of days prescribed.
- 5. Use of the PDMP to monitor prescribing; and dispensing

Authority

The Oregon Health Authority, Public Health Division's mission is: "Promoting health and preventing the leading causes of death, disease and injury in Oregon." Working to reduce drug overdose deaths, hospitalizations, and emergency department visits is in alignment with this mission, and the Oregon State Health Improvement Plan.

Membership

The Acute Opioid Prescribing Guidelines workgroup will include members representing the following organizations/ agencies, or with the following expertise:

Oregon Health Authority

Public Health Division: Katrina Hedberg, MD, MPH, OHA Chief Medical Officer: Dana Hargunani, MD, MPH

Health Evidence Review Commission: Cat Livingston, MD, MPH

OHA Pharmacy Director: Roger Citron, PhD
OHA Dental Director: Bruce Austin, DMD, LMT

OHA Quality Director: Lisa Bui, MBA



Oregon Pain Commission Local Public Health

Medical Speciality subject experts / Associations

Emergency Medicine
Surgical specialities
Dentists
Clinical pain management

Licensing Boards

Oregon Medical Board Oregon Nursing Board Oregon Board of Pharmacy

Associations

Oregon Health Leadership Council Oregon Primary Care Association

Coordinated Care Organizations

OHA Staff: Drew Simpson, Lisa Millet, Mary Borges, Josh Van Otterloo

Decision-Making

Decision-making will be by consensus when possible. If consensus cannot be reached, a vote of members will be taken, the results will be recorded, along with statements of concurrence or disagreement if necessary.

Deliverables/Outputs – Reports/Metrics

Workgroup discussions and recommendations will be documented in meeting minutes. Once approved by the workgroup, the Oregon Statewide Opioid Prescribing Guidelines, will be amended to including the acute opioid prescribing recommendations, and OHA will seek endorsement from member organizations.

Meeting Schedule / Support

The workgroup will meet 3 times during July-September 2018, with recommendations drafted by September 15, 2018. Oregon Health Authority will staff the workgroup. All meetings will adhere to public meeting policies and procedures.