

Cov niam thiab txiv, thov tsis txhob cia nej tus me nyuam poob rau tom qab mog!



Xeev Oregon tsab kev cai lij choj tseev kom yuav tsum tau txhaj cov koob tshuaj txhaj tiv thaiv kab mob mas thiaj li tau mus kawm ntawv rau ntawm lub tsev kawm ntawv los sis lub chaw (tsev) zov me nyuam yaus.

Ib tus me nyuam hnuv nyoog 2-17 hli uas tab tom yuav mus kawm ntawv rau ntawm **Lub Chaw (Tsev) Zov Me Nyuam Yaus los sis Lub Chaw Rau Kev Kawm Ntawv Thaum Ntxov** cov kev xav tau*

Kuaj xyuas koj tus me nyuam qhov txheej txheem pab cuam los sis tus kws muab kev saib xyuas kho mob rau fab kev noj qab haus huv txog rau cov tshuaj txhaj tiv thaiv kab mob uas tseev kom txhaj ntawd

Ib tus me nyuam hnuv nyoog 18 xyoo los sis siab dua ntawd uas tab tom yuav mus kawm ntawv rau ntawm **Lub Tsev Kawm Ab Nub Npas, Lub Chaw (Tsev) Zov Me Nyuam Yaus, los sis Lub Chaw Muab Kev Pab Cuam Fab Kev Kawm Ntawv, Kev Noj Qab Haus Huv thiab Kam Noj Kev Haus Uas Tsoom Fwv Pab Rau Cov Me Nyuam Yaus Txom Nyem (Head Start)** cov kev xav tau*

4 Mob Txhaws Qa/Mob Kab Xeb (Voos)/Mob Hnoos (DTaP)
 3 Mob Tuag Npab Tuag Ceg
 1 Mob Ua Qhua Dej (Varicella) (mob ua qhua taum (chickenpox))
 1 Mob Ua Qog Pias (Measles)/Mob Qog (Mumps)/Mob Ua Qoob (Rubella) (Mob MMR)
 3 Kab Mob Siab B (Hepatitis B)
 2 Kab Mob Siab A (Hepatitis A)
 3 los sis 4 Mob Hib

Ib tus tub ntxhais kawm ntawv uas tab tom yuav mus kawm ntawv rau ntawm **Tsev Kawm Ntawv Rau Me Nyuam Yaus (Kindergarten) los sis Cov Qib Kawm 1-6** cov kev xav tau*

5 Mob Txhaws Qa/Mob Kab Xeb (Voos)/Mob Hnoos (DTaP)
 4 Mob Tuag Npab Tuag Ceg
 1 Mob Ua Qhua Dej (Varicella) (mob ua qhua taum (chickenpox))
 2 Mob MMR los sis 2 Mob Ua Qog Pias (Measles), 1 Mob Qog (Mumps), 1 Mob Ua Qoob (Rubella)
 3 Kab Mob Siab B (Hepatitis B)
 2 Kab Mob Siab A (Hepatitis A)

Ib tus tub ntxhais kawm ntawv uas tab tom yuav mus kawm ntawv rau ntawm **Cov Qib Kawm 7-12** cov kev xav tau*

5 Mob Txhaws Qa/Mob Kab Xeb (Voos)/Mob Hnoos (DTaP)
 1 mob txhaws qa, mob kab xeb (voos), mob hnoos (diphtheria, tetanus, pertussis, Tdap)
 4 Mob Tuag Npab Tuag Ceg
 1 Mob Ua Qhua Dej (Varicella) (mob ua qhua taum (chickenpox))
 2 Mob MMR los sis 2 Mob Ua Qog Pias (Measles), 1 Mob Qog (Mumps), 1 Mob Ua Qoob (Rubella)
 3 Kab Mob Siab B (Hepatitis B)
 2 Kab Mob Siab A (Hepatitis A)

*Nyob rau txhua cov hnuv nyoog thiab cov qib kawm, qhov ntau tsawg ntawm cov tshuaj uas tseev kom txhaj ntawd yuav sib txawv mus raws ib tus me nyuam twg lub hnuv nyoog thiab lawv tau txhaj tshuaj tiv thaiv kab mob nyob rau yav dhau los ho ntev npaum li cas lawm. Tej zaum yuav pom zoo xav kom txhaj lwm cov tshuaj txhaj tiv thaiv kab mob. Tsis tas li ntawd xwb kuj tseem muaj cov kev zam tib si. Thov kuaj xyuas nrog koj tus me nyuam lub tsev kawm ntawv, lub chaw (tsev) zov me nyuam yaus los sis tus kws muab kev saib xyuas kho mob rau fab kev noj qab haus huv rau cov ntsiab lus meej tseeb.